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MONDAY

July 2, 2012

FREE- Take One!

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City ready for Old Fashioned Fourth

Fireworks, a Patriotic Bike Parade and a dramatic presentation from some daring individuals will be among the highlights of an old-fashioned celebration at the City of Knoxville's Festival on the Fourth, presented by OneMain Financial.

This year, activities get underway at 2 p.m. and continue through the evening with a Fireworks Spectacular at 9:35 p.m., which ends the daylong festival. The Knoxville Symphony

Orchestra will perform during the fireworks show.

Regal's Star-Spangled Kids Zone will charm kids with face painting, balloons, inflatable bounce houses and slides. A Safety House, sponsored by the Knoxville Fire Department, will offer a hands-on opportunity for kids to learn what they should do in the event of a fire.

The celebration of America's 236th birthday isn't the only occasion being marked. The 30th anniversary of the

World's Fair will also be celebrated within the festival.

"The 1982 World's Fair was a huge event for Knoxville, and we thought the Festival on the Fourth would be a fun and interesting way to mark the 30th anniversary of the fair," said Judith Foltz, Director of Special Events. "We hope everyone can come out to celebrate and share their memories with friends."

As part of the World's Fair celebration, the Carib Sound Steel Band will

perform at 3:30 p.m. The group is part of the original band that played during the World's Fair. And at 6 p.m., Freddy Smith of WDVX will lead the audience in the popular World's Fair chicken dance at the WDVX Stage.

Like most Fourth festivals, this one will feature plenty of food. Moe's Southwest Grill and Petro's are two of this year's vendors; others will provide tasty treats like hamburgers, hot dogs, kettle corn,

funnel cakes, frozen lemonade and more.

Around 7:30 p.m., brave members of the Knoxville Police Department and the Knox County Sheriff's Office will grab festivalgoers' attention with a dramatic presentation. Watch for it in the skies near the Sunsphere.

For a complete list of activities and the music lineup, go to: <http://www.cityofknoxville.org/events/4th/>.

Mayor Burchett praises Republic Plastics expansion

Knox County Mayor Tim Burchett joined Republic Plastics President and CEO Gino Inman, members of the Knox County Air Quality Department and other Republic Plastics staff last Friday in cutting the ribbon on the company's latest expansion.

"With the recent expansion, Republic Plastics says they expect to create 100 or more new jobs in Knox County," said Mayor Burchett. "This is the sort of growth you see when government keeps taxes low, stays out of the way of business and lets them do their job. Knox County is a great place to do business, and that's obviously true for Republic Plastics."

"County Mayor Tim Burchett was a key asset in our decision to continue our expansions in the Knox County area. He and his Knox County Air Quality team facilitated the quick permit reviews and approvals that helped us expedite the second Knox County site expansions," said Inman. "The new K2 Facility has just completed the second expansion in just fifteen months of operation. Growth continues even in an economy that is in a downturn for most businesses."

During the ribbon cutting event, Inman said another expansion is already in the works that could bring an additional 100 or more jobs, with the potential for Republic Plastics to ultimately employ a between 500 and 600 people in Knox County. Currently, the company has about 300 employees at their Knox County facilities in the Forks of the River Industrial Park.



PHOTO BY DAN ANDREWS

102°

The mercury topped 100° over the weekend, setting records and bringing families out to area attractions, such as the World's Fair Park pictured above, to cool down. High temperatures might not reach Friday's high of 102° but will continue in the 90s this week. For information on how to stay safe in the heat, please see "KCHD urges public to play it cool" on D1.

FOCUS Weekly Poll*

The Supreme Court ruled today to uphold the constitutionality the Affordable Care Act passed by Congress.

Do you agree or disagree with the decision to uphold the law?

AGREE 36.53%
DISAGREE 63.47%

Survey conducted June 28, 2012.

* Focus Weekly Polls are conducted by an independent, professional polling company.

Knox County Voters Disagree With High Court Ruling

By Focus Staff

Knox County voters disapprove of the United States Supreme Court ruling upholding "Obamacare" by a 63-37% margin. Voters were asked the question, "The Supreme Court ruled today to uphold the constitutionality of the Affordable Care Act passed by Congress. Do you agree or disagree with the decision to uphold the law?"

Voters in the First and Second Commission Districts agreed with the high court decision. 52% of respondents in the First District agreed with the Supreme Court's ruling, while more than 53% of voters in the Second District approved of the ruling. The First District is largely centered around Knoxville's African-American community while the Second District is also entirely inside the confines of the City of Knoxville. Interestingly, the First and Second Districts are likely the least affluent areas in Knox County. The Fourth and Fifth Districts, Sequoyah Hills and Farragut, are the most affluent areas in Knox County and voters in those districts did not approve of the Supreme Court ruling. Just over 60% of voters in the Fourth District disapproved of Obamacare being upheld, while quite nearly 70% of voters in the Farragut-based Fifth District disagreed with the Supreme Court ruling.

Outside of the City of Knoxville, the Eighth District showed surprisingly

Continue on page 2

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LET'S NOT FORGET INDEPENDENCE DAY

John Adams wrote to his wife, Abigail, on the second day of July, 1776 these words:

"The second day of July, 1776, will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward

forevermore."

He was writing about Independence Day. During the American Revolution, the legal separation of the American colonies from Great Britain occurred on July 2, 1776, when the Second Continental Congress voted to approve a resolution of independence that had been proposed in June by Richard Henry Lee of Virginia. After voting for independence, Congress turned its attention the the Declaration of Independence, a statement explaining this decision, which had been prepared by a committed of Five, with Thomas Jefferson as its principal author. Congress debated and revised the Declaration, finally approving on July 4th.

Adams' prediction was off by two days. From the outset, Americans celebrated Independence Day on July 4th, the date shown on the much-publicized

Declaration of Independence, rather than on July 2, the date the resolution of independence was approved in a closed session of Congress.

One of the most enduring myths about Independence day is that Congress signed the Declaration on the 4th. The myth had become so firmly established that, decades after the event and nearing the end of their lives, even the elderly Thomas Jefferson and John Adams had come to believe that they and other delegates had signed the Declaration on the fourth. Most delegates actually signed the Declaration on August 2, 1776. In a remarkable series of coincidences, both John Adams and Thomas Jefferson, two founding fathers of the United States and the only two men who signed the Declaration to become president, died on the same day, July 4, 1826, which was the United States' 50th

anniversary.

If you have never read the Declaration and if you have computer, go to any link and you'll be able to read it. The dissenters who rail against our country and insist that God had no hand in making our country great should read it a couple of times over. The gentlemen who wrote the Declaration are probably rolling over in their graves at the infamous acts that terrorists have already pummeled our country with. It would be hard for them to imagine anyone trying to overtake our country. Our ancestors were so proud of this new country and we should be too.

God Bless America!
Thought for the day: This will remain the land of the free, as long as it the home of the brave.

Send comments to: rosemerrie@att.net or PH: 865-748-4717. Thank you.

Worse than striking out (with the bases loaded)

It is the ideal scenario. Top of the ninth, score tied 4-4, and your team is at bat with the bases loaded and two outs. Up to the plate steps your best hitter, the star of your team. The count goes to 3-2.



By Richie Beeler

The opposing pitcher is sweating bullets. Your team and fans are on the edge of their seats, with a confident expectation that your star player will drive in the winning run. The pitcher kicks and fires. It's a batting practice fastball right down main street. Your golden boy releases a mighty cut.....and whiffs.

The disappointment sucks the air out of your dugout like a deflated balloon. But hope is still alive. The score is still tied. Not for long. Turns out your star player, the strikeout king, is also your team captain and ace pitcher. In the bottom of the ninth he walks in the winning run for the other team. The gallant warrior hangs his head as he trudges toward your dugout. Then, almost as if on cue, he turns, winks at the opposing manager, and sprints toward your opponent's dugout to join the celebration. In a matter of moments, the ideal scenario has morphed into the unimaginable. It could only happen in your worst baseball nightmare, right? Wrong. Unfortunately, it can also happen in real life.

Chief Justice John Roberts personified the unimaginable last week when he inexplicably broke ranks with his fellow conservatives and joined the liberal left wing of the Supreme Court to preserve a 5-4 victory for Obamacare. I use the word 'inexplicable' to describe this scenario. In case you don't understand, allow me to explain why this is inexplicable by explaining who John Roberts is.

United States has served on the Supreme Court since 2005, when he was nominated by President George W. Bush to replace Chief Justice William Rehnquist, who died in office. Conservatives cheered

Roberts' appointment, while liberals hardly noticed. After all, it was a wash. It usually is not a big deal when a justice leaves the Court, as long as the sitting president shares that justice's ideology. William Rehnquist had been a conservative stalwart. And John Roberts was the perfect replacement for Bush and the Republicans.

Roberts' career in jurisprudence - and as a conservative - was nothing short of exemplary. He was educated at Harvard Law School and even worked as a law clerk for Chief Justice Rehnquist. He served in the administration of President Ronald Reagan in the Department of Justice, and went on to serve under President George H. W. Bush in the Office of the White House Counsel.

After his service under these Republican Presidents, Roberts entered private law practice for fourteen years before his appointment to the Supreme Court. Before assuming the bench, Roberts had argued before the Supreme Court 39 times, prevailing in 25 cases. Roberts' personal background is conservative, blue collar, and Catholic. He grew up in Buffalo, where his father managed a steel plant. He attended Catholic institutions for both elementary and secondary education.

All of these experiences seemed to have uniquely prepared John Roberts for the biggest moment of his life and career. He would effectively cast the deciding vote on the fate

of President Obama's health care law, which has been under fire and legal challenge since its passage in 2010.

Those opposing the law asserted that it was unconstitutional under the commerce clause, because it effectively empowered the federal government to force its citizens to purchase health insurance. The notion that the federal government could force individuals to purchase a private sector service was not only unconstitutional, but unconscionable to many.

Predictably, the liberal wing of the Court sided with Obamacare. Justices Breyer, Kagan, Sotomayor and Ginsberg voted to uphold the law. On the conservative side, also predictably, Justices Thomas, Scalia, and Alito voted to strike it down. And when Justice Anthony Kennedy, often a swing vote, joined his fellow conservatives the vote seemed a slam dunk. Roberts, a proven Reagan-Bush conservative, would surely cast the deciding vote to constitutionally nuke Obamacare.

But in a twist of jurisprudence no student of law, politics, or history could have predicted, Roberts sided with the liberals. Obamacare was given the green light to stand. Now the only hope for conservatives - and possibly for America - is most likely an attempt at repealing the health care law in Congress. But that will require some new Senators, and certainly a new President.

In any foreseeable scenario, repeal will be a tough order. It will take an organized expression of outrage by the public. It will take the support and signature of a Republican President. And it will take a whole lot of votes in Congress.

John Roberts could have accomplished it with just one.

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FOCUS Weekly Poll

The Supreme Court ruled today to uphold the constitutionality the Affordable Care Act passed by Congress. Do you agree or disagree with the decision to uphold the law?

By Age	Agree	Disagree	Total
18-29	66.67%	33.33%	6
30-49	28.99%	71.01%	69
50-65	37.01%	62.99%	154
65+	37.60%	62.40%	250
Total	36.53% (175)	63.47% (304)	479

By Commission District	Agree	Disagree	Total
1	52.00%	48.00%	25
2	53.06%	46.94%	49
3	38.46%	61.54%	52
4	36.62%	63.38%	71
5	31.03%	68.97%	58
6	25.45%	74.55%	55
7	34.85%	65.15%	66
8	41.38%	58.62%	58
9	24.44%	75.56%	45
Total	36.53% (175)	63.47% (304)	479

By Gender	Agree	Disagree	Total
Unknown	46.67%	53.33%	15
Female	36.61%	63.39%	254
Male	35.71%	64.29%	210
Total	36.53% (175)	63.47% (304)	479

Survey conducted June 28, 2012

Knox County Voters Disagree With High Court Ruling

Cont. from page 1 — which is comprised of South Knoxville, followed closely by the Sixth District, which is northwest Knoxville. The age group most strongly in agreement with the Supreme Court decision were voters aged 18-29; a whopping 67% agreed with the court ruling.

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Double-edged Coal

This week my heart has been aching for my old Kentucky home. Less than a week ago, in Southeast Kentucky, over 600 coal miners lost their jobs with Arch Coal. In case you didn't know, Arch Coal is the second largest coal provider in the United States. It would be a mistake for Knoxville Focus readers to think that this doesn't affect Knoxville. Back where I come from, the main entrance to the mall is Roses. You can count the number of restaurants on one hand. Therefore, many miners and their families venture to Knoxville on the weekends to spend their hard-earned money. I'd say it will be a while before we see them again.



By Sarah Baker
bakers@knoxfocus.com

uncles worked in the mines from the 1930s until they couldn't work them anymore. Jason put it like this: "It is ridiculous to think that in 50 years it will be a way to support a family because the supply of coal is finite. If the coal companies

should take a look around on their way. Maybe they would see that over 1000 miles of streams in Appalachia have been buried by strip mine waste. The EPA may be a frustrating entity, but I'm horrified to think what would happen without it. Growing up in the 80's, I saw first-hand what strip mining did to the view from my very own front-porch. Now, with mountain-top removal, the affects are much more devastating.

want to continue to mine this depleting resource they should be forced to spend a certain amount of money in alternative energy and begin educating and training miners in this regard. Bickering over job closings does nothing. Give the tax breaks to the companies that are willing to adapt and change their business model in order to survive and keep their workers employed. That is the only thing I can think of."

I think Jason's on the right track. Perhaps, it will also be a good idea to give the tax breaks to companies who cooperate with EPA guidelines. Now, I'm not naive enough to think that the EPA doesn't get a little too big for its britches. As a matter of fact, Arch recently won a victory over the EPA when a federal judge ruled that the EPA had gone beyond their bounds by revoking a permit that had been issued to Arch by the Army Corps of Engineers. According to the Wall Street Journal, it was the first time since 1972 that the EPA attempted to cancel a water permit after it was issued.

Indeed, lots of folks back home are ready to light some torches and head straight for Washington. Perhaps, they

None of New Money Is 'MOE' Money

By Focus Staff

The County Commission, at its most recent meeting, quietly amended its minutes to reflect none of the \$7 million it appropriated beyond the budget submitted by Mayor Tim Burchett is "Maintenance of Effort" money. That means the extra \$7 million may or may not be in next year's budget.

Just after the vote by the County Commission at its June meeting, Superintendent McIntyre had announced his intent to hire 66 new full-time employees. Several members of the Board of Education had stoutly insisted the extra money provided by the Commission was "intended" to be in place for the rest of time. Mayor Burchett was equally adamant that the extra money was never intended to be perpetually funded.

Not a single member of the County Commission objected or otherwise dissented in correcting the minutes to reflect that none of the money was to be considered "MOE" funds. Mike McMillan, East Knox County's member of the Board of Education, was asked what that meant as far as hiring new personnel is concerned.

"Well, I don't see how the Board can, in good conscience, hire any new full-time employees beyond a year. I guess we have to accept the funding could very well run out the following year."

The extra money was appropriated by the Commission following an intense campaign by Superintendent Jim McIntyre to fund his request for more than \$40 million new dollars. Every member of the Board of Education voted for the budget request submitted by McIntyre except for McMillan. McIntyre's budget request would have required a property tax increase of at least 35 cents. Mayor Burchett promised to veto any

effort by the Commission to raise the property tax.

Some Commissioners, notably Chairman Mike Hammond, floated the idea of providing more money for schools by increasing both the sales and property taxes. Public opinion polls conducted by both *The Knoxville Focus* and WATE-TV indicated an overwhelming majority of voters were opposed to any tax increase for education. By the time of the June Commission meeting, not a single member of the County Commission made a motion to increase the property tax rate, although several Commissioners had given lip service to increasing taxes before it became clear voters were becoming irate at the notion of increasing taxes in the current economy.

Despite a last minute blitz of commercials paid for by wealthy members of the Knoxville Chamber of Commerce on behalf of McIntyre's budget, the Superintendent's request went unheeded by the Commissioners.

When the County Commission provided several million dollars extra beyond what was recommended by Mayor Tim Burchett, the Superintendent and his allies proclaimed victory, a notion akin to the Japanese claiming victory following the bombing of Hiroshima and Nagasaki.

McIntyre quickly announced his plan to hire more than 60 new full-time employees, as members of the Board of Education tried to stake a claim to the new funding in perpetuity.

The Commission quietly putting the argument to rest was wise, but will almost certainly mean Superintendent McIntyre and his allies will be back again next year looking to raise taxes again.

East Tennessee's Best Friend in Washington

It all started with a flag. I wrote to our Congressman and asked him to bring a flag to our church during the summer of '73. The late John J. Duncan, United States Representative for the Second District,



By Ralphine Major
ralphine3@yahoo.com

brought a flag that had flown over the Capitol to Fairview Baptist Church in rural Knox County, Tennessee. That day, the Congressman invited me to work as an intern in his Knoxville office for the summer. Thus, began my association with this notable Knoxville family.

The chance to work in a congressional office was a golden opportunity. I put my best foot forward----all the way from the Humanities Building on The University of Tennessee (UT) campus to the Federal Building on Main Street in downtown Knoxville. When morning classes ended, I walked across campus wearing my Sunday best. I would take a shortcut down the hillside behind the engineering building before heading to Main Street.

Along with several other interns, I reported to Congressman Duncan's long-time administrator, the late Mildred McRae. The late Ed Bailey, who had played professional baseball, was his field representative. Congressman Duncan, a Scott County native, had previously served the City of Knoxville as Mayor and is credited for starting the Dogwood Arts Festival in 1962. It was exciting to see government at work helping people who needed assistance. The electric typewriter, fax machine,

and rotary dial phone were as high-tech as it got in those days. Computers had not yet arrived in the work place. The office work was great fun and a whole new world to me.

It was late summer one day when a tall gentleman came into the office. "Hello, I'm Jim Duncan, Mr. Duncan's son," he said as he extended his hand. He did bear a striking resemblance to his father. A few months later, I got a call from Jim Duncan. He had finished law school and was going into practice with Zane Daniel. Though I had no idea who Zane was, I agreed to meet with them on Monday morning. Focus readers may remember when I shared in my tribute to Zane that meeting these high-profile lawyers for an interview was more like a fireside chat. Both of them were surprisingly down to earth. While I had a strong work ethic, I knew nothing about working in a law office. I still have one of the mail-order cards announcing their opening: ZANE DANIEL AND JOHN J. DUNCAN, JR. ARE PLEASED TO ANNOUNCE THEIR ASSOCIATION IN THE PRACTICE OF LAW UNDER THE FIRM NAME OF DANIEL & DUNCAN WITH OFFICES AT 708 BURWELL BUILDING, KNOXVILLE, TENNESSEE 37902. The Burwell Building was right beside the historic Tennessee Theatre.

Our small staff was quite a trio. Zane was a seasoned attorney with years of experience in the Knox County Attorney General's office prosecuting cases

before becoming a criminal defense attorney. Jimmy was just starting his law practice. I was trying to balance a new job for two popular attorneys, classes at UT, and an active church life which included being the organist. With no one else in the office to show me what to do, I learned from the lawyers themselves how to do my job. Zane recorded each evening what I needed to know for the next day. Jimmy took me on a tour of the old Knox County Courthouse to meet the court clerks. I even got to meet Jimmy's uncle, Judge Joe Duncan, who, at the time, was a Criminal Court Judge.

After a brief stay, I returned to college full-time to finish my degree. I worked long enough in the law office, however, to learn about these lawyers; and I continued to follow them in the media. I returned to see Jimmy sworn in as State Trial Judge, a position he held for

several years. I also remember waking to the news a few years later that his father, Congressman John J. Duncan, had passed away.

Today, I see in our Congressman, John J. (Jimmy) Duncan, Jr., the same traits I saw in the young attorney back then. He still has strong values. He watches out for taxpayers' dollars. He is a strong Christian, a family man, and a person of integrity. I often say he is East Tennessee's best friend in Washington. Even though he walks the halls of Congress, he does not forget that it is the citizens he represents who have returned him to office time and again. He once told me that it is important for people to be happy in their work since they spend at least eight hours a day on the job. Our paths seldom cross these days, but it is great to see him when they do. A few years ago, I saw Congressman Duncan in downtown Knoxville with a

group of high school boys who were visiting his office. Jimmy's concern that day was about the senior citizens having to decide whether to pay the electric bill or buy medicine.

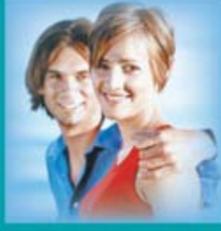
To this day, Jimmy still tells about the dogs I named Daniel and Duncan, after him and Zane. His wife, Lynn, is as down to earth as he is. Lynn's role in raising their family in East Tennessee and her support has enabled the Congressman to do what he does so well—represent his constituents in Washington. He even helped bring a fallen soldier's Japanese-born little boy to these United States. Jimmy and Lynn have two daughters and two sons, and they are the proud grandparents to five grandchildren.

Just days before I finished writing this column, a mother of two sons shared something special with me. Jimmy had attended an Eagle Scout ceremony, as he so often

does. Her nineteen-year-old son is interested in politics, but she knows the dark cloud of deceit and distrust that often looms over politicians. It was refreshing to hear something her son said. "If Jimmy can do it, I can, too," he told her, referring to Congressman Duncan's excellent record of maintaining integrity and honesty while serving his East Tennessee constituents.

A few days ago, I saw a plaque in one of my favorite stores. The words on it read: "... and what does the Lord require of you, but to act justly, and to love mercy, and to walk humbly with thy God." Micah 6:8. I remembered that it was the same Bible verse Jimmy quoted at Zane's memorial service. I got the plaque and put it in a place where I see it every day. When we keep this message in our thoughts and minds, none of us can go astray.

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FOCUS MORE ON Seymour

Kristy Wallen appointed principal at SHS

By Tasha Mahurin
Mahurint@knoxfocus.com

The Sevier County School System recently announced the appointments of Kristi Wallen as principal of Seymour High School, Donna Rolan as principal of Sevierville Middle School, and Tony Stinnett as instructional supervisor for secondary schools beginning July 1, 2012.

"I am very excited to have Ms. Kristy Wallen as our new Principal. She brings strong leadership and high academic standards to her new position," School Board Representative Charles Temple told the Focus.

Kristy Wallen began her tenure as a mathematics teacher at Seymour High School in 2000 and became an assistant principal at the school in 2009. Prior to teaching at Seymour High School, she taught math and geography at Seymour Middle School. Ms. Wallen holds a Bachelor of Science and Master of Science in Education degrees from East Tennessee State University.

"Her experience and her dedication to her profession will help ensure that Seymour High School is the best it can possibly be. I look forward to working with Ms. Wallen, and I know that as Principal she will be an asset to both the Sevier County School System and the Seymour community," Temple added.

She will replace long-time Seymour High School Principal Greg Clark, who left the high school to take an administrative position within the Sevier County School System earlier this summer.

In 2001, Donna Rolan became a teacher at Sevierville Middle School where she later served as an assistant principal. In fact, Ms. Rolan served as interim principal at Sevierville Middle during the second semester of the 2011-2012 school year. She holds a Bachelor of Science degree from Carson-Newman College as well as Master of Science in Education and



Kristi Wallen

Education Specialist degrees from Lincoln Memorial University.

Since 1998, Tony Stinnett served as a credit recovery teacher/coordinator at Gary Hardin Academy, and as a teacher at Sey-

mour High School, Seymour Middle School, and Sevierville Middle School. He holds a Bachelor of Science degree from the University of Tennessee, a Master of Arts in Teaching degree from Carson-Newman College, and an Education Specialist degree from Tennessee Tech University.

"I am excited about the energy, dedication, and skill that I feel that each of these individuals will bring to leadership positions. I look forward to working with them as we partner with our community to provide the best educational experience possible for the children of Sevier County," Dr. Jack A Parton, Director of Schools, stated.

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Chapman Highway, just south of the Hwy 441 / Hwy 411 intersection. The market is open every Saturday, June thru mid October, from 7 a.m. to 11 a.m. The market offers locally home grown produce, honey, eggs, plants, flowers and baked goods.

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Visiting South Knoxville: Colonial Village

By Terry Caruthers

The neighborhood of Colonial Village was built during the 1940s and '50s. Encompassing approximately 620 acres of contiguous R-1 zoning, its 13 subdivisions contain almost 900 houses, each with an architecturally-distinct style. Over 99.5% of them are true, single-family residential homes under R-1 zoning and more than 75% of them are owner occupied.

In the summer of 2002, a small group of individuals, along with then District 1 City Council Member Joe Hultquist, began to explore a way to create a sense of community among the thirteen subdivisions and

provide a means to address neighborhood concerns. The result was the formation of the Colonial Village Neighborhood Association (CVNA) on August 22, 2002.

CVNA is bounded by the west side of Chapman Highway between Firestation 13 and Meridian Baptist Church and by the east side of Martin Mill Pike and Neubert Springs Road, between Brown Road and W. Ford Valley Road. Any person 18 years of age or older, living in a single-family dwelling within these boundaries is eligible to join. Annual dues are \$10 and include voting privileges.

The objective of the CVNA

is to recruit and utilize all relevant, available resources that will promote and provide community pride, economic development, involved citizenship, and solutions to community issues. CVNA is also focused on encouraging single-family, owner occupied housing within its boundaries.

Some of CVNA's major accomplishments include the reduction of the speed limit on Chapman Highway to 45 mph, implementing a traffic calming program within the neighborhood, adopting and supporting Mooreland Heights Elementary School, and erecting a welcome sign at the neighborhood's main entrance. Annual

events sponsored by CVNA include litter pick-up, spring and fall neighborhood cook-outs, collecting school supplies for Mooreland Heights Elementary School and participating in the school's beautification efforts. Currently CVNA is in the process of erecting a neighborhood welcome sign at the intersection of Mayflower Drive and Chapman Highway and is also preparing for the celebration of their 10th anniversary.

CVNA meets monthly, except for December. Meetings are held on the second Thursday of the month at 7:00 p.m. in the Fellowship Hall of the South Knoxville Church



The Colonial Village Dogwood Trail Entrance lies off Chapman Highway at West Lake Forest Drive.

of God at 5623 Magazine Rd. Everyone is welcome to attend. The July meeting will be held on the 14th and Speaker Eric Balentine will talk about "Energy Right" savings on energy bills. The Tenth Anniversary of Colonial Village Neighborhood

Association will be the focus for the August 9 meeting.

For more information, including by-laws, visit CVNA's website at www.discoveret.org/colonial.

TENNOVA GROUP TO RELAY FOR KIDS



A team of 12 runners from Tennova Health & Fitness Center will compete in the Third Annual Tennessee Ragnar Relay. This team will go the extra mile to raise money for the CARDIAC KIDS program. The first runner will start in Chattanooga on Friday, November 9, at 8:00 a.m. and the group will finish together on Nashville 26 hours later, Saturday, November 10, having covered 195 miles of middle Tennessee back roads.

To register your own team please visit <http://www.ragnarrelay.com/race/tennessee>

Members of the Tennova team are (Front row) l-r: Kim Carter, Brett Carter, John Ewart, Brad Hood, Meghan Elkins, (Back Row) Lindsey Rebert, Troy Rebert, Andrea Coffey, Luke Coffey, Amy Viars and James Viars. Not pictured: John Goodwin and Rhonda Garrison.

Business Focus

Meghan Glintenkamp discusses Senior Financial Group

My name is Meghan Glintenkamp. I am a 2012 graduate of Farragut High School and an incoming freshman at the University of Tennessee. This past May, I finished at Farragut with distinguished honors as a part of my school's selective Marketing and Business Association. Throughout the past four years, I focused on journalism and business marketing. My class schedule heavily reflected my future goals to become a successful business woman with a passion for writing on the side.

At the beginning of my senior year I enrolled in a Work-Based Learning class that allowed me to leave school before fourth block to go to work. I interviewed at my current employer, Senior Financial Group, October of 2011. Words cannot describe how thankful I am for the day I was hired.

I remember googling "what's the difference between Medicare and Medicaid" a couple hours

Continue on page 2

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Meghan Glintenkamp discusses Senior Financial Group

Cont. from page 1

before my interview. It's safe to say, at 17 years old, I was utterly unaware of how the world of health care operated. I learned quickly by watching interactions within the office and asking one hundred questions a day. I realized health insurance and the million different plans and carriers was an extremely confusing and intricate field.

Before long I got the hang of things and began to realize one of the main purposes of Senior Financial. Our agents know all the ins and outs of this complicated field and want to help clarify them to seniors looking for the best plan for them. I realized it was normal to not know every detail of the Windsor plan, or the difference between Humana and United Health Care. I also realized that hundreds of seniors on these plans didn't always know either, and that having a knowledgeable and genuinely caring agent sit down and go over it with them was a great idea.

As well as all the things I was learning about health insurance, I was learning a lot about life in general. I cannot count the number of times I sat down with someone in the office and listened to details of what made them who they are today, or the small steps they took to land the big ones they're stepping in right now. Every day I leave



Meghan Glintenkamp

the office I think to myself how lucky I am to work here. To be surrounded by people who truly care for you and your well-being and people who want to share their professional and personal knowledge with you on a daily basis is a true blessing. Although I do not have a ton of job experience, I know how truly rare my job is.

I wasn't always entirely sure what path I wanted to take in college, however the experience I've gained over the last ten months here

has solidified my plans to study Business at UT. I am extremely excited to start my classes in the fall and feel very confident with the experience under my belt that I will be ready to take the next steps to further my education. I cannot express in words how blessed I feel to have learned so much and met such amazing people while working here at Senior Financial. I am now richer in advice and knowledge in the vital world of health care.



Knox Area Rescue Ministries President Burt Rosen and Vice President of Strategic Partnerships Tracy Hicks accept a donation of 3,846 pounds of food products from Gerdau Knoxville shop superintendent Matt Wahl and ZBAR production supervisor Roger Hipsher. The donation, which will help with the nearly 1,000 meals per day KARM provides to the needy in Knoxville, is the result of a month-long employee food drive held at Gerdau Knoxville Downstream Knoxville Reinforcing Steel and Gerdau ZBAR Division.

Gerdau donation benefits Knox Area Rescue Ministries

Employee food drive nets nearly two tons of 'much-needed' food for area hungry

Gerdau Knoxville Downstream Reinforcing Steel and Gerdau ZBAR Division jointly held an employee food drive resulting in a donation of 3,846 pounds of food to Knox Area Rescue Ministries (KARM).

Gerdau shop superintendent Matt Wahl presented the donation of canned vegetables, pinto beans, rice, water, canned fruits, pasta and chilies to Tracy Hicks, vice president of strategic partnerships, at KARM on Thursday, June 28.

Knox Area Rescue Ministries, located in downtown Knoxville, serves nearly 1,000 meals each day for area homeless and those

in crisis who struggle with a choice between food and other basic needs.

"We are honored to be able to help KARM in its mission to provide for the most vulnerable in our community," said Wahl. "This significant donation exemplifies the generosity of our co-workers. Supporting our community is part of the Gerdau culture."

"Because of their generosity and willingness to get involved, Gerdau has made a wonderful donation of much-needed canned good, rice, and water to help KARM feed the hungry and hurting of our community," said Hicks, KARM vice

president of strategic partnerships. "Without the support of community partners like Gerdau, KARM would be unable to keep pace with the growing numbers of people looking to KARM for nutritious meals in this economy."

Gerdau's Knoxville steel mill recently received the 2012 Steel Manufacturers Association (SMA) Recognition in Community Involvement Award at the SMA Annual Members Conference in Washington, D.C. for its dedication to being a good neighbor in the Lonsdale community.

Knoxville Downstream Reinforcing Steel and ZBAR are divisions of Gerdau, a leading producer of long steel in the Americas and one of the largest suppliers of special long steel in the world, has a robust social responsibility program that focuses on providing community support in the locations where its business operates. Pillars under the social responsibility program are health and wellness, history and culture, education and affordable housing.

Nationally, Gerdau donates funds to the United Way, Habitat for Humanity and American Heart Association.

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A Feudin' Son of Tennessee: Kenneth McKellar

Chapter Six

Pages from
the Political
Past



By Ray Hill
rayhill865@gmail.com

Tennessee's senior United States Senator, John Knight Shields, proved to be less than thrilled with President Woodrow Wilson's cherished idea of America participating in the League of Nations. Senator Shields, unlike most Tennessee Democrats, didn't especially like Wilson much and the President cordially reciprocated Shields's dislike. Despite being a moralist, Woodrow Wilson was also a very vindictive man. The President had concluded to announce his own antipathy to John Knight Shields when the senator was seeking reelection in 1918. Shields was opposed in the Democratic primary by popular Governor Tom C. Rye and only the intervention of Kenneth McKellar kept the President from publicly denouncing the senior senator. Shields managed to beat Rye narrowly, but as it turned out, Wilson's action was only delayed for a time.

Senator McKellar was profoundly embarrassed by his intervention on behalf of John Knight Shields. McKellar had spoken to Senator Shields and thought the older man had denied disliking President Wilson and would be supportive of American entry into the League of Nations. After defeating Governor Rye, Senator Shields gleefully told McKellar the President could go straight to Hell.

Wilson's dream was not meant to be and despite being enfeebled, the President wanted a third term and was deeply disappointed when Democrats nominated Ohio Governor James Cox instead. By 1920, Wilson and his administration were unpopular and it would be the first election in which all American women had the right to vote. Tennessee was the decisive state in securing passage of the Nineteenth Amendment to the U. S. Constitution giving women the right to vote.

An amendment to the Constitution requires ratification by thirty-six states for it to be adopted and the thirty-sixth state in the instance of the Nineteenth Amendment was Tennessee.

Senator Kenneth McKellar had been an advocate of giving women the right to vote and employed a female as his Secretary in his Washington office, which was quite an uncommon practice at the time. A "Secretary" to a U. S.



PHOTO FROM THE AUTHOR'S PERSONAL COLLECTION.

Senator K. D. McKellar with famed aviator Charles Lindbergh, 1933.

senator would be the equivalent to a Chief of Staff today. Miss Sue Shelton White was not only McKellar's Secretary, but also an attorney and a strong proponent of women's rights herself. The Senate had approved the Nineteenth Amendment by a vote of 56 - 25 and by no means were all Tennesseans in favor of giving women the right to vote. McKellar's senior colleague, the crusty John Knight Shields, had voted against the Nineteenth Amendment. In the House of Representatives, on the vote for final passage of the amendment, Congressmen John A. Moon of Chattanooga, Cordell Hull of Byrdstown, and Finis Garrett of Dresden all opposed suffrage for women.

Perhaps even more importantly, Tennessee's Governor A. H. Roberts had run on a platform of opposing giving women the right to vote in 1918. As always, politics is a fickle mistress and the changing political tides buffeted Governor Roberts and he feared, if given the opportunity, women would retaliate against him for his opposition to their rights. Miss White, Senator McKellar's Secretary, wrote a highly publicized letter to Governor Roberts in favor of women's suffrage. It is highly doubtful she could have done so without the knowledge and express approval of Senator McKellar.

When Delaware's legislature unexpectedly rejected approval of the Nineteenth Amendment, Tennessee suddenly became the national battleground for women's suffrage. The pressure on Governor A. H. Roberts was intense and he finally capitulated and announced he would call the General Assembly into special session in August of 1920. The state legislature duly assembled on August 9, 1920 and both those in favor and opposed to ratification of the Nineteenth Amendment had powerful allies participating in the deliberations. Nationally

prominent women's suffragist Carrie Chapman Catt came to Nashville, as did a host of others. Several widely admired Southern women such as Laura Clay of Kentucky and Kate Gordon of Louisiana, both of whom favored giving women the right to vote, but opposed the Nineteenth Amendment as a trespass against state's rights, tried to influence members of the Tennessee legislature with their arguments.

The men folk were equally active as well with Senator McKellar, Boss E. H. Crump and C. P. J. Mooney, editor of the Memphis Press Scimitar (and interestingly all were from Memphis) urging the legislature to vote in favor of ratification. Crump's influence was especially important with the Shelby County legislative delegation, all of whom favored ratification of the Nineteenth Amendment.

Senator K. D. McKellar took the unusual step of personally going to Nashville to lobby on behalf of ratification. His Secretary, Miss Sue Shelton White, was also scurrying through the State Capitol, lobbying members. The vote was as close as could be, a literal tie of forty-eight legislators for ratification and forty-eight against when twenty-four year Republican State Representative Harry Burn of Mouse Creek reversed his position and voted in favor of ratifying the amendment and giving women the right to vote. Still, the amendment would not have achieved the fifty votes required for ratification had not House Speaker Seth Walker outsmarted himself with a failed parliamentary maneuver. Speaker Walker switched his own

vote in a bid to kill the measure; instead of killing ratification, Walker's vote was the magical fiftieth vote need for passage. With Speaker Walker's unintentional assistance, Tennessee was the thirty-six state to ratify the Nineteenth Amendment to the U. S. Constitution and women in America had the same right to vote in elections as men.

Governor A. H. Roberts, who had feared retaliation at the polls from angry women, was right to be worried. The women folk promptly helped to give Warren G. Harding a landslide victory in the presidential election. Harding even carried Tennessee by 13,000 votes and Governor A. H. Roberts lost to seventy-two year old Republican Alf Taylor. It was also interesting to note two of the Congressmen who had voted against the Nineteenth Amendment on final passage lost their seats as well. John Moon of Chattanooga had served in Congress for twenty-four years and lost to Republican Joe Brown. The highly respected Cordell Hull, representing a solidly Democratic district in Middle Tennessee, was upset by Republican Wynne F. Clouse. The Democrats lost another Congressional seat in West Tennessee where incumbent Thetus W. Sims had lost the primary to young challenger Gordon Browning. Republican Lon Scott beat Browning to go to Washington, D. C. It was one of the worst defeats suffered by Tennessee Democrats in history and one has to wonder if women, voting for the first time, expressed their collective displeasure with those Democrats who had opposed their suffrage at the ballot box.

Senator McKellar was not a candidate in 1920, but faced the voters in 1922, when he sought a second term in the Senate. McKellar had minimal opposition in the primary from a flamboyant attorney who was never a serious candidate and lost badly. McKellar's opponent in the general election was Newell Sanders, a successful Chattanooga businessman and a leader of Tennessee's Republican Party. The wealthy Sanders had served briefly in the United States Senate through an appointment from Governor Ben W. Hooper following the death of Senator Robert L. Taylor. Sanders was highly influential in national and state Republican Party affairs, but he proved to be a poor candidate.

1922 was the first year in which candidates made use of radio in campaigning in Tennessee. Both Senator McKellar and Democratic gubernatorial nominee Austin Peay appealed for votes during radio broadcasts. Newell Sanders was not a good public speaker, but he campaigned as a staunch conservative and a supporter of the Harding administration. Sanders clearly considered Senator McKellar to be a dangerous radical and an opponent of big business. McKellar campaigned with Peay, who faced incumbent Republican Governor Alf A. Taylor and the Democrats worked hard to reclaim

the Congressional seats lost in the 1920 election. It was a sweeping victory for Tennessee Democrats; McKellar beat Sanders badly and Peay edged out Governor Taylor. Cordell Hull reclaimed his seat in Congress and Sam D. McReynolds won the Congressional seat based around Chattanooga. Gordon Browning had once again been nominated by the Democrats of his district and had defeated Republican Congressman Lon Scott.

The decade of the 1920s was in many ways a dismal time for Democrats. The Republicans dominated the Congress, as well as the presidency. McKellar was oftentimes a fierce critic of the Republican administrations and especially so of Herbert Hoover. McKellar had been especially appalled when Hoover had carried Tennessee in 1928. Today it is all too easy to forget how astonishingly popular Herbert Hoover was at that time; he was considered to be some sort of wunderkind and had never been elected to any office prior to being elected President of the United States. Hoover had been Secretary of Commerce in the administrations of both Presidents Warren Harding and Calvin Coolidge. Hoover had won a smashing victory in the presidential contest, defeating New York Governor Alfred E. Smith and even managed to carry several Southern states, including Tennessee, Florida, Texas, North Carolina and Virginia. Of course Smith was an urban Democrat, spoke with a pronounced New York street accent, was profoundly "wet" in his politics and a practicing Catholic in his religion, none of which was especially appealing in the Protestant and dry South.

The decade of the 1920s also brought changes to Tennessee and machines in Memphis and Nashville were making their power known in statewide races. The political partnership of Senator K. D. McKellar and Ed Crump would be one of the most durable and dominant forces in the history of Tennessee politics.

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Cumberland Avenue Project Moves Forward

City officials last week announced an updated timeline and design for the Cumberland Avenue redevelopment project.

Construction along the street from 17th Street to Volunteer Boulevard is expected to begin in the late fall of 2013, after the end of next year's University of Tennessee football season, and continue for approximately 24 months. The redesigned street will carry two lanes of traffic, separated by a small grassy median with left-turn lanes at most cross streets. "Our traffic studies have shown that a median with turn lanes will provide the best flow of traffic and increase pedestrian and vehicle safety, as well as improve aesthetics," said Anne Wallace, the City's Project Manager in the Office of Redevelopment. "The construction will obviously entail some disruption through that area, but we will do our best to minimize its short-term impact." The City will work with local businesses to ensure that access will be maintained throughout construction.

The Cumberland Avenue project began with the adoption of the Cumberland Avenue Corridor Plan by the Metropolitan Planning Commission and City Council in 2007. It is intended to make the avenue more attractive and accessible for both visitors and the local population, including UT students and employees.

Currently, the project is in final planning and design stages, including the securing of temporary easements to allow construction.

One significant change will come to City Council for approval Tuesday night: \$565,000 in additional design work, mostly to allow for the reconfiguration of electrical supply lines in the area.

"This change will actually save us money for the overall project budget," Wallace said. "In talking with KUB, we were able to change our original plans to bury the electrical transmission line within Cumberland."

Instead, because of a new substation at Dale Avenue and 17th Street, KUB will only need to run two supply lines laterally beneath Cumberland, crossing the avenue at 18th and 22nd streets. As a result, the estimated electrical infrastructure cost for the project will drop from \$2.5 million to \$1.1 million. The total project is still within its \$14.6 million budget.

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LMU Hoop Dreams Start at Rocky Top

By Curtis Trotter

Last November at Thompson-Boling arena, Lincoln Memorial head coach Josh Schertz brought his NCAA division II school down to Knoxville to tangle with the state's most well known Division I basketball squad in an exhibition game. Volunteer fans, that particular day, were lucky to get out of its own confines with a close 76-67 victory. That match-up gave the LMU Railsplitters more than enough

confidence to carry themselves to an outstanding 26-6 overall record to complete the 2011-2012 season.

This season, Schertz is all smiles about the idea of having the services of ten athletes who will return for what is sure to be a stellar 2012 campaign.

But this summer, Schertz can be seen once again in Knoxville scoping out his promising squad in match-ups offered in the Pilot Rocky Top League.

The LMU faithful, also known as "SplitterNation", could also be seen in the stands cheering on their favorite athlete showing off their skills against some top competition from much larger Universities and Colleges. One amazing statistic that other collegiate teams may want to pay special attention to when scheduling the small Harrogate, Tennessee school is the fact that in the last three years of play under Schertz, this

squad is 74-14 and carrying a national ranking.

The LMU mentor told *The Focus* that the summer league has been a positive and conditioning opportunity for his players. "This summer league has been great for the guys overall. It just breaks up the monotony of the summer grind. Playing against all this talent from all over the southeast has been nothing but positive for us," Schertz said.

Continue on page 2



Choice Spine teammates Jordan McRae and Jake Troyli played a large role in getting their team to Monday night's Pilot Rocky Top League Championship game to be played against the R. Larry Smith Insurance sponsored team.

Cross country turns out to be Templeton's sport

By Steve Williams

For someone who didn't start running cross country until his sophomore year in high school, Will Templeton sure covered a lot of ground in a hurry.

Since the fall of 2009, the Hardin Valley Academy male Athlete of the Year for 2011-12 won two TSSAA state cross country championships and signed scholarship papers with Liberty University, which has won three of the past five NCAA Division 1 individual titles in the sport.

Templeton covered the 5K (3.1 miles) Steeplechase Course at Percy Warner Park in just over 16 minutes (16:00.37) to finish first in Class AAA last November. He bettered his winning time of the previous year by more than five seconds.

Templeton also placed fourth in the 3200-meter run at the state track

meet in May.

Will had been a multi-sport athlete in middle school, running only "to train" for football, basketball and soccer, or occasionally "when I was stressed and needed to go for a run."

Templeton first chose basketball when he got to high school and played on the freshmen team. The following spring, he went for a workout on the track, and that's where classmate and friend Jake Torgenson saw his potential and suggested he come out for the track team.

"I was out there running the 400 in basketball shoes," recalled Templeton, who took his friend's advice. His times during the season were so impressive, "The coach said to me, 'You need to run cross country.'"

So, that fall, Will was off and running, and ran so well, he was the first

Continue on page 2



Will Templeton, Hardin Valley Academy's male Athlete of the Year for 2011-12, runs in the Volunteer Classic Cross Country Invitational. The two-time state champion and Liberty University signee was unbeaten during his senior season on 5K courses.

Tate certainly keeping busy

By Ken Lay

By his own admission Brian "BT" Tate is living the American Dream.

He's the busiest young man in Knoxville and he takes pride in that.

"I'm the biggest [independent] contractor in the city," said Tate, a 2003 West High graduate and public address announcer of the Pilot Rocky Top Basketball League. "Man, I have a lot of jobs."

"I work for [WUTK] The Rock 90.3. I write music. I play my own music. I produce music. I work for Foot Locker at West Town Mall and I work for Sunglass Hut at West Town Mall."

That's just a few of the things that he does in his busy everyday life. In addition, "BT" is the public address voice for the West High basketball teams, the University of Tennessee basketball team. He also owns We Start Monday, a production company.

He's an avid sports fan and a music nut and he's managed to find his niche as one of Knoxville's top P.A. voices in Knoxville with his smooth voice and glib personality.

He has a working knowledge of football, baseball, soccer, hockey and professional wrestling. But his

Continue on page 2

Playoffs Come To Major College Football

By Alex Norman

They are the three most hated letters in the world of college football...

B. C. S.

And in 2014, those letters will be put out to pasture...

The BCS (Bowl Championship Series) was born in 1998 out of a desire to see the top two teams in the land play for the "mythical" national championship. More often than not, number one versus number two didn't happen, leaving college football fans frustrated.

But the frustration didn't go away with the BCS. Depending

on who you speak to, it just got worse.

While there were success stories (2002 Ohio State/Miami, 2005 Southern Cal/Texas, and 2010 Auburn/Oregon never would have been possible in the pre-BCS era), there were also controversial moments that cast a dark shadow over the BCS system.

In 2001, a Nebraska team that lost by 26 points in their season finale at Colorado was the choice to play Miami for the BCS title in the Rose Bowl. The Huskers were then trounced by the Canes, fueling the fire that they weren't

worthy of playing in that game in the first place. Oregon and Colorado each felt they should have played the Canes.

In 2004, the Auburn Tigers, led by future first round NFL draft picks (quarterback Jason Campbell, running backs Carnell Williams and Ronnie Brown, and defensive back Carlos Rogers), went 12-0 and won the Southeastern Conference. However, Southern Cal and Oklahoma both went undefeated as well, and the BCS computers felt they were more worthy.

In 2011, Alabama lost to LSU during the regular season, but

were awarded a rematch in the BCS title game. Oklahoma State had a legitimate gripe, but the numbers went the way of the Crimson Tide.

Since the BCS was only looking out for what its computer formula believed to be the top two teams in the country, the third or fourth ranked team would be stuck complaining, without any vehicle for change.

But when the book "Death To The BCS" was released in October 2010, millions of football fans began opening their eyes to what

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Extra tidbits on Knox County prep Athletes of the Year

By Steve Williams

When athletic directors at high schools in Knox County recently submitted their Athletes of the Year to *The Knoxville Focus*, some interesting notes and quotes emerged about the talented student-athletes.

- Take Ayanna Troutman's freshman year at the new L&N STEM Academy, for instance.

"Usually a sprinter, Ayanna rose to the challenge of distance running," reported Tressie Norton of the downtown academy which emphasizes science, technology, engineering and mathematics. "She continuously displayed a positive attitude and improved her time at every meet throughout the season."

- Hardin Valley sprinter Emily Yarnell, the school's female Athlete of the Year, didn't capture any gold in individual events this past track season, but she was a big point-getter as the Lady Hawks narrowly won the team championship.

Yarnell, who will continue her track career at UT, finished second in the 100 and 200 dashes and was a member of the 4x100 and 4x200 relay teams, which both placed third.

The HVA girls needed every point they could get as they finished with a 60-59 margin over Tennessee High of Bristol.

Yarnell was the 100-meter state champion as a junior last year.

- Samantha Smith, Gibbs' Athlete of the Year, pitched to 3,590 opposing batters in her four seasons as the Lady Eagles' hurler, according to Coach Carol Mitchell. Wonder how many total pitches that was?

In 148 games, the LMU signee had a 110-31 won-loss record with 40 shut-outs. In 858 innings pitched, Smith struck out 732, walked 133 and had an ERA of 1.62.

- Grace Christian Academy's female honoree, Callie Cox, a Milligan College basketball signee, has a shooting night to remember from her junior season. On Feb. 3, 2011, Callie made 10 of 11 shots from 3-point range against Jellico. That total currently is tied for third most in TSSAA history.

- Dalton Keck and Kaylah Cutshaw were Christian Academy of Knoxville's Athletes of the Year.

"We base our awards on athletic performance, character and spiritual

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Playoffs Come To Major College Football

Cont. from page 1
was a corrupt, ineffective method of determining a national champion.

From taxpayer funded excursions for bowl executives and their buddies, to computer formulas which were not released to the public, to losses of millions of dollars it cost some universities to send their team to a BCS bowl game, Dan Wetzel, Josh Peter, and Jeff Passan blew the roof off the Bowl Championship Series, leading us to where we stand today.

Starting with the 2014 season, the top four teams in the nation will play in bowl games which count as semifinals. The winners of those two contests will then play for the national title at a site that will rotate each year, like the NFL's Super Bowl.

The hope is that a lot of the issues surrounding how major college football

determines its champion will now go away.

The arguments for why a playoff would be bad for college football were the highest form of comedy.

Some feel a playoff would ruin the regular season. Do people not pay attention to the NFL's regular season? Also, remember when Arkansas faced South Carolina last season? Both teams were in the top 10, but since neither could get close to the top 2, the game meant very little. It shouldn't be that way.

Others believe the bowl system would be forever damaged. I don't think this does any more damage than the 30+ bowl games presently in existence. Is the BBVA Compass Bowl going to be talked about years from now? You know... by anyone? Is that a tradition worth saving? Besides, bowl game ticket

sales and TV ratings have been in decline. This playoff system is expected to give both a boost.

The BCS will forever be a part of Tennessee football history, after the Vols beat Florida State for the first BCS championship in January of 1999.

It seems like another lifetime ago, doesn't it? And remember, had undefeated UCLA and undefeated Kansas State both won their final games of the regular season, it is possible they would have leaped over Tennessee in the BCS standings.

The BCS failed. League commissioners and school presidents were finally smart enough to realize that fact.

And while the new system is by no means perfect, it will be an improvement. And that's something all sports fans can look forward to... two years down the line.

Cross country turns out to be Templeton's sport

Cont. from page 1
state qualifier at the new Hardin Valley school.

Cross country has become a good fit for Templeton, as far as athletics are concerned. His high school coach often indicated the Hawks harrier excelled in the longer distance races and also on the more demanding courses with hilly conditions.

On the collegiate level at Liberty, which is located in Lynchburg, Va., cross country runners compete on an 8K course (5 miles) in the Big South Conference and on 10K courses in NCAA regional and national events. The Liberty Flames have won an unprecedented seven consecutive Big South titles.

"Will is a tenacious but patient runner who ultimately is a true competitor," said Josh McDougal, assistant coach at Liberty who won the NCAA crown in 2007. "His two state cross country titles were won by 0.11 seconds and 0.91 seconds. You can't coach that kind of desire. It has to come from within. The ability to find the motivation to dig deeper like that with regularity is very rare."

Templeton, who ran under head coach Bryan Brown and distance coach Jimmy Middlestat at Hardin Valley, was undefeated on 5K courses as a senior. His accomplishments included defending his title in the Wendy's Cross Country Invitational - a large multi-state meet in North Carolina. He posted his best 5K cross country time of 15:27.00 in that event.

On the track, Templeton holds school records in the 800 (1:58.99), 1600 (4:25.98) and 3200 (9:25.84).

In indoor track, he posted a personal best 5K time of 15:27.65 at the 2012 New Balance Indoor Nationals in New York.

Outside of athletics, Templeton also is a talented young man. He was a National Honor Society member, had the lead in the school musical all four years and has been active in student ministry at First

Baptist Church of Concord. He took spring break mission and service trips to Chile in 2012 and Hoboken, N.J., in 2010.

In Chile, Will took part in running a sports camp and enjoyed teaching youngsters how to play basketball.

Here in Knoxville, Will has volunteered his time helping Knoxville Area Rescue Ministries and getting involved with kids in the Western Heights area.

The son of Norm and Wendy Templeton, he will attend Liberty on a cross country and track scholarship, and will receive a small academic scholarship as well. His current plans are to major in biology and go into pre-med, but he's also interested in Liberty's aeronautics program.

As much as the sport of cross country is a good fit for Templeton, so is Liberty, a private Christian university.

"My passion is serving the Lord anyway I can," said Will. "Running cross country provides an opportunity for individual accomplishment. But the bottom line is it's God's will for me to be in this sport. I'm doing the best I can preparing for the season and running competitively."

Templeton has been "base training" the past three weeks, putting in miles to build strength. He will top out at 100 to 110 miles a week. Speed work will come later.

"One of the reasons I love cross country is it's such a free sport," said Templeton, meaning he has the freedom to run where and when he wants.

Liberty head coach Brant Tolsma was delighted to sign Templeton and fellow freshman recruit Jeremie Bourget of Ontario, Canada, in February.

"Two such additions to a team that potentially returns everyone bodes well for the future," said Tolsma. "Both Will and Jeremie chose Liberty because of our common spiritual commitments, and therefore I expect that they both will thrive and develop here."

LMU Hoop Dreams Start at Rocky Top

Cont. from page 1

With Division II rules slightly different than the Division I rules, any team drills on campus or off are harder to find. So Schertz encouraged his players to go for it and enjoy the league games. "Our strength and conditioning coach, Ahleasha Hill, does an outstanding job with the guys already. This just serves as another opportunity to get into shape. The heat in the gym alone serves as a good physical conditioner," Schertz added. "Coming down to the Knoxville area also gives us more exposure of what our fine University has to offer, not only in athletics, but in academics and character as well. We

truly do have a great bunch of remarkable kids."

Schertz let The Focus in on what may be perhaps his secret to all the success. "Every elite program has two things. Great players and great assistants. I couldn't do any of this without Lance Egnatz, Chris Cottrell and Cameron Whicker who serve tirelessly as my assistants. The work they do and the commitment they have to excellence are absolutely invaluable to the success of this program. We just hope we can get over that hump this season that will lead us to places we've never been."

LMU is second only to Tennessee in the number of players in this summer's

league. UT placed nearly twenty current and former players on the hardwood, while LMU ran 11 of 14 current players up and down the floor. LMU center, Jake Troyli will be teaming up with Tennessee's Jordan McRae in the Championship game Monday night at Bearden High School for the PRTL crown when their Choice Spine sponsored team faces R. Larry Smith Insurance. Troyli will be in good company Monday night with McRae who just come off a record league-high 64 points last Thursday evening. Tip-off is set for 7:30. DeRoyal Industries will face The Knoxville News-Sentinel squad at 6 p.m. for the consolation prize.

Down the Lane



Weekly achievements for Wednesday, Club 55, June 13, 2012
High Game Scratch--Male
219 Stanley Taylor
209 Ed Beatty
196 Robert Watkins

Thursday No-Tap:
High Game Scratch-Male
300 Curtis Tindell
300 Sam Armetta
287 Bill Byrge

High Series Scratch-Male
795 Bill Byrge
784 James Holsenback
779 Billy Majors

High Game Scratch-Female
255 Carolyn Courtney
248 Joy Tindell
230 Carolyn McGill

High Series Scratch-Female
588 Carolyn McGill
677 Carolyn Courtney
608 Joy Tindell

Weekly achievements for Wednesday, Club 55, June 20, 2012
High Game Scratch--Male
225 Buddy Lewis
219 Ed Beatty
213 Ralph Allmon

High Series Scratch--Male
626 Buddy Lewis
609 Ed Beatty
562 Robert Watkins

High Game Scratch-Female
123 Wanda Reed

High Series Scratch--Female
355 Wanda Reed

Thursday No-Tap:

High Game Scratch--Male
300 Bill Byrge
286 Roger Satterfield
278 Ricky Spiva

High Series Scratch--Male
826 Bill Byrge
812 Curtis Tindell
801 Ricky Spiva

High Game Scratch--Female
266 Lynn Porco
256 Betty Phillips
237 Carolyn Courtney

High Series Scratch--Female
689 Betty Phillips
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Brent Watts is a league lifer

By Ken Lay

During the six years that the Pilot Rocky Top Basketball League has been in Knoxville Brent Watts has been a constant.

Watts, a 1997 Farragut High School graduate, has coached every season in the league.

He was an all-state performer with the Admirals before playing college basketball at Maryville College.

Watts, along with Zane Duncan, Pat Walden, Rick Campbell and Chad Smith, has coached multiple seasons in the league took Knoxville by storm during its first season in 2006.

Watts has seen changes in the league as attendance has dropped this summer and the crowds are not as boisterous as they've been in the past.

He said that attendance numbers have sagged this season due to injuries. Tennessee stars Trae Golden, Jeronne Maymon and Dwight Miller are all

recovering from off-season surgery and Jarnell Stokes is playing for Team USA's under-20 squad.

"I think it has to do with injuries," Watts said of the lack of attendance. "Maymon, Miller and Trae Golden all had surgery and Stokes is with the National Team. I think the fan interest correlates with the Tennessee players."

Watts, who recently earned his MBA from the University of Tennessee, said he still enjoys coaching in the league.

"This is the only time, other than in the season, that these guys get to play at full speed," he said. "For the guys who haven't played in a while, it takes two games for them to adjust to the speed."

"It's great to see these guys from the smaller schools get the chance to play against the guys from the big-name schools. It's also good to see those big-name guys get pushed by those other guys."

This is perhaps the

coach's opportunity to coach competitive basketball as he now juggles a sales job, married life and fatherhood. He and wife Keri have a two-year old son and are expecting another.

"Basketball is still something that I love. I still play three or four times a week," Watts said. "It's great to see these guys mature into their game and go from being a kid to being a responsible basketball player."

"It's great watching the small college guys produce well."

Watts coaches Game Time Lights and one of his small college success stories is Tennessee Wesleyan guard E'Jay Ward.

"E'Jay has great speed and he still has another year [of eligibility] at Tennessee Wesleyan and he can learn some things here that will help him become a better college basketball player."

Those players are what keep Watts and the other



Photo by Dan Andrews. Former Farragut High all-state basketball star Brent Watts is in his sixth season as a coach in the Pilot Rocky Top League.

veteran coaches coming back.

"We almost never miss a game and we're all pretty much small college guys and we all love the game," said Watts, who has passed his love of basketball to his son Andrew.

"Andrew has picked up a basketball but he has more access to a calculator," Watts said. "I'm praying for a math whiz but if I get a basketball star, I can deal with that."

Standifer continues at Bearden

Drew Standifer played his last high school basketball game at Bearden High School last winter.

He may not be a Bulldog anymore but he's back at his alma mater showcasing his skills in the Pilot Rocky Top Basketball League. He's also preparing for the next phase of his basketball life, which will begin in August when he enrolls at King College.

Standifer and former West High standout Carson Brooks, a Carson-Newman signee, are the only rising college freshmen participating in the league this summer.

Standifer, a 2012 Bearden High graduate and all-KIL performer during his senior season, said the summer basketball league (now a Knoxville staple) is providing him the opportunity to get a jump on his college career.

"I think it's a great opportunity to play against some of the bigger college basketball players," said Standifer, who plays for R. Larry Smith and Associates Insurance. "I played against [Tennessee's] Kenny Hall and he's a good big guy and I play with [former Volunteers guard] Bobby Maze and he was an MVP somewhere in Europe."

"These guys have all played college basketball. This is my first experience and it's great preparation for college basketball."

Standifer begins his college career at King College, a small school, and he's not the only player from a small school that's benefitting from summer basketball.

Game Time Lights head coach Brent Watts went to Maryville College after a stellar career at Farragut High. Watts, who didn't have the luxury of playing in the Rocky Top League, said that Standifer's experience is a plus.

"Drew's getting a taste of college basketball," Watts said. "He'll definitely get that taste in November, but now he's getting it in June."

This is Standifer's first season in the league but he's no stranger to hot summer nights at Bearden High School.

"I've seen these games from the stands and I've also worked in the concession stand," Standifer said. "I was a Tennessee [basketball] fan growing up and I came and watched these games."

"Now, I'm playing in them and I playing with and against the guys that I watched growing up."

Standifer, as Bearden's only returning letterman last season, had a stellar season despite battling some injuries. He said he chose to play at King College because it's close to his home and because coach George Pitts was the most persistent in seeking his services.

"I really liked their going staff and coach Pitts has had a timetable of success," Standifer said. "They came to about three-quarters of my games."

"I also like that I can come home on a weekend if I'm not practicing."

Standifer is obviously anticipating college but for now he's enjoying the summer at Bearden.

"It's always great to play in a league like this," he said. "Especially when it's in my own gym."

Tate certainly keeping busy

Cont. from page 1

true passion is basketball.

"I'm a student of this game," Tate said.

He grew up living in public housing and stayed away from the street life and drugs that dominated this surroundings.

"I'm not a drug dealer,"

he said. "I knew the drug dealers but they all knew that I was a student of basketball and they stayed away. They did tell me to stay inspired."

Tate can make area sports fans cheer, and sometimes laugh. He has a charming personality that can light up a room.

He, however, has a no-nonsense approach to life.

"I'm real," he said. "And I eat a slice of humble pie everyday with my cup of Starbucks Coffee."

"I grew up in Mechanicsville and then I moved to College Homes. I'm from the ghetto and a lot of people look at those places like traps but they're not really traps. Most people there just don't get the right information."

BT, who has a degree in journalism with an emphasis on electronic media and is currently studying film studies and theology, has shunned ghetto street life but he's played basketball

there. He's also played intramural basketball with some of the best hoopsters in the city.

"I'm played against some of the best players in Knoxville," he said. "I've played against C.J. Watson [now with the Chicago Bulls] and others."

Tate is a UT basketball fan. He's traveled extensively and noticed that the University of North Carolina admits former Tar Heels players for free. He's convinced that Tennessee should do the same for former Vols.

"We need to get the alumni back and involved in the program," he said. "We've had great players here. We've had the great Allan Houston. We've had Dale Ellis, Isaiah Victor and Ron Slay."

Sports is a passion for BT. Many of his basketball heroes played before he was born.

"I love [San Antonio Spurs great] George Gervin because he was so smooth and I'm an Earl Monroe fan."

Those players dominated action on the hardwood long before Tate was born.

He's also an avid St. Louis Cardinals and New York Rangers fan.

Sports, music and work



Brian "BT" Tate at last week's Pilot Rocky Top Basketball League games. "BT," a West High graduate, has been the league's public address announcer for all six of its summer season. Photo by Dan Andrews.

consume much of Tate's time but he's also an avid reader and student of philosophy. His faith and family also dominate his life.

"I'm a philosopher," he said. "Without Jesus, you ain't got nothing. And I want it known that I wouldn't have what I've got without

my family."

Tate's also an opponent of his generation's sense of entitlement.

"These brothers today want something for nothing," Tate said. "Nothing comes for free."

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Returning to the Hoot

When I first covered "Teen Hoot" it was a small jam session being broadcast on the internet. About 50 people showed up. The last "Teen Hoot" had 1500 people show up and was a sell-out. This month on July 6th and 7th, "Teen Hoot" becomes a huge festival with young talented singers from all over the world. Artists from Canada, Britain, Australia, and the Curacao. Also, for the first time in "Teen Hoot" history, a local Knoxville artist will be performing.

Making his first appearance at "Teen Hoot" is Jacob Whitesides. He is an award winning, multi-faceted and experienced singer/songwriter. In addition to the guitar, he also performs on the drums, ukulele, and electric lead. While speaking with Jacob one quickly realizes how dedicated, professional and mature this young talented singer is. The significance of performing at "Teen Hoot" is not taken lightly by this young artist:

"This is an exciting and amazing opportunity for me. Last year I went as a person in the crowd and made it a goal of mine to perform on the "Teen Hoot" stage. Since that time, the competition to perform on that stage has risen to a whole new level. For me, being asked to perform at Teen Hoot is a major accomplishment. It gives me an amazing feeling to have the opportunity to perform for a global audience and reach such a strong personal goal. The best part about this for me is many of my friends who normally are unable to come to a show, will be able to watch me online from the comfort of their home."

Once again people at home will be able to watch both performances live via the internet at www.teenhoot.com. Fans will also be able to interact via twitter. During a previous event "#teenhoot" trended as the number three topic worldwide on twitter. With the strong global presence at this "Teen Hoot" the show might trend higher. Also possibly helping it to trend higher might be the co-host Christian Beadles. With approximately 1,400,000 followers on twitter, he is a global phenom who has made a name for himself.

Many of the artists who have performed in the past at "Teen Hoot" are starting to make a name for themselves in the music world. This was clearly evident on June 22nd at the Best Buy Theater in New York City. Former

"Teen Hoot" performer Austin Mahone sold out the theater in minutes. Fans traveled from as far away as Florida just to see him perform in concert. The NYPD had to call in extra units because of the mob of young teenage female fans that were waiting outside trying to get a glimpse of the rising star. Opening for him was Peyton Sanders who quickly won over the crowd and is rapidly establishing himself as a solid performer. Peyton Sanders will once again be performing at this "Teen Hoot."

"Teen Hoot" is entering an exciting new time with exciting new challenges. While no longer the small jam session that it once was, it still keeps to its roots as a fan based event. During the festival there will be a three hour dedicated autograph signing. While the music industry is rapidly evolving, one thing that is constant is that "Teen Hoot" is at the vanguard of the future of music.



The JUNKANU (Parade) winded down Gay Street to Market Square last Friday and featured the original Free Spirit Stilt Walkers, Kuumba Watoto Dance and Drum Company, churches and community groups. Photo by Dan Andrews.

By Dan Andrews
Focus Staff

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2

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Extra tidbits on Knox County prep Athletes of the Year

Cont. from page 1

leadership," said Steve Denny, CAK athletic director. "It's called Warrior of the Year and the varsity coaching staff votes on the award."

Keck, a pitcher-outfielder, has signed with David Lipscomb in baseball. He also was a forward in basketball for the Warriors. Cutshaw was a guard on the basketball team.

- Catholic's Tim Baker was named the Gatorade Tennessee Soccer Player of the Year.

- Powell golfer and female Athlete of the Year Meredith Hawkins is a Carson-Newman signee. Hawkins led Powell to the District 3-AAA championship her senior year and rallied at the TSSAA state tourney last October to tie for 11th place in a field of 55. Hawkins came back to shoot a second round 73 after a first round 85 at the Willow Brook Golf Club course in Manchester.

- Bearden honoree Rebecca Stover signed with Alabama in track. She was the Class AAA state champ in the 1600-meter run as a sophomore in 2010. Stover also was a four-time all-region performer in soccer and all-state in cross country.

- Central's Cody Blanc and Hannah Russell "both were (Most Athletic) senior superlatives this year," said AD Charles Sheets. Blanc was a mid-year graduate who went through spring practice as a wide receiver on the UT football team.

The list of Male Athletes of the Year also includes two other future SEC footballers - West's George Bullock (UT) and Powell's Dy'Shawn Mobley (Kentucky).

- Three-sport lettermen on the list include Tennessee School for the Deaf's Michael Whittemore and freshman Micheala Evans and Karns junior Brant Nickens.

Phone: 865-686-9970 | Fax: 865-686-9966 | PO Box 18377, Knoxville, TN 37928 | Located at 2620 Cedar Lane across from Historic Fountain City Lake



The Doctor is in
 a weekly column by
Dr. Jim Ferguson

Parenting

I've been thinking about parenting lately. It's been on my mind as I've watched my daughter and son-in-law care for my grandson. I was told that grandparenting is different and I've found this to be true. Being a grandparent is a delicate balance between hands-on support and laissez-faire philosophy. My daughter is displaying nurturing skills that I never knew she possessed. Both of my daughters have always had a tender spot for animals and those who are less fortunate. However, being a parent requires a quantum leap in responsibility and self sacrifice. Yes, babies and

puppies are cute, and my grandson is beautiful, but being a parent is one of the toughest jobs you'll ever have and the most important. Too many of our nation's children are being raised by "a village" rather than their true parents. Do we learn parenting or is it in our nature and our genes to think babies are cute and worthy of protecting? We think of ourselves as rational beings more than driven by emotions or instincts. However, I think all of these perspectives are operative in a parent who must exercise what the ancient Greeks called *agape* (sacrificial) love. Too many of our children

are not the focus of their parents who don't seem to care or are dealing with the demons of drugs. I believe having and raising children is a job for young people who are in some ways stronger than us grandparents. I've always thought that the Creator designed us to be able to procreate long before we understood the implications of our actions. Some might forgo having children if they were fully aware of the personal and financial investment required. I don't believe those who sow their seed and move on, or those who ask the government or their family to raise their kids, think at all. Sometimes I feel like a parent as I care for my patients. Because I'm an internist and a geriatrician many of my patients are frail and need my protection as well as my medical care. Elder abuse is real. Shakespeare described the circle of life when he observed that we are "once a man and twice a child." Most patients are self reliant and need only my medical opinion, direction and exhortations.

I sometimes quip that I'm a medical-shepherd guarding my flock and trying to prevent the lost sheep from wandering off from the ninety-nine. Being a shepherd of my patients has become a lot tougher in recent years. I've practiced medicine for thirty-seven years and still offer my patients the same continuity of care in my office and in the hospital. However, I must now submit to what are termed "quality metrics" developed by insurance companies, the government and even my own Summit Medical Group. These measures were developed to try and improve patient care, but have become an issue of compliance. There are doctors who are substandard, but most are caring professionals. I may be labeled as a curmudgeon, but I hate the term compliance. I care for patients as I've always done. This care is driven by my conscious and reason, and I bristle at the specter of coercion. Huge forces are at work in our country. As I write this essay we await the decision of the Supremes regarding Obamacare.

The economy is in tatters, the national debt is a disgrace, and the Government wants to control and micro-manage everything even though they're doing a poor job with the tasks we've given them. A more immediate problem for me looms July 1, 2012. My medical call group will shrink to four doctors on the first which means I will be on call every fourth night and every fourth weekend. When I began my medical practice I was on call every third night and every third weekend and my partners and I went to three hospitals to care for our patients. I'm older now and I wonder if I can still work at that pace or if I'll have to give up being the conductor of my patient's hospital care. My patient came to the office and confided that she had stopped her diabetic medication two months ago because of something she heard on the mainstream media. Another patient became alarmed by the medication handout given by the chain pharmacy and never took the prescription I gave him. Another frantically called me

stating that the mail order pharmacy had not shipped her medication and would I please intercede with the bureaucracy. My one hundred year old patient arrived in the ER with a dying leg from a blood clot and the surgeon was too scared to operate on her. My intercession led to a stent that allowed her to walk out of the hospital and return to my office with smiles of thankfulness. I was given a great gift in 1971 with acceptance to medical school. I continue to return a small portion of that gift with each patient I serve. The Apostle Paul spoke of "keeping the faith and finishing the race." I hope I can.

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

For appointments call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at jferguson@summithealthcare.com.

Healthy Summer Reading

With summer well underway, it's a good time to get a head start on reading ideas. In 2011, unemployment continued to rise, causing economic uncertainty and the loss of health benefits for many Americans. Every year Library Journal (LJ) publishes a list of the best consumer health books. Highlights from the 2011 list are as follows:

Barken, Frederick M., M.D. "Out of Practice: Fighting for Primary Care Medicine in America." Cornell Univ. ISBN 9780801449765. Barken, a retired primary-care physician and health policy

instructor at Ithaca College, fairly examines and critiques the current health-care model. The problem: insurance companies and government administrators make decisions.

Bohn, Yvonne, M.D., & others. "The Mommy Docs' Ultimate Guide to Pregnancy and Birth." Da Capo Lifelong. ISBN 9780738214603. Three female obstetricians who are mothers themselves tell women what they need to know about preparing for pregnancy, prenatal care, and birth. Including information about infertility, nutrition, exercise, high-risk pregnancy, and premature birth.

Delgado, Jane L. "The Buena Salud Guide for a Healthy Heart." Newmarket. ISBN 9781557049438. Latina clinical psychologist and health educator Delgado covers heart disease among Hispanics,

providing simple explanations in a conversational tone. She also covers healthy lifestyles, diagnostic tests, and procedures. With websites for further information.

Groopman, Jerome, M.D., & Pamela Hartzband, M.D. "Your Medical Mind: How To Decide What Is Right for You." Penguin Pr: Penguin Group (USA). ISBN 9781594203114. Groopman, a Harvard Medical School oncologist, and endocrinologist Hartzband take a fascinating look at how people make decisions about health and medical care, taking into account the influence of family history, culture, and profession.

Jones, Heather K. "Good Housekeeping Drop 5 Lbs: The Small Changes, Big Results Diet." Hearst: Sterling. ISBN 9781588167866. Registered dietician Jones offers

simple weight-loss tactics that do not require major sacrifice and drastic lifestyle changes. She tells readers how to shop, eat, exercise, and deal with holiday parties and restaurant meals.

Miller, Sloane. "Allergic Girl: Adventures in Living Well with Food Allergies." Wiley. ISBN 9780470630006. A social worker with multiple food allergies writes an empathetic, empowering guide to help people live well and enjoy life while maintaining a safe environment. She covers finding an allergist, creating safe environments, and building positive relationships.

Support your local library!

For questions, comments, or suggestions on topics you want to read about please email me at: howard@howardsbaker.com.

KCHD urges public to play it cool

After a weekend in the 100s, the temperature is forecast to continue in the 90s this week, with high humidity and little chance for rain. People working outside, infants and children, the elderly and people with chronic medical conditions can be particularly vulnerable to heat-related illness. That's why Knox County Health Department (KCHD) urges the public to use caution and know the signs of and treatment for heat stroke.

"The body normally cools itself through perspiration. You perspire and the sweat evaporates on your skin, it has a cooling effect," said Dr. Martha Buchanan, KCHD director. "But during physical activity in extreme heat, your natural sweating mechanism

may be overwhelmed, causing your body temperature to rise to 106 degrees or higher within 10 to 15 minutes.

"High humidity levels increase your risk because the sweat you produce isn't evaporated as quickly. It's important to know the signs of heat exhaustion and heat stroke so you can stop your body from overheating."

The following symptoms are warning signs of heat exhaustion:

- Heavy sweating
- Paleness
- Muscle cramps
- Weakness
- Dizziness
- Headache
- Nausea or vomiting
- Fainting

Continued on page 2



By Howard Baker, RN BSN

Featured Speaker

W. DAVID HOVIS, M.D.
 Board Certified in Orthopedic Surgery

Kiss Knee Pain Goodbye

Wednesday, June 20, 2012
5:30 p.m. - 7:00 p.m.
Turkey Creek Medical Center
Joe and Judy Johnson Conference Center
 Parkside Drive off Lovell Road

Dinner provided. Space is limited.
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Tennova.com
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KCHD urges public to play it cool

Cont. from page 1

Treatment for heat exhaustion includes moving to a cooler place, resting and drinking plenty of water. While heat exhaustion is not life threatening, heat stroke kills about 50 percent of those who experience it. One key sign that someone has heat stroke is lack of perspiration.

"Someone with classic heat stroke will have red, hot, dry skin," Buchanan said. "The pulse will be rapid, and body temperature will rise to above 103 degrees. In addition to the signs of dizziness and nausea, which you see in heat exhaustion, the person also may develop a throbbing headache,

become confused or even become unconscious."

If you suspect someone is experiencing heat stroke, call 911 immediately and do the following:

- Move the person to a cool place.
- Place the victim's feet higher than his/her head.
- Cool the person as quickly as possible any way you can, such as removing clothing, soaking the person with cold water and fanning him/her.
- Monitor the victim's body temperature and continue cooling efforts until the body temperature drops below 103 degrees.

According to the Centers for Disease Control and

Prevention, more people in the United States have died from exposure to heat than by hurricanes, lightning, tornadoes, floods and earthquakes combined. KCHD offers these tips for preventing heat exhaustion and heat stroke:

- Stay informed about the weather forecast in your area.
- Drink plenty of cool, nonalcoholic beverages before you start any outdoor activity. Thirst is a sign the body is dehydrated. Increase your fluid intake regardless of your activity level.
- Wear a hat and sun screen.
- Clothing should be light-colored, lightweight and loose-fitting. Cotton

allows the skin to breathe better than most synthetics. New, high-tech wicking fabrics, found in most fitness clothing, also are good helping the body cool itself through evaporation.

- Air-conditioning is the number one protective factor against heat-related illness and death.
 - o If you home isn't air-conditioned, go to the mall, library or other public area, or
 - o Use a fan to circulate air or sit in a bathtub of cool water and.
 - o Drink plenty of water and avoid soft drinks and alcoholic beverages.
- Stay inside during the hottest times of day and exercise or do yard work

when the temperature decreases.

- Pace yourself if you are not accustomed to the heat.
- Avoid using heavy body lotions, hair gels or sprays, which can inhibit the body's cooling ability.
- Monitor children and the elderly, who are the most susceptible to heat-related illness. At-risk adults should be checked twice a day.
 - Do not leave infants, children or pets in a parked car, even for a few minutes.
 - Provide plenty of cool, fresh water for your pets and keep them inside or provide access to shade.



Faith

Christian Discipleship

Bill Hybels is a Christian leader / pastor at one of the largest churches in America, Willow Creek Community Church in South Barrington, Illinois. He wrote some interesting words about their leadership as they



By Mark Brackney, Minister of the Arlington Church of Christ

grew from a small church to a mega church. "We should have gotten people, taught people, how to read their

Bible between services, how to do the spiritual practices more aggressively on their own. In other words, spiritual growth doesn't happen best by becoming dependent on elaborate church programs

but through the age old spiritual practices of prayer, Bible-reading, and relationships" ("Out of Ur - Willow

Creek Repents?" Leadership Journal blog, hosted on ChristianityToday.com, October 18, 2007).

Leaders (elders / pastors / ministers) need to teach followers of Jesus the spiritual disciplines of the church because following Jesus is not easy. With the upcoming Olympics in London, I am reminded of the tenacious work that must go in to preparation. Be it a surgeon, a concert pianist, or an Olympian athlete, it takes

years of study and practice in order to master one's particular field.

As followers of Jesus, we must have the same focus and determination if we are to grow to look and act like Jesus. Are we allowing the power of the Holy Spirit to guide and transform our lives? The first priority of a disciple of Christ is to live in Jesus. This will, however, take work.

The apostle Paul wrote some great words of wisdom to his brothers and sisters in Christ at Philippi about discipleship. "Therefore, my dear friends, as you have always obeyed - not only in

my presence, but now much more in my absence - continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill his good purpose" (Philippians 2:12-13).

Some Christian teachers today would have you think that salvation is a one-time thing that requires nothing of the believer. While no one can save themselves and salvation is a free gift by God's grace, the Bible is clear that one must continue to work out their salvation. This means to stay with it and grow. Salvation is so much more than avoiding

hell. Life is so much more than just trying to remain faithful until you die and then go to heaven. No, for Paul, salvation is having a close, intimate relationship with Christ that impacts each day. We don't have to wait for heaven to enjoy life. We get a taste of heaven on earth as we love God, love others, love self, and love God's creation. By the power of the Spirit we can experience this now, and spiritual disciplines are the means by which we come into contact with God.



The New Calvary Echoes

An evening of Great and Exciting Gospel Singing!
"The New Calvary Echoes"

When: Sunday, July 8 at 6 p.m.

Where: New Beverly Baptist Church
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Info: Rev. Eddie Sawyer, Pastor
865-546-0001

www.NewBeverly.org

www.NewCalvaryEchoes.com

Directions: I-640 to Exit 8. Go north on Washington Pike to Greenway Drive light (Target). Turn left. Church is 1/4 mile on the right.

No admission charge, but a love offering will be taken.

Church Happenings

Beaver Ridge United Methodist Church

Beaver Ridge United Methodist Church, 7753 Oak Ridge Hwy (at the Karns Traffic Light) will sponsor a Medic Blood Drive on July 11. Donors may come to Room 209 in the main building; church office entrance anytime between 10:30 a.m. and 5:30 p.m. For more information please call the church office: 690-1060.

KFL Outreach Ministry Presents

The Knoxville Fellowship Luncheon (KFL) will meet July 2, 2012 at the Golden Corral on Clinton Highway, at noon. Walter (Joe) Marshall will give his testimony. Neil Silverberg is the Senior Pastor of Trinity Chapel, which is located at 5830 Haynes-Sterchi Road, Knoxville, TN 37912.

Bio at <http://kfl-luncheon.com>.

Faith Christian Center
4012 Oakland Drive
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Sunday School 10AM
Sunday Worship 10:45 AM

com.

Smithwood Baptist Church

Smithwood Baptist Church is offering a four-session Beginning Word Class from 10 a.m.- noon on July 10, 11, 17 and 19. Cost: \$20. For more information or to enroll contact Shirley or Earl Walker at 865-687-9429 or ewwalker@bellsouth.net.

South Knoxville Church of God

Join us for the 3rd Annual "South Show and Shine" car show on August 10 from 9 a.m. till 2 p.m. Registration will begin at 9 a.m. and conclude at noon, with judging from 11 a.m. till 1 p.m. Dash plaques and T-Shirts will be given to the 1st 50 cars that register. All muscle cars, street rods, motorcycles, antiques, trucks, VWs and tractors are welcome. Trophies will be given for the top two finishers in each class. This is a fundraising event with all proceeds benefitting the Appalachian Children's Home. The Children's Home is a state licensed institution and emergency shelter for

boys and girls under the age of 18, which strives to provide a stable, loving Christian environment for the well being of the whole child. If you would like to know more about this event either visit us on Facebook or call 865-573-4141 for details.

The South Knoxville Church of God is located approximately 1 mile off Chapman Highway at 5623 Magazine Road. For further information on upcoming events, church activities, or directions, please call our church office at 573-4141, or visit our website at SKCOG.COM.

Have a special event coming up? Share it with your community! E-mail your church announcement to staff@knoxfocus.com today! Listings are considered as space is available, on a first come first served basis. **Camps, festivals and sales are considered advertisements;** contact staff@knoxfocus.com for information on how to list these.

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Wednesday Bible Study - 6:30 p.m.

Where Christ is Making a Difference in Our Lives and in Our Community

House to Home

ANTIQUES & COLLECTIBLES

Time to tell

This week, I would like to share some common market values for antique clocks. What some reference books say and what monies are actually changing hands are often quite different, and I feel you could use this information.



By Carl Sloan

Old clocks have, for the most part, seen a downturn in value over the last five years. I do believe this has leveled off and will stay put for the long term. As the Baby Boomer generation fades away, many of their collectibles begin to flood the marketplace. If you wish to begin collecting clocks the time is right now to do so. Clocks are things of beauty and mechanical marvels in many instances, so I hope the 80s generation and up will take notice and consider adding one to their home. Clock repairmen are going the way of typewriter repairmen; so unless you wish to learn the basics of clock repair, which is actually not too hard, seek out the ones in good order. Mantle or shelf clocks, wall clocks or bracket clocks can be found easily these days. There are clocks that wind a mainspring with a key and others that use weights to operate. The pendulum is actually a weight that regulates the speed of the movement, like a metronome. Even if a clock does not work, you might like how it looks on your shelf.

styles or clock manufacturers, input the following descriptions into your search engine of choice to learn more out more about what's out there:

- 1840s two channel weight 24 to 3 day mantle clock, fair condition, \$300-500 buy
- 1860s OG mantle clock weighted with scenic glass front door, \$150 -200 hold
- 1880s wall regulators or plain school house clocks, \$75-150 hold
- 1880s wall regulators or plain school house clocks, in good condition, \$200-700 buy
- 1880s Greek revival mantle clock 8 day time/strike hold
- 1880s Greek revival mantle clock 8 day time/strike hold by Ansonia with porcelain face slate or steel body, no hairlines, open escapement good condition, \$150 - 400 buy
- Oak Grandfather floor clock with weights, 8 day time/strike, \$300-600 hold
- Brass carriage clocks 5" running, \$100-300 hold
- Brass carriage clocks 10" French enamel decoration, real mercury pendulum, fancy, \$200-600 buy
- 1880s Skeleton clocks wall or shelf running, must be old, \$150-300 buy
- West German 1960s cuckoo clock running, \$75-125 buy
- 1890s carved walnut Black Forest cuckoo clock with hunting

- scenes fine carvings, 10-24" fancy and fine looking, \$600-2500 buy
- 1900s large commercial wall regulator, preferably with name or advertising, 36-48" tall, working, \$400-600 buy
- Victorian white metal figural classical style clock with common works, \$75-125 buy
- Ansonia 20" chromo or bronze wash figural clock, \$400-650 buy
- 1880s Ansonia mantle clock with two side urns, three piece set, \$300-500 buy
- 1940s electric commercial wall clock with neon, needs to have deco period look, \$200- 300 buy
- Art Deco blue glass electric wall clock, \$75-150 buy

1940s, 50s and 60s advertising clocks are good investments, though their values vary by company and condition. The buy rating means within the range stated, and you may have to be a bit patient. It is important not to go too much over these values without professional advice and actually seeing the clock if you're buying online. The hold means it's not the time to buy or sell; however, if you like the item then let your heart be your guide.

I passed a table with many good looking clocks soon to be auctioned in July at Fountain City Auction, 4109 Central Ave., 37912. Take a look for these on auctionzip.com or go by and see the owner Greg Lawson to learn more. Have a good time hunting!

Telling Tales

By Becky Andrews and Angel Kane

On bathing suits

Every year millions of women make the pilgrimage to the shopping mall, outlet store or boutique in search of the only item of clothing that can induce tears and anxiety at the mere mention of its name. That's right, it's bathing suit season.

Right around September it begins. We promise ourselves that this time next year we are going to lose 15 pounds, pick a bathing suit and not come close to a nervous breakdown in the dressing room trying it on. Of course we don't really get serious about the upcoming swimsuit season until after the first of the year. Yes, there are a few failed attempts at trying to meet our goal, but then comes Halloween with all the candy and forget about November because we spend the whole month perfecting and tasting our Thanksgiving recipes. And who in their right mind would even attempt to think about summer in December?

Before you know it January's here. We all start out strong but we hit a speed bump in the shape of a heart shaped box full of chocolate. Before you know it spring brings out new racks at the stores filled with polyester, lycra and spandex. These "itsy bitsy" bathing suits seem much smaller than they did the year before, and they appear to mock me as I push my buggy that happens to be carrying a new workout video and a bag of Chips Ahoy.

During the month of March I decide I'm running out of time so I take it to the next level by cutting out sugar. I'm thrown off when the kids start spring break. I give myself a two week reprieve but make the promise to pick it up when they go back. For a week I am ON FIRE! I never miss a workout, drink nothing but water and refuse to look at the evil-yet incredibly delicious-chocolate brownies in the pantry. Ten days into my transformation my father reminds me that I'm in charge of the menu for Easter. There goes April.

Before I can blink it's May and most of the Miracle Bathing Suits that don't cut off the circulation from my torso to my legs have been sold. I'm left with a few mismatched bikini tops and bottoms that would work better as an eye patch or sling shot than a bathing suit.

In June, around the time my kids stop believing the pools are still closed, I am forced to wear my old standby black bathing suit. When we arrive the kids can hardly wait to jump in. They take their t-shirts and shoes off, run then jump in! I however, am not as care-free. The sun, clouds and people all have to be in the right position before I can think about taking off my shorts and revealing to the world I did not meet my swimsuit goal... Again.

It's almost time to start mentally preparing for next summer. My old suit has had it so I have to be serious this time. It won't be long before my conversations with my husband will revolve around points, carbs and calories. He will, as usual, try to be as supportive as anyone can be with a jelly donut hanging out of his mouth.

I guess when it comes to women and bathing suits, "next year" sounds better than next week.

You can email Becky Andrews at becky@wilsonlivingmagazine.com.

Six Tips Before Selling a Home

Selling your home can be a long, grueling process in even the best market. To help you squeeze as much money as possible out of the sale with the smallest amount



By Jan Cole

of hassle, here are 6 tips that will help smooth the ride.

1. Choose the Right REALTOR®: Having the right partner can make all the difference. You'll be making a lot of very important decisions during the planning and listing phases—more important, in many ways, than your decisions during the offer phase. Find a REALTOR® with whom you

make a connection—someone who understands your reasons for selling and your minimum requirements. You'll also be leaning heavily on your REALTOR® for information on market-related issues such as home pricing, so choose someone with an intimate knowledge of your area and situation.

2. Make a Plan: Now that you have a partner, lean on that relationship to put together a realistic plan for pricing, selling, and moving from your home. A plan will outline in very specific terms what you expect, so you and your

REALTOR® will have a firm idea of what's expected. It will also help keep you from getting caught up in emotion during repricing, the offer process, or other charged moments.

3. Clean and Declutter: Tidying your home is absolutely the best value for your dollar, and it helps potential buyers fill the space with their dreams instead of your life. Clean everything you can and put as much clutter as possible into storage. Make arrangements for pets to be elsewhere during showings and open houses.

4. Improve Wisely: Don't add any home improvements the future owners might just want to remove. Get quotes for any potential

improvements and discuss the benefits with your REALTOR®.

5. Get the Good News: Emphasize the positive things about your home like zoning for high performing schools, close proximity to interstate, shopping, parks, etc., and other positive information buyers might not be aware.

6. Look—but don't buy: You should absolutely begin the search for your new home before you sell your current home, but don't go overboard and commit before you have money in hand. Leveraging yourself too early in the selling process can force you to accept weaker offers than necessary.

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ANNOUNCEMENTS

Finchum-Dougherty reunion

The children of Jane Finchum-Dougherty invite family, friends, classmates, acquaintances and former coworkers for light refreshments to honor her for her 80th birthday. The reception will be Sunday, July 8, 2012, 3 - 5 p.m. at the Gibbs Ruritan Club, 7827 Tazewell Pike, Corryton, TN. No RSVP necessary, just come and reminisce with old friends.

Job Search Workshop

The Knoxville Area Urban League is holding a workshop: "Job Search from A to Z" on Thursday, July 5, 2012, 9-11 a.m., 1514 East Fifth Avenue, Knoxville, TN 37917. Instruction provided by Urban League staff. There is no cost to attend but space is limited. To register or for more information, call 865-524-5511.

LeConte Photographic Society meeting

LeConte Photographic Society will hold its monthly meeting on Tuesday, July 3, 2012 at 6:30 p.m. at the King Family Library, 408 High Street, Sevierville.

This meeting is free and open to the public. The program will consist of three divisions for competition and an assignment category of "Monochrome." Please see our website for more information about our club: <http://LeContePhotographic.Com>.

Memoir Writers

Memior Writers will meet at PaneraBread, 733 Louisville Road, Alcoa (next to Cracker Barrel) on Thursday, July 12 at 7 p.m. (Always the second Thursday of each month).

Mobile Meals call for volunteers

Make a difference in the lives of the homebound elderly, this summer! Deliver Mobile Meals! You may call 524-2786 or email jennifer.oakes@knoxseniors.org.

Powell High School Season Football

Powell High School Season Football tickets will go on sale July 9 - 11 from 6:00 p.m. - 7:30 p.m. in the Home Economics Room. The Home Ec Room is located across from the

football concession stand in the back of the school. Tickets will be \$45 each and parking passes will be available for \$25. If you had tickets last year and do not want them this year, please email Karen Speegle at Karen.speegle@knoxschools.org.

Standard Knitting Mills reunion

"Family Members" of Standard Knitting Mills announce their Annual Reunion is planned for Saturday, August 4, 2012 from 11:00 a.m. - 2 p.m. at the O'Connor Senior Center. Any employee or surviving family members of employees are encouraged to attend. Donations of finger food refreshments are welcome. For further information, call J.T. at 523-5463

Upcoming Civil War Talk

On Tuesday, July 10,

VOLUNTEERS NEEDED
How can you bring joy, peace and spiritual growth to others? Volunteers are needed to help with our patients in the Knoxville area. Enrich YOUR life while enriching others in your community. Training provided. Call Smoky Mountain Hospice (Knoxville) today 865-673-5877 or toll free 800-358-7844

2012, the Knoxville Civil War Roundtable will host author Lester V. Horwitz as its speaker. At 8:00 p.m. Mr. Horwitz will speak on the topic: "The Longest Raid: John Hunt Morgan Crosses the Ohio." The talk is OPEN TO THE PUBLIC and will be at the Bearden Banquet Hall at 5806 Kingston Pike. To attend the talk only is \$5.00. (Students with current IDs are admitted free.) Alternatively, you can come at 7:00 p.m. and enjoy a delicious buffet dinner which is \$15.00 for members and \$17.00 for non-members. To make dinner reservations, please call (865) 671-9001 by 11:00 a.m. on Monday, July 9. We look forward to seeing you there!

Come worship with us
New Beverly Baptist Church
3320 New Beverly Church Rd. Knoxville, TN 37918
Rev. Eddie Sawyer, Pastor
www.newbeverly.org
856-546-0001

Sunday School 10 a.m.
Sunday Morning Worship 11:00 a.m.
Sunday Evening Worship 6:00 p.m.
Wednesday Evening Prayer 7:00 p.m.
Wednesday Evening Youth 7:00 p.m.
Bus Ministry -
For transportation call 546-0001.



Orange Flavored Brisket

- cooking oil spray
- 1 2-pound flat cut or first cut brisket, with all fat removed
- 1 onion, chopped
- 1 carrot, cut into pieces
- 1 clove garlic, chopped
- 1/8 teaspoon salt, optional
- freshly ground pepper
- 1 14 1/2-ounce can diced no-salt-added tomatoes, drained
- 1 TBSP currants or raisins
- 1/4 cup red wine (optional)
- 1/4 cup beef broth
- 2 bay leaves
- 4 strips orange zest, about 2 by 1/2 inch

Preheat oven to 325°F. Coat an oven-proof covered roaster with cooking spray. Brown the brisket over high heat. Turn the heat down to medium and add onion, carrot, garlic, salt, pepper, tomatoes, currants, wine, broth, bay leaves, and orange zest. Bring to a simmer and then cover and bake. Baste the meat every half an hour until done, about 2 1/2 hours, depending on the thickness of the brisket. When done, remove the brisket to a plate. Strain the juices, pushing some solids through the strainer to thicken the sauce and bring back to boil. To serve, slice the meat into thin slices. Place on platter with the sauce.

CLASSIFIEDS

PUBLIC NOTICE

PUBLIC NOTICE:

Knoxville Regional Transportation Planning Organization - Technical Committee Meeting, July 10, 2012.

The Knoxville Regional Transportation Planning Organization (TPO) Technical Committee will meet on Tuesday, July 10, at 9 a.m. in the Small Assembly Room of the City/County Building, 400 Main Street, Knoxville, TN. Topics to be considered: Amendments to the 2011-2014 Transportation Improvement Plan, Long Range Mobility Plan Update, Transportation Planning Work Program Update, PlanET Update; and other business.

If you would like a complete agenda, please contact MPC at 215-2500 or see the TPO web site at www.knoxtrans.org. If you need assistance or accommodation for a disability, please contact MPC at 215-2500 and we will be glad to work with you in obliging any reasonable request.

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