



Governor Haslam Proclaims this Week 'Veteran Owned Business Week'

Governor Haslam has proclaimed the week of January 28 through February 1, 2013 "Veteran Owned Business Week," a week that recognizes the contributions of the Veteran Owned Business community to the state of Tennessee's economy. "Veteran Owned Business Week" begins on Monday, January 28, the same day as the kick-off for the Tennessee Veterans Business Association (TVBA) 3rd Annual Business and Education Showcase at the Knoxville Convention Center.

"We live in the volunteer state and Veteran business owners are a big part of this economy," said Jonathan Williams, founder and TVBA chairman. "To have Governor Haslam proclaim this week Veteran Owned Business Week is a huge honor and a testament to the veteran business owners that make our state great."

The TVBA 3rd Annual Business and Education Showcase will open with a dinner and fundraiser featuring keynote speaker Sammy L. Davis, Medal of Honor recipient and U.S. Army Veteran on Monday, January 28 at 5:00 p.m. The dinner will include the Veteran Small Business Awards Ceremony with honors for Veterans Work, Veteran Young Entrepreneur, and Veteran Innovator to name a few. The event continues on Tuesday, January 29 at 8:00 a.m. and includes speeches from Doug Minter, Small Business Development



PHOTO BY DAN ANDREWS.

Knoxville's Alonzo "Big Zo" Butler hopes to win The Great American Heavyweight Box-Off and donate \$25,000 to the Scarecrow foundation, represented by Jimmy Buckner, above.

Knoxville's Alzonzo Butler to represent at Box-Off

By Tasha Mahurin
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Boxing guru Don Elbaum and financial backer Greg Sorrentino announced last week in New York the creation of a \$500,000 tournament entitled The Great American Heavyweight Box-Off (TGAHBO). Among the participants are the likes of U.S. Olympians Jason Estrada, Devan Vargas and Knoxville resident Alonzo "Big Zo" Butler.

Although he is originally from Chattanooga, Butler calls Knoxville home. He trained under the great Ace Miller at Chilhowee Park. Miller was instrumental in Knoxville's Golden Glove program until his passing last year. He was renowned nationally for his abilities as a boxing coach- even at one point co-training legendary

Evander Holyfield. Butler credits Miller for his success.

"I was his last fighter that he trained," Butler told the Focus of Coach Ace Miller. "My style is Ace's style. This year will be for Ace."

In addition to an opportunity to fight in honor of his mentor and coach, Butler will have the opportunity to fight for another cause. The purse structure will be \$25,000 to the winners and \$15,000 to the losers in the quarterfinals, \$50,000 and \$25,000, respectively, in the semifinals, leading up to the championship final in which the champion will earn \$250,000 with \$50,000 going to the runner-up. The winner's charity of choice will receive \$25,000 of the TGAHBO champion's purse.

Butler is an ambassador for

Knoxville business man, Jimmy Buckner's Scarecrow Foundation, which promotes "entertainment with purpose." The organization's primary goal is to end hunger in America. They work together with local athletes, musicians, comedians, and civic and business leaders to raise awareness and funds for other local non-profits also committed to fighting hunger.

"This is 2013, there is no reason any person should ever be hungry. Ever. Period," Buckner told *The Focus*.

Butler will demonstrate his commitment to the cause, as well as his hometown pride, by sporting the Scarecrow Foundation's logo on his orange and white uniform during the tournament.

FOCUS Weekly Poll*

**Do you
support
the use of
red-light
cameras?**

YES 39.50%
NO 60.50%

*Survey conducted
January 25, 2013.*

* Focus Weekly Polls are
conducted by an independent,
professional polling company.

Superintendent's 'State of the Schools' Address Rescheduled

The second annual "State of the Schools Address" has been rescheduled for Tuesday, Feb. 5, 2013 at Powell High School (2136 West Emory Road). The event is open to the public.

School Board Chair Karen Carson, Knox County Mayor Tim Burchett, and Randy Boyd, Founder and CEO of Radio Systems, will join Dr. Jim McIntyre, Superintendent of the Knox County Schools, in sharing their perspectives on public education in our community.

The State of the Schools Address will provide an overview of academic progress in the Knox County Schools, give an update on implementation of the five-year strategic plan entitled Excellence for All Children, and outline the educational goals and aspirations for the coming year.

The event is co-hosted by the Knox County Council PTA, the Knoxville Chamber, and the Knox County Education Association.

The State of the Schools Address will be broadcast live on WBIR's 10News2 on Comcast Cable Channel 21 and Charter Cable Channel 10 as well as KCS-TV on Comcast Cable Channel 10 and AT&T U-Verse Channel 99. It will also be streamed live at <http://www.knox-schools.org> and www.wbir.com. The public can also listen live on WKCS-Radio 91.1 FM.

Q&A

Cindy McGinnis General Manager KAT

With weather and road conditions on everyone's mind recently, Knoxville Focus' Dan Andrews took the opportunity to talk to Cindy McGinnis of KAT.

How do you make the determination when to shut the buses down?

During inclement weather or snow storms, KAT makes the determination to suspend service by actually going out and driving the routes. We have supervisors and staff cars

that go out and drive the routes in order to assess the road condition for safety. If there's ice on the road, we will most likely go to severe routes or snow routes or suspend service altogether. If there's just a little bit, a dusting of snow, we'll most likely continue service until such time that we notice ice on the streets. Ice is a primary concern for us.

One thing I learned about your job is that KAT has to be all things to all people, or at least people think that. So many people need KAT from so many different walks of life. How do you bring it all together? That's a tough job!

Well, thank you for recognizing that first of all. It is a tough job but we have to remind



ourselves that we are public transportation. We are very heavily taxpayer supported. And all of our services need to be as efficient as possible and we are really concerned about serving as many people as possible. If there aren't high enough densities to justify a route then we have to cut service unfortunately, like we need to do with the Farragut Express Route. We just really can't justify continuing the service because there is not enough ridership. It will inconvenience a few people a lot, but then that will free up other resources for other types of service.

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Coffee and Content



By Sarah Baker
bakers@knoxfocus.com

Unlike lots of other folks, I am a morning person. I like to go to bed early and get up early. If I am going to work out regularly, it has got to be in the morning and I always have a better day if I go to the gym before work. What I have been missing is quiet time and, as a person who spends her day surrounded by hundreds of middle school kids, I really could use some. That is why I was stoked when my friend Nicole Masters presented me with the Hello Mornings Challenge.

The Hello Mornings Challenge is an online challenge designed for Christian women to maximize their mornings through quality time with God, intentional planning of their days, and exercise. Who couldn't benefit from that, right? Plus, I am a girl who isn't naturally structured so

anything that gives me a schedule and accountability is a good thing. I'm thinking that being a Mary in the morning will help me be a more productive Martha during the rest of the day. Right now, I'm just a mess.

Here's how it works. You sign up on the Hello Mornings website to pick a group or to create your own group. Then you and your group check-in with each other via Twitter and/or Facebook. The next session is January 28th - April 26th, but there will be more sessions in the future.

I once heard Lisa Welchel, the "Facts of Life" star who was recently on "Survivor," speak at a women's conference about her struggle with weight. Welchel said that having her devotion time in the morning really kept her from emotional eating during the day. Did you see her on "Survivor?" She looks fantastic!

When I was in high school, I read the romance novel "Joy in the Morning" and I've always liked the scripture that says, "Weeping may endure for a night, but joy comes in the morning." My e-mail has had the same signature for years, a quote from

Gwendolyn Brooks' "Speech to the Young:" "Even if you are not ready for day, it cannot always be night." I guess you could just say I have a thing for mornings.

Mornings seem to be important for lots of reasons. Isn't breakfast supposed to be the most important meal of the day? I've always heard exercise is more effective in the morning too. What I need to add to these is quiet time. Quiet time has benefits other than the spiritual. According to an article published by Wellspring Inc., meditation can help you become more mindful "of thoughts, feelings, and sensations, and observe them in a nonjudgmental way. This results in you becoming calmer and physically relaxed." Has anyone told you that you need to relax lately? I get told that almost every day.

Robert Greene said that "the quiet mind is richer than a crown" and "sweet are the thoughts that savour of content." Sounds good to me. I'll take some content with my coffee, please. If you're interested in doing the Hello Mornings Challenge, visit www.hellomornings.org.

American dream could quickly become nightmare



By Richie Beeler

I love America. I love her history and the principles on which she was founded. I fly her flag every day, rain or shine. But lately, it's been raining in America. And a much bigger storm is coming. You probably heard quite a bit about a so-called "fiscal cliff" America could be facing in 2013 if Congress and the President didn't come to a consensus about several key budgetary issues. So far very little consensus has been reached. But we don't seem to have careened over any cliff. That's because the REAL fiscal cliff is one

folks in Washington simply don't want to talk about.

America is headed for a financial Armageddon. Not a recession. Not even a depression. I'm talking about the end of the American free market capitalist system as we have always known it. This is not a prediction of doom and gloom. This is an unavoidable scenario. The train has left the station. And she's a runaway.

I'm not an economist. But I do read Adam Smith. It's ok if that name doesn't immediately ring a bell. Smith was not an American founding father. He was not even an American. But he did write a book - in 1776 ironically - entitled "The Wealth of Nations." In it he laid out the basis for what would become the Western free market capitalist economy. Smith understood that

capitalism, unlike socialism, plays to the strongest forces of human nature in order to succeed. It is the philosophy that society is best served by the efforts of individuals to better themselves. When such a principle is applied to economics, capitalism is born. Unfortunately, as with anything that is dependent on human nature, capitalism has a dark side. It's called greed.

The same desire for personal success and betterment that drives the capitalist economic machine, can also be its undoing when that desire turns to an insatiable lust for more. If free market capitalism has a downside, that is it. Here's how it works, and why America is headed for disaster.

It is a complex issue but the simple facts of it are these: free market capitalist economies are dependent upon the free flow of money in order to survive. They are also dependent upon growth. When a capitalist economy stops growing, money stops flowing, jobs stop being created, and the whole machine stops working. The problem is that many of the world's Western

economies (i.e. America) have grown so large that they do not have the resources to keep growing....without borrowing. The exponential growth of the American economy over the past 20 years has been almost entirely driven by debt.

When you build economic growth on debt, a bubble starts to form. Debt has to be paid back. And the more debt that is out there, the more risk there is that a portion of that debt will not or cannot be paid back. For that reason a major debt bubble burst in 2008 when the mortgage and housing market collapsed. But I can tell you with absolute certainty that the economic crash of 2008, which plunged this country into the greatest recession since the Great Depression, will pale in comparison to the coming collapse of the American economy.

It is coming. It may be coming soon. And it will be swift. The condition of Western economies, particularly that of the United States, is simply unsustainable. By the friendliest of estimations, America is approximately \$16 trillion in debt. If you have

FOCUS Weekly Poll

Do you support the use of red-light cameras?

Yes 39.50%
No 60.50%



By Age	Support	Oppose	Total
18-29	33.33%	66.67%	3
30-49	17.65%	82.35%	68
50-65	30.56%	69.44%	180
65+	53.04%	46.96%	230
Total	39.50%	60.50%	4810

By District	Support	Oppose	Total
1	41.38%	58.62%	29
2	53.85%	46.15%	52
3	42.50%	57.50%	40
4	45.71%	54.29%	70
5	41.82%	58.18%	55
6	35.09%	64.91%	57
7	31.51%	68.49%	73
8	29.82%	70.18%	57
9	37.50%	62.50%	48
Total	39.50%	60.50%	481

By Gender	Support	Oppose	Total
Unknown	33.33%	66.67%	24
Female	41.67%	58.33%	240
Male	37.79%	62.21%	217
Total	39.50%	60.50%	481

Survey conducted January 25, 2012.

even the slightest understanding of what I just said, the scariest word in that statement ought to be the word "approximately." Because the fact is the debt of the American government is so out of control that we are now approximating trillions.

Just a question: Do you have any idea how much a trillion is? It's a big number. It's a really big number. Heck to most of us a million is a big number. Most of us will never see a million dollars that belongs to us in our lifetime. A million dollars is a lot of money to us. But do you know the difference between a million and a trillion? Oh yeah, it's a bunch of zeroes. Let me try to explain it to you by using a little illustration involving time.

A million seconds is eleven days. That's a lot of seconds. It would definitely take up a good deal of your time - eleven days to be exact - to sit and count off a million seconds. But here's the difference between a million and a trillion: a trillion

seconds is 30,000 years. Yeah, that's right, do the math if you can. Now do this math: America is 16 of those in debt.

Fortunately for us, all the nations and entities we owe still accept American dollars as the world standard form of payment. And where do we get the dollars we use to pay them? Tax the rich? Nope. Cut wasteful spending? Wrong again. Know where we get them? We print them. That's right. In order to keep up with our exploding national debt, America has simply printed more money.

The scheme has worked. For now. But understand, it is little more than a government-backed Ponzi scheme. If the day comes - and it certainly could - when the world decides to stop taking our increasingly worthless dollars, America's economy will collapse. That will be a real fiscal cliff.

And a mighty tough fall to survive.

'Veteran Owned Business Week'

Cont. from page 1
Manager of the Knoxville Chamber and U.S. Marine Corps Veteran and keynote speaker Charlie P. Tombras, Jr., President of The Tombras Group and U.S. Army Veteran. Breakout sessions, panel discussions,

a business and education expo, and more are also scheduled for Tuesday.

To learn more about TVBA and the 2013 Business and Education Showcase, visit www.jointvba.org.

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Deadline for submissions is Thursday by noon.

Articles, announcements, photo attachments and cutlines may be submitted by e-mail to staff@knoxfocus.com.

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Keela

"Have you heard the weather forecast?" the gentleman asked me as I was picking out produce at the grocery store. "We're getting snow," he added as he gathered a bag of fruit. A hint of excitement was



By Ralphine Major
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in the air as folks waited for the first snowfall of the season. The next day, mother nature dumped a mixture of snow and ice on East Tennessee.

The mention of snow brought to mind some of Knoxville's most notable snow events. The late eighties brought some huge snowfalls. One came on Valentine's Day and caught schools off guard. Unable to get home safely, many students had to spend a Friday night in school gymnasiums. Another snow fell on April Fool's Day. It was the biggest and only snowfall of the season, but was nearly gone by noon. The ice storm of '82 paralyzed our area and brought daily routines to a standstill. In 1993, power was out for days in a snow billed as the blizzard of the century. People became

stranded on their way home from work, and story after story emerged of stranger helping stranger and neighbor helping neighbor. Our neighbor could not leave his job at the University of Tennessee Medical Center. Since his replacement could not get there, our neighbor stayed and covered the next shift. Wayne, my brother, walked up to his farm in knee-deep snow to care for his animals. He fed and watered the dogs and carried water and feed to the mule in the stall. Tending the cattle required more effort. The pond was frozen. Wayne had to chop the ice with an ax and push the chunks of ice in under the unbroken ice to make a hole so the cattle could drink. Then, he gave them bales of hay to eat.

It is hard to imagine that such simple, delicate snowflakes can cause such chaos. When multiplied by millions, however, they can. But, there is a serene stillness when a snow blankets the ground. Daily

activity slows. When I look out at a new-fallen snow, all seems peaceful and quiet. The recent snow reminded me how it dresses up the winter terrain. Barren tree limbs are covered in lacy white, and the ground sparkles like diamonds.

Even the animals enjoy the snow. Keela was our "snow" dog, and she absolutely loved the snow. The Siberian Husky would romp in the snow for hours. She was truly in her element when the white stuff fell. Huskies are similar to the Alaskan Malamute breed. I was interested to learn that these dogs were bred to be sled dogs, and mother nature gave them a fine layer of hair underneath their coat to protect their skin from the snow. Of all the breeds of dogs that we had, Keela was our first and only husky. She was a precious gift to our family when she was only a few weeks old. We were so honored that our friend chose us to care for this special dog, and we searched for the perfect name—and found it. Keela means beautiful, and that she was. Beautiful and proud described her perfectly. I had forgotten



Picture of Keela enjoying a snow, by Ralphine Major

how small she was when we got her until I saw a picture of our family taking turns holding her. An East Tennessee snowfall provided the background for our pictures with Keela. One night we saw Keela curled up under the security light. She slept on the snow-covered ground all night with snow falling all around.

Wayne remembered a story about Keela. Instead of barking, Keela usually howled. But one night, she barked and barked. It was around ten o'clock and she continued barking ferociously. Our father went to see what was wrong. Keela had a snake cornered. He killed the snake, and she quieted down. Keela grew to be

strong and independent, often distancing herself from our other dogs.

As I finish this column, another snow and ice storm is predicted for our area. In a rare reflection back, I remember a beautiful husky dog who gave us a new appreciation for the snow. Keela would certainly enjoy it!

The Secret of Life

Most people raved about Inaugural performances by Beyonce and Kelly Clarkson, and I thought they both sang inspiring versions of the songs presented, even though some carped about Beyonce's lip-syncing. The truth is that James Taylor's performance resonated the most with me.



By Joe Rector

I searched for his version of "America" on iTunes without success. Instead, I discovered a song. The title is "Secret of Life," and it was recorded in 1977 as part of Taylor's album "JT." However, it's new to me, even though I'm not sure how I missed it for nearly forty years. The jarring impact of the words has made me want to share it with others.

"The secret of life is enjoying the passage of time." The lyrics go on to say that none knows how we got to the top of the hill. Most of us work ourselves into exhaustion in an effort to get ahead. Before we blink an eye, half of life has passed us by. It's then that the realization that we're at the midpoint comes crashing down.

The next lines says, "since we're on the way down, we might as well enjoy the ride." Anyone who is at this point needs to take a breath and make the most of each day of the rest of life. Work is for survival, but at what point does work become one's identity more than a means to an end?

It's difficult for folks to kick back and relax. The daily grind is part of a life for as much as fifty years for some. Lying in the bed and allowing the morning to spread across consciousness instead of having it banged in the ears by an alarm is difficult. Internal clocks wake us up at the same time after a while. Too often, a new day is met with a growl and a frown. The second half of life

should be faced with joy and gratitude and excitement.

Many of us spend the day chasing something to do. To be industrious and productive has been beaten into our psyches for so long that failure to be such leads to guilt. Lounging or playing or having fun isn't allowed. Taylor tells us that as we

slide down, not to try too hard to slide. Isn't it true that most of us tackle fun as if it were a job? Vacations are planned, and each activity must be marked off the to-do list. Leave the list behind and just enjoy each moment.

He adds that "time isn't really time; it's all in your point of view and how you feel about it." I, for one, am glad to hear this. For a long time I've professed to be a 20 year-old trapped in a 60 year-old body. Oh, we all have the aches and pains that accompany aging bodies, but our attitudes should be the same as they've been for years. We need to keep active and young in mind and spirit. That old saying is "you're only as old as you feel" can

Continue on page 4

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FOCUS MORE ON Seymour & South Knox

Valentine's Day Dinner to be held at South Knoxville's Candoro Arts & Heritage Center

The Candoro Marble Building, an architectural treasure located in South Knoxville, will be the setting for Chef Nicholas Drew's special Valentine's Day Dinner in memory of the late Candoro Board of Directors president and restoration architect, Charles Richmond. The four course dinner will be the first in a series of fundraiser dinners. On Thursday, February 14, the romantic and mysterious Italian theme "Carnival of Venice" will feature special music by the Knoxville Symphony Orchestra's Associate Concertmaster, Gordon Tsai. Knoxville Food Tours owner Paula Johnson, chairperson for the dinner series throughout the year, says, "I became involved with Candoro while scouting historic places in and around Knoxville to share with my tour groups. I quickly realized that Candoro is renovating and preserving an unique property. When I discovered they had a dream of having a fundraiser dinner, I saw it as a way I could join in and help out." The building where the dinner will be held is the former Showroom and Office for the Candoro Marble Company, founded

by John Craig whose family began in the marble industry in Knoxville in the 1870s. Designed by architect Charles Barber and built in 1923 in the Beaux Arts style, this building is clad completely in Tennessee marble and some of the rooms feature entire walls and floors of marble. Samuel Yellin of Philadelphia, a leader in the Arts and Crafts architectural movement, designed the impressive iron front doors. The Candoro Marble Company was the largest fabricator of Tennessee Pink Marble during a period in history when all of Knoxville was nicknamed "Marble City" due to its thriving marble industry. "Today the structure serves as the home of Candoro Arts and Heritage Center, a place where art and history come together to enhance our community," says Trudy Monaco, Founder. "Since 2001 when restoration efforts began, the Candoro Marble Building has experienced renewed interest and is once-again becoming the cornerstone of South Knoxville. It is also taking its place alongside other sites of national significance. In 2005 it was placed on the National Register of

Historic places by the US Department of Interior." "Many native Knoxvilleians are unaware that the marble industry was very important in the development of the city," says Johnson. "The restoration of Candoro is vital to the preservation of a part of the city's legacy. Many people from all over the world can be drawn here to learn about Tennessee marble which has been used in monumental buildings all across the country. The goal is to eventually acquire and restore the neighboring fabrication buildings which are part of the original Candoro Marble Works." On Feb. 14, Candoro will open at 6:00 p.m. for drinks and viewing of exhibits related to the marble industry. Dinner will begin at 7:00 p.m. There are two sculptures by the foreman or head sculptor and carver at Candoro, Albert Milani who was from Carrara, Italy, famous for its "white marble" used by Michelangelo in his works. Milani began studying sculpting when he was 9 years old and moved to America with his father when he was 14. They worked in Georgia at the Blue Ridge Marble Company before coming to

Knoxville to work with the Tennessee marble, which has long been esteemed with builders and sculptors for its color and ease in polishing. "This will not only be a unique way to spend Valentine's Day, but the property itself is a fantastic setting for a romantic evening," said Johnson. "The theme, 'Carnival of Venice' contributes a mysterious element to the event... masks are optional!" Upcoming dinners will continue with themes that relate to the historic aspect of the building and property and the preservation of those ideas. A "Bussen" Dinner will be one of the upcoming featured dinners, paying homage to the maternal Italian heritage of the much admired Charles Richmond who said, "Of all the projects I worked on in my life, Candoro was my favorite." Tickets are \$100 per person, and seating is limited. Tickets may be purchased on the candoromarble.org website or by mail. Mail checks to: Candoro Arts & Heritage Center PO Box 9437 Knoxville, TN 37940

Karcher rescinds commitment to TKA

The King's Academy Headmaster Walter Grubb announced last week that former NCAA Division 1 and professional football coach Ken Karcher will not be coming to TKA as head football coach. Just one week ago, Karcher enthusiastically announced his commitment to join TKA. He and his wife, Pauline, were to be on campus February 1, 2013, each to assume new roles with the private boarding and day school in Seymour.

In telephone conversations between Karcher and TKA Athletic Director Marc Weekly throughout the past weekend, Karcher discussed another offer that had been presented to him. Earlier this week, Karcher called Weekly to tell him he would not be coming to TKA. It is believed, but not confirmed, that Karcher has accepted a head football coaching position at a college in Mississippi. The Karchers have two children attending college in Mississippi.

From his home in Saline, Michigan, Karcher released the following statement: "It is with deep regret that our family will not be joining The King's Academy family. We appreciate everything that the school did to accommodate our family. After much prayer and consideration we decided that our current family dynamics require us to pursue other opportunities."

Weekly says the academy will continue to move forward. He added, "We had already engaged in discussions with several other candidates, and we will continue to seek the right person for the job."

Grubb, too, responded to the news optimistically. "There are too many good things happening at The King's Academy for us to be upset by Ken's decision," he said. "We wish the Karchers the best God has planned for them. God is ultimately in control, and we trust Him in these matters."

There are too many good things happening at The King's Academy for us to be upset by Ken's decision. We wish the Karchers the best God has planned for them. God is ultimately in control, and we trust Him in these matters.
Walter Grubb,
Headmaster

The Secret of Life

Cont. from page 3

be a guiding principle as we age.

"The secret of life is in opening of your heart." Maybe this is the key. We love our families. Perhaps the time is here for loving others. The awareness that each of us possesses a piece of God and that each of us is a child, a creation, of that power might help us to love others. For sure, we won't like every individual with whom we have contact, but realizing those common beginnings should help us to offer kindness or a smile to every single

person in our worlds. Our existence on this planet could be much smoother and more enjoyable with a true sharing of love.

I'm behind the curve on this old James Taylor song. Still, discovering it brings lots of happiness. I've bought the iTunes version and have it loaded on my computer and iPhone. Listening to it and saying a prayer are good ways to begin each morning.

By the way, I'll continue looking for that Inaugural song. That original search led to the discovery of some wonderful things.

Q&A

Cindy McGinnis
General Manager KAT

Cont. from page 1

Speaking of resources, what is your vision for the future of KAT?

Well, we currently have a computer aided dispatch automated vehicle locator system where our dispatchers can see all of our buses in real time on a computer screen. Our next employment of technology will impact the passenger more. The passenger, through their cell phone, will be able to receive alerts as to whether their bus will be late or they will know which bus comes next along a particular street. So this

technology will become available once we go through the procurement process and get a vendor in place - sometime later this year.

What's the best part of your job and what's the hardest part of your job?

People and equipment are the best part of my job; people and equipment can be the most frustrating part of my job!

A Very Wonderful Wednesday February 6th, 2013 Colonial Heights United Methodist Church

CHUMC is pleased to announce that **SAM VENABLE** will be the speaker on Feb. 6th for the Wonderful Wednesday program. The program and dinner will be open to the public and we would like to invite you to attend. Donations will be accepted to support the Mission work for our outreach program. To make a reservation please call the Church office at 865-577-2727.



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CNB's 40th Anniversary Cash Giveaway Rules are available at cnbtn.com.

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In the mid-70s, a unique restaurant opened in South Knoxville at the corner of Lancaster Drive and old Davenport (now the corner of Lancaster and Sevier Ave.) offering a variety of home-cooked meals.

In 2002, Sam Tobeacquired The Round-Up to carry on its tradition of excellent food. Within a few months Sam completed significant changes by remodeling the interior and exterior of the business including new, top of the line cooking equipment, new flooring, new serving line, two handicap bathrooms and many other changes. In addition to the improved equipment, Sam uses only the best quality ingredients available to prepare the home-style meals that have been the hallmark of the restaurant.

Over the last 30 years the restaurant has become a South Knox staple and is known for its breakfast, lunch and dinner specialties. There's an everyday breakfast special that includes two eggs- any style, bacon or sausage, biscuits and gravy or toast for only \$3.89. Hot coffee is only \$1.09 with unlimited



PHOTO BY DAN ANDREWS.

Mary Lou, Marianna Corum and Sam Tobeac are waiting to serve you at The Round-Up.

refills. Other breakfast options include eggs, bacon or sausage, biscuits and gravy, pancakes, omelets, country ham, French

toast, and much, much more. For lunch and dinner, patrons enjoy meats and vegetables starting at \$5.99- which include

different specials everyday- all home cooked. Specialties include chicken pot pie, salmon

Continue on page 2



From State Representative Harry Brooks

It's hard to function working out of boxes. But that is exactly what my office has been attempting to do this week. At the end of last week, new office assignments were made, and I moved to room 117 in the War Memorial Building. This move gives me a private office and access to a conference room where I can hold Education Committee planning meetings. It is not unusual to have twenty or more people attending these meetings, thereby necessitating a large meeting space. My assistant, Tara, and interns, Garrett and Jada, have worked very hard to pack us up and make the move. We have unpacked enough to function, but there is still much more to do. Sorry if I haven't returned your email as of yet.

Much of this week has been spent in leadership meetings with other committee chairpersons as we plan for the upcoming resumption of session. There have been some procedural changes enacted for this term limiting the number of bills each legislator is allowed to introduce as well as the number of times a bill can be rolled. This is intended to streamline the legislative process with the intent of completing our work by early May. An early adjournment saves the state of Tennessee financially.

We will be called back into session

Continue on page 4

Enrichment Federal Credit Union Presents Check to Horse Haven TN

On January 24, 2013 Enrichment Federal Credit Union presented a check for \$750 to Horse Haven of Tennessee. Proceeds of the check were from employee fundraising and the number of Pet Pals Savings Accounts opened by credit union members. Horse Haven is a non-profit rescue operation for abused and neglected equine in Tennessee.

The group utilized their resources to rescue animals that have been abused or abandoned and to assist law enforcement in the investigation and eventual conviction of negligent owners. HHT works with the rescued horses to nurse them back to health and socialize them before placing them with new owners. They operate solely on donations from the community and are staffed primarily by volunteers. To find out more about the mission of Horse Haven or to assist them, visit their website at



(L to R) Nina Margetson, HHT Executive Director and Joan, accept the EFCU donation from Katy Jett, EFCU AVP Marketing.

www.horsehaventn.org.

Enrichment Federal Credit Union launched a Pet Pals Savings Club as a way to help pet owners save

for everything from their pet's medical expenses, boarding or grooming costs, food and supplies or even for a new pet. The Pet

Pals program has a unique feature that benefits the community the credit union serves. Through fund raising efforts by the staff and contributions based on the number of new Pet Pals accounts opened, Enrichment FCU makes donations to animal shelters, animal groups, rescue groups and humane societies each quarter. Since the account started, the credit union has donated \$6,000 to area animal groups.

"What a better way to demonstrate the credit union difference," said Katy Jett, AVP Marketing, "not only are we helping our members save for the future needs of their pets, but we are able to give back to rescue groups in our area. Credit unions were founded on the philosophy of 'People Helping People' and with the Pet Pals Savings Club, we are able to assist needy animals to our community."

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New Feature Exhibition celebrates of the 200th Anniversary of the War of 1812

The East Tennessee Historical Society and the Tennessee State Museum are pleased to announce the opening of the traveling exhibition, "Becoming a Volunteer State: Tennessee in the War of 1812," which will be on view at the Museum of East Tennessee History through May 19, 2013. The exhibition commemorates the 200th anniversary of the War of 1812 and the important role Tennessee played in the war.

The War of 1812, fought against Great Britain, culminated in the Battle of New Orleans in January 1815. While this conflict is often overlooked by the American public, it was incredibly important in establishing the American national identity. Some noted historians refer to it as the "second American Revolution," which marked the United States true independence from Britain.

At its conclusion, the war made western lands accessible for settlement, secured the American frontier from Native American uprisings and protected the Mississippi as an avenue for trade and prosperity. The war also gave America one of its most important heroic figures, Andrew Jackson of Tennessee. Jackson eventually rode his success as a military commander all the way to the White House, where the strong presidency he created became a model for American democracy.

"Like Andrew Jackson, other Tennesseans also

played an important role in the War of 1812. They were keenly aware of the danger that Britain posed to America's western security. Tennesseans were among the most ardent 'War Hawks,' clamoring for armed conflict to settle the continuing challenge by Great Britain once and for all," said Curator Myers E. Brown II. On June 18, 1812, after years of escalating tensions between the two countries, the United States declared war on Great Britain.

Two notable events from the War of 1812 are forever etched in the collective consciousness of America's heritage: the British burning of Washington, D.C. when First Lady Dolly Madison saved the portrait of George Washington before she fled the capital, and the writing of the "Star Spangled Banner" by attorney Francis Scott Key during the British attack of Ft. McHenry at Baltimore.

Tennesseans participated in the war against the British and their Indian allies in the Great Lakes area. Then, when the British threatened the Gulf Coast, they helped defeat the British at New Orleans. By the time the war was over several Tennesseans were beginning to emerge as important American figures, including Jackson, David Crockett, Sam Houston, Edmund Gaines (Act of Congress Medal winner), and Sequoyah.

The war in the south was particularly a Tennessee war, waged predominately

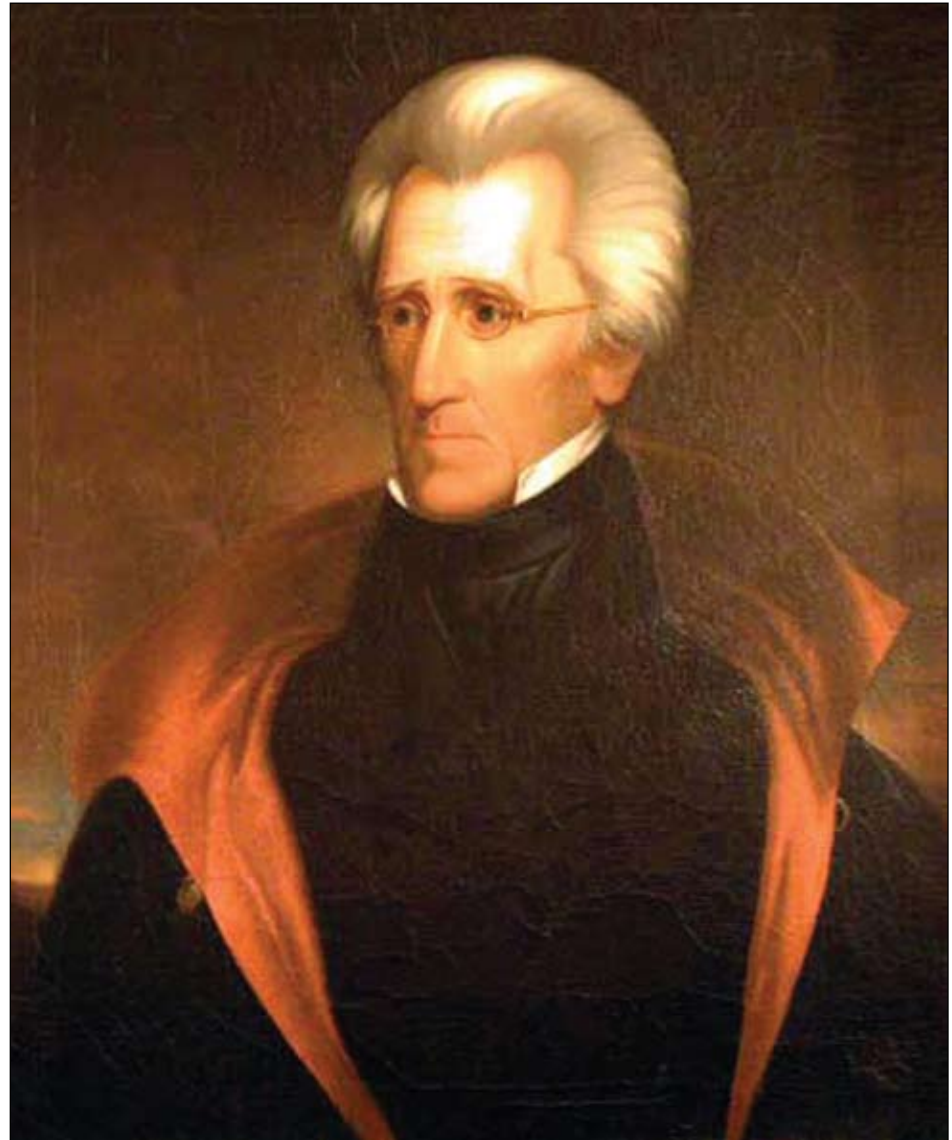
by Tennessee militia, volunteers, or regular army units raised in the state. So many Tennesseans volunteered for service that the state soon began to be known by its now-famous nickname, the "Volunteer State."

The victory at the Battle of New Orleans propelled Andrew Jackson to the White House and established Tennessee at the forefront of American politics.

The State Museum collaborated with five other organizations to develop and produce the exhibition, including The Hermitage: Home of President Andrew Jackson, the Tennessee Historical Society, the State Library & Archives, the East Tennessee Historical Society, and the Tennessee War of 1812 Bicentennial Committee. Important art, portraits, uniforms, weapons and period artifacts from the era, as well as a broad variety of documentary art, maps and illustrations have been selected to recreate a flavor of the times. In conjunction with the exhibition, the museum will take part in several events scheduled in commemoration of the War of 1812:

February 6 – Brown Bag Lecture and Gallery Tour with exhibit curator Myers E. Brown II, at noon at the East Tennessee History Center.

February 18 – "A Presidential Conversation with Jon Meacham" special lecture at the Bijou Theatre. Tickets are on



Portrait of Andrew Jackson by Ralph E. W. Earl, ca. 1837

sale at knoxbijou.com or by calling (865) 684-1200.

March 23– "Revisiting the Creek War of 1813"

The 2nd Tennessee in the War of 1812 Bicentennial Symposium - hosted by the East Tennessee Historical Society with funding from the Middle Tennessee State University Center for Historic Preservation. The symposium will be held at the East Tennessee History Center and will be open to the public.

The three symposium speakers are:

- 9:30-10:15 a.m.: "The Cherokees in the Creek War" by Dr. Susan Abram, West Carolina University
- 10:15-11 a.m.: "Tennessee and the Creek War" by Dr. Tom Kanon, Tennessee State Library and Archives
- 11 a.m. to 11:45: "Rethinking the Significance of the Creek War within the War of 1812" by Dr. Kathryn Braund, Auburn University
- 11:45 to 12:15: Roundtable discussion moderated by Dr. Carroll Van West of the MTSU Center for Historic Preservation.

Continue on page 4



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Cont. from page 1

patties, Polish sausage and beans, hot roast beef sandwiches, flounder, homemade spaghetti, beef tips, beef stew, center cut pork chops, veal Parmesan, steak and gravy, chicken breast, real homemade mashed potatoes, slaw, cornbread, delicious rolls, green beans, carrots, corn, potato salad, broccoli casserole, French fries, and fried okra, just to name a few of the wonderful selections. With a

menu like this where else would you need to dine?

During the winter hours, stop in for a full house with homemade chili and hot tamales for only \$6.29. Every day you can choose a half pound black Angus chopped sirloin steak with two sides for only \$6.99. If catfish is what you want, don't miss Friday's all-you-can-eat catfish for only \$7.19.

If short-order is what you are looking for, the Round-Up also offers a

synonymous with the restaurant, The Wrangler, as well as hamburgers, cheeseburgers and hot-dogs. Hamburgers start at only \$2.99.

Sam has remained true to the original menu, but never misses an opportunity to upgrade the quality and taste of the fare without sacrificing value. And if your mouth isn't watering enough to get you to stop in, the prices can't be beat- especially if you take advantage of one of their weekly

specials.

Give Mama a break from the kitchen. Stop by today. Mama will thank you. Your kids will thank you. Your taste buds will thank you. Sam and the gang welcome everyone. The Round-Up is open 7 a.m. to 6:30 p.m. Monday through Friday, Saturdays 8 a.m. to 4 p.m., and Sundays 9 a.m. to 2 p.m. In a hurry? Then call your order in advance by dialing, 865-577-8981, and your order will be ready when you arrive.

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Carter Glass of Virginia

Pages from the Political Past



By Ray Hill

rayhill865@gmail.com

Rixey Smith, Senator Carter Glass's long-time Secretary, wrote a flattering biography of his boss entitled "Unreconstructed Rebel: Carter Glass" and that Glass certainly was. Indeed, it was President Franklin D. Roosevelt himself who had labeled Glass an "unreconstructed rebel," emphasizing the Virginian's frequent dissents from prevailing public policy.

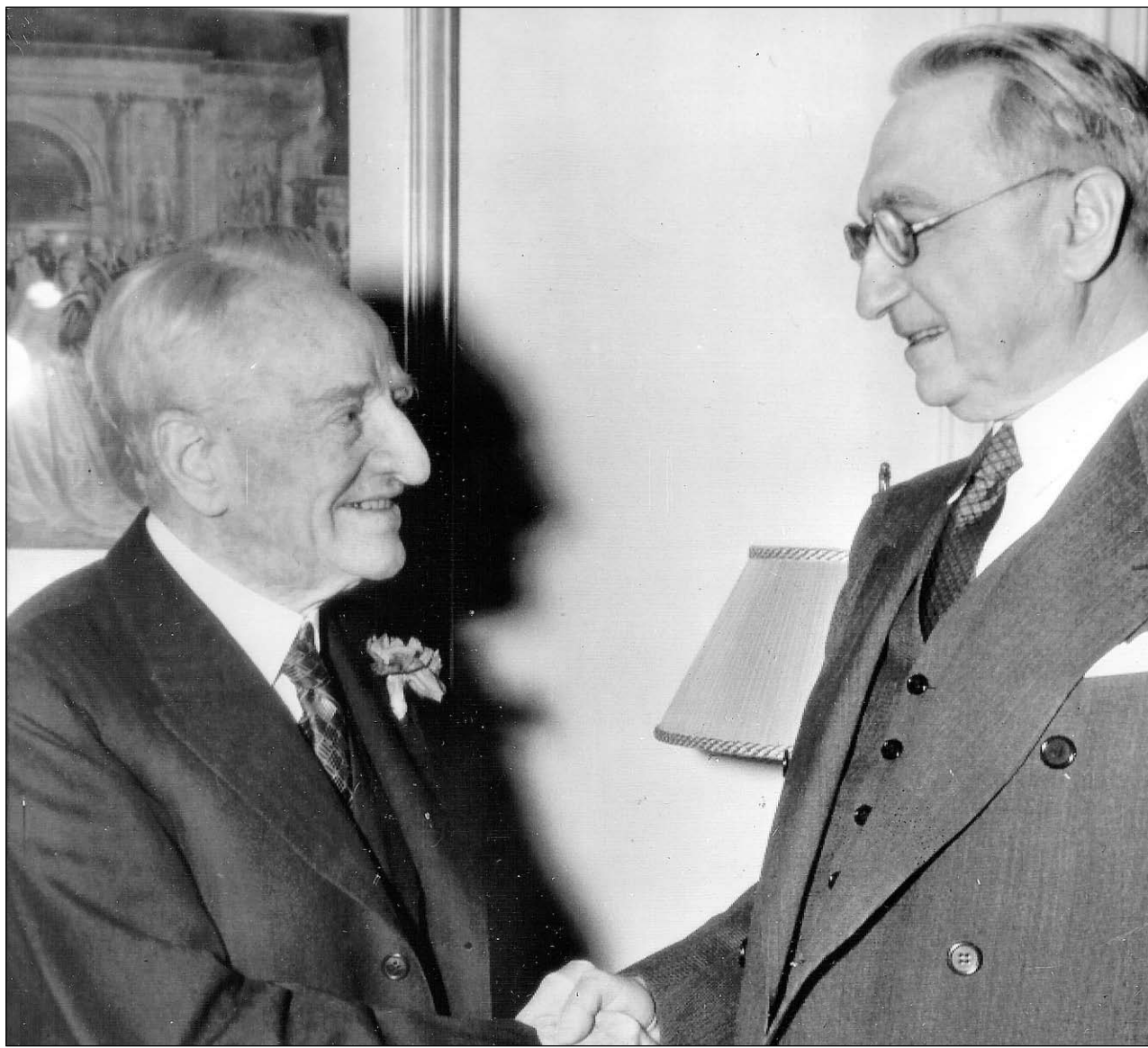
Carter Glass was born on January 4, 1858 and when the Civil War broke out, Glass's newspaper publisher father enlisted on the side of the Confederacy, although the elder Glass had worked hard to prevent Virginia from seceding from the Union. Robert Glass had the good fortune to live through the Civil War, but quite nearly twenty of Carter Glass's relatives on the maternal side of his family did not.

Virginia was left prostrate after the Civil War and the formal education of Carter Glass came to an end at an early age, although he would retain a life-long interest in reading and possessed a remarkable intellectual curiosity. Glass was already working full-time at age thirteen for his father as a printer's assistant. At nineteen, Carter Glass managed to find employment as a clerk for the Atlantic, Mississippi and Ohio Railroad. Glass left the railroad when he finally had the opportunity to work as a reporter for the Lynchburg News. By 1887, Glass was the editor of the paper. One year later, the publisher decided to retire and gave Glass the chance to buy the newspaper. Carter Glass managed to borrow \$100 for the down payment, making him the owner and publisher of his own newspaper.

Glass made a success of his paper; in fact, he soon bought out the other local newspapers in Lynchburg, making his Lynchburg News the only newspaper in town.

Carter Glass was somewhat obsessed on the subject of finances, having seen what Virginia's crushing debt had done to the state. His career in elective politics started in 1899 when he was elected to the Virginia State Senate. Glass was also a delegate to Virginia's Constitutional Convention, where he became one of the leading voices to establish a poll tax, as well as literacy tests.

When Congressman Peter Otey died in office in May of 1902, Carter Glass was elected to fill the vacancy. Glass was regularly reelected by his constituents and by 1913, he was Chairman of the House Banking and Currency Committee. With Senator Robert Owen of



FROM THE AUTHOR'S PERSONAL COLLECTION

Virginia Senator Carter Glass (left) greets Georgia Senator Walter F. George.

Oklahoma, Glass introduced and passed the Glass-Owen Act, which created the Federal Reserve System for the United States.

When Secretary of the Treasury William Gibbs McAdoo resigned in 1918, President Woodrow Wilson appointed Glass as his successor. Glass remained in Wilson's Cabinet until 1920 when Virginia's senior U. S. Senator Thomas Martin died. Glass was appointed to the United States Senate and remained there for the rest of his long life.

In 1923, Glass built an imposing mansion in Lynchburg called "Montview," where he raised prized Jersey cows. Glass also owned another impressive home in Washington, D. C. in the fashionable DuPont Circle area of the nation's Capitol.

With the election of Franklin Delano Roosevelt, the Democrats returned to power and Roosevelt offered Glass his old post as Secretary of the Treasury again. Glass had his doubts about Roosevelt's fiscal policy and turned down the offer, preferring to remain in the Senate. FDR then offered Virginia's other Senator Claude A. Swanson a place in his Cabinet as Secretary of the Navy, an offer which was accepted. Swanson's acceptance of a position in the Roosevelt Cabinet averted what was to have been an epic primary battle between Senator Swanson, a wily politician, and former Governor Harry Flood Byrd. Swanson's resignation allowed Byrd to win a seat in the Senate and the Byrd Organization dominated Virginia's politics for decades. In fact, Byrd himself only left the Senate in 1965 and was succeeded by his son, Harry F. Byrd, Jr. who remained in office until 1983.

Although Harry Byrd's machine ruled Virginia, Carter Glass had no political problems in his native state as he had by that time become something of an icon. Both Senators Glass and Byrd shared many of the same

political views and both soon became opponents of Franklin Roosevelt's New Deal. When the Democrats resumed control of the Senate in 1933, seniority elevated Glass to the Chairmanship of the Senate Appropriations Committee.

Glass did manage to remain productive during the first years of the New Deal, sponsoring with Alabama Congressman Henry B. Steagall the Glass - Steagall Act in 1933. America was still then in the icy grip of the Great Depression and thousands of banks had failed and many depositors had literally lost everything they had; the Glass - Steagall Act created the Federal Deposit Insurance Corporation, which would afford depositors some protection in the future.

The 5'4" Carter Glass remained as scrappy as ever, loudly denouncing the New Deal program in the Senate. When FDR was reelected in 1936 in a landslide, carrying every state but Vermont and Maine, Glass, referring to the huge public expenditures by the New Deal, wryly observed, "It is well nigh impossible to beat a five billion dollar campaign fund."

Senator Glass, a fierce proponent of states' rights, was outraged by President Roosevelt's plan to enlarge the U. S. Supreme Court. Glass made an extraordinary radio address condemning FDR's proposal. Privately, Glass was morose about the prospects of defeating Roosevelt's court packing plan. "I don't imagine for a minute it'll do any good," Glass said, adding, "If the President asked Congress to commit suicide tomorrow they'd do it."

Glass had opposed the Roosevelt administration time and again, voting against the Social Security legislation, as well as the Agriculture Adjustment Act and the National Industrial Recovery Act. Glass registered his opposition to the repeal of prohibition and the Reciprocal Trade Act.

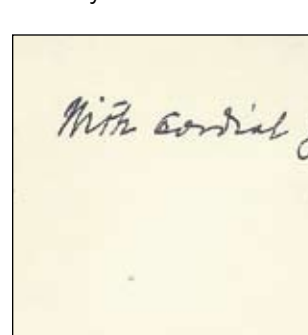
When FDR sought an unprecedented third term in 1940, Carter Glass was bitterly opposed to the idea. The ailing Glass actually appeared at the Democratic National Convention and placed in nomination the name of James A. Farley, FDR's Postmaster General. Farley, a Catholic who had dreams of succeeding FDR or perhaps becoming the vice presidential nominee on a ticket with Tennessee's Cordell Hull, was a curious choice to receive Glass's support. However, FDR was easily renominated.

One of the few New Deal projects Carter Glass did support was the Tennessee Valley Authority. The ranking member of the Senate Appropriations Committee was Tennessee's Senator Kenneth McKellar. Glass and McKellar were good friends and as Glass's health deteriorated, his absences from the Senate were increasingly prolonged, leaving McKellar to do much of the Appropriations Committee work.

In 1937, Glass's wife Augusta died and a daughter of the same name followed not long thereafter. Senator Glass did find some personal happiness when he remarried in 1940 to Mary Scott. The eighty-two year old Virginian and his second wife were constant companions and there was some question as to precisely how much

the new Mrs. Glass managed to influence the senator. Glass had sold the mansion on DuPont Circle and he and Mrs. Glass lived in an apartment at Washington's luxurious Mayflower Hotel.

Despite his age and serious health problems, Glass was a candidate for reelection in 1942 and Virginia sent him back to the Senate at age eighty-four. The fact Virginia would reelect him at that time is all the more remarkable as Glass had stopped attending sessions of the Senate that same year. The Senate



allowed Carter Glass to take the oath of office at his Lynchburg, Virginia home, which he did while wearing his slippers. He was never to appear on the Senate floor again.

Periodically there would be press releases and pronouncements from the Glass Senate office or through Mrs. Glass, but whether they were instigated at the request of Senator Glass is unknown. Glass remained inside his Mayflower Hotel apartment and occasionally there were muted questions about his ability to continue to serve in the Senate. Like Mrs. Woodrow Wilson following President Wilson's stroke in 1919, Mrs. Carter Glass became the gatekeeper to her husband's inner sanctum and few visitors were allowed to actually see the

senator.

Finally a professor at a women's college wrote a column suggesting it was time for Carter Glass to resign so that Virginia could have two working senators. One Virginia newspaper printed the column and published an editorial on the subject stating, "It is plainly the duty of Mrs. Carter Glass to make it clear to her husband that his age and physical condition disbar him from further duty in the Senate and to prevail on him to tender his resignation..."

Other Virginia newspapers, including many that had staunchly supported Senator Glass over the years, announced they too believed the time had come for Glass to resign. Senator Glass's eldest son, Able Powell Glass, ran the Lynchburg paper and published the discussion about his father's illness and the calls for resignation without making a single comment.

Glass not only refused to resign from the Senate, but also remained Chairman of the Appropriations Committee as well as President Pro Tempore. Glass's office finally announced he would not try to succeed himself as the Senate's President Pro Tempore, a post which was then filled by Tennessee's Senator K. D. McKellar. McKellar was also Chairman of the Appropriations Committee in all but name. Still, Mrs. Glass insisted Carter Glass would not resign.

When faced with the commentary from Virginia, Mrs. Glass snapped, "No comment!"

Allen Drury, then a young reporter for the Associated Press, wrote in his diary,

"...from the guarded suite... through whose doors no outsider has passed in many months to see what lies within, has come the usual answer. Mrs. Glass has replied for the Senator. The suggestion will not be considered."

Reports circulated that finally the matter of resigning from the Senate was broached with Senator Glass himself who allegedly replied with a firm, "No."

Carter Glass remained in the United States Senate until his death on May 28, 1946 at age 88. The Glass mansion in Lynchburg was eventually sold and is presently a museum on the grounds of the late Jerry Falwell's Liberty University.

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Fashion show to benefit at-risk youth

Attention fashionistas - fashion will take the runway for a good cause during a unique event on Feb. 9.

Project Runaway, a fashion show to benefit at-risk youth, will begin at 7 p.m. at the Foundry, with local designers presenting their thrift store recreations. Prior to designing their recreations, each of the designers participated in a preliminary shopping trip to choose two clothing items from an area KARM Thrift Store. Then, they were asked to deconstruct the clothing items and recreate them into a fashionable outfit to present on the runway.

"The designers' creativity has already amazed us," said Donna Morris, Child & Family Tennessee Director of Grants Management and Resource Development. "Anyone who is interested in fashion will not want to miss this event."

In addition, local boutiques will present their newest collections on the runway. These items will be available for purchase from the boutiques' booths that will be set up throughout the Foundry. Event goers will also be treated to a performance by a live band and free hors d'oeuvres. A cash bar will be available throughout the event. Tickets are \$25; student tickets are available for \$10 (a valid student ID is required). All of the funds raised will benefit Child & Family Tennessee's Runaway Shelter.

"The community has come together to make this event outstanding," Morris said. "We couldn't make this event successful without the support of Marc Nelson Denim, Knoxville Fashion Week, Gage Talent, KARM Thrift Stores and so many others."

Additional partners for the event include Children's Hospital, Morris Creative Group and the University of Tennessee's sororities.

Limited space is still available for vendors. For more information, contact Donna Morris at 865-524-7483, ext. 270 or dmorris@child-family.org.

Focus on the Law

Social Security in 2013

By Sharon Frankenberg
Attorney at Law

A bit of good news if you are one of the nearly 62 million Americans who receive monthly Social Security and Supplemental Security Income benefits. The Social Security Administration has announced that there will be a 1.7 percent benefit increase for 2013. This is to adjust for an increase in your annual cost of living. Social Security beneficiaries will receive their increased benefit starting this month. More than 8 million Supplemental Security Income beneficiaries will receive their increased payments beginning on December 31, 2012. The bad news is that increases in your Medicare premiums may well offset any raise in benefits you are scheduled to receive.

It is a very good idea to keep up with your Social Security account status to look for errors and to plan for your financial future. You can review your information online by setting up an account on the Social Security Administration's website <https://secure.ssa.gov/RIL/SiView.do>. The homepage of www.ssa.gov has a tremendous amount of resources including forms to apply for Social Security Disability benefits and other assistance programs available through Social Security.

While I am on the subject of Social Security, let me give a brief overview of the two different disability programs administered. Social Security disability benefits are available to qualified individuals under the retirement age who have paid into the Social Security program and are now totally disabled. You pay into the program through FICA deductions usually taken out by your employer. Generally speaking, to be found disabled you must be unable to do any substantial work because of your medical condition and this condition must have lasted (or



The Focus would like to welcome new columnist Sharon Frankenberg. Sharon is an experienced attorney licensed in Tennessee since 1988. She is a sole practitioner who handles foreclosures, evictions, probate, collections and general civil matters. She represents Social Security disability claimants and represents creditors in bankruptcy proceedings. Her office is in Knoxville and she may be reached at (865)539-2100.

be expected to last) at least one year or be expected to result in your death.

If you are disabled and have not worked enough to qualify for Social Security disability or if your Social Security payments are below a certain amount, you may be eligible for the second program, Supplemental Security Income (often referred to as "SSI"). This program is also available for children who are suffering from a physical or mental condition that would prevent an adult from working. The Supplemental Security Income program considers the amount of financial resources that may be available to you when it determines if you may collect benefits under this program. A single person may have no more than \$2,000 in resources and a married person may

have no more than \$3,000 in resources available to them and still qualify to receive Supplemental Security Income.

You do not have to have an attorney represent you when you apply for Social Security Disability or Supplemental Security Income benefits. You can do this yourself if you wish. If your application is denied, you can continue on your own or you can hire an attorney or a claims representative to help you appeal the denial. With certain exceptions, the fee that you will have to pay is limited by law to no more than 25% of your disability award or \$6,000 whichever is lower. The appeals process can take many months or even years to complete but many people do eventually receive benefits so do not give up.

New Feature Exhibition

Continued from page 2

On the afternoon of March 23, several Knoxville heritage sites will have special programs on the War of 1812.

"Becoming a Volunteer State: Tennessee in

the War of 1812" is sponsored locally by the East Tennessee Historical Society and will be on view at the Museum of East Tennessee History, 601 S. Gay Street, Knoxville, until May 19, 2013.

From State Representative Harry Brooks

Cont. from page 1

Monday, January 28th. For the first few weeks we will meet three times per week (Monday, Wednesday, and Thursday). The remainder of our time will be spent in committee meetings, as each legislator serves on at least two committees. As part of our January 28th meeting, we will join with the Senate for Governor Haslam's State of the State Address. At this time, we anticipate that he will outline his vision for the state and his legislative agenda. He has stated that education will be a priority, and I look

forward to what he will have to say.

A third person has been assigned to work with me. Her position is House Education Research Analyst. As her title suggests, she will thoroughly research all education proposals and ideas and report back to the Education Committee. A native of Brentwood, she is a graduate of LSU where she majored in political science. She proudly said she was a product of Tennessee public schools from grades K - 12. Her name is Jennie Verner, and you will hear more about her in the future.

As I write this, for the second week in a row, East Tennessee is under a winter storm watch. I urge you to be safe, stay warm, and be aware of those who might need your help. Please keep Mary and me in your thoughts and prayers as we travel weekly from Knoxville to Nashville and back. If you need to contact me, my office number is 615-741-6879 or by email at rep.harry.brooks@capitol.tn.gov or if you would like to receive updates by email you can sign up at www.capitol.tn.gov/lyris/h19s.html. It is an honor to be your representative.

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Tennessee Heritage



The Summitt Legacy: A Personal Perspective

By Tasha Mahurin
mahurint@knoxfocus.com

One can't properly pen a series about the heritage of the University of Tennessee's athletics program without paying tribute to Lady Vols basketball Coach Pat Summitt. I began this series with a goal to highlight unsung heroes from the University's past; however, Summitt's legacy extends far beyond this journalist's earnest efforts towards continuity and fairly insists upon acknowledgement.

Her record as head coach includes eight NCAA Championships and 32 combined Southeastern Conference titles. For nearly 40 years, she dominated the basketball court, earning her the title of winningest coach in NCAA basketball history in both the men's and women's division. In 2000, she was honored as the Naismith Basketball Coach of the Century. Sporting News ranked her #11 on its list of the "50 Greatest Coaches of All Time" in 2009. Summitt was the only woman to make this list.

In 38 years, she never had a losing season and the accolades continued upon her retirement. In 2012, she was awarded the Presidential Medal of Freedom by President Barack Obama and received the Arthur Ashe Courage Award at the 2012 ESPY Awards.

As a sports enthusiast, I am in awe of her triumph on the court and her status in the record books. As a human being, I believe her accomplishments in the arena are a byproduct of her character, which includes her unwavering commitment to excellence, her dogged determination, and her indomitable spirit.

I attended a fundraiser Summitt hosted at her home on the bank of the Tennessee River in honor of her mother Hazel Head shortly after my second child was born. Mrs. Head told me of her daughter: "She's consistent and a hard worker- we taught her that. As a child, she didn't miss a day of school and always attended church." Admittedly, those words were a bit lost on me at the time. As a young wife and new mother-of-two, I couldn't recall whether or not I had brushed my teeth that morning and this sweet lady wanted to discuss consistency?

Later that afternoon, Coach Summitt inquired as to whether the month-old baby I held in my arms was yet sleeping through the night. To which I replied: "Not. at. all."

Without a hint of empathy in her voice, she looked at me with those steely blue eyes and said matter-of-factly: "I know it's better when they do, but you WILL get through it."

Without another word, she turned on her heel and walked away.

Anyone else would have offended me at that time, in my ragged, sleep-deprived state, but that brief exchange gave me the courage to persevere through the challenges of early motherhood.

I am but one of thousands whose life has been touched in some way by the powerhouse that is Pat Summitt. While her resume is unparalleled and her winning record the very definition of success, her legacy lies in her innate ability to coach not just the game of basketball on which she has left a profound and indelible mark... but also the game of life.

Lady Panthers win on Eighth Grade Night

By Ken Lay

Powell Middle School's girls basketball team celebrated its eighth grade night with a 34-22 victory over Cedar Bluff Thursday night at Powell.

The Lady Panthers took control early as they used a tenacious defense and grabbed some timely rebounds.

Powell was in control from the outset. The Lady Panthers, despite a slow start, opened a 7-2 lead by first quarter's end.

Powell and the Lady Panthers slugged through a second stanza where the two squads played evenly. The Lady Panthers were ahead 13-8 at the break before both teams doubled their respective offensive outputs in the third quarter.

Staley Hansen scored 10 points to pace the Lady Panthers, who led 26-16 by the end of the third quarter.

Cedar Bluff, which managed to score just six points over the final six minutes, got 10 points from Abbey Cornelius. Sydney Bailey added six.

Powell's offensive attack was balanced. Karsten Miller and Haley Schubert scored five points each. Haley Crowe and Donna Raby added five points apiece.

Big second half propels Falcons over Gibbs

By Ken Lay

Fulton High School's boys basketball team turned up the defense Tuesday night en route to notching a crucial District 3-AA home victory.

For two quarters, the Falcons were locked in a dogfight with rival Gibbs.

Then Fulton, which held a four-point halftime lead, turned up the defensive pressure and cruised to a 70-46 victory over the Eagles at Jody Wright Arena.

The Falcons (14-6 overall, 8-1 in the district) clung to a 28-24 lead at the break before blowing open a close contest.

"Gibbs is a good bunch and they can really scare you to death," Falcons coach Jody Wright said. "They're a tough team and they're really disciplined.

"We were able to stop penetration [in the second half].

Continue on page 2

Tony Jones Enjoying the Small Things of Life in Alcoa

By Curtis Trotter

The transition from the high school level to the collegiate level in the coaching ranks is considered by many to be one tough road. But for former University of Tennessee Associate Head basketball coach Tony Jones, taking the road from college back down to the high school ranks seems to be a true blessing. After serving in orange for six seasons at UT under Bruce Pearl, Jones landed

just south of Knoxville at a high school most football teams won't even schedule. Alcoa, known for its grid-iron play, saw its basketball team go 30-6 last season under Jones to make its first appearance in the state tournament since 2006. With the new excitement buzzing around the Tornado campus after such a great run in Jones's first season, one may wonder just where this new mentor may place Alcoa in

'hoop talk circles.' Jones told *The Focus* that the transition has been one of excitement and clarity.

"It was tough coming from that upper level of play. I looked at it first as competitor against a competitor from a different level. When you look at these young men, and know that you are touching their lives in some way, then it all made sense. It's something that I have been blessed to do all my life,"

Jones continued. "Another reason was the opportunity to get back in the classroom to experience the joy of teaching young kid's again."

Jones went straight to work this season with a heavily weighted schedule that had his team playing in Holiday tournaments that featured some of the state's best teams.

Jones likes what he sees in this season's squad.

"We left a couple (wins)

out there on the table. We lost to Bearden and Catholic in overtime. A lay-up would have beat Bearden, who I think is the best team in this area. The main situation for us is the 'evolving' that is happening. I had nine players come straight from the football team. It took a while for them to get their skill set to basketball," Jones added.

"The next few games will be very pivotal for us with some key district match

ups. Then you add the non-district games with Fulton and Maryville to the mix and it gets real tough."

Jones works along side some well known and liked assistants himself. "Having Joel Kirk and Trey Sewell on the staff here at Alcoa has been a huge asset to the program. Those guys know the landscape of Alcoa. Both of them played here and love the school. They really facilitate what we are

Continue on page 2

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Fourth-quarter spurt lifts Powell past Giants

By Ken Lay

Powell Middle School boys basketball coach Darin Courtney knew his team would have to pass a stiff test when Cedar Bluff came calling Thursday night.

The Panthers got what they expected but had enough to stage a fourth-quarter comeback in a 45-34 victory over the Giants on eighth grade night in Powell.

"They're a really solid group," Courtney said of the Giants. "They scored 67 points on a good Northwest team.

"We knew that we had to play well and we had to be up for this one. It was nip and tuck all the way."

This contest was tight throughout but the Panthers, who trailed 28-27 heading to the fourth quarter, erupted in the fourth quarter. Powell (17-1 overall, 11-0 in the Knox County Middle School Basketball Conference) outscored the

Giants 18-6 over the final six minutes to notch the victory. The win enabled the Panthers to keep their perfect conference record intact.

Powell point guard Amari Rodgers scored 11 of his game-high 19 points in the final stanza.

The Panthers, who overcame an early 9-4 deficit, took the lead for good early in the fourth quarter when Tanner Kesterson hit a pair of free throws with 5 minutes, 33 seconds remaining in the game. Rodgers hit two foul shots a short time later to make it 31-28.

Powell extended its lead to 35-28 on shots by Reilly Hamilton and Rodgers.

From there, the Panthers would cruise. The Giants (6-9, 4-7) pulled to within 35-30 on free throws from Brendan Winton.

In the end, however, Powell had too much firepower for the Giants.

Cedar Bluff coach Rande Sibley, despite a tough loss, couldn't find much to complain about.

"These kids play hard and I'm really proud of them," he said. "This is a tough team and they haven't lost [a conference] game in a couple of years.

"This is the nicest gym in Knox County but it's a tough place to play."

After the game, Sibley turned his attention to the upcoming James A. Ivey, Jr. Memorial Basketball Tournament, which opens Feb. 1.

"Maybe we'll see these guys again and hopefully, we can put out a little better effort," he said. "I think we can be a tough out for anybody."

The Giants certainly proved that they can't be taken lightly.

Dakota McGowan paced Cedar Bluff with 11 points and hit three 3-point shots. Winton added 10.

Hamilton scored 12 points for the Panthers, who went 9-for-11 from the foul line in the fourth quarter. Kesterson finished with 10 for Powell, which led 23-16 at halftime.

Israel honored: Powell honored longtime basketball coach Ernie Israel Thursday before the boys game. The lobby and trophy case were dedicated to the longtime coach who led the Panthers for 27 seasons.

Between 1975-2002, Israel led the Panthers to two tournament titles (1977, 83) and four regular-season championships (1977-1979 and in 1988).

"I'm just happy for our eighth graders and I was glad that Ernie Israel was here," Courtney said. "They don't come any better than him.

"In 11 years of coaching at Powell, I've never heard anybody say a bad word about him."

Fisher 'disappointed' after Fulton's lopsided win

By Ken Lay

Despite watching his team come away with a lopsided victory, Fulton High School girls basketball coach John Fisher wasn't happy.

"I'm disappointed with our effort," Fisher said after the Lady Falcons routed Gibbs 62-32 Tuesday night in a District 3-AA contest at Jody Wright Arena. "I'm disappointed with our whole effort.

"Give Gibbs credit. They had a good game plan."

Fisher had plenty to be upset about as he watched the Lady Eagles dominate the offensive boards early in the contest. On one sequence, Gibbs grabbed five consecutive rebounds.

The Lady Eagles, however, couldn't score on that possession.

"We addressed that at halftime," Fisher said of his squad's lack of rebounding. "That's all I'm going to say about that."

The Lady Falcons (16-3 overall, 8-1 overall) obviously didn't post their best effort. They did, however, lead 12-6 at the end of the opening quarter before extending their advantage to 25-13 at halftime.

Fulton had four players score in double figures. Nataya Roller and Jayda Johnson each scored 13 points. Victoria Griffin added 12 points (all in the second half) and Moneisha Thomas finished with 12.

And despite their rebounding woes, the Lady Falcons held Gibbs to just six field goals in the contest.

The Lady Eagles, who went 20-for-32 from the free throw line to keep things relatively close, got three field goals from Karri Byrd. Brittany Blankenship, Ashlyne Wallen and Elizabeth Allen each made single shots.

Byrd and Haley Cavalaris had eight points apiece for Gibbs, which trailed 39-13 after three quarters. Cavalaris was 7-for-8 from the foul line after halftime.

Greene scores 25 off the bench to lead Bulldogs

By Ken Lay

Bearden High School basketball player Sam Greene found himself in a strange place Wednesday night.

But that didn't seem to matter at the end of the evening as Greene, who normally occupies a spot in the Bulldogs' starting lineup, came off the bench.

On this night, Greene came off the bench to score 25 points and lead Bearden to a hard-fought 71-62 victory over William Blount in a District 4-AAA contest at Bearden High School.

"The bench is a great motivator," Greene said after providing the punch that led the Bulldogs.

"Coach [Mark] Blevins was

trying to get me and [starting guard] Adarius [Wilson] to practice harder."

Wilson, normally a starter, came off the bench and showed that he got a message as he scored seven points.

Greene will probably step it up in practice but he was definitely unstoppable against the Governors Wednesday night. He wasted little time making an impact. He announced his presence by scoring seven points in the first quarter.

"Coach challenged us and I always want to make a quick impact," Greene said. "William Blount is a good team and they match up well against us."

The Governors (7-15 overall, 2-9 in the district) were

definitely ready Wednesday night. William Blount used the 3-point shot to keep things close. The Governors hit 10 shots from beyond the arc and trailed 34-30 at halftime.

"We had to win a tough game [at William Blount earlier in the season]," Blevins said. "They're a tough matchup for us because they have five guards on the floor."

Bearden (20-2, 9-1) opened a 19-13 lead in the first quarter and never relinquished its advantage. The contest, however, was filled with plenty of anxious moments for the home team.

The Bulldogs built a nine-point lead three times only to see the Governors battle

back and use long-range jumpers to get back in the game.

Further complicating things for Bearden was the fact that senior center Brady Smith found himself in foul trouble. Smith was whistled for an illegal screen late in the second quarter. That was his third foul. He picked up his fourth with 1:59 remaining in the third quarter.

That left an opportunity for senior Jordon McLendon, who responded with a big fourth quarter. McLendon scored the first five points of the final frame. He converted a 3-point play and had a putback to give the Bulldogs a 54-43 lead with 7 minutes, 4 seconds left. He finished with seven

points.

"Jordon did a good job tonight," Blevins said. "This was his first night back. He'd been out since Christmas.

"Everybody did their job and we had to have that. Sam had his best offensive game of the season. It [the bench] is [a motivator] for some players."

Greene led the way but received plenty of help from his supporting cast. Smith overcame his foul trouble to score 13 points. Jack Graham scored all 10 of his points in the first half and Austin Duncan had a buzzer beater in the first quarter to

give Bearden the six-point edge that it enjoyed at that juncture.

"It was a great 20th win for us," Greene said.

Reed Daniels lead the Governors with 19 points, including four 3-pointers. Jaden Bailey added 18 points and hit two 3-pointers. Austin Haworth finished with 15 and had four long-range jumpers. His last 3-pointer came midway through the final frame and pulled William Blount to within 58-48.

Big second half propels Falcons over Gibbs

Cont. from page 1

This was progress. We want to get a little better every day."

The Eagles (14-7, 4-5) were able to keep things interesting early in the third quarter and pulled to within 33-30 midway through the frame before Fulton all but put things away by closing the quarter with an 18-6 surge.

Gibbs first-year head coach Timmy Meade said he was upbeat after the opening 16 minutes.

"I felt pretty good at halftime when we were only down by four points," Meade said. "Then with four minutes left in the third quarter, we got [the deficit] down to three.

"Then I looked up and we were down by about 20. That's what you get when you play a Jody Wright [coached] team. They play some tough defense. In the first half, nobody scored a lot of points. But it wasn't bad offense. Both teams just played great defense."

While the Falcons picked up the defensive intensity, they got an offensive lift from freshman guard Kentel Williams. Williams scored 14 of his game-high 18 points after halftime.

"Kentel played really well," Wright said. "He's getting better and he has a bright future in basketball."

Williams, who played on Fulton's Class 4A State Championship football team made his debut on the hardwood last month against the Eagles and has steadily improved, according to Wright.

Williams provided the biggest and most potent offensive punch but he received plenty of help from a talented supporting cast.

Micah Goss scored 15 points. Blake Golden added 12 and Bryan Smith finished with eight for the Falcons, who opened a 51-36 lead by third quarter's end.

Jay Cade scored 17 points to lead the Eagles and Hunter Hopson added 11.



Photo by Bonnie Cox.
Tony Jones with assistant coaches Joel Kirk and Trey Sewell.

Tony Jones Enjoying the Small Things of Life in Alcoa

Cont. from page 1

trying to do. We couldn't be where we were last year without them. They were a big part in that 30-6 season last year," Jones said.

Jones seemed to most enjoy the smaller things that come with the smaller venue of high school hoop action. "I enjoy the intimacy and yet the fragilnous of the high school game. When you are

in college, it's all big business really. Those players are trying to get to the next level. It's more me, me, me. In high school it's a little more pedestrian. I enjoy walking the hallways and having that young kid spot you and say, 'Hey coach. You are doing a great job.' What a feeling that is," Jones said.

The Jones family may have just found a new home right here in

the foothills of the Smoky Mountains. Jones will watch his second daughter graduate from the University of Tennessee in May.

"This is home for now. I've been blessed to work for a great University and an outstanding high school community all during the last six years. I have gained a lot of friendships to last a lifetime.

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Panthers Celebrate 2012 Football Season

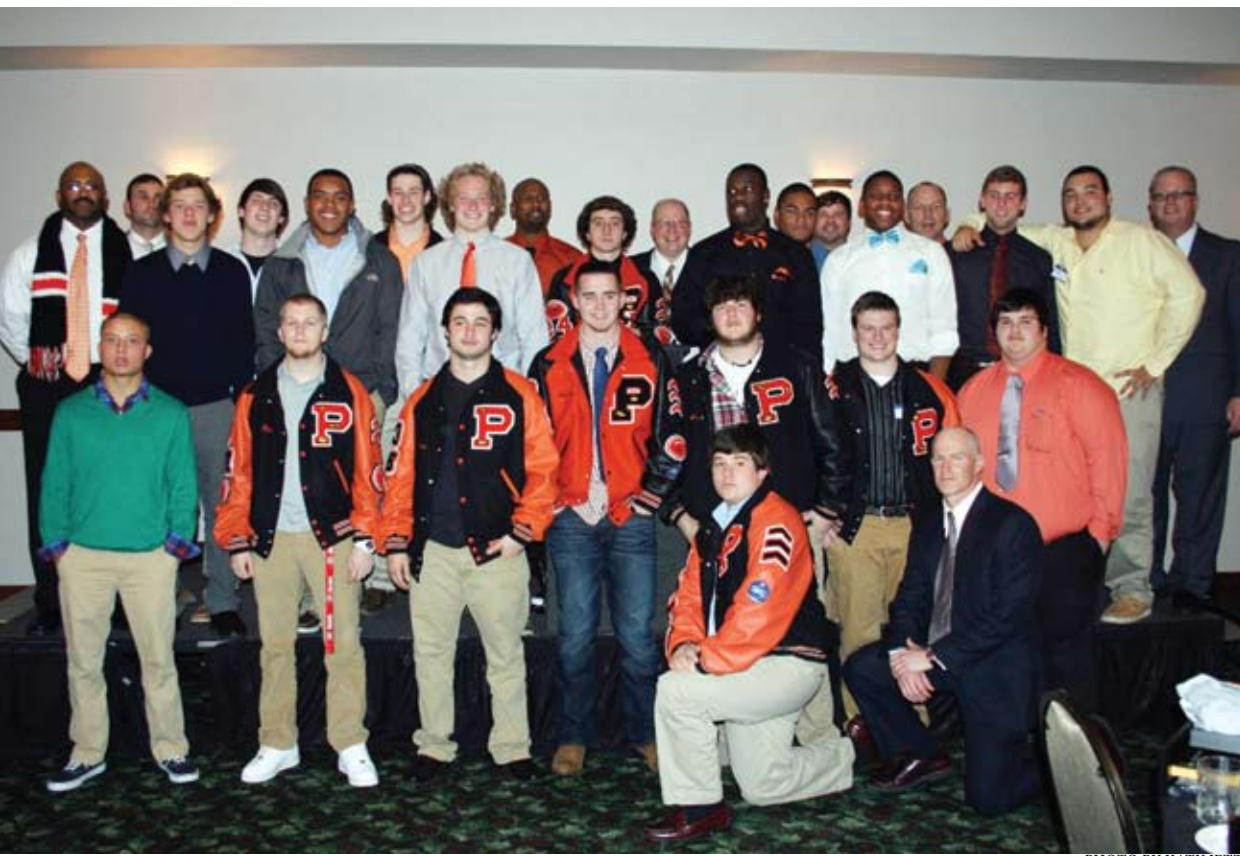


PHOTO BY KATY JETT

The 2012/2013 senior class of Powell High Football poses together for the last time, along with several Panther coaches, after the annual football banquet last Saturday night at Rothchilds. This group of seniors accumulated an incredible record of 37-4 in its 3 varsity seasons.

By Bill Mynatt, Radio Voice of Powell Panther Football on AM 620 WRJZ
PowellFootballRadioVoice@yahoo.com

A large crowd helped the Powell High School football team celebrate another outstanding football season last Saturday night, as the Powell Touchdown Club sponsored the annual Powell High Football Banquet. Some 300 guests attended the event, held at Rothchild's.

The event, emceed by team Pastor Jim Branch, recognized the Panther's 2012 season that ended in a semifinal loss at Columbia Central. Special

recognition was given to the senior class. That group's 3 varsity seasons resulted in a 37-4 record – an unprecedented run in Powell High football history.

Panther players who were voted to the All District 3AAA team were also recognized. Those players were:

Shar'ron Moore
Hagen Owenby
Montario Washington
Jon Strozky
Anthony Rivera
Devin Scott
Jacob Anderson
Marcus Weaver
Dalton Long
Tyshawn Gardin
Austin Rogers.
Senior Cody Jett was

named as Powell's representative on the District 3AAA All Academic Team.

Four of those players – Owenby, Strozky, Scott, and Moore – were also recognized for being named to the Associated Press Class 5A All State Team.

Awards presented at the banquet went to:

The Jett Scholarship - Brody Huskey
The Butler Family Scholarship - Cody Jett

Freshmen Team awards, voted on by the players:
Freshman Academic Award - Dalton Jett
Sophomore Academic

Award - Peyton Smiley
Junior Academic Award - Collin Sharp
Senior Academic Award - Cody Jett
Freshman Team Lineman Award - Keegan Loy
Freshman Team Skill

Continue on page 4

Big second half helps Bearden avenge loss

By Ken Lay

It was a case of sweet revenge Wednesday night for the Bearden High School girls basketball team and what started as a tight District 4-AAA contest ended in a blow-out as the Lady Bulldogs routed William Blount 48-23 at Bearden High School.

Things were close early as the Lady Governors held an 8-7 lead after the first quarter.

Bearden had its early struggles but managed to do just enough to take an 18-14 lead by halftime.

But the Lady Bulldogs didn't let William Blount hang around long in the second half. Bearden (16-4 overall, 9-1 in District 4-AAA) outscored the Lady Governors 17-3 in the third quarter to put the game out of reach and avenge its lone district loss of the season.

William Blount (11-14, 5-6) won the earlier meeting 56-49. On this night, however, it was the Lady Bulldogs' defense that stole the show as Bearden's Olivia Pfeifer kept William Blount's Haley Talbott in check.

"We talked at halftime about not looking mentally sharp," Bearden coach Justin Underwood said. "We addressed that and I was really proud of the girls for their effort.

"For us, Olivia Pfeifer did a good job on Talbott. She hit six threes the last time."

Talbott was hot early. She scored eight points and hit a pair of long-range jumpers in the first 16 minutes before being completely stifled after the break. She was William Blount's leading scorer despite being silenced after halftime.

Bearden, which has won nine consecutive district games, had no problem scoring after halftime.

Lady Bulldogs guard Erin Walsh scored 10 of her game-high 15 points after halftime and Pfeifer coupled her stellar defensive effort with 10 points. Tyler Carter added nine points for Bearden, which opened a 35-17 advantage by the end of the third stanza.

William Blount, which has dropped six of its last 10 league contests, was held to just nine second-half points.

The victory enabled the Lady Bulldogs to keep their share of first place in the district.

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a

Offensive Player of the Year Award - Hagen



In the late 17th century the English philosopher John Locke wrote a treatise on what would become known as the “social contract.” In his paper Locke influenced many Enlightenment thinkers, including Thomas Jefferson who wrote our Declaration of Independence. Jefferson echoed Locke stating, “governments are instituted of men deriving their just powers from the consent of the governed.” Both men believed that humans “are endowed by the Creator with certain unalienable Rights.” We are more familiar with Jefferson’s stirring words in the Declaration of Independence where he states that governments are to protect a citizen’s “Life, Liberty and the pursuit of Happiness.” How challenging to realize

that a hundred years before Jefferson, Locke argued that a government's function is to protect a citizen's "life, liberty, and his *property*."

No, this column is not Civics 101, but for our civic health perhaps we citizens need to rethink why we have government, the notion of *rights*, and who is the arbiter of these rights.

I am not free to do whatever I please. I am not free to walk around naked – it would be especially problematic in the winter and I've observed that most my age look better with clothes than without! And I'm not free to use abusive language or drive 100 miles an hour down Kingston Pike. I surrender some of my rights so I can live harmoniously in community with others. But

what if others did not obey the laws that we all collectively agree upon, and what if some are treated differently under the law?

It is obvious to most of us that black people were not treated fairly in the past, and that Jim Crow laws of the south were odious and racist. Fortunately, leaders such as Martin Luther King struggled to have those policies removed. We are more sensitive to the abuses of the past and hopefully stand up against injustice when we now encounter it. Racism usually stems from ignorance and multilevel impoverishment. Dr. King would be horrified to see how racism and outright class warfare are being used by our current leaders for political gain.

There is another form of bigotry that I want you to be sensitive to and you may not have considered. It's called ageism – the inequitable treatment of someone solely because they are old. I emphasize *physical age* more than chronological age when I treat patients. I've had patients whose bodies are worn out at fifty years old and others who are going strong in their nineties. Look at the vigor rather than the number!

Not too long ago this perspective was presented to the President, but his response was unenlightened. The sandlot black baseball player, Satchel Page, once quipped, "How old would you be if you didn't know how old you are?" I didn't realize that Mr. Page was a sage!

We hear a lot these days about our Bill of Rights, particularly the first and second amendments to the Constitution. These fundamental rights were put into the operating agreement of our republic principally to protect every citizen against the tyranny of big government. Because our Founders had the foresight to guarantee my rights under law, I can write this column, own a shotgun, and worship where ever I choose – at least for a little while longer. A television host on CNN has recently observed that our Constitution is antiquated and irrelevant. Perhaps it is for him because he's not an American. If we want to change our Constitution (the operating agreement between citizens and the government) there is a well defined mechanism for doing so. We have done it twenty-seven times over the two hundred and thirty-six years of our representative

republic. I just object to *contract* changes done by judicial fiat or executive order.

Another freedom is that of conscience and it is a challenge to tyranny. This was true in Socrates' day, during the Roman Empire, and in Tiananmen Square as the young man faced his government's tanks. Even today free men are threatened and told to be silent. They are told to obey company policies or a President even if his directives violate the 1st amendment. I learned recently that state and local police officers swear to protect and defend the Constitution. Will these officers be in jeopardy if they refuse an order from an over reaching executive branch that is in their mind unconstitutional?

I'd like to think that people are just sorting out for themselves what is right. We all have our biases and promote our own positions. But I believe something else is operative in this current era. Citizens have become fearful of their government. Some plead ignorance of wrong, or make excuses and argue that they're just following orders. However, those arguments didn't work at the Nuremberg trials or with Lt. Calley after

the My Lai massacre.

A lot of doctors have become resigned to the new order and shrug their shoulders in helpless resignation. I believe our profession is in danger of losing its moral high ground of *caring* for our patients. We cannot as a matter of conscience accept ageism or any unconstitutional dictate. Perhaps resignation and a lack of caring is the 21st century zeitgeist (mood) of America. A recent Gallop poll found that only 39% of Americans were optimistic about our country's future. I admit that I am sometimes dispirited, but I refuse to accept what is wrong or bend a knee to Baal.

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.



*Do you have a question for
Dr. Ferguson?
Please e-mail him at
fergusonj@knoxfocus.com.*

Motivational speaker/author leads free workshop at Pellissippi State

Tennova Healthcare welcomes Upinder Dhand, MD, Neurologist, to the medical staff at Physicians Regional Medical Center. Dr. Dhand has joined the Tennova Neurology Group and is in practice with Michael Meyer, MD.

Dr. Dhand specializes in neurology, neuromuscular medicine and electromyography. She received her medical degree from the Medical College Amritsar in Punjab, India, one of the oldest medical education institutes in India. She completed her residency at the University of Chicago in Illinois.

Dr. Dhand is accepting new patients. For appointments call (865) 647-3330.

The Tennova Sleep
Centers are pleased to
Continued on page 4



Most of us have habitual patterns and distractions that keep us from being the best we can be. Local motivational speaker and author Terry Schofield has researched many facets of self-improvement, and he is a firm believer in the power of changing habits.

Schofield shares his knowledge in a workshop on Tuesday, Jan. 29, at Pellissippi State Community College's Magnolia Avenue Campus. Workshop hours are 2-3 p.m.

“Motives, Intent, Habits, Desires and Their Influence on Interpersonal Relationships” is a one-hour event that is free and open to the public. Schofield will base the discussion on his newest book, “Distractions—Why We Do What We Do.” Attendees will learn techniques for recognizing and changing personal habits and distractions.

Schofield, co-author of "The Measures of a Complete Life," has conducted seminars across the U.S. and internationally on human performance and relationship training, organizational interrelationships, and diversity. A native of Knoxville, he earned a Bachelor of Arts from Knoxville College and a Master of Divinity from Emmanuel Christian Seminary. Schofield is currently pursuing a Ph.D. in clinical psychology.

Pellissippi State's Magnolia Avenue Campus is located at 1610 E. Magnolia Ave. Free parking is available.

For additional information, visit www.pstcc.edu or call (865) 694-6400. To request accommodations for a disability, contact the executive director of Human Resources at (865) 694-6607 or humanresources@pstcc.edu.



Terry Schofield

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The purpose of life



By Mark Brackney,
Minister of the
Arlington Church
of Christ

I heard the story recently about a woman from California who scored a perfect 1600 on the SAT. She went on and became the first person to score 8000, a perfect score, on the University of California Entrance Exam. She attended Harvard and no doubt did well in her collegiate studies. Due to her remarkable intelligence, she was asked, "What is the meaning of life?" Her response was, "I have no clue." This just shows that there is a difference between intelligence and wisdom. You might be incredibly smart, but this doesn't mean you know everything or even the most important thing.

The Westminster Catechism states that "the purpose of life is to glorify God and enjoy Him forever." The sooner one learns this, the more fulfilling and rewarding one's life will be. When my final

breath is breathed, I want no regrets. I don't want to wonder if my life has produced what God wanted from it. But can you know for sure if you are doing what God wants for your life?

The things that occupy much of our thinking revolve around career, education, marriage, family, friends, free time, what house we live in and what car we drive. Faithful followers of God in the Bible did all kinds of things, from being Kings and Queens to being fisherman and begging lepers. These followers of God came from all walks of life and with varying backgrounds and family situations. I think this shows us that God is not as concerned about the things that consume our attention as He is about the heart.

Instead of asking, "What is God's will for my life," we need to ask a better question, "Am I walking in God's moral will?" If you are walking in the light of Jesus and obeying His commands, it doesn't matter what job you have, where you live, what you drive, or how educated you are. God

can and does use people from all walks of life who listen to Him and do what He asks.

On the night of his betrayal and arrest, Jesus spoke these words to His disciples. "If you love me, you will obey what I command...Whoever has my commands and obeys them, he is the one who loves me. He who loves me will be loved by my Father, and I too will love him and show myself to him" (John 14:15, 21).

Let us all commit to knowing God's moral will. The only way to know this, is by reading the Word of God, the Bible. Make time for daily study of the most important words you could ever read. There are many good books, but only one that really matters; only one that reveals godly wisdom. Also, take time to thank God for revealing His moral will for our lives. Instead of worrying about all the external stuff about life, start focusing on what really matters, the internal and spiritual. I believe once you do that, you will have peace and contentment in all the other stuff.

Maryville Vineyard Church Writers' Workshop Publishes Book

It would be easy to lose hope when chronic illness leads to disability. But when Polio put Phyllis Dolislager at a crossroads, she chose to restart her life and career.

Now with eight books to her name, she's sharing the joy of writing with others.

In Fall 2012, Dolislager led a writers' workshop that was open to the public and hosted at Maryville Vineyard Church, 713 William Blount Dr.

Attendees were encouraged to write about experiences growing up, family legends, and life-changing events. They were also challenged to write a 91-word memoir. The workshop provided direction, critique, and methods for recalling distant memories.

The result of the workshop is a book

titled "Lives & Legacies: Stories from the Vine" which can be purchased for \$10 at Maryville Vineyard Church and on Amazon by visiting <http://amzn.to/WBuwe8>

"You don't have to be a millionaire to leave a legacy." This saying is not only on the back cover of the book, but seems to be it's theme as well. Often, we focus on the material items that can be left to family and friends. However, "Lives & Legacies" reminds us to focus on sharing our personal experiences and life lessons as well.

Proceeds from the sale of "Lives & Legacies: Stories from the Vine" will benefit the benevolence fund of Maryville Vineyard Church. A second writers workshop is planned for the Summer of 2013.

Academy's Bible Training Center Offers Old Testament Courses

Dr. Mark Martin, Director of the Bible Training Center on the campus of Harrison-Chilhowee Baptist Academy/The King's Academy in Seymour, announces the BTC spring semester course will be Old Testament Survey I. The class meets Saturday mornings from 8:30 a.m. to 12:00 p.m., starting January 26 and concluding March 16.

This class, open to the public, will include a survey of the historical and cultural background of the Old Testament, the Pentateuch (Genesis through

Deuteronomy), and the books known as the Former Prophets (Joshua, Judges, 1 and 2 Samuel, and 1 and 2 Kings). The class meets in the Clark Library on the campus which is located at 202 Smothers Road in Seymour. New students may complete application forms for both admission and financial aid at the first class.

The cost for the course is \$175 plus books. For more information call the academy at (865) 573-8321 or Dr. Martin at (865) 748-1000.

Church Happenings

Beaver Ridge United Methodist Church

Beaver Ridge United Methodist Church, 7753 Oak Ridge Hwy (The Church With A Heart In The Heart of Karns) is starting a new series of DivorceCare on Wednesday, February 6 through April 10. Meetings will be in the Church Library starting at 6:30 - 8:30 p.m. The course is FREE and open to all. For more information call the church office 690-1060 or go to www.beaverridgeumc.com.

Christus Victor Lutheran Church

Christus Victor Lutheran Church has announced that Lutheran Boot Camp will be the topic for Adult Bible Class in a ten-week series beginning Sunday, Feb. 3. "Everything you wanted to know about Lutheranism" will be held Sunday mornings at 10:30 a.m. at Christus Victor Lutheran Church, 4110 Central Ave Pike. Everyone is invited to attend. For more information call the church office at 687-6622.

Colonial Heights United Methodist Church

CHUMC is very pleased to announce that Sam Venable will be the speaker on February 6 for the Wonderful Wednesday program. The program

and dinner will be open to the public. Donations will be accepted to support the Mission work for the outreach program. To make a reservation please call the Church office at 865-577-2727.

First Lutheran Church

55 Alive, First Lutheran Church's senior group, will meet at noon on February 14, Valentine's Day. A hot meal will be served. The speaker will be Ruth Blackwell, recently appointed Principal of the First Lutheran School. She'll tell her hopes and dreams for the school's future. Everyone is invited. A hot meal is \$6.50 and reservations are requested. For information, call 524-0366 before noon. The church is located at 1207

N. Broadway.

Glenwood Baptist Church of Powell

Glenwood Baptist Church of Powell, 7212 Central Ave. Pike, is opening the John 5 Food Pantry some Fridays in February, 9:30-11:15 a.m. To make an appointment, call (865)938-2611 or leave a message.

Knoxville Fellowship Luncheon

The Knoxville Fellowship Luncheon (KFL) will meet January 29, 2013 at the Golden Corral on Clinton Highway, at noon. Janette Lowe will be the guest speaker.

Mount Harmony Baptist Church

A Benefit Singing will be held Sunday, February 3

at 6:00 p.m. The benefit singing is to help Joann Dobbins. A love offering will be taken up to help Joann. The Church is located at 819 Raccoon Valley Rd NE, Heiskell, TN

Seymour United Methodist Church

"Divine Rhythm" - the young adults version of Resurrection - meets in Mill's Auditorium in Gatlinburg February 1-3. Contact either Pastor or Michelle Hurton for information and details. Next Sunday, Feb. 3 will offer the sacrament of Holy Communion at both worship services, as well as the opportunity for special donations for our local CROSS Ministries. Looking ahead, Feb. 18 - 20th is Convocation - the annual Holston clergy gathering for continuing education and fellowship - at the Lake Junaluska, NC Retreat Center. Don't forget that there is still time and it is NEVER too late for your stewardship commitment for the 2013 calendar year.

South Knoxville Church of God

The South Knoxville Church of God will have its annual "Love Banquet" on February 10. Join us for morning worship at 10:45 a.m. and then share a free lunch. The menu will consist of chopped steak and gravy, mashed potatoes, green beans, roll, drink and dessert. The South Knoxville community is invited to come and fellowship!

Sunday School is at 9:45 a.m., followed by our Morning Praise and Worship service at 10:45 a.m. Sunday Evening service is at 6 p.m. Our Adult Bible study is on Wednesday nights at 7 p.m. in our fellowship hall, with light refreshments available during this service. Our GZ students meet at the "Barn" on Wednesdays at 6 p.m. for 6th through the 12th grades. The children's Kid Zone meets at 7 p.m. on Wednesday's for grades K-5th.

The South Knoxville Church of God is located at 5623 Magazine Road.

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Sunday Evening Worship 6:00 p.m.
Wednesday Evening Prayer 7:00 p.m.
Wednesday Evening Youth 7:00 p.m.
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Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

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ANTIQUES & COLLECTIBLES

Live crowd ‘whoops’ the internet

Last Saturday's afternoon auction with both audience and live internet bidders was a big surprise at Fountain City Auction! The playing field is usually 50-50 as to internet winning bids compared to attendees, yet last Saturday was a much different story indeed.



By Carl Sloan

Fountain City's live auctions as the buyer's premium is half that of an internet bidder plus there are no shipping charges. You also have the opportunity to personally inspect and handle items first hand instead of squinting at images on your monitor.

On these online auctions, bidders from the US and overseas are able to register, compete and have their items shipped. The multitudes who auction online tend to be specialists in their field of interest.

For this auction, the internet had the opportunity to pre-bid for over three weeks. Some took advantage of this and bid up to the maximum amount while others just registered and waited for the live sale.

By the auction date, the internet site showed 108 registered bidders with over half of the lots pre-bid on.

However, the 50 or so in attendance took them down to a level that I have never witnessed before. The locals did their homework by inspecting the items on preview day and researching their values. They also brought their laptops and tablets to check on the internet audience. The crowd laid waste to the web bidders to a ratio of 75% floor 25% internet with the high value items flying off the block.

Typically after one of these sales we call for our shipper to bring their box truck to pick up items to be shipped to the web winners. This time, I will be delivering them myself in my Honda Accord. Does that tell you how big a shift this auction was?

It certainly pays to attend

squinting at images on your monitor.

Fountain City Auction features images of every item blown up on the 16' screen by a projector so that every floor participant can view items just as up close then you have a real edge on your side. I can't say how proud that I am that you folks took the ball and ran with it with knowledge and confidence that you too can compete knowing the facts and many cases even better that what can be portrayed virtually.

As a contractor for Fountain City Auction producing the internet venues and local acquisitions I can honestly say it's the best auction house anywhere that I know and proud to call it home. Fountain City Auction treats folks fair and right and will certainly make you feel at home.

As always, I am available to help on a professional basis with any questions that you may have for items that you are interested in selling or just wish to understand more about at no cost.

You may schedule an appointment for a home visit or items brought by the gallery simply by calling (865)604-3468. I give assessments and authentications for free with respect towards my community and to share my knowledge of over 35 years handling antiques, fine arts and collectibles. Weekend appointments are available.

of the 7th District are invited to attend to discuss any neighborhood concerns or Knox County issues. Many Knox County Department Managers will be in attendance to answer questions. For questions or information, call Larry Smith at 922-5433.

GFWC Ossoli Circle meeting
GFWC Ossoli Circle – LEADERSHIP DAY: Coffee, 9:45 a.m. Monday, January 28, Ossoli Clubhouse, 2511 Kingston Pike, "A Reflection on Leadership" by Dr. Joe Johnson at 10:30 a.m., "A Unique View of Leadership" by Mayor Madeline Rogero at 11:30 a.m.

Homeownership Workshop
The Knoxville Area Urban League is hosting an all-day Homeownership Workshop on Saturday, February 2, 2013, from 9 a.m. to 5 p.m. The workshop, which is open

to anyone preparing to purchase their first home, covers the details involved in selecting, purchasing, financing and maintaining a home and meets all requirements for FHA loans. \$20 training fee. Info: 865-524-5511; www.thekaul.org.

Job Workshop
The Knoxville Area Urban League is holding a workshop: "A Hands-on Look at Internet Job Searches," on Thursday, Jan. 31, 2013, 9-11 a.m., 1514 East Fifth Avenue, Knoxville, TN 37917.

There is no cost to attend but space is limited. To register or for more information, call 865-524-5511.

Mental Illness support group meeting
Knoxville National Alliance on Mental Illness (NAMI) Support Groups for Adults with Mental Illness & Family Members/Friends of Individuals with Mental Illness will hold two separate group meetings 1st and 3rd Monday of every month 6:30 p.m. - 7:30 p.m. at 901 E. Summit Hill Drive (Fort Hill Building - First Floor) Knoxville, TN 37915

Contact: namiknox.org or 865-602-7807

Stop Smoking Classes
A series of five smoking cessation classes will begin on Monday, January 28 at 6:30 p.m. at the Knoxville First Seventh-day Adventist Church, 3611 Kingston Pike, Knoxville, TN 37919. The classes will continue on February 4, 11, 18 and 25, and will focus on the steps smokers can take to become smoke-free. The classes will be taught by Andrew Denney, PTA and Health Coach. The

classes are open to the public and the cost is \$10 per person; scholarships and child care are available upon request. Registration is required.

Participants are encouraged to attend all five classes. For more information and to register, visit knoxvillein-step.com or contact Kimberly Crider at 865.264.3894. The class is sponsored by InStep for Life Health Ministries and the Knoxville First Seventh-day Adventist Church.

House to Home



Winners of the contest were Nola Van Lieu, Tabitha Shope, Missy Jeffers and Kerri Passmore.

Lucky Ladies win ‘Change My Life’

By Sarah Baker
bakers@knoxfocus.com

On Saturday, January 12, Paradigm Salon rewarded the four winners of their Change My Life Contest. The Salon had asked customers to nominate people in the community they felt had overcome great obstacles to win a complete makeover. Each winner has a different personal story. Two are dealing with terminal illnesses, another has overcome extreme personal hardship, and another transformed herself by losing well over 100 pounds.

Winners received manicures, pedicures, hairstyling, and make-up. Then they were picked up at the salon in a limousine donated by Bliss Limousine Service and

taken to Corryton Church. At the church, they each were presented with gift baskets loaded with goodies including dinner gift certificates donated by Don Gallo Mexican Grill, Olive Garden, Bel Air Grill, Makino and movie tickets donated by Carmike Cinemas.

After the presentation, Brooke Craig spoke to the ladies about her faith in God and how it helped her turn her life around after drug addiction.

Gina Whitman, owner of Paradigm, said, "The Change My Life Contest is about hoping to change someone's life from the inside out by giving them a makeover and a testimony about how a young girl was on drugs and nothing else helped until she found the Lord."

Bachelor Auction to benefit Friends of Literacy

By Sarah Baker
bakers@knoxfocus.com

The 2013 Friends of Literacy Bachelor Auction will take place on February 8th at Rothchild Catering and Conference Center. The VIP reception will take place at 6:30 and includes champagne and extra mingling time. General admission includes food, a cash bar, and mingling time. The auction actually begins at 8pm with WVLT's

Lauren Davis acting as emcee and Dino Cartwright acting as auctioneer. VIP tickets are \$60 and general admission tickets are \$35 in advance and \$45 at the door.

Well over twenty bachelors of all ages are up for auction. A few of the bachelors are familiar faces around Knoxville including WATE reporter Josh Ault and Mike Strange, sports writer and regular guest on Sports Source. "I'm so excited to

participate in the Friends of Literacy Bachelor Auction this year," said Ault, "I know the organization does a great job in helping people learn vital skills for their lives. I'm just hoping someone will spend a lot of money on me, so we can continue to see Friends of Literacy grow."

Each of the highest bidders will win a date with her bachelor and many of the dates are much more

Continue on page 4

ANNOUNCEMENTS

AARP February Driver Safety Classes

For registration information about these and all other classes, please call Carolyn Rambo 584-9964.

February classes are:
2/6 & 2/7 9 to 1 Oak Ridge Senior Center, 728 Emory Valley Road, Oak Ridge

2/9 & 2/16 9 to 1 Our Savior Lutheran Church, 2717 Buffalo Trail, Morristown

2/14 (1 Day) 9 to 5 East TN Medical Group (ETMG), 266 Joule Street, Alcoa

2/23 (1 Day) 9 to 5 Rodgersville Senior Center, 497 Main Street, Rodgersville

District 7 Commissioner's Quarterly Night Out

Knox County Commissioner R. Larry Smith will host a Commissioner's Quarterly Night Out on Thursday, February 7 from 5:30 – 7 p.m. at the Powell Library on Emory Road. All concerned citizens

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Buttercream Cake

Cake:
 2 cups sugar
 ½ cup butter
 ½ cup oil
 5 eggs, separated
 1 tsp baking soda
 1 cup buttermilk
 2 cups flour
 1 cup angel-flake coconut
 1 tsp vanilla
Icing:
 12oz cream cheese
 ¾ cup butter
 1 lb confectioner's sugar
 1 ½ cup chopped pecans
 1 tsp vanilla

Cream sugar, butter and oil. Add egg yolks, one at a time, beating after each addition.

Stir soda into buttermilk. Add buttermilk alternately with flour to batter. Fold in coconut.

Beat egg whites until stiff and fold into mixture. Add vanilla.

Pour into three greased and floured (9") pans. Bake in a preheated oven at 350° for 25 minutes. Cool cake layers before icing.

Icing: Cream together cream cheese and butter. Add sifted confectioners sugar gradually. Add pecans and vanilla.

Four-Cheese Quiche

½ C. Swiss Cheese
 ½ C. sharp Cheddar Cheese
 ½ C. Mozzarella Cheese
 1/2 C. ricotta cheese, whole milk
 5 whole eggs
 ½ tsp salt
 ½ tsp celery seed
 1 t. dried basil
 ¾ cup milk
 1 t. dill
 1 t. chives
 ½ t. thyme
 pie pastry for a single crust

Preheat oven to 375. Sprinkle pastry shell with water and bake for 10 minutes in preheating oven until lightly golden.

Place all four cheeses into a bowl and blend together with your hands, then spread cheese mixture into shell. Beat eggs with milk and spices in the same bowl and pour the mixture over cheese.

Place quiche in oven with a cookie sheet underneath to catch drips and immediately turn oven temperature down to 325. Bake for 35 minutes or center is springy, but not runny. A fork inserted into the middle of the quiche should come out clean.



Josh Ault will be one of the participating bachelors in next month's auction.

Bachelor Auction to benefit Friends of Literacy

Cont. from page 3

interesting than dinner and a movie. One bachelor is going to take his date fly-fishing and another is taking his date flying in his plane. Another bachelor David Yarnell, 51, is a retired air traffic controller. "A friend called and told me they were needing men in my age group," he said, "I wasn't certain at first, but thought it would be fun. It's a little out of my comfort zone, but how many times do you get to do something like this? I'm looking forward to a good time; plus, it's for a good cause. I'd encourage fun, single women to come and be prepared to have a blast!"

Friends of Literacy works

in partnership with area adult education providers to help provide basic education and life-skill training so that citizens can become better workers, parents, and citizens. For more information about the auction or to go ahead and order your tickets, visit www.friendsofliteracy.org or call 549-7007.

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BONDED & LICENSED

Tennova welcomes Dhand, Nabi

Cont. from page 1

announce the arrival of Syed Nabi, MD, who will see patients at North Knoxville Medical Center, Turkey Creek Medical Center and Tennova Ambulatory Care Center South.

Dr. Nabi has joined Tranquility Sleep Specialists, PLC, headed by Dewey McWhirter, MD. Dr.

McWhirter has been with the Tennova Sleep Centers for five years, two of them as medical director of the facilities. In addition, Ashley Brezina, FNP-C, sees patients at all the Tennova Sleep Centers.

Dr. Nabi was previously affiliated with four sleep centers in the Salt Lake City area before coming to

Knoxville. He is board certified in both sleep medicine and internal medicine, but will only practice sleep medicine for Tennova, treating adults and children. Dr. Nabi is very committed to educating clinicians and patients on sleep disorders and their treatments, and currently serves on the Education

Board of the American Sleep and Breathing Academy. Dr. Nabi lives in west Knoxville with his wife, Kirin, and their three children.

To schedule an appointment at any of the Tennova Sleep Center locations, please call (865) 647-5337.

CLASSIFIEDS

LEGAL NOTICE

PUBLIC NOTICE:

Metropolitan Planning Commission Request for Qualifications

The Knoxville/Knox County Metropolitan Planning Commission is soliciting qualifications from firms, joint ventures, and/or partnerships to collect traffic count data at approximately 140 locations in Anderson, Blount, Loudon and Knox counties. The traffic count data is part of an annual program used to determine roadway average daily traffic, and thus must be collected for a minimum of a full 24-hour weekday at each location.

Qualifications are due to the Knoxville/Knox County MPC, c/o Michael Conger, 400 Main Street, Suite 403, Knoxville, TN 37902 no later than 4:00 p.m. EST on Friday, February 15, 2013. Responses should be clearly marked Request for Qualifications: Traffic Count Data Collection.

More information regarding the project and Request for Qualifications (RFQ) can be obtained from the MPC website at: <http://www.knoxmpc.org/rfq/traffic/count13rfq.pdf> or by calling (865) 215-2500.

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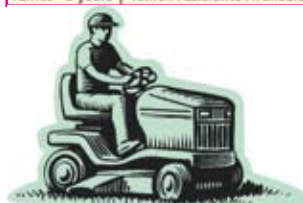
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