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GIBBS GOES TO STATE



PHOTO BY JAMES SPEARS.

The Gibbs High student body came out in full force last Monday night. The Eagles used a boost from their boisterous fans and notched a 54-53 victory over Elizabethton. The victory clinched Gibbs' first State Tournament appearance since 1987. See Ken Lay's story on C1.

FOCUS Weekly Poll*

Most elected offices in Knox County are term limited to two consecutive terms.

Do you support term limits for Knox County School Board members?

YES 85.22%
NO 14.78%

Survey conducted

Match 7, 2013.

* Focus Weekly Polls are conducted by an independent, professional polling company.

City, County work together to aide South Knox businesses

By Tasha Mahurin
Tasha@knoxfocus.com

South Knoxville businesses were sent reeling after an announcement earlier this year that the reopening Henley Street Bridge would be delayed until February 2014, a full six months past its original estimated completion date.

Knox County Mayor Tim Burchett responded promptly and quickly wrote to state lawmakers in Nashville requesting tax relief for the affected businesses, while Commissioner Mike Brown urged Knox County Commission to draft a resolution echoing the mayor's request.

Likewise, Vice Mayor Nick Pavlis, who represents South Knoxville on City Council, scheduled a meeting with State Senator Becky Massey and the Urban Wilderness Arts & Trade District to discuss challenges faced by the business community due to the bridge's closure, as well as, possible solutions.

Last week Knox County Mayor Tim Burchett and Knoxville Mayor Madeline Rogero joined forces in an effort to aid the struggling business community. Mayor Rogero, along with Vice Mayor Nick Pavlis, announced a \$20,000 grant from the city of Knoxville to help marketing and promotion efforts for the area.



PHOTO BY DAN ANDREWS.

Vice Mayor Nick Pavlis, Commissioner Mike Brown and Knoxville Mayor Madeline Rogero unveiled one of eight new signs that will help direct shoppers to South Knoxville.

"We want to be sure we're helping merchants now, and also for the future," said Pavlis, who represents South Knoxville on City Council. "By investing in marketing and promotions, we're going to address both short-term and long-term needs for

South Knoxville businesses."

Mayor Rogero invited Knox County Mayor Tim Burchett to match the City's grant, and he has pledged that Knox County will also contribute \$20,000 to the marketing and promotions effort.

The City and County funds will be directed through the nonprofit Legacy Parks Foundation, which will serve as the fiscal agent and work with South Knoxville businesses to develop a marketing

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**Knox
Countians
Favor Term
Limits for
School
Board**

By Focus Staff

By a large majority, Knox County voters favor term limits for the members of the Knox County Board of Education.

This week's Knoxville Focus poll posed the question: "Most elected offices in Knox County are limited to two consecutive terms. Do you support term limits for Knox County school board members?"

A resounding 85.22% say they believe Board of Education members should be limited to two terms.

The districts posting the highest majorities in favor of term limits were the Ninth District (South Knoxville) and the Fifth (the Town of Farragut and surrounding areas). In South Knoxville, almost 94% of likely voters said they believe the Board of Education should be limited to two terms. Inside the Fifth District, almost 90% of likely voters felt the same way.

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Focus on the Law

Chapter 7 Bankruptcy (Pt1)

This week I would like to provide you with an introduction to Chapter 7 bankruptcy. "Chapter 7" refers to that chapter of the United States Bankruptcy Code which governs the liquidation type of bankruptcy. Liquidation is the sale of a debtor's non-exempt property and the distribution of the proceeds to creditors. Individuals, partnerships and corporations may file for relief under chapter 7 but only individuals may be granted a discharge. A discharge means that you have no further liability for certain debts. "One of the primary purposes of bankruptcy is to discharge certain debts to give an honest individual debtor a 'fresh start.'" See, www.uscourts.gov/FederalCourts/Bankruptcy. The majority of Chapter 7 cases result in a discharge of debts but some types of debts are not discharged.

A case is started by filing a petition with the bankruptcy court serving the area where the debtor lives. In East Tennessee, the bankruptcy courts are



By Sharon Frankenberg,
Attorney at Law

located in Greeneville, Knoxville, Chattanooga and Winchester. A husband and wife may file a joint bankruptcy petition or may file individually. In addition to the petition, the debtor must also file the following with the court: (1) schedules of assets and liabilities; (2) a schedule of current income and expenditures; (3) a statement of financial affairs; and (4) a schedule of executor contracts and unexpired leases. Debtors must provide a copy of their most recent tax return. If most of the debts owed by the debtor are consumer debts, the debtor must also file a certificate of consumer credit counseling, a copy of any debt repayment plan developed through credit counseling, evidence of payment from employers, a statement of monthly net income, any increase in income or expenses anticipated after filing and a record of any interest debtor may have in qualified education or tuition accounts.

Debtor must pay a \$245 case filing fee, a \$46 miscellaneous

administrative fee and a \$15 trustee surcharge. If filing a joint petition, only one filing fee, administrative fee and trustee surcharge must be paid. The failure to pay these fees may result in your case being dismissed. There are many other documents which will need to be prepared and filed as well including a monthly budget, list of exempt property and lists of all assets, debts and creditors. Some of these forms are available on the internet for various fees and some for free; however, this is a highly technical area of law and you would be much more successful if you consult an attorney who practices bankruptcy law. Legal advice regarding your situation can be invaluable in filing only when it is appropriate for your particular situation.

Obviously, this article does not cover every issue which might arise. Contact an attorney to get advice and assistance with your unique situation. Next week I will cover the different kinds of debts, what happens to liens in Chapter 7 and which debts may be discharged.

Follicle Follies

I'll watch most anything on television, at least for a few minutes. Very little of what I view is offensive enough to make me change the channel or turn the set off. However, some commercials irk me to the point that I want to yell profanities at the screen. Many of those ads offer products for hair. I don't get it.

For some reason, lots of men don't want to be seen with gray hair. The other day I was at the place where I have my hair cut and spied a little old man who must have been close to 80 having his hair dyed. Millions of other males choose, instead, to use things like Just for Men. It's supposed to cover "just the right amount of gray."

How much is that? In one commercial, a man's young children give him the stuff and encourage him to find someone to date. Huh?

What's wrong with having a head full of silver



By Joe Rector

strands? My hair began turning gray years ago; my brother Jim and I struggle to remember a time when we were brunettes. It was a gift of genetics from our mother, and we've managed in spite of this evident handicap.

Razor commercials flood the airways. An announcer is yammering about the fabulous shave that some "technologically advanced" razor is giving. Women can have silky smooth legs and underarms. Men can have the closest, safest shaves of their lives.

To that I say, "Big deal." The truth is that most of us, men and women alike, will arise each day with the knowledge that our faces, pits, and limbs must be scraped clean with a sharp blade. Oh, some will use electric devices which are poor substitutes for the cold steel of a razor. Sometimes the instruments will dull so

that removing hair is a rather painful affair. At other times, faces and legs will be covered with wads of toilet paper to ebb the flow of red from nicks and scrapes.

Other gadget commercials promise wonderful results. For instance, the Micro Touch is the right tool between haircuts. Why, a guy can cut those pesky hairs on the back of his neck or the ones the sprout from his ears. Best of all, this little machine takes care of unsightly nose hairs. It makes the perfect stocking stuffer for Christmas.

What's the need for such a gadget? A pair of tweezers can do the job just as effectively. Oh sure, using them causes a man's eyes to fill with tears with each pluck from a nostril, but hey guys, man up.

The goofiest new product is called the No-No. This little contraption is used by rubbing it back and forth over areas where hair is present. The treated places can be the arms, faces, legs, and lips. Supposedly, the No-No

sends out thermo pulses that crystallize hairs. Is that anything like burning them?

The one place that seems ridiculous to use this new tool is on a man's chest, but honest, the commercial show a woman running a No-No over a man's pecks. Times have sure changed, perhaps not for the good. I remember when doing some manly things were said to "put hair on a male's chest." Now that look is disgusting. Guys want chests that are as smooth as a baby's bottom.

Some of us aren't so wrapped up in hair. In fact, lots of guys are what I call "follicle-challenged." I'm becoming one with each passing day. I don't worry too much about tools to help me cut, clip, and remove hair; nature is doing that just fine. If our biggest worries are about what to do with unwanted hair, I'd say we should hit our knees and thank the good Lord for all His blessings.

FOCUS Weekly Poll

Most elected offices in Knox County are term limited to two consecutive terms. Do you support term limits for Knox County School Board members?

YES

85.22%

NO

14.78%

By Age	Yes	No	Total
18-29	50.00%	50.00%	2
30-49	83.02%	16.98%	53
50-65	86.05%	13.95%	172
65+	85.39%	14.61%	267
Total	85.22% (421)	14.78% (73)	494

By District

1	80.00%	20.00%	30
2	78.57%	21.43%	56
3	86.36%	13.64%	44
4	81.16%	18.84%	69
5	89.23%	10.77%	65
6	88.14%	11.86%	59
7	86.89%	13.11%	61
8	82.76%	17.24%	58
9	92.31%	7.69%	52
Total	85.22% (421)	14.78% (73)	494

By Gender

Unknown	88.89%	11.11%	18
Female	85.52%	14.48%	221
Male	84.71%	15.29%	255
Total	85.22% (421)	14.78% (73)	494

Survey conducted March 7, 2013.

City, County work together to aide South Knox businesses

Cont. from page 1

drummed up a little promotion on his own. He, likewise, announced the implementation of SouthFest, a festival-like event that will drive people to South Knoxville in a way similar to a giant cash mob.

"There's a perception in other parts of the county that it's just too hard to get to South Knoxville because of the extended bridge closure," said Mayor Burchett. "We want to bring people out south for this event so they'll realize the detour is not hard to navigate."

Some of the entertainment and activities at SouthFest will include live TV and radio broadcasts, live music, family-friendly activities, a car show, and circus-style entertainment from local Shriners.

SouthFest will be held on Friday, April 12 and Saturday, April 13 in South Knoxville. The event is intended to encourage people to shop, eat and have a good time at local businesses south of the river.

The City grant will be presented to City Council for approval at its next regular meeting, on March 19th.

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Located at 4109 Central Avenue Pike, Knoxville

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Serving All Of Knox County.

Proudly independently owned and operated.
Published by Fountain Printing and Publishing, Inc.

Deadline for ad design is Monday at 5 p.m.

Deadline for Classified ads is Thursday at noon.

Deadline for submissions is Thursday by noon.

Articles, announcements, photo attachments and cutlines may be submitted by e-mail to staff@knoxfocus.com.

Publisher Steve Hunley
Editor, Art Director Marianne Dedmon
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Publisher's Position

Ring Around the Rosie



**By Steve Hunley,
Publisher**
publisher@knoxfocus.com

If anybody ever needed any evidence of Superintendent James McIntyre's penchant for making it up as he goes along, his dropping a proposal to fix the problems at Vine Middle School make it abundantly clear.

It is generous to refer to McIntyre's document a proposal when it more closely resembles a concept paper. Specifics were as scarce as water in the Sahara. Never once did McIntyre reveal to the Board of Education the cost of the plan, nor was there any indication of just what the proposed remedies were expected to accomplish. Board Chair Karen Carson all but

begged McIntyre to give the Board two weeks to digest the proposal, but McIntyre refused. Evidently it never occurred to Carson that the Board could have exerted itself and simply told McIntyre a matter of two weeks wasn't going to cause the world to end. Several Board members seemed shocked that part of McIntyre's proposed remedy for the ailing Vine Middle School was to reserve a third of the seats at the STEM Academy for Vine students. Not only would that reduce the number available for other students, it would also change the very nature of the STEM Academy, which was sold to both the public and the business community bought into the STEM Academy as a special school with certain standards and criteria. McIntyre's proposed fix for Vine Middle does not fix Vine, but actually promises to harm the STEM Academy down the line. Like it or not, turning the STEM Academy into a quota school would ruin it.

McIntyre can't have it both ways. Either the STEM Academy is supposed to be a high school for exceptional students or just another failed experiment loaded

down with students from a failing middle school. Obviously McIntyre didn't think through his proposal as Board member Kim Sepesi asked the question what he intended to do with the students should there be another failing school? Ms. Sepesi realizes there are only so many seats at the STEM Academy and we are already taking students from out of county. McIntyre doesn't seem to find anything wrong with the notion of changing the rules in the middle of the game, but the truth is both the public and the business community bought into the STEM Academy as a special school with certain standards and criteria. McIntyre's proposed fix for Vine Middle does not fix Vine, but actually promises to harm the STEM Academy down the line. Like it or not, turning the STEM Academy into a quota school would ruin it.

Lo and behold, after steadfastly insisting the vote on his Vine proposal had to be done within twenty-four hours, he pulled it from the agenda just before Wednesday's Board meeting. McIntyre determined that a little



PHOTO BY DAN ANDREWS

Superintendent Jim McIntyre hosted a Community Forum meeting on School System Budget on Thursday, March 7 at Fulton High School. The Community Forum was to provide attendees with an update on student performance, as well as set a discussion regarding the relationship between student achievement and investment of resources.

time to work out the kinks might well be in order. Actually, in my opinion, he did not have the votes to pass it.

Kicking the can down the road is never really a viable solution for any real problem. It might give the appearance of having addressed the problem, but it will generally raise its head again in the future and all too often is worse than ever.

The problems at Vine

Middle School didn't start yesterday. They have been going on for quite sometime and the situation has gotten so bad it finally merits some intervention.

Vine Middle isn't the only failing school in Knox County nor is it the only school that will have to be reconstituted. McIntyre's vision hasn't prevented these things from happening and pretending these things just now occurred is

silly.

Clearly pouring more and more money into these schools isn't the answer. As Board Chair Karen Carson hinted recently, eventually we are going to have to consider the culture where children are lucky to have one parent and that isn't going to be fixed by pouring more money into a failing school or implementing the latest fad in education.

The mystery of Malachy



By Richie Beeler

Papal prophecy intriguing as conclave looms

For the second time in less than a decade, the world is awaiting a truly historic event as Cardinals from around the world prepare to gather at the Vatican to elect the next Pope. Most sources agree that the closed door meeting in the Sistine Chapel, during which the new leader of the Catholic Church will be chosen, could take place within the week.

History is made any time a Pope is elected. More than one billion people on this planet identify themselves as Catholic, at least at some level. It could easily be argued that the Pope is the most influential person on earth at any given time. And at this particular given time, the historic significance is even greater. Some believe there may even be prophetic significance as well.

To begin with, this is no ordinary papal election. The circumstances surrounding the vacancy at the Vatican are unprecedented. Pope Benedict XVI resigned last week, citing health concerns. It was the first time in nearly 600 years that a pontiff had voluntarily stepped down. And it was the ONLY time it has ever been done for health reasons. Popes simply do not resign because they are old and infirm. They serve until their death.

Some would argue that Pope Benedict's decision was noble. He simply did not feel he could do justice to his responsibilities

to a Church facing numerous cultural challenges. To be expected, there are also those who suspect something sinister might be afoot with such an abrupt departure. But still others are pointing to something much more fascinating - the mysterious prophecy of St. Malachy.

The prophecy concerns a vision that was reportedly experienced in 1139 by Malachy O'Morgan, who was a Catholic Archbishop. In this vision, Malachy claimed that he was given the identity of all the remaining Popes that would reign over the Catholic Church until the return of Christ. The identities of the Popes were revealed to him in a series of 113 Latin phrases, each that was to describe every successive pope. Supposedly the list was sealed in the Vatican archives and was first made public in 1595.

There have been many eerie similarities between some of the Popes of history and their corresponding Latin phrases. But where things get really interesting is in the 20th century. Here are the Latin names given to Malachy for the last ten Popes as well as the next Pope:

Leo XIII was Pope from 1878 until 1903. The Latin phrase corresponding to his reign was Lumen in coelo, which means "Light in the sky." Pope Leo's coat of arms contained a shooting star. Next on Malachy's list was the phrase Ignis ardens, which means "burning fire." The corresponding pontiff was Pope Pius X, whose "fiery" faith enabled him to be the first Pope given sainthood in over 400 years.

In 1914, Pius X was succeeded by Pope Benedict XV. Malachy's Latin phrase for this Pope is one of the most chilling of all. Religio depopulata - "religion laid

waste"- described the Pope who would preside over the Church during World War I, when literally millions of Catholics were killed.

The next Pope, Pius XI, faced a challenge every bit as intense as the Nazi regime began to take over Europe during his reign from 1922-1939. Malachy's phrase for this Pope was Fides intrepida, or "unwavering faith." His successor, Pius XII, was said to be one of the most mystical pontiffs in modern times, reportedly seeing many visions from God. The Latin phrase corresponding to his reign was Pastor angelicus, which means "angelic shepherd."

In 1958, Pius XII was followed by one of the most beloved Popes in history. Pope John XXIII also bore a Latin phrase that was strikingly accurate. Malachy labeled this Pope Pastor et nauta, or "pastor and mariner." Amazingly, John XXIII had been patriarch of Venice - Italy's most important seaport. His successor, Paul VI, was described by Malachy with the phrase Flos florum (flower of flowers). His coat of arms was comprised of three fleurs de lis. Paul VI reigned from 1963 until his death in 1978.

Then is when the prophecy took an almost creepy twist. John Paul I, described by the phrase de medietate lunae, meaning "of the midst of the moon," was Pope for 33 days and died, reigning from the midst of one lunar cycle to the next. He was succeeded by one of the greatest Church leaders in history, Pope John Paul II.

John Paul II was born in Poland in 1920 during a partial solar eclipse. He was buried on April 8, 2005 as another solar eclipse traversed parts of the earth. The Latin phrase Malachy ascribed to this particular

Author to discuss 'Stand Up That Mountain' in Library's Books Sandwiched In series

What happens when whip-smart 14-year-old Ashley Cook and her Aunt Ollie, both of Dog Town, North Carolina, decide to challenge a mining company that wants to blow up the mountain they live next to? Find out on Wednesday, March 20 at 12:00 p.m. in Knox County Public Library's lunchtime series, Books Sandwiched In, at the East Tennessee History Center, 601 South Gay Street. Author and activist Jay Erskine Leutze will discuss his own book, Stand Up That Mountain: The Battle to Save One Small Community in the Wilderness Along the Appalachian Trail.

Living alone in his wooded mountain retreat, Leutze gets a call from Ashley and her aunt, Ollie Cox, who say a mining company is intent on tearing down Belview Mountain, the towering peak above their house. Ashley and her family suspect the mining company is violating the law, and they want Leutze, a nonpracticing attorney, to stop the destruction of the mountain. Leutze, a devoted naturalist and fisherman, quickly decides to

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FOCUS MORE ON Seymour & South Knox

Girl Loses Weight, Helps Others

Two years ago, Ariane Bampire of Rwanda, stepped foot on The King's Academy campus as a shy, out of shape, 218lb, 17-year-old student.

One of her classes at that time was Personal Fitness and she was not too excited about taking the course.

"All I wanted to do was quit that class," recalls Ariane. "It was so hard I could not exercise for 15 seconds without stopping. I did not like it. I was unmotivated and I was not seeing results but my coaches kept encouraging me."

As the teacher of Personal Fitness class, Dan Kirkpatrick, remembers that day as if it was yesterday.

"Ariane came into the class at the start of the second semester. We put her through some drills to see where she was. Some of the drills were things like line jumps, box jumps, plate pushes and tire flips. She was struggling. We just kept encouraging her and making short term goals such as one more



(L to R) - Grace Jung, Ariane Bampire, Joella Nucyo, Song Lin, and Liliane Batete

rep or one second longer, but I really thought she was going to try to get out of the class."

To date Ariane, a senior, has lost 45 lbs and can't wait to get to class to exercise. She is currently training four of her peers for her senior project. Every senior has to complete a year-long

project doing something that they have never done before and Ariane decided to teach others what she has learned.

"Because I know how it feels to be a person that struggles and deals with insecurities by being overweight I decided to share what I was taught for my

senior project," said Ariane. "I want them to experience the same sense of accomplishment I felt."

"I feel happy, healthy, energetic, motivated, and outgoing because I learned that hard work pays off. I am confident about my ability to take control of my life and stay healthy."

Kirkpatrick cannot be more proud of her.

"The transformation has been incredible. She changed her eating habits, keeps records of what she eats and her workouts, I am just so proud of her. When she wanted to pass what she had learned on to others, it just warmed my heart. You should see her train her friends. She has them working hard and encouraging them as they go. She is a natural."

Ariane wanted to pass along one tidbit of information to those who want to get into shape.

"Be patient and know that the process takes time. It is the small steps that lead to the big results. It starts by loving yourself and knowing that you have the ability to achieve your goals and according to the Bible, 'you can do all things through Christ who strengthens you'."

And Ariane is living proof of that.

Marble Springs to Host Garden Workshop

Marble Springs State Historic Site will host a hands-on gardening workshop with Jim Buckenmyer on Saturday, March 30 2013 from 11:00 a.m. until approximately 2:00 p.m. with a lunch break. Participants should bring their own lunches, and something to share with the group.

The cost is \$10 per person, and the money will go toward educational programming at Marble Springs. Participation will be limited to 20 individuals. To register, call 865-573-5508 or email marblesprings@gmail.com.

This activity will take place at the Marble Springs State Historic Site: 1220 West Governor John Sevier Highway, Knoxville, TN 37920.

Programming assistance for this event is provided by the Arts & Heritage Fund and Knox County. Marble Springs is funded under an agreement with the Tennessee Department of Environment and Conservation, Tennessee Historical Commission, and supplemented by additional funds raised by the Governor John Sevier Memorial Association.

Author to discuss 'Stand Up That Mountain' in Library's Books Sandwiched In series

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join their cause.

So begins the epic quest of the "Dog Town Bunch," a battle that involves fiery public hearings, clandestine surveillance of the mine operator's activities, ferocious pressure on public officials, and high-stakes legal brinksmanship in the North Carolina court system. Jay helps assemble a talented group of environmental lawyers to do battle with the well-funded attorneys protecting the mining company's plan to dynamite Belview Mountain, which happens to sit next to the Appalachian Trail. As the mining company continues to level the forest and erect a gigantic rock-crushing plant on the site, Jay's group searches frantically for a way to stop an act of environmental desecration that will destroy a fragile wild place and mar the Appalachian Trail forever.

Much more than the record of a legal battle, Stand Up That Mountain takes the reader to a remote corner of Appalachia, a region often stereotyped and little understood, even now in the twenty-first century. Leutze's plaintiff group is eventually joined by several national conservation groups who see that Belview Mountain and the

Appalachian Trail must be protected for future generations of Americans.

Jay Erskine Leutze was born in Virginia in 1964. He now lives in the Southern Appalachian Mountains of North Carolina. Trained as an attorney, he has become a leading voice for state and federal conservation funding for investment in public lands. He is a Trustee for Southern Appalachian Highlands Conservancy, one of the nation's most established land trusts.

The series will continue on April 17, when Knoxville Attorney Wanda Sobieski discusses The New Feminist Agenda: Defining the Next Revolution for Women, Work, and Family by Madeleine Kunin. On May 15, Assistant Director of the H. Baker Jr. Center for Public Policy Nissa Dahlin-Brown will discuss The Death and Life of the Great American School System: How Testing and Choice Are Undermining Education by Diane Ravitch.

The public is invited to join the conversation. Bring your favorite sandwich or pick up something from a downtown restaurant. Copies of the books are available at the Library if you'd like to read one before the program.

For more information, please call Emily Ellis at 215-8723.

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Urban Kids Benefit from AmeriCorps, Emerald Youth Teamwork

If AmeriCorps member Kaitlyn Morris knows one thing from her work with middle school students in JustLead, a program of Emerald Youth Foundation, it is that there is always a reason teens do what they do.

"Nothing is random," said Morris, 21, of Jackson, TN, who leads after school programming for middle school students at Virginia Avenue JustLead. The Western Heights location is part of the network of services provided by Emerald Youth.

"When the kids are coming on strong after school, there is always a reason," she said. "Maybe they haven't felt they received enough attention at school or at home, or maybe they had a really bad day. And if I don't notice when something is going on, they will tell me that too."

When the nation observes National AmeriCorps Week, March 9-17, Emerald Youth will celebrate gratefully. President Bill Clinton signed AmeriCorps, a project that is funded under agreement with the state of Tennessee, into life in 1993 to engage Americans to help remedy critical needs in education, public safety, health, and the environment.

Emerald Youth has received funding for AmeriCorps



Enjoying after school activities at Emerald Avenue United Methodist Church are AmeriCorps members (l-r, standing) Rachel Hopper and Kaitlyn Morris and (seated) Carter Carroll; and students (l-r, standing) Wousamy Bates and Xavier Moore.

members every year since 1998 when it began enrolling members. Fifteen years later, 385 AmeriCorps members have served at the inner city youth ministry. Emerald Youth and the Corporation for National and Community Service, which manages AmeriCorps, share the cost of pay and living expenses for AmeriCorps members.

The presence of the trained AmeriCorps members in Emerald Youth's programs

has greatly enhanced the quality of life for urban young people," said Rachel Davis, Emerald Youth AmeriCorps program director. She said a central goal for AmeriCorps members is to teach urban youth leadership skills.

"If there were no AmeriCorps at Emerald Youth, the total number of students we serve would be significantly less, since we maintain a low student-adult ratio," she said.

Since August of 2012, the current group of 26 AmeriCorps members alone has served nearly 12,000 hours. Davis said Emerald Youth typically engages a total of 60-70 AmeriCorps members each year either

part-time during the school year or full-time in the summer.

The 22-year-old Emerald Youth serves about 1350 children, teens and young adults in inner city Knoxville

each year through programs to enhance their faith, relationships, academics and health. Working with 20 urban churches, Emerald Youth serves young people directly in their neighborhoods.

The responsibilities of AmeriCorps members vary from leading youth in structured after school and summer programming, to facilitating academic and

[Continue on page 2](#)



From State Representative Harry Brooks

As chairman of the House Education Committee, much of my time this session has been spent in meetings with officials from Shelby County and the City of Memphis regarding educational issues there. As a little background, two years ago the City of Memphis school system went out of business and closed down. The law says that the operation of schools is the ultimate responsibility of the counties of Tennessee, so when the city of Memphis ceased operation of its schools, Shelby County took over. (This is similar to the situation that occurred in 1986 when the city of Knoxville turned over its school system to Knox County.) This makes the Shelby County school district the largest in the state with over 150,000 students.

At the time of this merger the Memphis city school system was struggling with sixty eight out of eighty schools being classified as failing. Conversely the schools in the Shelby County system were doing very well.

With the redrawing of school board districts, the power base that was running the struggling city schools is now running the entire school system. As a result the new system now has a large number of failing schools. Many

[Continue on page 4](#)

Ground broken on University Commons

Publix and Walmart to anchor Knoxville's first urban, vertical retail complex

Last Wednesday, during an event organized by local developers, CHM, LLC, and attended by Knoxville business leaders and government officials, ground was broken in preparation for the building of University Commons, Knoxville's first urban, vertical retail complex.

University Commons, a distinctive multi-story urban shopping and dining development located on

the former Fulton Bellows site, will cover 12+ acres, with 211,000 square feet of retail space and parking. Anchored by nationally recognized brands, Walmart and Publix, on property adjacent to the University of Tennessee, 40,000 more square feet will be dedicated to smaller retailers and service providers once the project is completed.

According to Mike

McGuffin, a partner with CHM, LLC, the uniquely designed, urban retail complex will fill a grocery and retail void in the downtown and University areas, including providing grocery/supermarket services in what is considered a federally designated "food desert."

"Residents in downtown and nearby neighborhoods along Alcoa Highway and Kingston

Pike will all benefit from the convenience University Commons will provide, as will University of Tennessee students," said Mayor Rogero. "And the whole city will benefit from the redevelopment of this former industrial property."

Brian Hooper, vice president of real estate for Walmart, echoed Mayor Rogero's sentiment. "We are excited about the opportunity to bring added convenience to the downtown and University of Tennessee area of Knoxville," said Hooper.

McGuffin projects that University Commons will have an approximate economic impact of \$226

million on the Knoxville community and create more than 1,500 jobs. "We believe University Commons will be an excellent example on how public and private partnerships can create viable, economically sound projects for a community while enhancing the quality of life for its residents," said McGuffin.

According to CHM, LLC partner, Jim Harrison, University Commons transforms a once non-productive real estate brownfield into a developmental asset while anchoring several other major public and private development efforts in the area including the

[Continue on page 2](#)

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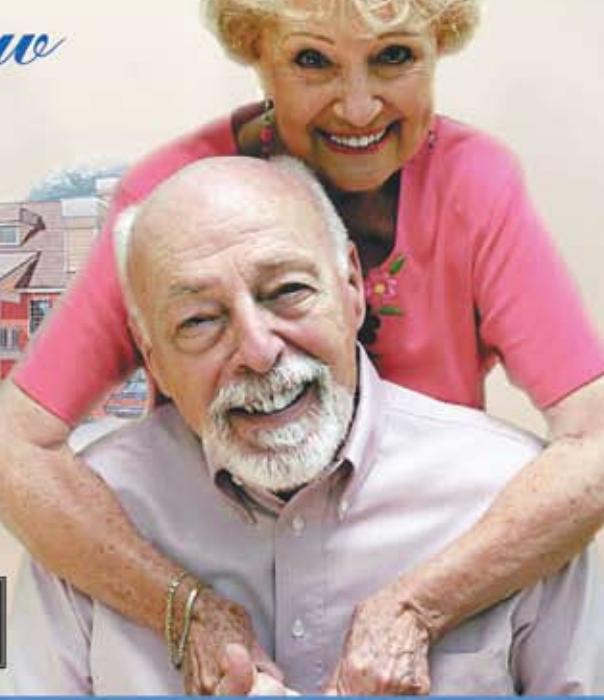
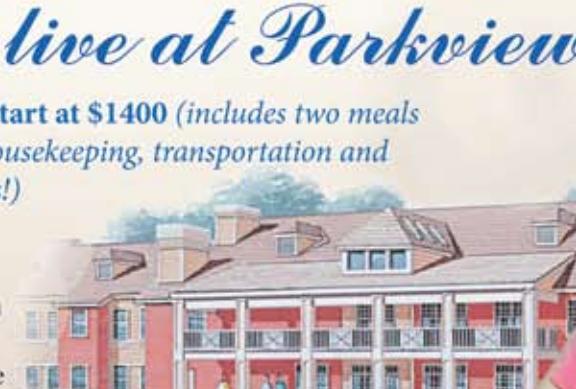
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Parkview



Ground broken on University Commons



City and County officials joined CHM developers Budd Cullom, Mike McGuffin and Jim Harrison to ceremoniously break ground on University Commons last week.

Continued from page 1

Cumberland Avenue Corridor Project. "Together, University Commons and the Cumberland Avenue Corridor Project will

change a semi-suburban area, often used as a pass-through, into a safe and attractive urban district for the community," said Harrison.

"University Commons and the Cumberland Avenue Corridor Project are great complements to each other," echoed Budd Cullom, the third member of the Knoxville-based

CHM, LLC development team.

According to the developers, Walmart and Publix are slated to open during the summer of 2014.



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Local nonprofit to create an oasis in a food desert

If you live in inner-city neighborhoods without transportation, it becomes quite difficult to access healthy food choices. Low-income families relying on public transportation may be limited in the quantity and quality of foods they can purchase, especially fresh produce.

SEED (Socially Equal Energy Efficient Development) will plant 52 fruit trees March 16, 2013 at the Morning Side Community Center along with a community garden and herbal patch. This edible forest will not only bring healthy food free of charge to the community, it will open up a green entrepreneurial opportunity for the students in SEED's Pre-Apprenticeship Program!

On Sunday, March 17, 2013, SEED will Green The Block by giving away over 70 fruit trees to inner-city community members.

An Edible Forest Garden is a tended, food producing system designed to imitate a highly productive natural ecosystem. SEED's Edible Forest will offer a

variety of fruit trees such as Granny Smith and Fuji apples, an assortment of pears and peaches including the Georgia and California peach as well as community garden plots.

According to Knox County's "Healthy Kids Healthy Communities", a lack of fresh fruits and vegetables has had a devastating effect on the health of inner-city communities, such as obesity, high blood pressure and diabetes. Because of this growing epidemic, SEED has chosen to plant an Edible Forest that will provide the local community with fresh and healthy food choices. SEED is hopeful that our Edible Forest will teach others in the community the importance of sustainability and the steps to get there. This project will also cultivate green teaching opportunities for our Pre-Apprenticeship students, showing them how to grow their own food and profit from it!

Urban Kids Benefit from AmeriCorps, Emerald Youth Teamwork

Cont. from page 1

health curricula, to building relationships with youngsters. The AmeriCorps members do not lead faith-based activities.

AmeriCorps member Carter Carroll, 23, of Savannah, Tenn., who serves mostly with high school students, offers homework help and school advice. He also provides transportation, meals out, and plays basketball and pool at Emerald Youth's facility on North Central Street.

Rachel Hopper, 23, who serves with elementary school children in JustLead at Emerald Avenue United Methodist Church, provides math, reading, and nutrition coaching. She also encourages children's sense of trust and connection to their community, since isolation and disconnection can be a daily challenge for inner city children. Examples of building such trust include helping kids write "thank you" letters to firemen and baking

cookies for nursing home residents.

Most Emerald Youth AmeriCorps members are students at nearby colleges and universities, although they often include retirees and people who are making a career change. Over the years, many AmeriCorps members have even been retained as Emerald Youth staff, including Davis, who served in AmeriCorps at Emerald Youth from 2003 to 2005.

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The White Chief

James K. Vardaman of Mississippi

**Pages from
the Political
Past**



By Ray Hill
rayhill865@gmail.com

The South produced a number of successful demagogues, not the least of which was James K. Vardaman, a governor and senator from Mississippi. At the height of his career, Vardaman was unquestionably the most popular politician in Mississippi.

James Kimble Vardaman was born July 26, 1861, just as the Civil War commenced. Vardaman studied law, but did not practice his profession as he turned to journalism. Vardaman became the editor of the Greenwood Commonwealth and later published Vardaman's Weekly. From his editorial perch, Vardaman penned broadsides that lacerated those he felt who deserved to be condemned and won himself a wide following amongst the less fortunate white citizens.

Politics soon beckoned James K. Vardaman and he was elected to the Mississippi House of Representatives in 1890. Reelected twice more, Vardaman served as Speaker of the House in 1895. Vardaman ran for governor in 1895, but lost. He tried again in 1899, but was no more successful than the first time.

James K. Vardaman ran for governor of Mississippi for the third time in 1903 and won the Democratic nomination, which was tantamount to election. Governor Vardaman proved to be enormously popular and espoused a populism that appealed to poor farmers. Mississippi's elite ruling class ridiculed Vardaman's supporters as "rednecks," a title they bore proudly, often times appearing at rallies wearing bright red kerchiefs tied about their necks. The other element of Vardaman's politics was a virulent racism, which threatened the state's economy.

Vardaman possessed an unusual and commanding presence. One can easily presume James K. Vardaman became a model for the caricature of a Southern politician. More than six feet tall, Vardaman wore his hair long, swept back from his forehead and falling almost to his shoulders. During the winter, Vardaman was dressed in black, often times wearing a hat and cape while out. During the heat of the summer, Vardaman was resplendent in all white. Wearing a white suit, a white hat clutched in his hand, and white boots, James K. Vardaman would often times arrive in small towns sitting on cotton bales in a wagon drawn by forty yoke



FROM THE AUTHOR'S PERSONAL COLLECTION.

Senator James K. Vardaman stops on the street to converse with the widow of Confederate General James Longstreet.

of white oxen. Dubbed "The Great White Chief" or "White Chief" for not only his apparel, but his fierce racism in promoting white supremacy.

Vardaman's command of the English language was impressive and his natural charisma and speaking ability allowed him to hold gigantic crowds mesmerized for hours.

The wealthy planters of Mississippi's Delta proved to be the most persistent opponents of James K. Vardaman, although the governor's popularity proved to be durable. Vardaman was confined to one term as governor, unable to seek a second consecutive four-year term, so Vardaman cast his eyes toward the United States Senate.

In 1911, Vardaman sought election to the U. S. Senate and was challenged by Congressman John Sharp Williams, who had been the leader of the Democratic Party in the U. S. House of Representatives. Williams was wealthy and highly regarded, although he had a fondness for alcohol and was accused of being drunk on the floor of both the House and Senate on more than one occasion.

A preferential primary was held, which Williams only barely won, allowing him to represent Mississippi in the Senate. Fortunately for James K. Vardaman, Mississippi's other United States

Senator, Anselm McLaurin conveniently died. The new senator would be selected by the Mississippi legislature and the fight would be a wild one. Most acknowledged that Vardaman's personal popularity made him the clear favorite and the former governor confidently expected to be elected, but amidst wide spread charges of bribery, Vardaman lost to wealthy Delta lawyer and planter LeRoy Percy.

As to the charges that Percy won the nomination through the use of money, it seems quite credible. State Senator Theodore Bilbo, who was soon to rise to prominence as a Vardaman supporter, cheerfully admitted to taking a bribe from the Percy forces. Bilbo was condemned by his State Senate colleagues, but escaped being expelled, much less imprisoned. Bilbo claimed he took the money to prove beyond doubt the supporters of LeRoy Percy were attempting to buy the senatorial seat.

The election of a lawyer who represented banks and railroads was a horrific thing to both James K. Vardaman and his red-neck supporters. As the last senator chosen by the Mississippi legislature, LeRoy Percy had to face the voters and Vardaman was already running hard.

Furious that he had been thwarted in the legislature, James K. Vardaman sought the senatorial nomination

in 1912 and spoke all across Mississippi. The White Chief denounced the action of the legislature and its beneficiary, LeRoy Percy.

Senator Percy fought a valiant, albeit hopeless battle to retain his seat in the United States Senate. James K. Vardaman won easily, humiliating Percy in the election.

While in the Senate, James K. Vardaman did not cease making the highly provocative remarks he had become famous for, although the Mississippi senator seemed to be fully cognizant of what was supposedly dignified for a senator of the United States. Still, being a senator did not diminish Vardaman's rhetoric of racial hatred. Vardaman had once said that were it necessary to save Mississippi by lynching every Negro in the state, it should be done. Vardaman's description of Negroes was equally repellent.

Senator James K. Vardaman could likely have remained in the United States Senate until death claimed him, but the perverse nature of Vardaman's character and refusal to abandon his own convictions interfered.

Even his opponents acknowledged that James K. Vardaman was certainly the most popular political figure in Mississippi. Vardaman presided over an informal organization that dominated much of

Mississippi's politics and many offices were occupied by open supporters of the senator. His election to the United States Senate in 1912 was the pinnacle of his career.

Vardaman's election to the United States Senate coincided with that of Woodrow Wilson as President. Vardaman was largely supportive of President Wilson, although the two were never close.

Wilson ran for reelection on the slogan "He Kept Us Out of War" in 1916 and only barely managed to squeak by former Supreme Court Justice Charles Evans Hughes. By 1917 it was becoming increasingly more difficult for Wilson to keep the United States out of the World War raging in Europe. Former President Theodore Roosevelt, still highly popular, relentlessly castigated Wilson in speeches for his timidity in not entering the war, especially after several Americans lost their lives when a German submarine sank the liner Lusitania.

Most gave Vardaman little chance to be elected, but with the war fever past, Vardaman lead the first primary handily. Shocked, Vardaman opponents rallied around colorless Congressman Hubert Stephens in the run-off election. Stephens barely managed to beat Vardaman, winning the run-off primary by only 9,000 votes.

The 1922 election was the last political battle fought by James K. Vardaman. Frequently careless with his money, Vardaman found himself in an embarrassing financial position. He and Mrs. Vardaman moved in with one of their children and lived in Birmingham Alabama. Senator Vardaman retreated more and more into the shadows as his senility took hold of him and it was in Birmingham that the White Chief died on June 26, 1930 at age sixty-eight.

A few of the other senators who had refused to vote for a declaration of war, notably Wisconsin Senator Robert LaFollette and Missouri Senator William J. Stone, managed to survive their refusal to vote to send American troops to Europe to fight in the World War. All of the little band of senators who would not vote for war were harshly and hysterically condemned; Senator LaFollette was frequently referred to as "the Kaiser's senator", a reference to the German Emperor Wilhelm II.

Senator Vardaman intended to seek reelection to a second term in 1918 and his stance on the war drew a serious opponent. Congressman Byron "Pat" Harrison had first been elected to Congress as a firm supporter and ally of James K. Vardaman. In 1918 Harrison sang a different tune, verbally skinning the senator for his refusal to go to war.

Senator Vardaman defended himself as best as he could, but was buried beneath a tidal wave of disapproval. Vardaman returned home to Mississippi to resume his editorial chores, but he had not given up hope of making a political comeback. When Senator John Sharp Williams announced he was retiring in 1922, James K. Vardaman declared his candidacy for the United States Senate yet again.

The years had not been kind to the former Senator and supporters noticed he appeared to be a shell of his former self. Once unrivaled upon the political stage as a speaker, his voice seemed to have failed him in 1922 and while he might be found sitting upon the stage, the speaking was done by surrogates, such as Theodore Bilbo. While never diagnosed, Vardaman may well have been suffering from Alzheimer's, as some family members noted the former senator seemed to be entering senility.

Most gave Vardaman little chance to be elected, but with the war fever past, Vardaman lead the first primary handily. Shocked, Vardaman opponents rallied around colorless Congressman Hubert Stephens in the run-off election. Stephens barely managed to beat Vardaman, winning the run-off primary by only 9,000 votes.

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Burchett announces plan for Marble Alley site



Rendering of the site from State Street. Inset: Commissioner McKenzie describes the project.

Knox County Mayor Tim Burchett announced plans for a multi-million dollar residential development on the Marble Alley property in downtown Knoxville Friday morning. He was joined by Knoxville Mayor Madeline Rogero, County Commissioner Sam McKenzie and developer Buzz Goss in making the announcement.

Goss, along with TDK Construction, is planning to begin phase one of the multi-phase development within the next eight to 12 months, once the property transfers from the county to the developer. Phase one of the plan is for a large 200,000 square foot residential development.

"This is exciting news for downtown Knoxville and all of Knox County," said Knox County Mayor Tim Burchett. "This property has been

underutilized for a long time, and it is good to see a local entrepreneur like Buzz step up and do something with it. When this project is complete, downtown businesses will benefit."

The three-to-five story residential facility is a \$15-20 million planned investment. It will include 238 units, a 350 space parking garage, a courtyard and resort-style pool, and fitness and lounge facilities. Other phases of the development ultimately call for a mixed-use space that will include commercial retailers.

In the 90s, Knox County acquired the property from private property owners in order to build a new downtown justice center. That center was never built. Since that time, there have been several ideas for the property, including a downtown planetarium.

From State Representative Harry Brooks

Cont. from page 1

people who live outside the boundaries of the city of Memphis, in other incorporated smaller cities, don't want the leadership team that was in charge of the failing system to dominate the larger county wide school system. Currently the entirety of Shelby County is either in one of several incorporated cities or city growth area (subject to immediate annexation). There is no rural area in Shelby County. These smaller cities in Shelby County would like to have their own school system

or form a group of smaller school districts. Current state law prohibits this occurring.

This is how the state has become involved. The state has been asked by concerned citizens of Shelby County to be part of the solution. Currently we are looking at legislation that would allow for one of the following options: 1) Allow the creation of new city (five cities outside Memphis) school systems; 2) Allow the creation of a group of special school districts outside the city of Memphis; 3) Allow the

creation of a special school district in the county as was in effect previous to the merger. Lawsuits have been filed questioning the legality of boundary drawing and future combined systems and whether cities can make their own districts. The Tennessee courts have opined that legislation cannot just affect one specific location. The judge has already declared that unconstitutional. So any legislation that would allow incorporated areas of Shelby County to form school districts would allow any

incorporated area in the state to do the same. That would mean that smaller municipalities could form their own school system (in separation from their county system) if this legislation is passed. This would affect the tax revenues for the county, as money would be diverted to the new school district.

Concerned citizens of Shelby County also see the perception of a failing school system affecting the entire economic development of the county. One important criterion that prospective industries

consider before locating in an area is the strength of the area's schools. Businesses need to be assured of an availability of a trained and educated work force. For the good of all concerned, the situation in Shelby County needs to be resolved quickly and efficiently before we see large numbers of people moving to other areas outside the county. Before we as a legislature adjourn we must come to some sort of conclusion as to what will hopefully be best for all the citizens of Shelby County. At the same time, we

must realize that whatever course we take, it will ultimately affect all the counties of Tennessee.

As always, if there is any way that I or my office can be of service to you, please do not hesitate to call. The number is 615-741-6879 or 1-800-449-8366 ext. 44556 and I can be reached by email at rep.harry.brooks@capitol.tn.gov If you would like to receive updates by email you can sign up at <http://www.capitol.tn.gov/lyris/h19s.html>.

I enjoy working for you as your Representative.

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PHOTO BY JAMES SPEARS.

Gibbs High's Aaron Corum dribbles past Elizabethton's Jesse Honeycutt in last week's Section 1-AA game in Corryton. Corum scored 29 points in the Eagles' 54-53 comeback win.

Gibbs uses improbable comeback to make State

By Ken Lay

Gibbs High School's boys basketball team found itself in a familiar place early last week.

The Eagles were down big in the fourth-quarter of a Section 1-AA final. But like they've done so many times before, the Eagles used an improbable comeback to notch a 54-53 victory over Elizabethton on Monday, March 4 before a packed house in Corryton.

"This was almost too big of a hole to come out of. But we've been there before," Gibbs coach Timmy Meade said after watching his team improve to 25-8 and punch its ticket to the Class AA State Tournament in Murfreesboro this week.

Tournament play opens Wednesday but pairings weren't set at press time.

Gibbs advanced to last week's sectional round by winning close games and erasing deficits along the way.

"The last three games that we played helped us win this game tonight," Meade said. "This game shows a lot about our character."

"It shows a lot about our character as people, not just as basketball players."

The Eagles will make their first trip to the State Tournament since 1987. Gibbs might have rallied in its final home game of the season

but early on, it appeared that the Cyclones (25-8) would earn their way to Murfreesboro.

Things were close out of the gate. Elizabethton opened a 9-5 lead by the end of the first quarter and the teams slugged through an even second frame and the Cyclones led 18-14 at halftime.

The third quarter belonged to Elizabethton as the Cyclones went on a 24-11 run after halftime and opened a 42-25 lead when Zeke Clark hit a 3-point shot as time expired in the frame.

Elizabethhton extended its advantage to 45-25 when Zach Norwood converted an old-fashion 3-point play as he was fouled on a successful field goal attempt and made the ensuing free throw with 39 seconds left in the game. That

appeared to put the contest out of reach.

But neither the Eagles nor their faithful fans lost hope.

"The support that we got from our fans was unbelievable," Meade said. "When they got down, our fans didn't leave."

The crowd never waned and they were rewarded as senior point guard Aaron Corum took control of the game.

Corum scored 14 of his game-high 29 points over the final eight minutes

and made a pair of free throws with 24.5 seconds left. Those foul shots would provide the final margin.

"It felt good [to hit the game-winning free throws]," Corum said. "I was a little bit nervous but I knew we had it in us. We have eight seniors and we're all really close and we all play well together."

"I knew that we could win the game when we were down by three with a minute-and-a-half left."

Senior forward Jay Cade said Corum has been a difference maker for the Eagles all season.

"We need Corum," said Cade, who finished with 12 points. "We rally around Corum."

Meade echoed his forward's sentiments.

"Jay Cade is an all-around great player but our team goes as Aaron Corum goes, for some reason."

Cade said the Eagles' State Tournament berth was a long time coming.

"This is just amazing," he said. "I've been waiting for this since I was in the eighth grade."

While Corum and Cade shoudered much of the offensive load, they received some timely help from Hunter Hopson and A.J. Rucker. Rucker finished with seven points and hit a third-quarter 3-pointer that pulled the Eagles to within 28-22

[Continue on page 2](#)

Academy its first ever state tourney berth.

"These girls wanted it," said CAK Coach Steve Denny. "This was our goal."

The plan now?

"One day at a time," answered Denny, referring to the TSSAA state tournament in Murfreesboro.

But instead of looking like an underdog, CAK's unranked girls basketball team looked like the best-kept secret in town, if not the state, especially in the early going of the Class AA state sectional showdown before a sellout crowd on March 2.

The Lady Warriors raced to a 12-1 lead and were not seriously challenged the rest of the way en route to a 65-58 victory that gave Christian

[Continue on page 3](#)

Lady Bulldogs have a season to celebrate, now eye 2014

By Steve Williams

competition in the state."

Underwood's squad was young – with three freshmen in its starting lineup – and faced adversity when it lost standout junior point guard Lexus Norwood to a knee injury.

Despite those hurdles, the Lady Bulldogs were still successful and grew "closer together"

as the season went on, pointed out Underwood. "They started to believe in themselves and each other a little more."

That team unity and "trust" factor helped Bearden post a 24-8 record and earn the unexpected trip to the state.

"I've been proud of their effort and ability to find ways to win close games," said Underwood.

[Continue on page 3](#)

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Spring Prep Previews

Lady Bobcats have eyes on district title

By Ken Lay

Central High School will enter the softball season with high hopes. But the Lady Bobcats must stay healthy to reach their goals.

"We must stay away from injuries," said Central coach Mike Cox, who will start his 14th season today when the Lady Bobcats host Black Oak Ridge rival Halls tonight

at Fountain City Ballpark. "If we can stay healthy, we can compete for the district title."

"If not, we'll finish fourth or fifth. I think Halls and Karns will again be the teams to beat."

The Lady Devils won the regular-season championship in 2012 while the Lady Beavers claimed the fourth consecutive District 3-AAA

Tournament last season.

Cox isn't exaggerating about the need for his squad to stay injury free. The Lady Bobcats, who went 28-11 last year, open the season tonight at 6 p.m. with only 10 players.

"If anybody gets hurt, we're going to be in trouble," Cox said. "I've got 10 players and usually when you have 10

players, you do good to win five or six ballgames."

"I'm fortunate because I have 10 good players and we're going to win some games. I know that these girls are going to play hard and give it everything that they've got."

Top returners for Central include: Kacy Russell (senior, pitcher); Morgan Dukes (senior, pitcher);

Kaitlyn Howell (senior, second baseman); Courtney Styles (junior, third baseman); Kristen Parolari (senior, first baseman/designated player); Caitlyn Rolen (junior, outfielder); Maleah Hipsher (junior, catcher/outfielder) and Jordan Hansard (sophomore, outfielder).

The Lady Bobcats have a pair of newcomers in freshman catcher

Megan Whaley and Brooke Owens, a sophomore shortstop who transferred from Karns.

After opening against the Lady Devils at home in a key district tilt, Central will travel to Anderson County Tuesday. The Lady Bobcats then travel to Jacksboro for a district doubleheader against Campbell County on Thursday.

Weather provides obstacle for KHS soccer team

By Ken Lay

Early inclement weather has hampered the Karns High School boys soccer team's preparation for the 2013 season.

The Beavers, who went 13-5-2 last season and reached the Region 2-AAA Tournament, must replace 12 seniors from that team. Rain and snow have cost Karns valuable outdoor practice time.

"We haven't been able to get outside much," said Caleb Whitworth, the Beavers' fifth-year head coach. "It's early and we're not on the same page right now."

"Right now, we're trying to get a unity and it [the weather] hasn't really done us any favors, for what we're lacking."

Many of the coaches in District 3-AAA expect Karns to be one of the league's top teams, along with Oak Ridge and Hardin Valley Academy.

Whitworth, however, isn't quite ready to make any brash predictions.

"We lost 12 seniors last year and this is in no way the same team," he said. "I'm glad people think it is."

"We're starting a lot of juniors and seniors but some of these guys didn't play that many minutes last season. We have a good group of seniors that have been with me for the last three years and

some of them have played every minute. We have a small core of seniors. They are experienced players and they make everyone else better."

Top returners include: Elliott Jones (senior, forward); Eric Berman (senior, midfielder); Logan Webb (senior, defender); Scott Hamberger (senior, midfielder); Kevin Ellis (junior, defender); Jackson Goble (junior, midfielder); Riley McBee (junior, midfielder) and Troy Milligan (senior, midfielder).

That veteran nucleus is joined by a trio of new defenders. Seniors Ryan Beets and Bobby Denne will look to make an early impact along with junior Jordan Williamson.

"Just about all of our defenders are new," Whitworth said.

The new back line must mature quickly if the Beavers are to continue to be successful.

Karns opens its season Tuesday night at Morristown West and the Beavers do have high expectations.

"I expect us to get back to the region tournament," Whitworth said. "That's our goal and that's what we're focused on."

"We want to get better every day but if the region tournament is the icing on the cake, then we'll take it."

Beavers hope for diamond success

By Ken Lay

Matt Hurley has some lofty goals at his new school.

Hurley, who takes over as Karns High School's baseball coach in 2013, is ready to see his new team compete for a District 3-AAA Championship.

"Our goal is to win the district tournament --- hands down," said Hurley, who previously served as Bearden High School's pitching coach. "If we don't win the district tournament, we haven't met our goal."

"We've got some goals that we want to reach as a program and if we don't meet them, then we'll just have to come back and work twice as hard next season. We want to get

better every day."

Time will tell what the Beavers will accomplish this season but the new coach is pleased with his team's effort in preseason workouts.

"I'm extremely pleased with the way that we've come together," Hurley said. "I'm pleased with our focus on fundamentals and the little things."

"It's just a matter of getting the season started and getting the things to come together. We've done a good job of going back to the fundamentals of baseball."

Karns has three key returning pitchers in juniors Caleb Cross and Aaron Clark and sophomore Chase McCallister.

"Pitching will definitely be a strength on this year's team," Hurley

said. "And on most nights, we play pretty god defense."

Karns, however, has struggled on offense.

"We need to put the ball in play a little more often and we need to do the small things a little more and a little better."

Top returners include: Cross (who will also see time at first base and in the outfield); Clark (who will play shortstop when he's not on the mound) and McCallister (who will serve as an infielder on days when he doesn't pitch); Hagan Kennedy (junior, catcher) and Matt Oster (junior, left fielder).

The Beavers open their season at Anderson County on March 12 in a crucial early-season district match-up.

Depth will be key for Central soccer team

By Ken Lay

Central High School boys soccer coach Russ Wise may have the deepest team in his five-year tenure with the Bobcats.

"We've had numbers but this year, we can finally [substitute] freely without losing quality play," Wise said. "This year, I can sub in soccer players and not just athletes."

Central finished third in its four-team division

of District 4-AAA but lost one of its top scorers from last season as forward Sam Wordley graduated.

"Last year, we lost a super fast forward," Wise said. "If we fall apart and don't keep our shape, we'll be in trouble."

"We're going to be deep and I'm excited to see how this team comes together."

The Bobcats are looking to me much improved in a district

that promises to be wide open. Karns, Oak Ridge and Hardin Valley Academy will be vying for the league title. Central, however, will to compete with Halls, Anderson County, Clinton and Powell for a spot in the upper tier of the district standings.

"Karns, Hardin Valley and Oak Ridge will probably create some separation pretty quick but I think the rest of us are all pretty close," Wise

said. "Our biggest weaknesses will be scoring."

"Team discipline is an issue for us. It always is."

Top returners for the Bobcats include: M.J. Sheriff (junior, midfielder); Corey Plont (junior, goalkeeper); Tyler Edwardson (senior, defender) and Issa Kemkoai (senior, forward).

Central pens its 2013 campaign Tuesday when it hosts Oneida at 6 p.m. at Dan Y. Boring Stadium.

Gibbs uses improbable comeback to make State

Cont. from page 1

with 3:27 remaining in the

third stanza.

Hopson scored all six

of his points in the fourth quarter and had a 3-point play with 1:35 left to trim the Cyclones' advantage to 51-48.

"Our kids played their guts out," Grace coach Matt Mercer said. "That was a great high school basketball game."

"It was awesome. It was like a scene out of *Hosiers*, when we pulled in at 5:30 there was a line out the door. There wasn't a seat in the house. It was standing room only."

The Rams weren't intimidated by the big crowd. Grace went 10-for-20 from beyond the 3-point arc and used a balanced scoring attack to win and advance to this week's State Tournament.

Luke Shepherd and Matt Holland scored 18 points each for Grace, which led 35-31 at halftime. Trey Stewart added 14 points and Tanner Hill finished with 10. Kobe Kelley added nine.

Grace led by as many as 13 points in the second half and withstood a late run by the Bulldogs.

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Also in Section 1-AA: Fulton clinched a trip to Murfreesboro with a 56-50 victory at Sullivan East.

Brody Stone scored 14 points to lead the Falcons (23-8) to a victory and State Tournament berth. Micah Goss scored 11 points and freshman Kentel Williams finished with eight for the Falcons, who won in a hostile environment.

In Section 1-A: Grace Christian Academy overcame an early deficit to defeat Hampton 71-65 in last week's sectional play.

The Rams (23-10) fell behind 19-7 early but stormed back with a 14-7 surge to take a



PHOTO BY ANTHONY BURNS - CAKSPOOPTICS.COM

Amy Cross was among the first players to climb the ladder and start cutting down the net after Christian Academy of Knoxville defeated Grainger High to earn its first-ever trip to the TSSAA state basketball tournament.

Impressive win over Grainger puts unranked CAK girls in state

Cont. from page 1

lot to do with it. For awhile this season, the 6-foot-6-inch sophomore hadn't been contributing much on the basketball floor.

"All of a sudden, she said 'Let's go!'," said Denny, recalling the change in Hooper. "She had been averaging three points. The second Webb game she turned it on."

An example of what Hooper can do: she had a triple double in the win over Grainger – 12 points, 10 rebounds and 12 blocks.

"She's being recruited heavily in volleyball," pointed out Denny, who is also the school's athletic director. "A school our size thrives on two-sport athletes. Anna (Hammaker) hosted a team meeting after a loss to Alcoa. It was for players only. It was a huge turning point in our season."

Hooper came out of the meeting with a different perspective.

"I don't think my heart was completely in it (basketball)," she recalled after her strong performance against Grainger. "I realized I had to step in and play. It was an

almost 100 percent for-the-team decision. I can let myself down, but I can't let my team down."

This could be Hooper's last season in basketball.

"I've decided I'm going to focus on volleyball this summer," she said. "I hope to go D1."

Hammaker, also a sophomore, said she was thinking about last season – when she and Hooper won a state championship in West Virginia playing at Greenbrier East High School – when she called for the special team meeting. Also knowing this could be Hooper's last season in basketball, Anna recalled her message to Cheyenne: "Let this be a good one. Let the home girls experience it.

"Cheyenne, she's our ticket. She's the main key to us winning state."

CAK had balanced scoring in the win over Grainger, with Kaycee Heitzman and Kelsey Naler scoring 15 each, Hammaker 14 and freshman Taylor Dodson nine.

"It's not how we wanted to finish up," said Grainger Coach Justin Combs, whose team went

undefeated in the regular season and finished 32-2. "We had the goal of going all the way."

"We got off to a slow start and never could get back in the game . . . It seemed like they would hit a big shot every time we would get in striking distance. Hooper hit big shots. Dodson hit big shots. Hammaker was a handful as usual.

"It's a credit to them. They responded to the moment a little better than we did."

CAK opened state tourney play last Thursday, hanging on for a 39-35 quarterfinal win over Cannon County. Hammaker and Hooper led the way. Hammaker scored 20 points. Hooper had 10 points, 14 rebounds and five blocks. Naler contributed five points and 11 boards.

CAK was scheduled to play Macon County in Friday night's semifinal round. If they passed that test, the Lady Warriors would advance to the Class AA state title game.

Lady Bulldogs have a season to celebrate, now eye 2014

Cont. from page 1

Nipping arch-rival Farragut 50-48 in overtime in the Region 2-AAA title game Feb. 27 was perhaps the most significant victory as it gave Bearden home-court advantage for the do-or-die state sectional assignment against Tennessee High of Bristol. In that March 2 contest, junior guard Erin Walsh scored 30 points to lead a 57-50 win, punching Bearden's ticket to the state.

Walsh was selected District 4-AAA's most valuable player in regular season and also was the Region 2-AAA tournament MVP.

But it took a team effort to get to the state.

Since losing Norwood,

who suffered a torn ACL in her left knee and underwent surgery Feb. 13, Holly Hagood, a freshman, pretty much went all the way at the point.

"I can't say enough about how hard she plays," said Underwood, "and she does a lot of little things that don't always show up on the sheet sheets."

The starting lineup also included sophomore guard Olivia Pfeifer and freshmen posts Chanler Geer and Kaci Mitchell. Tyler Carter, a junior post, was in the team's regular six-player rotation.

Coach Underwood didn't dispute getting a tough draw in the state bracket. Memphis Central, the Lady Bulldogs' quarterfinal foe, won the

2011 state title and was in the state tourney for the fifth straight year.

Bearden battled hard but bowed to the Lady Warriors 62-43. Nina Davis, a 6-foot forward who has signed with NCAA defending champion Baylor, led the Memphians with 25 points and seven rebounds. Walsh tallied 20 and had seven boards in a losing cause.

State tourney jitters may have had a lot to do with Bearden hitting just 29.5 percent of its field goal attempts, including only 4 of 26 from behind the 3-point line.

Down 27-16 at halftime, the Lady Bulldogs cut the gap to 29-24. That didn't surprise Memphis Central Coach Niki Bray, who said

she knew from her scouting report that Bearden was capable of coming back and wouldn't quit.

Memphis Central pulled away again and led 46-31 after three stops.

Underwood said his players gave their all but a lack of depth hurt his team's chances.

Had Bearden won, its semifinal opponent would have been unbeaten Murfreesboro Riverdale, which came into the state ranked No. 1 in the nation by ESPN and riding a 55-game win streak.

With everyone on the roster returning next season, the Lady Bulldogs hope they'll be able to take advantage of this year's state experience in 2014.

2013 Vols Spring Football Preview: Offense

By Alex Norman

Over the weekend the Tennessee Volunteers got spring practice underway. It was the first time that new head coach Butch Jones got to see his team in a real, live practice session.

Question marks abound for this group... a group coming off a third straight losing season.

The offense loses their top playmakers, including quarterback Tyler Bray, wide receivers Cordarrelle Patterson and Justin Hunter, and tight end Mychal Rivera. Offensive lineman Dallas Thomas is also a guy Jones has to replace.

The season is still more than 5 1/2 months away, but that doesn't mean we can't talk about what the 2013 offense will look like.

Quarterbacks:

Two highly regarded recruits, Joshua Dobbs and Riley Ferguson, won't be on campus until the summer, but they'll each get a shot at replacing Bray. The guys that are in camp now are Justin Worley and Nathan Peterman. Worley, who will be a junior next season, is the only returning signal caller with any collegiate experience.

So who will Jones go with in the Fall? Tennessee has a tradition of starting freshman quarterbacks (2000: AJ Suggs and Casey Clausen, 2004: Brent Schaeffer and Erik Ainge, 2009: Tyler Bray). Could history repeat itself?

"That's really hard to say. I'll know a bit better through training camp," said Jones. "It's extremely hard to expect true freshmen to come in and make a difference individually. I think it's hard. The thing we have to do is focus on the process. Too many people want to focus on the end results. We just need to focus on the process and that's winning tomorrow."

Jones added, "The individual who manages the football the best and makes the least amount of mistakes, but really, it's the individual that gives us the best opportunity to win come Saturdays will be our starting quarterback. It'll be an ongoing process, one (practice) through fifteen and then into the summer months... but I've been encouraged by everything I've seen out of our quarterbacks."

Running Backs:

This football program has produced a long list of terrific running backs (Reggie Cobb, Charlie Garner, Jay Graham, Jamal Lewis, Travis Henry and MANY MORE), but in recent years that position has been one of frustration for Tennessee fans.

Going into 2013, Rajion Neal and Marlin Lane are the incumbents, and each will have his opportunities to turn things around.

Neal, a senior, has gained 1039 yards on the ground in three seasons at Tennessee, starting half of the Vols games last year. Lane, a junior, has gained a total of 938 yards on the ground during his first two seasons at Tennessee, and started half of the Vols games last year as well.

"I think when you're establishing criteria by position, you want level skill sets. Initially, we want an individual who can make you miss. And not just get what the play is blocked for, but who is consistent and reliable, who takes care of the football and can make plays," said Jones.

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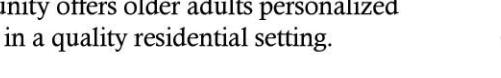
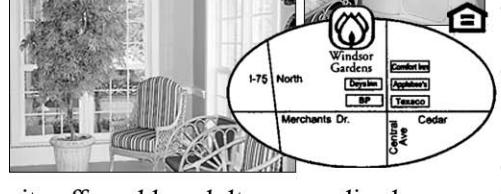


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A Cold Night in Murfreesboro

It was January of '65 and the undefeated Gibbs Eagles were in Middle Tennessee for a matchup with undefeated Murfreesboro. Principal Max Clendenen tried to open the door for the Gibbs group to enter the gym. A man stuck his head out and said, "Sorry, there is no more room. It is a sell-out." He shut the door.

Coach Dagley remembers that night. "It was cold! I knew Mr. Clendenen well enough to know that when his face got taut, he turned pale, and set his jaw, it was not the time to cross him," Dagley said. Those words reminded me of the same look I had seen on our father's face countless times.

Mr. Clendenen was a stabilizing force at Gibbs for decades. Many of us were fortunate to have him as our principal for grades one through twelve. I remember seeing him in the hallways many times—always pleasant and always smiling. He had watched some of the basketball players go from first grade to



By Ralphine Major

ralphine3@yahoo.com

this moment of being an undefeated team in the state. This beloved principal must have been so proud of them. The often quiet, but fearless, leader would not be outdone with his Eagles standing

in the cold ready to play. The players were fortunate to have him there that night.

Again, Mr. Clendenen pulled the door open. Again, the man stuck his head out and said, "Sorry, there is no more room."

This time, Mr. Clendenen stepped in front of him and emphatically said, "Then there will be no second game tonight." The man looked out and saw the entire Gibbs team, in matching navy blazers and gray pants, standing in the bitter cold. He humbly apologized and let the ball team enter the gym.

The team got their first taste of a hostile crowd when they started to the dressing room. Dagley said the first time they played there in December, the gym was full. He was told it seated 4,500. This time

it had to have many more because the teams sat on the ends of the court and folding chairs had been placed right behind the Gibbs bench. Dagley told someone that they must have "hand-picked" the ones who sat behind the Gibbs team. Perhaps, a kind gesture from the Superintendent of Knox County Schools, Dr. Mildred E. Doyle, helped to warm their spirits somewhat in that hostile territory. Before the game, a telegram from Dr. Doyle wishing the team luck was delivered to their dressing room. The coach kept it. I was not surprised to hear of Dr. Doyle's kind gesture, because I learned first-hand that she took a great interest in students.

It was during my senior year that the yearbook sponsor, Edgar J. House, suggested I take a copy of the Gibbs yearbook to Dr. Doyle. I did—though I was sure she had more important items on her agenda than to see me. Instead of asking me to leave the yearbook with her secretary, however, Dr. Doyle invited me into her office at the Fort Hill Building for a short visit.

Just as in the first

Murfreesboro game, former WBIR sportscaster Jim Holliday was the link to the long-distance game for fans back home. Murphy's Law continued in the game. "It certainly was not a pretty game for our fans to watch," Dagley said. "We made mistakes that I had not seen all year. Their plan was to slow the game down and not give us the chance to fast break—and they did it. They were the better team that night and beat us by 11 points. That stopped our win streak at 22 straight wins."

The Coach knew how heartbreaking the loss would be for his young team. He had been in a similar situation as a player. Dagley had played on the '52-'53 Karns team that lost only three games and remembered how upset he got over that first loss. Now, Dagley—the Coach—was wondering how this first loss would affect his '64-'65 Gibbs team. It didn't take him long to find out how one player felt. On the way home, the team stopped at Rockwood to get something to eat. One player got off the bus wearing his navy blazer with half of his shirttail tucked in and the other half out.



former Superintendent of Knox County Schools, the late Dr. Mildred E. Doyle, from the Gibbs yearbook

"I told him to tuck his shirt in," Dagley said. He did.

Then he told his coach, "It doesn't make any difference now. I've lost my pride."

"I'm sure it affected the rest of the team in some way," Dagley added. He would soon find out if the loss at Murfreesboro had devastated the team or if they would channel the

emotions of that terrible loss and rebound to their winning ways.

(This is the fourth in a series of columns over the next several weeks about the '64-'65 Eagles' amazing year with their Head Coach, Bob Dagley. The series continues April 1, after my Easter columns, when the team returns from Murfreesboro.)

2013 Vols Spring Football Preview: Offense

Continued from page 3

He added, "We'd like a complete pack: an individual who can pass-protect and catch the football in the backfield and run the ball. Obviously, you need some shifty guys who can make guys miss, and you need some downhill runners. I think Rajion Neal and Marlin Lane have running styles that really complement each other. I've been encouraged by what I've seen from those two."

Wide Receivers:

Hunter and Patterson will be playing on Sundays in the Fall. There's a good chance both are drafted in the first two rounds of the NFL draft.

Those are some big cleats to fill.

When freshman MarQuez North gets to campus, he'll be looked at not only of the crown jewel of Tennessee's recruiting class of 2013, but a guy that could make an immediate impact. At 6'3", 205 pounds, with a 4.48 40 time, North has the tools to be something very special for the Vols.

Vincent Dallas and Pig Howard each had their moments in 2012, and Devrin Young moves to the all important slot receiver position. They'll both get a lot of attention during spring practice. Overall, that position is big on potential for the Vols. We'll see if the results follow.

Tight Ends:

With Rivera gone, the door is wide open for former Kingsport Dobyns-Bennett star Brendan Downs. Can he lock up that starting spot by the time the Orange and White game is played on April 20th?

Offensive Line:

If there was a group for Jones to be absolutely stoked about going into spring practice, it's these guys. Four of the top five are seniors with a boatload of experience. "I rely on them. They did a great job. Obviously, having experience back up front in this conference is comforting. The thing I'm uncomfortable with right now is our depth... who's number six, who's number seven. Every player is one play away. Look at the great teams and their role understanding. The understanding is that there can be no drop off. Four goes out and as it goes down the line and seven goes in, there can be no drop off. When we have that, we'll have a successful football team and football program."

Butch Jones' quotes courtesy UTSports.com.

Recalling the good times of covering state basketball tourneys

When I see yellow daffodils and forsythia bushes



By Steve Williams

blooming in early spring it always reminds me that it's time for the TSSAA state high school basketball tournaments.

It's that time now.

It's one of my favorite times of the year.

For 15 years or so in the 1970s and 1980s, I had the privilege of getting to cover girls' and boys' state tournaments for The Knoxville Journal when it was a daily newspaper.

It was probably my favorite assignment as The Journal's prep editor. Assignment? A labor of love would be a better way to describe it.

I was 22 years old when I covered my first boys' state tourney in 1974. It was held all the way across the state in Memphis. The TSSAA had just gone to a classification system the year before. Based on enrollments, there were then divisions for Class Large and Class Small schools, and that included public and private schools. (We now have five classifications – Division I AAA, AA and A for public school teams and Division II AA and A for private school teams).

I still have memories of the '74 tourney. Knoxville Catholic High, led by a red-headed guard by the name of Chris Gettlefinger and coached by the personable Bill Deatherage, finished runner-up in Class Small, losing to Happy Valley 44-42.

Memphis Melrose, one of the best, if not the best high school team I've ever

seen, smashed Haywood (I believe that team was from Brownsville) 66-30 in the Class Large title game to finish with a 33-0 record. John Gunn was a powerful post player for Melrose. If I'm not mistaken, he went on to play at Memphis State but died much too young, in December of 1976, due to a medical condition.

The boys' state tourney moved to Murphy Center in Murfreesboro in 1975, and all the remaining tourneys I covered were either there or at Vanderbilt in Nashville.

One of the things I enjoyed about going to the mid-state area every spring was the trip itself. If I had time, I would get off I-40 West at the Harriman-Rockwood exit and get on scenic U.S. Highway 70. I discovered Ozone, a little community before you get to Crab Orchard. Ozone has a waterfall that I liked to stop and see.

It probably took me longer to get there, but I still liked the journey. It enabled me to see little towns and the countryside that our beautiful state has. Riding atop the plateau in Cumberland County, crossing into the Central time zone, you knew you weren't in East Tennessee anymore. Coming back, you hoped your brakes wouldn't fail as you came down Rockwood Mountain. Soon you are back in the valley, almost home.

When I would get to Murfreesboro, I would always enjoy the sight of Murphy Center in the distance. Inside, I would see familiar faces of tourney staff workers and TSSAA directors like Gil Gideon, Bob Baldridge, Ronnie Carter and Gene Beck. They were always

very accommodating and seemed pleased to see me, too.

I would also usually get to see some of my sports-writer pals from other parts of the state, like Bill Lane from Kingsport, Larry Flemming from Chattanooga, Larry Taft and Harold Huggins of Nashville, Larry Rhea of Memphis and the late Aaron Keen, who had worked at newspapers in Oak Ridge, Murfreesboro and Mt. Juliet. I'd also see a lot of my competition there, the late Bill Luther of The Knoxville News-Sentinel. We would compete for stories, but we respected each other.

Some nights, after all the fans had gone home or back to their motels, and workers were cleaning up Murphy Center, the home of the MTSU Blue Raiders by the way, some of us writers, after our stories had been filed, would be provided a basketball, and we would go out on the court and shoot. We had the spacious blue-splashed arena all to ourselves.

The sportswriting business was different back then. There would be portable typewriters on press row, not laptops. Stories were sent back to the office via a telecopier, and then would have to be retyped into the newspaper's system by one of the sportswriters back in the office.

Game statistics would roll off a mimeograph machine back in the arena's press room, the master sheet filled out by hand. The mimeograph copies would be in blue ink, with that distinctive smell.

The TSSAA provided food and drinks for us media workers at the tourney site,

away to eat out. Hey, The Journal was paying my expenses – I might as well take advantage of it. One can't live on hot dogs and sandwiches alone.

I had a favorite steak house in Murfreesboro and there was a small country restaurant, with homecookin', on the courthouse square I liked. I usually had breakfast at Waffle House, then would return to Murphy Center for six more games. Sometimes my day would end at the Waffle House.

Since 1988, I haven't been to the state tourney many times. One year, my alma mater, the Clinton Dragons, coached by Don Lockard, made it to the state and I went as a fan.

Every year I get the urge to go back.

This season would be a good year to go. Several local teams are state bound – Gibbs, Fulton and Grace Christian Academy plus Oak Ridge, Maryville and Wartburg.

If you're going down to support your team, I suggest taking Highway 70, and stopping and seeing the waterfall in Ozone.

We always hear coaches say their teams should enjoy the journey. Well, so should fans.

If I go, there's at least three things I'm gonna try and do. One, get a press pass. Two, see if that country restaurant is still there. And three, check with Gibbs Coach Tim Meade, who is only 27 years old, to see if he really got some gray hairs, like he told me, from all those close games his team had this season.

I might also stop and smell the flowers. The yellow ones.



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The Doctor is in

a weekly column by
Dr. Jim Ferguson

Les Couleurs

"The world stands out on either side, no wider than the heart is wide;

Above the world is stretched the sky, no higher than the soul is high..."

Edna St. Vincent Millay

I think it's easier to comprehend the vastness of the ocean (and the world) from the deck of a ship. Our seagoing home is huge and is shared with three thousand other souls, yet it bobs like a cork on an ocean that stretches to the horizon and for three and a half miles beneath us.

Becky and I are not "boat people," but I needed to get away and she knew I needed R&R, rescue from the world and restoration

of the soul. Thankfully, there are last minute cruise deals, so here I sit contemplating clouds so low you can almost touch them and the kaleidoscopic of the Caribbean.

You can't ignore colors in the Caribbean. Perhaps it's the sun and light that causes people to choose bright and vibrant colors over the drab ones of higher latitudes. Darkness is, after all, the absence of light. The 19th century French Impressionist painters understood the importance of light, though I doubt Monet considered the physics of electromagnetic radiation from our sun.

Our ability to see color is dependent on light energy of a certain spectrum

which activates photoreceptors in the retina of our eyes. When I was a boy I was taught the mnemonic ROY G BIV which describes the colors we see as revealed by a prism.

Red, orange, and yellow colors are associated with the longer, less energetic, wave lengths of light energy. Blue, indigo, and violet colors are found in the shorter wavelengths of electromagnetic radiation. Verdant colors are found as we shift from the red to the blue end of the visible spectrum.

The physics of light brings such beauty and wonder to those who have eyes to see.

Some people don't stop to consider yellow daffodils, and others are color blind and see differently.

My father-in-law had red-green color blindness. He was once asked what red looks like to him. He replied to his interlocutor, "Well, what does it look like to you?" You can't describe "red;" it must be experienced.

There are practical aspects of physics beyond just science and esthetics. Most of us have observed the rising tone of an ambulance as it approaches.

This occurs because the sound waves are compressed resulting in a rising frequency of sound and an increasing tenor. Similarly, as the ambulance recedes, the tone of the siren decreases as the sound wave is stretched. This is called the Doppler Effect, and it applies to light waves as well as sound energy.

The 20th century astronomer, Edmund Hubble, noted that the color spectrum in sequential photographs of stars was shifted toward the red end of the spectrum and he concluded that virtually all stars in the Universe are moving away from us. This was a paradigm shift from our notion that the Universe was vast, but fixed. This observation has been repeatedly confirmed and is offered as proof that our Universe continues to expand from its origin 13.4 billion years ago.

Becky has tried to explain the color wheel to me before, and it finally sunk in. I was intrigued why orange seaweed floating upon a deep blue sea was so appealing to my senses; and that's when the lesson began.

the window of the soul by poets. A picture of the sea or a story can never capture the beauty or grandeur of the world. Sometimes we need to slow down and consider the beauty around us as did William Wordsworth as he gazed and then reflected on a field of yellow daffodils:

...I gazed and gazed but little thought what joy to me that crowd had brought: For oft, when on my couch I lie in vacant or in pensive mood, they flash upon that inward eye which is the bliss of solitude. And then my heart with pleasure fills, and dances with the daffodils."

We see the world through the three primary colors and their blends as depicted on her color wheel diagram. We find it esthetically pleasing when an object reflects the wavelengths of a primary color juxtaposed to its complementary color. Orange works with blue, and the red and green of Christmas is likewise pleasing. Fellows, esthetics has its place and a Big Orange tie with a red shirt is garish. In fact, another group of French painters were known as the Fauves because they used garish colors and were described as painting like "wild dogs."

The eye is a wondrous organ and has been called

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

For appointments call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at fergusonj@knoxfocus.com.

Prevent the Itch of Poison Ivy

By Lisa Lawson,
Medicine Shoppe Pharmacy #1122

Millions of Americans suffer yearly from allergic contact dermatitis caused by urushiol, an oleoresin in poison ivy, poison oak and poison sumac. The reactions range from mild discomfort and rash to severe full body involvement. The resin is very hard to wash off and can remain on clothing and tools. There are cleansing products available that are designed to remove the resin which can be very effective at preventing or decreasing reactions. However, these agents must be used before the resin comes into contact with the skin or shortly after to be most effective.

Most people do not realize they have come into contact with poison ivy until the skin rash appears. Typical treatment after the rash appears usually involves anti-histamines, corticosteroids, and drying agents. These can take some time to work, may require a prescription, and leave the individual suffering initially.

There is another option available that a lot of people are unaware of. It is prevention with Rhus Tox oral solution. This homeopathic therapy is initiated in spring prior to exposure and involves three weekly doses. It prevents or reduces the reaction in most patients if started at least three weeks prior to potential exposure (Feb-March).

Stop by Medicine Shoppe Pharmacy today to pick up your bottle or ask questions.

Kiss Knee Pain Goodbye



Featured Speaker

W. David Hovis, M.D.

Board Certified in Orthopedic Surgery

Dr. Hovis will share how knee pain can be treated with a minimally invasive resurfacing procedure called MAKOpasty® that results in less scarring and less pain.

Monday, March 18, 2013

11:30 a.m. - 1:00 p.m.

Turkey Creek Medical Center

Johnson Conference Center

10820 Parkside Drive

Lunch included. Space is limited.

Call 1-855-Tennova (836-6682) by March 15 to register.

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Faith

A Life Well Lived

There is a poignant scene in the movie, *City Slickers*, that occurs between Jack Palance and Billy Crystal. This scene is borrowed from the book "Halftime," Bob Buford's book for men (Grand Rapids, MI: Harper Collins-Zondervan, 1994, 77):



By Mark Brackney,
Minister of the
Arlington Church
of Christ

gets more than he bargained for, and in the process, Crystal learns something important about himself.

Palance: Cowboy leads a different kind of life. When there were cowboys. They're a dying breed. Still means something to me, though. In a couple of days, we'll move this herd across the river, drive them through the valley. Ahhh, there's nothing like bringing in the herd.

Crystal: You see, that's great. Your life makes sense to you.
Palance: (Laughs)

Crystal: What? What's so funny?

Palance: You city folk. You worry a lot, don't you?...How old are you? Thirty-eight?

Crystal: Thirty-nine.

Palance: Yeah. You all come out here about the same age. Same problems. Spend fifty weeks a year getting knots in your rope then – then you think two weeks up here will untie them for you. None of

you get it. (Long pause) Do you know what the secret of life is?

Crystal: No, what?
Palance: This. (Holds up his index finger)

Crystal: Your finger?

Palance: ONE THING. Just one thing. You stick to that and nothing else matters.

Crystal: That's great, but what's the one thing?

Palance: That's what you've got to figure

out.

Have you figured out what that one thing is? Steve Farrar, in his book, *Finishing Strong*, says that

"The greatest thing you can leave behind is the example of a life well lived" (Multnomah Books, 1995, 48). The apostle Paul put it this way:

I am still not all I should be but I am bringing all my energies to bear on this one thing: Forgetting the

past and looking forward to what lies ahead, I strain to reach the end of the race and receive the prize for which God is calling us up to heaven because of what Christ Jesus did for us. (Philippians 3:12-14, TLB).

Don't get caught up in the past. Forget the past and give God your life as you move forward with all your might to the finish line.



Isaiah 40:31 (KJ21)

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles, they shall run and not be weary, and they shall walk and not faint.

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SOUPER BOWL. Sharon Baptist Church just ended the 17th year of the "Souper Bowl." Throughout the month of February, different Sunday School Departments collected money for their assigned food (Crackers, Macaroni and Cheese, Peanut Butter, Can Soup and Vegetables). The food goes to support Western Heights Ministries and Montgomery Village Ministries. Both ministries are a part of the Knox County Association of Baptists. This year the cost of the food given by the church through the Souper Bowl was almost \$5,000.



Does your life feel like a full-time juggling act?

Many women today are carrying too much on their shoulders: work, family, home-life and the responsibility of caring for a family member facing the challenges of memory loss. Join us to learn how the enriching programming and compassionate staff at Clarity Pointe Knoxville can add meaningful moments to your busy schedule.

Tuesday, March 12, 2013 – 5:00 p.m.

Thursday, March 14, 2013 – 5:00 p.m.

Thursday, March 21, 2013 – 5:00 p.m.

Office Suites Plus – Roosevelt Room

200 Prosperity Drive, Knoxville, TN 37923

Refreshments will be served.

Kindly RSVP to Mary Lynne Payne at 865-951-2985 or email paynemarylynne@claritypointeknoxville.com.

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www.ClarityPointeKnoxville.com



Church Happenings

Christus Victor Lutheran Church

Christus Victor Lutheran Church Knoxville will conduct Easter week worship services beginning Palm Sunday, March 24 at 9:15 a.m.; Maundy Thursday, March 28 at 7 p.m.; Good Friday, March 29 at 7 p.m. and Easter Sunday, March 31 at 9:15 a.m. The church is located at 4119 Central Avenue Pike. Everyone is invited.

First Lutheran Church, Knoxville

Easter season worship schedule:

March 24, 10:30 a.m. Palm Sunday and Confirmation Sunday, Worship with Communion

Come worship with us New Beverly Baptist Church

3320 New Beverly Church Rd.

Knoxville, TN 37918

Rev. Eddie Sawyer, Pastor

www.newbeverly.org

856-546-0001

Sunday School 10 a.m.

Sunday Morning Worship

11:00 a.m.

Sunday Evening Worship

6:00 p.m.

Wednesday Evening Prayer

7:00 p.m.

Wednesday Evening Youth

7:00 p.m.

Bus Ministry -

For transportation call 546-0001.

March 28, 7:00 p.m.

Maundy Thursday Worship

Service with Communion

March 29, 9:00 a.m. to

9:00 p.m. Friday Prayer

Vigil (for 20 minute

sessions, please sign up

on a form posted on the

bulletin board), 12: 00

noon Worship Service with

Communion, 8:00 p.m.

Tenebrae Service (Service of Darkness)

March 31, 7:00 a.m.

Easter Sunrise Service

with Communion, 8:00

a.m. breakfast, 9:15 a.m.

Sunday School and Bible

Classes, 10:30 a.m. Easter

Festival Worship Service

with Communion.

First Lutheran Church

is located at 1207 N

Broadway.

Seymour First Baptist

Seymour will observe Keep Sevier Beautiful's spring Roads and Rivers Clean Up Day on Saturday, March 16, from 9:00 a.m. until noon. Registration will be held in the front parking lot of First Baptist Church, 11621 Chapman Highway. Participants will receive trash bags, gloves, and trash pickers.

All Seymour residents, including members of civic organizations, families, church youth groups, Scouts, 4-H Club members (children will need to be accompanied by an adult), are encouraged to participate in this effort to make Seymour more beautiful. For more information call Sam Padgett at 573-7759.

Seymour United Methodist Church

The High School Youth will have their annual Laser Quest outing on Friday, March 15 and the annual Car Show has now been re-scheduled for Saturday, April 27.

Saturday, March 23, is church-wide "work day" to spruce up inside and out for Easter. Signup sheets for the various tasks are posted in main hallway.

HALLS CHRISTIAN CHURCH

Corner of Hill Road and Fort Sumter Road
Larry Woods, Minister • 922-4210 • www.hallschristian.net

Sunday School - 9:45 a.m. • Morning Worship - 10:45 a.m.

Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

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www.ClarityPointeKnoxville.com



ANTTIQUES & COLLECTIBLES

The American Reinvention

I often think what Focus publisher Steve Hunley said last year when a group of us were sitting around a long table and Steve was holding court sitting back in his famous rocking chair. He said, "We will come out of this recession and be stronger as a country and a people. We will have learned to live within our means and not take things so much for granted as before." Well, he was right and it seems people have learned to adapt in many ways.

I read a report today that even young folks and college kids are putting money into savings for a hedge. Taxes have been raised, housing has taken hits, jobs have been lost and yet we have seemed to have invented our own system of necessity. While our elected government can't pass a budget in over four years, we, the people, have taken matters into our own hands to survive and pay our bills.

Americans have pulled together in many different ways. First off, we, the people, are obviously not paying retail like we used to and are seeking deals on everything. The deals are certainly there to be had. We have become tough and competitive as to who gets our money. We are using cash over credit cards, drive less, freeze food and turn down our thermostats. Instead of paying retail, as well as



By Carl Sloan

21% interest on a credit card, for a bedroom set, the people are going to auctions and sales.

We are learning that quality is key. We would rather have a solid wood table that will last forever and still have relative value for \$85 cash at auction rather than charge \$400 to a credit card for basically a particle board-based import that you may see at the curb to be picked up for refuse in a year.

Auction houses that sell estates are the new groove and it is way past time, in my opinion. We, the people, can't print money but we can control what money is worth thus putting us in charge of our own destiny. Washington just may have to finally realize that they work for us and not the other way around. There's nothing like cutting off the allowance of an unruly kid until they learn respect and lose the arrogance. We, the people will always be in charge of our own destiny and humbly invite our elected officials to join us anytime they wish.

Oh, and by the way, I am in need of certain items for a major sale happening in late April to accompany the items we now have on hand. This will be a live internet sale of higher quality. Don't hesitate to call me at (865)604-3468 if you think you have anything that you wish to consign for this sale. My assessments of your items are free of charge, so don't hesitate.

ANNOUNCEMENTS

CHS Class of 1963 Reunion

The Central High School Class of 1963 is looking for lost classmates as we prepare to celebrate our 50th Reunion this spring. If you are part of this class and have not heard from the committee about the upcoming "golden reunion" please email or mail your information. Email your contact info to: ajrader@bellsouth.net or mail to CHS Class of '63, 5428 Kesterbrooke Blvd., Knoxville, TN 37918.

Daughters of the American Revolution

Bonny Kate Chapter, DAR will meet on Wednesday, March 13, 2013,

12:00 a.m. at the Second United Methodist Church, 1524 Western Ave., Knoxville. The program will be presented by Bill Bass of the American Red Cross about National Disasters.

Daughters of Union Veterans of the Civil War meeting

Lucinda Heatherly Tent #3, Daughters of Union

Veterans of the Civil War

will meet on Saturday,

March 16, 2013, at 1:00 p.m. in the East Tennessee History Center, 601 Gay Street, Knoxville. The program will be presented by reenactors portraying President Abraham and Mrs. Mary Todd Lincoln. For information call (865)494-7785.

Fountain City Business & Professional Association Meeting

The monthly Fountain City BPA Lunch Meeting is Wednesday, March 13, at 11:45 a.m., at Central Baptist Church.

Rick Ross from Rick Ross & Associates and Studio

Four Design Architects will speak on "Company Culture: Why It's Important and How to Build it." We hear a lot of discussions about Company Culture, but what does that really mean? And more importantly why should it matter? Organizations either build a culture or they accept the one that evolves. Come hear a little on the topic of culture, gain some insights, and learn how you can begin to build

on yours.

Members and Guests are welcome! Lunch is \$10 and you may RSVP by emailing info@fountaincitybusiness.com

Halls BPA Good Friday Prayer Breakfast

The Annual Good Friday Prayer Breakfast will be held at the Beaver Dam Baptist Church Fellowship Hall on Friday, March 29, at 7:30 a.m. This annual event, sponsored by the Halls Business & Professional Association, attracts businesses, professionals and residents from the community and is always a sold out affair.

The guest speaker this year is Foster D. Arnett, Jr., Knox County Clerk. He was elected to an interim term in 2008 and re-elected with over 78% of the vote in 2010. He served as Public Information Officer for six years with the Knoxville Police Department. Arnett has the unusual record of news anchor on all three local television stations - WATE-TV, WBIR-TV and WVLT-TV. Arnett has been

active in many local organizations and served as deacon at both Second Presbyterian Church, and Sequoyah Hills Presbyterian Church. His wife, Dottie, is a teacher in Knox County Schools.

A catered breakfast will be served prior to Arnett's Easter Holiday remarks. Tickets are available from the Halls Shopper office Shannon Carey (865) 922-4136 or Halls UPS offices Karen Hurley (865) 922-3946. Sue Walker is chairperson of the event.

Halls Republican Club Meeting

The Halls Republican Club will be meeting at the Boys & Girls Club of Halls/Powell (1819 Dry Gap Rd. just off of E. Emory Rd. across from Brickey School) on Monday, March 18, 2013. The Meet & Greet starts at 6 p.m.; the meeting proper begins at 7 p.m.

The guest speaker will be John Duncan III, Knox

County Trustee.

The Republican Lincoln Day Dinner is slated for

Friday, April 12, 2013. Tickets are \$30 per person.

The dinner will be held at Rothchild's (8807 Kingston Pike, Knoxville, TN 37923) at 6:00 p.m. Program will begin at 7:30 p.m. Former Texas Congressman and Republican presidential contender Ron Paul will be the speaker. Call GOP Headquarters for more information at (865) 689-4671.

Homeownership Workshop

The Knoxville Area Urban League is hosting a three-session Homeownership Workshop on March 12, 14 and 16, 2013, 1514 East Fifth Ave., Knoxville, TN 37917. The workshop, which is open to anyone preparing to purchase their first home, covers the

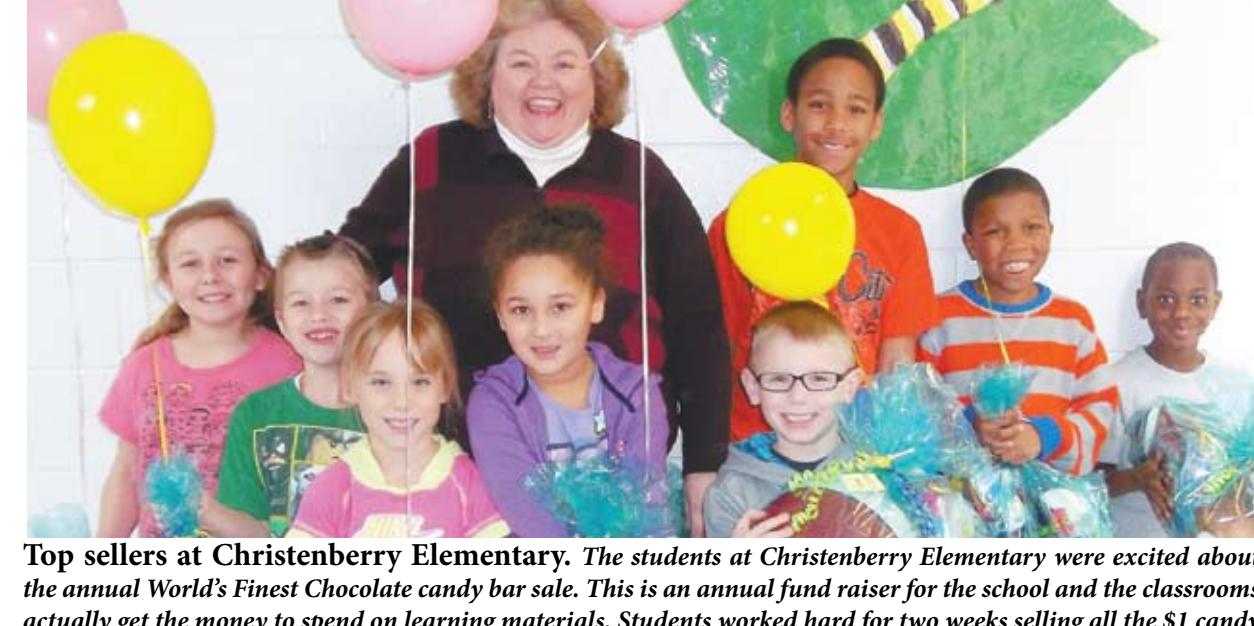
details involved in selecting, purchasing, financing and maintaining a home and meets all requirements for FHA and THDA loans. Classes are held on Tuesday and Thursday evening from 5:30 to 8:30 and on Saturday from 9 a.m. to noon. Training Fee: \$20. Info: 865-524-5511; www.thekaul.org.

Mt. Olive Elementary Night of the Arts

Please join Mt. Olive Elementary on March 7, 2013 for The Night of the Arts. This wonderful event will celebrate the culture of Appalachia through the arts. Activities will include Appalachian dancing, music, art,

Continue on page 4

House to Home



Top sellers at Christenberry Elementary. The students at Christenberry Elementary were excited about the annual World's Finest Chocolate candy bar sale. This is an annual fund raiser for the school and the classrooms actually get the money to spend on learning materials. Students worked hard for two weeks selling all the \$1 candy bars they could. The winners, pictured here, sold 350 or more bars. Pictured from left to right are: Alexis Cooper, Jason Smith, Madison Walsh, Sierra Sherlin, Reese Wilkerson, James Coleman, DeBryant Morgan, Kaydon Smith with Principal Melissa Johnson. Not pictured are Charlie DeLapp and top seller Carlos Lopes. Carlos is a 5th grader in Ms. Davis' class and Carlos sold a total of 1650 candy bars!

UT Extension hosts 'Homefront to Heartland' Conferences this spring

When it comes to agriculture and agri-business, women can be just as successful as men – and can be valuable partners in farming operations.

Women are a growing demographic in agriculture and small business, and need the resources, tools and education to help them be successful. Women in agriculture and the vital roles they play will be the topic of the "Homefront to Heartland" Conferences this spring across Tennessee, hosted by University of Tennessee Extension. These workshops are for any Tennessee woman on the farm, on the job, or in the home who wants to learn more about reducing stress or obtaining funding and who wants to gain a better understanding of labor regulations.

"Women will leave empowered with new knowledge and skills to better manage the challenges they face as they strike a balance between work and family life," says Chris Sneed, a UT Extension Agent

in Blount County, and organizer of the conferences. "Topics are broad enough to impact the entire industry, but specific enough to equip each person with information to change her personal and professional life," Sneed says.

Among the conference topics, there's the fun and interactive session known as the "Real Colors Personality Instrument." Here people improve communication skills and get a better understanding of human behavior by completing a series of questions. This provides insight into your own personality, as well as the personalities of those who live and work around you.

Other topics include labor management, a session designed to explain some of the complex relevant labor laws and corresponding record-keeping requirements. Tools and tips for effective communication with employees, family and others will also be discussed.

A luncheon discussion is also scheduled, titled "Life, Liability and

Farm – Understanding Your Insurance," hosted by Tennessee Farm Bureau Insurance. Here participants will learn if they have enough – or perhaps too much – insurance. Other conference topics include information about both federal and private funding opportunities.

"Women are very commonly the bookkeeper and human resource agent on the farm," says Jane Starnes, a Research Associate with UT Agricultural and Resource Economics. "I hope these workshops provide them with useful and practical information on payroll records, labor regulations and labor communications that will give them the confidence in these roles on the farm," she says.

The Knoxville conference will be held March 16, 2013 at the UT Extension Eastern Region Office, 1801 Downtown West Blvd., from 8:30 - 4:30 p.m.

Register online at www.homefronttoheartland.com or call (865) 974-7108.

What are you WEIGHTING for?

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Tennova Health & Fitness Center

Shannon Carey (865) 922-4136 or Halls UPS offices Karen Hurley (865) 922-3946. Sue Walker is chairperson of the event.

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presidential contender Ron

Paul will be the speaker.

Call GOP Headquarters for

more information at (865)

689-4671.

Homeownership Workshop

The Knoxville Area Urban

League is hosting a three-

session Homeownership

Workshop on March 12,

14 and 16, 2013, 1514

East Fifth Ave., Knoxville,

TN 37917. The workshop,

which is open to anyone

preparing to purchase

their first home, covers the

details involved in select-

ing, purchasing, financing

and maintaining a home

and meets all require-

ments for FHA and THDA

loans. Classes are held on

Tuesday and Thursday eve-

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through the arts. Activi-

ties will include Appala-

chian dancing, music, art,

and crafts.

Continue on page 4

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and drama. Local teaching artists Sean McCollough and Will Carter have been working with the students in preparation for the event and will be performing that night. If you have questions, please contact Angela Harrod at 579-

2170 or angela.harrod@knoxschools.org.

Parkinson Support Group meeting

PSG will meet in the Kern United Methodist Church Family Life Center located at 451 East Tenn. Ave. on Tuesday, March 19 from

11:30 a.m. -1:30 p.m. The topic for this months meeting will be "Take Charge Fitness Program" presented by Anna Dark from the Clinton Physical Therapy Center. A light lunch will be provided by East Tennessee Personal Care Services and Amedisys of Oak

Ridge Home Health Care. PK Hope Is Alive meetings are held on the third Tuesday of the month. Family care support partners of those with Parkinson's are always welcome. For more information please contact Karen Sampson at (865)482-4867

or pk_hopeisalive@bellsouth.net. See us on the Web: www.pkhopeisalive.org.

20 from 9:00-11:00 a.m. Link: www.tackkk.com/eduk84life.

Town Hall East

Town Hall East will meet at the Eastminster Fellowship Hall, 4904 Asheville Hwy, at 7 p.m. on Monday, March 11.



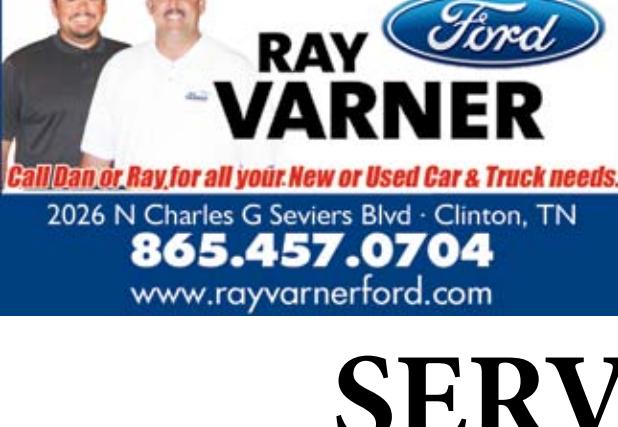
Toffee Bars

1 cup butter, softened
1 1/2 cup brown sugar
2 egg yolk
1 1/2 teaspoon vanilla extract
3 cups all-purpose flour
1/4 teaspoon salt
6 Hershey Bars

In a large bowl, cream butter and brown sugar until light and fluffy. Beat in egg yolk and vanilla. Gradually add flour and salt, beating until smooth. Press into a greased 15-in. x 10-in. x 1-in. baking pan. Bake at 350° for 17-19 minutes or until light golden brown. Immediately place chocolate bars on top; return to the oven for 1 minute. Spread melted chocolate over bars. Let cool and slice.



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2012 Ford Flex	R1319 Limited, Loaded, Factory Warranty!	\$27,550
2012 Ford E-350	R1324 XLT, 15 Passenger Van, 1 Owner, Like New	\$22,450
2012 Ford Fiesta	R1361 Auto, Pwr Windows & Locks, 40 MPG!!!	\$12,990



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