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Whitehead wins second straight Rocky Top Title

By Ken Lay

For the second consecutive year Pilot Rocky Top Basketball League commissioner Andre Whitehead has been forced to coach in the league championship game.

Well, he doesn't seem to mind very much because he has two wins and two championships but he's not taking any credit.

"The players did it all. I just subbed," Whitehead said after guiding the league's Knoxville News Sentinel team to a 107-97 victory over Campus Lights Tuesday night before a packed house at Christian Academy of Knoxville.

Whitehead was coaching in place of Zane Duncan, who

missed Tuesday's action due to a prior commitment. Whitehead, who founded the league seven years ago, coached in last season's title game because Chad Smith was absent.

The league commissioner knows that the fans come to see the players and he knows that those who sat in the stands were treated to an entertaining contest that basically was a shootout between former Tennessee Volunteer (and fan favorite) Wayne Chism (KNS) and Campus Lights' Jordan McRae, Tennessee's current top scorer.

"This was great entertainment," Whitehead said.

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Campus Lights forward Jordan McRae grabs a rebound while Dre Mathieu looks on. McRae, a University of Tennessee star scored a game-high 51 points in Campus Lights' 107-97 loss to Knoxville News Sentinel Tuesday's Pilot Rocky Top League Championship Game at CAK. Photo by Dan Andrews.

Knox Countians Opposed to Superintendent Being Paid More Than Governor

By Focus Staff

Knox Countians were asked the question, "Do you believe an appointed school superintendent in Tennessee should be paid more in salary than the duly elected Governor of Tennessee?"

The answer was a resounding "no."

Almost 90% of Knox Countians said they do not believe a school superintendent should earn more than the governor. As of 2010, the governor's salary was just over \$170,000. Tennessee's last two chief executives, Phil Bredesen and Bill Haslam, have not accepted a salary. Knox County School Superintendent James McIntyre earns over \$200,000 per year and in fact makes more in salary than Vice President Joe Biden, Chief Justice of the Supreme Court John Roberts, and House Speaker John Boehner.

The results from the poll were uniform all across both the city and county. Only three districts registered in the double digits in supporting a superintendent being paid more than the governor: the Second, Fourth, and Ninth. The highest support for paying a superintendent more than the governor was in the Fourth District, which is Sequoyah Hills and parts of West Knoxville.

The least support for paying a school superintendent was in the Third District where fully 100% said they were opposed to the idea, which is a first for the Focus polls.

More women than men believed a superintendent should not earn more than the governor.

In Tennessee's four largest urban counties, the school superintendent is paid more than the mayor and is the highest paid official in the county.

LUCKY DUCK



PHOTO BY DAN ANDREWS.

A large crowd at World's Fair Park watches as WBIR's Russell Biven selects the winning duck from the annual Boys & Girls Clubs of the Tennessee Valley Duck Race held July 4. This is the 18th year that the Boys & Girls Clubs of the Tennessee Valley have hosted the Duck Race. Approximately 40,000 ducks made their way through the lake to the finish line. All proceeds from the Duck Race will go to the Boys & Girls Clubs of the Tennessee Valley, which serves over 5,000 children at 14 club locations.

FOCUS Weekly Poll*

Do you believe an appointed school superintendent in Tennessee should be paid more in salary than the duly elected Governor of Tennessee?

YES 10.09%

NO 89.91%

Survey conducted July 3, 2013.

* Focus Weekly Polls are conducted by an independent, professional polling company.

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A Labor of Love

By Tasha Mahurin
tasha@knoxfocus.com

Ambassador Ashe was Mayor of Knoxville and Donna Young was the Greenway Coordinator in the Parks and Recreation Department under Sam Anderson when work on the Loves Creek Trail began. All those years and administrations ago, a crew of volunteers with Town Hall East began to define a path through the brush and woods that runs parallel to Loves Creek Road. 15 to 20 volunteers spent several weekends clearing brush, sawing down trees, spraying poison ivy, and placing flag markers.

After years of planning, community volunteer work, weekends spent clearing a path, and long waits for ICE-T grant money that never materialized, North Knox residents have finally gotten a key segment of the Loves Creek trail completed.

"I am a believer in community action and self-

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Focus on the Law

Dram Shop Liability

Historically, a dram shop referred to a shop where spirits were sold by the "dram," a small unit of liquid. When discussing the issue of legal liability today, a dram shop refers to a bar, tavern or other establishment where alcoholic beverages are sold. Tennessee has passed laws outlining when civil liability may be imposed on sellers of alcohol for injuries inflicted by those consuming it. Remember, civil liability refers to a lawsuit for money damages as distinguished from prosecution by the state for a crime.



By Sharon Frankenberg, Attorney at Law

another by an intoxicated person."

This focuses the primary responsibility on the intoxicated person for consuming the alcoholic beverage. So, clearly, the drunk driver who hurts someone in an accident may be sued in civil court for monetary damages but how does the seller of the alcoholic beverage become liable for the injuries?

The next section of the statute outlines the circumstances where the seller of any alcoholic beverage may be found liable for damages to or on behalf of any party who has suffered personal injury or death. A jury of twelve (12) persons must have first ascertained beyond a reasonable doubt that the sale by such person was the proximate cause of the personal injury or death sustained AND the alcoholic beverage was sold to a person known to be under the age of 21 years or to a visibly intoxicated person and the underaged person

or visibly intoxicated person must have caused the personal injury or death as the direct result of the consumption of the alcoholic beverage so sold.

It is meaningful to note in the 2009 case of Bailey v. Grooms, the Tennessee Court of Appeals found that this statute does not provide for recovery against a landowner and party host for injuries sustained at the party because this law bars the guest from showing that the furnishing of the alcohol was the proximate cause of his or her injuries.

Suing a bar under this statute must be done within the one-year statute of limitations applicable to injuries to the person. The injured party may also be awarded punitive damages if the court finds that the seller of alcohol acted intentionally, fraudulently, maliciously or recklessly.

Obviously this article does not cover every issue which might arise. You should always contact an experienced attorney to get advice and assistance with your unique situation.

Tennessee's dram shop act is found in Tennessee Code Annotated Section 57-10-102 which defines the proximate cause of the inflicted injuries as follows:

"The general assembly hereby finds and declares that the consumption of any alcoholic beverage or beer rather than the furnishing of any alcoholic beverage or beer is the proximate cause of injuries inflicted upon

Group Work

Each month a half dozen aspiring writers gather to spend the evening responding to prompts. It might not sound like fun, but those of us who enjoy putting words on paper or across the screen look forward to creating and sharing with others.



By Joe Rector joerector@comcast.net

of classes the professor must teach. It's smart thinking by people who don't want to prepare each day.

Most of these college student groups are made up of identifiable characters. One is the individual who arrives early and quietly sits at the table and studies until the rest of the team arrives. That person is the most serious one of the bunch.

The next individual is the one who usurps the leadership role. She breezes into the area in a huff. No one has ever been busier than she, and her time is spread much too thin for the demands that her life places on her. At least that's what she wants everyone to think. She calls the group to order and attempts to set the agenda for the next hour or two.

Another recognizable individual is the person who knows everything. No matter what the topic, he is an authority on it and always can rattle off information, even if it is filled with half-truths and a sprinkling of fantasy.

All the while, this person speaks in his professorial tone that is so condescending that the rest of the group members what to choke him.

Perhaps the most annoying member is the person who breezes in "fashionably late." His entrance is marked by disruption to the whole group. He offers a weak apology for his tardiness, but all know he doesn't mean a word of it. This guy hasn't hit a lick toward the work he's been assigned. Instead, he talks a good game and always "one-ups" everyone else's experiences. In short, this person is a jerk whom no one likes.

I participated in some groups like this during my undergraduate and graduate work and never liked them. Although my high school grades were abysmal, my college ones were much better for two reasons: I was working to earn a degree that would lead to a job, and I was paying for my education. I never trusted anyone to perform in a group, and most of those folks never let me down. Placing my success in a class in the hands of another person seemed absurd. I'd much rather have depended only upon myself and been graded

on my own efforts.

During my teaching years, I tried to incorporate groups, but again, they rarely succeeded. Kids would spend lots of time goofing off and present poor quality work. As always, a couple of members did all the work. That resulted in resentment and downright anger toward the loafers.

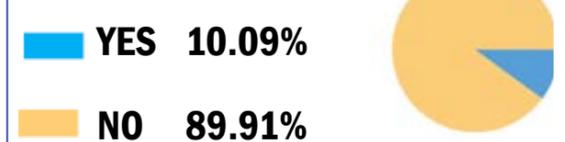
Yes, I know that working in a cooperative effort is a part of business and other facets of life. In any of those situations, however, group work usually is completed by a small number of people. The rest slide through while exerting only minimal energies.

Our writing group suffered through the noise and commotion from the college students behind us. I was tempted to ask them to turn down the volume a couple of notches but didn't want to initiate a confrontation that might get us all kicked out of Panera. They left before us, and the blessed silence filled the area.

No, sometimes I don't play well with others. Group work is one of those occasions. I'd much rather do things myself to make sure they are completed. How about you?

FOCUS Weekly Poll

Do you believe an appointed school superintendent in Tennessee should be paid more in salary than the duly elected Governor of Tennessee?



By Age	YES	NO	Total
18-29	[None]	100.00%	2
30-49	10.91%	89.09%	55
50-65	4.21%	95.79%	95
65+	12.97%	87.03%	185
Total	10.09% (34)	89.91% (303)	337

By District	YES	NO	Total
1	5.56%	94.44%	18
2	13.16%	86.84%	38
3	[None]	100.00%	37
4	22.73%	77.27%	44
5	8.11%	91.89%	37
6	5.88%	94.12%	34
7	6.12%	93.88%	49
8	8.11%	91.89%	37
9	16.28%	83.72%	43
Total	10.09% (34)	89.91% (303)	337

By Gender	YES	NO	Total
Unknown	[None]	100.00%	13
Female	9.29%	90.71%	183
Male	12.06%	87.94%	141
Total	10.09% (34)	89.91% (303)	337

Survey conducted July 3, 2013.

A Labor of Love

Cont. from page 1 — help, so instead of whining about wanting a trail, I organized volunteers from Town Hall East, and other neighborhood trail lovers, to go layout, mark and clear a trail through the woods between Spring Place Park and Buffat Mill road," Knoxville City Councilman Nick Della Volpe told *The Focus*.

City work crews from Public Service recently finished clearing the trail and placed a stone walkway on nearly a half mile of the Loves Creek greenway trail. It's a rustic trail (no asphalt top for the present) but a quite beautiful place to walk.

"I'd like to think that self-help better engages folks who want to improve their community and people environment. Look at what the energetic young men recently did in the South Knox wilderness trail. Government would have expended years in dialogue. Those guys rented a small

clearing device, almost a bobcat, learned how to use it, and went after the trail building," Della Volpe added.

The Loves Creek trail segment from Spring Place Park (which has its own interior loop trail) now connects northward, through the woods, and along a stream, before heading North towards Buffat Mill Road. This 1/2 mile segment is part of a trail that

Continue on page 4

CORRECTION

In last week's issue, an incorrect photograph ran with "Charlie Adams to compete on sport's grand stage." Michaela Evans, Tennessee School for the Deaf's Female Athlete of the Year, was pictured instead of Adams. The correct photograph has been placed in the online versions of *The Knoxville Focus* at www.knoxfocus.com. We apologize to Ms. Adams and Miss Evans for the error.

Avalon HOSPICE

Avalon Hospice of Knoxville is seeking caring and compassionate individuals to offer support to the terminally ill and their families in East Tennessee for 1-3 hours per week. Veterans especially needed. For information, call Jill Townsend at 865-769-5110 or email jtownsend@avalon-hospice.com.

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The Focus would like to thank all contributing writers. Submissions from our writers are gratis and are greatly appreciated. While articles are not guaranteed placement, we do strive to place as much as possible. Submissions for the paper are on a space available basis and are subject to publisher and editor approval.

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Pedal Power

By Dan Andrews

A fun and innovative idea of using pedal power for downtown transportation has come to fruition in the Central Business Improvement District Area. "Downtown Rickshaw" is a new company that provides rides to individuals looking for a short trip in the heart of downtown.

According to Bill Stone, manager of the company, the clientele is diverse. He estimates that 60% of his passengers live downtown, 20% come from Knox County, and the remainder consists of tourists. Since the concept is new, many people are hesitant at first to take a ride. On an average day in downtown Knoxville, about 20 passengers use each rickshaw.

The rickshaws are gaining in popularity. One growing trend noticed by the company is the rise in requests for weddings. Normally, the rickshaws transport people to shows, the Old City, or World's Fair Park. They also pick up passengers at hotels

and give tours. "We provide a nice leisurely, relaxing, and eco-friendly way to see Downtown Knoxville," stated Mr. Stone.

According to Mr. Stone, he rides his rickshaw about 30 miles per day. He takes great pride in his job. He highlighted how his job keeps him in great shape. He also highlighted how environmentally friendly his job is. In his opinion, rickshaws are a catalyst for the new vision of an environmentally friendly city that the local government is trying to sustain.

Every day is a new adventure and that is what Mr. Stone enjoys the most about his job. He is constantly interacting with random strangers so every shift is different. At night, he occasionally has to interact with alcohol-fueled patrons which can be a good thing or a bad thing. His top priority is safety. Most nights he takes pleasure in knowing that by his transporting patrons who might have had too much alcohol

back to their hotel, he has created a better and safer situation for everyone.

Downtown Rickshaw operates their service from money generated by advertisements placed on their pedal vehicles. The rickshaws do not charge for the service they provide; drivers only accept tips.

This business model is very unique. In addition to the sign space rented out on the rickshaw, the drivers also use verbal advertising. When they pass an advertiser's business, they point it out to their passenger and tell the passenger about it. For example, if the passenger asks to go to Market Square because they are hungry, the driver can recommend a restaurant and highlight the special of the day.

Having the ability to be versatile, as well as visible, has allowed Downtown Rickshaw to create one of the most innovative and potentially game-changing ideas in recent memory.



PHOTO BY DAN ANDREWS.

Bill Stone of Downtown Rickshaw.

Whitehead wins second straight Rocky Top Title

Cont. from page 1

McRae scored 51 points in a losing effort for Campus Lights while former Central High School standout Dre Mathieu (a Minnesota signee) scored 12 points.

Chism finished with 37 but got plenty of help from his supporting cast. Galen Campbell, a Fulton graduate, finished with 25 points. University of Georgia graduate Gerald Robinson finished with 17. Austin-East alumnus Brandon Lopez, who plays at Tennessee, added 14 points.

"Galen Campbell and Bradon Lopez played well and Gerald Robinson is just a stud," Whitehead said.

Knoxville News Sentinel may have claimed the title, but things didn't go the champions' way early.

Campus Lights used a late first-half surge to open a 62-54 lead by halftime.

Knoxville News Sentinel battled back to take an 85-80 lead on Campbell's shot with 8:10 remaining in the contest. Campus Lights evened the game at the 6:33 mark on a free throw

by McRae.

From there, the game was a see-saw affair before Lopez, Chism and Robinson took over. That trio controlled the game over the final 2 minutes, 42 seconds.

McRae's old fashioned 3-point play evened things at 97 with 2:53 remaining. That would be the last basket of the game --- and the season --- for Campus Lights. Meanwhile, Robinson, Chism and Lopez keyed a 10-0 run to close out the game.

"This was just a great game," Campus Lights coach Brent Watts said. "Wayne just put on a show and gave the fans what they expect to see from Wayne

Chism.

"This was [a] great [season]. It gives me a chance to get my basketball fix and keeps me young. Tomorrow night at this time, I'll be going to the pool with my kids."

Both Watts and Whitehead were pleased with the new venue.

"CAK has been nice to us," Whitehead said. "They've been great and we've enjoyed it here and we look forward to coming back here next year."

Watts agreed. "We had [good] parking and air conditioning and you can't beat that," Watts said.

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Rosie's World

Beauty Tips

Hepburn, a beautiful actress and a lovely lady. Remember her in "Breakfast at Tiffany's"? They read this later at her funeral service. Here are her beauty tips:

For attractive lips, spread words of kindness.

For lovely eyes, seek out the good in

Continued on page 4

AN OPEN LETTER FROM FRED O. BERRY, III



Fred O. Berry, III
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Funeral Director & Embalmer

Kelly Berry
Director of Community Outreach & Aftercare

Jeffrey Berry
Vice President
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FOCUS MORE ON Seymour & South Knox

Ripley's Aquarium of the Smokies celebrates historical birth

Ripley's Aquarium of the Smokies is celebrating the historical birth of an African Black Footed Baby Penguin. Born on May 4, 2013, the baby bird now weighs 4 pounds. The penguin is doing well and is being monitored around the clock by the experienced Ripley Husbandry team.

"We are excited about this birth. We have been waiting years for this moment. This is a historical event at Ripley's Aquarium of the Smokies. Any birth is a beautiful thing here at the aquarium, but the birth of an endangered animal is truly spectacular. Best of all, this baby is ridiculously cute," said Ryan DeSear, general manager of Ripley's Aquarium of the Smokies.

In honor of the new arrival, Ripley's Aquarium of the Smokies is hosting a week long baby shower June 17 thru June 30 in the lobby of Ripley's Aquarium of the Smokies. Special events all week will be a part of the shower including special giveaways and opportunities to help SANCCOB.

Southern African Foundation for the Conservation of Coastal Birds (SANCCOB) is a non-profit seabird rehabilitation center that helps rebuild habitats in South Africa. Ripley's Aquarium of the Smokies continues in their efforts and support of the African Black-footed Penguin as part of the Species Survival Plan of the Association of Zoos and Aquariums.

In 2010, Ripley's Aquarium of the Smokies added African Black Footed Penguins as a part of the \$5 million Ripley's Penguin Playhouse. The exhibit was recently named one of the 10 best places to see Penguins by 10Best.com, a division of USA Today Travel.

Quote by 10Best.com: "Penguin Playhouse at Ripley's Aquarium of the Smokies in Gatlinburg might be the world's best penguin exhibits. The \$5 million project includes indoor and outdoor exhibit with innovative viewing options. Crawl through transparent tunnels to see the birds from below or pop-up to see them nose to beak,"

In Ripley's Penguin Playhouse, burrowed nesting boxes and mud holes have been built into the rocky habitat for nest building. Mature birds lay two eggs in the nest, which is protected from the sun and most predators, and both parents incubate the eggs and feed the chicks for two to four months. African penguins breed in huge, noisy colonies and the mating

pair stays together in a tight bond for their entire life.

African penguins are considered "Endangered" which means they are facing a high risk of extinction in the wild. Major reasons include depletion of their food from overfishing and pollution. Since 1930, the African penguin population has dropped from an estimated one million down to 55,000.

Ripley's Aquarium of the Smokies is located at traffic light #5 on the Parkway in Gatlinburg, TN and is open 365 days a year. For ticket information, call 888-240-1358 or visit www.ripleysaquariumofthesmokies.com.

Ripley's Aquarium of the Smokies, the second most attended attraction in Tennessee, was Voted the Number One Aquarium in America by TripAdvisor.com and Forbes Traveler has name it one of America's best aquariums. Thousands of exotic sea creatures live in its 1.4 million gallons of water. The aquarium is known for its shark exhibit that features 11-foot sharks and one of the longest underwater tunnels in the world. Ripley's Aquarium of the Smokies is part of the Ripley Entertainment Inc. family of worldwide entertainment facilities that include another world class aquarium-Ripley's Aquarium of Myrtle Beach, SC. More than 13 million people visit Ripley's 70 plus attractions in 13 countries each year. Ripley Entertainment, Inc is a division of the Jim Pattison Group, the third largest privately held company in Canada.



Summertime Fireflies

It was a common pastime on warm summer evenings during my growing-up years. When the day's work was done on our family's dairy farm, the grown-ups would gather in

the yard to talk. Sometimes, a neighbor would stop in to visit. There were no computers, smart phones, or ipods. We did not know it then, but our life was simple. The kids would delight to see flickers of light as the hot days gave way to cool evenings. We called them lightning bugs and would spend hours trying to catch them. But, that was the sixties. We had no idea that a special kind of lightning bug would one day become a media event.

Every June, it happens! Drove of people flock to Elkmont in the Great Smoky Mountains National Park to watch this awesome wonder. It is the mating season for the synchronous firefly, and Mother Nature is at her best. Thousands of the fireflies appear at Elkmont and blink their lights at the same time to attract a mate. It makes for a spectacular show.

A charming book entitled, "Moondance of the Fireflies," enlightens its readers about this unusual insect and its habits. The book, written by Tamela Marie Wheeler, is both entertaining and educational. It tells of two little boys on opposite sides of the world and how each one experiences



By **Ralphine Major**
ralphine3@yahoo.com

the joy of nature through the synchronous firefly. Sadly, Tamela passed away just months before "Moondance of the Fireflies" was published. She was featured in

my Focus column on 2-11-13. Tamela was a resident of the Gibbs Community. Her husband, David, was a graduate of Gibbs High School; and their son, Andrew, is a sophomore at Gibbs. David's siblings—Barbara, Tim, Buddy, Tamara, and Carol—are all graduates of Gibbs High School. Their mother, Blanche, is a 1949 graduate of Gibbs. The Wheeler family has another generation of Gibbs graduates, also. Barbara's son, Joshua, and daughter, Sara, and Buddy's son, Matthew, are graduates of Gibbs.

The firefly is a simple creature, but when thousands join together to create such a miraculous event, it becomes another of God's gifts for us to enjoy. This nonfiction book for children was illustrated by Jacqueline Baird Bell, a native East Tennessean. The book is now being published by a new publisher, Jan-Carol Publishing, Inc., located in Johnson City, Tennessee. Focus readers may purchase a copy of "Moondance of the Fireflies" at www.amazon.com or www.barnesandnoble.com. To learn more about Jan-Carol Publishing, Inc., visit their website at www.jancarol-publishing.com.

A Labor of Love

Cont. from page 2

will hopefully someday run from the mall on the north down through Holston Hills and Riverside drive through the Holston River Park and then downtown to the McWherter Bridge to tie in at the riverfront trail

"We're not quite there yet... that will have to be a future second phase," said Knoxville City Councilman Nick Della Volpe, a long time champion of the project. "We will eventually work north to Millertown Pike and the mall."

A formal mayoral ribbon cutting is scheduled for August 10th, but residents are encouraged to get out and walk the trail that has been a community effort years in the making.

Beauty Tips

Cont. from page 3

people.

For a slim figure, share your food with the hungry.

For beautiful hair, let a child run his/her fingers through once a day.

For poise, work with the knowledge that you never walk alone.

People, more than things, have to be restored, renewed, revived, reclaimed, redeemed; never throw anyone out.

Remember, if you ever need a helping hand, you will find one at the end of each of your arms.

As you grow older, you will discover that you have two hands: one for helping yourself, the other for helping others."

Audrey's words really gave me a lot of encouragement and grateful thoughts.

It is so easy to overlook the ones who are suffering, who have no place to go, who are standing on a corner waiting for someone to give them a handout, but, remember, there for the Grace of God, you go.

Thought for the day: Hope is faith holding out its hand in the dark. Send comments to: rosemerrie@att.net or call (865)748-4717. Thank you.

Grand Opening!



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PHOTO BY DAN ANDREWS

The ribbon was officially cut at WorkNow! on June 3, 2013.

Tennessee Valley Fair Aims to Raise \$10,000 for Love Kitchen

Proceeds from Ride Wristbands and Concert on September 8 benefit local charity

The Tennessee Valley Fair will help fight hunger in Knoxville by setting a goal to raise \$10,000 for the Love Kitchen. On Sunday, September 8, fairgoers can support the Love Kitchen by purchasing an All-You-Can-Ride Wristband or a reserved seat to that evening's concert featuring country artist Chase Rice.

Love Kitchen Wristband Day has been a Fair staple for over a decade, but fair officials are upping the ante this year by including concert ticket sales, in addition to a portion of wristband sales on September 8.

"Chase Rice is a phenomenal new country star that is making waves on country radio," said Sarah Thompson, Public Relations Director. "Most notably, he co-wrote Florida Georgia Line's smash hit 'Cruise' - this is a great opportunity to see the next big thing in country music while supporting a great cause."

100% of the proceeds from each concert ticket sold will benefit the Love Kitchen.

Reserved seats for Chase Rice are on sale now for only \$5.00. Tickets can be purchased online at TNValleyFair.org or by phone: 865-215-1482.

The Love Kitchen provides meals, clothing and emergency services to homeless, jobless and unemployed individuals and families in the Knoxville area. Working together with other local agencies, the Love Kitchen provides these services in the hopes of promoting self-sufficiency in our community.

The 94th annual Tennessee Valley Fair runs September 6-15.

WorkNow! opens in Fountain City

By Tasha Mahurin
 tasha@knoxfocus.com

Earlier this summer WorkNow! Inc., a staffing company based in Morristown, TN, held a grand opening event at their new office, located at 4704 North Broadway Street in Knoxville. More than just a resource for employers seeking qualified candidates, WorkNow!, Inc. is committed to helping the unemployed community find jobs and positions with their clients or elsewhere.

WorkNow! Inc. has a history of serving businesses across the Southeastern United States—doing business as Rangel's Workman Force Supplier for almost 20 years.

Raul and Maria Rangel started their business in 1993 as contractors providing farm laborers to farmers in the greater East Tennessee area. They served local tobacco, vegetable, fruit and poultry farmers. In 1994 they began to supply temporary laborers to industry.

Through referrals and word of mouth, The Rangels' business continued to grow throughout the South Eastern US. In 1998, payroll processing was added to the services provided through the business. The business was incorporated in 2000 and has continued to grow steadily over the past decade, most recently in the form of their North Knoxville

office.

As part of the grand opening festivities, the career coach staff from the Tennessee Department of Labor and Workforce was invited to be on-site to help applicants update resumes. They also offered guidance on interviewing skills and job searches.

"Our first month has been very successful," said Raul Rangel, president of the company.

WorkNow! was pleased to be able to provide a space for the career coach staff to offer their free services to all in the area that chose to attend. When applicants were not meeting with staff or being assisted with job searches, they enjoyed a free lunch.

"We had a great response from local applicants and have been able to help many of them find jobs," he added.

By all accounts, the event was a huge success and allowed WorkNow! Inc. and its staff members to continue in their mission to meet the needs of their clients with the skilled and professional associates they desire, while helping jobseekers find positions that fit their skill set and abilities.

The Grand Opening was followed up by a Recruitment Fair held at WorkNow! Inc.'s home office located at 322 West Hillcrest Drive in Morristown on June 24th.

History in the Making: First High School Graduate in 52 Years from Sertoma Center Honored

The first high school graduate in the Sertoma Center's history (52 years), Jonathan Hammond is congratulated by Knoxville Police Department's Police Chief David B. Rausch (pictured right) at his graduation party. The event was hosted by Sertoma Center in commemoration of Hammond's achievement, and attended by Sertoma staff, board members and Rausch, who knew that Hammond would like to pursue a career in law enforcement.

While at South Doyle High School, Hammond became an active member of the Young Life chapter and he continues to participate in activities such as swimming and horseback

riding. He will be travelling to Florida with his Young Life counselor for an event this summer. Hammond also serves as an advocate for other disabled individuals.

Sertoma Center, founded in 1961, is dedicated to serving adults with intellectual and developmental disabilities in Knox County. The center provides approximately 115 individuals with the highest quality of residential, vocational, case management, recreation and community services, empowering them to lead richer, fuller lives and ensuring they have the tools needed to be contributing, valued members of the community.



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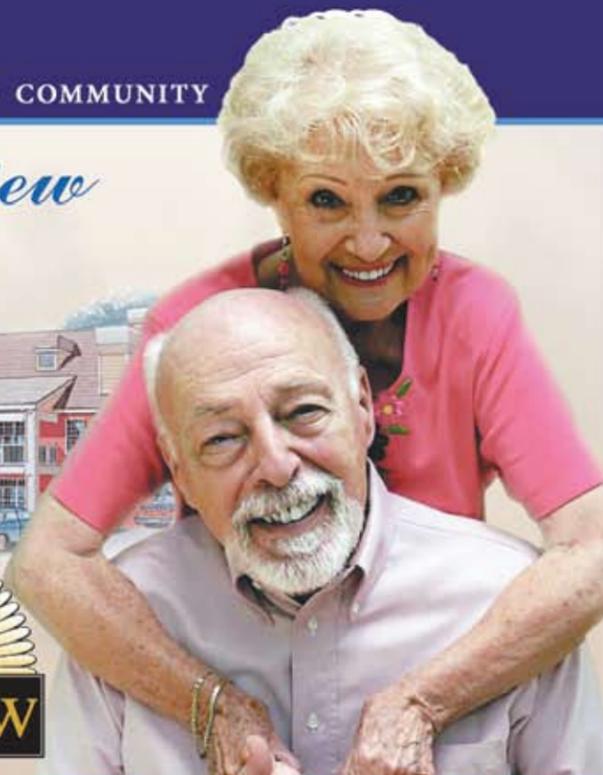
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ORNL FCU appoints Peter Collins as Vice President of Business Services

ORNL Federal Credit Union, recognized by the Small Business Administration as the Tennessee Credit Union of the Year in 2012 for its work with small businesses, has appointed Peter Collins to the position of Vice President of Business Services. As VP of Business Services, Collins will lead and direct all aspects of the credit union's business lending and business banking divisions, including but not limited to staff development, overall portfolio growth and compliance with rules and regulations.

"We are driven to provide our members with unparalleled value and part of that commitment includes a dedication to our business lending and business banking relationships," said Melodie Godfrey, Executive Vice President and Chief Operational Officer. "Peter brings a wealth of banking and leadership experience to ORNL FCU and shares in our vision to become the preferred credit union in East Tennessee."

With more than 28 years of experience in the commercial banking industry, Collins has been involved with a number of reputable financial organizations. Before joining ORNL Federal Credit Union, he was most recently the owner and managing director at Collins, Williams & Associates, LLC, a consulting firm specializing in credit and commercial loan analysis and business intelligence in Cleveland, Ohio.

Collins has also held the position of senior vice president of commercial lending at The Home Savings and Loan Company in Youngstown, Ohio; senior vice president of commercial real estate and lending at Sky Bank in Cleveland, Ohio; and vice president of the commercial lending team at First Merit Bank, also in Cleveland, Ohio.

He earned his undergraduate degree from Davidson College in Davidson, North Carolina, and master's degree from Weatherhead School of Management at Case Western Reserve University. Collins also earned a graduate's degree from the Kellogg School of Management's (Northwestern University) credit analysis program.

UT College of Nursing Students Receive Scholarships; Help Fill Nursing Shortage

A grant awarded to the College of Nursing at the University of Tennessee, Knoxville, is helping fill the nation's nursing shortage. For the second year in a row, the Robert Wood Johnson Foundation New Careers in Nursing Scholarship Program is awarding \$10,000 scholarships to select students—those who are making a career switch to nursing and are members of a group underrepresented in the field.

This year, eight students will receive scholarships. Last year, five students did. The students are enrolled in the accelerated bachelor's

degree in nursing program for the 2013-14 academic year and are either members of an underrepresented group or from a disadvantaged background.

Chad Phillips, a 2012 recipient, pursued the program after working for almost 10 years in the health insurance industry.

"In 2006, my grandfather had a stroke, so I stopped working to be his caregiver. The experience proved to me that I have the desire and fortitude to become a nurse," said Phillips, who changed careers following a job loss in 2011. "I had my severance package saved up, but that was all

the money I had. The scholarship was exactly what I needed in order to afford the program."

The grant addresses national needs cited in a report by the Institute of Medicine, which recommended increasing the proportion of nurses with a baccalaureate degree or higher and increasing the diversity of students.

"This funding will help attract an increasing number of highly skilled individuals from other disciplines who are seeking new careers in nursing," Dean Victoria Niederhauser said. "These nurses bring a plethora of backgrounds and

experiences to the nursing discipline. We have had students who had careers as accountants, business managers, teachers, artists and public health officials."

The accelerated program enables students with a bachelor's degree in another field to complete the bachelor's degree in a year of full-time study. Students are then eligible to take the national Registered Nurse licensure examination.

Scholarship recipients participate in a year-long mentoring program where they work to develop leadership skills, strategic vision, risk taking, communication

Continue on page 4

PlanET Hires Legacy Coordinator

Former CEO of Union County Chamber of Commerce Responsible for Important Next Steps

Plan East Tennessee (PlanET) has hired a Legacy Coordinator to assist the Consortium in finding ways to ensure that PlanET has a legacy beyond 2013. Julie Graham, former President and CEO of the Union County Chamber of Commerce was selected to fill this role through the end of the year. Graham brings a breadth of experience and dedication to the project. She has also been a committed participant, volunteer, and active

voice for the rural partners and communities since the project kicked off in 2011.

"We believe that Graham is well-suited for this important role," said PlanET project manager, Amy Brooks. "Her experience is extremely relevant, and her passion for the project has been present since the beginning."

Graham will help ensure that the last 28 months of public input, data collection, relationship-building, and visioning are utilized to serve the public moving forward. Her task is to collaborate with consortium partners and others yet to be identified to take what PlanET has learned and build a strong coalition of individuals and organizations that are committed to working collaboratively

towards building an economically competitive region with healthier people and more choices. "I'm thrilled to have been given this opportunity to further the great work of the PlanET consortium," said Graham. "I've seen the value this project has brought to the community thus far, and I'm excited to be a part of launching the great ideas into action."

In addition to her experience in economic development with the Union County Chamber of Commerce, Julie brings to the position experience from a previous full-time career in the health care industry. Graham has also served as adjunct faculty at several universities and is a published author on topics of management and



Julie Graham

medical research. Currently, she remains an active board member on P16, Health Council, Children's Center, and is a volunteer for other agencies that are educational, art or youth based.

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Governor Prentice Cooper Chapter II

Pages from the Political Past



By Ray Hill

rayhill865@gmail.com

By the fall of 1937, E. H. Crump, leader of the Shelby County political machine, was openly fighting Governor Gordon Browning. After having supported Browning for governor in 1936, Senator Kenneth D. McKellar's prediction that Crump could not trust Browning had proved to be true. Following a meeting in the Memphis Boss's business office, Browning and Crump irrevocably parted ways. Knowing his ability to win an election in 1938 was imperiled, Browning returned to the State Capitol determined to destroy the power of the Shelby County machine.

Governor Browning proposed a county-unit plan much like the national Electoral College, assigning a certain number of votes to each county in Tennessee. It had the practical effect of negating the huge majorities Crump could conjure inside his Shelby County domain for his favored candidates. It would reduce Shelby County's totals from approximately 25% of the total vote to about 13%.

While Browning was successful in having the legislature approve his "reforms", the county-unit plan was struck down by a court as unconstitutional. With Browning's open declaration of war upon Crump and the Shelby County machine, the Memphis Boss fought back.

The Browning assault on Crump had one practical effect; it brought Senator Kenneth D. McKellar and E. H. Crump more closely together than ever before. McKellar disliked Browning intensely and had long warned the Memphis Boss of Browning's character and penchant for treachery. Crump had pleaded with the senator for help when Governor Browning had proposed his election reforms and McKellar had left Washington to appear in person before the Tennessee General Assembly. Both Senator McKellar and Boss Crump decided to back candidates against Browning and the governor's appointee to the United States Senate, George L. Berry.

Bedford County State Senator Prentice Cooper, virtually unknown outside his home area, was a declared candidate for the gubernatorial nomination. Memphis Congressman Walter Chandler also announced his own candidacy, but apparently he had not consulted Senator McKellar, who was decidedly lukewarm about the idea. Neither was Mr. Crump convinced Chandler should run;



Governor-Elect Prentice Cooper is greeted by home folks in Bedford County, 1938.

the Memphis Boss knew Governor Browning would make an issue of him personally, as well as the Shelby County machine in the coming primary election. Crump felt a candidate from his own domain would make a more inviting target and less of a draw statewide. Congressman Chandler soon announced he would seek reelection to Congress instead of the governorship.

Senator McKellar knew Prentice Cooper's father, William Prentice Cooper, quite well and soon came to like the younger Cooper. McKellar concluded Cooper might make a strong candidate against Gordon Browning and Cooper agreed to run a "coalition" campaign for the governorship. Crump, following McKellar's lead, endorsed Prentice Cooper without ever having laid eyes on him. The Memphis Boss went to the trouble of formulating a platform for the gubernatorial candidate, which Cooper discarded, although he politely acknowledged Crump's efforts and thanked him.

Any number of prospective candidates angled for preference for the governorship, but especially for the U. S. Senate seat held by George L. Berry. Senator McKellar received a steady procession of possible senatorial candidates before finally settling on Arthur T. "Tom" Stewart of Winchester. Stewart was the District Attorney for several counties surrounding his home county of Franklin.

Stewart had been the official prosecutor at the infamous Scopes "Monkey Trial".

Prentice Cooper journeyed to Winchester when Tom Stewart kicked off his campaign for the Democratic nomination for the United States Senate. A huge crowd of home folks was on hand as Tom Stewart announced his candidacy officially and declared himself for President Franklin Delano Roosevelt unconditionally. Stewart chided incumbent Senator George L. Berry who had been critical of the President's "pump priming" policy. Stewart noted Berry had been all for such a program before he had been appointed to the Senate. Tom Stewart told his hometown audience he would support the President, strongly encourage further rural electrification, and back the Tennessee Valley program. Stewart also said he would do everything he could to help Tennessee's farmers, which would remain one of his special interests throughout his senatorial career.

Prentice Cooper listened to Stewart's speech and moved through the crowd, shaking hands. Soon signs and campaign buttons promoting Cooper for governor, Stewart for U. S. Senator, and W. D. "Pete" Hudson for Utilities Commissioner began appearing all across Tennessee. The Cooper - Stewart - Hudson ticket would face incumbents Governor Gordon Browning, Senator George L. Berry, and Commissioner William Turner

in the August Democratic primary election.

Governor Browning knew he was in trouble and campaigned furiously all across the State of Tennessee. Browning's bid to destroy the Memphis machine had not been well received by the state media. Newspapers all across Tennessee had uniformly denounced Browning's tactics, even when they opposed Crump and the Shelby County machine. Browning attempted to campaign on the issue of dictatorship, claiming E. H. Crump intended to rule all of Tennessee. Considering his own tactics in trying to destroy Crump's power, which many believed to be an abuse of his own power, it was an argument that did not resonate with many Tennesseans.

Unlike his ticket-mate Tom Stewart, Prentice Cooper was not an especially good speaker. The diminutive Cooper did possess a fiery temper when angered, although he was cordial enough to voters as he traveled across the state. The coalition ticket maintained a statewide headquarters inside the Hermitage Hotel in Nashville; John W. Harton, the Mayor of Tullahoma, Tennessee, served as the campaign manager for the coalition ticket, which was well funded and even better organized.

Both the Browning and Berry campaigns were headquartered in Nashville's old Andrew Jackson Hotel. Browning's campaign

manager, James Cummings of Woodbury, Tennessee, was careful to note the governor's campaign was not connected to that of any other candidate, a bid to disassociate himself from the troubled campaign of his senatorial appointee, George L. Berry.

Crump whipped up enthusiasm for the ticket inside Shelby County while Senator McKellar kept a watchful eye on the ticket's progress from Washington. Having served in statewide office for more than twenty years, McKellar's extensive knowledge of politics and the various individuals who were important in each of Tennessee's cities and counties was invaluable to the coalition campaign.

Mr. Crump amused himself by purchasing huge ads in most of Tennessee's leading newspapers, denouncing Governor Browning in the colorful language the Memphis Boss reserved for his political opponents. Crump noted, "In a certain art gallery in France, there are twenty-six pictures of Judas Iscariot. None of them is alike, but they all resemble Gordon Browning."

The governor heaped his own scorn and ridicule on the Memphis Boss, making Crump the principle issue in his own reelection campaign. As the primary election approached, Browning's speeches seemed to get more hysterical and shrill. Prentice Cooper, far less colorful than the Memphis Boss and not the orator Gordon Browning was, stuck

to his set speech and business-like approach to meeting voters.

The coalition ticket of Prentice Cooper for governor, Tom Stewart for U. S. senator, and W. D. Hudson for Utilities Commissioner reported spending less than \$10,000 each, which was keeping with Tennessee state law at the time. The campaign reported \$100 contributions from Senator K. D. McKellar and former Governor Hill McAlister. The actual expenditures by the coalition ticket were likely far more than what was officially reported. None of the campaigns that year appeared to lack for money, save perhaps that of Congressman J. Ridley Mitchell who was running for the United States Senate against Tom Stewart and Senator George L. Berry.

Cooper and Tom Stewart appeared in Knoxville on July 14, speaking to a large audience. Newspapers noted the large number of supporters of Senator K. D. McKellar in the crowd. Both Cooper and Stewart took a few shots at Governor Browning and Tom Stewart predicted victory. Stewart said he believed both he and Prentice Cooper would win by more than 50,000 votes and win another 50,000 or 70,000 "honest" votes in Shelby County. Stewart pointed out the votes in Shelby County would certainly be "honest" votes as Gordon Browning had declared them to be so when he had won Shelby County by some 55,000 votes two years earlier.

Gordon Browning, having won the nomination for governor in 1936 by the largest majority ever given to a gubernatorial aspirant in Tennessee's history, lost badly to Prentice Cooper in 1938.

Republicans in Tennessee nominated Howard Baker to oppose Cooper in the general election. Baker, the father of future U. S. Senator Howard H. Baker, Jr., was no threat as Republicans would not be competitive in statewide elections for almost another thirty years.

Prentice Cooper was elected governor of Tennessee on November 8, 1938.

The bachelor governor moved into the governor's mansion with his mother serving as the hostess for official functions. Governor Cooper immediately set about firing those appointees loyal to Gordon Browning, causing some newspapers to complain that Cooper was going too far in cleansing the state payrolls. A few of the newspapers also noted many of the Browning people had been replaced by those whose primary allegiance was to Senator K. D. McKellar.

Governor Cooper also took out his red pencil and began slashing funding for state departments and agencies in an attempt to bring the budget under control. Prentice Cooper would make his mark as an economy-minded governor.

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Surprises at Norris Dam

An afternoon family trip up to Norris Dam might just bring some surprises if you haven't been there in a while. Just on the right, or east, side of the dam is now a small museum about the construction of the project.

There is a host there, hands-on interactive media, photos, maps and lots of other information about the region before and after the hydroelectric dam. The museum is located in the parking lot next to the rest room building. Behind it is a paved walk down to the dam, far below in the gorge.

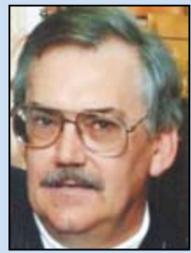
Back up at the dam you can walk across the historic structure. I'd suggest you walk across on the lake side and come back on the river side, to see how deep the clear green lake is and how far below the released waters of Clinch River is below the top. The location of the construction was chosen because of the narrow passage the river takes there.

On back up at the dam you can drive across and up the hill to the large overlook, where you can get a really good look, and great pictures, of the dam and valley below.

Going back across the dam you'll want to take a left and drive up to the cabin and camping area and that section of the park is a really nice place to catch a look at roaming deer, turkey, and other wildlife.

Back down at the dam you can head back south and watch for the Lenoir Mill and barn on the left. Pull off there and get your camera. The mill was relocated from Loudon County and is

A Day Away



By Mike Steely

often open for demonstrations and the large barn is packed with old farm equipment.

Then walk up the hill to the larger museum, where you'll find examples of how people lived before the dam, including complete rooms of furniture in houses at that time. There's also Civil War, political, and social

displays and a large collection of Native American relics. One of those is one of the largest ceramic pots I've ever seen.

Make sure you go up stairs and walk through the "old store" display, where you'll see stuff that was in a rural country store, some fashion of the time period, and many other displays.

All this at Norris Dam and all of it is free. If you take your fishing gear you should try casting down below the dam, lots of people fish there. The Clinch River is one

of the cleanest streams in our region.

Before you leave, take a slow drive through the town of Norris, which was built for the dam workers and their families. It's still a thriving, progressive little community.

On your way back to Knoxville why not take a two lane road home? You might discover places, sites, and things you didn't expect.



PHOTO BY MIKE STEELY

Nothing is better for a photo at Norris Dam than the Lenoir Museum. Here a Louisiana couple rests at the mill before walking up the way to the Lenoir Mill Museum.

UT College of Nursing Students Receive Scholarships; Help Fill Nursing Shortage

Cont. from page 2

effectiveness and inspiring change. They also will enter a pre-entry immersion program to help them learn study, test-taking and other skills that will help them manage the challenges of an accelerated program.

The scholarship program was launched in 2008 by the Robert Wood Johnson Foundation and the American Association of Colleges of Nursing. Since 2008, the NCIN program has distributed 3,117 scholarships to students at more than 125 nursing schools. This year, funding for 400 scholarships was granted to 52 schools.

The Robert Wood Johnson Foundation focuses on the pressing health and health-care issues facing our country. For more information, visit <http://www.rwjf.org>.

UT's College of Nursing is a nationally recognized leader in nursing education. The college enrolls more than 600 students in undergraduate, master's, and doctoral programs. For more information, visit <http://nursing.utk.edu>.





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Randall Cobb was back in East Tennessee recently to headline his "Inspire 18" camp

Still Some Good Guys in Sports...

By Alex Norman

There have always been bad guys in the world of sports, but it seems like the worst of the worst are taking center stage even more so these days...

The most appalling case involves Aaron Hernandez, a star tight end for the New England Patriots. Well, now a former New England Patriot. He was released by the Pats shortly after he was arrested, and shortly before he was officially charged with murder. From DWI to weapons

charges to domestic violence, and now the Hernandez situation, athletes are in the news for all the wrong reasons.

But all professional athletes don't belong in this category.

Former Tennessee Vols quarterback Peyton Manning returns to Knoxville every summer to headline his golf tournament, which benefits East Tennessee Children's Hospital. He also hands out two scholarships to incoming freshmen at UT. "The scholarship

program has been a great connection for me to the University," said Manning. "I had a wonderful four years here at UT, and I wanted a number of other students to have the same chances and opportunities that I had. I can't believe we're in our 16th year and we have 20 recipients now. So many of them are working now out in the real world, and it's been a family and a great alumni system as well. It means a lot knowing how appreciative the students in the program

are and how they took advantage of the resources and the wonderful opportunities here at UT."

Just a bit down the road in Maryville, former Alcoa Tornados standout Randall Cobb is also giving back to his community. His "Inspire 18" camp in June allowed 250 kids to learn more about the game of football and pick up some life lessons at the same time... and all for free.

"I'm hoping after this camp they have a good

Continue on page 2



Doyle Human steps into the free throw lane at Stokely Athletics Center to administer foul shots in a high school basketball game between Holston and Catholic, prior to a UT Orange and White game. Human will be inducted into the Greater Knoxville Sports Hall of Fame Thursday night as an official.

Doyle Human's view of officiating turned from hate to love

When Doyle Human came to his first meeting of the East Tennessee Federation of Umpires in 1962, one veteran official got even.

"As I walked down the aisle," recalled Human last week,



By Steve Williams

"Joe Caldwell stopped everything and said, 'For all you fellows that don't know that guy walking down the aisle there, that's Doyle Human. He's going to be the best umpire we've

ever had. He's better at calling strikes from center field than I am behind the plate.'

"Everybody got a big kick out of that."

Human, then 27, had just been initiated into the world of officiating. Doyle probably figured he had it coming. After all, as a ball

player coming up, and one that played with a chip on his shoulder because of his lack of size, he admits he didn't care for the men in stripes or blue.

"The strange thing about me getting into officiating," said Human, "when I was growing up playing ball, I was so small I felt like I

had to play harder in order to compete. I thought the officials, the referees and the umpires were always against me, if something didn't go my way. And I hated them. I hated all the officials I ever played under. Then all of a sudden I became one. And ended up, I think, being a pretty

good one, apparently."

Human, indeed, was one of the best sports officials this area has produced, and he will be inducted into the Greater Knoxville Sports Hall of Fame Thursday night (July 11) at the Knoxville Convention Center.

Continue on page 3

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Former Red Devil enjoying his time in Midwest

By Ken Lay

Jared Burton has enjoyed his recent time on the baseball diamond.

For starters, the East Tennessee State left-hander pitched in the NCAA Regionals in Nashville against host Vanderbilt, the country's No. 2 seed.

Upon completion of his junior season, the 2010 Halls High School graduate was invited to play for the Danville (Illinois) Dans of the Prospect League.

The Prospect League is a summer league which allows some of the nation's top college players to showcase their talents while using wooden bats.

For Burton, a relief pitcher for the Dans, the Prospect League provides an opportunity to spend the summer pursuing his passion.

"This is what you dream of," said Burton, who lettered in football, basketball and baseball for the Red Devils before beginning his collegiate career at Cleveland State Community College. "You don't have school and you really don't have anything to worry about."

"You just go to the ballpark and you get to do what you love to do. You go out there and do the things

that you love."

Burton has had a big year on the field. He said that he relished his chance to pitch against the Commodores in Music City.

"It was one of the most awesome experiences that I ever had," he said. "At first, there were a little bit of nerves but these are the times when you can go out and do what you do and you can really use the things that you've learned."

"It was great to get the chance to pitch against the No. 2 National seed."

Vandy ended up winning the Nashville Regional (as expected). The Buccaneers returned to Johnson City after dropping two games in the Midstate.

But Burton's baseball was far from over in 2013 and now he plays every day against some of the best college players around.

"We have some players from Iowa, San Diego and a few from Missouri," Burton said. "We have some SEC talent and you also have some talented players from Division II, Division III and NAIA schools and we have some kids from Washington and Notre Dame, and they're a Top-25 team."

"Those players are all great players and I've gotten to throw almost



Danville Dans pitcher Jared Burton prepares to make a pitch in a recent game at Indiana State University.

every day."

As a pitcher, Burton sees the wooden bat as a great equalizer.

"When you have a wooden bat, you can make a mistake and get away with it," he said.

The Prospect League gives its teams a chance to travel throughout the Midwest and Pennsylvania and the bus trips are long.

But long trips are nothing

new for Burton. While playing for the Bucs last spring, he and his ETSU teammates made a trek from Johnson City to Cookeville and from Tennessee Tech to the University of Illinois, Chicago.

"They [the bus trips in the Prospect League] are not that bad," Burton said. "They are long but our team is so close and that makes it where the trips are fun."

"We have movies and IPODS and our team plays a role-playing game called Mafia. Our shortest trip is about an hour and our longest trip is about four hours. We had a long trip [at ETSU] where we went from Johnson City to Tennessee Tech and from Tennessee Tech to UIC."

The Prospect League also gives its players the chance to play a professional-type schedule

in nice parks in front of enthusiastic crowds --- and those are things that Burton really enjoys.

"There's not much to do in Danville but the people are great and they're really passionate about baseball," he said.

He has also made new friends with the Dans.

"I'm developing relationships and those will be the things that I take away from here," Burton said.

Rowan proves his point in Rocky Top consolation game

By Ken Lay

When Brock Rowan got the chance to play in the Pilot Rocky Top Basketball League, he wanted to make a point.

Well his message was heard --- loud and clear--- Tuesday night.

"I just wanted to prove myself because I got passed over by some schools," said Rowan, a guard at Shorter College.

He scored 24 points to help lead an outmanned Choice Spine Squad to a 105-97 victory over De Royal Industries in the third-place game of the Pilot Rocky Top Basketball League before a packed house at Christian Academy of Knoxville.

Choice Spine (3-3) prevailed despite having only six players, including one on loan from Next Level Training's team, which was eliminated from tournament play earlier in the week. Nigel Gates played for Choice Spine and shared team-high scoring honors with Rowan.

Lack of players forced Choice Spine coach Rick Campbell to play

a zone while pushing his players to the absolute limit. That, however, didn't seem to matter to his players.

"We were tired and we had to play a zone for the whole game," Rowan said. "But I didn't care because I always like to play."

"I wanted to play the whole game." Jonathan Adams, a 26-year old Old Dominion University graduate, agreed.

"We had to settle into a zone to have a chance to win," Adams said. "We knew that they [DeRoyal] had a good team and we knew that they wanted to get out and run."

"Brock just put on a show. He looked like [San Antonio Spurs guard] Danny Green in the [NBA] Finals."

Adams, who assisted on many of Rowan's long-range jumpers, scored 13 points. Former University of Tennessee player Rob Murphy (now athletic director at Concord Christian School) scored 18 points and pulled down several crucial rebounds. Walters State's Dedron Pillow also scored 18 points for Choice Spine, which led

Continue on page 4

Six Admirals named to all-KIL baseball team

By Ken Lay

Farragut High School's baseball team might've come just short of another Class AAA State Championship recently in Murfreesboro but the Admirals definitely got the attention of Knox County's coaches.

The Admirals led the way with six players receiving all-Knoxville Interscholastic League honors.

Farragut had two pitchers named to the squad including recent graduate and University of Tennessee commitment Kyle Serrano and rising junior Patrick Raby. Three Admirals infielders got county-wide honors. Chase Chambers (first base), David Logan (first base/third base), who also plays catcher, and middle infielder Nick Senzel, who will play at Georgia next

season, were named to the squad. Center fielder Jammer Strickland, a Tennessee signee, also made the team from Farragut, which won both the District 4-AAA and Region 2-AAA Tournaments before reaching the Class AAA Championship Game.

Bearden outfielder Lane Thomas, who was also the Bulldogs' ace pitcher, was named to the squad along with teammates Tavis Shuler (outfield) and catcher Jordan Wall.

Catholic, the District 4-AAA and Region 2-AAA runner-up was represented by outfielder Blaine Harrison, shortstop Adam Reed, infielder Austin Kearney and pitcher Hunter Hayes.

District 3-AAA regular-season and tournament champion Hardin Valley Academy

had two pitchers named to the squad including Tommy Weiler and Will Neely. Neely, who just finished his sophomore season with the Hawks, the three-time defending district champions, committed to the University of Tennessee shortly before the 2013 campaign began. Hardin Valley was undefeated in district play this season.

Powell, the District 3-AAA runner-up had outfielder Clay Payne and pitcher/third baseman Hagan Ownby named to the team.

South-Doyle's Blake Stansberry was selected as a utility player.

Grace Christian Academy, which made the Class A State Tournament, had Bryson Shelton (outfielder) and infielder Matt Cunningham make the squad.

Still Some Good Guys in Sports...

Cont. from page 1

day and that I inspire them in some way to chase something bigger in any aspect," said Cobb. "Be it education or life... just trying to show them I am a regular person. I came from this area, and they can do anything if they put their minds to it."

One of the most important parts to this camp? According to Cobb it was simply getting the youngsters on the field.

"Just getting them out there... nowadays so many kids playing video games," said Cobb. "You

can have fun outside. We need to teach them the importance of exercise and healthy eating. I think they are buying in."

Cobb starred at Alcoa HS, led the Tornadoes to four state championships in the 2000s and won the Mr. Football Award in Tennessee.

"It is humbling, this is where I came from," said Cobb. "To come back and see all these kids excited to be around me... it is a real special feeling, and I am lucky to be here and be a part of it." Cobb is getting set to

enter his third season in the National Football League with the Green Bay Packers. Like Manning with the Denver Broncos, big things are expected from Cobb in 2013. You never know, maybe we will see Manning's Broncos and Cobb's Packers in the Super Bowl this February.

But in the grand scheme of things, they are making more of an impact in East Tennessee.

**Manning's quotes courtesy UTSports.com.*

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Doyle Human's view of officiating turned from hate to love

Cont. from page 1

Human, 78, was a basketball and football official in the Tennessee Secondary Schools Athletic Association for 30 years, working in two state basketball tournaments, 1970 and 1974, and two state football championship games. He also was a TSSAA baseball umpire and officiated baseball and softball for 14 years. Hip problems, he said, forced him to call it quits in 1992.

Human had been an outstanding athlete at Rule High School, despite his small size. In fact, the 5-7, 135-pound senior quarterback was named the Knoxville Quarterback Club's first-ever Back of the Year in Knoxville in 1952, as he led the Golden Bears to the City championship and a berth in the Meninak Bowl in Jacksonville, Fla. Andrew Jackson High, with superior size and depth, rolled to a 40-0 win at Gator Bowl Stadium.

Doyle also played safety and was the last high school player in this area to dropkick extra points.

He also was All-City in basketball his senior year and was one of Rule's top baseball players, helping lead the Bears to an 11-0 record before they lost at Johnson City 1-0 in the East Tennessee Regional tournament his sophomore season.

"It was quite a turnaround once I started officiating," said Human. "I found out that officials weren't always wrong, naturally."

"Officiating was a lot tougher than I thought it would be, a lot tougher. But you know what, I think if you enjoy something as much as I did officiating, you make it easier. I worked hard to be a good official. I didn't want somebody yelling at me. As long as they'd let me work my ball game, and they do the coaching, we never had

any trouble."

Human also did some coaching before he started blowing the whistle and calling balls and strikes. He coached the Rule Midget football team for six years, compiling a 39-7 record.

As a football official, Human worked in Dr. Bill Battle's crew for 18 years. In 1987, he received the Ed Harris Memorial Award, voted on by his peers, as the top Head Linesman in the Knoxville Football Officials Association, and in 2001 the KFOA inducted him into its Hall of Fame.

Human still remembers working the 1974 state basketball tourney in Memphis, particularly a semifinal showdown between Memphis Melrose and Nashville Hillsboro. "We had one of the best games I was ever involved in that night," he said.

A letter, dated March 26, 1974, sent to Human from a losing coach after the '74 state tourney was very complimentary. It read: "Dear Doyle: I just wanted to say that I thought you did a fine job during the recent tournament. I appreciate men who have the courage to officiate and to 'Call it like it is.'" Keep up the good work. Sincerely, Ken, K. W. Head, David Lipscomb High School, Basketball coach."

In addition to his athletic talents in high school, Human also built a fishing boat in Rule's workshop under the guidance of instructor Harold White. That led to his employment at Plasti-Line Inc., where he was hired in as a mold maker August 10, 1953 and retired as a Plant Manufacturing Engineer March 31, 1999.

Doyle and the former Jeanette Bailey will celebrate 60 years of marriage July 18. They have a daughter, Vicki, and a son, Fred Doyle, Jr., and two grandsons, Brad and Matthew Dake.



Above, The athletic career of Doyle Human included playing, coaching and officiating, and the Greater Knoxville Sports Hall of Famer was outstanding at all three. Right, He was only 5-7, 135 pounds, but Rule High's Doyle Human was selected Back of the Year in Knoxville in 1952. It was the first year the Knoxville Quarterback Club presented its post-season awards.



Ten inductees to join Greater Knoxville Sports Hall of Fame

By Steve Williams

Ten new members are going into the Greater Knoxville Sports Hall of Fame this week. The 32nd annual Dinner and Induction Ceremony will be Thursday night at the Knoxville Convention Center.

The inductees will be Neil Clabo (football), Doyle Human (official), Ed Irvin (coach), Bernadette Locke Mattox (basketball), Holland Phillips (boxing), Mary Ellis Richardson (tennis), Bill Schmidt (track), Jay Seacy (media), George Underwood (basketball) and Virginia Ann McGrath Weaver (swimming).

Special Recognition Awards will be presented to Rick Honeycutt (Thanks for the Memories), Chase Headley (Chad Pennington Professional Athlete of the Year), Randall Cobb (Professional Athlete of the Year) and Tamika Catchings (Pat Summitt Ignite Greatness Award).

The featured speaker will be Jeff Gordon, NASCAR driver.

All proceeds benefit the Boys and Girls Clubs of the Tennessee Valley.



Powell Soccer Camp

Presented by the Powell High School Girls Soccer Program

Location: Powell Middle School

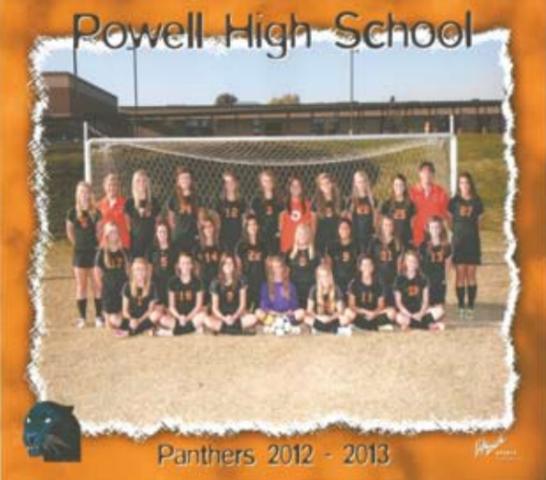
Dates: July 22, 23 and 24.

Cost: \$50.00 Per Player

Time: 9:00 am - 12:00 pm

Ages: Kindergarten - 5th Grade

Staff: - Coach, Mark Smith
- Coach, Chris Thorson
- Powell High School Girls Soccer Team



Panthers 2012 - 2013

The Powell Soccer Camp promises to be a fun filled morning camp. The camp will focus on building individual player skills in dribbling, passing, and shooting. Campers will be matched with coaches and several local high school players who will lead them through age appropriate activities and entertaining games.

Registration Information

To register for the Powell Soccer Camp, Please contact the Coaches:

Mark Smith, Girls Soccer—Head Coach
mark.smith2@knoxschools.org
(423) 736-1021

Chris Thorson, Girls & Boys Soccer—Assistant Coach
chris.thorson@knoxschools.org
(865) 414-7926



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Arts & Entertainment

Bird Prints on View at UT McClung Museum July 10

Hand-colored prints of birds from Australia by John Gould, one of the most important naturalists and illustrators of the 19th century, are the focus of a new display that opens July 10 at the McClung Museum of Natural History and Culture at the University of Tennessee, Knoxville.

The mini-exhibit, "Selections from The Birds of Australia," commemorates the 175th anniversary of Gould's arrival in Australia, which resulted in the famous book, "The Birds of Australia." More than 50 lithographs of colorful birds will be on display through Jan. 5, 2014.

The mini-exhibit complements the large "Birds in Art" exhibit currently on display at the museum.

Based on almost two years of travel in Australia and surrounding islands, Gould's "The Birds of Australia" was published in the 1840s and is considered to be his masterpiece. The work is the most exhaustive book ever produced focusing on the birds of that continent. Gould collected and

documented so many new species in his travels—more than 300—that very few additions have been made since.

"In addition to serving as important scientific works, the exhibited prints are stunningly colored and flawlessly drafted, highlighting the exquisite plumage and elegance of these birds from Australia," said McClung Museum Director Jeff Chapman.

The McClung Museum is located at 1327 Circle Park Drive. Museum admission is free, and the museum's hours are 9 a.m. to 5 p.m. Monday to Saturday and 1 to 5 p.m. on Sundays.

Free two-hour museum parking passes are available from the parking information building at the entrance to Circle Park Drive on weekdays. Parking passes are not needed on the weekends.

For more information about the McClung Museum and its collections and exhibits, visit <http://mcclungmuseum.utk.edu>.



Paradise Riflebird, *Ptiloris paradises*, John Gould, from *Birds of Australia*, 1840-1869, hand-colored lithograph

Art workshop closing with reception

On Wednesday, July 10, 2013 at 5 p.m. the Beck Center located at 1927 Dandridge Ave. will host a reception in honor of the youth who recently completed the 4 week "Paint Your Dreams" Art workshop with renowned artist John Simms. During the closing their works will

be displayed for family, friends and the public. The Beck Center asks that you show your support and join us at the reception, recognizing these hardworking youth and the importance of Fine Art in our underprivileged communities.

Rowan proves his point in Rocky Top consolation game

Cont. from page 2

throughout much of the game. "Rob and Jon really played well," Campbell said. "Brock put on a clinic out there.

"He looked like [former Tennessee guard] Chris Lofton out there, didn't he?"

De Roy (2-4) had three players score in double figures. Tennessee incoming freshman DeMontreae Edwards scored a game-high 33 points. Bearden graduate and King College sophomore Drew

Standifer added 23. A.J Davis, another Volunteers freshman finished with 18 points for DeRoy, which trailed 55-51 at halftime.

Campbell said he was especially impressed with Edwards.

"DeMontreae Edwards has really improved," Campbell said. "He's come out here and taken his game to new heights.

"He's been one of the surprises of the league and I've really enjoyed watching him play."

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The Doctor is in

a weekly column by
Dr. Jim Ferguson

Sore Dogs

My dogs are killing me. No, I don't mean my hound dogs on Thistle Farms; my feet are killing me. I don't mean to sound whiney because I realize so many people have problems worse than my sore feet. It's just hard to keep chronic pain from coloring your attitude or your day.

I've been watching my grandson Oakley trying to walk. He's trying to transition into the toddler phase of his life in which he can walk/toddle around semi on his own. He spends a lot of time on his tip toes, apparently unaware that even ballerinas spend years learning to balance on their tip toes. As I work with Oakley I've noticed

that he's getting better at putting his heel down first and then rocking his weight forward as he strides. We adults take for granted a normal gait, at least till we lose it.

As a geriatrician I have a lot of patients with gait and balance problems. This is a serious issue that often results in loss of mobility and falls, which are even bigger problems. I won't get into the sophisticated integration of the brain, spinal cord and neuromuscular mechanisms that power us. Mechanisms intrigue internists, but these types of arcane explanations might bore some of you. Suffice it to say, the brain first conceptualizes a movement

(praxis) and then sends commands down through the spinal cord out to the muscles, all integrated by the conscious and unconscious nervous system. Outwardly, I encounter an elderly patient who is unsteady, with a shortened stride, bent forward at the waste looking at the floor and trying to compensate for defects in the system.

I get a lot of information just carefully watching my patients come down the hall of my office and how they conduct themselves. I take care of a lot of frail folks and many of them have surrendered to their aches and pains and have quit exercising and moving. As a result, muscles become weak and wither away. Importantly, the quadriceps muscle group on the front of your thigh pulls you up from a chair, while the hamstring group on the back of the thigh lets you down easily and safely. If either of these muscle groups become deconditioned and weakened, falls and debility result.

When I was thirty-five years old, I was playing the best tennis of my life. Then I developed

plantar fasciitis in one, then the other heel. I went through all the treatments my doctors prescribed, even surgery that was in vogue at the time. We now know that surgery for this condition is often useless. I see patients all the time with my condition and through personal and professional experience I finally understand this enigmatic problem and now how to treat it.

Have you ever awakened with a crick in your neck? This common muscular problem usually and thankfully goes away in several days, and most of us have noticed that stretching the sore muscles helps the pain. The arch of your foot is formed by four layers of muscles and sinews. The purpose of the arch is that of a shock absorber as you walk. All the arch tendons attach to the bottom of heel bone (the calcaneus) and can become injured or weakened as we age. An important take home point is that the commonly described "heel spur" which can be seen on an X-ray is not the problem. It is but a sign

of chronic irritation and partial healing with calcium deposition within the tendon much the same as a bone heals after it is broken and set. Looking at the needle like calcium deposit on an X-ray might lead you to think that its removal would alleviate your pain. It's not that simple.

I'm a big believer in stretching sore muscles and tendons. Most of us have learned that stretching the cramping calf muscles known as a Charlie Horse is the recipe for relief. Prophylactically, stretching calf muscles at bedtime helps prevent cramps and also lessens the discomfort of plantar fasciitis. I teach people stretching exercises as I explain the heel tendonitis problem to them. I also emphasize proper footwear. I read once where bunions and toe problems are largely related to western shoe styles that make our ladies look so fetching, but cause their dogs to moan.

I don't pretend to understand feet; they're too complicated for this internist. I've seen gnarly looking feet which don't

cause pain, and I've seen normal looking dogs that cause their master to howl. Thankfully, my foot specialist Mike Hosford of Hosford Shoes and Orthopedic Lab on Broadway understands more than I do about the wheels of our body. Mike has kept me going for years with custom orthotics which support my arches and cushion my sore heels and metatarsals (balls of the feet).

Finally, don't give in to pain or give up living. Keep treading water or you'll sink. I'd rather die with my boots on than parked under my bed!

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

For appointments call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at fergusonj@knoxfocus.com.



ANTIQUES & COLLECTIBLES

An Antique Revival

When I say 'antique revival,' I'm not talking about an old time tent revival but about the strong resurgence and interest in owning antiques and collectibles these days. I'm supposed to know about these kinds of trends yet this one has taken me by complete surprise.

From terrorist attacks, 9-11, wars, a housing bubble pop, recession lasting over five years, enormous unemployment, and you name it, it has been the absolute darkest times in any baby boomer's lifetime. Anything even related to a nonessential item took a big hit and the antiques market almost ceased to exist for all the above reasons. The trading going on mainly consisted of individuals with larger disposable incomes as



By Carl Sloan

well as those that were having trouble finding anything to invest in as they had in the past such as stocks, banks and the things thought too big to fail.

I was there and saw that the higher end items were still being sought after by top investors as well as a new group: those new to the arts and antiques markets. I liked to see this, of course, and did wonder if this would last over time or be just a trend. Well, not only did it last it began to grow and grow fast.

Nowadays, with a recovering economy the big box discount stores are seeing a decline and the auction venue has not only remained, but is getting much stronger.

I will give you a challenge such as you see in the reality

shows. Here are the rules: You receive \$300 in cash and must spend any or all of it on an item that can always be resold for what you paid for it or more. It must be a useful item and must serve a purpose in your home or business. It can be a functional item or art or even a collectible is fine. It can be anything as long as it goes by these rules. This concept is where the markets are going and thriving. Perhaps we have finally awoken and are tired of purchasing disposable goods with our hard-earned incomes.

As always, please give me a call to discuss your things be it one item or many for an assessment at no charge to you. I purchase nothing and can guide you. You may contact me by calling (865)604-3468 and leaving a message for me.

Hotter 'n Hell 5K Run/Walk set for August 3

In addition to running or walking 3.1 miles, participants in the fifth annual Hotter 'N Hell 5K can help build a giant wall of hope to raise awareness of important cancer issues. The 5K will take place at Victor Ashe Park on August 3 at 8 a.m.

"The Hotter 'n Hell 5K is a lot of fun for participants," said Michael Holtz, media advocacy and federal issues director for the American Cancer Society Cancer Action Network (ACS CAN) and race organizer. "We also have an easy way athletes can send a message to lawmakers in Washington that quality of life issues are important to cancer survivors."

The Hotter 'n Hell 5K supports the work of ACS CAN, the nonprofit, nonpartisan advocacy affiliate of the American Cancer Society. ACS CAN supports legislation that will improve the quality of life for cancer patients by expanding education of medical professionals about the importance of palliative care, which includes

management of pain and side effects caused by cancer treatment. A giant wall of hope will be erected at the race, created with messages of support for quality of life issues written to members of Congress.

Holtz, who is a cancer survivor, says the event will raise funds to support efforts to make the fight against cancer a national priority. "My personal experience with cancer makes everything ACS CAN does that much more precious and important to me. It just makes it that much more important now than ever that we're successful," he said.

Registration is currently underway for the Hotter 'N Hell 5K. The cost is \$25 per person until July 26, and \$30 from July 27 until race day.

For more information or to register for the race, visit hotternhell5k.com or call (865)414-3191. Contributions to ACS CAN are not tax-deductible.



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Faith Pain Exists

The Garden of Eden, as recorded in the first two chapters of the Bible (Genesis 1-2), paints a picture of what God intended this world to be. It is a paradise setting where humanity is in harmony with God, each other, and the creation. But when sin entered the world (Genesis 3), everything changed. Humanity is now in constant conflict with God, each other, and creation. Life becomes



By Mark Brackney,
Minister of the
Arlington Church
of Christ

a struggle. Pain is a constant companion to God's creation. As you ponder why God allows suffering to exist, which is one of the most common objections to faith in God, it is important to remember that God did not choose suffering for His story. It was a choice man made and continues to make. "Therefore, just as sin entered the world through one man, and death through sin, and in this way death came to all men, because all

sinned" (Romans 5:12). Yet we know that God can use suffering for His glory.

Suffering is not good, but good can come from it. An example of this is the Apostle Paul. He pleaded with the Lord three times to take away suffering in his life, but God wanted to use his suffering to cause Paul to trust and lean on God more (2 Cor. 12:7-10). We all want God to leverage our strength, but what if God can get more glory from our weakness? We all know people who in the midst of their suffering did amazing things for God and His glory.

When you enter into a period of pain or suffering in your life, there are several important truths of faith to remember. First, your faith insists that God can remove your suffering. As you look at the life of Jesus, you find five different reasons He physically healed people from suffering: to let people know who He was, to illustrate His authority to forgive, to show compassion, to validate faith, and to stimulate praise of God. The first Christians sought healing from God, and we should also. James tells us that if someone is sick,

they should ask the elders of the church to come and pray for healing and to anoint with oil (James 5:14-16). God loves to heal the sick.

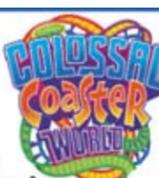
But there are times when God chooses not to physically heal. This is where faith insists that God can redeem my suffering. God can deliver us both from suffering and through suffering. The Psalmist recorded, "It was good for me to be afflicted so that I might learn your decrees" (Psalm 119:71). I pray we can see God's grace through a season of suffering. We must remember that physical

healing is temporary at best. Even those who were healed by Jesus eventually died. The ultimate healing is not physical, but spiritual. This healing is eternal.

It takes faith to want to be healed, and it also takes faith to want God. C.S. Lewis was asked why the righteous suffer. His response was: "Why not, they are the ones who can handle it." The child of God knows that suffering and pain is temporary, but we are not. God's ultimate healing is coming, so don't give up.

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Church Happenings

Seymour United Methodist Church

We welcome a new Administrative Assistant, Elizabeth Hubbs, replacing Sherri Franklin, who has recently been assigned as pastor at two churches in the Morristown District. We wish both Elizabeth and Sherri the very best in their new ministries.

The Chancel Choir is taking the months of July

and August off, but will resume rehearsals on Tuesday evenings in Sept.

The weekly fellowship meals on Wednesday evenings are not being held during the months of June and July, but they will resume in August.

Next Sunday, July 14th, at 4:30 p.m., a "Safe Sanctuary" training class will be held. Anyone volunteering to work at next week's Vacation Bible School will need to take this training course.

Further information on any of the above items or other matters, please call our church office at 573-9711 or visit www.seymourumc.org.

Spirit and Truth Fellowship

Spirit and Truth

Fellowship of Knoxville is an independent, non-denominational, Evangelical Christian church that is friendly to the sciences and to sincere skeptics, scientists, geeks, and nerds. We love and worship the God of the Bible, believe in salvation by grace through faith in Jesus Christ, and endeavor to be led by the Holy Spirit; we also appreciate and enjoy science, and we encourage science awareness and education. We meet for worship on Sunday mornings at Ijams Nature Center from 10:30 until noon. Come as early as 9:30 to enjoy complimentary snacks, coffee, and wifi at our Internet Café. For more information, browse <http://www.spirit-and-truth.net>.

HALLS CHRISTIAN CHURCH

Corner of Hill Road and Fort Sumter Road
922-4210 • www.hallschristian.net

Sunday School - 9:45 a.m. • Morning Worship - 10:45 a.m.
Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

Where Christ is Making a Difference in Our Lives and in Our Community

Halls Christian Church's VBS

HCC's VBS "HayDay" is scheduled for the evenings of Friday, August 2nd and Saturday, August 3rd. The evening starts with a meal at 5:45pm and fun activities 6:15 to 9:00 p.m. The closing ceremony will be on Sunday morning, August 4th at 10:45 a.m. with a noon lunch to follow. Call 922-4210.

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Michael & Delilah Kitts

In Concert Singing Your Favorite Gospel Songs including "Everything I Need"

When: Sunday, July 14, 2013 at 6 p.m.
Where: New Beverly Baptist Church
3320 New Beverly Church Road
Knoxville, Tennessee 37918
Info: Rev. Eddie Sawyer, Pastor
865-546-0001 or reveddie@newbeverly.org
www.NewBeverly.org
Directions: I-640 to Exit 8. Go north on Washington Pike to Greenway Drive light (Target). Turn left. Church is 1/4 mile on the right.

Don't miss Michael and Delilah in Concert!
No admission charge, but a Love Offering will be taken.
Don't Miss It!

CLASSIFIEDS



Scottsdale Potatoes

- 1 (2-lb.) package frozen hash browns, thawed
- 2½ cups grated sharp cheddar cheese
- 2 cups sour cream
- 1 (10¾-oz.) can cream of chicken soup
- ½ cup chopped onion
- ¼ cup (½ stick) butter, melted
- Salt and freshly ground black pepper, to taste
- 2 cups corn flakes cereal, crushed
- ½ cup (1 stick) butter, melted

Preheat oven to 350°. Lightly butter 7x10-inch ovenproof glass baking dish. Combine hash browns, cheese, sour cream, soup, onions, and ¼ cup butter in large bowl. Season with salt and pepper. Transfer to prepared baking dish. Mix corn flakes and ½ cup butter and sprinkle over potato mixture. Bake until browned, about 45 minutes. Serve immediately.

Green Bean Casserole

- 1 can (10 3/4 ounces) condensed cream of mushroom soup
- 4 cups cooked green beans
- 1/8 teaspoon pepper
- 1/2 cup milk
- 1 1/3 cups French fried onions

Mix soup, milk and pepper in a 1 1/2-quart casserole dish. Stir in beans and 2/3 cup of the fried onions. Bake for about 25 minutes at 350 degrees F. Top with the remaining 2/3 cup fried onions and bake about 5 more minutes, until onions are lightly browned. Serves 6.

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ANNOUNCEMENTS

Civil War Talk
call Janice White at 548-0326.

On Tuesday, July 9, 2013, the Knoxville Civil War Roundtable will host author and recently retired longtime Historian of the Vicksburg National Military Park Terry Winschel as its speaker. At 8:00 p.m. Mr. Winschel will speak on the topic: "Crucial to the Outcome: Vicksburg." The talk is OPEN TO THE PUBLIC and will be at the Bearden Banquet Hall at 5806 Kingston Pike (next to Buddy's BBQ and .2 mile east of the intersection of Kingston Pike and Northshore Dr.) To attend the talk only is \$5.00. (Students with current IDs are admitted free.) Alternatively, you can come at 7:00 p.m. and enjoy a delicious buffet dinner which is \$15.00 for members and \$17.00 for non-members (including talk).

Homeownership Workshop
The Knoxville Area Urban League is hosting a three-session Homeownership Workshop on July 16, 18 and 20, 2013, 1514 East Fifth Ave., Knoxville, TN 37917. The workshop, which is open to anyone preparing to purchase their first home, covers the details involved in selecting, purchasing, financing and maintaining a home and meets all requirements for FHA and THDA loans. Classes are held on Tuesday and Thursday evening from 5:30 to 8:30 and on Saturday from 9 a.m. to noon. Training Fee: \$20. Info: 865-524-5511; www.thekaul.org.

STFK Science Café meeting
The next meeting of the STFK Science Café is scheduled for Saturday, July 13, at 2:00 p.m. at the Knoxville Zoo. There will be a brief NOVA video presentation followed by an hour of questions and discussion with refreshments. The discussion topic is Tornadoes, and our guest expert is Associate Professor and Tornado Debris Researcher Dr. John A. Knox of the Department of Geography at the University of Georgia. This meeting takes place during Zoo hours, but there is no cost to attend. Inform the parking attendant that you are not visiting the Zoo but only attending a meeting. Enter at the door of the Ranger Station (just the right of the ticket counter and main Zoo gates). Ask a Zoo employee to direct you from there. For more information, browse http://sciencecafe.spirit-and-truth.net.

Fountain City Business & Professional Association Meeting
The monthly Fountain City BPA Lunch Meeting will be Wednesday, July 10, at 11:45 a.m. at Central Baptist Church. The lunch sponsor for July is Jet's Pizza. The speaker for this meeting will be Knox County Mayor Tim Burchett. He will discuss the Knox County Budget.

Heiskell Community Center Seniors Program
The Heiskell Community Center Seniors will meet on Thursday, July 11 from 10 a.m. until 2 p.m. The center is located at 9420 Heiskell Road in Heiskell, TN. The July picnic will be held this day with hot dogs, potato salad, cole slaw, chips and dips, etc. for lunch at noon. Bingo at 1 p.m. Bring a dessert and a friend, all senior citizens are welcome. No charge, donations appreciated. For more information,

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