



UT, City Mark Progress in Historic Cemeteries Rehabilitation

For years, University of Tennessee, Knoxville, students and faculty have been working with the City of Knoxville, the Knoxville Re-Animation Coalition, and the community to rehabilitate two historically and culturally important cemeteries in East Knoxville.

On Monday, April 30, UT and the city will have a ribbon cutting to celebrate the progress, which includes repaving and the creation of new curbs at the entrance of the Odd Fellows Cemetery and Potters Field.

The 5 p.m. event will take place at the intersection of South Kyle Street and Kenner Avenue in East Knoxville. This event is free and open to the public.

Mayor Madeline Rogero and Dan Brown, former mayor and the sixth district council member, will speak to the community about the importance of this first step.

A 5:45 p.m. meeting will follow the ribbon cutting during which community members can offer feedback about a proposed demarcation wall. The meeting will be in the Dr. Walter Hardy Memorial Park, 2020 Martin Luther King Jr. Ave.

"Though a repaving and new curb may seem minor to some, we have already seen a great reduction to the water runoff settling in the cemeteries and cars no longer use it as a space to pull over," said Katherine Ambroziak, project coordinator and assistant professor at the UT College of Architecture and Design. "We cherish these small steps of progress."

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PHOTO BY DAN ANDREWS.

Pictured at the new Admiral Farragut Trail Marker are: Tennessee Tourism Commissioner Susan Whitaker, City of Knoxville Mayor Madeline Rogero, Executive Director of the Tennessee Civil War National Heritage Area Dr. Carroll Van West, Knox County Mayor Tim Burchett, Farragut Mayor Ralph McGill and Dr. Angela Masini, president of HoLa Hora Latina.

Trail marker dedicated to Admiral Farragut

The ribbon was officially cut at the Civil War Trail Marker at Admiral Farragut's Birthplace on Saturday, April 28, 2012.

The dedications were made by the two co-chairs of the Tennessee Civil War Sesquicentennial Commission: Tennessee Tourism Commissioner Susan Whitaker and Executive Director of the Tennessee Civil War National Heritage Area Dr. Carroll Van West.

David G. Farragut was born at Lowe's Ferry (originally called Farragut's Ferry) on July 5, 1801. He spent his early childhood there before his family relocated to New Orleans. He claimed Tennessee as his home state throughout his life. Soon after moving from Knox County,

Farragut's mother died, and Farragut became the foster child of Navy Commander David Porter. Farragut entered the Navy at age 9½. He took part in his first battle at sea at the age of 11 while serving in the War of 1812. He remained active with the Navy throughout his life. Coming from a long line of seamen, Farragut was named the first Admiral of the American Navy in honor of his significant contribution to ending the Civil War. He led the effort to close the Confederate port at Mobile Bay. It was at this battle that he uttered the often-quoted words, "Damn the torpedoes; full speed ahead!"

A little known fact is that Farragut had Hispanic heritage. His father, Jorge

Farragut, was a merchant from Menorca (Spain) who fought in the Revolutionary War. He bought land when Knoxville was established, and operated a ferry at the site that today is in Admiral Farragut Park at Northshore Dr.

The Tennessee Civil War Sesquicentennial Commission, Knox County, Farragut Folklife Museum, and HoLa Hora Latina (Hispanic non-profit organization) are sponsors of this Civil War Trail marker. The Civil War Trail Program has installed more than 1,000 interpretive markers at Civil War sites in Virginia, Maryland, Tennessee, West Virginia, and North Carolina. Driving tours following major campaigns have been created, and a series of

regional brochures and maps is available online at www.civilwartraveler.com/about/maps/TN-map.pdf.

In other Sesquicentennial news, the Knoxville Civil War Gateway, located at 200 West Hill Ave., opened Saturday, April 28. The Gateway will provide maps, walking tour brochures, videos, troop information and graphic presentations of the Civil War story in East Tennessee.

In conjunction with the official opening, a new downtown walking tour of Civil War Knoxville was introduced to the public. Tennessee's Sesquicentennial Signature Events will take place through 2015. Please visit www.tnvacation.com/civil-war/.

FOCUS Weekly Poll*

If the presidential election were held today and if Barack Obama were the Democratic Party's candidate and Mitt Romney were the Republican Party's candidate, who would you vote for, Barack Obama, the Democrat, or Mitt Romney, the Republican?

OBAMA 35.45%
ROMNEY 64.55%

Survey conducted
April 26, 2012.

* Focus Weekly Polls are conducted by an independent, professional polling company.

KCHD offering Free Diabetes Management Series

Whether you have recently been diagnosed with diabetes, have been living with the disease for a long time or have been told by your doctor that you are pre-diabetic, Knox County Health Department's Diabetes Management Series of classes will give you important information on managing the disease. The next series of classes will be held on Thursdays in May (May 3, 10, 17, 24, 31) at 6:30 p.m. at KCHD's main facility, 140 Dameron Avenue in Knoxville. Along with information and skills necessary to optimally manage their diabetes, attendees will receive a light diabetic meal and there will be a door prize drawing. Parking is free and convenient. Anyone interested should call 215-5170 to reserve a meal. Please note: This is a series of classes meeting for five consecutive Thursdays, not a single class to attend.

In the body, high levels of blood sugar over long periods of time can cause blindness, kidney and blood vessel disease which may necessitate amputation of legs or feet, heart disease and other debilitating complications. People diagnosed with diabetes must stay vigilant about monitoring and regulating their blood sugar levels – their bodies can't do it automatically. Day-to-day

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Property returns to Ramsey after 200 years

On the 11th day of May, 1812, Colonel Francis Alexander Ramsey made a deed of conveyance for 8 1/2 acres to Knox County's first Presbyterian church. In 1791, the Reverend Samuel Carrick established the Lebanon Presbyterian Congregation, along with founding elders, Ramsey, James White and John Adair. Usually called the congregation of Lebanon in the Fork, the church was located on Asbury Road in East Knox County at the confluence of the Holston and French Broad Rivers. The land was a gift to the congregation from Colonel Ramsey. The land,

was also the site of the family burying ground, Lebanon in the Forks Cemetery.

After a fire in 1981 destroyed the Lebanon Presbyterian Church building, maintenance and conservatorship of the cemetery property was assumed by the Presbytery of East Tennessee Presbyterian Church (USA), Inc. Despite changes which have occurred over time, Lebanon in the Forks Cemetery remains an active cemetery and continues to preserve the early prominence and unique design characteristics. It reminds observers of the time when attitudes toward death and

cemeteries were different than they are today. It remains an oasis of green and solitude in present-day Knox County.

Based on meeting the criteria for its "significance in early settlement history in Knox County and its representation of early cemetery landscape," the Tennessee Historical Commission certified and placed Lebanon in the Forks Cemetery in The National and in The National and Tennessee Registers of Historic Places on November 29, 2010. Among the well-known early pioneers interred there, in addition to Colonel Ramsey, are: Archibald

Rhea, Sr.; Rev. James Kennedy; James McNutt; Jeremiah Jack; American Revolutionary Patriot Reynolds Ramsey; and Dr. J.G.M. Ramsey, the renowned Tennessee historian.

And, now, 200 years later, the Lebanon in the Forks Cemetery comes back home to the Ramsey family. The Association for the Preservation of Tennessee Antiquities announced that on March 6, 2012, the Presbytery of East Tennessee deeded the property back, to be maintained by the Historic Ramsey House. The cemetery grounds will again

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Lending a Helping Paw

By Kareta Johnson

Come join the Knoxville-Knox County Community Action Committee (CAC) this Friday, May 4th from 5:00 p.m. to 7:30 p.m. for food, fun, music, and flowers at Stanley's Greenhouses 3029 Davenport Road in Knoxville!

The 2nd Annual PAWS Among the Blooms will be a dog-friendly event to help raise money for Knox PAWS (Placing Animals With Seniors). Tickets are \$25 per person and 10% of the proceeds will go to Stanley's Greenhouses. "It is such a pretty place to have the event, especially on a warm day. We're going to have music, food, wine, and entertainment!" said Misty Goodwin, Knox PAWS Manager.

In 2004, Knox PAWS began when the CAC's Office on Aging partnered with the Young-Williams Animal Center to match adoptable pets with senior citizens. This improves seniors' emotional, physical, and mental health. Most of the pets need a loving home or will eventually be euthanized. There are many Knoxville seniors that would love to own a pet, but are unable to due to the costs. "We got a small grant from the Dorothy Kidd Memorial Fund. She wanted other seniors that were low income to be able

to adopt an animal. She was very committed to helping animals that were in shelters, so she set up a fund for us and Young-Williams," explained Misty. "We worked with Young-Williams for a couple of years until the funds ran out. Once that happened, we branched out on our own and started raising our funds and got assistance through PetSafe. Just recently here in Knoxville they gave us a grant and are sponsoring the PAWS Among the Blooms."

There are about 45 seniors that have been placed with dogs and cats, "We have other funding now so we can partner with other shelters, the Humane Society, Adopt-a-Pet, and even other counties that the seniors might be interested in," said Misty. The Office on Aging hired a Contract Coordinator for the program to make sure the partnership runs smoothly, "She does all the assessments and follows up on all the placements. If there are any issues or problems she handles that and tries to help them with any behaviors the pets may have." The program also pays for adoption fees, pet deposits, and pay extraordinary vet costs. "We had one dog that had to have all his teeth pulled, and the senior couldn't

afford it, so we paid for it and were able to help with that," shared Misty.

The assessment stage is to determine if the senior is physically capable of handling the animal and if they have the appropriate environment. "She looks to see if there is a yard and if they have the ability to walk the dog or change the litter box, we look at those things," said Misty. The senior has to be 60 years of age or older, live in Knox County, and not have any other pets in the home. This is so the partnership can be a true one-on-one companionship between the senior and their beloved new pet.

The Office on Aging has a partnership with the University of Tennessee called the Feed a Pet Project. Feed a Pet is available to all Knox PAWS participants and sends monthly pet food to those that are not able to afford it. "What we found was that a lot of people that were on our Mobile Meals program, couldn't afford to feed their pets, so they were feeding their pets the Mobile Meals," explained Misty. "We like to know that they can financially be able to take care of their pets, but if not we can help them in some capacity."

The PAWS Among Blooms had about 80 people show

up last year. This year the group wants to reach 200 attendees and hope to see many memorable Knox PAWS participants. "There was one lady that was extremely depressed and her case manager mentioned that she should call the program, so we placed her and her husband with a Chihuahua that she named Angel Baby. It brought her out of her depression and they brought Angel Baby in a pink stroller to the event last year. She was so social and they were the talk of the party and they still send us pictures today!" Misty shared. "It's such a good program, because they are so lonely before being partnered with their pets, so we want people to know us and would love to have people participate in the program. We want this program to keep going strong, be bigger and better. We help people and change people's lives and go home each day knowing we made a difference."

For more information about PAWS or how you can donate, please visit knoxseniors.org or call 865-524-2786. If you are interested in adoption or referrals, please call 865-546-6262. You can also visit Knox PAWS Facebook page for information.

FOCUS Weekly Poll

If the presidential election were held today and if Barack Obama were the Democratic Party's candidate and Mitt Romney were the Republican Party's candidate, who would you vote for, Barack Obama, the Democrat or Mitt Romney, the Republican?



Barack Obama (35.45 %)
Mitt Romney (64.55 %)

By Age Barack Obama Mitt Romney

18-29	[None]	100.00%
30-49	29.03%	70.97%
50-65	38.29%	61.71%
65+	35.20%	64.80%
Total	35.45%	64.55%

By District

1	66.67%	33.33%
2	43.86%	56.14%
3	38.30%	61.70%
4	29.58%	70.42%
5	25.76%	74.24%
6	30.91%	69.09%
7	32.26%	67.74%
8	38.18%	61.82%
9	31.11%	68.89%
Total	35.45%	64.55%

By Gender

Unknown	35.00%	65.00%
Female	35.53%	64.47%
Male	35.42%	64.58%
Total	35.45%	64.55%

Property returns to Ramsey after 200 years

Cont. from page 1

be under the auspices of the Ramsey family. The Historic Ramsey House is located a few miles from the cemetery on the site of Colonel Ramsey's historic plantation, 2614 Thorngrove Pike. Built in 1797, it was the first stone house in Knox County, and is located on over 100 acres. The structure is significant for original interior and exterior architectural features and its period decorative art collection. Historic Ramsey House is open to the public through guided tours.

In other news, the Historic Ramsey House and the Civil War Reenactors of East Tennessee will be hosting the reenactment of the Skirmish on the Holston on May 12 and 13, 10 a.m.-4 p.m. both days. Admission is \$5 per person, children under 12 are free. Mothers accompanied by children will have free entry on Sunday, Mother's Day.

This is an educational event the whole family can enjoy. "Our focus this year is on teaching the history of the Civil War period in the Knoxville area," said Judy LaRose Museum

Administrator for Historic Ramsey House. There will be reenactors in the Historic Home telling stories of the women who lived through this difficult period, including, portions of the journal of Margaret Crozier Ramsey, who told of her suffering and uncertainty during her exile from Knoxville.

The Children of the Confederacy will host period games for all to take part in. There will be period crafts for children sponsored by the East Tennessee Reenactors. Food vendors will be available both days.



Pictured are (L to R): Wayne Decker, Helen Keough Sears, Maxwell Doak Ramsey and Register of Deeds Sherry Witt at the recording ceremony returning the Lebanon in the Forks Cemetery back to the Ramsey House after 200 years.

KCHD offering Free Diabetes Management Series

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diabetes management is confusing and frustrating for many people.

KCHD's Diabetes Management series is structured to provide a broad scope for managing the disease to help prevent the destructive consequences through proper diet, medication, stress management and exercise.

Individuals diagnosed as pre-diabetic or who have diabetes are encouraged to attend.

"Most people are astonished about the quantity of healthy foods they can have and still manage their diabetes," said Susan Fowlkes, KCHD director of clinical nutrition who oversees the program. "We also encourage people to bring spouses or other family members so the whole family can learn together about what is or isn't healthy food, and the appropriate amount of food. It also helps reinforce what is learned in class at home."

In Tennessee, the percentage of adults with diabetes almost doubled between 1996 and 2005, from 5 to 9.1 percent and the state had the sixth highest percentage of

diabetic adults compared to all other states. In Knox County, diabetes was the seventh leading cause of premature death in 2005. In 2008, almost 10 percent of Knox County adults reported they have been diagnosed with diabetes. This estimate does not include prediabetes or borderline diabetes. The estimate for 2002 was 7.1 percent and in 2005, it was 8.2 percent (Knox County Behavior Risk Factor Survey, 2002, 2005, 2008). According to the national Centers for Disease Control and Prevention, there are 17.9 million people nationally diagnosed with diabetes and an estimated 5.7 million people who have the disease but are undiagnosed. If current trends continue, one out of three U.S. adults will have diabetes by 2050.

Knox County Health Department's initiatives through the Comprehensive Approach to Reducing Diabetes (CARD) Program directly address reducing diabetes rates and include programs such as the tri-yearly diabetes management class series; community-wide walking programs; the Nutrition Education Activity Training (NEAT) after school program; mini-grants for local businesses and child care facilities to improve diet and physical activity; a walking school bus pilot project and an Eat Play Live Conference planned for March 2012. The CARD Program is funded through an agreement with the Tennessee Department of Health.

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The People: Government's only hope



By Richie Beeler

"The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people."

The words of the Tenth Amendment to the Constitution of the United States have never been more relevant or needful than they are at this point in our history. In fact, I am convinced they are our only hope.

The Tenth Amendment, ratified as part of the original Bill of Rights, has long been used by many conservatives to champion the issue of states' rights. In layman's terms, it declares that any power not specifically granted to the federal government, is to fall under the jurisdiction of individual states. In other words, when it comes to matters that the federal government is not explicitly empowered to deal with, the authority belongs to the states.

But not the final authority.

What many Tenth Amendment advocates have failed to point out across the decades is the reality that under our system of government, final authority lies not within the government itself. It lies with the people. In America, the final voice, the one with authority that is supreme above all other earthly authorities, belongs only to the people.

Government of the people, by the people, and for the people is the one principle that protects our American way of life from the White House to the courthouse. At the federal level, it protects us from the tyranny of dictatorship by leaders that would seek to vest too much power in the presidency. At the local level it protects us from power hungry politicians who would seek to turn city halls into their own personal kingdoms.

In a Constitutional Republic, unlike a dictatorship, the government does not choose its own leaders. The people do. Nowhere is this principle of government more relevant than at the local level. It is a principle that the founders of our great state knew all too well.

When the Constitution of the State of Tennessee was ratified, its Seventh Article laid out the framework for local governments. It reads, in part:

"The qualified voters of each county shall elect for terms of four years a legislative body, a county executive, a sheriff, a trustee, a register, a county clerk, and an assessor of property."

This Article provides the necessary structure to ensure that local government effectively serves the needs of its citizens. It also ensures that power over that government lies

not in the government itself, but with those citizens. The most important language in the Article is "the qualified voters of each county shall elect." Our founders wanted to make certain before they created the structure of local government, that the real power of that government was vested in the people.

As sacred as this power is, there are those among us who adamantly believe that it should be stripped from the people and handed over to those who already have power. They insist that the public would be best served if a governmental body or a county mayor were empowered to appoint our government officials. Their reasoning is often disguised.

Indictments were handed down last week against several former employees of a local elected office, including the former officeholder. Before the ink was dry on the warrants, the appointment crowd was already screaming about how this was the straw that broke the camel's back, and how we have to stop letting these people be elected.

This is the kind of opportunism these people always use to try to force their radical elitist agenda on the hard working ordinary citizens. They may wax eloquently about corruption and qualifications, but what they really believe is that the people are too stupid to elect the right candidates.

That's the bottom line. These people believe in their heart of hearts that a mayor or a county commission can pick better, more honest, more qualified people than the idiots who vote in county elections. Idiots like us. Idiots who need to leave all the "important" decisions to the experts in government.

That may be a structure that sounds appealing to people who think they're smarter than the rest of us. But it is offensive to me. I work for the government, but the day we give the government more power than the people will be a dark day indeed in Knox County.

There will always be occasions when persons of questionable integrity slip through the cracks and end up in positions

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By Steve Hunley, Publisher
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Superintendent James McIntyre, much of the Board of Education, and the Knoxville Chamber of Commerce have been waging an aggressive campaign to convince the Knox County Commission to increase property taxes 35 cents.

The battle cry remains the same and most of the local news media has been thoroughly cooperative in promoting the tax increase, although it is clear an overwhelming majority of Knox Countians oppose it (see Focus poll from March 26, 2012).

Meeting Nikki Giovanni

By Sarah Baker

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As a literature teacher, there is no bigger thrill than meeting an author whose work you have taught. I have been teaching Nikki Giovanni's poetry for 14 years, and I had the privilege of meeting her last weekend at Union Avenue Books. Giovanni gave two readings at the cozy bookstore on Saturday and I attended the first. She was gracious, hilarious, sassy, and just plain honest. It was wonderful.

In my class, I teach Giovanni's poems "Knoxville, Tennessee" and "Choices." Students enjoy the fact that there is a poem in our textbook about their hometown and I often have them create their own version of it. "Choices" is about trying to be content with what we have, which I believe is a very valuable lesson indeed. I remember when I taught at Vine Middle School learning that Giovanni had attended Austin High (now Austin East). There is a story in our textbook which alludes to Giovanni's grandmother giving what for to Cas Walker. How cool is that?

As a teacher, I am also a

Commissioners were treated to a bizarre song and dance routine and fully ten people, some in groups, came down to the podium to encourage the Commission to approve McIntyre's budget request during last Monday's meeting. Considering the population of Knox County, it wasn't especially impressive. A pee wee football team has more cheerleaders.

Dr. McIntyre and the establishment remained focused like a laser beam upon the gold glittering at the end of the proverbial rainbow. Mayor Tim Burchett states opposition to a tax increase, but has yet to take his own show on the road to discuss Knox County's burgeoning debt, nor have the individual County Commissioners acknowledged that Knox County provides any other service save for education.

For all the talk about revamping and reforming Knox County government, virtually nothing has been said about reforming education. Evidently the

establishment thinks the way we run our schools is just hunky-dory. When confronted with some of the practices they righteously condemn with gusto in county government - - - nepotism, favoritism, wasteful spending - - - the good government folks merely fidget uncomfortably and resort to invoking the importance of education and children in general.

Reforming government has to include every facet of the government and considering the fact that **two-thirds of every tax dollar** spent in Knox County is expended on schools, it seems astonishing that the local reformers pretend all is well with education in our community. I guess we're just not going to pay any attention to the full one point drop in ACT scores over a one year period during McIntyre's tenure. I can't remember a larger one year drop.

With the price of gasoline and the price of milk hovering around the \$4 mark, it seem ludicrous to ask for a huge tax increase

to fund more money for education while ACT scores have dropped.

However one must give Jim McIntyre credit; he is aggressively leading the way in the march to the end of the rainbow and the pot of gold waiting there, all with a straight face. I hope Mayor Tim Burchett will remember all those average Knox Countians who put him into office and not get himself between a rock and a hard place of having to choose between those folks and the few who are slobbering all over the pot of gold at the end of the rainbow.

Any view by our Mayor that doesn't take into consideration the current economy, the size of our debt, and the entire government of Knox County, not just education, is ultimately short-sighted. With the way governments spend money and pile up debt, in the end our money may wind up being fool's gold anyway.



Poet Nikki Giovanni and Focus columnist Sarah Baker

lifelong learner. Because I am constantly pouring out to students, I crave the company of people that I can learn from. The most profound thing I took away from Giovanni was her respect for everyone's struggle. She explained her belief that the struggle of the African-American woman is well documented, expressed in poetry, fiction, and visual art. She sympathizes, however, with

the toil of the white pioneer women who settled Appalachia and feels that their journeys of hardship and loss have not been honored enough. I'd swear she looked right at me.

On the way home I thought about her words. I remembered when I was just a teenager and I baby sat for a history professor named Dan Mahan. I dove into a copy of "Sula" by Toni Morrison he had lying

around. Then I read everything by Morrison I could get my hands on. Then I discovered Zora Neale Hurston and Gwendolyn Brooks. There is honesty, a pride in owning up to reality, in literature by African-American women that I have not found anywhere else. It nourishes me. It sets me free.

In my experience, southern white women have a

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Happy Mother's Day!

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FOCUS MORE ON Seymour

Upcoming events at TKA

18th Annual Spring Golf Tournament - Everybody and their brother has a golf tournament these days, but few people have been doing it as long The King's Academy. Launched by academy alumnus Dan Whitson ('58) in 1994, this spring rite of passage is generally held the second Saturday in May. The SWAT format means lots of fun for golfers of all levels, and with two flights, anyone can get in on the awards. Prizes can be won on every hole, and there are some door prizes presented by random drawing at the conclusion of play. Cost is just \$85 per player or \$340/team. Major sponsorships are available for \$500 and hole sponsorships for \$100. Donations of prizes are gratefully appreciated. Alumni and academy friends will gather for the 8:00 a.m. shotgun start at Sevierville Golf Club, Saturday, May 12, 2012. For more information, call the Office of the President or email wgrubb@thekingsacademy.net.

Commencement - The distinguished Dr. Randall O'Brien, President of Carson-Newman College, will deliver the formal address as seniors celebrate their upper school graduation 7:00 p.m., Friday, May 18, 2012, in Woody Auditorium.

Kindergarten Graduation - This cap and gown ceremony is a demonstration of the always amazing accomplishments of our smaller, but nonetheless distinguished scholars.

Sevier Co. High School Athletic Screenings Scheduled

LeConte Sports Medicine is gearing up for our annual pre-participation athletic screenings! All student athletes in Sevier County are required by the Tennessee Secondary Schools Athletic Association (TSSAA) to have a pre-participation screening in order to be eligible for tryouts or practices for the 2012-2013 school year.

The TSSAA requires that these pre-participation screenings take place between May 1 - August 30 annually in order to participate in athletics in the coming school year.

LeConte Sports Medicine will hold pre-participation screenings for all high school student athletes in Sevier County on:

- Tuesday, May 1, 2012, 5 p.m. - 7 p.m., at Seymour High School and
- Tuesday, May 8, 2012, 5 p.m. - 7 p.m., at Sevier County High School.

The cost for the pre-participation screening is \$10. Registration and HIPAA forms should be completed prior to arriving for your screening, and can be downloaded at www.lecontemedicalcenter.com/sportsforms.

A parent's signature is required on these forms, and we ask that you please complete the forms and sign prior to the screening time. The student athlete should bring the forms with them to the screening

It's an event where there are sometimes as many cameras as people. 6:00 p.m., May 21, 2012

Fifth Grade Promotion & Eighth Grade Graduation - The air is always full of promise as these students are honored on this night of celebration. 6:00 p.m., Tuesday, May 22, 2012



Riley Hall takes aim with the water balloon slingshot at one of the many activities available at The King's Academy's Festival last weekend. Anchoring the firing mechanism are Bob Deatherage, left, and Dustin George, right.

For more information about the pre-participation screenings you can speak with the Athletic Trainer at your High School, or contact Scott Byrd at 865.755.5742.

LeConte Sports Medicine Athletic Trainers
Sevier County High School: Rissa Andres, ATC/LAT
Pigeon Forge High School: Jay Smith, ATC/L
Seymour High School: Joshua Gallimore, MBA, ATC, LAT
Gatlinburg-Pittman High School/LeConte Sports Medicine Coordinator: Scott Byrd, ATC, LAT

UT, City Mark Progress in Historic Cemeteries Rehabilitation

Cont. from page 1

UT is working on a master plan for the cemeteries, which, prior to the start of the Odd Fellows Cemetery and Potters Field Rehabilitation Project, suffered from nearly a century of neglect.

Odd Fellows Cemetery, which contains about 6,000 graves, was founded around 1880 as burial ground for Knoxville's African American community. Potters Field, founded in 1850, was once designated for the city's poor and has an estimated 18,000 graves.

No plot maps exist for those buried in the cemeteries, and many of the markers are missing. The grounds are overgrown and the soil eroded. Access

to the cemeteries is also limited, making visitation difficult.

The project's team hopes to transform the cemeteries and the surrounding land into a place of pride for the community. Ambroziak, her students and others involved have worked to stop the deterioration of the cemetery grounds, produce land surveys, establish a plot map and database of those buried in the area and design a memorial area that is easy to navigate with markers and paths.

This spring, Ambroziak worked with Sherry Cable, UT professor of sociology, and her social justice class to continue documenting headstones in Odd Fellows Cemetery. She also

collaborated with Matt Hall, a lecturer in architecture, whose students designed and constructed physical models of the demarcation wall.

"Odd Fellows Cemetery and Potters Field belong to the community, and we have been fortunate that residents have been willing to share their stories and vision with us for what this land could become," Ambroziak said. "No one likes to see the cemeteries in this state of neglect. By working together, I trust that we can reclaim this land and improve it for future generations."

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The People: Government's only hope

Cont. from page 3

they shouldn't be in. There will sometimes be occasions when the most qualified candidate doesn't win the election. But the notion that a mayor or county

commission can judge character and qualification better than the people they were elected to serve is not only arrogant.

It's downright un-American.

Meeting Nikki Giovanni

Cont. from page 3

tendency to sweep things under the rug and decorate them. We are taught to pretend that ugly things aren't there at all. If we are ever going to honor the struggles of our ancestors and the struggles of each other, we have to own up to our own struggles first. We can't live in a bubble. It has been black women, in literature and in real life, who have taught me to be proud of my struggles and the strength they have built inside me. Southern white ladies have strength, but I think sometimes we feel like we're supposed to hide it. This is especially true if showing it might not be considered "sweet." My friend from New Hampshire says it's not a southern white lady thing, that it's a southern thing in general. He figures it probably comes from days of southern aristocracy and gentility. My friend Margaret Butt, a self-

professed southern white lady, says she thinks "we've come a long way since the days of the Southern belle, we do struggle with being nice at all costs."

My black female friends have been very sweet to me, but they have also shown me that it is okay not to be sweet all the time. When I was letting a personal problem interfere with my professionalism, it was a professional black woman who called me out on it. She kept it real with me without a spoonful of sugar, and it made me a better professional. I have seen what comes from a life of trying to be sweet all the time, of sweeping things under the rug, and of decorating over the unpleasant truths. I'm not going to live that way ever again, and I'd like to take this opportunity to thank the black women who helped me realize I don't have to.

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Opera legend Mary Costa to serve as Commencement speaker

Virtually every student who walks across the stage at the May 4 Pellissippi State Community College Commencement ceremony will know who Sleeping Beauty is, and many will have seen the timeless animated Disney movie.

What most of the participants won't know is that the voice of Princess Aurora was done by Mary Costa, a legendary diva of the Metropolitan Opera in New York City who now makes her home in East Tennessee.

Costa, a native Knoxville, will "sing" the praises of graduates' accomplishments as speaker at this year's Commencement address.

During her operatic career, the world-renowned soprano performed in 44 roles on the American and European

stage. She played the title role in Jules Massenet's "Manon" at the Met. She also sang the lead of Violetta Valéry in Giuseppe Verdi's "La Traviata" at the Royal Opera House in London.

A recipient of the Disney Legends Award, Costa has been bestowed some of the highest honors of opera, among them, the Licia Albanese-Puccini Foundation's Lifetime Achievement Award and acknowledgement by the Metropolitan Opera Guild for Distinguished Verdi Performances of the 20th Century.

The Knoxville Opera Hall of Fame inductee also has served on the National Council on the Arts. Council members, who advise the chairman of the National Endowment for the Arts on agency policies and

programs, are appointed by the president and approved by the Senate.

Costa now spends much of her time volunteering with schools and colleges across the country to inspire youth, especially those studying music. Last October, she was honored by Pellissippi State with a special tribute presentation of the Faculty Recital Showcase, part of the school's annual concert series. The concert, which highlighted Costa's volunteerism in education, was a natural fit, says Bill Brewer, the college's Music program coordinator.

"Mary puts so much of her energy into supporting young people and encouraging them in music. Her support of our students and the Music program here at Pellissippi State has made a world of difference in the

way we see ourselves. The students are 'awestruck' by her beauty and grace, as well as by the fact that she takes notice of their talents and achievements."

This year, Pellissippi State will confer a record number of 1,166 associate's degrees. Approximately 2,801 students also completed certificates during the academic year. In 2011, 992 students were awarded associate's degrees and another 509 completed certificates.

Pellissippi State's Commencement ceremony is scheduled for 7 p.m. at the University of Tennessee's Thompson-Boling Arena.

For additional information regarding the ceremony, the college or the Music program, call (865) 694-6400 or visit www.pstcc.edu.



Mary Costa

Knoxville practice fights IBD with education

Cont. from page 1

also found more commonly in developed countries than developing countries because of the significant use of processed foods and the strength of the immune system. "In developing countries, their bodies are constantly fighting off diseases, in the developed countries the environment is different so the body begins attacking itself," explained Dr. Al-Tawil. The other issue is that the floor of the intestines is supposed to break down food, but with the excessive amount of processed foods, it does not work properly because there is a lack of certain vitamins and nutrients. There is no cure, just treatments to help decrease the inflammation and maintain remission. Stress and anxiety can also cause a serious problem.

"It's fine to talk about heart

disease and cancer, but no one wants to talk about their bowel movement, bleeding stool, or vomiting," shared Dr. Al-Tawil, "but I promise you there are many people that suffer from this and people die from it. I am trying to increase awareness that these kids exist, because people don't want to talk about it. We have more than 500 children in this office alone that actively have this disease." Their cases are so extreme many of the kids cannot exercise, they're going through multiple surgeries, they're fatigued, confused, and on several medications. This disease not only affects the patients physically, but affects them emotionally, financially, and socially.

"A lot of these families cannot afford these medications and insurances. The healthcare system tells you what medicine you can take

and what medicine you can't. One medication alone can be around \$1,000 a month and some kids are on 15 medications," said Dr. Al-Tawil. "I see these families break down, children, mother, and father and six months later they're divorced because of stress of finances, stress with dealing with this condition, multiple visits, and stress at school." For the children, school is stressful because there is unawareness at school with teachers and friends. Most children have to leave class every 20 minutes to go to the bathroom and get behind in class and end up having to do homeschooling.

These children go through so much and no one is aware of it. "Children rebound fast, they are like flowers, they are so sick but if you take care of them, they come back so beautiful. Every day I tear up, two weeks before they are

almost dying and then they come in asking about you, hugging you, they are like my children," shared Dr. Al-Tawil. "Just today, a little boy that was almost dying told me that since he made it, one day he is going to open up a church, you know children talk like this. Every day I am happy."

The organization has psychologists, nutritionists, and several people letting these families know that they can make it; there is a lot of support and the organization does not mind educating people on these issues. "We also have a researcher that monitors the children and monitors them the rest of their life to see how they do and also the researcher does drug studies to figure out what test and medications are working better than others. We are always trying to find new ways to improve," stated Dr. Al-Tawil.

On May 3rd, KidsFact and GI for Kids, PLLC will sponsor "When is a Belly Ache Not Just a Belly Ache?" 7:00-8:00 p.m. at East Tennessee Children's Hospital Meschendorf Conference Room presented by Dr. Al-Tawil. It will be a discussion on how some children that have belly pain need to be taken to a healthcare physician. "I will explain how when stomach pain is really important to come to the doctor. I agree,

sometimes it may just be school phobia or something they eat. But I want to discuss the red flags."

Some red flags are fever, progressive weight loss, diarrhea, pain that wakes up a child in the middle of the night, rashes, loss of appetite, vomiting, and constant pain in the abdominal area. Parents can go online to the GI for Kids, PLLC website to learn more information. "It is the most visited website in the world for children gastroenterology; we get more than 2 to 3,000 hits a day; we are a very busy practice here and have a good reputation," explained Dr. Al-Tawil. About 40% of the patients are not from Tennessee. Patients come from Kentucky, Alabama, and Virginia and drive hours to go to this particular practice. Dr. Al-Tawil also has a newsletter with submissions from other doctors and parents discussing their experiences, knowledge, and thoughts regarding IBD and other medical entries.

GI for Kids, PLLC also has other programs called Celiac Act for those suffering with Celiac Disease and Bee Fit 4 Kids, an athletic program for the kids. The organization had the biggest vendor fair for Celiac Disease in North America with about 1,800 people and vendors in attendance. The organization also comes together to

have rodeos or family festivals with games for the kids to try and get them active. "I like to sponsor the kids to do a summer project, whether it is racing or golf tournaments, these kids deserve it and no one thinks about them," said Dr. Al-Tawil. One of his patients has a beautiful singing voice, "I will sponsor her, so she can make a song about being a teenager with this and dealing with school and overcoming to do well in life. We want to give them something to do so they can achieve in their life." In the future, the group hopes to start giving college scholarships! "Every patient is different, it is a team approach here," shared Dr. Al-Tawil.

"The mothers volunteer and help. They go above and beyond because you are there for them when their child is sick," said Dr. Al-Tawil. "I have a passion for this, I love it, it's in my blood. Everyone has a mission in life. One day when I meet my Creator, I want to know that I came to this Earth and did something for the children, I worked hard and I am happiest when these children come back healthy."

For more information about KidsFact, please visit www.kidsfact.org or www.giforkids.com.

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The University Of Tennessee Medical Performs 1000th Transplant

Recently, The University of Tennessee Medical Center's Center for Transplant Services performed its 1000th transplant. The surgical team performing the transplant included Dr. Mitchell Goldman, founder of the program, and surgical tech, Kathy Jones, both of whom participated in the first UT Medical Center transplant in 1985. Dr. Oscar Grandas, program director, and Dr. Alex Cantafio also assisted in this surgery.

"It is amazing how this program has grown during the past 27 years," said Dr. Mitchell Goldman, Chairman of the Department of Surgery at the medical center. "We began as a Medicare approved adult kidney program, adding pediatric kidney transplants in 1985 and then in 2005 we began performing adult pancreas transplants."

The 22-year-old patient Ayauna Adams, diagnosed with kidney failure just one year ago, was immediately put on the transplant list and underwent dialysis three-times a week. Dialysis treatments changed her life, making her unable to work as well restricting her diet.

"I have another chance at a normal life because I won't feel tired all of the time and I can eat what I want to eat and go where I want to go," said Adams. "Everyone should sign their donor card."

The demand for organ transplants far outweighs the supply of available organs.

In Tennessee, there are 2,379 people waiting for an organ transplant with 2,103 of them waiting for a kidney transplant. In 2011, (UNOS) there were 23,745 transplants performed in the United States. Of those transplants, 13,931 were kidney transplants.

The safest place in the world

Every little child faces scary times when fear almost paralyzes. It's then when they search for safety, and usually it is found some place in close proximity of parents.



By Joe Rector

When I was little, many nights held the same dreams. In one, cartoon caricatures chased me. No matter how fast I ran, the bad guys stayed right on my heels. At other times, dreams about being wounded with a shotgun or gun or knife came. The dream that always disturbed me most involved being behind the wheel of our old '54 Chevy as it strained to climb an incline that was almost straight up. I struggled to steer the car, and when it reached the top and just before it shot down the other side like a rollercoaster, I tried to step on the brake pedal to no avail since my legs were much too short.

All these dreams ended with my sitting straight up in the bed and shaking scared out of my wits. My brother Jim

slept soundly in his bed on the other side of the room, but I needed more comfort than he could give with a sock in the arm and a couple of hateful words as he woke up. So, I hopped out of the bed and quick-stepped it to my parents' bedroom. I'd wake up Mother because Daddy tended to be a bit grouchy (like a bear and my twin brother) when he was wrested from his sleep. Weary from the day's work as a teacher and the mother of three boys, she'd ask what was wrong and then help me up into their bed. I'd snuggle under the covers in the middle. There I was safe from the fiercest fiends from the flames below or the highest highways that from the heavens dropped.

My children also used to show up at the side of our bed when they'd had a bad dream. For some unknown reason, they came to my side, spoke, and then shook me. On more than one occasion, I scared Lacey or Dallas more than their dreams had by jumping or yelling when they jerked me from a sound sleep. Once coherent, I'd reach for them and haul them into our bed and place them in the middle. They fell asleep feeling secure while I spent the rest of the night in fitful slumber. I knew

how my own parents felt, and the pay back was a little bit hellish.

These days, grandson Madden enjoys "sleepovers" at our place in Nashville. We allow him to watch his favorite videos until he passes out and then carry him to his bed. Sometime in the early hours of the morning, I hear his fat little feet flap against the floor as he walks toward our bedroom. He comes to Amy's side of the bed and announces that he's slept enough. She speaks softly to him and places him between us. Before long, the sounds of his deep, rhythmic breathing let us know that Madden isn't quite ready to rise and shine.

As adults, we sometimes face terrible parts of life. Loss, disappointment, and helplessness are scary things for all of us. When they come, we would like to be able to again go to our parents and crawl in between them to a place that is safe and secure and untouchable by the rest of the world. Every adult should be aware of the how comforting that middle part of the bed is to a child and should welcome little person with love and assurance that things are okay. By the way, parents, share a pillow too.

Officer Awarded Life Saving Award for Efforts in Saving Infant

Cont. from page 1

or he had aspirated and choked. The staff also stated the immediate and decisive actions of Officer Simmons had saved the life of the child.

The infant's mother had indicated the child stopped breathing while they were in church. She said she was hysterical and did not know what to do. She jumped into the bus and was attempting to drive the baby to the KFD station on New York Avenue when she saw the police cruiser.

Chief Rausch said, "Officer Simmons not only possessed knowledge of infant CPR, he was able to effectively assess the infant's condition in an extremely stressful situation and then take appropriate action."

Mayor Rogero said, "We applaud Officer Simmons for his quick action that resulted in saving a precious life. Thank you for a job well done."

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Holly Warlick's Time

By Alex Norman

For as much talk as there has been about the Tennessee family in football, UT went outside the family to hire Derek Dooley. They couldn't get Jon Gruden, they wouldn't make exceptions for David Cutcliffe, and they wouldn't hire Kippy Brown.

But you knew that there was no way the person that would replace Pat Summitt would be someone outside the Tennessee family.

LSU head coach Nikki Caldwell was thought by some to be the choice. She played for Summitt and worked under her as an assistant coach. Kentucky head coach Matthew Mitchell, another former Summitt assistant, also seemingly was a candidate.

But the choice was Holly Warlick... could there really have been another one?

Warlick played for Summitt, and was an assistant coach on her staff for the past 27 years.

Each one of those eight national championships? Warlick was there. She has been Summitt's top assistant for the past decade as well. "I'm very thankful for all Pat Summitt has done to prepare me for this opportunity," said Warlick. "She is my coach, mentor, and great friend, and I am honored with the opportunity to continue and add to the great tradition of this program. I'd like to thank Dave Hart, Chancellor (Jimmy) Cheek, and the University for having confidence in me to lead the Lady Vol program, and we will work as hard as we possibly can with the goal of hanging more banners in Thompson-Boling Arena."

"I've loved being the head coach at Tennessee for 38 years, but I recognize that the time has come to move into the future and to step into a new role," said Summitt.

Continue on page 2

Bearden wins with free kicks

By Ken Lay

Bearden High School's boys soccer team has experienced a recent offensive power outage.

It took some time but the Bulldogs finally found the back of an opponent's net Wednesday night against West.

Bearden scored a pair of second-half goals to defeat the Rebels before a packed house at the Bruce Allendar Field.

"We've been struggling to score lately," Bulldogs coach Eric Turner said. "Tonight, we were able to get two goals and both came off free kicks."

In its last two District 4-AAA matches Bearden could only manage a tie against William Blount on Monday, April 23. The Bulldogs dropped a 1-0 decision to rival Farragut on April 20.

"We just haven't been able to get a break lately," Turner said.

Bearden (8-3-4 overall, 2-1-2 in District 4-AAA) finally had something go its way early in the first half of Wednesday's match against the Rebels.

West (8-3-3, 3-2-1) appeared to take a 1-0 lead in the ninth minute when Keyton Key buried the ball past Bulldogs goalkeeper Logan Dodson. Key's goal was disallowed when the Rebels were whistled for a foul.

"We had a goal," West coach

Keith Robinson said, "We have a picture of the play and we just showed it to the referee and he just admitted that he missed the call.

"He said that he wished that he had replay. That wasn't the reason we lost, but it certainly didn't help."

Bad calls aside, West had plenty of chances to grab the lead in the

Continue on page 3

Former local prep stars shine for Vols football

By Steve Williams

Cody Blanc's first spring football practice at UT was a success and head coach Derek Dooley foresees good things down the road for the former Knoxville Central High School standout.

Blanc, a 6-1, 200-pound receiver, capped spring drills with three catches for 38 yards in the Orange and White game at Neyland Stadium April 21. Playing for the White team, his longest reception covered 17 yards. He was targeted by junior quarterback Tyler Bray in a 2-minute drill at the end of the game as the White tried to come from behind.

But the Orange team held on for a 17-14 win. Marlin Lane ran for two touchdowns to lead the victors. Jacob Carter, a red-shirt sophomore from Nashville Ensworth who also had a good spring as a receiver, led the Orange with six catches for 42 yards.

Continue on page 2



PHOTO BY DAN ANDREWS

Offensive tackle Kyler Kerbyson (77), former Catholic High standout, gets down the field to help block for tailback Marlin Lane (15) in the Orange and White spring football game at Neyland Stadium. The Orange won 17-14.

Eagles slip at Throwback Game

By Ken Lay

Gibbs High School baseball coach Geff Davis didn't like what he saw Thursday night at Farragut High School.

"We were soft and we were not ready to play," Davis said after his Eagles dropped an 8-0 decision to Oak Ridge at Farragut's Turn Back the Clock Night at John Heatherly Field. "We didn't compete and I hate coming out here and looking bad this close to the district tournament.

"We had been playing

well for the last two weeks and then we come out here today and look like this today."

Gibbs (12-17) managed just one hit against Wildcats ace Jordan Lane. The Eagles got their only hit from Zach Ogle with one out in the bottom of the seventh inning.

"We knew that Jordan would throw a good game but we have to compete better than we did tonight," Davis said. "Mentally, we weren't there and when you're not right up

stairs, it doesn't matter what you do physically.

"We had some guys come ready to play and some guys who didn't."

One player who came ready to play was center fielder Taylor McMurray, who made three stellar catches in the outfield.

"I appreciated Taylor's effort," Davis said. "He came ready to play."

Early on, the game looked to be a classic pitcher's duel between Lane and the Eagles Jonathan Mills, who surrendered

just two hits over the first two innings. Mills then retired Oak Ridge center fielder Brady Hull to open the third inning.

But it was all downhill from there for Gibbs.

Lane doubled with one out in the inning. Thomas Cox followed with a single and stole second. Thomas scored from third on the play on a throwing error by the Eagles to give the Wildcats a 1-0 lead.

Oak Ridge expanded its lead to 3-0 in the fourth on a scoring single by

designated hitter Kyler Jones. Hull also picked up an RBI on a sacrifice bunt in the inning.

The Wildcats then added two runs in the fifth and three more in the sixth.

Lane was masterful on the mound for the Wildcats. He retired the first 16 Eagles hitters. That streak was snapped with one out in the sixth when Lane hit Zach Chesney.

Gibbs mounted a minor threat in the seventh.

Continue on page 2

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Freshman receiver Cody Blanc (36) snags a pass for the White team in UT's intrasquad spring game at Neyland Stadium. Eric Gordon (24) defends for the Orange team. Tennessee head coach Derek Dooley said Blanc, who just finished his high school career at Central last fall, was a significant contributor this spring and "is going to be a good football player" for the Vols.

Former local prep stars shine for Vols

Cont. from page 1

"They (Carter and Blanc) have been it all spring," said Dooley in his post-game comments. "Jacob (6-0, 190) has been a good steady hand. I talked about his consistency a few days ago.

"Cody is a bigger guy. He's big and fast, he really is. His big deal is that he just doesn't play much. He's new, a mid-year guy in high school. He is going to be a good football player, so it's good to have him out there.

"We're thin at wideout and we needed those two guys. Justin (Hunter) is not out there and we're just thin in numbers."

Hunter, one of the nation's top receivers, is coming back from knee surgery and was held out of the intrasquad game.

Another Knox County product, former Bearden High star Devrin Young, was a Surprise Award winner this spring.

"He has had a great spring and is going to help us at running back," said Coach Dooley, after Young totaled 124 all-purpose yards playing for the White team. He rushed for 39 yards on eight attempts, had two receptions for 15 yards and returned three kickoffs for 70 yards.

Young, a quick 5-8, 171-pound sophomore, is bracketed with Lane and Rajion Neal at tailback on Tennessee's post spring depth chart. Young also is at the top of the depth chart as the Vols' punt and kick returner.

Several other former high school players from Knox County also participated in the Orange and White game, including Kyler Kerbyson of Catholic, who started at left tackle for the Orange offense. The 6-5, 320-pound red-shirt freshmen is listed as the backup at left tackle on UT's depth chart going into the off-season.

Also playing in the game for the White team were sophomore defensive back Michael Williams (Bearden), red-shirt junior wide receiver Tyler Drummer (Powell and Cumberland University), red-shirt sophomore fullback Austin Bolen (Farragut) and red-shirt junior defensive lineman Joseph Ayres (Chattanooga McCallie). Gregory Grieco, a red-shirt sophomore linebacker from Farragut, saw action for the Orange team.



Bearden High product Devrin Young (19) takes a handoff from quarterback Tyler Bray in the Orange and White game at UT on April 21. Young was a Surprise Award winner for his play at tailback in this year's spring practice.

Daniel Hood, another Catholic High product, did not play in the game because of injury, but the 6-4, 293-pound red-shirt junior will be a returning letterman this fall at defensive tackle.

A crowd of 35,421 turned out for the game, which was competitive from start to finish.

Lane scored on runs of 19 and 39 yards for the Orange. The White got

a 2-yard touchdown run from Neal and a 1-yard scoring pass from Bray to Mychal Rivera. Derrick Brodus' 37-yard field goal with 9:04 remaining broke a 14-14 tie and turned out to be the winning margin.

"Overall, (I was) real pleased with the spring," said Dooley after the game. "Real pleased with the attitudes the players have had and the work ethic and now we turn

the page and get ready for real ball."

Dooley also revealed what his parting message to his players would be as they break. "The starting point is we have to finish the academics the good way," he said, "and then get ready for a great summer because we have a lot to build on and I hope they see that ... Gotta keep working."



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Eagles slip at Throwback Game

Cont. from page 1

McMurray walked to lead off the inning with a walk. He reached third on Ogle's single.

Farragut routs Karns: The host Admirals downed the Beavers 12-2 in the nightcap of the throwback double header. Farragut sophomore left-hander Chase Chambers tossed a one-hitter. He walked six and struck out five over four innings.

Chris Hutson pitched a scoreless sixth for the

Admirals (27-5). Gabe Waldrop went 2-for-3 with a triple an RBI and a run scored while sophomore Austin Scheidt clubbed a two-run homer to cap a three-run second inning. It was Scheidt's first varsity home run.

Farragut added five runs in the third. Nick Senzel had a two-run single and Jammer Strickland had an RBI single to spark the Admirals in the inning.

Holly Warlick's Time

Cont. from page 1

"I support Holly Warlick being named the next head coach, and I want to help ensure the stability of the program going forward."

"Holly Warlick has earned the opportunity to be the head women's basketball coach at the University of Tennessee and to lead the Lady Vol program she has embraced as a player and a coach," said Tennessee athletic director Dave Hart. "I watched Holly grow tremendously as a coach throughout this past season. Under unique circumstances, the job she did away from the glare of the lights and crowds was as impressive as the job she did during game action."

Hart added, "At this time in our historic program, which Pat Summitt built from scratch, Holly Warlick, the former player and longtime assistant coach, is deserving of the head coaching position. Her mentor will be available for insight and advice, but this is Holly's team now."

Summitt was named

"head coach emeritus," and said she plans to be present around the program. If anyone can handle having Summitt's shadow over the program... it is Warlick.

She's lived with that for decades already.

Some have pointed to Warlick's lack of head coaching as a concern... those same people likely didn't watch a single game the Lady Vols played this season.

Warlick may not get credit for the wins (those went towards Summitt's final total of 1,098), but she was the one running the show... leading the huddle, diagramming the plays... She was the head coach... just not in title.

However... Warlick will be hard pressed to get the Lady Vols back to the Elite 8. Shekinna Stricklen and Glory Johnson, the Lady Vols best two players, were among the first four picks in the WNBA draft. Vicky Baugh was taken in the third round.

Holly Warlick can't be Pat Summitt. No one can.

But Holly Warlick can be exactly what Tennessee needs right now.



WEEKLY ACHIEVEMENTS FOR
WEDNESDAY, CLUB 55, APRIL
16, 2012

HIGH GAME SCRATCH-MALE
235 RONNIE RUSSELL
231 FRED GUTENDORF
225 CHARLIE MURPHY

HIGH SERIES SCRATCH-MALE
630 RONNIE RUSSELL
623 CHARLIE MURPHY
618 BILL BYRGE

HIGH GAME SCRATCH-FEMALE

211 KATHY CATE
176 ELLA DOWLING
171 JO ANN COLLINS

HIGH SERIES SCRATCH-FEMALE
566 KATHY CATE
481 SUSIE MARTIN
476 CAROLYN MCGILL

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Arts & Entertainment



SUPERHEROES COME TO HELP WITH TCAPS!
On Monday, April 16, an assembly was held for all third, fourth, and fifth grade students at Christenberry Elementary School. The TCAP superheroes came to give the students great tips on test taking. All of the superheroes combined forces to capture villain The Rusher with a large black net and put him in his place. Superheroes pictured left to right: Lickety Split (swinging in to school on time) Captain TCAP (each has the power), The Right Answer (One must search for clues), Carol Wolfe (coordinator of the Program and School Coach), front: villain-The Rusher (not thinking and just marking any answer to finish the test).



PHOTO BY DAN ANDREWS.
West High's Graham Wal attempts to settle the ball while Bearden's Lowry Bender defends in the Bulldogs' key 2-0 district win over the Rebels Wednesday night.

Bearden wins with free kicks

Cont. from page 1

first half. Dodson, however, stopped seven shots from the Rebels in the opening 40 minutes. Bearden could muster only two shots on goal in the first half.

"It's really frustrating when you outshoot a team and outpossess a team and then you score first and getting it taken away," Robinson said. "Bearden is a good team and they're always a good team."

"But I'm calling this an upset. "I'm not calling this a win for them."

The Bulldogs, who couldn't sustain much offensive pressure or test West goalkeeper Bogachan Akyildiz in the first half,

were able to turn of the heat after halftime.

Bearden got on the board in the 48th minute when Andrew Fulcher shot the ball past Akyildiz. Lowry Bender was credited with an assist on the game's first marker.

The Bulldogs extended their lead to 2-0 when Brent Seltzer scored on a direct kick in the 67th minute.

Turner said he was grateful to see his team snap a two-game district winless streak.

"This was a great win for our kids," Turner said. "West is a good team and they've been playing well."

FCAC offering new spring classes

By Sylvia Williams

The Fountain City Art Center's calendar is filled with exciting events and new classes this spring:

- We are offering a field trip to Chattanooga to visit the Hunter Museum, the Houston Museum of Decorative Arts, and the River Gallery on June 18. Spaces are still available at \$35 per person plus admission prices of about \$19 for both museums. Call or email for a complete schedule of this year's FCAC field trips: 865.357.2787; fcartcenter@knology.net.
- Garden Party Luncheon Benefit reservations at Baxter Gardens, \$35 per person, and tables for 8 guests are still available. Don't miss this highly entertaining event in gardens featured in Southern Living and the Knoxville News Sentinel.
- Dogwood Arts Studio DeTours will be held at multiple artists' studio and also here at the Center Saturday and Sunday from 10 a.m. to 5 p.m. both days! Come visit us! Artists who will be featured and demonstrating: Penny Berridge, Aurora H. Bull, Christine Harness, Sue W. Lane, Bob Meadows, Doris Prichard and Mary Wilbourn.

NEW CLASSES and WORKSHOPS:

"Experimental Painting," offered by Doris Prichard, who has recently taken workshops and worked with an "experimental" group of painters in Florida, would like to share what she has learned. The class will be on Tuesday evenings from 6 PM - 8:30 PM here at the Center on Tuesdays, June 5 - June 26. Cost for members: \$75/ nonmembers \$85. Some materials are included in the price. A list will be provided for



Attorney Myron Ely and realtor Nancy Webb take time out every week for watercolor classes at the Fountain City Art Center.

the rest of the materials you should bring, most of which you will already have. You will be exploring all of the following:

- * painting/decorating papers for collage
- * abstract design and "sparks" for creative painting
- * making stamps for use in cards or paintings
- * experimenting with various surface treatments (faux encaustic, image transfer, etc.)

Sound good to you? Let us know if you want to sign up! Payment due by no later than May 22.

Class limited to no more than 10 students.

- Also coming up: Workshops with Robert Tino this summer. Dates will be announced, but let us know if you are interested.
- This fall: "Photography," offered by Bob Bolinger, concentrating

on the art of taking a good photo. Again, let us know if you are interested. Dates to be announced, but the classes will be during the week, daytime.

- The Guild Show will be taken down on Tuesday, May 1; the "Knoxville Watercolor Society Exhibit" and a student exhibit of watercolors by Mary Baumgartner's "Wonderful World of Watercolor" will both be holding their opening reception here at the Center on Friday, May 4, 6:30 p.m. to 8:00 p.m. Everyone is welcome to attend! The Fountain City Art Center is located in the old library building next to the Park at 213 Hotel Avenue, Knoxville, TN 37918.
- The Annual FCAC Open Show will be held this year from June 8 - July 13. Applications are available at the Art Center or by email.



PHOTOS BY DAN ANDREWS.
A Very Special Arts Festival was held last Tuesday at West High School. This annual Dogwood Arts event celebrates the artistic endeavors of Knox County school-aged students having diverse abilities. The event provides an opportunity for students with disabilities to share their talents, works of art, and accomplishments with an interested audience. The event included a wide variety of activities in music, dance, drama, visual arts and even a Smurf!

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'Bama Beth

The light bulb would be lying on the table for only a few minutes. As it turned out, a few minutes was all that was needed. Beth and I worked on the annual staff together our senior year in high school. Her laid-back, easy-going personality offset my much-too-serious one. We set up shop one evening on my parents' kitchen dinette table. Since we did not have the proper equipment to hold the bulb, we just placed it on the table under the easel. The light shone through so we could see to crop pictures for the yearbook. Perhaps, we took too long, forgot it, or became so engrossed in our work. I do not remember. We got the job done, though we worked all through the night. By the time we finished, the bulb had burned a place in the kitchen table!

I barely knew Beth when she came to our high school. She attended Corryton Elementary, one of two schools that merged into Gibbs High. While Beth was at Corryton, her mother, Martha Thompson Donahue, was teaching at Gibbs. She taught science in junior high and home economics in high school. In our rural communities, many of the families were related; and it seemed that nearly everyone knew each other. Many of our parents had attended school together; such was our case. My father, Ralph Major, attended Gibbs with Beth's mother and her brother, Beeler Thompson. When my father suffered heart disease and had to leave his livelihood, he called on Beeler to auction off his dairy cattle and equipment. As freshmen at The University of Tennessee, Beth and I occasionally met for lunch. Beth even got us tickets for the much raved Alabama game. As the October sun blazed down, UT was winning—until the last moment. In typical Bear Bryant fashion, the Tide rolled over the Volunteers. Beth showed her true team spirit; and as the Tide came from behind to win, she stood and cheered. Everyone around us sat stunned—they were wearing orange. Even I could hear Alabama calling Beth in the background. Her home was in Tennessee, but her heart was in 'Bama. She followed her heart. Of course, I could not blame her. Beth had family in 'Bama, too. The late Ken Donahue, her uncle,

was the Bear's defensive coordinator for many years. Alongside the legendary Bryant, Donahue became a legend, too. Our father told how Ken Donahue could be seen walking down Washington Pike to Central High School; Donahue attended Central to play football, since Gibbs had no football program at that time. During those days, most folks in the area knew him; and cars would often stop to offer him a ride. At that time, boys had work to do before and after school. In later years, Head Coach Johnny Majors and the Tennessee Volunteers benefitted from Donahue's genius defensive plays. Remember the Sugar Bowl in 1986? Tennessee was the underdog against Miami. It was the talk around town that Donahue stayed up nights drawing up plays. He drew up a humdinger for the VOLS—having the defense run one way when it appeared they were running another. The VOLS confused Miami's offense and came away with a win. A local print shop made souvenir cards proclaiming the victory. Mine sat on my desk for years. Coach Donahue was familiar with The University of Tennessee since he played college football for the Volunteers. I saw the legendary coach several times—not at Neyland Stadium, though. On Sundays, the tall football genius sat near the back at Calvary Baptist, a church near the university campus.

Beth pursued her education at Alabama and followed in her mother's home economics teacher footsteps. It

seemed a natural fit for them. I remember spending the night in Beth's home and enjoying a mouth-watering dessert called lemon mousse. Beth gave me the recipe which came from her Grandmother Thompson. Though it was actually quite easy to make, it appeared to be much more complicated. Lemon mousse became one of our family's favorites; and even now, people still ask me about it.

Beth taught in Chattanooga for thirty years and still lives there. Recently, I saw her at our fortieth class reunion. "I read your article about Ken Sparks," she told me. Then, Beth told me something else about the Coach I had not heard. Our freshman year in high school had barely started when Beth's father, H. V. Donahue, passed away with cancer. Beth had four siblings: Louise, Stuart, Amy, and Van, the oldest. Van was a member of the football team the first year Ken Sparks coached at Gibbs. ("Ken

Sparks, More than a Coach," Focus, 4-9-12.)

Beth shared a heartfelt moment in her life from forty-five years ago as if it had happened last week. At her father's funeral, Coach Sparks had the entire football team present and dressed in their Sunday suits. As Beth's family filed into the church, this young coach had the team line the hallway on both sides. I tried to visualize the scene as she described it. Beth said it made a lasting impression on her family and especially touched her mother's heart. She said her mother talked about it for years, saying it felt like an honor guard at a military funeral. It was touching to hear her tell about it. A chill went through me as I listened to her words; but at the same time, it was one of those warm-your-heart moments.



Beth Donahue

Beth's family sent the coach a note of appreciation for his kindness. What a special tribute the team and their first year head coach

gave to this outstanding family in the Corryton community. The young coach started his career showing kindness and compassion, and he has endeared himself to so many by such class acts as this. On a lighter note, three years ago Beth's family sent out a call to folks in the community and beyond to shower her mother with birthday cards when she turned eighty. I got a request and sent my card. I understand that Coach Sparks sent a birthday card, too. Sadly, Martha passed away only a few months later. These special moments of kindness—crystallized in time—touched the lives of a deserving family so long ago; and they have truly touched mine now.



Pictured left to right: Jamey Dobbs (President of Knoxville League of Women's Voters), Dean Rice (Chief of Staff to Mayor Burchett and Commissioner Amy Broyles (2nd District Commissioner) congratulate Chuck Williams on his graduation from the Citizen's Academy. The League plans to offer the Citizen's Academy at least yearly. Any citizen of Knox County is welcome to apply. Anyone interested in the next course can go to www.lwvknoxville.org for more information.

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The Old Old Story

These days, when I wake up, I wonder if today will be the day. Becky and I are waiting for our first grandchild, and as I watch my daughter get larger every day, I don't see how it can be much longer. I've been thinking about the cycles of life lately. The next generation is coming into our family. My daughters are assuming the responsibilities of adulthood. And many in my cohort are entering the last phase of their lives. I'm especially glad that my mom is still with us to see her first great grandson arrive. As an internist and a geriatrician I take care of

a lot of "older" patients. I prefer the term older as being less pejorative. Recently, I asked an older gentleman how he felt and he quipped, "Well, I don't know how I'm supposed to feel; I've never been this old before." Do you see what I'm up against folks? I ask a simple question and I run into a philosopher! Actually, the notion of age is more physiological than chronological. As an example I know many patients who are worn out at 50 years old, while others are going strong in their 80s. And my 95-year-old mother-in-law is inspirational to us all. There is a genetic limit

to human life as there is in all species. The common house fly lives for a month (unless I swat it), whereas a bristlecone pine may live 5000 years. The human lifespan is one hundred and ten years plus or minus a few. Our life expectancy is a different matter and is dependent on a host of issues including genetics, disease, toxins, accidents, etc. We humans are living longer than our ancestors and ever closer to our potential lifespan. Our life expectancy is increasing because of better and more available food, better shelter, vaccinations from diseases and antibiotics. In antiquity human life expectancy was only twenty-five to thirty years, perhaps because so many children died in infancy. Because of civilization the life expectancy of an American in 1900 had risen to forty seven years. And now my soon-to-be grandson can expect to live into his eighties or more. Since I'm about to be sixty-one and a grandfather, I've been wondering if "60 is the new 40" as we've been told. Just

this week a patient who's eighty told me that he's on his fourth career. I diagnosed a ruptured heart valve on him last year and with surgery he now has a new valve from a pig's heart and he's going strong. Another patient has survived two different cancers, surgery and chemotherapy and is back playing golf with her husband and imparting wisdom to her grandkids. Is it any wonder that our life expectancy is increasing? An older sage once told me that "You're either getting older or your dying." Maybe getting older is an attitude. Western culture focuses on and reveres youthfulness. It's true that our minds are quickest in our twenties, but I can testify that my ability to make good decisions is far better now. I can no longer assume that everything in my body works as I did when I was twenty-something, but it does well enough to haul my mind around to my next appointed task. And so each morning when I awaken from the netherworld of unconsciousness, I say,

"Thank you, Lord, for the re-boot and another day of life and awareness and fascination." This essay has a message for the next generation. Eastern cultures respect the wisdom of their elders and even use the term venerable for their honored older folks. I felt some sense of this when I recently attended a luncheon describing the Honor Air program. I was moved to tears to learn how our WW II and Korean veterans are honored with a day trip to Washington to see the war memorials of those two conflicts. It was us "youngsters" in the audience who were taught by these heroes, now in their advanced years. The WW II veteran Jimmy Gentry from Franklin, Tennessee told his own story. From a simple rural background he would join the military, as so many of The Greatest Generation did, fight his way through the Battle of the Bulge and be among the liberators of the Nazi death camp of Dachau. We "younger" people learned about courage, sacrifice, duty and honor. These virtues

must be inculcated into the next generations. Something happened to the moral compass of the German people which allowed the Holocaust. The state of Israel vows to never forget. Neither can we ever forget or fail to educate or to stand up against evil. There's a hymn I often hum that speaks to storytelling and timeless lessons. Fortunately for you this essay does not have an audio feature. So I'll leave you with the hymn's name and hopefully it will kindle in you a musical memory. If so feel free to hum along with me: *I Love to Tell the Story...*

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital. For appointments call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at jferguson@summithealthcare.com.

So You Want A Tattoo?

It seems tattoos are graduating from the stereotype of being only for carnival workers, sailors, and bikers. Tattoos are and have been moving into the mainstream of our society. According to a USA Today survey 24% of people 18 to 50 years old sport at least one tattoo. The art of tattooing dates back to 3300 B. C., and even has biblical mention. No matter your view on the art of tattooing—it is shared by Kings and commoners, prisoners, sailors, and sweethearts. With the number of tattoo parlors popping up all around, you could be the proud owner of a new tattoo in just a matter of a few hours. I think it is wise to mention that tattoos are much easier to get—than to get rid

of. So, some food for thought on choosing the right tattoo artist, the procedure, safety, and options for when your tattoo falls short of your expectations. Tattoo artist typically use a machine that acts similar to a sewing machine by repeatedly puncturing the skin and injecting small droplets of ink. The process is done without anesthetics and can cause pain ranging from slight to significant discomfort. Anytime the skin is pierced it can result in a small amount of bleeding; and of course when our skin is breached there is a risk of infection. So, have you decided to get a tattoo and do you know your risk? It is important to know the risk and the importance of reporting any signs of complications to your healthcare provider immediately should they occur. Tattoo dyes can cause allergic reactions in some people. The most common dye colors causing reactions such as an itchy

rash are green, red, yellow, and blue; these symptoms may last a few days or in some cases have occurred years later. Skin infections: usually associated with redness, swelling, pain, and may have a pus-like, foul smelling discharge. Another skin problem called granuloma (bumps) can develop around the tattoo. More serious complications such as bloodborne disease including tetanus, hepatitis B and hepatitis C; can be minimized by choosing a reputable artist who insist on clean conditions and makes your health paramount. As always I recommend consulting with your healthcare provider before making decisions that could affect your health. Then ask yourself if you are truly ready to invest in permanent body art. Before the ink starts flowing is the time to remove all doubt and think through your decision. I think we all would agree it usually is a bad idea to allow yourself to be pressured

into any decision; much less the decision to get a tattoo. Make sure when deciding on the art of choice you are free of the influence of drugs or alcohol. If after consultation and deep contemplation you have decided to get a tattoo then here are some tips on choosing the right artist. Check with the local health department on licensing and regulation requirements and has the artist of operator been cited for any infringements. Make sure the artist washes his hands and wear clean gloves. Ask them to remove any needles and tubes from their sealed packaging in your presence. Any trays, pigments, or containers should be unused. Demand the artist use only heat sterilized (autoclave) equipment including instruments and supplies and tables, drawer handles and sinks should be disinfected with bleach or a commercial disinfectant. If all of these meet your inspection ask to use the restroom and if it

is not equally clean—run. After your tattoo is complete make sure you leave with care instructions. Typically, I would recommend applying an antibiotic ointment to the tattooed skin until healing is complete. Apply mild moisturizer several times a day, avoid sun exposure for a few weeks, and stay out of swimming pools, hot tubs, rivers and lakes. Shower - no baths. Do not submerge the tattoo in bath water, and remember to report any signs and symptoms of infection to your healthcare provider. Kings, commoners or sweethearts, I think the most beautiful biblical passage on the subject is found in Isaiah 49:15b-16a: "I will not forget you. See, I have inscribed you on the palms of my hands." For questions, comments, or suggestions on topics you want to read about please email me at howard@howardsbaker.com.



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Faith

South Knoxville Church to Replace Roof with 'Diapers'

In a unanimous vote, the members of Gloria Dei Lutheran Church approved a motion to enter into a contract with Aspen Roofing for a roof replacement using EcoStar, LLC's "Majestic Slate" a synthetic slate tile created from 80% post-industrial recycled rubber and plastic.

"Like many of our South Knoxville neighbors, our roof sustained hail damage in the storm of April 2011," reports Eric Luedtke, Pastor of Gloria Dei Lutheran Church. Upon consultation with several local roofing contractors, the congregation was prepared to replace the slate roof assuming their insurance would cover the amount of a replacement.

"We were surprised when the adjuster told us that our roof should be repaired and that our settlement was only about one-fourth of what it would cost for a full replacement," remarked Luedtke. "It turns out that the criteria for replacement of slate roofs requires a larger amount of damage than that of an asphalt roof. So we were stuck in a place where the roofing contractors recommended a replacement as our best option since the damage the roof sustained took the last 10 years off the life of a roof expected to last 50-60 years, but the insurance money barely covered repair."

The congregational council was patient to pursue their replacement options. As members began noticing other buildings in the

Knoxville area and doing research, the idea of a synthetic slate tile was presented. "At first the concern was over the appearance of the synthetic tile," reports council member Albert Pope, "we didn't want to use a material that would compromise the original design that BarberMcMurry envisioned for our building when it was built in 1961. Once we saw other buildings where the synthetic tiles were in use and saw how it enhanced those buildings the pieces began falling into place."

The post-industrial recycled material for EcoStar's Majestic Slate product comes from a combination of recycled radiator hoses, car bumpers, and waste from the production of disposable diapers according to the product website. "As a congregation dedicated to the environment and recycling, the use of the EcoStar Majestic Slate is a no-brainer," said Tish McQueen, Gloria Dei member who has spear-headed several recycling efforts in the congregation.

Gloria Dei was helped in the decision making process by Tim Sutton, a ReLeaf Specialist for Aspen Roofing. Tim began worshipping at Gloria Dei when he came to Knoxville in June 2011 to support his company's need for additional consultants to support the increased workload in the wake of the April storms. "Tim has been a great asset to us, quietly working behind the scenes to communicate

with our insurance company and in consultation with other local contractors to find the best solution for our situation," remarked Luedtke. "After managing the re-roofing projects for many of our members, Tim and Aspen received high recommendation to do the work on the church roof. He was instrumental in explaining the EcoStar product to our council members and his presentation to our church members helped us make an informed decision."

The recycling and reuse won't only be in the new tiles. There are plans for reuse of the old slate tiles that are being removed from the building as well. "We'll be making the old tiles available to local artists, church members, and neighbors who want to make use of them," remarks Luedtke. "We've already had some interest from members of our church and local artists who are envisioning projects they can do with the tiles. It's exciting to think that these tiles will have a life beyond the roof of our building."

Work will begin within a few weeks and should be completed by the end of May.

Founded in 1955, Gloria Dei Lutheran Church is located at 6632 Chapman Hwy, Knoxville, Tennessee and serves the South Knoxville community. For more information about Gloria Dei Lutheran Church visit www.gloriadeiknox.org.

Church Happenings

Colonial Heights United Methodist Church

On Sunday, May 20, CHUMC located at 6321 Chapman Highway in South Knoxville will celebrate high school and college graduates during the late service starting at 10:45 a.m. CHUMC is extremely proud of the following young people as they move from High School to College, Devin Rollins, Shauna Albert and Jackie Sue Fowler. College graduates Jeremy Reagan, Brandon Reed, Megan Zartman and Sara Capps will begin their life long journey into the field of their choice. Congratulations to each of you on your personal accomplishments!!!

May 2 - the Wonderful Wednesday program will be presented by Scott Bacon, Partnership with Knox County Schools. Scott will share about ways that churches can support some of the needs of local schools. Dinner will be provided and will start at 5:45 PM (with donations accepted for the schools). This is something each of us should be interested in our young people are our future - Everyone is invited, for more information please contact the church office at 865-577-2727.

Little Flat Creek Baptist Church

Little Flat Creek Baptist Church located at 9132 E. Emory Rd, Corryton will hold a rummage sale May 3 - May 5, 8 a.m. to 4 p.m. Lots of ceramic items! See ad on D4!

KFL Outreach Ministry Presents

The Knoxville Fellowship Luncheon (KFL) will meet May 1, 2012 at the Golden Corral on Clinton Highway, at noon. Kathy Fletcher will be the guest speaker. You may view her complete Bio at <http://kfl-luncheon.com>.

Mount Olive Baptist Church

Mount Olive Baptist Church will have A 175th Anniversary Celebration on Sunday, May 20, 2012.

For 170 years, Mount Olive Baptist Church has held strongly and proudly to the Baptist faith, and has have embraced and exhibited a wonderful legacy of preaching, ministering, training and teaching. Faith in the Lord Jesus Christ has been passed on from generation to generation, and the supreme goal has and

Faith Christian Center
4012 Oakland Drive
Knoxville, TN 37918
Sunday School 10AM
Sunday Worship 10:45 AM

always will be to win souls for Jesus Christ.

From 1837 to 2012, Mount Olive has been honored by the service of 30 different pastors with some serving more than one term. The congregations have been richly blessed by their leadership and by their service. From the days of its foundation to the present day, Mount Olive Baptist Church exists to bring glory to God following His heart and His ways.

Pleasant Gap Baptist Church

Pleasant Gap Baptist Church is having a benefit dinner, bake sale and silent auction Friday, May 4 at 7 p.m. 4311 Pleasant Gap Dr. off Norris Freeway. See ad on D4!

Come worship with us New Beverly Baptist Church

3320 New Beverly Church Rd.
Knoxville, TN 37918
Rev. Eddie Sawyer, Pastor
www.newbeverly.org
856-546-0001

Sunday School 10 a.m.
Sunday Morning Worship 11:00 a.m.
Sunday Evening Worship 6:00 p.m.
Wednesday Evening Prayer 7:00 p.m.
Wednesday Evening Youth 7:00 p.m.
Bus Ministry -
For transportation call 546-0001.



Windsor Gardens Assisted Living recently had an Easter Egg Hunt and invited some children from the Wesley House to hunt with the residents. Pictured above, Windsor Gardens Assisted Living resident Edna Weiland and Marie Lanxter take a break from hunting Easter eggs together. Marie was one of eight children from the Wesley House who had a great time partnering with the residents to hunt eggs.

Corporate Spiritual Discipline #2: WORSHIP

Often today I hear comments like, "I don't need to go to a church to worship God." While worship to God can and should be practiced in a private setting, there is something to be said when a group of people gather to worship God in a setting of 50, 500, or 5,000 people. Real lives can change in a corporate setting.

William Willimon wrote the book, *The Service of God*. He explores the relationship between worship and ethics. He says, "While we worship God, we are also being formed into God's people. While we are attempting to see God, we are acquiring, as a kind of by-product, a vision of who we are and who we are meant to be" (42-43).

Worship is defined as "praise to God." As God is exalted and praised, His creatures offering His "worth-ship" are being changed as well. The focus becomes God-centered rather than man-centered as we worship in spirit and truth (John 4:24).

While worship draws us into the presence of God, it does more than this. Worship also brings us into the presence of community. More than ever, people are isolated and alienated from one another. Social media can almost become anti-social. We communicate

now less with spoken words and more through texting, instant messaging, twittering, and email. Yet I believe there is an inward longing people have for community. Loneliness, so prevalent in our culture today, can be displaced by a powerful sense of belonging found in worship.

As you share the Lord's Supper in community, communion takes place. This communion is not just vertical between us and God, but also horizontal between brothers and sisters in Christ, who are to recognize one another as the Body of the Lord (1 Corinthians 11:17-34).

In public worship, you realize you are not alone. There are other sinners like you. Yes, I said sinners. Worshipers are often judged as being hypocrites. I would say, "Duh, we are all hypocrites and sinners." The difference is that those who gather to worship admit it, confess it, and are changed by the presence of God. No church has its act together. No preacher is without fault. But worship allows us to take the focus off of self, even self-righteousness, and put it where it needs to be.

God wants to use worship to unite, while Satan wants us to divide. That which God meant to draw us near in community to be transformed by the living God has been something to cause division, anger, and alienation. May God forgive us for "worship wars" and help us put the focus on Him instead of self (my wants, my likes, my preferences) so that we can be drawn in closer union.

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Evening Worship - 6:30 p.m.

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Another Story From Joe

It was a sunshiny day and I thought that it would be a good day to try out my new goat wagon. Mr. Hilton had been collecting wood boards for the bed, axles for the wheels, and bigger wheels. It took a few days to finish our collecting but at last we were ready to start.

With hand saws in hand, we started the goat wagon. "How big should we make it?" asked Mr. Hilton.

"Big, so I can ride it while Billee pulls it," I said.

Mr. Hilton said, "I have made a harness, can you guide him down the road?"

The harness fit perfectly and I thanked Mr. Hilton. That morning we hooked Billie up to the wagon and away we went with me sitting in the wagon and Billee pulling. First we went by the Duncan farm. Then down the road to Dr. Miller's farm where my friend David lived. He yelled, "go, Bill, go!"

We were a half a mile down the road when it happened. Billee sat down in the middle of the road and

would not move! I tried everything I knew, but Billee was not moving. So out of the wagon I came, not by choice. I loaded Billee into the wagon and away we went, Billee in the wagon and me pulling.

I was hoping that none of my friends would see me, but David did, as did Dr. Miller and his wife. Mrs. Miller said, "My goodness, what a sight!"

As we topped the only hill, Billee seemed to weigh more and more. My mother and Mr. Hilton started saying, "go, Billee, go!"

At last we got to the barn and Billee was as glad to be home as I was. I said to myself, "No more goat rides for Billee and never again for me."

Written by Joe Burchfield, former representative, 13th District, Knoxville, Tennessee

Submitted by Rosie Moore

Thought for the day: Grow old with me. The best is yet to be.

Send comments to: rosemerrie@att.net or call 865-748-4717. Thank you.

ANTIQUES & COLLECTIBLES

Vintage Photography

Let's look at the basic history of photography. The first photograph known was taken in France in the 1830s and shows a view of rooftops.



By Carl Sloan

L o u i s Daguerre developed the first practical camera in the 1840s for primarily portrait images called the Daguerreotype. These are silver negatives on glass or silver that, when a dark background is applied, becomes a positive. These ghostly images can be viewed only at angles or in certain light straight-on, yet are quite impressive photographs. This type of image frightened many folks in the day into believing that a camera could capture your soul forever and the reason today that many Amish will refuse to have any photograph taken.

Photography studios were a booming business with sometimes two or three on the same city block competing to take your portrait. Back then, photos were a bit pricy and you'll typically see only images of the upper-middle class until around 1858 when a new process was developed called

the Ambrotype. This process was captured on glass plates with a silver solution and was cheaper as well and could be hand tinted for rosy cheeks, gold on the jewelry and colors on the clothing. Posing for both of these types was a tedious affair and required a long exposure, many times involving iron stands that held the head still. The majority of portraits show the people sitting, holding a book, hands on lap or holding hands. This type of photography ended about 1860 for the most part and gave way to the cheap and new Tintype that we typically see in Civil War photographs.

Tintype was vastly used, but its quality was poor and the image tended to flake off the metal with time.

Fine photography was still done with wet glass plates such as Matthew Brady's, Garner and Curtis, yet the problem overall was that they were still hard to reproduce.

In the 1880s, George Eastman developed a modern process that actually was an improvement on a concept developed in



1860 hand tinted Ruby Ambrotype showing Union Soldiers in Zouave uniforms.

the 1830s... processing on paper! Eastman was able to refine the process for significantly better images.

The first digital image occurred in 1957 with a scanning process that was passed on to computerized cameras used today. Say what you want but I still see the film camera with the emulsion process as the best and in depth image. Look at great photographs from the 1930s and 1940s such as those by Ansel Adams and others to

judge for yourselves with fine art photography.

Please Join Fountain City Auction June 2, at noon for an important public auction to include over 200 newly discovered historical photographs taken by airmen at Pearl Harbor shortly before the war to include a rare unpublished photo of Charles Lindbergh with The Spirit of St. Louis with the commander of the 8th Pursuit Group in Hawaii.

ANNOUNCEMENTS

South-Doyle Middle School 5th grade orientation

South-Doyle Middle School (3900 Decatur Road) will hold its annual 5th grade orientation on Thursday, May 3 from 5 to 6:30 p.m. Parents with children who will enter 6th grade in the 2012-2013 school year are encouraged to attend. Displays of all core and special subjects will be showcased in the library, teachers will be available to meet, and performances will be given by the school's Jazz Band and Chorus. Tours of the middle school will be offered throughout the evening, and refreshments will be provided compliments of South-Doyle Middle School PTSA.

Carter Senior Expo

Carter Senior Center will be offering a free Senior Expo hosted by Independent Insurance Consultants on Friday, May 11 from 11:00 a.m. to 2:00 p.m. Exhibitors will be displaying their products and services - included are health care, senior care, assisted livings, area businesses, pharmacies, beauty products, Knox County offices, screenings and more. There will be door prizes, take home goodies, and refreshments.

CHS Reunion

Central High School Class of 1967's 45th Reunion is June 22-24. For information, contact Idonna Tillery Bryson at 688-5816 or Ann Paylor Williams at 687-7759.

Civil War Talk

On Tuesday, May 8, 2012, the Knoxville Civil War Roundtable will host

author and historian Frank A. O'Reilly as its speaker. Mr. O'Reilly is currently the Historian of the Fredericksburg National Military Park in Virginia. At 8:00 p.m. Mr. O'Reilly will speak on the topic: "The Battle of McDowell, Virginia, and Stonewall Jackson's Valley Campaign." The talk is OPEN TO THE PUBLIC and will be at the Bearden Banquet Hall at 5806 Kingston Pike (next to Buddy's BBQ and .2 mile east of the intersection of Kingston Pike and Northshore Dr.) To attend the talk only is \$5.00. Alternatively, you can come at 7:00 p.m. and enjoy a delicious buffet dinner which is \$15.00 for members and \$17.00 for non-members. To make dinner reservations, please call (865) 671-9001 by 11:00 a.m. on Monday, May 7. We look forward to seeing you there!

Doyle High School Reunion

Doyle High School (currently known as South-Doyle High School) classes of 1970 to 1979 will have a reunion at Rothchild's, 8807 Kingston Pike, Saturday, May 5, 2012 from 6 p.m. to 11 p.m. The cost is \$37.50 per person or \$70.00 per couple (Prepaid is preferred). Checks should be made to Gwen Cameron and mailed to: P.O. Box 9401, Knoxville, TN 37920. For more information, please e-mail GCameron@etch.com.

Fulton High Wall of Fame

The Fulton High School Alumni Association will be hosting the 4th annual Wall of Fame Banquet on Saturday, June 2, 2012 at Rothchild's on Kingston Pike. We

will also be having an open house at Fulton High School on Sunday June 3, 2012. For more information call Bill Warwick at 865-755-3333 or e-mail local65@comcast.net.

Fulton Reunion

15th Old Farragut School Reunion on Saturday, May 5th. For details, call George Hamilton at 688-6777.

Fulton High Class Of 1972 Reunion

The Fulton High School Class of 1972 is planning their 40th reunion celebration on Saturday, July 14, 2012. The reunion will be held at 6:00 p.m. at The Foundry, 747 World's Fair Park Drive.

The celebration will include a catered dinner buffet, photos by a professional photographer that will be available online, Jake the DJ from Ogle Entertainment. Plus awards, prizes,

dancing and some homemade entertainment that you won't want to miss!

The cost is \$45 until May 14, \$55 May 15 - July 13 and \$75 at the door. Dress is business casual. Classmates should mail their registration to: FHS Class Reunion, 4224 Williamson Drive, Knoxville, TN 37938. For additional information, contact Debbie Helton Keebler at 922-0049.

Lost Sheep Benefit

Lost Sheep Ministry presents Cross Connection Southern Gospel Concert with Mark Allison Friday, May 4th 6:30pm. Lost Sheep Ministry 1444 Breda Drive Knoxville, TN 37918. Tickets will be available at the door for \$10. Price includes hot dog, chips, cookies and drink. There will be a drawing for a \$100 cash prize (must be present to win). For information call 688-9636.

Pellissippi State open house at Strawberry Plains Campus

The public is invited by Pellissippi State Community College to attend an open house at the school's new Strawberry Plains Campus on May 15, 4-7 p.m.

The event provides the community with an opportunity to tour the facility and learn which courses will be offered this fall. Prospective students attending the open house can get more information about dual enrollment, financial aid and academic programs. Faculty and staff will be on hand to answer questions.

The Strawberry Plains Campus is located at 7201 Strawberry Plains Pike, just off Interstate 40.

For more information about Pellissippi State, call (865) 694-6400 or visit www.pstcc.edu.

Seymour Rabies Clinics

The cost of each vaccine

will be \$10. All pets must be on a leash or in a carrier. For further information, please contact the Sevier County Health Department. Tennessee state law requires all dogs and cats over 3 months of age to be vaccinated for rabies. Location and dates include: Tuesday, May 8, 6:30 - 7:15 at the Dupont Vol Fire Dept (Community Center); and Thursday, May 10, 6:30 - 7:15 at Seymour Intermediate School.

Vision Screening

The Knoxville Tri-County Lions Club is offering Free Vision Screening during story time on May 7, 2012 from 11 a.m. - noon at the Seymour Branch Library. This is valid for children one year - 5 years of age and permission slips are required.



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CLASSIFIEDS

PUBLIC NOTICE

PUBLIC NOTICE:

PUBLIC NOTICE: Knoxville Regional Transportation Planning Organization – Technical Committee Meeting, May 8, 2012.

The Knoxville Regional Transportation Planning Organization (TPO) Technical Committee will meet on Tuesday, May 8, at 9 a.m. in the Small Assembly Room of the City/County Building, 400 Main Street, Knoxville, TN. Topics to be considered: Regional Mobility Plan Updates, Update on New Urbanized Area Boundaries, Consideration of Bylaw Changes, Air Quality Conformity, TIP Updates, Update on PlanET; and other business.

If you would like a complete agenda, please contact MPC at 215-2500 or see the TPO web site at www.knoxtrans.org. If you need assistance or accommodation for a disability, please contact MPC at 215-2500 and we will be glad to work with you in obliging any reasonable request.

BULLETIN BOARD

CHURCH RUMMAGE SALE
Fountain City United Methodist Church
May 5 | 8:30am - 2:00pm
\$3.00 Brown Bag-A-Bargain begins at noon. Rain or Shine

Church Rummage Sale
Little Flat Creek Baptist Church
9132 E Emory Road, Corryton
May 3, 4 & 5 8am-4pm
Clothing, Furniture, Toys, Odds & Ends, Lots of Ceramic items!

Pleasant Gap Baptist Church
Benefit Dinner, Bake Sale & Silent Auction. May 4, 7pm at 4311 Pleasant Gap Dr (Off Norris Fwy)

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Cranberry Swirl Coffee Cake

1/2 cup butter
1 cup white sugar
2 eggs
1 teaspoon baking powder
1 teaspoon baking soda
2 cups all-purpose flour
1/2 teaspoon salt
1 cup sour cream
1 teaspoon almond extract
1 (8 ounce) can whole cranberry sauce
1/2 cup chopped walnuts

Preheat oven to 350 degrees F and grease and flour one 9 inch tube pan.

Cream the together the butter and the sugar until light. Add the eggs and stir well.

Combine the flour, baking powder, baking soda and salt. Add the flour mixture alternately with the sour cream or yogurt to the butter mixture. Stir in the almond extract and mix only until just combined. Pour 1/3 of the batter into the prepared pan. Swirl 1/2 of the cranberry sauce into the batter. Repeat, ending with the batter on top. Sprinkle nuts on top.

Bake at 350 degrees F for 55 minutes. Cool in pan for 10 minutes

Glaze: 1 cup Confectioners Sugar
3 tbsp Milk

Combine in a small bowl, blending well. Remove warm cake from pan and drizzle with glaze.

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