

16 honored on Hall of Fame

By Sarah Baker

The Knoxville East High School Alumni Association (KEHSAA) celebrated their alma mater's 60th anniversary on June 16 at the Women's Basketball Hall of Fame. Besides being a celebration of all East High School's classes (1952-1968), this year was particularly special, because it was also the first induction of the KEHSAA Hall of Fame. Sixteen alumni were chosen in honor of their personal accomplishments and contributions to others.

The evening began with a delightful dinner catered by Rex Bradford Jones. The atmosphere was a mix of mutual respect and nostalgia as classmates chewed over the past and the present. Loretta Crowder, class of 1962, still lives in Knoxville and played a big part in organizing the event. "It's hard to find something that wasn't special about it (East High). It was small, closeknit. One of the reasons we're doing this is it was too



Knoxville East High School Alumni, family and friends recite the Pledge of Allegiance before inducting classmates into the Hall of Fame.

good to forget."

Larry Leibowitz was entertaining and reverent with welcome and introductions. He took time out to honor and speak the names of classmates killed during Korea and Vietnam. Dr. Margie Le Coultre gave the

sang The National Anthem. County Mayor Tim Burchett came by and spoke warmly of familiarity and personal ties with the crowd. Austin East principal Benny Perry thanked the association for scholarships they have

invocation. The H-4 Quartet provided AE students. Lucy E. Scroggie, Ph.D. (1953), was inducted posthumously for her prestigious career in chemistry. In 1974, Scroggie was elected to Phi Beta Kappa. She was Governor Elect of the Tennessee District of Pilot International.

Also inducted posthumously were Jerry "Ace" Miller(1957) and Charles "Bud" Lobetti (1958), Miller for his work with Golden Gloves Charities and Lobetti for his work with the East Tennessee Lupus Foundation. Lobetti

Continue on page 4



unveiled Thursday during a special as the Morgan Library, the Lincoln ceremony. Governor Bill Haslam Center for the Performing Arts, and former Mayor Daniel Brown and Yale University. An art history unveiled their portraits with the artists who created them, Mayor Madeline Rogero, city officials, and other guests. artist behind Gov. Haslam's portrait. Kelley, with studios in Knoxville and New York City, uses classicism in his work inspired by Greek mythology. Kelley has received numerous commissions

Portraits of former Mayors were as an artist from institutions such graduate of the University of Tennessee and a graduate of Pratt Institute with a degree in architecture, Kelley has been published in John Woodrow Kelley is the The New York Times, the American Arts Quarterly and other periodicals.



FOCUS Weekly Poll*

In your opinion, should the privately owned **Knoxville** Chamber of **Commerce** be subsidized with local public tax dollars?

YES 21.56% NO 78.44%

Survey conducted June 21, 2012. Focus Weekly Polls are conducted by an independent, professional polling company

East Knox Schools Get New Principals **By Focus Staff**

Two East Knox County schools will have new Principals as the school year commences.

Superintendent of Schools Dr. James McIntyre has appointed Sydney Upton as Principal of Sunnyview Elementary School. The former Principal of Sunnyview, Brandon Pratt, is now the Principal of Ball Camp Elementary School.

Ms. Upton was formerly the Assistant Principal at Copper Ridge Elementary School before succeeding Brandon Pratt.

Shay Siler will be the new Principal of Carter Elementary School as Julie Thompson has been promoted to Elementary Supervisor. Ms. Siler was formerly the Assistant Principal at Beaumont Elementary School. Shay Siler was a member of the first class of the Principal Leadership Academy. The publisher and staff of The Knoxville Focus wish both Ms. Siler and Ms. Upton a happy and successful tenure at Sunnyview and Carter Elementary Schools, respectively.

Carl F. Hess II created the portrait rendering of Mayor Brown. Hess, who received his degree in Media Arts at the University

Carl Hess and Mayor Daniel Brown unveil Brown's portrait

of Tennessee, has painted por- in his native Memphis and began traits for several political and reli- to pursue his craft at art schools gious leaders including President on full scholarship. Hess has been Barack Obama and Pastor Joel Osteen. He developed a love for art when he was in the 6th grade

painting portraits since 2001.

Tennesseeans encouraged to raise their hands

Tennessee coalition called a Day of Action on Thursday, June 21 to generate volunteers who will "raise their hand" to read to, tutor, and mentor children and youth.

"We will be hosting more than 60 events in about 40 cities throughout the state on this Day of Action," said Mary Graham, President of United Ways of Tennessee preceding the event. "Festivities will vary by

include Raise Your Hand Your Hand Tennessee since Tennessee volunteer signup, story times with children, crafts, games, food, music, and book and school supply drives. At the close of the day, since its inception just this January, we estimate that Raise Your Hand Tennessee will have recruited more than a thousand volunteers across the state."

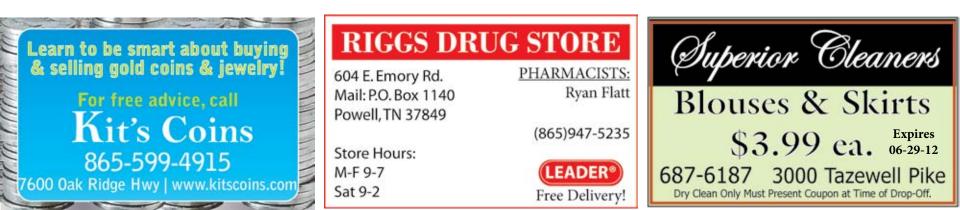
The Raise Your Hand community, but they will spokesperson for Raise for the day's festivities. its inception, went to the Watertown Public Library event in Wilson County, to read "Frindle" to children on Day of Action. "Government can do some things to help educate our children, but Government can't do it all," said First Lady Crissy Haslam.

> The state's library system, under the authority of the Tennessee First Lady Secretary of State, provid-Crissy Haslam, a prominent ed the majority of locations

"We are glad to partner with leaders like First Lady Crissy Haslam and United Ways of Tennessee in encouraging all Tennesseans to volunteer in the Raise Your Hand Tennessee campaign. We should all choose to invest our time and efforts to make a difference in the lives of our fellow Tennesseans," said Tre Hargett, Secretary of State, who read at Cedar Bluff Llbrary.



Secretary of State Tre Hargett read at the Baby Bookworms program at Cedar Bluff Branch Library to encourage reading and volunteerism.



Political Analysis

Budget Battle Will Continue Into Next Year

ture.

Effort

the

money, nor

school system

should

By Focus Staff

The blood was still fresh on the ground and the swords had barely had time to be cleaned and placed back into their scabbards following the intense war waged between Knox tions. That of County Mayor Tim Burchett and Superintendent of Schools James McIntyre over a \$35 million tax increase for education before signs emerged the war was far from over. Burchett had won the battle for the time being, but McIntyre and his allies will surely regather and again come looking for treasure next year.

Just days after the Knox County Commission added an additional \$7 million to the budget proposed by Mayor Burchett, the school system was busy spending the money. The crux of the argument will be whether the new \$7 million will be a recurring expenditure. Even before that question was

school system moved to ensure that it would be, announcing it will be filling 66 new posicourse will put Mayor Burchett and the Commission in the

answered, the

uncomfortable position of money was "intended" to be having to put 66 people out of work should they not make the \$7 million additional dollars appropriated

permanent. There was even an opinion released by Knox County Law Director Joe Jarret, which clarified nothing. According to Jarret's opinion, some or all of the money may not be used for "Maintenance of Effort" expenditures.

For his part, Burchett included in the budget by was never unclear that the new money was never intended to be dedicated to



Tim Burchett

the school system's own rainy day fund; and appro-

priated another \$1 million from BEP money expected to come from the State of Tennessee. The final \$3 million allocated was already

Mayor Burchett for the literacy program, an appropriation the Mayor had always

presume the money would continue in perpetuity. Some Commissioners, despite not raising taxes, say the new permanent, yet they failed to attached the money expended to a continuing source of revenue. Commissioners took \$1.5 million from the county's general fund; \$1.5 million from

of

Maintenance insisted would be a "grant". new dollars. Burchett said he wanted to see the results from the money spent before making it a continuing expendi-

> The "intent" of the Commissioners makes no difference if the money spent isn't attached to a continuing source of revenue. **Obviously Knox County** government cannot force the State of Tennessee to send any amount of money, nor can the Commissioners demand an eternal \$1.5 million come from the school system's rainy day fund. Of course "intent" leaves the issue to be resolved by somebody besides the members of the County Commission, who didn't want to risk incurring the wrath of the voters by increasing taxes. That followed months of an aggressive campaign by School Superintendent McIntyre promoting a tax increase to supply the school system with more than \$42 million

At first it appeared the Commission might actually raise property taxes and one or two Commissioners, notably Chairman Mike Hammond, actually proposed raising both property and sales taxes for education. Polls sponsored by The Knoxville Focus and WATE-TV showed an overwhelming majority of Knox Countians opposed to an increase in either the property or sales tax for education. Soon even the Commissioners began to discern the public was opposed to increasing taxes and not a single member of the Commission actually moved to make a motion to increase taxes for the school system.

Mayor Burchett had promised to veto any attempt to increase taxes without the consent of the voters, a stand that dismayed Superintendent McIntyre and his allies. The Knoxville News-Sentinel had been huffing and puffing almost daily for

the need for more money for schools and the Chamber of Commerce quickly recruited a consortium of well-heeled financiers to pay over \$40,000 for an advertising campaign to promote McIntyre's budget request. It was all for naught with Mayor Burchett remaining victorious on the battlefield.

Still, the horde of school folk will be back next year, just months before the primary election, to insist they keep the \$7 million new dollars and Commissioners won't likely have the luxury of pilfering the money from here and there; they may actually have to attach the funding to a continuing revenue source. By hiring 66 new full-time employees, they will be able to make the argument the Mayor and Commissioners will be forcing folks out of their jobs as well as crippling new programs.

The battle has just begun.

Voters Don't Favor Tax **Dollars For Chamber**

FOCUS FACTS

Animal abusers are five times more likely to commit violent crimes against people.

Animal abusers are four times more likely to commit property crimes.

Animal abusers are three times more likely to have drug or disorderly conduct offenses.

The Relationship of Animal Abuse to Violence and Other Forms of Antisocial Behavior

Focus poll posed the question, "In your opinion, should the privately owned Knoxville Chamber of Commerce be subsidized with local public tax dollars?"

78% of voters responded "no."

The greatest opposition to utilizing tax dollars for the Chamber came from the Seventh District, where an astonishing 89.66% of respondents said they did

This week's *Knoxville* not believe the Chamber of Commerce should get public money. The Eighth District, which is East Knox County, was close behind with more than 85% of voters saying they do not believe the Chamber should be subsidized by the taxpayers.

The most support for giving the Chamber tax money came from the Second District, although more than 67% of the voters

opposed the idea.

Opposition to funding the Chamber of Commerce with public money was uniform across Knox County and throughout the City of Knoxville. Even in the Fifth District, which is comprised largely of the Town of Farragut, almost 80% of voters don't believe the Chamber of Commerce should be subsidized with taxpayer money.

The mystery of Midsummer

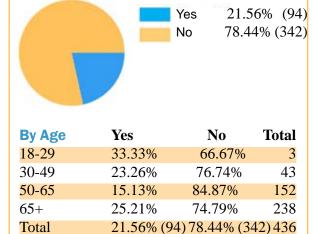


week with little fanfare. land creatures. Like other The summer solstice pagan festivals, Midsumoccurred in the Northern mer carries with it a certain Hemisphere last Wednes- mysticism that made it the day at 7:09 p.m. Eastern Time, marking the official beginning of astronomical summer. Chances are you hardly noticed. The summer solstice, or the longest day of the a day that we have come year, was known to most ancient pagan cultures as Midsummer. The term is familiar to most of us because of its reference in Shakespeare's "A Midsummer Night's Dream," a tale involving fairies, sprites,

It came and went last nymphs and other woodperfect setting for Shakespeare's play.

FOCUS Weekly Poll

In your opinion, should the privately owned Knoxville Chamber of Commerce be subsidized with local public tax dollars?



By Commission District 1 26.92% 73.08% 26

By Richie Beeler

ALLEN L. HUNLEY, DDS.

Now accepting new patients!

Put your best smile forward!



687-1886 www.ahunleydds.com 2939 Essary Road



Your Community. Your Newspaper.

Proudly independently owned and operated. Published by Fountain Printing and Publishing, Inc.

Deadline for ad design is Monday at 5 p.m. Deadline for Classified ads is Thursday at noon. Deadline for submissions is Thursday by noon. Articles, announcements, photo attachments and cutlines may be submitted by e-mail to staff@knoxfocus.com.

Publisher	Steve Hunley
Editor, Art Director	Marianne Dedmon
editor@knoxfocus.com,	design@knoxfocus.com

But for those of us living in 21st century America, the name Midsummer seems a bit odd for to know as the beginning of summer. So what was it that gave the summer solstice its ancient name, and why was it so important to pagan cultures?

Continue on page 3



Office, Classifieds	Rose King
	staff@knoxfocus.com
Sales	sales@knoxfocus.com
Pam Poe	phpoe2000@yahoo.com
Tasha Mahurin	mahurint@knoxfocus.com
Bill Wright	wrightb@knoxfocus.com

Articles designated as written by Focus Staff are the collaborative efforts of several staff members and are reviewed and approved by the editor and the publisher.

The Focus would like to thank all contributing writers. Submissions from our writers are gratis and are greatly appreciated. While articles are not guaranteed placement, we do strive to place as much as possible. Submissions for the paper are on a space available basis and are subject to publisher and editor approval.

We want your news: that is what makes this paper truly a community newspaper.

2	32.69%	67.31%	52
3	21.05%	78.95%	38
4	25.00%	75.00%	56
5	20.34%	79.66%	59
6	24.49%	75.51%	49
7	10.34%	89.66%	58
8	14.55%	85.45%	55
9	23.26%	76.74%	43
Total	21.56% (94) 78.44% (342) 436		
By Gender			
Unknown	14.29%	85.71%	21
Female	20.00%	80.00%	220
Male	24.10%	75.90%	195

21.56% (94) 78.44% (342) 436



OPINIONS EXPRESSED IN THIS EDITION ARE THOSE OF THE AUTHORS. AND NEITHER THESE NOR ANY MATERIAL PUBLISHED HEREIN REPRE-SENT ENDORSEMENT BY THE FOCUS.

Advertising: The Focus is not responsible for errors in an advertisement if not corrected by the first week after the ad appears. This newspaper is not responsible or liable whatsoever for any claim made by an ad or for any of the services, products or opportunities offered by our advertisers. We do not endorse or promote the purchase or sale of any product, service, company or individual that chooses to advertise in this newspaper and we reserve the right to refuse any or all advertising we deem inappropriate or unacceptable by our company standards. Political advertising must be pre-paid. The Focus does not accept ads that defame any candidate. All political ad content must be pre-approved prior to its run in the paper.

865-686-9970 www.knoxfocus.com



Total

PO BOX 18377 | Knoxville, Tennessee 37928 Located at 2620 Cedar Lane

June 25, 2012 www.knoxfocus.com PAGE A3 **Publisher's Positions** When a bird flies backwards...



By Steve Hunley, Publisher publisher@knoxfocus.com

"Politicians, a lot of times, think they know what's best for eduction."

So The Knoxville News-Sentinel guoted Mike Hammond. Evidently Hammond, who is Chairman of the Knox County Commission, has a new-found interest in finding out what teachers think and what educators believe should be in

that neither Hammond nor any of his colleagues gave a hoot what teachers thought before the recent budget was approved by the County Commission.

Now, with the next budget only a year away, Hammond is so intrigued to know what teachers think should be included in the budget that he is proposing taxpayers fund a survey (yes, another word for a POLL!), providing those educators that respond with anonymity to better encourage them to respond.

All of this follows the County Commission struggling to deal with the budget demand made by School Superintendent Jim McIntyre for 35 million new dollars, which would have required a 35 cent property increase. Commissioner Hammond was one of those local politicians who very publicly agonized

new money for the school system. Hammond was, at one time or another, seemingly on every side of every question. He seemed to indicate he would support a property tax increase; he actually proposed increasing both the property and sales taxes with Board of Education Chairman Thomas Deakins, although he never made a motion to that effect at the Commission meeting. In the end, Hammond and his colleagues chose to provide \$7 million of new money without increasing local taxes. At the time, Hammond wearily said the Commissioners had heard from their people and apparently, Commissioners had gotten the message.

Not surprisingly, Superintendent McIntyre and the majority of the Board of Education claim ALL of the \$7 million appropriated (MOE) money, meaning it will be a continuing allocation forever. Mayor Burchett insists none of the money is MOE money. The Commissioners seem not to want to fully address the issue, preferring to talk about their "intent."

Perhaps the most glaring weakness of Superintendent McIntyre's entire budget request, one which was never acknowledged by his many allies as they pushed hard for more money, was how little it did for classroom teachers. Perhaps that shouldn't be surprising when one considers McIntyre spent perhaps a year as a classroom teacher at a school for atrisk children whose entire student body was less than 50 students.

For the first time in memory, the Knox County Education Association

the budget. Never mind over the best way to find by the County Commission refused to take a stand if student test scores are is Maintenance of Effort on McIntyre's budget and teachers were conspicuous in their absence during the entire budget process. The non endorsement was in effect a repudiation of McIntyre's budget. The absence of teachers, who in the past have filled the Large Assembly Room of the City County Building to the rafters, was as highly noticeable as it proved to be ominous.

> Evidently Chairman Hammond failed to notice there was nothing in the budget for classroom teachers, a budget request he initially seemed to support very strongly. Never during the discourse of the Commission in dealing with the Superintendent's request did Mike Hammond complain to Superintendent McIntyre he had forgotten the classroom teachers.

Hammond is certainly right about one thing; going to rise, it will largely be due to classroom teachers, not a Superintendent who barely has more teaching experience than an intern.

While Hammond's concern about what teachers think about the budget, after the fact, is more interesting than commendable, why shouldn't he survey Sheriff's deputies and general county employees, or do they not count? Perhaps he will wait and try to pander to the deputies and general county employees after next year's budget has been adopted.

Readers will remember the old saying, "If you put his brain in a bird, it would fly backward." Well, Hammond's interest in what teachers think after the budget has just been passed is backwards, but perhaps it's never too late to learn.

There Is No 'Duty' To Revisit Law Director Issue

By Steve Hunley, Publisher publisher@knoxfocus.com

The Knoxville News-Sentinel has issued yet another editorial huffing and puffing about the need for an appointed Law Director. Evidently the Sentinel can't stop picking at this particular scab.

Recently, the Charter Review Commission tabled further consideration of placing before the voters in referendum the notion of appointing rather than electing the Knox County Law Director. The issue was overwhelmingly rejected at the polls in referendum a scant few years ago and without representation.

polls indicate the voters would overwhelmingly reject it yet again if given the opportunity. Still, the Sentinel persists in trying to eliminate as many elected offices as possible, as clearly the daily newspaper can just barely conceal its condescension of allowing the people to choose their own elected officials. Were it up to the Sentinel, we would not celebrate Independence Day, July 4, but would probably all be out in the streets raising a tankard of ale to commemorate the birth of merry old King George and thank God for taxation

Board of Education and the County Commission and the differences between the two bodies as compelling evidence for the need to have an appointed, rather than elected Law Director. The Board of Education is autonomous just like an adult child completely dependent upon his parents for money. Save for that one aspect, he is completely independent. The conflict between the two bodies in inherent in the current system, but has nothing whatever to do with an appointed or elected Law Director. I have suggested eliminating

Board of Education to authority to raise taxes to support its own budget subject to referendum by the people. That would instantly eliminate the conflict between the two bodies, while appointing a Law Director would not resolve a single point of contention between the

The Sentinel cites the that conflict by giving the Commission and the Board Commission made the right of Education. Granting the Board of Education that power would force voters to pay greater attention to whom they actually elect to the Board and my guess is the members of the Board would likely be a bit more conservative in their expenditures.

The Charter Review

decision in the first place. This is hardly the most pressing issue in a county more than \$1 billion in debt and a pension that is underfunded by more than \$28 million as of today. It's time to move on to an issue that really matters.

Try before you decide. Free group fitness classes for seven days.

The mystery of Midsummer

Cont. from page 2

Well for starters, let's talk about the name. The summer solstice is the date on which either the North or South Pole is most inclined toward the sun. For us in the Northern Hemisphere that event usually occurs on June 20th or 21st. It has become widely known as the official beginning of summer. So why give such a date a name like Midsummer?

That question probably has at least a two-fold answer. The first part has to do with the growing season. In most northern latitudes, vegetation reaches its peak of fullness around the end of June. The ancients saw this as the time when the growing season was at its most fertile point, and they would celebrate as they looked forward to the first harvest near the beginning of August. The name Midsummer was likely a reference to this peak time of the bounty of the season.

But perhaps the more important reason for the name comes from the simple fact that summer solstice does indeed mark the mid-point of the season the ancients actually considered summer. Meteorologists refer to it today as "solar summer." It stretches from about May 5 to August 5, and is the 90-day period of the greatest amount of

sunlight in the year. To the ancient peoples of northern Europe this constituted summer, since their understanding of all the seasons was based on the movements of the sun. And in the days before artificial lighting, sunlight was a precious commodity.

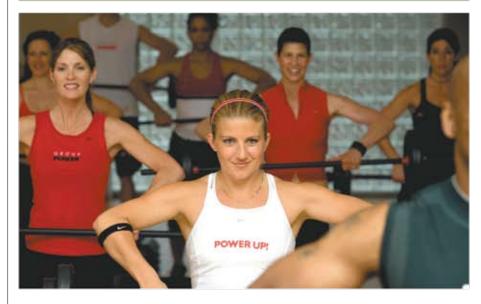
This fact alone probably explains why Midsummer was such an important date in these ancient cultures. The Celts, for example, saw Midsummer as the day on which the sun god realized his strength was waning, and began to withdraw into the "wheel of the stars." To these peoples, the sun was seen as their very life source, and their belief was that they must celebrate and pay homage to the sun as it began to depart at Midsummer, so as to ensure its return would begin at the winter solstice around December 21st. Many historians have theorized that Stonehenge was built as a place for such festivals and worship ceremonies, since its axis appears to be oriented in the direction of the Midsummer sunrise.

throughout the year was a phenomenon that profoundly impacted life in ancient northern cultures. As summer solstice passed and the sun's waning became more apparent

with the shortening days, the ancients knew the time of harvest was approaching, and that it was only a matter of time before the darkness overtook the light at the autumnal equinox around September 21st.

Among the celebrations and traditions surrounding Midsummer was the lighting of balefires throughout the countryside (as opposed to bone-fires in autumn). These balefires would often be burned on hilltops, where folks would come to dance, feast and throw herbs into the fire as part of the Midsummer ritual. Afterwards, the ashes from the balefires would be sprinkled over the fields in hopes for a bountiful harvest season.

Another interesting tradition that stems from the Midsummer celebrations is that of June weddings. Even in our modern day culture, June is still the most preferred month for couples to tie the knot. Interestingly, the ancients had names for the moons that accompanied their pagan festivals. For instance, the full moon that accompa-The journey of the sun nies the autumnal equinox in September was known as the Harvest Moon. And the name of the Midsummer full moon? Why, the Honey Moon, of course.



Experience the camaraderie and support of group exercise in a state-of-the-art fitness facility. Right now you can try one of our group fitness classes for seven days-free. There are a variety of classes to choose from and whether you're a beginner or advanced, you're welcome in any class we offer.

Call or come by to learn more about our free trial.





PAGE A4 **FOCUS MORE ON** Seymour

Guest speaker advises Chamber members about safety, conservation, going green

isn't just a bonus or a perk, from Landscaping to it's the bottom line. This is Solar Water Heaters and especially true for business owners who know that every penny counts in today's competitive economy. Utility Service Advisor for KUB, Matt Vesser, shared ways to cut the cost of doing business through energy conservation with the Seymour-South Knox Chamber of Commerce at their monthly meeting on Tuesday. Some of the tips were quite simple and most were low-cost and no-cost

For many, saving money ways to save. Topics ranged and their businesses in a community and the willingjust about everything in between with members receiving an Energy Savers Booklet to use. For anyone interested in saving money throughout their home or business, KUB offers a Free Energy Audit on line at www.kub.org. In order to "Make every drop count" members received Water Audit and Conservation Kits as well.

number of ways including networking, education, and community involvement. As a result of a recent member survey, The Chamber will be implementing several new ideas for community projects and local business promotion in the near future.

"We are very excited about the new ideas and especially pleased to have members willing to step up and help make it happen," The Chamber serves said president, Thomas and supports members Hill. "It is a reflection of this

ness and desire to see it grow."

The Chamber welcomes all community leaders, small business owners, and professionals who are interested in growing their business and making a difference in the community. The Chamber meets on the third Tuesday each month at Gondolier, 7644 Mountain Grove Rd. For more information on the Chamber and/or upcoming community events visit www. SeymourTn.org.



Best Wishes Greg Clark. Seymour High School Principal Greg Clark recently announced after nine years he would step down as principal to accept another position within the Sevier County School System. Clark has held the position for nine years, and, while grateful for the experience, looks forward to serving in his new role in administration within the Special Education Department. The Focus wishes him well.



Seymour Cruise In is getting new cars every week from Kodak. Maryville, Knoxville, Severville and Claxton. Wendy's offered a 10 free meal give-aways and 30 Frostys! Don't forget the swap meet every last Friday of the month.

16 honored on Hall of Fame

Cont. from page 1

was also recently nominated to be inducted in the Greater Knoxville Sports Hall of Fame.

Phyllis Bales Severance (1957) was the first inductee of the night to be present for the honor. Severance spoke fondly of her work with the East High choral department and stated she was "very humbled and very honored." She was inducted for her lifelong commitment to community involvement including extensive work with the YWCA. Previously, Severance was named "Woman of the Year" by Fountain City Town Hall. Kyle "Buddy" Cruze (1952) was inducted for his legendary athletic career. Sara Buckner

O'Meara (1952), Co-Founder, White Shorter was inducted Chairman and CEO of Childhelp, was inducted for helping to put a national spotlight on the problem of child

abuse. The class of 1959 wrought four inductees. Bobby Denton was inducted for his lengthy list of accomplishments in broadcasting. Bill Denton, designer of Knoxville's most recognizable landmark, the Sunsphere, was inducted for his many contributions to the architecture in East Tennessee. Sam Furrow has held a series of leadership positions in Knoxville which led to his induction including Chairman of the Knoxville Zoo, Leadership Knoxville, and Greater Knoxville United Way. Carolyn A.

865-922-2050 Fax

for community involvement and her advocacy of public education.

1960 inductees include Richard Rader, an accomplished choreographer, Herman J. Saatkamp, JR., Ph.D., a brilliant biologist and professor of philosophy, and Arnold Schwarzbart, an internationally recognized Judaic artist. Edd Poore, class of 1962, was inducted for his dedication to education and to athletics. 1965 graduate Dr. Grazia "Pucci" Di Donato was an AFS exchange student from Ancona, Italy. She was inducted for her outstanding medical research. Sandra Mitchell Woods, class of 1966, was inducted for her outstanding work in



Phyllis Bales Severance, Class of 1957

education.

In the presence of so many accomplished, compassionate citizens, it is obvious the legacy of Knoxville's East High School is a praiseworthy one. As they honor each other, let us all look to their examples and make the most of our lives by giving what gifts we've been given to the benefit of others.



Having trouble navigating your Medicare options?

Medicare Supplemental Insurance Featuring:

- No Co-Pays, No Deductibles
- No Mountains of Paperwork
- No Extra, Uncovered Costs



HOUSE FILTER with new heating and cooling system upgrade



Vines Establishes Endowed Scholarship Fund at UT's Baker Center

The Howard H. Baker Jr. Center for Public Policy at the University of Tennessee, Knoxville, has established its first scholarship endowment thanks to a gift from Georgiana Vines, adjunct faculty member and Knoxville News Sentinel political columnist.

Vines has established the Georgiana Vines Endowed Scholarship Fund to reflect her interest in journalism and public policy. This fund awards merit-based aid to Baker Scholars enrolled in the College of Communication and Information.

Vines said she was inspired to create the scholarship through classroom interactions with a former journalism student who was a Baker Scholar.

"Throughout the semester, the student's intellectual curiosity and enthusiasm for news reporting impressed me. As a Baker Scholar, she had taken on an immersive policy research project on top of her full-time course load. As I got to know her, I gained a better understanding of the goals of the Baker Scholars program," Vines said.

Baker Scholars undergo

a rigorous application process and commit to additional scholarly work, but they do not presently receive direct, merit-based aid or research stipends for their Baker appointments.

Vines encourages others to follow her lead.

"The Howard Baker Center plays a very important role in the community, on campus and in the lives of students. There is a need for private support, and I'd encourage others to seriously consider making a gift to the Baker Center," she said.



Knoxville News Sentinel writer Georgiana Vines interviews Andrew Card preceding a fundraising reception sponsored by the Blount County Young Republicans in May 2010.

VIRGINIA COLLEGE CELEBRATES GRAND OPENING



PHOTO BY MELISSA SPANGLER

Virginia College School of Business and Health celebrated the grand opening of its new Knoxville campus in June. Knox County Commissioner R. Larry Smith is pictured center cutting the ribbon and is flanked by Jim Branham, Virginia College President, and Tom Moore, Education Corporation of America President & CEO. On campus president Branham's left is City Councilman Mark Campen, State Representative Bill Dunn, State Senator Becky Massey, City Council members George Wallace and Nick Della Volpe. There were many other Knoxville Chamber representatives and Ambassadors, students, faculty, and friends that joined in the celebration as well.

City rolls out business opportunity fair

The City of Knoxville will The event will be held

departments as well as departments, nearly \$46 and network with other

Shake it Up! **Body by Vi Fights Obesity in** Tennessee **By Kareta Johnson**

The Body by Vi 90-Day Challenge has taken the country by storm, daring several challengers to lose weight and live a healthier lifestyle. So far over 300,000 people have participated in this challenge since January consisting of celebrities, professional NFL football players, contestants from both Biggest Loser and Miss Universe, Dancing with the Stars cast members and local challengers! "We've been challenging people locally because Tennessee is one of the most obese states in the country," states Ken Conner, Body by Vi 90-Day Challenger. According to research, in 2011 Tennessee was named the fourth most obese state in America. The overweight and obesity rate in Tennessee combined is about 68.3%! Body by Vi consists of five weight loss kits that fit to where you are on your weight loss journey. The

award millions of dollars in contracts during the next 12 to 18 months, and City officials want local businesses to have the first opportunity to bid on those contracts.

The Purchasing Division will present "City Business: **Opportunities for Your** Company," an event for local businesses to become acquainted with products and services the City intends to purchase.

from 7:30 a.m. until 10:30 a.m. Thursday, June 28th, at the Jacob Building at Chilhowee Park. "This is the best place to network and get a first look at what the City is looking for in goods and services," said Boyce H. Evans, Director of Purchasing. "Local businesses are in a great position to compete for the \$65 million the City spends each year to support its operating

capital projects."

The fair encourages local businesses to bid so that procurement dollars can be reinvested into the local economy. Among the future products and services the City will need are appliances, beverages, fuel, janitorial services, landscaping supplies, office furniture, trucks and more.

From the \$65 million spent to support City million of this amount is spent on contracts valued at \$25,000 or more; another \$17 million is spent on smaller purchases that are acquired from small businesses. The remaining \$2 million is spent on micro-purchases (within a \$300 range) through the City's Purchase Card system. Business owners will

have a chance to meet with City departments

business owners. Departments will make presentations in small group settings, which will allow for discussion and questions. There is no cost to attend the fair as the City uses the event as a local business outreach initiative. A free breakfast will be served and all businesses within the 16-county area are invited to attend.

Continue on page 2

Parkview Senior Livi ENRICHED COMMUNITY

> 4. Prices start at \$1400 (includes two meals a day, housekeeping, transportation and

Reasons you should live at Parkview

activities!)

1. Monthly Rental, no buy-in fees

2. Large walk-in closets

Convenient to the park

Sensibly designed with the active senior in mind, Parkview, an independent living community, offers the opportunity for residents to enjoy life to its fullest. Whether it's enjoying all the activities and amenities or finding a quiet place to reflect, Parkview has thought of everything.

Attention Veterans and Widows of Veterans: Ask about our Rent Assistance Benefits!

Directions: Take the Broadway Exit on I-640 and travel north. Just past Fountain City Park, turn left on Colonial Circle at stop light. Take immediate left into Parkview Fountain City.

Parkview Fountain City, 5405 Colonial Circle, Knoxville, TN 37918, 865-687-0033, www.pvseniorliving.com

PAGE B2 Weigel's local dairy nominated for Milk **Plant of the Year**

Weigel's Stores, home of to grocery stores and res-Broadacre Dairy has been taurants in Knoxville under nominated by Dairy Foods Magazine for Milk Plant of the Year. Weigel's is considered a micro-dairy among the nominees that include The Dannon Company, Swiss Valley Farms and Mars Ice Cream to name a few. In fact, Weigel's is the smallest dairy the magazine has ever visited.

"This is such a great honor to be nominated along side milk industry giants - many of which have brand names recognized by millions of consumers," said Bill Weigel, Chairman and CEO, Weigel's Stores, Inc. "We've been committed to first-rate products since our inception, and our goal is to produce the best and freshest tasting milk in Knoxville," Weigel's added. Voting for Plant of the Year continues through June 30, and the Plant of the Year announcement will be made August 13, 2012.

"We're an 80 year-old dairy that started in 1931 as Weigel Brothers Dairy. We eventually distributed our products the name Broadacre Dairy. As the business expanded, we began selling exclusively to local schools, and then under the Weigel's private label brand through Weigel's Stores," said Weigel.

In the past year, Weigel's Stores won the coveted First Place Blue-Ribbon for its Chocolate Milk in the Tennessee State Fair Fluid Milk Quality Competition. With the highest score, Weigel's Chocolate Milk was voted best chocolate milk among all dairies serving the State of Tennessee, which includes many dairies operating outside the State. The scoring was based on three primary categories - milk flavor, body, and texture when tasting. The Tennessee State Fair Judges also evaluated the milk product on appearance and color. "It was an honor to win the prized Blue-Ribbon for Best Chocolate Milk at the Tennessee State Fair. It's due to our dairy team members' dedication to a high-quality product," said Bill Weigel.



State Senator Becky Duncan Massey, pictured with Commissioner Ed Shouse, announced her re-election campaign Tuesday at the Foundry in Downtown Knoxville.

The Knoxville FOCUS



Restaurant Operator Greg Jones and Chick-fil-A Restaurant Marketing Director Darla Sparks were on hand to welcome the community to the Emory Road restaurant's Premiere Night last Tuesday. The Chick-fil-A officially opened on Thursday.



Ellan Nauss was honored as Detective of the Month and Jason Daniels was named Officer of the Month at Tuesday's banquet at the Elks Lodge.



Cont. from page 1

Balance Kit, Shape Kit, Core Kit, Transformation Kit, and Fit Kit contain yummy shakes and other healthy energy products that rejuvenate you! Body by Vi not only tests people that are overweight, but also people that are already in shape. "You can do like one shake a day after a workout to replenish yourself," explains Conner. "It takes me about two minutes to mix it up and we drink it and are full until the next meal. My favorite part is that there are so many different



options, not just vanilla or many testimonies where

Hollywood, California. The other benefit is the nutritional value. Body by Vi shakes are all natural and still delicious, they literally "taste like a cake." "We do a thing called a Shake Party, and we come out to your home or business and make shakes for you. We have over 200 flavors that all smell like a cake and they are so good," explained Conner. It would literally cost you about \$100 to get the nutritional value in a meal that these shakes have and they are only \$1.80! The shakes are affordable, Diabetic-friendly, and consist of 23 vitamins and minerals that work quickly to build lean muscle and burn fat! Blue Cross Blue Shield of Tennessee will pay for your kit 100%, if you are diagnosed as being overweight by your physician and your insurance covers wellness programs. "I've been there and done that, tried different things, I was very athletic. I know that I have to do something to see my kids have grandkids and be there for my wife. The thing about this is that it actually works. And you can try it for free at a

shake party! It will make a huge difference in your life," shared Conner.

Also, if three people you know sign up then the fourth person is free, giving you the opportunity to help friends and loved ones live longer and healthier. So it's time to challenge ourselves and get fit Tennessee! Which may seem too much of a challenge for some, but the Conners say Body by Vi is definitely worth a try.

chocolate every day. I can have blueberry or mango. It's awesome!"

ViSalus, which means Life, Health, and Prosperity, is the company behind Body by Vi. The Founders promote vibrant and younger lifestyles by getting in shape and losing weight. Ken Conner and his wife Inger have each lost about 25 pounds by following the program. There are

people have shed pounds and started a new and improved life. "One of our friends found out that his cholesterol dropped 25 points," Conner shared.

There are benefits to Body by Vi besides getting that perfect beach body! Every quarter, ViSalus gives away over \$25 million dollar a year in prizes for people that use ViSalus products, such as a trip to

For more information on Body by Vi, call Ken at 865-924-6340.



You don't have to put in ductwork to make your home comfortable. A Mitsubishi Electric Ductless Heat Pump will keep you cool in the summer, cozy in the winter and energy-efficient all year-round. And because there's no need for ductwork, we can install it for you in hours, not days - no muss, no fuss.

Let us show you how we can turn any space into a year-round comfort zone. Call today.

AMERICA'S #I SELLING BRAND OF DUCTLESS

www.mitsubishicomfort.com





COOLING & HEATING Live Better

Compass Heating & AC, Inc. 1 (865) 524-7237 Family Owned Business www.compasshvac.com Serving East Tennessee since 1980

June 25, 2012 www.knoxfocus.com PAGE B3 A Feudin' Son of Tennessee: Kenneth McKellar Chapter

Pages from the Political Past



By Ray Hill rayhill865@gmail.com

hen K. D. McKellar first entered the United States Senate on March 4, 1917, he was forty-eight years old. One long-time Senate employee recalled McKellar was well dressed, "a real Beau McKellar Brummell." frequently wore a black bow tie and dressed the part of a senator. Well into the 1940s, McKellar often sported a formal jacket, vest and the striped pants of a different age. McKellar's Phi Beta Kappa key rested on a gold chain across his stomach and at the end of the chain was a small pocketknife engraved with his initials.

Kenneth D. McKellar has been described by many as a "conservative" and while McKellar was certainly a Southern Democrat, he was hardly considered a conservative, especially in his years as a Congressman and during his initial service as Tennessee's United States Senator. In fact, when he was seriously challenged in the 1928 Democratic primary, his opponent was far more conservative and McKellar was denounced by a Columbia, Tennessee newspaper as a "socialist."

McKellar was an avid supporter of President Woodrow Wilson's "New Freedom" program; he would be a caustic critic of Republican President Herbert Hoover as well as a loyal advocate of Franklin D. Roosevelt's "New Deal."



Senator Kenneth D. McKellar circa 1927. This was McKellar's official photo for several years and was used in his 1928 reelection campaign.

be difficult. McKellar was quite suspicious of big business and was soon deeply concerned about the businesses he felt were exploiting the American people by charging higher prices for equipment and supplies for the military.

Senator McKellar proposed legislation to punish any person serving in the government in an advisory capacity who profited from "insider" deals with agencies supplying the armed forces. McKellar believed businessmen volunteering their services to the government in a time of war should not be allowed to direct contracts to their own firms. President Wilson pointedly told McKellar he would not support McKellar's bill, feeling the national government needed the widest possible latitude in conducting the war.

the winter months. McKellar was further irritated when the War Department sought to purchase lumber for the construction of an aviation facility in Memphis from St. Louis. The decision made little sense as the lumber could have been bought locally at a better price and McKellar was not pleased.

McKellar proved to be quite adept at questioning witnesses before Congressional committees, an ability that would prove to be quite embarrassing to FBI Director J. Edgar Hoover in the future. McKellar remained one of the most persistent critics of the military's purchasing policies during the war.

the successful outcome of the treaty. President Wilson was equally convinced America must enter into the new League of Nations. Ironically, it was the harsh terms of the Treaty of Versailles that sowed the seeds of discontent and resentment that eventually led to the rise of Adolf Hitler and the Second World War. The treaty helped to cripple the German economy, which was further harmed by the advent of the global Great Depression. Wilson's concept of peace for all time was as illusory as was the American people's desire to participate in a League of Congress in 1941 and would be the only member of Congress to vote against declaring war on Hitler's Germany and the Japanese Empire, despite the attack on Pearl Harbor.

Woodrow Wilson's crusade to have America join the League of Nations met with stiff resistance, especially from Congressional Republicans. Despite Wilson's acclaim and the frenzied reception he had received in Paris, his position and prestige had been weakened in his own country. Wilson had called for the election of a Democratic Congress in the off-year elections of 1918 and was stunned when his party suffered a staggering defeat. Wilson's opponents, which included the still popular former President Theodore Roosevelt, loudly proclaimed the rejection of Wilson's plea was nothing less than a rejection of the president and his policies.

Republicans in the United States Senate, led by the aristocratic and icy Boston Brahmin Henry Cabot Lodge, cleverly presented a series of "reservations" to the Versailles Treaty and American participation in the League of Nations. Wilson, doubtless a brilliant man, was also a man who absolutely believed in the moral righteousness of his own beliefs and adamantly refused to compromise even when leading Congressional Democrats told him the treaty was dead without accepting some or all of the reservations. Wilson seemed not able to conceive the treaty could die in the Senate and stubbornly decided to take his case directly to the American people. President Wilson embarked upon a grueling tour of the country, traveling by train and speaking several times a day. made Wilson an eloquent plea for American participation in the League of Nations, but the stress of the tour took a cruel toll on the president's health. Wilson suffered a debilitating stroke on October 2, 1919 after having made a speech in Pueblo, Colorado. In the age of television and the Internet, it is hard to imagine, but almost no one knew the true extent of Wilson's disabilities and condition. The President's

stroke left him virtually

incapacitated, although his

condition was successfully

hidden from the American

Five

public by First Lady Edith Bolling Wilson and Wilson's physician, Dr. Cary Grayson. It was the most serious nonfatal illness ever suffered by an American president.

Mrs. Wilson exercised absolute and rigid control of both the disabled President's person and schedule. Mrs. Wilson carefully filtered what information reached the stricken chief executive and members of Wilson's Cabinet oftentimes waited weeks for replies to official concerns and inquiries. When replies did come, they were frequently in the First Lady's own handwriting, usually beginning, "The President wishes me to say ... " It was not long before some gossips whispered that Edith Bolling Wilson was in fact the first female President of the United States. Mrs. Wilson dismissed such rumors with the remarkable statement that she merely decided what the President saw and who saw the President. Yet it is also certainly true Mrs. Wilson wielded unexpectedly enormous influence over policy matters, especially after her husband's stroke. Those members of the President's official family who angered or displeased her almost always came to a bad end. Secretary of State Robert Lansing was particularly disliked by Mrs. Wilson and he found himself the recipient of a terse letter from the President requesting his resignation following Lansing's having called the Cabinet together in Wilson's absence.

Despite Wilson's infirmities, Senator McKellar remained loyal to the President and was a fervent supporter of the United States entering the League of Nations. Tennessee's other United States Senator, John Knight Shields, was unenthusiastic about both the League of Nations and Woodrow Wilson personally. Senator Shields's attitude would have an effect upon his own career and Tennessee politics.

Woodrow Wilson was to remain McKellar's political idolandwhiletheTennessean strongly supported Wilson's administration, Senator McKellar had something of a populist streak in his personality and had serious reservations about some of Wilson's defense measures. When President Wilson proposed to increase a reserve force for the Army by adding 400,000 men, McKellar opposed it, favoring a smaller number of volunteers. McKellar disliked the idea of conscription to increase the armed forces, an attitude he maintained as war with Germany became more imminent.

When America did enter World War I, it was ill prepared for the bloody conflict. America's economy had to be focused on production for the war effort and mobilization proved to

McKellar was undeterred by Wilson's opposition and participated in an investigation into the War Department's procurement policies. McKellar paid close attention to the mail from back home and he had received more than a few complaints about the lack of adequate supplies for soldiers. The rapid mobilization of American troops had outpaced the supplies for those same troops and there was neither enough equipment nor clothing for the enlisted men. As troops were being trained to go overseas to fight, McKellar was receiving letters detailing the lack of rifles for soldiers, as well as a scarcity of warm clothing for

With the successful conclusion of World War I, President Woodrow Wilson sailed for Paris to personally preside over the peace conference, which would write the Versailles Treaty. Wilson was greeted by wildly cheering throngs which lined the boulevards of Paris. Wilson soon became the leading figure at the Paris peace conference, which dictated the terms of peace to the defeated powers. The map of Europe was forever changed as the allied powers, led by President Wilson, dismantled and carved up territories that had formerly belonged to the German and Austro-Hungarian Empires. Entirely new and independent nations emerged from the remnants of fallen empires. Wilson was passionately, if not obsessively, convinced that nothing less than peace for all time was at stake with

Nations.

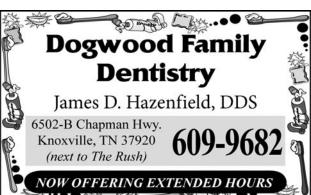
Wilson returned to the

United States following his triumph in Paris and was insistent America join the League of Nations. Many Americans loathed the idea of entangling the United States in European affairs and the declaration of war against Germany and her allies had hardly been unanimous. In fact, the first woman ever elected to Congress, Jeanette Rankin of Montana, voted against a declaration of war. Senators Robert LaFollette of Wisconsin, William J. Stone of Missouri and James K. Vardaman of Mississippi had also voted against war. The pacifist feeling in American society was hardly confined to the Congress; Wilson's own Secretary of State, the famed orator William Jennings Bryan, resigned his office rather than pursue a course which might ultimately lead to war. Interestingly, Jeanette Rankin would return to









The Knoxville FOCUS

My fellow Americans:

Sof leisure activities and a common occasion for family get-togethers often involving fireworks and outdoor barbecues.

That's where Chicken City comes in. We offer all your grillin needs... USDA steaks, pork chops, and a wide selection of ribs. And let's not forget the freshest, never-frozen chicken in Knoxville - offered to you at extremely low prices.

If you haven't stopped by, you should! Only then will you discover that freshness, quality and service really does make a difference.



May all of you have a safe and enjoyable Independence Day!

Chicken City 525-4750 2518 N. Central St. at Morellia

Store Hours: 8:30 - 6:00 Mon - Sat; Closed Sunday (Day of Rest)

Serving Knox County since 1985





Fulton High School Wall of Fame

On Saturday night June 2,2012 the Fulton High Alumni Association hosted the 4th annual Wall of Fame banquet with more the 300 in attendance and on the following Sunday, June 3, 2012, they also hosted an open house at the school with over 500 attending.

Those who joined the Fulton High School Wall of Fame are: Front row left to right: Tom



Chicken

Jensen, Molley Shults Meighan, Rev.James Whedbee, Jack Barry and Russell Mayes Back row left to right: Buck Coatney, Eddie Willis, D.D. Lewis, Ron Widby and Bill Justus

HAPP

4TH OF

JULY!

Your biggest

SERVIC

LOW

PRICES

When Seconds Count... Count on Rural/Metro

Count on our people.

Rural/Metro emergency service providers are highly trained and skilled professionals dedicated to providing compassionate care.

Count on our technology.

We have the latest, life-saving technology to respond to an emergency and to help hospitals prepare in advance for a patient's arrival.

Count on our standards.

Rural/Metro is the only CAAS-accredited service provider in the state of Tennessee, providing the gold standard of care through a fleet of 49 ambulances.

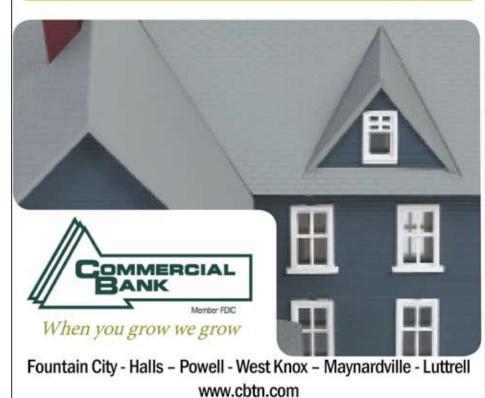
Fast, professional, reliable service . . . when seconds count

In case of emergency, call 911. For non-emergency transport, call (865) 675-0775.

asset

Your home is your most valuable asset. It's the investment of a lifetime. Depending on your situation, your home equity can be a great way to help finance a major expenditure such as an education, home remodel, dream vacation, unforeseen emergency or even as a line of credit. Talk to us about a Home Equity Loan. It might be just what you need. We're an equal housing lender.







North falls 6-2 in SL All-Star Game

By Ken Lay

KODAK---- Buddy Bailey didn't have many complaints Tuesday night.

"This was a good game and nobody was hurt and everybody who attended the game got to play," Bailey said after watching his Northern Division All-Stars drop a 6-2 decision

to the Southern Division All-Stars Tuesday night at Smokies Park before an announced crowd of 5,406.

Bailey, who managed the host Tennessee Smokies to a 35-35 record during the first half of the regular season, said that he would've liked to win.

"This is a game you

would like to win but everybody got to play and good pitching beats good hitting and it did tonight," Bailey said. "Their pitching beat our hitting and their hitting was better than our pitching."

Things, however, didn't start that way. The North took a 1-0 lead when leadoff hitter Denny Almonte,

of the first-half champion Jackson Generals homered off Mobile left-hander Kyle Skaggs.

"When Denny led off the game with that home run, I thought we were going to score a lot of runs, but it just didn't happen," Bailey said.

Continue on page 2

Homerun Derby a crowd hit

By Ken Lay

KODAK --- Five Tennessee Smokies players got the chance to showcase their talent in the Southern League All-Star Game Tuesday night at Smokies Park.

Tennessee hurlers

Frank Batista, Kevin Rhoderick and Alberto Cabrera each pitched while first baseman Justin Bour, playing designated hitter for the North squad, got an infield single and outfielder Jim Adduci had two hits for manager Buddy <u>Continue on page 2</u>

Big or small, Grace's **Kendrick** put the ball in **the hole**

By Steve Williams

The size of the balls in the sports Bryce Kendrick played in high school were much different, but the Grace Christian Academy athlete was a marksman with either one.

The golf ball. The basketball. Bryce could put both in the hole. Kendrick did it so well, he was named Grace's male Athlete of the Year for 2011-12.

"He's a natural athlete," said Johnny Cox, who not only is the GCA athletic director but has a lot of knowledge and experience in the two sports Kendrick played throughout his high school career.

Kendrick, a Tennessee Tech golf signee, was runner-up in the TSSAA Class A-AA state golf tournament and a top scorer and all-district performer on the Rams' state ranked Class A basketball team. Kendrick has only been playing golf for four years but has made great strides during that time. He capped his prep career at Willow Brook Golf Club in Manchester last September, shooting a fourunder-par 71-69-140, only two shots back. "Grace didn't have a golf team when I started school there," recalled

The 2nd Annual Knoxville Sports Media Combine



Participants in this year's Sports Media Combine.

By Alex Norman

Next month the Summer ville Sports Media Com- this very worthy cause. bine was held at Webb School on June 16th. Patrick Brown from the Chattanooga Times Free Press won the men's competition (Under 35), Daryl Hobby from WVLT-TV was victorious in the older men's competition (35 and over), and Kris Budden from WBIR-TV won the women's division.

The 2nd Annual Knox- competition were given to

<u>Continue on page 3</u>



PHOTO BY DAN ANDREWS

VORK

Vince Ferrara in the 40 - WNML Radio (The Sports Animal) Radio Host

Olympic games will get underway in London. The world's greatest athletes will compete for pride, for country, for fame...

On the flip side of that coin... last week some current and former members of the Knoxville area sports media competed as well, and their goals were much less lofty... most were simply hoping not to break a collarbone in the process.

But the real winner is The Boys & Girls Clubs of the Tennessee Valley. All proceeds from this

Lisa Hurst, President/ CEO of Boys & Girls Clubs of the Tennessee Valley said, "We appreciate the support of the planners and participants of the Knoxville Sports Media Combine. It is important for us to partner with community members who are good role models for our kids. We, too, encourage fun, active lifestyles and teach good citizenship and

Continue on page 2

Parenting Solutions For parents of children ages 2-18 Parenting

You will learn... Practical ideas to help you address the hearts of your kids. This seminar is entertaining, encouraging, and life-changing.



Bring the whole family! Children through age 12 will learn in fun and exciting ways how they can enhance family life.

Everyday Parents CAN Raise **Extraordinary Kids!**

Strengthening the Conscience to Help Children be Internally Motivated Presented by Dr. Scott Turansky and Joanne Miller, RN, BSN

Saturday, July 28 8:45 am-12:00 noon Powell United Methodist Church 323 W Emory Road in Powell

(865) 938-2741 There is no charge but please register **Register online at** www.powellchurch.com

Heat is on in Rocky Top League

By Curtis Trotter

With the Miami Heat now crowned champions of the NBA, what's a basketball fan to do during the rest of the summer? Well, Pilot Food Stores just may have your answer or 'fix' for more of the hardwood craving. Three times weekly at Bearden High School, fans can catch up with current and past collegiate basketball players giving their all, and flooding the floor with sweat in this year's Rocky Top Basketball League.

In its 6th season, this year's league seems to be loaded with more than enough talent to please even the most common fan. With nearly twenty current and former Vols making up the league, one may walk into the unairconditioned complex and wonder if the University of Tennessee has moved its campus west of Cumberland Avenue.

Even though other schools like, Carson-Newman, Lincoln Memorial, E.T.S.U., UT-Chattanooga and Lee University are well represented, the Big Orange Faithful seem to be the ones transforming the gym from Bulldog Burgundy to orange and white. UT veterans like Ron Slay, Melvin Goins, Cameron Tatum, Jon Higgins, Dane Bradshaw, Isaiah Victor and Stephen Pearl, to name a few, seemed to have picked up where most of them left off at this premiere summer league.

One current rising senior Vol guard has taken this summer's opportunity to work on his conditioning as well as his shooting skills in the league. Skyler McBee told *The Focus* that the 'playing opportunity' alone was a privilege and honor to just be on the floor with all the past greats.

"Playing with all these fine athletes from all over the southeast region has been a wonderful thing for me. Not only for me, but for the fans that come out to see us. What a great way to mingle with fans and those kids out there," McBee said.

McBee did look sharp and conditioned in his first outing for the R. Larry Smith sponsored team when he chipped in 17 on opening night. "It's good to get a run in this time of year. We play to win these contests and have fun. We just don't want anyone hurt or to suffer an injury during the off season," McBee continued. "We really want to try and give the fans what they want to see in this league like dunks, the three point shot, and the fast paced game we all enjoy."

McBee also told The Focus that his current team does meet two hours a week with Coach Martin for conditioning and weight training on campus. The whole Vol basketball team will get even more 'world' exposure this August when they travel to Italy for two weeks. McBee sees that as a huge opportunity as well. "Tennessee has taken a trip like this before I signed on here. It's going to be a big thing for our freshman to get some team bonding and chemistry set up for the upcoming season. It will only make us better."

Another current Vol that graced the floor last week was none other than big man Kenny Hall, who anchors the Game Time Lights sponsored team



Skyler McBee with Riley and Colby Trotter

along with team mates Tyler Smith and incoming freshman Derek Reese.

Hall is excited about the league play also.

"It's good to see all these people out here watching us play and perform. I would like to see the crowds a little bigger though," the 6' 9" center continued. "We have had some huge crowds out here in the past. It will get better though. We are out here to have fun and compete of course, but this is for the community. This gives me some time with Dereck Reese as well. He's going to be special." Hall concluded.

McBee did extend a personal invitation as well to any basketball fan to come out and see this year's talent. "I want to see as many people as possible. I enjoy seeing these kids and their reaction to the players when we sign autographs. That's special to them and us. It's also a great bargain for the family. You can't beat free can you?" McBee concluded.

League play is every Monday, Wednesday, and Thursday night through the 2nd of July. Game times are at 6:00, 7:30 and 9:00 p.m. weekly. For a schedule of team play and league information, log onto www.rockytopbasketballleague.com.

Homerun Derby a crowd hit

Cont. from page 1 Bailey's all-star squad.

"I thought all our kids played pretty well," said Bailey, who returned as Tennessee's manager in 2012 after leading the Daytona Cubs to a Florida State League Championship last season. Jim got a couple of hits. Justin got an infield single."

Things started on a high note for the North All-Stars when Jackson's Denny Almonte led off the bottom of the first with a homer that produced the game's first run.

After that, however, the North Squad struggled to find any offense and dropped a 6-2 decision to a South squad that was managed by Mobile BayBears skipper and former major leaguer Turner Ward. "When Denny led off the game with that home run, I thought we were going to score a lot of runs but it didn't happen that way," said Bailey, who first managed in East Tennessee in 2008. "It was a good game



Jim Adduci



The 2nd Annual Knoxville Sports Media Combine

Cont. from page 1 sportsmanship!"

The events ranged from combine staples like the 40 yard dash and the 20 yard shuttle, to a surprise field goal kicking contest, and the always entertaining "run 50 yards, put on shoulder pads and a helmet, then run back while jumping over hurdles" contest.

The Knoxville Sports Media Combine got a real boost when the competition was opened to the significant others of competitors (in 2011, Budden was the only female contestant) as well as a rather liberal interpretation of the term "sports media." From this category came perhaps the biggest surprise of the morning... Harlow Sumerford's stunning second place finish in the under 35 category. He barely missed

out on unseating Patrick Brown from the championship perch.

Sumerford is a former news reporter at WATE-TV, and had done stories in the past that had something to do with sports... so he was eligible. Sumerford now works for U.S. Representative John J. Duncan, Jr., and showed off some previously hidden speed.

Former WBIR-TV news reporter Anthony Welsch (who has worked on their High School football broadcasts) drilled a field goal that might have been good from 40 yards. The last minute decision to kick some field goals certainly agreed with him. Former WBIR-TV sports producer and GoVolsXtra.com contributor Craig Bates, known more for his hockey prowess, showed his toughness by popping

his left shoulder back into place by slamming it into the Webb goalpost. But as WATE-TV photojournalist Steve Coy (a KSMC competitor and softball league colleague of Bates) said, "He'll be fine... this happens all the time."

Looking ahead, event organizers want to make sure that the Knoxville Sports Media Combine doesn't get too big. Pictures circulating on the Knoxville Sports Media Combine facebook page should guarantee that the public won't be confusing KSMC athletes for professionals anytime soon... If there is a budding controversy, it is the utter disregard by some competitors for touching the correct line on shuttle runs. Next year the KSMC plans on utilizing the tennis technology which lets you know if a

certain shot clipped the line, or if it was out by a centimeter. (Editor's note: That would cost a LOT of money. There is a better chance that Lane Kiffin will be coaching the Vols in 2013 than that technology being acquired).

The event went off without a hitch thanks to Webb School football coach Dave Meske, and support from assistant coach Robby Collier, and a few Spartans football players.

Justin Bour

and the two most important things that happened were that everybody who attended the game got to play and nobody got hurt."

Adduci, also back in Tennessee after stints with the Smokies in 2009 and 2011, made an impact with his first at-bat in the bottom of the bottom of the fifth with an RBI single. He also doubled in the seventh.

"It was great to be able to play in this game and I've always loved the Tennessee crowd," said Adduci, who is a favorite of Smokies fans. "This was a great experience."

Bour, who is in the midst of his first season of Double-A baseball, also took home some pleasant memories from Tuesday night's Southern League midseason classic.

He's Tennessee's top power threat. He didn't find the outfield fence put picked up an infield single in the bottom of the in the bottom of the sixth and drew a walk earlier in the game.

"This was really special for me," Bour said. "I learned that there are a lot of good players in this league and it was good to get a chance to hang out with them and compete with them."

He also had a chuckle about his all-star hit.

"That's not really what I'm known for but I was just trying to get on base," he said.

Bour, who belted six round trippers during the first half of the 2012 campaign, swings a potent stick. Fans who showed up early saw him participate in the Home Run Derby. There, he went toe-to-toe with Jackson's Joe Dunigan.

Dunigan, the Generals' all-star outfielder who socked 12 home runs during the first half and led Jackson to the first-half Northern Division Title and a playoff berth, tied Bour with seven home runs through three rounds before Dunigan won the contest in the fourth round.

"I really had the crowd behind me and I was disappointed that I didn't win it [the Home Run Derby] for them," Bour said. "But I lost to a great home run hitter in Joe." Special thanks to the following sponsors: The Knoxville Focus, LillyBug Network, JCarroll Lifewear and First Choice Chiropractic.

Next year the event will be held on May 4th at Webb School. Hope to see you there for all the fun.

North falls 6-2 in SL All-Star Game

Cont. from page 1

While the North endured offensive woes much of the night, the South squad scored in bunches early.

After spotting the North a 1-0 lead, the South answered with a vengeance. The Southern Division All-Stars, managed by Mobile BayBears manager and former major leaguer Turner Ward, scored three runs in the top of the second. Mobile right fielder Alfredo Marte,

who would receive Most Valuable Player honors, started the rally with a one-out double. Designated hitter Keyong Kang of Montgomery walked. Mississippi's Todd Cunningham tied the game with a single that plated Marte, who went 2-for-2 with a run, an RBI and a double. Kang and Kyle Shipworth, who also singled in the frame would both score by inning's end and give the South a 3-1 lead.

The South, which

snapped a seven-game all-star losing streak with Tuesday night's victory, added two more runs in the third as Mobile's David Nick started the frame with a leadoff triple and later scored on an error. Marte extended the South's lead with an RBI single that plated Matt Davidson of the Bay-Bears.

The North pulled to within 5-2 in the fifth when Smokies outfielder and Tennessee fan favorite Jim Adduci had an RBI single.

"It was great to get a couple of hits and an RBI," said Adduci, who has spent part of three seasons with the Chicago Cubs' Double-A affiliate. "I've always loved the Tennessee crowd.

The South added a run in the top of the eighth when Mobile's Marc Krauss tripled and later scored on a wild pitch. www.knoxfocus.com

Williamson eyes career in basketball weren't finished. He even-

By Ken Lay

Basketball has always been part of Ben Williamson's life.

He starred on the hardwood for Central High School before heading to college and that road was a rough one.

During his senior season with the Bobcats, Williamson signed with Birmingham Southern. Things didn't work out there as the school dropped to Division III after competing as an NCAA Division I program.

From there, Williamson transferred to East Tennessee State but his travels

tually went to Maryville College and played basketball. In 2012, he graduated with a double-major degree in Business and Organizational Management and Psychology.

Williamson, a 2006 Central graduate, is back on the basketball court in the Pilot Rocky Top Basketball League and he has aspirations for a pro basketball career.

And to end up in the pros, Williamson will undertake another long voyage.

"I hope to play either overseas or in the NBA Developmental League,"

said Williamson, who plays for the league's Rice Buick GMC team along with former Bearden stars Tony White, Jr. and Rico White. Former University of Tennessee players Wayne Chism, J.P. Prince and Stephen Pearl are also his teammates.

"It's great to play with these guys," said Williamson, who is spending his fifth summer in the Pilot Rocky Top League. It's a great league and it helps me to stay in shape."

After graduating from Maryville College Williamson, the grandson of former Farragut coach Lynn Sexton, found a job with a Knoxville area company but he wants to make money on the basketball court.

"I've talked with some agents and basketball is still my passion," Williamson said. "But this is my Plan B.

"I have a salary job because I know that you can't play ball forever."

Williamson relishes the opportunity to play summer basketball at Bearden High School in front of nearcapacity crowds against some of the best players in the Southeast.

Continue on page 4



Big or small, Grace's Kendrick put the ball in the hole

Cont. from page 1

Kendrick. "My dad went to the AD to see about starting a program."

Bryan Kendrick, Bryce's father, ended up coaching the Grace team for three years before enjoying last season from the sidelines.

"I've been a golf coach 10 to 12 years in high school and Bryce is one of the hardest workers and most dedicated kids I've coached," said Cox, Kendrick's coach his senior campaign. "He reminds me of my two sons, Jonathan and Jeremy, who played for me at Anderson County."

Jonathan Cox went on to play at Tennessee Tech and is now the golf coach at Farragut High. Jeremy played at Samford University in Birmingham in the Southern Conference and is now club pro at LaFollette Country Club and head coach at Campbell County High.

Brad Rose, the teaching instructor at Willow Creek who works with many of the top young golfers in the area, is high on Kendrick, according to Cox. "Brad said, for someone who has played for three or four years, Bryce had improved more than any kid he's ever coached in that amount of time," said Cox. "Bryce will work and I think he'll do good at Tennessee Tech because of his dedication. He's

an outstanding citizen and young man."

Cox, who also is a longtime basketball referee on the high school and collegiate level, was impressed with Kendrick in basketball. "He set a school record for 3-pointers and shot 47 percent behind the arc," he pointed out.

Kendrick scored 20 or more points in 15 of 27 regular season games for Coach Matt Mercer's team.

"I love both sports, but golf is my favorite," said Kendrick. "We talked with the coach at Tennessee Tech about me walking on in basketball, but Dad and I decided it would be too much of a load. I plan to major in engineering."

Kendrick had a 3.8 GPA and scored 28 on the ACT.

With those kind of scholastic numbers, Bryce probably could easily figure out if the proportions of golf ballto-cup and basketball-to-hoop are close to being the same. Whatever the answer, the way Kendrick played for the Rams this past school year, not a lot of room for error was needed.

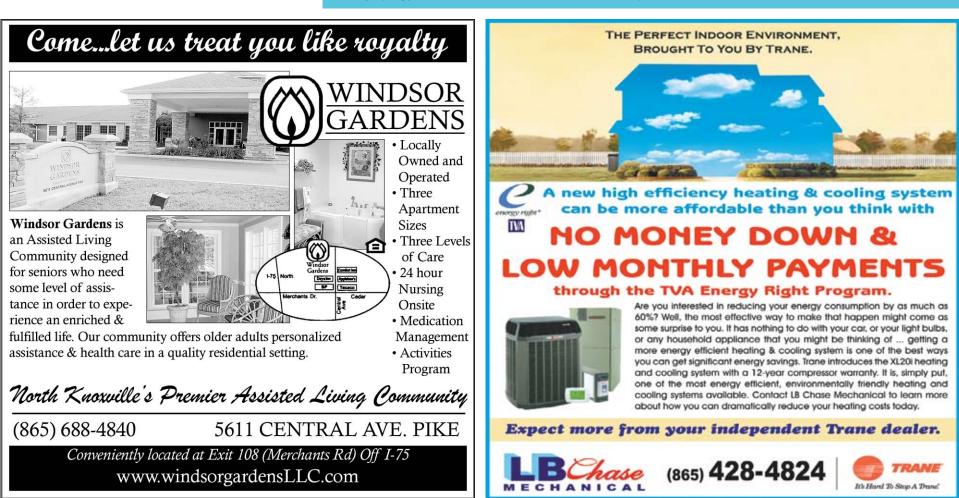


Bryce Kendrick, Grace Christian Academy's male Athlete of the Year, stood out as a basketball scorer as well as one of the state's top high school golfers. He'll continue his athletic career as a golfer at Tennessee Tech.



More notes and quotes about Knox County high school Athletes of the Year in The Knoxville Focus' July 2nd issue.

Jesse Kiapperick (right) and Jordan Cormack were South-Doyle High's Athletes of the Year. Kiapperick lettered in soccer and track, while Cormack played football and baseball. "Both of these students exemplified the true meaning of student-athlete," noted South-Doyle Athletic Director Clark Duncan. "Not only are they leaders on the playing fields but in the classrooms and the hallways as well."



Arts & Entertainment



KnoxLife pastor Sean Alsobrooks with his daughters, Madison, age 7, and Emerson, age 5

A visit to Beardsley Farm



By Sarah Baker bakers@knoxfocus.

that she really enjoyed. In case you don't already know, Beardsley Farm is a community farm that provides fresh, organic produce to shelters and food pantries. They also provide tools and support for members of the community to grow their own produce.

had taken a

there

class

In 1996, the city of Knoxville provided funds to convert the former grounds of Beardsley Junior High into a garden and a greenhouse. Presently, Beardsley Farm has raspberry and blackberry brambles; Musca- also brought along his daughters, tine grapes and blueberries; a fruit

Beardsley Farm with a weeding tool hen-keeping, and more. During my visit, I asked about a class on container gardening and the farm manager, Khann Chov, said, "It's been a while since we've had a class on that, but we'll have another if you want us to." Talk about flexibility and meeting the needs of the community!

On June 16, they hosted a community workday and chicken workshop. Seeing as how I live in a condo, I felt no need to attend the chicken workshop but I enjoyed my job of weeding the butterfly garden. Other opportunities for volunteers on Saturday included spreading clover seed, building borders, removing invasives, and weeding flower beds. People of various ages and ethnic groups were there enjoying the fresh air, sunshine, and the company of other nice people. As one fellow named Larry said, "You can't buy a day like this." KnoxLife pastor Sean Alsobrooks was one of the nice people working with me. Alsobrooks Madison, age 7, and Emerson, age I think it is true. For more informaorchard, and a community garden. 5. "We love coming here to help, tion about Beardsley Farm, e-mail Workshops offered at Beardsley because they grow food for the combeardsleyfarm@gmail.com. Farm include vermicomposting, munity. Our mission (Knoxlife) is to

Saturday morning found me at beekeeping, mushroom logs, urban love God and love people by showing up. Beardsley is a tangible way to serve your city." It sure is.

Walking onto the farm as a volunteer for the first time, I was greeted and given a job like I'd been there a dozen times before. AmeriCorps member Karina Costa put me right to work and then kindly checked with me a few moments later to make sure I was comfortable with my assignment. There was a spirit of cooperation and gratitude that made everyone working feel at ease and satisfied with the tasks at hand. The staff at the farm enjoys teaching people about small steps they can take to make a difference. If you're looking for a way to contribute or if you want to learn more about organic farming, I highly recommend you look into volunteering or taking a class at Beardsley Farm. Getting my hands dirty and seeing the results of my effort was almost as rewarding for me as knowing I was helping my community. Who was it who said, "You can bury a lot of troubles digging in the dirt"? I don't know, but

Celebrate the 23rd Anniversary of the KUUMBA Festival

chian Arts, Inc. (AAAA) and area sponsors are delighted to present one of Knoxville's most anticipated and attended events, the 23rd Anniversary KUUMBA Festival June 28, 2012 through July 1, 2012 at three premier locations throughout Knoxville: East TN History Center on Gay St., Downtown/Market Square and Chilhowee Park.

KUUMBA (Ki-swahili for "creative") Festival is a multi-event celebration with more than 200 entertainers performing on two stages, demonstrations, and service by more than 100 crafts' people and food vendors. (AAAA) Chair says, "This is going to be the best KUUMBA ever and a marvelous time that people will remember for years to come." The KUUMBA Festival is the largest African American Cultural Arts Festival in East Tennessee. "This is more than an event, it is a cultural celebration," says Avon Rollins, Director of the Beck Cultural Center.

Beginning Thursday, June 28, KUUMBA kicks off at the East Tennessee History Center from noon -2 p.m. with an opening luncheon featuring Ekpe Abioto, World Renowned Artist, Percussionist, Master Storyteller and Drummer who presented notable musical tribute at the late Alex Haley's funeral. Ekpe Abioto will share stories form the South and other stories from around the world. People will enjoy his exciting rhythms and his soulful and melodic presentation on Flute and other instruments from Africa and around the world. Musical guest Artist Kelle Jolly and The Soul Sax Trio will also be performing through out the luncheon. There will also be an artist exhibit by featured Artist Hawa Ware Johnson; owner of Palavah Hut in Knoxville, Tennessee. Hawa will be speaking about her experience as a refugee in the Liberian Civil War titled "Crossing the Cavalla." There will be poetry, drums, dance, and stilt on site.

African American Appala- Kuumba International Film Festival on Market Square featuring filmmaker Armaa Johnson's directorial debut that focuses on the living conditions of Liberian immigrants living in Staten Island, New York. Starting in Downtown Knoxville at 6 p.m., the JUNK-ANU (Parade) on Gay Street and Market Square features festival participants, the original Free Spirit Stilt Walkers, Kuumba Watoto Dance and Drum Company, churches, and community groups who strut, drum, and dance. Enjoy the African Market Place on Market Square with traditional crafts, clothing, and foods. "Taste of Africa & the World" Tasting and Competition (Presentation of People's Choice Award). Junkanu Parade culminates with a live concert featuring Jazz Artist Andre Delano, known for his collaborative works with Maxwell, Usher and Christina Aguilera.

On Saturday, June 30 at Chilhowee Park gates open at 11 a.m. Enjoy the African Market Place with traditional crafts, clothing, and foods; the World Children's Village; and two entertainment stages. From 9 a.m. - 1 p.m. the First Kuumba Zumba Marathon will be held at Chilhowee Park. From 2 p.m. - 6 p.m. Knoxville's Greatest Talent Talent competition will take place. From 6:30 p.m. - 7:30 p.m. the original Free Spirit Stilt Walkers and Kuumba Watoto Dance and Drum Company will delight. FEA-**TURED ARTIST On Center** stage at 8pm CASH MONEY **RECORDS Presents JOSH** GATES. Admissions: \$5.00 before 5PM; \$10.00 after 5PM. children 6yrs. & under FREE.

Sizzlin' Summer Exhibits at FCAC!

By Sylvia Williams

When looking for great summer destinations for the whole family, think of the Fountain City Art Center. All of our exhibits are appropriate for all ages and no admission is charged. Currently, we have on display the 7th Annual FCAC Open Show with both 2-D and 3-D art in every medium imaginable! Entries came in from all over East Tennessee. The "Best of Show" award of \$200 went to Marty McConnaughey for a sculpture with a large stained gourd, hand woven pine needles, bone, and driftwood.

From July 20 to August 17, visitors will be able to enjoy a vibrant new exhibit of watercolors, oils, and pastels by Mary Secrist and Suzanne Jack. From

August 24 through September 28, the Art Center will house one of the most remarkable art installations seen in Knoxville for years. Jessica Gregory has been building a castle out of recycled materials. The castle will fill most of the Center's exhibit space. Visitors will be able to

walk through and explore the castle. Linda Leilani Bohanan has created animals of all sizes, real and imaginary, to be a part of this exhibit. The most amazing animal structure is a life size battle horse. Don't forget to check out this exhibit with your children!

Continuing on Friday, June 29, Market Square, from 10 a.m. - 3 p.m. is the Youth Arts Extravaganza.

Ending on Sunday, gates open at noon and close at 9. Relish in the African Market place as the early afternoon brings forth the Gospel with GOSPEL IN THE PARK and the Knoxville Zoological Garden's Petting Zoo from 3-5 p.m.

For more information call 865-951-2356 or visit www.kuumbafestival.com.

Williamson eyes career in basketball

Cont. from page 1

"It's a privilege and a blessing to play in this league in front of all these fans," he said. "Several of these players are professional and basketball is how they make their money."

Throughout its existence, the Pilot Rocky Top League provides a fan friendly atmosphere and Williamson loves that aspect of the league.

"It's great to see this community support basketball and it's great for me to sign autographs for kids," he said. "Some of the guys don't realize it, but these kids all look up to us."

Fans see Williamson showcase his skills on Mondays and Wednesdays. What they don't see is the tireless work in the weight room.

"I still work out three hours every day," said the 24-year old Williamson. "I do an hour of cardio, an hour of weights and an hour of sport-specific basketball stuff."

Beer commercials. A perfect moment to talk about alcohol.

An alarming number of pre-teens are drinking alcohol which makes it urgent to find every opportunity to talk to your kids about the dangers of underage drinking. For tips on how - and when - to begin the conversation, visit: www.underagedrinking.samhsa.gov











The Doctor is in

a weekly column by Dr. Jim Ferguson

Black (and Red) and Blue

I don't understand it, but Becky loves to pick blackberries. And since I love her I'm often pressed into service. I do love eating blackberries as I pick them; the trick is to not go overboard, but save enough berries for blackberry jam to enjoy all winter long.

Most of the time berry picking is a solitary endeavor. Though the occasional "Ouch" is heard from the adjoining brush, there's usually not a lot of banter with your partner. As I harvested the lush bounty of summer (and yes, ate my fill like an ole bear preparing for winter) my essay of the week came to me. You might find that strange, but it's really not, because our world is full of stories if you have "eyes to see."

Blackberries usually ripen around the Fourth of July in our area, but it's been warmer this year and

they're coming in season now. And so as I participate in the harvest my mind wanders, until I'm pricked back to reality by the evolutionary survival advantage (thorns) nature afforded blackberry plants.

We are all solar powered. No, I'm not talking about the politically correct and not ready for prime time "Green Energy" imbroglio. I'm talking about stellar fusion of hydrogen that powers our sun and the stars of the universe. Imagine millions of nuclear bombs exploding every second, majestically balanced by the sun's gravitational collapse, and you have a picture of our sun. Now imagine the radiant energy of those explosions streaming across space to warm and power our planet. This same energy flows



into the blackberries that I now pick and consume the stored solar energy.

As I worked my way through the patch I observed various stages of the fruit's development. Some berries receiving less light were still green and others were further along, moving through a beautiful red to the coveted succulent black. The colors made me think of checker boards and bruises.

Bruises!? Where's he going with this, you ask? If you've ever picked blackberries you know that it's virtually impossible to pick them and avoid pricking your fingers; that is unless you forage in a hybrid berry

patch. A hemophiliac should not pick wild blackberries. No pain, no gain I say, as I scan the stains on my fingers and wonder how much is from berry juice or the drops of blood akin to diabetic testing.

We take the healing of injured parts for granted. With injury a majestic and intricate repair process is activated. First, tiny blood elements called platelets plug the hole caused by the blackberry thorn. Next, coagulating proteins coalesce and form a temporary patch over the platelet plug. Finally, our natural repair workers show up with the equivalent of reconstruction blueprints, dry wall, spackling and paint. When the booboo is repaired the healing process shuts down; if it doesn't and proceeds without control, cancer results. This whole process is organized and directed by chemicals called cytokines produced and released by injured cells.

All of us have experienced a bruise. Imagine blood as red as an unripe blackberry escaping from a punctured blood vessel. Hopefully, the rupture is plugged, but the already extruded blood collects and eventually the red blood cells begin to breakdown releasing their oxygen-carrying hemoglobin proteins. You've undoubtedly noticed that venous blood is a deeper maroon color because it has already given up some of the oxygen in the capillaries. As hemoglobin gives up its oxygen, the molecules change shape and reflect light at a different wave length which we see as a different color. The same process occurs in a bruise as the pigments change and go through an evolution of colors. Blackberries transform from green to red to black. Bruises go from red to bluish-black and even to greenish and yellowish hues.

Our ability to see occurs on multiple levels. Is there more than what we perceive? Sometimes we get so wrapped up in

ourselves we don't consider the perspective others or see other realities around us. Have you ever watched ants? I don't think they think, but they have a reality just as we do. I once imagined our solar system as an atom with the nucleus analogous to our sun. And swirling around the nucleus were planets instead of electrons. Could our solar system and others be a part of a leaf on some cosmic tree catching and storing light like blackberry bushes? I wonder what would happen if our cosmic berry was picked, or if we would even perceive pigment changes in our leaf in the fall.

The universe is vast and wondrous whether we see it or not. It extends from quasars to quarks and beyond, even to the throne of Creation and The Creator.

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital. For appointments

call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at jferguson@ summithealthcare.com.

Hike for a cause, experience an adventure

CureSearch for Children's Cancer's 2nd Annual Knoxville

help, in some way, to cure childhood cancer. Well, lace up those

held around Knoxville and a registration donation of \$100 will be p.m., Blue Ridge Mountain Sports hiking boots and get ready to required. RSVP to join one of the – 4610 Kingston Pike Knoxville accomplish both of these goals following information sessions • Saturday, July 21, 9:30 to learn all of the details on hike weekend, training and fundraising goals:

Friday, July 20, 6:30

daily workout calendar and biweekly group hikes, support and coaching from experienced Hike Leaders and CureSearch staff, trail support (i.e. hydration, energy bars, first aid and more) at three locations throughout the hike, an Ultimate Hike wicking shirt, a pre-hike pasta party and a post-hike victory breakfast.

Ultimate Hike

If you love adventure and crave a new challenge, then Cure-Search for Children's Cancer Ultimate Hike is for you! On October 13, 2012, participants will hike 28.3 miles* of the Foothills Trail, in one day, while raising funds for pediatric cancer research.

Let's say you've always wanted to get into hiking. And let's just say you have always wanted to

in a single adventure. The Ultimate Hike is a one-day event in which ordinary folks complete an extraordinary feat on trails around the country.

The Knoxville Ultimate Hike opportunity will be held this fall on October 13 when determined participants will hike 28.3 miles of the Foothills Trail in an effort to help find a cure for pediatric cancer. Each hiker is required to attend one information session

Tuesday, July 10, 6:30 p.m., Uncle Lem's Outfitters

Wednesday, July 11, ٠ 6:30 p.m., Outdoor Knoxville

Thursday, July 12, 6:30 • p.m., Mast General Store

Thursday, July 19, 6:30 • p.m., Blue Ridge Mountain Sports - Farragut 11537 Kingston Pike

p.m., Ijams Nature Center Multi-**Purpose Building**

To register for an Ultimate Hike Information Meeting -visit www. ultimatehike.org/knoxvilleinfo

Wondering what's included in your hiking experience besides all that good exercise and good will? Participants receive hotel accommodations for two nights, transportation to and from the trail on Hike Day, a 12 week specialized training program plus a

Ready? Set! Hike!

To register for an Ultimate Hike Information Meeting - visit www. ultimatehike.org/knoxvilleinfo

Featured Speakers

STEPHEN BOYCE, M.D. K. ROBERT WILLIAMS, M.D.



Get the Facts About Surgical Weight Loss

Tuesday, June 26 5:30 p.m. **Turkey Creek Medical Center** Johnson Conference Center

10820 Parkside Drive



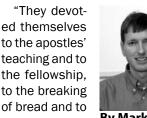




The Knoxville FOCUS

Faith

The Eucharist



of bread and to prayer...Everyday they continued to meet together in the of Christ temple courts.

They broke bread in their homes and ate together with glad and sincere hearts" (Acts 2:42, 46).

In my religious tribe of Churches of Christ, the Lord's Supper, or Eucharist, was something celebrated each week. It is taken very seriously and regularly as was the tradition of the early church. While we don't know the order of any worship service from the first century, we are confident that breaking bread in the Lord's Supper was regular practice. Whenever the church met, they broke bread and celebrated the reason for their hope, mission, and purpose - the death, burial and resurrection of Christ.

If someone was to attend our congregation for the first time and they never took communion before, they might be a bit confused. Men from the back come down the aisles in precision (in other churches they might come from the front) to serve little pieces of unleavened crackers in trays, and then a second time serving grape juice in little cups also in trays. Truly, it is not a supper, but a snack to any observer from the outside. But for those who participate in remembering the significance of this holy moment, it is much more than a snack or meal. It is a time for reflec-



Brackney, **Minister of the Arlington Church**

of this meal. It is a time to ask questions like, "What more does God want from my life? How might God want me to connect with His mission for this world?"

present as host

Some have told me that we should take the Lord's Supper less often in order to make it more meaningful. I disagree. In fact, I think we should take it more often. Why would anyone not want to participate in this gospel moment as much as possible? Is God really worried that we might think of Jesus and the implications of His presence in our life too much? If we worry about such things, perhaps our view of God needs to be reconsidered.

Each time we break bread at the table, we are turning the world upside down as we show the world God's grace. It is His table. While it is taken in many different ways (some with chants, some in silence, some with prayers, some with one loaf and one cup, some with serving each other), it brings us together and changes

us. At least it should. Communion also reminds me of my baptism into Christ, when I declared publicly that "I believe Jesus is the Son of God and my Lord." Life is no longer about Mark, but about living for King Jesus. It is about loving God and others. Dying to self in a watery grave of baptism and being raised to a different kind of life, a gospel life is exhilarating. Breaking bread reminds us of this commitment.



Pug and Russ Woolard

A Summer of Southern **Gospel Music**

"Beautiful words, wonderful words, wonderful words of life,

"Beautiful words, wonderful words, wonderful words of life." (Philip P. Bliss, 1874)

I heard the lyrics of this

chorus coming from the television. It was actually time for the late night news. As I worked the remote control, it accidentally went to another channel. The Gaither Gospel Hour was just beginning with this timeless hymn. The program was not in our plans, and we did not have time to watch it. Southern Gospel Music is the kind that may cause you to tap your foot, or it may make you shed a tear; but, it always touches your soul. Such was the sound of "Wonderful Words of Life." I had not heard it in years. For the next hour, my mother and I watched the entire program and were so blessed by the beautiful blend of



By Ralphine Major ralphine3@yahoo.com voices lifting up praises to our Heavenly Father. The opportunity to hear more Southern Gospel Music is coming to Knoxville--and soon.

New Destiny Productions, LLC, a company founded in

January 2010 by Pug and Russ Woolard, is bringing "first-quality Christian music events with a ministry focus" to the area. The Woolards had heard great Southern Gospel Music on the radio and television, but it was a life-changing event when they attended a Bill Gaither concert. I can understand their enthusiasm. I have been a fan of Bill and Gloria Gaither's music since the two former teachers changed careers. "This was our first experience seeing Southern Gospel groups live," Russ said. "During that night, the awesome prestime active members of Wallace Memorial Baptist Church in Knoxville, Tennessee, where they are involved in adult Connect groups and mission activities. The Woolards are active as Advocates for Compassion International; and they are supporters of Camp Ba-Yo-Ca, the Knox County Tennessee Baptist Youth Camp. After their personal experience at the Gaither concert, the Woolards felt that God was also calling them to another ministry. It is their desire, through New Destiny Productions, to provide this "powerful music in a concert atmosphere without denominational barriers, give people an opportunity to hear the gospel, and invite them to receive Jesus."

New Destiny Productions has scheduled two spectacular concerts for this summer. "Summer Singing in the South" is the first concert on Saturday, July 21, 6:00 p.m., at Wallace Memorial Baptist Church, 701 Merchant Drive, Knoxville, Tennessee. Doors open at 5:00

p.m. Those attending will be blessed by the music of Barry Rowland & Deliverance, Brian Free & Assurance, The Whisnants, CS&K Trio, and Knoxville's own Katelyn Parker.

The second concert, "Here We Are Again Tour," is scheduled for Saturday, August 25, 6:00 p.m., Chilhowee Hills Baptist Church, 4615 Asheville Highway, Knoxville, Tennessee. Doors open at 5:00 p.m. Featured singers include Ernie Haase and Signature Sound. New Destiny Productions is using iTickets, www. itickets.com, a web-based ticket company. A percentage of proceeds will go to support Camp Ba-Yo-Ca, a ministry dear to the Woolards' hearts. To learn more about these and upcoming Southern Gospel Music concerts, Pug and Russ invite you to visit their website at www.newdestinyproductionsllc.com. Even now, plans are being made to bring more of that Southern Gospel sound to this area in 2013!

tion on how much God loves us. It is a time to remember that Jesus is

ence of God was there and each song touched us and many others." Russ and Pug are long-

Shine" car show on August

Church Happenings

Beaver Ridge United Methodist Church

Beaver Ridge United Methodist Church, 7753 Oak Ridge Hwy (at the Karns Traffic Light) will sponsor a Medic Blood Drive on July 11. Donors may come to Room 209 in the main building; church office entrance anytime between 10:30 a.m. and 5:30 p.m. For more information please call the church office: 690-1060.

Beaver Ridge UMC will have their 3rd annual Outdoor Worship Service on July 1st at 10:30 a.m. Please join us for singing, hand clapping, preaching and lots of praising God! After the service, we will enjoy fellowship and dinner on the ground. The church will provide fried chicken. Bring a side dish,

salad or dessert to share is located at 7212 Central and join your neighbors!

Glenwood Baptist Church

The 2nd Annual Family Festival of Faith & Fun will be held on June 30 from 2-6 p.m. Door prizes, inflatables and games from 3:17 Adventures including SlipNSlide, Jumper, Obstacle Course, and more. Also, face painting, clowns, balloons and carnival foods such as hot dogs, corn dogs, popcorn, cotton candy, snow cones and soft drinks.

Christian music provided by radio station 106.7 The Light.

Special Guests: Knox County Sheriff's Office - K-9 Officers, Life Skills Officers and Animal Control Officers Glenwood Baptist Church Ave. Pike, Powell, TN 37849. For Info: (865) 938-2611 or www.glenwoodpowell.com. Cost:Free for everyone

KFL Outreach Ministry Presents

The Knoxville Fellowship Luncheon (KFL) will meet June 26, 2012 at the Golden Corral on Clinton Highway, at noon. Gaven Bales will give his testimony. Neil Silverberg is the Senior Pastor of Trinity Chapel, which is located at 5830 Haynes-Sterchi Road, Knoxville, TN 37912.

Bio at http://kfl-luncheon. com.

South Knoxville **Church of God**

Join us for the 3rd Annual "South Show and

10 from 9 a.m. till 2 p.m. Registration will begin at 9 a.m. and conclude at noon, with judging from 11 a.m. till 1 p.m. Dash plaques and T-Shirts will be given to the 1st 50 cars that register. All muscle cars, street rods, motorcycles, antiques, trucks, VWs and tractors are welcome. Trophies will be given for the top two finishers in each class. This is a fundraising event with all proceeds benefitting the Appalachian Children's Home. The Children's Home is a

Come worship with us New Beverly **Baptist Church** 3320 New Beverly Church Rd. Knoxville, TN 37918 Rev. Eddie Sawyer, Pastor

www.newbeverly.org 856-546-0001 Sunday School 10 a.m.

Sunday Morning Worship 11:00 a.m. Sunday Evening Worship 6:00 p.m. Wednesday Evening Prayer 7:00 p.m. Wednesday Evening Youth 7:00 p.m. **Bus Ministry** For transportation call 546-0001 state licensed institution and emergency shelter for boys and girls under the age of 18, which strives to provide a stable, loving Christian environment for the well being of the whole child. If you would like to know more about this event either visit us on Facebook or call 865-573-4141 for details.

Church of God is located approximately 1 mile off Chapman Highway at 5623 Magazine Road. For further information on upcoming events, church activities, or directions, please call our church office at 573-4141, or visit our website at SKCOG.COM.

The South Knoxville

2nd Annual Family Festival of Faith & Fun SATURDAY, JUNE 30 | 2-6 P.M.

GLENWOOD BAPTIST CHURCH Free for everyone! Poor prizes, inflatables and games from 3:17 Adventures including SlipNSlide, Jumper, Obstacle Course, and more. Also, face painting, clowns, balloons and carnival foods such as hot dogs, corn dogs, popcorn, cotton candy, snow cones and soft drinks.

Christian music provided by radio station 106.7 The Light.

Guests include Knox County Sheriff's Offices K-9, Life Skills, and Animal Control Units. Proclaiming God's word by extending His love to

friends and neighbors



halls christian church

Corner of Hill Road and Fort Sumter Road Larry Woods, Minister · 922-4210 · www.hallschristian.net

Sunday School - 9:45 a.m. · Morning Worship - 10:45 a.m. Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

Where Christ is Making a Difference in Our Lives and in Our Community

House to Home

ANTIQUES & COLLECTIBLES

Finding goodies on vacation

Vacation can be a great time to find antiques and collectibles while traveling or even staying at home. There are several important things to think about that I wish to share with you.

First of all, don't be like me and spend too **B** much time on your

laptop or out shopping when you are on vacation. Time with your family should come first.

Another thing to consider is the variety of 'goodies' you may find in different regions. If going North to Ohio or beyond, you can pick up advertising, 19th century items, Civil War, military, decorative arts, folk art, mid century modern, old firearms and more. You have a very target rich environment right now with the economy and larger populations, and the key issue of what is popular in one area is not in another.

Go up to vacation in the Great Lakes area. Cash is king, and you will be amazed at the deals that you can find everywhere.

Going South is far different, yet if you do the homework it can be very productive. Go online and look for rural auctions that will be happening in areas you are traveling to and pick up local weekly papers to search for other type of sales that are away from tourist areas.

Traveling West can be very good, and is one of my best-kept secrets. During the 1950s, there were many that moved out West to Arizona, California, Oregon, Washington State



By Carl Sloan

FOUNTAIN CITY AUCTION

Please join Fountain City Auction, July 6 at 6 p.m. for deals galore with hundreds of estate items to be sold. Come to 4109 Central Ave Pk 37912. Or call Greg Lawson for info on the sale or any items that you may have to include. 865-604-3468.

and others to start a new life away from the hustle and bustle. These folks took all of their belongings and valuables from fine art and other things dear to them and very dear nowadays to set up housekeeping in the wild new world as it was back then. The downsizing and estate liq-

uidations that is currently resulting

from this era's migration is simply

amazing today. You can go to lowa, Oregon, or Washington and find old masters' art work, fine silver, and incredible furniture. The list is endless for the items brought from New York and other large cites. I have purchased antiques in Oregon antique stores that had prices that were fifty years out of date and things you can never find anymore.

You can certainly find some great deals away from home, but the rub is that you are miles upon miles from the Duck Pond and shipping is quite expensive. I once found a pristine 1920 porcelain gas cook stove sitting in an antique store in Eugene, Oregon for \$95. If that same stove were here, it'd easily go for \$3,500. You will definitely have to consider size in your purchases as shipping costs can quickly minimize your deal.

Sites like Craigslist are a good way to scout out the area that you are planning to visit and make contacts in advance. With a little foresight, planning, and some effort you can be just as good as any pro-picker out there when going away from home.

If sticking around town is vacation plan, be certain to look for local happenings that folks working can't do because of timing. Here I suggest the Oak Ridge High School Parking Lot Flea Market, the Lake City Auction on Tuesdays, as well as other weekday and evening sales. Consider a day trip to downtown Cincinnati, Ohio to attend auctions or estate sales like the Main St. Auction, which has been in business with the Karp family since the 1890s. They conduct estate auctions every Tuesday morning starting at 10 am til 2 p.m.

Fountain City Auction is having a great one July 6 at 6 p.m. with hundreds of deals and everything that you can imagine. I've seen the inventory and it is abundant in every category, all items at absolute auction with no reserves.

Scouts enjoy Twilight Camp

During the week of June 4, 112 Cub Scouts from the Echota District took part in a Cub Scout Twilight Camp held at Crown College in Powell. The theme for this year's camp was CSI (Cub Scout Investigators). The Cub Scouts learned about citizenship and flags. They were able to work on their photography skills and learned how cameras at one time used film and how it was developed. They learned first aid skills including mouth to mouth and how to handle a choking situation usingthe Heimlich maneuver on someone else and themselves. The boys used their engineering skills to build a container to keep their eggs from breaking during an egg drop. They were also able to do what all boys love to do shoot bbs, archery and sling shots on supervised ranges. There was one mystery that ran through the whole week - who stole the cookies? The boys were given clues throughout the week and it was up to them to solve the mystery. Closing camp fire was





Kitchen tips to speed you along

From Home & Garden 1. Pancake squares: Tired of standing at the griddle making pancake after pancake? Prepare them all at once. Spread pancake batter in a greased jellyroll pan and bake for 15 minutes. Cut the pancakes into four inch squares and serve.

2. No-hassle garlic: Garlic skins slip right off after microwaving for 12 seconds.

3. Easy peeling: To easily peel hard-cooked eggs, drain the water immediately after a cold water rinse, place the eggs back in the pan to cool in the refrigerator. Once cooled, shake the eggs in the pan with a back and forth motion and watch the shells magically fall off. Yolks will stay yellow from the cold water rinse.

4. Holey hamburgers: Hamburger patties cook much quicker if you make a hole in the center of the patty. As the hamburger cooks, the hole disappears.

5. Cheese freeze: Trying to grate mozzarella cheese? Place it in the freezer for 15 minutes. When it comes out it will be easy to grate.

6. Perfect piecrust: When baking your favorite pie, prevent excessive browning of the crimped outer crust by cutting a square piece aluminum foil slightly larger than the pie plate. Then cut a large circle out of the center and lay the foil over the pie, so the center crust is visible but the foil covers the crimped outer crust.

7.Batter splatter: Before using an electric mixer, put a hole in the center of a paper plate larger than the width of the two beaters. Cover the mixing bowl with the paper plate and put the beaters through the hole to prevent splatters while you are mixing. This also saves time on clean up.

8.Meaty muffins: Meatloaf baked in muffin tins saves time and looks cute as can be.

9. Slice and dice: Use a butter pat slicer to cut mushrooms quickly, safely, and easily.

I must confess that I haven't tried any of these tips but I'm going to test them all out in the coming days and will let you know if they work.

Thought for the day: Rather have it and not need it, then to need it and not have it.

Send comments to: rosemerrie@att.net or call 865-748-4717. Thank you.



Scouts at Twilight Camp earlier this month.

held Friday night, with the egg drop competition, State Rep. Bill Dunn presenting the boys with Tennessee State Blue Books and a Story from our Cub Scout story teller Rudy.

The Echota District is part of the Great Smoky Mountain Council of the

Boy Scouts of America. The Echota District covers all of North Knox, including Powell, Norwood, Fountain City, Halls, Gibbs and Corryton, and all of Union County. If you would like more information on Scouting call Doug Buchanan at 865-405-3599. Wednesday Evening Service 7:00 p.m. Senior Pastor - Rev. Frank Carman Assoc. Pastor - Dr. Shannon Mahurin





JUST LISTED! Country Setting - Quiet & Private! Home + 21 Ac's. Spacious 2 br home with large rooms, well maintained and updated. Hardwood floors, ceramic tile & more. Large covered front porch with gorgeous views. \$198,900

JUST LISTED- Estate 3br home with some updates, carport, and fenced yard. Large backyard with storage building, located in North Knox off Baxter. \$39,900

New Foreclosure - Halls Split foyer with 2131 SF + garage. Large corner lot. Some TLC needed. \$99,900

FTN CITY - HISTORICAL This 2 stry home built in 1899 is a beauty, featuring 5br/4ba, 2 masters, french & pocket doors, claw foot tub, built-ins, fenced back yard, 3 car detached garage, carport and so much more. \$249,900 QUIET & PEACEFUL yet near county line and only min's to Halls. Brick & vinyl basement rnach on 2.30 located on dead end street, 1794 SF home, 3br/2.5ba, large den, total 5 car gar, built in 2000. \$189,900

HOLSTON HILLS/CHILHOWEE AREA Spacious 3br/2ba ranch well maintained and located on a dead end street. All kitch appliances to remain, large master suite & more. \$84,900

5 WOODED ACRES Near county line. Water, electric, cable, etc available. Subdivision with large lots. \$39,900

LAKE NORRIS LANDING Level lot with gorgeous views. Boat ramp and lake access available. On site marina with gas & floating restaurant being built. Near golf course. \$69,900

FOR A COMPLETE LIST OF AVAILABLE HOMES TEXT 865-256-3805, VISIT WWW.TAMMIEHILL.COM OR EMAIL: TAMMIELHILL@CS.COM.



PAGE D4 ANNOUNCEMENTS

Career Night

Coldwell Banker Wallace & Wallace, REALTORS® has five offices in the east Tennessee area, and will be hosting a Career Night at each of their locations on Thursday, June 28 at 5:30 p.m. The Principal Broker at each location will be present to answer any questions you may have about obtaining your Tennessee real estate license.

No appointment is necessary for those interested in learning how to make money in real estate. For more information about CBWW's Career Nights, contact Mike Pappas at 693-1111, email at mpappas@ cbww.com, or visit www. cbww.com.

CHS Reunion

Central High School Class of 1948 will hold its 64th year reunion Saturday, July 28 at All Occasion Catering, 922 N. Central Street (one block south of the old Sears store). Join us at 11 a.m. for a time of fellowship to be followed at lunch at noon. For further information contact Mary Frances Tucker at 539-6242 or mfgvt@gmail.com.

Finchum-Dougherty reunion

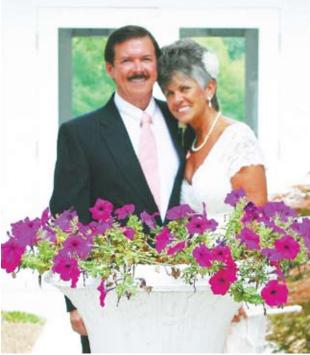
The children of Jane Finchum-Dougherty invite family, friends, classmates, acquaintances and former coworkers for light refreshments to honor her for her 80th birthday. The reception will be Sunday, July 8, 2012, 3 - 5 p.m. at the Gibbs Ruritan Club, 7827 Tazewell Pike, Corryton, TN. No RSVP necessary, just come and reminisce with old friends.

Fountain City Republican Club meeting

Fountain City Republican Club will meet Monday, June 25 at Shoneys on north Broadway at 6:30. State Representative Bill Dunn will be the speaker. All Republicans are welcome to attend. For more information contact Michele Carringer at 247-5756.

LeConte Photographic **Society meeting**

LeConte Photographic Society will hold its monthly meeting on Tuesday, July 3, 2012 at 6:30 p.m. at the King Family Library, 408 High Street, Sevierville. This meeting is free and open to the public. The program will consist of three divisions for competition



Wedding Bells rang for Minerva Webb Ridner and Robert Michael Courtney Sunday, June 10. Their love story began in 4th grade at Inskip Elementary and after 45 years they have reunited in Wedded Bliss.

and category of "Monochrome." Please see our website for more information Ye Olde Burlington about our club: http:// LeContePhotographic.Com.

Mobile Meals call for volunteers

lives of the homebound elderly, this summer! Deliver Mobile Meals! If you could help just one morning, please let us know! We really need help! You may call

an assignment 524-2786 or email jennifer. oakes@knoxseniors.org.

Gang reunion

Ye Olde Burlington Gang will hold its annual reunion/ dinner at 6 p.m. Thursday, June 28, at Macedonia Make a difference in the United Methodist Church, 4630 Holston Drive. Anyone who grew up in Burlington is welcome to attend. There is no charge, but attendees are asked to bring a covered dish.





Little goodies from

Orange Tomato Basil Soup

1/4 cup butter 1/2 cup onions, chopped 2/3 cup carrots, minced 2 tsp garlic, minced 2 tsp dried basil 1/2 tsp crushed red pepper 56 oz Italian style tomatoes, drained and diced 3 1/2 tsp orange zest 1/2 tsp sugar 1/2 tsp salt 6 cups water

- 3/4 oz chicken base (available in
- soup section at Food City)
- 6 TBSP orange juice

Melt butter until hot and add onions and carrots. Saute stirring until vegetables are tender, about 3 to 4 minutes. Add garlic, basil and red pepper and saute, stirring, for 2 more minutes. Combine water and chicken base and stir until well blended. Add tomatoes, orange zest, sugar, salt, and chicken broth. Bring to a simmer and cook uncovered until vegetables are tender, about 25 to 35 minutes. Stir in orange juice prior to serving.

Cherry Crunch

- 1 16 oz can cherry pie filling
- 1 stick butter, cut into small pieces
- 1/4 cup plain flour
- 1/2 cup sugar
- 1/2 cup oatmeal

1/2 cup slivered almonds

Pour the pie filling into an 8x8 pan which has been sprayed with cooking oil spray Work butter flour, and sugar together to form large crumbs. Work in oatmeal. Sprinkle almonds evenly over' pie filling and then sprinkle crumbs evenly over that. Bake at 350° for 35-40 minutes or until bubbly and brown. Serve warm with vanilla ice cream.

CLASSIFIEDS

SERVICE DIRECTORY

AUTO TECH

AUTO TECH TN Your alternative to the dealer! Imports & Domestics 2477 Boyds Creek Hwy

FLOOR REPAIR

MOLD TOX WET BASEMENT? Baseboard Drv-Up System (25Yr warranty) n Waterproofing

PLUMBING



STORE YOUR STUFF SELF STORAGE 39.99 /MO **4 LOCATIONS 24HR ACCESS**

SELF STORAGE

EMPLOYMENT

The City Salon is under new ownership and has the following Booth Rental Openings: Cosmetologists, Barbers and Nail Techs. We are looking for new staff to grow with our family friendly salon. Betty Etherton 705-2911

REAL ESTATE FOR RENT

COZY 1BR N.EAST- CENT.H&A \$395MO. + DEP. LEASE, REF. NO PETS 865-247-8493

Sevierville, Tn 37876 865-908-1996

CERAMIC TILE INSTALLATION

CERAMIC TILE INSTALLATION FLOORS, WALLS, REPAIRS **33 YEARS EXPERIENCE** JOHN 938-3328

CHILD CARE

Partners for Children Childcare Center 714 Cedar Lane 689-9516 Openings for children 1 - 5 yrs old. State Certificates Accepted -Scholarships Available

CLEANING

KIMBERCLEAN: YOU CAN HAVE A CLEAN HOUSE FOR LESS **THAN YOU THINK! 719-4357**

ELDERLY CARE

CARE IN YOUR HOME FOR THE ELDERLY OR ILL 566-3115

EXCAVATING

BOBCAT/BACKHOE /SMALL DUMP TRUCK. SMALL JOB SPECIALIST CELL 660-9645 OR 688-4803

Floor Leveling · Termite Damage Repairs Moisture Control · Mold Removal Crawlspace Repair Experts! 25+ Years Experience Licensed · Bonded · Insured BBB accredited business w/A+ rating FREE INSPECTION www.moldtox.com 524-1227 **18 MONTHS SAME AS CASH**

LAWN CARE

R & J SERVICES. GUTTERS

CLEANED, PRESSURE

WASHING, STUFF HAULED OFF

CALL RAY 789-5148

E&M Complete Lawncare

Mow • Mulch • Landscape • Aerate Fertilize • Debris/Small Tree Removal Pressure Washing • Gutter Cleaning

PILGRIM PAINTING

20 YRS WORKING NON-STOP IN THE KNOXVILLE AREA

REPAINT SPECIALIST

PRESSURE WASHING

FAST, NEAT, HONEST &

DEPENDABLE SERVICE

LICENSED & INSURED

RESIDENTIAL & COMMERCIAL:

INTERIOR & EXTERIOR PAINTING

CALL US TODAY FOR YOUR FREE

ESTIMATE: 291-8434

http://pilgrimpainting.net

Free Estimates

Licensed & Insured

556-7853

PROUDLY SERVING THE GREATER KNOXVILLE AREA

SINCE 1989 Full Service Plumbing Company We Service Residential & **Business Plumbing Needs** Fully Licensed And Bonded Service Techs

Drug Free Work Place sandersplumbing

company.com 922-9175

ROOFING

SHINGLE ROOFS, ROOF **REPAIRS, METAL ROOFS** CHIMNEY REPAIRS ALL WORK **GUARANTEED CALL 705-7069**



524-5888

exteriorhomesolutions.com Member BBB since 2000 FREE ESTIMATES!



970-4639 TNstg.com

STUMP GRINDING



STUMP GRINDING

Blank's Tree Work · All Types of Tree Care &

Stump Removal

 Fully Insured Free Estimates

Serving all of Knox County 924-7536

Will beat all written estimates with comparable credentials

SWIM LESSONS

SWIM LESSONS: YOUTH & ADULT SWIM CLASSES. NEW **CLASSES BEGIN EACH MONTH.** CALL THE JUMP START PROGRAM AT ASSOCIATED THERAPEUTICS FOR MORE INFORMATION, 687-4537

FOR SALE

DELL COMPUTER \$100 CALL JAMES 237-6993 OR 230-8788. DELL COMPUTERS COME WITH FLAT SCREEN MONITOR, KEYBOARD, MOUSE, WINDOWS XP & MICROSOFT WORD

REAL ESTATE FOR RENT

North Knoxville Very nice 2BR/2BA condo \$695/MO Available Now. 1yr Lease. HALF OFF 1st FULL MONTH'S RENT. Call 688-9988 ext. 112

SOUTH KNOXVILLE **UT/DOWNTOWN AREA** 2BR APTS \$475.00 CALL ABOUT OUR SPECIAL! 865-573-1000

FOUNTAIN CITY N. KNOXVILLE 1 & 2 BDRM APARTMENTS, FROM \$375.+ WWW. KNOXAPARTMENTS.NET CALL TENANT'S CHOICESM

REAL ESTATE **FOR SALE**



7800 Debra Drive 3BR/2.5BA Custom All Brick Emory Estates Home. 2900SF + 2500SF unfin. daylight basement. Tiled screened porch, 2nd level bonus, .90 acre end lot on cul-de-sac in quiet & conv. neighborhood. Halls Schools. New Price \$369,000. Call for appt. 250-0113



PAINTING

Commercial &

Residential