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McMillan discusses new gym for Carter Middle

By Focus Staff

Mike McMillan, Eighth District's member of the Knox County Board of Education,

discussed the

new gym for Carter Middle been working on this Republican Club.

email letter from Carter Middle Schools. Middle School Coach Mike

McMillan has

School, at a recent meeting project for sometime; of the Eighth District funding will come from Middle School. the \$5 million set aside

Wyatt about the County Commission did we are with this project," foresee any difficulty with proposed new not approve the \$5 million McMillan said. "Coach either body approving the gym and McMillan for capital improvements. immediately After both the Board of replied with a Education and the Knox it." detailed report County Commission on the project. approved the money, approximately \$2.75 million will go toward building a new gymnasium at Carter May of this year. The

McMillan had gotten an for Carter Elementary and contacted me, I thought Education and Knox County

Wyatt told me some folks had been asking him about

McMillan explain unless the project is somehow approved sometime in "When Coach Wyatt before both the Board of

project. "I don't anticipate any

trouble," McMillan said, "but I am going to keep on my toes and will do delayed, it should be everything I can to move it make sure we get our fair along."

Since first being elected matter must once again go as the Eighth District's representative on the Knox County Board of I ought to go ahead and Commission for approval. Education, McMillan has district." Originally, the Knox let folks know just where McMillan said he doesn't developed a reputation for

promptly responding to all constituent inquiries and requests. McMillan has also kept a close eye on all projects and needs for the Eighth District.

"Obviously, I want to share of all improvements and projects," McMillan said. "That is true for the entire district and not just one segment of the

Mabel Wolfe Acuff

Beloved Educator for 43 Years

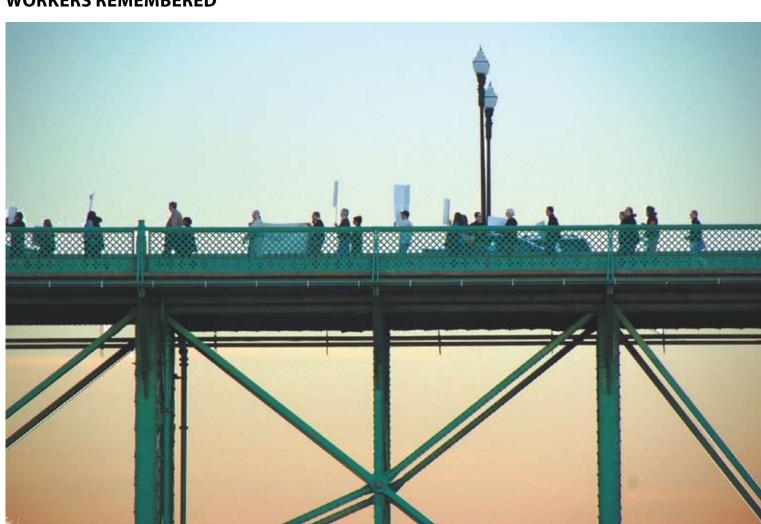
By Ralphine Major ralphine3@yahoo.com

I had heard my father mention her name countless times over the years before I even met her. Many folks in the Corryton Community still remember her decades of dedication to students. Today, she is 98 years old and will be 99 in May. When I called her, she invited me to come to her home so we could talk in person. It was an honor and a joy to be in the presence of this lady who is still loved and remembered by so many. As if preparing a lesson plan, she was organized and well prepared with her own pen and notes in anticipation of questions I might ask. Her name, the one I heard so many times growing up, is Mabel

Mabel Wolfe attended Corryton Elementary School where her mother taught during World War II. (This is the school featured in my

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WORKERS REMEMBERED



HENLEY STREET BRIDGE MEMORIAL WALK. Members of the community cross the pedestrian bridge by Volunteers Landing during Tuesday's Memorial Walk and Candlelight Gathering. The event was held to raise awareness for worker safety, as well as remembering the lives of John Womac and Solin Estrada-Jimenez who were killed in 2011 while reconstructing the Henley Street Bridge. The event was sponsored by Jobs with Justice of East Tennessee, Interfaith Worker Justice of East Tennessee, Ironworkers' Union Local 384, the Laborers' Union Local 818, and other community and religious organizations.

The Wheels on the Bus

By Dan Andrews andrewsd@knoxfocus.com

Not too long ago, I chanced to Area Transit rider who, during the course of a discussion, informed me that some KAT bus drivers are rude, disrespectful and often try to avoid handicapped riders because of extra work involved with strapping in these passengers secure-

As a journalist, I felt I had a moral obligation to investigate. I met with both my publisher and editor and we decided the best approach would be to go undercover and follow wheelchair riders throughout the day. What I learned while undercover is how deeply complex the issue is and how delicate the

balancing act is that occurs on the became a frustrating task for all

bus everyday. On Wednesday, January 25, meet a wheelchair bound Knox 2012, I met Mrs. Moss, who uses the assistance of a wheelchair, at the John Duncan Jr Transit Center to begin our tour of downtown via KAT trolleys. The first thing I noticed as we prepared to board was that the bus driver singled out Mrs. Moss by asking "what stop are you going to?" It felt a little cold and Mrs. Moss asked me to take note of how normal passengers were not asked the same question. She stated that she just wanted to go around and had no exact stop in mind. The bus driver then radioed it in to headquarters and then began the effort to fasten in Mrs. Moss, which soon

involved.

The bus driver initially tried to use a standard strap in technique which involves wrapping the handicap seat belt around the arm of the wheelchair. Mrs. Moss insisted the driver not do that. According to Mrs. Moss, when the belt is wrapped around the arm, the vibrations and stress from the tension will eventually break the high tech components in the arm. She went on to explain that many times such wear and tear is not covered in the warranty and that the handicapped, who are often on fixed income, have to shell out big money of their own to fix the wheelchair.

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Public transportation has a rich history in the Knoxville area. The system dates back to 1876. During that time street cars of the Knoxville Street Railway Company were pulled by horses and mules along tracks on Gay Street.

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My sister, my friend

By Lillian Garrett Bean

There are many words to describe a sister, all of them delightful. In a lot of ways, we are as alike as peas in a pod. In others, we are as different as daylight and darkness. We lay in the same womb, nursed at the same breast and were raised in the same house by the same loving mother.

A sister is a friend, a special gift, a blessing from God. There is no other relationship like the one with a sister. She is not your mom, your grandma, your daughter, your best friend or your aunt - she is your sister and all the others combined

We were dirt poor growing up at the Old Garrett Homeplace, but we didn't know it because everyone was. When Daddy died in 1952 at the age of 45, Mama (age 34), was left with three girls to raise (ages 7, 9 and 11). I honestly don't know how she did it. Her main goal in life was to feed, clothe and educate us, as well as to keep us together. We genuinely had love — the love for each other, the love of God, a loving Mother and loving relatives, friends deeply cared.

We had to help Mama working in the tobacco and corn fields, as well as in the garden — when in the summer, Mama would literally can hundreds of jars of food, thinking that we might starve in the winter months. We might gripe about having to help, but Mama would always say that what we canned would definitely "beat a snowball in the wintertime." We raised chickens, had plenty of eggs, had cows that gave plenty of milk and raised our own hogs that produced tenderloin, hams and sausage.

fun times, too. Of course helped to raise ours and everybody had an outside then our grandchildren toilet and invariably, on a Samantha, Savannah, hot and humid day, when you went, you didn't tarry long you were in a hurry to get outta' there. Now there was a big walnut tree not far from the toilet, and about the time you were to come out whammmm someone would start throwing walnuts at the door. Of course, I never did that. And then, there were many corncob fights out in the barnyard. Now understand — we didn't have all the toys Savannah, Tommy and Olivia have today, so we

No matter if it were raining, sleeting, snowy or sunshiney, it was Ann's job to help Mama milk the cows — Morning and night. Ann would get bored sometimes and started trying her luck at hitting the old cat's

made with what we had.

mouth. Mama would scold her and say she was being wasteful. So I got tired of Ann's always getting to milk all the time, so I decided to try my luck. So I sat down on Daddy's old milkstool (on the wrong side of the cow). Needless to say, I never hit the old cat's mouth for that cow kicked me on the shoulder, knocking me clear across the hallway of the barn, nearly knocking me out. Needless to say, I got to sleep in the "upper room" where guests slept when they came to visit. I never tried that again.

Ann and Charlsie never had kids. They considered mine and Richard's three children as their own. And when Garrett, Sara and Rebecca were growing up and got sick, I could always count on Mama, Charlsie and Ann to come to Knoxville to help me out - even in the middle of the night.

When I had double knee replacement surgery in '98, Charlsie took off from work and stayed with me at St. Mary's until I came home. Then later, I came to Charlsie's and truly enjoyed her good cooking.

When Mama died in and neighbors — who 1992, I thought my world would end. But when Ann died two years ago, Charlsie and I left our hearts with her there at Holston Valley Hospital in Kingsport. That was the longest trip back home on such a rainy, gloomy day. Charlsie and I would have to stop and just cry numerous times before we got back.

> Charlsie has been granted her wish. She has repeatedly told me that she prayed each night since Bill's death nine years ago that God would take her to be with Bill. Oh, to have that kind of love for each other.

Charlsie and Bill didn't Now there were lots of have children, but they Tommy and Olivia.

She was always there for those she loved and was a true friend to all who knew her. You NEVER had to wonder where you stood with Charlsie. Some of her words would cut you to the bone. She loved the Tennessee Volunteers, Conway Twitty, Elvis and the Gaithers. Richard Smith loaned her many of his Gaither videos, and on weekends when I came from Knoxville to spend the weekend with her, she and I truly enjoyed watching them. While she was in the hospital those 43 days, here comes Richard with the VCR - along with some 12 or 15 videos, so she could watch them. Even though she didn't watch them, she could <u>Continue on page 4</u>

Mabel Wolfe Acuff

Cont. from page 1 Focus column, 11-7-2011,

"Young Leader Emerges in Corryton Controversy.") Jim Wolfe Road was named after her father; and at the time, the road was not even graveled. Her family gave the gravel from a quarry near their home place. At Gibbs High School, Professor H. G. Loy, who served as principal and guidance counselor, told Mabel she had won a scholarship to Milligan College—a Christian college near Johnson City. After graduating in a class of thirty from Gibbs in 1930, Mabel attended Milligan for two years before transferring to

was completely destroyed by the first fire in 1937. The second fire in 1950 partially destroyed the building that is Gibbs High School today. The piano in Mrs. Acuff's home is a reminder of her love of music. During her teaching career, she even found time to serve as organist at Little Flat Creek Baptist Church. This music teacher who began her career as Miss Wolfe became Mrs. Acuff, the English teacher, along the way. She met Herbert Acuff on a tennis court on Washington Pike. After his service in the Army during World War II, Herbert served



Mabel Acuff shown in the role for which she is so well known in a picture her late husband had made for her.

The University of Tennessee (UT) where she graduated in 1934. With a double major in English and history, she would spend the next 43 years of her life's work in school doing

what she loved. Mabel's first three years of teaching were at John Sevier starting in 1934. She Skaggston Schools were later combined to form the current Northeast Knox School.) The next two years were spent teaching third and fourth grades at Corryton. The remaining 38 years were at Gibbs—the smallest high school in the county at that time. Mabel taught music in first through twelfth grades. When it came time to practice for the operettas, she would drive to pick up students; and after practice, she would drive them home. There were no insurance or consent forms to have signed. She chuckled and admitted that such practices would not be possible today. But then, it just seemed like the logical thing to do. Money raised from the operettas was used to buy a piano for the school. The piano

was burned in the second

as Director of Knox County Central Accounting Office. My brother reminded me that the Acuffs were related to Union County native and legend Roy Acuff. I asked her, and it is true. Herbert and Roy were first cousins; their

fathers were brothers. (John Sevier, Arminda, and School after taking additional course work at UT and becoming certified in seven areas. This special teacher, who always guarded her roll book, left the classroom just before her son, Gary, would have become one of her students. While at UT, Gary dropped band, where he played first trumpet, and joined the ROTC in order to graduate. At graduation, he was commissioned Second Lieutenant in the ROTC at UT and soon left for a year in Vietnam. Although they were in different wars, Gary and his father both served in the same Signal Corps division of the Army. Herbert entered World War II as a Private and worked in the telephone section where he helped to string phone wires; he returned home as a Master Sergeant. Gary served in the radio section

home as a First Lieutenant. The wars not only touched Mrs. Acuff's family, but also her classroom. Many young men left high school to serve their country. After World War II, they returned to Mrs. Acuff's classroom to finish their studies and get their diploma. At nearly 99 years old, she even remembers her parents taking her and her brother to the parade when World War I was over. Mrs. Acuff retired from

public education in 1978, ending a 43-year career as well as night-time meetings in guidance counseling, student-parent conferences, and being in

the center of high school activities. Her retirement coincided with the birth of her first grandson who was then three months old. She left the counselor's desk behind and cared for this newborn grandson, Bryan, who is now a captain in the ASA and is a commercial pilot for Delta and United Airlines Another grandson, David, is an electrician for Knox County and is a father to Hanna and Dylan. Though her retirement spans thirtyfour years-more than some folks work--the years have not dimmed her attitude or her energy. She

continues to drive herself to places in the community, attends a weekly prayer group, and teaches an adult Sunday School class at Little Flat Creek Baptist Church. I marvel at her today. Mrs. In 1961, Mabel Acuff Acuff gets around without any was one of four teacher, became the first Guidance major problems, her mind is these days, she worries plus a janitor and a cook. Counselor at Gibbs High extremely sharp, and she is about children having to still very articulate. In fact, she can recall names, dates, and events better than some

who are half her age. Mrs. Acuff shared her love of travel and recounted her three trips to Europe, one of which lasted five weeks! She stayed in beautiful Shoenburg Castle (a place once used to rob people) along the Rhine River in Germany; crossed the Swiss Alps in a doubledecker bus, and visited Paris and Italy. She has also seen Mexico, Canada, and most of the United States. Mrs. Acuff is the last living graduate of her high school class and has been interviewed by Milligan College as one of its longest living former students on record. Mrs. Acuff can remember much about her former students. She has taught ministers, doctors, lawyers, and many teachers. Two of those teachers, "Miss

fire at Gibbs. The school in Vietnam and returned Lue and Miss Sue," appeared in my Focus column on 10-24-2011. Many teachers went on to become deans of colleges across the nation. Two students won General Neyland Scholarships at UT which amounted to \$4,000 each. She saw many students go off to war and come back to receive government-paid tuition to attend college. Mrs. Acuff remembers attending a UT football game at Neyland Stadium and seeing diapers hanging out in front of Ayres Hall! The hillside was covered with mobile homes belonging to young soldiers and their families. "They had returned home from World War II and were taking advantage of their free tuition," Mrs. Acuff said. Today, it seems an unlikely sight for the beautiful building on "The Hill" that is widely recognized as the University's landmark.

After all the years that have passed, Mrs. Acuff still remembers her former students' names, and they certainly remember her. I was amazed to hear her tell how many of them send her cards, come to visit when they are in the area, take her out to dinner, and even take her to doctor's appointments. Their actions now speak volumes about her actions back then. It also "tells" me that her love of teaching was truly genuine. "I always wanted to be a teacher," she said. "Life is too short to spend it being unhappy." This valuable advice comes from someone who has lived almost an entire century! It is advice she also gave to both of her grandsons. She is still "teaching," and we can still learn. The fascinating facts in Mrs. Acuff's life are simply amazing. I agree with one of her former students who sent a letter telling that she had taught her so many things not in books. Mrs. Acuff thought she was referring to her Niagara Falls and World's Fair trip to New York when

about her life experiences. Though Mrs. Acuff is not working in the school system wait on the bus in the dark, thinks teachers can learn so much more about a student by visiting in the home, and does not believe parents stand behind the teachers like they did when she was

she shared with students

Afterspendinganafternoon with Mrs. Acuff and hearing what a rewarding life she has had, I can understand why my father rattled off her name as though she were a member of the household. Obviously, she has endeared herself to so many students through the years. This remarkable lady's lessons in life go way beyond grammar, spelling, and sentence structure. It is no wonder former students still keep in touch with her. Focus readers who know this beloved teacher may want to drop her a note. She would be happy to hear from

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Publisher's Position

Throwing the Baby Out With the Bath Water



By Steve Hunley, **Publisher** publisher@knoxfocus.com

Recently the Knoxville News-Sentinel published an editorial pointing to the problems in the Trustee's office as further evidence the Charter Review Committee needs to revamp county government. The Sentinel has been quite voluble on the subject of changing most of the "fee" offices in county government from elected positions to appointed. It appears the Sentinel has renewed its campaign to accomplish what it could not at the ballot box.

Knox County voters, by a very large majority, insisted they wanted to keep most county offices as elected positions. The Sentinel supported the notion of making these appointed offices rather than elected. Now they are using Trustee John J. Duncan, III as an excuse to revisit a losing Certainly neither The

Focus nor I condone any wrong doing by public officials or anyone else for that matter. Yet, the Sentinel has managed to ignore several gaping holes in their stated logic. While some County Commissioners have grumbled the definitions and duties of these same offices are "vague," they are in many instances required by state law. The **Charter Review Committee** can tinker all they like, yet whatever the result, local law cannot supersede state

would have the County Mayor appoint these officials and perhaps they have been quick to forget the administration of Mike Ragsdale. Several Ragsdale appointees and employees were forced to pay back monies for questionable purchases and the like. Allowing the Mayor to appoint virtually every office in the government reposes all authority in that same mayor and presumes whomever is mayor is a person of the highest integrity and ability - - - yet must be popularly elected. Why not simply allow the County Commission to hire a professional county manager? The county manager could make the appointments and the Commissioners can attempt to micromanage every

Mayor Ragsdale left office bragging he never raised our property taxes; he didn't mention leaving

aspect of government.

in debt.

There is a process to remove dishonest public officials or those who have been guilty of wrong doing. There is even a process to remove a President of the United States; it's called impeachment. It isn't an easy process, nor should

The Charter Review Committee has a host of problems to attempt to address and put before the people, not the least of which is the defined pension benefits granted employees of the Knox County Sheriff's Department, which was also approved by the voters. The burgeoning bill for those benefits has become a burden for the The truth is most of

the fee offices are run well and most stress service to constituents, the people who pay the bills. Certainly one could argue those public officials

to special interests and lobbyists as the present **County Commission seems** unable or unwilling to do anything that might offend developers. Knox County is a billion

dollars in debt and officials have already speculated the pension payments are expected to grow, diverting dwindling resources from schools, roads, health care and every other aspects of local government. The state and federal governments still pass the buck to municipalities and county governments who are already struggling to keep their collective heads above water. It is easy to inflame public opinion over a few thousand dollars, but mayor and/or the County it ignores the bigger picture and the very real problems which most of the County Commission would like to pretend aren't sitting in the room like an elephant pregnant with triplets.

The electoral process

Presumably, the Sentinel the county a billion dollars are not overly beholden isn't perfect and never will be, yet the Sentinel always seems to favor any process which eliminates the average citizen and taxpayer making choices and decisions as it relates to their own government. It would seem the Sentinel would prefer to leave resolving vexing questions of public policy to the elite or perhaps they simply believe the electorate is too stupid to choose wisely. The voters are going to get fooled occasionally; I certainly have been fooled before and probably will be again, but I prefer having the right to vote and be fooled than having someone else choose for me.

Vesting all power in a Commission isn't a real solution and should the people of Knox County choose to go that route, they will find that it will be a big mistake.

Comments? Please e-mail publisher@knoxfocus.com.

Wheels on the Bus

Cont. from page 1

The driver was becoming clearly frustrated in trying to correctly apply the tension hooks and safely lock for Mrs. Moss. A supervisor was called and, about five minutes later, a second KAT driver got on the bus and within two minutes correctly and safely installed the seat belt. He stated he had seen the scenario a day earlier on a similar wheelchair. He used a technique involving a movable floor peg after cleaning out the device on the floor. The bus driver stated she had never seen that technique used. KAT Supervisor Brenda Robinson came aboard and took note of the technique.

After we rode the trolley, we returned to the Transit Robinson was waiting for ent. Mrs. Moss. She took pictures of Mrs. Moss's wheelchair and strap setup and was soon on the phone trying to correct the situation and find correct equipment.

After I saw how dedicated, friendly and professional Supervisor Robinson was to Mrs. Moss, I decided to identify myself as a reporter and ask a few questions. She smiled and took time out of her busy schedule to go over some questions of the trip I had observed.

My most prevalent question to her was, "why do handicapped riders get singled out and asked where they are going before they board the bus or trolley?" I had noted throughout the day that other passengers are not singled out.

Supervisor Robinson explained to me that KAT is aware that it takes extra time to strap in a handicapped rider. If a bus driver is taking the time to safely and correctly strap in a rider, then KAT wants to know this so that if the driver falls back on their scheduled time frame, a back up bus can be dispatched to the next location. It also allows KAT supervisors the ability to recognize that a delay is about to happen because the bus driver is hard at work and not slacking off. She also noted that bus stops often have

different stop points to let

the wheelchair rider off. This

is because of curb heights and curb cuts that make it safer for the wheelchair individual to more safely disembark the bus. Many stops require a precise location to stop and it is helpful for the driver to know in advance.

The process of strapping in a rider is so complex apologized multiple times because there is not just one kind of wheelchair. The wheelchair industry creates several different sizes and models each year, which in turn creates many variations to properly secure the rider. There are literally hundreds of different variations with slight to major differences. One driver, who asked to remain anonymous, told me that she had received very little training in strapping in a wheelchair. So the prob-Center where Supervisor lem becomes very appar- stops do not have shelters

> have the passenger with an expensive wheelchair that wants their chair to be locked in correctly to avoid expensive damage. On the other side you have frustrated KAT drivers who have hundreds of different variations to learn on their own with, as it appears, inadequate training. Frustration chair it can be very frustratkicks in on both sides and one can easily mistake frustration for rudeness. Let me stress: based on my observations, the drivers are not being rude. They are frustrated when they don't know how to correctly lock in a unique wheelchair. After my time with Mrs.

Moss, I decided to dig deeper and just randomly observe handicapped passengers and how they are dealt with. At 2:32 p.m., I observed

Trolley 28 at the Krutch Park stop attempting to pick up a wheelchair passenger. As I boarded, I observed the driver being extremely kind, courteous, professional and overall providing a warm atmosphere on the bus. I was completely undercover; nobody knew I was on the bus for observation. I can truthfully write that the bus driver was so kind and professional; it seriously made

me proud to be a citizen of Knoxville. Then as she lowered the the praise or criticism to wheelchair lift, it broke! the good folks at the Tran-

She tried in vain to fix it and



The wheelchair lift temporarily freezes on Trolley 28.

but she had no luck. She called in for back up and a new trolley was there in about 5 minutes. The new driver had figured out how to raise the lift, but by that time we were all on the backup

Thankfully, on Wednesday the weather was in the 60s and our stop was on the main route. During my ride with Moss, I learned how lucky we were to have good weather conditions. Many or are not so close to the On the one side you Transit Center, Moss related to me how she's waited for a half hour or longer in the sleet, wind and bitter cold without shelter, for a bus.

> I was able to witness and understand just the complexity of wheelchair accessibility on the KAT transit lines is.

> Yes, if you're in a wheeling to have broken lifts and drivers who need better If you're a KAT employee

who strives for professionalism and who is dedicated to helping the public, it can be very frustrating trying to secure a wheelchair in when different models are constantly coming out. I saw the diligence and

passion of Supervisor Robinson and, at the same time, the frustration of a driver trying to do the right thing but not knowing how. I cannot stress enough that my halfday investigation was a mere snapshot of the issue; however, it became very apparent to me that there is much more to this issue than I initially thought. As is often the case in the

service industry, one tends to remember the single bad experience over the hundreds of positive ones. I encourage everybody to take note of their driver while on the trolley, and pass along

sit Center.

Season of the Wolf two. Instead, all Everyone around me

in my bones and I feel tired when I wake up. I'm about stressed as every one working guy or gal, and I should thankful for my health and for my job.

There is really just one thing making rain...l either want some me so cantankerous. It's winter. You know that and "This rain makes me for the night to pass and when I was a teenager I actually fantasized about work and take a nap." _______ Continue on page 4 living in Alaska? No more. Sure, there are the wide open spaces, breathtaking

mountains, and all those men in buffalo plaid who look like they could cut down a tree with one hand and rotate my tires with the other. It doesn't matter. There isn't a lumberjack rugged enough to entice me there now, because all I would be thinking about is how dang cold it would be. I hate being cold. Do they have flannel in Aruba? I think many of us

would be able to bare this cold weather if we could at least have a good old-fashioned romantic snow day or



bakers@knoxfocus.

we have had is rain, rain and more rain. I've noticed that it's getting to other people too. My Facebook home page has been with comments like, "I am so sick and tired of this

snow or some sun..." want to stay home from for morning to come. I

seems lethargic, stressed, or downright cranky.

Not long ago my friend taught me the phrase "the hour of the wolf." Apparently, there is even a movie by that name. She explained to me that "the hour of the wolf" is that time of night around 3AM or so when you're awake with worry or grief and you cannot go back to sleep, so all you can do is wait





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The pain of simplicity



By Richie Beeler

I saw a graphic on Facebook the other day that I just couldn't help but comment on. Certainly, America's fiscal woes have been no stranger to this column during the past several years. And while no writer wants to beat a dead horse too much, this particular depiction of the current debt crisis just caught my eye in such a way additional thoughts.

Now first, another of my many disclaimers: I cannot vouch for the exact accuracy of these figures. Remember, I got them off Facebook; not from the Congressional Budget Office. But they nonetheless illustrate an extremely powerful point about the dire simplicity of our nation's financial condition.

According to the figure given in the graphic, the federal government's balance sheet indicates the following: America takes in a little over \$2 trillion dollars a year in revenue. It spends a little under \$4 trillion. To make up the shortfall, our government incurs about \$1.5 trillion a year in new debt. Our total debt is currently about \$14.2 trillion. To "fix" this financial Titanic, lawmakers have proposed an average of around \$38.5 billion in annual spending cuts.

Thirty-eight point five billion dollars. That's a great deal of money. To you and me. But it is merely a drop in the proverbial bucket of our government's financial ocean of debt. The numbers are telling enough on their own face. But the illustration gets a lot more real when you knock some of the rings

I mean, look, we've known for years that the federal government was in serious debt, but to the average American the numbers are just too big to make sense in real life. But by simply removing a few zeroes (8, to be exact) from the figures, we can see how this same financial scenario might play out in the life of an individual. Now we're dealing with something people can relate to. Call it the financial life of John Doe.

Here's our guy's financial picture. He earns about \$22,000 a year. He spends about \$38,000 a year. Because his outgo exceeds his income, he borrows around \$16,000 a year to make ends that I simply had to offer some meet. His total personal debt now exceeds \$142,000. So to fix his mess, he cuts \$385 from his annual budget.

> Sound ridiculous? Of course it does! Ridiculous on many levels. This is a scenario you'd have to laugh at to keep from crying! Want something to really cry about? The guy in this article is imaginary. The federal government is real.

> And so is its debt. Excuse me.... our debt. Oh, let me assure you, we're all co-signers on this loan. And when the United States government becomes truly desperate for money (and it's REAL close) it won't be Congress and the President paying the bill. It'll be the American people. And don't fool yourself folks, Washington is running out of solutions.

> I mean what would you tell our guy, were he a real person? The most obvious option for him would be bankruptcy. But since that would be a horrific option for the United States, we had best take it off the table. Unlike the government, he cannot legally steal another person's money, so he can't tax his way to a balanced budget. He really has only two options: seek another job or some higher paying source of income (grow his way out of debt), or make drastic cuts in his

Short of a hostile confiscation of its citizens' personal wealth, those appear to be America's only two viable options as well. But for a government, growing your way to fiscal soundness is problematic, for the simple reason that there is no scientific, guaranteed way to grow a free market economy in the short term. It's a crap shoot.

The Knoxville FOCUS

As for cuts, well let's imagine what such a course of action would look like for John Doe.

We'retalkingimmediatedownsize in living accommodations. Limited travel. No cable. Maybe even no TV. No eating out. No new clothes. Carpooling. Ramen noodles. Selling of personal assets. Oh, did I mention the occasional temper tantrum thrown by someone who wants their cable and Big Mac?

Imagine what that might look like at the federal government level. Reduced entitlements. No government health care. A drastic reduction in the military. Closure of national parks and recreation areas. Eliminated government jobs and social programs. Oh, did I mention rioting in the streets? Because that's what a temper tantrum looks like at this level.

And that, my friends, is why neither our dude nor the federal government has chosen the option of meaningful budget cuts. They don't want to deal with the temper tantrum. In government, temper tantrums often find their way into the streets and to the ballot box. So both John Doe and Uncle Sam have continued to do what they do best: borrow their way into financial

Meanwhile, they will continue to protect sacred cows, grandstand about meaningless issues, and offer token cuts that you couldn't find in the budget with a magnifying

Of course, by now, it would probably take a telescope.

David, the beloved

The psalmist David wrote, "Be still and know that I am God", for David was prone sometimes to go about his

I like David because he seems so similar to a lot of people I know, who are living frenetic lives, watching the days go by, wondering whether or not, it is all worth it. David's life was not without many of the same trials people have faced throughout the ages, and continue to face in today's world. David had many talents.

He was a shepherd, then a musician, playing his harp for Saul when he was down in the dumps. He was also a warrior. He could very well fit into today's society. David fell in love with another man's wife and had her husband killed. His best friends, Saul and Jonathan were killed. His beloved son, Absalom, was killed. What a rough road he traveled, still David kept close

With all his hang-ups, God loved David because his lineage was prepared many generations before he was even born. Remember when Naomi held Ruth's son on her bosom? His name was Obed. He was the father of Jesse, who was the father of David, who was the forerunner of God's son, Jesus. So, God was not about to let anything happen to David, he was too important to His purpose.

David would sometimes get displeased with God's directives. When this happened God would make a Covenant



with David, after which, David would write a psalm of thanksgiving. God and David had a lot of conversations, David was very close to God. In fact, God gave David a lot of advice on how to fight his battles. It was with God's power that the Philistines were conquered. On the other hand, David experienced the "fear of God" once in a while. Remember, when someone touched the Ark of the Covenant and God smote him? I think sometimes David had a love-hate relationship with God, but God's love for David always won.

The admonishment God gave David then is as much for us today, "Be still. And know that I am God." Stop the handwringing, the shaking of the head, the hammering of your hearts, because I am here. I am God.

I found this personally true since 2012 began. His admonishment has helped me through the days when I thought I couldn't cope. He knew that I had to: Be still, and know that He is God.

Thought for the day: Help yourself and God will help you. **Dutch proverb**

Send comments to: rosemerrie@att.net or ph:865-748-4717 Thank you.

Season of the Wolf

Continued from page 3

or other experienced "the hour Although there is not much

Right now, I feel like it is "the It seems still the winter winds season of the wolf." It is cold blow. and rainy and blah and I cannot. I deeply miss warm summer as a responsible mother and a productive citizen, go to sleep and wake up in April. Therefore, all I can do is push through and do my best every day reminding myself all along the way that spring will eventually get here and get us all out of our frosty little funks.

in the same frame of mind. myself that spring will bring more Rose Patterson, who is a ray of sunshine in one of my classes, expressed it very well in a poem she wrote earlier this week:

Oh how winter fills me with hate! think everyone has at some time It makes me want to hibernate.

nights

With millions of fireflies taking

And if lack of sunlight were not enough

Ms. Baker assigns this insipid

I got a good laugh out of this My students are apparently one, gave her an A and hoped to inspiring assignments and more inspiring columns. I love you all and hope you will bear with me in the meantime.

My sister, my friend

Continued from page 2

hear them and we all sang with us.

When her doctors told her cancer in early September, 1 believe a burden was lifted from her. She thought "Now I will be going to be with my dreams did she think it would be such a painful process. She had the stroke on Thursday, the

scared her, therefore starting in Heaven with God, her soul her painful journey.

And the weeks we were in along with them many times. ARH, her hospital room was like Suzanne, Betty, Gale, Janice a swinging door with so many those around us. One of those and I watched them over and of her co-workers. nurses, around us is gone – and those over. Those were special days caregivers, aides and doctors when Charlsie would sing along and everyone who worked there with her for 43 years stopping in to say hello. She that she had Stage IV breast lived 43 days after she was admitted and not one time did I hear anyone being anything but kind.

Charlsie was a very strong Bill.' But never in her wildest sister—I don't know how she kept her secret just between "her and God." She never wanted treatment. She was 22nd of September and that ready to go and now she is

mate, Bill, Ann, Mama and Daddy.

Life IS a gift — and so are of us who knew Charlsie have lost a precious gift. But I can still see that tall statuesque, blonde-haired girl with those high heels, a purse to match and that red lipstick. She was a beautiful sister - with a beautiful smile, smiling down from Heaven. She knew she could not get well and was ready to say goodbye. God chooses the very best.

Charlsie was my sister and my best friend.

MIKE McMILLAN

SCHOOL BOARD · 8TH DISTRICT

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Knox County Mayor Tim Burchett

Paid for by Committee to Re-Elect Mike McMillan, Doug Beeler and Teresa Clapp, Treasurers



Carter Elementary School

8th District School Board member Mike McMillan and Mayor Tim Burchett inspect the progress of the site preparation for the new Carter Elementary School.

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67-year-old grandmother builds website, helppatsummitt.com

When Janice Watrous learned that Lady Vols coach Pat Summitt has early-onset dementia, Alzheimer's type, the 67-year-old Knoxville grandmother decided to build a website designed to raise money for Alzheimer's research in Pat's honor.

Armed with two good website-building books by Elizabeth Castro and with software such as MP3 Recorder Studio, Paint Shop Pro® PhotoX2, and Adobe® Photoshop® Elements 4.0, and using a couple of other technical books, Watrous set out to learn to write the xhtml code and css to build the website.

Watrous admits, "It would have been much easier to use Netscape Composer or Microsoft FrontPage to build my website, but I wanted to challenge myself more by writing my own code and by doing it all 'from scratch'."

And what a challenge it was! Technical glitches repeatedly caused her problems. Each time, she started the website all over again, six or seven times. "It would have been so easy to quit, but I was determined to accomplish my goal and build this website. I really would like to help raise money for Alzheimer's research so that we can find an effective treatment or,

perhaps, even a cure in time to help Pat," Watrous said.

Watrous knows all too well the pain of having a loved one with Alzheimer's, since her mother had been diagnosed with dementia, probably of the Alzheimer's type. Several other relatives on her mother's side had dementia in their old age. Watrous expressed

Continue on page 2

gia has become a major

In Perspective

Kickin' it Old-

School Over the last five years, the ideal of nostal-

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By Tasha Mahurin think of Mahurint@ knoxfocus.com

on the local level is JFG Coffee. Many of you will recall that the Knox-famous JFG sign had been removed to undergo necessary

repairs when the owner of the property where the sign had been located for years refused to allow it to return to its former location.

While working in South Knoxville, I followed the story extensively. I remember being intrigued at the level of commitment that the local community demonstrated to ensure that the sign was returned to the "south-side of the river" in a new locationdespite a city ordinance against new signs being placed.

The JFG sign had become synonymous with the area. South Knoxvillians could drive across the Henley Street Bridge on a cold winter day, glance over at that old sign, and breathe a sigh of relief...almost home.

And that, my friends, is the embodiment of this notion of infusing nostalgia into your business. It is a historical sociological fact that in uncertain times, people cling to what is familiar. When people come into contact with your product or brand, there is much to be gained by adding or incorporating elements

of wistfulness. Many companies have taken to branding and marketing themselves this way. Consider the design of The Mast General Store logo or the

Cont. on page 4



Officers of the Month named. Knoxville Elks Lodge 160 honored Knox County sheriffs as officers of the month for November (Mark Belliveau, right) and December (Glen Simerly, left). These officers were honored together in January due to the Christmas holidays. This program is made possible by donations, LB Steele, the Crown Plaza Downtown and the Knoxville Elks Lodge. It is held on the 3rd tuesday of each month at 6 p.m.

Knox County holds lowest unemployment rate for December 2011

County non-seasonally adjusted unemployment rates for December 2011, released today, show that the rate decreased in 56 counties, increased in 27 counties, and remained the

same in 12 counties. Tennessee's unemployment rate for December fell to 8.7 percent, down from the November revised rate of 9.1. The national unemployment rate for

Assistance Benefits!

December 2011 was 8.5 percent, a decrease of 0.2 percentage point from the November rate.

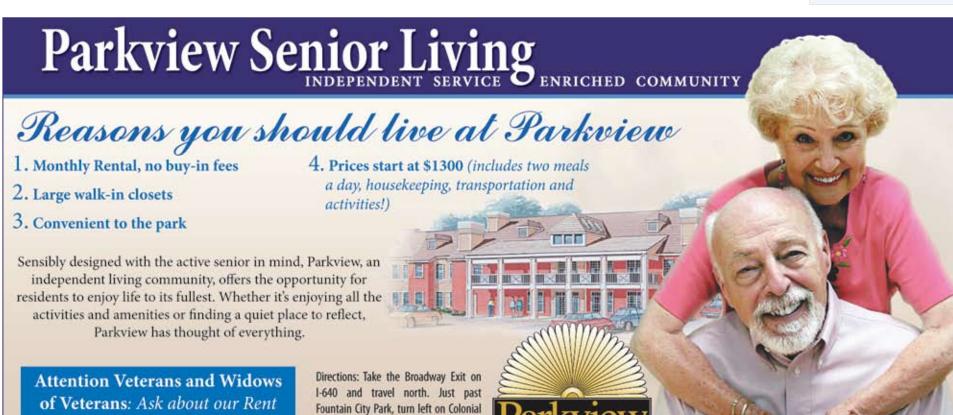
Williamson and Lincoln counties registered the state's lowest county unemployment rate at 5.4 percent. Both counties had higher rates in November with Williamson at 5.8 percent and Lincoln at 5.6 percent. Scott County had the state's highest

unemployment rate at 18.8 percent, up from 17.5 percent in the previous month, followed by Obion County at 15.3, which was unchanged from the November

rate. Knox County had the state's lowest major metropolitan rate of 5.9 percent, down from 6.3 percent in November. Davidson County was 6.9 percent, down from 7.3 percent in the previous

month. Hamilton County was 7.2 percent, down from 7.4 percent, and Shelby County was 8.8 percent, down from the November unemployment rate of 9.3 percent.

NOTE: Specific county information is available on the Internet; enter http://www.tn.gov/laborwfd/labor_figures/dec2011county.pdf.



Grcle at stop light. Take immediate left

into Parkview Fountain City.

Dan around town

PHOTOS BY DAN ANDREWS



Members of Pack 43 Den 4 of Beaumont Elementary stopped by the City County Building last week and visited with Councilman Finbarr Saunders. Pictured from left to right are Ian Scott, James Wimmer, Phoebe Scott, Wyatt Brace and Anthony Thomas.



Mayor Burchett chats with Jim Gadd of Rush's Music during a recent tour of South Knoxville. See next week's Focus for the full story!

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Knoxville grandmother Janice Watrous takes a break after building her website, helppatsummitt.com, and uploading it to the web.

67-year-old grandmother builds website, helppatsummitt.com

Cont. from page 1

the pain loved ones feel with an original poem, Memories Lost, which she placed on her website.

The website also includes links to many of the Alzheimer's disease research centers around the country, all funded by the National Institute on Aging, and to the NIA's own website, where many free Alzheimer's publications may be downloaded. In

addition, the website has a link to The Pat Summitt Foundation Fund, so that readers may easily learn about Pat's own foundation and conveniently make an online donation to it for Alzheimer's research.

Watrous, a selfdescribed "computer geek and lifelong bookworm," enjoys reading historical biographies and historical fiction such as When We Were Strangers by Knoxville writer Pamela Schoenwaldt. She also likes how-to and self-help books

books.

It's no surprise, then, that Watrous would use books to teach herself how to build a website instead of attending a computer class. What is a surprise is that she would spend so much time and effort--"probably at least 300 hours"--to build a website designed to help Pat Summitt, a woman she has never met.



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George L. Berry Labor Leader In Tennessee Politics

Pages from the Political



By Ray Hill rayhill865@gmail.com

unexpected death of U.S. Senator Nathan L. Bachman in April of 1937 caused a series of events, which led to all out warfare between competing factions of Tennessee's Democratic

Governor Gordon Browning finally made an appointment to fill Senator Bachman's seat on May 6, 1937. Browning ignored several more prominent Tennesseans and appointed George L. Berry, Berry, President of the International Printing Pressmen and Assistants' Union, named the governor's older brother, F. L. Browning, as his principal assistant, and departed for Washington, D. C. to take his seat in the United States Senate. Both Governor Browning and President Franklin Roosevelt would soon have cause to be disappointed in Senator Berry.

Berry found his office in the ornate Senate Office Building filled with well wishers and flowers. The welcome he received from his senior colleague, Kenneth McKellar, was far less warm. By the time George L. Berry arrived in the United States Senate, McKellar had been a senator for twenty years. He was one of the more senior Democrats in the Senate and occupied powerful positions of prime importance to Tennessee as the senior senator. Berry immediately proposed a division of the Federal patronage and political appointments between himself and McKellar.

Senator McKellar, who already controlled most all patronage in Tennessee, replied to Berry in typically blunt McKellar language: "I find I cannot agree with you" in the distribution of patronage and appointments.

Senator Berry proved to be less than adept in trying to outmaneuver McKellar. Berry held up the reappointment of James B. Frazier, Jr. as United States Attorney for the Eastern District of Tennessee. Frazier was the son of former governor and U. S. Senator James B. Frazier and was highly popular and well regarded, especially in his home city of Chattanooga. Frazier had originally been appointed by McKellar and the senior senator intended to see him reappointed. Senator McKellar carefully took Frazier's nomination through the committee process and had Frazier confirmed by the Senate a day later. Needless to say, Senator Berry had unnecessarily made some potent political enemies through his handling of patronage

Berry made matters even worse when Franklin Roosevelt's bill to enlarge the Supreme Court came to a vote in the Senate. Despite being in the Senate

matters.



Senator George L. Berry arrives in Washington, D. C. May 1937

Chamber at the time, George L. Berry failed to cast a vote, while McKellar loyally backed the President. McKellar lost no time in writing to the President to point out Berry's failure. Senator Berry's complaints about McKellar's domination of Tennessee appointments and patronage fell on deaf ears after that and McKellar's control of patronage was even more firmly held within his grasp.

McKellar returned to Tennessee at the behest of his political partner, E. H. Crump. Crump had backed Gordon Browning for governor and Browning's assault on the Memphis machine had left the Boss sputtering in indignation and shock. Crump had been forced to beg McKellar to return from Washington and go to Nashville where the legislature was debating the governor's county unit bill. Senator McKellar was highly respected by most members of the state legislature and he arrived by train in Nashville and addressed the General Assembly where he assailed

Browning's proposal. Governor Browning fought back ferociously and used every means at his disposal to pass the county unit plan. Browning barely managed to get enough votes to approve the county unit bill, only to see it struck down by the Tennessee Supreme Court.

McKellar and Crump soon determined to sponsor opponents for both Browning and Senator Berry in the 1938 primary elections. They settled on a young State Senator from Shelbyville, Prentice Cooper, as their gubernatorial candidate and District Attorney Tom Stewart from Winchester to challenge Berry. Fourth District Congressman J. Ridley Mitchell, perhaps feeling a third candidate might be able to win the nomination, also joined the Senate

Aside from his disagreements with McKellar on patronage, Berry made little impression upon the Senate. Berry retained the presidency of his union and spent as much time in Tennessee as he did Washington, D. C. Former Senator Bill Frist,

who authored a companion

volume to Kenneth McKellar's own book about senators from Tennessee, points out George L. Berry was never recorded as having once spoken in the Senate Chamber, nor is there a single piece of legislation bearing his name. While Berry clearly enjoyed the prestige of serving as a senator, it is questionable how hard he worked at it or even how much time he devoted to the job. It was a glaring contrast to McKellar who gloried in serving as Tennessee's senator and was relentless in his pursuit of projects and appointments for Tennessee and Tennesseans. McKellar paid attention to the smallest details of his job and much of the correspondence coming out of Berry's office

bore secretarial signatures. Berry nonetheless wanted to continue serving in the United States Senate and his campaign was evidently well financed. Full color posters, a rarity for the time, began appearing all across Tennessee, bearing a flattering likeness of the candidate, as well as a facsimile of his bold signature, urging Tennesseans to return him to the Senate. While it is not known today, Berry's campaign posters and literature was very likely printed by his own union's presses. Berry had perfected and patented a five color printing process, which belonged to him personally, rather than the

The Berry campaign was severely hampered by his running dispute with the Tennessee Valley Authority. The TVA was quite probably the most popular New Deal agency in the state and revered by most Tennesseans. Berry was fighting with TVA over the value of mineral deposits he owned on property that had been flooded. Berry insisted the marble inundated by TVA waters was worth as much as \$3 million, a claim TVA Board Chairman Arthur Morgan thought preposterous. In fact, Dr. Morgan believed Berry's claims to be so outrageous as to merit criminal prosecution. Boss Crump derisively dismissed Berry as either

George "Marble" Berry or

"the marble wizard."

Morgan insisted upon holding a public condemnation hearing to precisely determine the value of George L. Berry's holdings. Berry was immediately embarrassed when it was revealed his partner had sold his own interest in supposedly \$3 million worth of mineral leases for a mere \$400. Berry found himself on the stand and didn't much enjoy the experience. When reminded that he, along with other directors of his union had been charged in 1921 with a misappropriation of funds, Berry roared, "Why don't you hit above the belt?"

When the TVA lawyer produced documentation showing that Berry and his partner had signed numerous leases with property owners providing them with a 50% commission for any transaction with the Federal government right around the time the Tennessee Valley Authority legislation had been approved by the Congress, Berry was forced into the uncomfortable and unlikely position of denying he had ever seen any of the agreements.

Finally, Berry exploded, thundering, "I was once within three votes of being nominated Vice President of the United States!"

Senator Berry left the

Part 3

Both Roosevelt and the New Deal were enormously popular in Tennessee, especially with Democrats. Berry's principle opponent for the Democratic nomination, Tom Stewart, was campaigning across Tennessee as a solid supporter of FDR and the New Deal. Berry denounced the New Deal as "socialism", a remarkable about-face considering that two years previously he had raised a huge war chest and had worked hard for FDR's reelection.

Berry mailed tens of thousands of copies of his speeches explaining his dispute with TVA to Tennesseans. Berry even went to the trouble of mailing a copy of a speech made by Nebraska Senator George W. Norris to constituents. Norris Dam was named for the Nebraskan and he was considered by many as "the father of the TVA" and Berry surely hoped the association would help his flagging election prospects.

Berry's erratic campaigning and change in his political views did nothing to help him or Governor Browning who valiantly tried hard to pretend George L. Berry didn't exist. The McKellar - Crump organization was working frantically and their candidates were presented to the voters as a ticket. Signs and campaign buttons for "Cooper - Stewart - Hudson" were everywhere in Tennessee. Crump urged on the Memphis machine to turn out a huge vote, while Senator McKellar daily kept a close eye on the campaign from Washington. McKellar himself returned to Tennessee to make a few speeches and greet friends as Election Day

It would be the end of election took an inexplicable George L. Berry's political career as well as his influturn when he began camence in elections.

Senate Chamber as the Farm Bill was coming up for consideration. It was soon apparent even to Berry his claims against the TVA were hurtful to his campaign and he gave several speeches to try and address the issue. Berry had filed his claims against the Tennessee Valley Authority even before appointed to the U.S. Senate by Governor Browning, which makes his selection all the more puzzling. Berry proved to be a detriment to Gordon Browning's own reelection campaign and the governor tried to distance himself as best he could, which was virtually impossible, especially as his brother was Berry's approached. Secretary.

hearings in a huff, claim-

ing he was needed in the

Senator Berry's bid for

paigning against Franklin

Roosevelt and the New Deal.



Promises Made, **Promises Kept**

ELECT for Property Assessor

Paid for by the Committee to Elect Phil Ballard



From State Representative **Harry Brooks**

It's been a long week. It started with tornado warnings and severe thunder storms in the Nashville area on Sunday night. As I have mentioned before, my wife and I live in our motor home at a campground while we are in Nashville. A

motor home is not a good place to be during a tornado! We had some anxious moments and were prepared to head to a more secure location if necessary. Fortunately that

was not needed. In addition to that, I have suffered from a really bad cold all week that pretty much did me in. So, if I didn't respond to your phone calls or e-mails, please be patient. I will get Regardless of how poorly I felt, legislative

work continued. We had three session days (Monday, Wednesday and Thursday), and on Tuesday I met with the Education Committee as we held our first meeting. I chair the Children and Family Affairs Committee, and we began meeting on Wednesday. In addition I met with several individuals, including some from the Knoxville area, who had legislative concerns. One was Margaret Maddox from the Discovery Center concerning the Science Alliance Program. I also had two students from Junior Achievement, Bader Shehadah and Habiba Soliman, that shadowed me for a day as they learned more about the legislative process. I also met with Sherry Morgan the president of KCEA. Thursday I met with the Tennessee Higher Education Committee and the Department of Education concerning proposals regarding educational issues.

All proposed bills had to be filed by January 26th. By having an early deadline for introducing legislation, we are hoping to reach our goal of an early adjournment for this session. We are working toward finishing by the end of April or first of May. This will save the state money and allow us more time to be back in our districts taking care of constituent issues. I am carrying a number of bills and will be discussing them here more thoroughly as the session continues. One that affects a good number of families deals with the lottery scholarship money awarded to students. The revenue from the sale of lottery tickets is not keeping up with the amount earned. Something must be done. The legislation I am proposing, if passed, will take affect beginning with the students entering college in the fall of 2015. At that time, students attending a four year Tennessee institution of higher learning will be required to meet BOTH the grade point average AND the ACT requirement to receive the scholarship money. Those choosing to attend a two year institution or technical center will not see any changes from the cur-

As we head toward spring, I know many schools and families are planning spring trips. Visiting the Capitol in Nashville makes for a fun and educational experience. My

Kickin' it Old-School

Cont. from page 1

rent standards.

slogan of Home Federal Bank: "American Dreams, Hometown Answers." While this type of nostalgic promotion works for a 100+ year old general store and for a local bank, there are instances where this type of strategy is not appropriate.

Marketing is much like fashion...A dress found on the catwalk might not work on the sidewalk. Sometimes you have to take it and "make it your own." Let me explain, a cutting-edge technology consulting firm wouldn't want to incorporate a dated look into their promotional materials. However, this concept of "nostalgia" can be incorporated through more tangible avenues.

For instance, many ".coms" are advertising their customer service in this manner: "Call our 1-800 number and speak to a live representative." They have chosen to leverage their customer service against competitors who may use an automated voice system. Never underestimate the power of a hand-written thankyou note to an important client, it is much more personal than an email. Keep fresh coffee in your lobby.

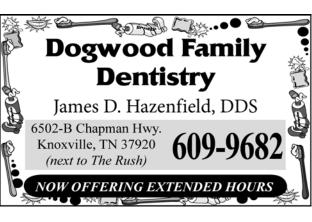
No matter how you go about it...your customers or clients should feel "at home."

Until next week, bona fortuna sit semper.

See next week's Focus for



office is available to assist you in making any plans. The Tennessee State Museum, which is across the street from the Capitol Building and Legislative Plaza, is an excellent museum portraying Tennessee history, and it is free. It is not open on Monday, so it would be best for you to plan to visit on another day. If you would like to attend a committee meeting, they meet on Tuesdays and Wednesdays or you can see a House Session on Thursday mornings at 9:00 a.m. The House gallery is open for visitors, and you might want to attend all or part of a Session. Also I enjoy having individual students accompany me on the floor of the House where they serve as page for a day. Contact my Nashville office if you would like more information about either of these opportunities. That number is 615-741-6879. It is an honor to serve you as your Representative.





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The fine art of extreme wrestling

By David Klein

Tennessee Extreme Wrestling (TXW) has recently risen to the top of the local wrestling circuit. The league, owned by Jerry Tipton, Certified Public Accountant, started in 2006. "We wanted to do it, try it," Tipton said, as his reason for starting the league. "My biggest challenge was, who was going to wrestle?"

Touted as a clean,

family, event, TXW started with some local wrestlers fans might recognize. Perhaps the biggest name to begin the league Tipton got, was Tony Anthony, aka "Dirty White Boy." "Dirty White Boy" played a big part in getting Tennessee Extreme Wrestling started. Dirty White Boy, grew up in Knoxville, watching wrestler Buddy Caldwell on TV, wanting to be a wrestler.

Dirty White Boy told

stories about wrestling 7 days a week and twice on Sundays. He wrestled everywhere from Tulsa, Oklahoma, to the Superdome in New Orleans.

The Superdome match took place in 1982 in front of 60,000 people. Dirty White Boy took on Sergeant Slaughter in the match.

I also had the pleasure of speaking with Billy Marshall, who is a wrestler and does talent relations for TXW. Marshall is proud of the fact that the show appeals to kids and that talent comes from "anywhere and everywhere." "We give anybody a chance," Marshall said. Marshall grew up idolizing Dirty White Boy and is thrilled to have him in TXW.

Adding to Marshall's point about appealing to fans, the wrestler Violet

said that the fans have been incredibly loyal over the years. "Fans know what they want," she said. "They let you (the wrestler) know what they do and don't like. She proclaimed it as a place where people can forget about their problems.

"To have that power over them (fans), to know beyond a shadow of a doubt, they'll be back," is something Dirty White Boy strived for in his matches. He adds, "We want them excited after the first bell rings and to leave excited"

Despite these ways the wrestlers connect with the fans, Dirty White Boy complained that the wrestling has changed a lot over the years. "Guys today think they know everything; we are losing the fine art of wrestling." "Wrestling has

<u>Continue on page 2</u>

Sports treasure hunt takes turn down Memory Lane

I like to collect sports mem-



By Steve Williams

o r a b i I i a and several items in the Knoxville Flea Market booth belonging to Bobbie and Johnny Fisher caught

my eye.
An old 33 1/3 LP vinyl record album named "The Bear," with a drawing of the legendary Alabama football coach in his houndstooth hat on the cover, stood out to this longtime fan of the Southeastern Conference

I also took home a Powell High megaphone and Central Bobcats cup to add to my high school sports collection.

Continue on page 2

An "Angel" used the picture of two Red Devils as the cover for a birthday card she made recently for her dad. The photograph of Johnny and Bobbie Fisher was taken in the summer of 1962, a year before they were married. Johnny was a quarterback at Halls High and Bobbie was a cheerleader captain. Their children, Angela and David, attended Central High, but these days Bobbie and Johnny pull for the Red Devils.





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The fine art of extreme wrestling

Cont. from page 1

changed so much," he added. "Wrestlers today don't have the knowledge or the tools to be better than what they are."

The negative, however, is outweighed heavily by the positive. Owner Tipton described TXW as a "stress reliever." "We do it and we enjoy it. It's a fellowship with each other. It's like a big club."

Violet adds, "We want to give them (fans) their money's worth and more."

Wresting fans will also see at matches Mack McMurray, the commissioner and occasional referee who has been in the ring with Andre the Giant for 16 years. Rayne's specialty move is the Rain Drop.

TXW hosts matches every first Saturday of the month. Winter matches are at the Milton Roberts Recreation Center next to Comcast on Asheville Highway. Summer matches are behind Tipton's tax office at 6232 Washington Pike. All matches begin at 7 pm and last approximately till 10 or 10:30 pm. Admission is \$5 with kids 10 and under free.

The next match is Saturday, February 4, and features TXW Heavyweight Champion Ron Sexton vs.

and also Bobbie Rayne, who has been wrestling

I never knew baseball cards came in cans until I saw the two the Fishers had on display. They were from the 1990s and had never been opened. Atlanta Braves pitcher Greg Maddux was featured on one can and Seattle Mariners slugger Ken Griffey, Jr. on the other.

Cont. from page 1

I also purchased a card collection of Olympic greats from yesteryear. Jesse Owens' card was on top. And if you someday see

a guy wearing a Tennessee Oilers football T-shirt, that could very well be me.

Just as fun for me on

this sports treasure hunt January 22 at Knoxville Expo Center was meeting the Fishers. I first noticed Johnny was wearing a Halls High ball cap. I asked them how they had come to have these old sports items. That kicked off an enjoyable conversation. I found out they were sports enthusiasts, too.

Sports treasure hunt takes turn

The Knoxville FOCUS

down Memory Lane

Johnny was the senior quarterback for the Halls Red Devils in the fall of 1960 and Bobbie was captain of the Halls cheerleading squad as a senior in the fall of 1963. Their first date was going to the City-County all-star high school football game at Evans-Collins Field in August of 1961. They got married on August 13, 1963, close to 49 years ago.

The young sweethearts in the picture I noticed on a table in the booth were Bobbie and Johnny. Their daughter, Angela, had used the photograph as the cover for a birthday card she made for her dad, who had turned 69 on this day.

Turns out the Fisher family tree has many sports branches. One reached the Greater Knoxville Sports Hall of Fame. Another climbed to the NFL.

Milo Fisher, Johnny's dad, was inducted into the Knoxville Hall of Fame in 1991 for his overall athletic career, standing out first as a fullback and punter at Knoxville High in 1929-31, then later as a bowler.

Johnny told the story of the time General Neyland borrowed his dad from the

high school team because he was a left-footed punter and the Vols' upcoming opponent, Alabama, had a left-footed punter.

"They wanted to get use to the different spiral," explained Johnny. "College coaches couldn't do something like that now."

Johnny also heard about his dad wearing two leftfooted shoes when he played on the high school basketball team his senior year. "Somebody gave him a good buy. But when he got home he discovered the shoes were for two left feet. He didn't have the money to buy anymore."

Milo Fisher, also known as "the boy from McAnally Flats," an old community in the Mechanicsville area of Knoxville, was good enough to play football for Tennessee. In fact, he practiced on the Vols' freshmen team and pledged to a UT fraternity, said Johnny, but "quit to support his mother. He had six sisters and was the baby boy" in the family. Milo's father had died when

Milo was a young boy. Years later, when Knoxville hosted the American Bowling Congress tournament the first time, a special event matched a local all-star team of bowlers against a team of professionals, the Budweiser all-stars, which Johnny is almost certain included Dick Weber, one of the sport's all-time greats. The local team lost the match overall, but Milo Fisher defeated Pat Patterson, his pro counterpart, said Johnny.

Last summer, Johnny's nephew, Scott Galyon, joined his grandfather in the Greater Knoxville Sports Hall of Fame. Galyon, a rugged middle linebacker, starred at Seymour High and UT before playing professionally with the New York Giants and Miami Dolphins.

ship of Christian Athletes staff in 2007 and is currently the Lakeway Area representatve for the FCA. The Galyons have a

Galyon joined the Fellow-

son (Elijah) and daughter (Gracie Mae) and "they are in the process of adopting a 3-year-old boy (Micah Levi)," said Bobbie.

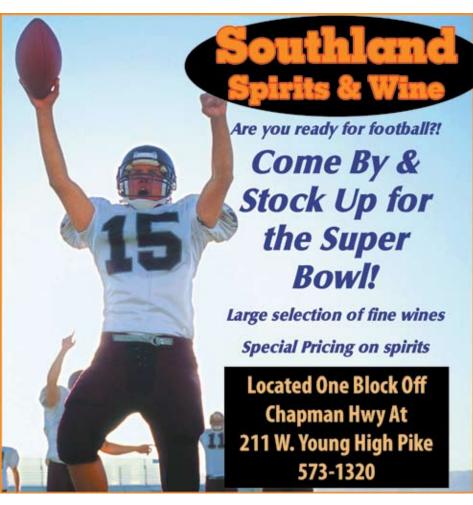
According to great uncle and great aunt, 9-year-old Elijah already is "a really good ball player." It's in his blood. UT needs to go ahead and put him on the recruiting board.

I had one last question for the Fishers before I left that day, even though I had a pretty good idea what the answer would be. Since they have lived on the other side of Black Oak Ridge in Fountain City for many years now, and their children attended Central High, who do they pull for these days when Central

plays Halls? "Oh, Halls (of course),"

answered Johnny. RDFL, these two. (Red Devils for Life).

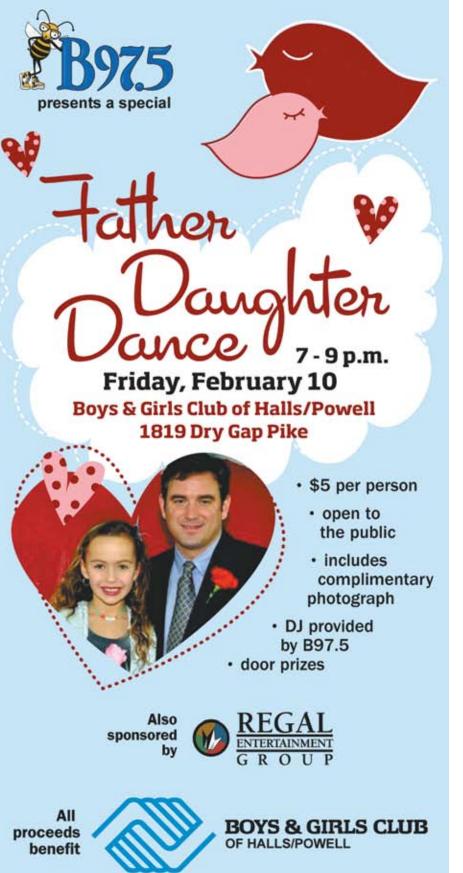
As for me, on this sports treasure hunt, I got more than my money's worth.





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Who Ya Got?

A Super Bowl XLVI Preview

By Alex Norman

The good news? The biggest football game of the year will be played on Sunday,

The bad news? It will be the final significant football game for seven months, so you better enjoy it.

The last thing you want is to be the uninformed person at the Super Bowl party... not knowing answers to the basics. The New York Giants and New England Patriots will play in this game, and it's a rematch of one of the greatest Super Bowls in history, a 17-14 upset by the Giants four years ago.

In their respective histories, the Giants and Patriots each have three Super Bowl titles.

The Patriots quarterback is Tom Brady, known almost as much for his Brazilian supermodel wife (Gisele) than for his ability to lead his team to the Super Bowl for the fifth time.

The Giants quarterback is Eli Manning, known almost as much for being Peyton Manning's little brother than for his late game heroics. Eli has led the Giants to come from behind wins in the fourth quarter seven times this season.

That's enough knowledge to get through the uncomfortable small talk with your spouse's boss.. But what happens when the game is delayed for

an hour because of a runaway gang of poodles? To pass the time, take some notes...

Local flavor? Three former Tennessee Volunteers will play in the Super Bowl on Sunday. For the New York Giants, safety Deon Grant, now in his 12th NFL season, has 13 tackles this postseason, with a fumble recovery and an interception. Grant's signature play in college was an interception in the fourth quarter of the Florida game in 1998. Without that pick, the Vols likely lose to the Gators, and don't win that national championship.

For the New England Patriots, there are two more Vols. Let's start with defensive end Shaun Ellis, who, like Grant, is in his 12th NFL season. Ellis spent his first 11 years with the New York Jets. Jerod Mayo is in his 4th NFL season, and has emerged as one of the top linebackers in the sport.

So either way, a UT alum will pick up a ring. The UT football program can always use some positive publicity, and they'll get it on Sunday.

Why don't they smile? That is the question for the two coaches in this game... New England's Bill Belichick and New York's Tom Coughlin. Belichick is considered by some to be the best football coach on the planet, but appears to

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approach his craft with all the joy of someone getting a root canal. Coughlin has spent most of the past few years on a coaching hot seat that only Derek Dooley could envy. But here they both stand, at the height of their profession.

Any hidden gems? Everyone knows about Brady and Manning, but each team has its share of players that are getting more and more headlines. New England is the home to two of the top tight ends in football. Aaron Hernandez caught 79 balls for 910 yards and 7 touchdowns this season. Rob Gronkowski was even more productive, with 90 catches for 1327 yards and 17 touchdowns (an NFL single-season record for tight ends). Althought he is nursing an injury to his left ankle.

For the Giants, look no further than wide receiver Victor Cruz. Undrafted out of that college football hotbed, the University of Massachusetts in 2010, Cruz has become the Giants big play threat. In the NFC championship game win over San Francisco, Cruz had 10 catches for 142 yards. Expect Manning to target Cruz a great deal on Sunday.

There is always a lot at stake in a Super Bowl game. In this one, there are many story lines to keep you interested past the first commercial break. For Brady, a fourth Super Bowl title would match Terry Bradshaw and Joe Montana. No quarterback has won more. For Manning, a second Super Bowl title would give him one more than his older brother Peyton, and would give his Hall of Fame candidacy a major boost (Eli probably has many years left in the NFL, but two titles equals Canton almost every time

for a quarterback).

The game will

The game will come down to many factors, but perhaps the key will be which offensive line protects their quarterback the best. Brady took a beating against the Giants powerful front four in the Super Bowl four years ago, as well as during a week 9 matchup this year, a game won by the Giants 24-20. Manning was hit a painful

12 times against the 49ers in the NFC title game.

Keep your quarterback on his feet... and keep your world championship hopes

The past 10-15 years have seen a bunch of very good Super Bowl games, and this one has the poten-

tial to join that group.
Enjoy it folks. Get your popcorn ready...



WEEKLY ACHIEVEMENTS FOR TUESDAY CLUB 55, JANUARY 16, 2012 HIGH GAME SCRATCH-MALE 231 GENE ALLMON 217 GARY WILSON 203 HUBERT GUSBY

HIGH SERIES SCRATCH-MALE 679 GENE ALLMON 599 GARY WILSON 547 JABO REDMOND

189 BETTY PHILLIPS 297 HUBERT GUSE
171 BARBARA NELSON
HIGH SERIES SCRA
HIGH SERIES SCRATCH-FEMALE 791 GARY WILSON

HIGH GAME SCRATCH-FEMALE

194 LINDA WORTH

574 LINDA WORTH 468 BARBARA NELSON 449 BETTY PHILLIPS

WEDNESDAY CLUB 55: HIGH GAME SCRATCH-MALE 247 GENE ALLMON 244 RALPH ALLMON 233 HUBERT GUSBY

HIGH SERIES SCRATCH-MALE 660 GENE ALLMON 629 RALPH ALLMON 599 HUBERT GUSBY

HIGH GAME SCRATCH-FEMALE 185 CAROLYN MCGILL 180 MAUDE WALLACE 177 ELLA DOWLING

HIGH SERIES S CRATCH-FEMALE 509 CAROLYN MCGILL 471 BARBARA GRUBB 459 MAUDE WALLACE

THURSDAY NO-TAP; HIGH GAME SCRATCH-MALE 300 RICHARD DAVIS 300 DAVID MYERS 297 HUBERT GUSBY

HIGH SERIES SCRATCH-MALE 791 GARY WILSON 780 GENE ALLMON 764 BILL BYRGE

HIGH GAME SCRATCH-FEMALE 300 KIMBERLY OWENS 233 LYNNE PORCO 233 MARGARET MYERS HIGH SERIES SCRATCH-FEMALE 797 KIMBERLY OWENS 619 MARGARET MYERS 602 BETTY PHILLIPS



Katie Blackwell was 103 years old on January 24. Congratulations Katie! She spends her time at the home of her son and daughter in-law, William and Maria Mills.



Congratulations to RubyMiller who turns ninety-five on January 30th. She bowls twice a week at Fountain City Lanes. We love you Ruby

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Arts & Entertainment

Knoxville Version of 'Dancing With The Stars' Announces 2012 Lineup

The Star 102.1's "Dancing with the Knoxville Stars" competition will take place Thursday night, February 16 at 6 p.m.

Knoxville area celebrities participating in "Dancing with the Knoxville Stars" include:

 WBIR-TV 10 Sports Anchor Kris Budden
 Lorena Estrada from WVLT Volunteer TV
 Fitness Expert Missy Kane
 Local singer/songwriter Logan Murrell
 Former University of Tennessee Football player Robert Peace Knoxville News Sentinel Writer Jamie Satterfield • Star 102.1's DJ Shaffer • Renita Stinnett from the Knoxville Expo Center/Graham Corporation • Former First Lady of Knoxville Janet Testerman

Singer/songwriter and Master of Ceremonies at Dolly Parton's Dixie Stampede Jay Teter
 WATE 6 News Anchor Bo Williams

For more information on Star 102.1's "Dancing with the Knoxville Stars," contact Seth Linkous at (865) 541-8165 or at slinkous@etch.com.



Knoxville Symphony Orchestra Offers a Musical Story Time

A string quartet from the Knoxville Symphony Orchestra will travel to local libraries during the months of February and March to read stories and play music for pre-school aged children as part of the orchestra's Story Time Program. The theme for this season's program is Music Is All Around Us. Musicians will read books that explore music that children may hear throughout their day from breakfast to bath time. The program will open with introducing young children to string instruments through reading the KSO's recently published book Better Than Cookies, As Good As Cake, written by KSO cellist Stacy

Nickell Miller. The book introduces string instruments by telling the story of a young girl who receives a violin. She finds that the sound that her violin makes, both alone and as part of a string quartet, is better than cookies and as good as cake. The characters in the book, illustrated by Stephen Brown, are loosely based on members of the Knoxville Symphony Orchestra. The second book, Violet's Music, tells the story of a born musician who searches to find a band of friends with whom to play music. Fiddle-I-Fee, based on Aaron Copland's I Bought Me a Cat, will explore in song items that may be purchased

on a daily trip to the store. These performances will help to highlight the connections between music and literacy and introduce string instruments to young audience members.

KSO's Winter Story Time Series is sponsored by Tennessee Arts Commission, Knox County and the City of Knoxville.

The KSO has contributed to the cultural life in East Tennessee since 1935. Under the leadership of Lucas Richman, the orchestra consists of more than 80 professional musicians and performs more than 200 programs throughout East Tennessee each season.

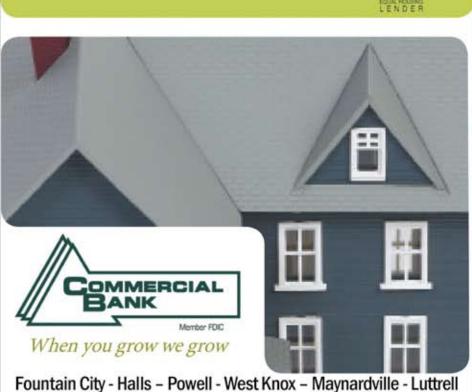
Performances are FREE and open to the public. A list of locations, dates and times can be found below and on the KSO website: www.knoxvillesymphony.com.

Date	Time	Location
February 1	10:30 AM	Burlington Library
February 7	11:00 AM	South Knox Library
February 8	11:00 AM	Carter Library
February 10	10:30 AM	Powell Library
February 15	11:00 AM	Halls Library
February 16	11:00 AM	Lawson McGhee Library
February 16	4:00 PM	Norwood Library
March 6	10:30 AM	Caryville Library



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The Doctor is in

a weekly column by Dr. Jim Ferguson

Bicentennial

some noteworthy day for our country or some historical figure. In fact, this may not resonate as important to anyone but me. Because, you see, this is my 200th essay for the *Knoxville Focus*, but you needn't worry about navigating through parades or confetti.

A lot has changed since I began writing for Mr. Hunley's newspaper almost four years ago. That was before Obama's election, the collapse of Fanny, Freddie and the banks, and it was before EMR (electronic medical records) came to my prac-

I'm a better writer now than when the Focus first introduced me and my column, The Doctor Is In. I believe you learn by doing. Theory is important as a bridge to understanding, but you don't learn to write by taking courses; doing is essential.

There's an axiom in medicine that goes, "Watch

No, this essay isn't about one, do one, teach one." I understand the theory of an inflamed appendix threatening to rupture. I've assisted with a number of appendectomies, and I could probably take out an appendix in an emergency. However, I tell patients that if I was doing their operation they might never be the same again.

> I think of myself as a 20th century man trying to cope with the 21st century. There is much about our modern world that is problematic, but I'm not a Miniver Cheevy. There's even more that is wondrous about the world. Here I sit at my computer organizing fluxing electrons as words and thoughts. I marvel at the letters of John and Abigail Adams written with a quill on scarce paper and nary a smudge or a mis-

Because of modern marvels I can organize my words and thoughts just so. A software program even alerts me to incorrect spelling, or

verb tense problems, and my editress alerts me to misplaced modifiers. And the iPhone in my pocket is actually a powerful computer that connects me to a world of information and friends around the country and the world.

Nonetheless, I frequently find myself computationally out of my comfort zone. Becky and I bought each other a portable Bose music system for Christmas. To my frustration I couldn't get my iPhone to synch with the Bose system and play the music I'd been promised. Much to my chagrin was the diagnosis rendered by the Apple Store Genius (technician). "Doctor Ferguson, you have lint in your port." Dang, I thought that only occurred in your navel! My iPhone is always with me (unless I'm in the shower) and apparently the lint in my pocket obstructed the port. I hate

it when that happens. My struggles with computers are legendary. Just recently, I was logging onto our Summit Intranet and my computer's entire screen began to rapidly flash between black and blue before it locked up and reverted to the old basic DOS pattern of white numbers and letters on a black background. It took the fine folks of the Summit IT department most of one morning to fix the problem that my apparent negative energy field caused.

Computer technology and my iPhone are necessary for my writing and patient care in this complex age. I have apps (software applications) which enable me to check drug interactions and give me updates on medical issues; I have the world of medicine in my pocket along with the lint. And my GPS (global positioning) app recently helped me find a patient's home when doing a house call - a sense of direction isn't one of my strong points.

My real technological challenge will occur this week as my office goes live with EMR and we leave standard medical charts behind. This is a "Brave New World" that even Aldous Huxley could not have envisioned. I've quit grousing about the government forcing me to convert to the fabulously expensive EMR technology, but I guess I should apologize to my patients for the inevitable distractions the conversion will cause. My only defense is that I must convert or quit. The Obama-care regulations say so.

I will, of course, have our IT department's support, but I'm apprehensive, and I'll probably feel like a fish or duck out of water, as the saying goes. However, if you ask a fish about the water around him he'd say, "What water?" Someday when I've mastered the new EMR technology I may look back and say, "What problem?" Until



The Doctor is in

a weekly column by Dr. Jim Ferguson

Hello Folks!

I want to introduce myself and a brand new column on medical topics that will appear weekly in the Knoxville Focus. My name is Dr. James V. Ferguson. I am a native Knoxvillian and a practicing Internist with Summit Medical Group. The publisher of Knoxville Focus and the editor have graciously given me the opportunity to share some of my perspectives of medical care that spans thirty years. My focus is to help you understand the complex medical care system and make good choices for your family. Knowledge is empowering and I want you to make sure that your family is getting quality care.

To get things rolling let's define a few basic terms. A PCP is a primary care physician, and is, ideally, the first doctor you should see. Your primary care doctor may be a Pediatrician, an Internist or a Family Practitioner. Each of these doctors train for an additional three years after medical school in what are called internship and residency programs. Doctors of Osteopathy (DO) are similarly trained as PCPs. At the end of their postdoctoral training, these doctors become board eligible and hopefully pass the rigorous board examinations, becoming board certified physicians. While board certification is not the measure of a person it is nonetheless an important indicator of rigorous training and the pursuit of excellence.

Pediatricians are specialists in childhood diseases, and Internists are specialists in adult medical problems. Family Practitioners and DOs often serve both adults and children. Other doctors choose to practice in Urgent Care Clinics or in Emergency Rooms. In fact, a new specialty is the Hospitalist, a doctor who cares for patients only in the hospital. In an effort to serve patients more efficiently, many medical practices are using Nurse Practitioners, registered

> Excerpt from March 10, 2008 Focus. Congratulations on #200!

then I'll just imagine myself of Grace and shout, "I'm as a ship floating on the sea claiming peace!"

New Year, New You



Enroll now for only \$25.

Parties, dinners and festive gatherings—this time of year we all tend to put on those unwanted extra pounds. This is a great time to drop them. And to help you get started we've dropped our enrollment fee-now only \$25.



KCHD offering group interactive approach for diabetes management

Being diagnosed with diabetes is a life-changing event. Managing the disease can be time consuming and overwhelming. That's why Knox County Health Department (KCHD) is now offering an interactive diabetes management tool involving a method called **Diabetes Conversation** Maps to help patients cope and learn from each other. Designed for small groups of 8-15 participants, KCHD's trained staff of dietitians can facilitate the program at businesses, churches or other organizations at no charge. For more information on bringing the Diabetes Conversation Maps to your group, call 215-5170.

American Diabetes Association, the program has been very effective across the country by helping patients understand and assume responsibility for managing their diabetes - not just telling them what to

Recommended by the

do. The program operates similarly to a board game with a map of diabetes issues. By progressing as a group across the map, participants ask and answer questions, and learn from one another as well as the educator. KCHD's **Diabetes Conversation** Maps benefit patients by providing visual models that can be remembered more effectively; allowing them to discover answers for themselves; helping patients internalize and personalize health information in a fun and engaging way. Better diabetes self-management is the goal. Each session lasts 90 minutes to 2 hours. Participants are encouraged to schedule/attend multiple sessions because different aspects of the disease will be discussed.

"Patients always say how delighted they are with the practical tips they learn from other people in the Map session," said Susan

Fowlkes, KCHD clinical nutrition director. "Simple suggestions are shared that make diabetes management easier in day-to-day living."

In Tennessee, the percentage of adults with diabetes almost doubled between 1996 and 2005, from 5 to 9.1 percent and the state had the sixth highest percentage of diabetic adults compared to all other states. In Knox County, diabetes was the seventh leading cause of premature death in 2005. In 2008, almost 10 percent of Knox County adults reported they have been diagnosed with diabetes. This estimate does not include pre-diabetes or borderline diabetes. The estimate for 2002 was 7.1 percent and in 2005, it was 8.2 percent (Knox County Behavior Risk Factor Survey, 2002, 2005, 2008). According to the national Centers for Disease Control and Prevention, there are 17.9 million people nationally diagnosed with

diabetes and an estimated 5.7 million people who have the disease but are undiagnosed. If current trends continue, one out of three U.S. adults will have diabetes by 2050.

Knox County Health

Department's initiatives through the Comprehensive Approach to Reducing Diabetes (CARD) Program directly address reducing diabetes rates and include programs such as the tri-yearly diabetes management class series; community-wide walking programs; the Nutrition Education Activity Training (NEAT) after school program; minigrants for local businesses and child care facilities to improve diet and physical activity; a walking school bus pilot project and an Eat Play Live Conference planned for March 2012. The CARD Program is funded through an agreement with the Tennessee

Department of Health.

Fans of Lady Vols aim to 'Beat the 'dores'

Area blood supplies are very low, so patients in local hospitals have very high hopes for big donor turnouts during next week's 12th Annual Bleed Orange competition between fans of the UT Lady Vols and supporters of the Vanderbilt Commodores women's team. Lady Vol fans won this competition last year and this year's contest is set for January 30 - February 3.

Donors can visit one of two donor centers: 1601 Ailor Avenue or 11000 Kingston Pike in Farragut. For donor convenience, community drives are also planned.

January 30, Asheville Highway Animal Hospital, 4516 Asheville Hwy, 10:30 a.m.- 6:30 p.m., Bloodmobile.

January 31, I.T.T. Technical Institute, 10208 Technology Drive, 10 a.m.- 5 p.m., Bloodmobile.

February 1, Chick-fil-a, Chapman Hwy, 11 a.m. -6 p.m., Bloodmobile. February 1, First Ten-

nessee Plaza, 8 a.m. - 5 p.m., Bloodmobile. February 1, Mast

p.m., Bloodmobile.

February 1, Sharon Baptist Church, 7916 Pedigo Road, 2 p.m. -8 p.m., Inside Ministry

General Store, 9 a.m. - 5

February 2, UT Institute of Agriculture, 8 a.m. - 4 p.m., Inside Hollingsworth Auditorium.

February 3, East Tennessee Children's Hospital, 7 a.m. - 4 p.m., Inside Meschendorf Room.

February 3, Wal-mart/ Halls, 11 a.m. - 6 p.m., Bloodmobile.

Lady Vol fans who donate blood will receive a limited edition "Bleed Orange" T-shirt, a \$5 coupon for Moe's Southwest Grill, and Medic's family blood coverage. Medic's family blood coverage exempts the donor and parents (if they still claim student as an IRS dependent) for one year from paying blood collection fees at any U.S. hospital if a transfusion is needed. Vanderbilt fans will give blood to

the Nashville Red Cross

at locations in that com-

Faith

Life in Community

God has called His people to live in commu-

nity with

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each

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tians,

to be

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Brackney, Minister of the Arlington Church of Christ

we gather with other Christians, this should be a time of wonder and awe, as people try to be like Jesus and serve one another. I believe this is something our world is desperately seeking, to be in a community

Beaver Ridge United

Beaver Ridge United

Methodist Church (7753

Oak Ridge Hwy) is welcoming

back Wednesday Night

Dinners! Just think of a

full meal with desert and

no cooking or cleaning

the kitchen! Dinner starts

at 5:45 p.m. in the Family

Life Center. Cost is \$5 for

adult, \$3 children under 10

years, and no more then

\$16 per family. After dinner

you are welcome to stay

for activities for children

and youth and small group

studies for the adults. Call

the church office 690-1060

Methodist Church

of people who care and love each other.

There is no doubt time is what we need to be alone with God. A quiet place of rest and prayer with God is critical to our spiritual health. But there needs to be a healthy balance of isolation and community. When we understand who you are in Christ and how God cares about others, we are able to relate to others in a new way.

There are times that community can break down. We find ourselves talking badly about someone or have a bad attitude about a fellow Christian. Richard Foster says that sometimes we

Church Happenings

cook for!

Christ United

Methodist Church

Christ United Methodist

Church, located at 7535

Maynardville Hwy, Knoxville,

TN 37938 will have FREE

CLOTHING & OTHER ITEMS

available on Saturday,

February 25 from 8:30 a.m.

until 2:30 p.m. Anyone in

need please come by and

shop, no questions asked!!

Dante Church of God

will be distributing BOXES

OF BLESSINGS (food) on

Dante Church of God

by Monday for reservations Saturday, February 11,

need to fast from people because we eat too many of them. They give us indigestion. Have you ever had that experience?

Perhaps the reason we don't get along at times is because we are mentally and physically exhausted. I know there are days I have not had enough rest. Before making a big decision about something where I might make a mistake, it would be better to postpone and deal with the fatigue first. Back off, get some rest, and spend time with God before coming

One of my favorite places to talk with my wife is on our front porch

11:00 a.m. or until boxes

like to come and receive a

box of blessings is invited.

You must be present to

receive a box of food. One

box per household. For

more information call 865-

The Knoxville Fellowship

Luncheon (KFL) will meet

Tuesday, January 31 at

the Golden Corral on

Clinton Highway at noon.

Angie Merritt will be the

guest speaker. For more

information, visit: http://

689-4829

KFL Outreach

Ministry Presents

are gone. Anyone who would

so we know how many to 2012 from 9:00 a.m.. to

back into community.

swing. We can feel the breeze, watch the birds, see the wind blowing through the trees. It is a place of rest and peace. It is a place to recharge our emotional batteries. It is a place to reconnect. Our marriage always feels stronger after these times together.

If we are reconnecting with God in a quiet place, our relational connectedness with others will be stronger. Swinging on the front porch with God will actually help us minister to others to a greater degree.

Life in contemplation fosters life in community. Sometimes we think it is just the opposite. Each

kfl-luncheon.com.

New Hope Baptist Church

Celebrate Recovery

adult and youth classes

every Tuesday at 7 p.m.

Twelve Step Class every

Wednesday at 6:30 p.m.

New Hope Baptist Church

7602 Bud Hawkins Road,

Corryton, TN 37721. For

more information, call 688-

Come worship with us

5330 or 300-5350.

night I plug my I-Phone in to recharge. I know that it will be powered up and ready in the morning for a busy day. Likewise, if our spiritual batteries are recharged each morning or evening in private devotion to God, we

will be ready to take on a busy day serving others in Jesus' name. Life together is not a burden, but becomes a joy. Ask God to help you find the right balance for your life.

Pray Ye, One for Another

But from there you will seek the LORD your God, and you will find Him if you search for Him with all your heart and all your soul. "When you are in distress and all these things have come upon you, in the latter days you will return to the LORD your God and listen to His voice. "For the LORD your God is a compassionate God; he will not fail you nor destroy you nor forget the covenant with your fathers which He swore to them.

Deuteronomy 4:29-31 (NASB)

Salvation: Sue, Ann, Joe, Don, Ada, Charles, Tony, Luke, Lynn, Rick, Brian, Matt, Tina, Nina, Lois, Rick, Doris, Everet, James, Amber, Carl W., Ryan B., Tracie, Randy, Richard, Brandon, Roger, David, Travis, Ronald Jr, Emert fam, Charles & sons, Protection: C.J, Lila, Cade, Jay, Aidan, Elijah, Judy, Blake, David, Miguel, Haylee, Kaleb, Haley, Weslin, Cooper,

Matthew, Kyliegh, McGinnis fam., U.S. Military Peace & Strength: Pat, Angel, Brenda, Bobby, Vanessa, Melissa, Angela, Gloria, Jay, Pat, Angela, Holly, Linda, Doyle, Brand, Doug S, Carol S, Marty S, Stephanie, James S, Barbara H, Matthew, Angela & fam, Woods fam, Hester fam, Lasley fam, Staley fam, Johnson fam, Closer Walk: Jessica S, Jeff, Kurt, Charity, Haylee, Frankie, Steve, Kelly, Lorie, Hanna, Patricia, Bobby, Lauren, Rodney, Connie, Chuck, Taylor, Scott, Christian fam, Blessings: Dan, Pat, Joy, Tim, Eric, Connie, Leslie, Frank, Sarah, Ricky, Brenda, Ronald, Fayola, Sandra, Kindra, Tasha, Frances, Judy, Josh, Pacer, Tricia, Lucy, Benny, Blake, Blanch, Pauline, Randall, Kimberly, Elizabeth, Ronald. Hettie, Graham fam., Hepperly fam, Richardson fam, Finger fam, Cates fam, Brooks fam, Dearing fam. Healing: Ted, Sara, Estal, Clyde, Ronnie, Karen, Ricky, Donna, Merle, John, Caroline, Gladys, Steven, Jerry B, Joel W, Mike, Stacy, Hal T, Kristen, Vickie, Brian, John, Reba, Patty, Judy, Elzora, Josiah, Herbert M, Marilyn C, Melinda, Heselton fam., Deliverance: Marc, Eddie, Travis, John W, Larry W, Sherry, Amanda, Bonnie K, Bradley. William K, Napier fam,

Unspoken: Julie, Lea, Jim, Josh, John, Dexter, Kristen, Ruble, Debbie, Marsha, Shirley, Frances, Rick, Linda, Guidance: Joe F, John S, Dennis H, Howard, Jessica S, Gigi H, Tony, Tammy, Deonna, Dominique, Sandra, Barbara G, Frankie, Justin, Jewell, Lauren, Taylor, Tee, Emily, Mike, Lauren F, Joby, Scott, Hutchison fam, Fernandez fam, Mike,

Leah & kids, Kairo Torch Ministries, Ausler fam, Would you like to be added to the prayer list? Call

HALLS CHRISTIAN CHURCH

Corner of Hill Road and Fort Sumter Road Larry Woods, Minister · 922-4210 · www.hallschristian.net

Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

Sunday School - 9:45 a.m. · Morning Worship - 10:45 a.m.

Where Christ is Making a Difference in Our Lives and in Our Community

New Beverly Baptist Church 3320 New Beverly Church Rd

Knoxville, TN 37918 Rev. Eddie Sawyer, Pastor www.newbeverly.org 856-546-0001

11:00 a.m. 6:00 p.m. 7:00 p.m.

Bus Ministry -

Sunday School 10 a.m. Sunday Morning Worship Sunday Evening Worship

Wednesday Evening Prayer Wednesday Evening Youth 7:00 p.m.

865-766-5051, Text (ONLY) 865-951-8197 or e-mail For transportation call 546-0001 Vance@John36.com; or Patricia@john36.com.

As easy as one, two, three

Buyers only get one



FIRST look at a property, and they don't want to use their imagination. They

assume the house they see is as good as it's going to get. If you want your home to sell, step out of your comfort zone and think like a buyer. Here are three ways to help you turn your house into the home of someone else's dreams.

First, no one likes a dirty house, and what "lived in" is to you might be someone else's "messy." When in doubt, clean. It's the least expensive way to improve your home's initial appeal, and it's a good way to get a jump-start on your move. To do this, the first thing you need to do is de-clutter. Next up is a good, solid scrubbing. Spend a weekend washing the floors, baseboards, and bathrooms. Be sure to get the tops of cabinets and corners behind furniture. Clean every piece of glass in the building. Too

From Seymour Middle

Hey everybody! I hope you have started off

the new

year on the right

foot! Last

week in

Seymour

a s



By Abby Shehan

National School Board Application week! So we want to give our School **Board member Charles** Temple a HUGE Seymour "Thanks!" for all he has done for us over the years! We also want to congratulate Ms. Wanner and Mr. Wishler for getting Teacher of the Year!! I hope everyone has a wonderful week!

many people ruin a pristine home with spotty mirrors and doors. Don't forget the outside of the house. Hose down your exterior walls and driveway, trim the lawn and hedges, and remove any trash cans and clutter from sight.

Secondly, part of the joy of buying a new home is starting with a clean slate. No one wants to buy an existing to-do list of nagging little fix-its. Making small fixes now can put the buyer's mind at ease. Focus on inexpensive, highly-visible problems. Doorbells, window glass, cabinet handles, and holes in walls are all easy to spot and cheap to fix.

Finally, buyers like to see what they're viewing. Good lighting, vivid color, and a few visual cues can go a long way toward making your home a memorable one. Repaint interior walls; particularly those in the bathroom, kitchen, and extremely bright areas. Replace traditional incandescent light bulbs with compact fluorescents, which put brighter lights in your existing sockets while saving money. Tie back curtains to let in the maximum amount of sun, which makes a house look more inviting than artificial light. Spruce up empty or colorless zones with potted plants. They add character to a room, but are obviously disposable if a buyer dislikes them. Repaint your front door, mailbox, and any street numbers

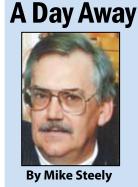
If you are thinking of selling your home in the near future, give me a call and I will be glad to share with you some ways that you can prepare your home for a Successful Sale! Call today. I WILL WORK FOR YOU!

JAN COLE EXECUTIVES office)865-688-3232 cell)865-455-

jancole@realtyexecutives.com www.iancolerealtor.com

House to Home

It's not Jellico Mountain!



It's a little thing, being irritated by things being called by the wrong name, but it gets under my skin when it happens.

You're watching local television news and the weather person is talking about Jellico Mountain, saying something about the snow or ice there if you are driving north.

"There's a chance that Interstate 75 might be hazardous as you cross Jellico Mountain," they say.

We all know what the forecaster is talking about, right?

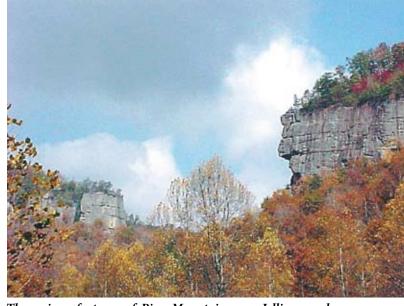
Wrong.

I-75 does not cross Jellico Mountain. The stretch of interstate between Caryville and Jellico climbs Cumberland Mountain at Bruce Gap, tops off at Flat Woods, passes Royal Blue, and then Stinking Creek. That section of the highway then tops a land bridge and climbs Pine Mountain.

From there to Jellico you are atop Pine Mountain, not Jellico Mountain, and yes it leads to Jellico and the Kentucky state line, but it's Pine Mountain, not Jellico Mountain.

Back a few years ago when Margie Isom was saying "Jellico Mountain" I had a chance to talk with her and we got it corrected for a while. I wonder if current weather people ever look at a map.

Pine Mountain is a wonder, it's a mirror image of Cumberland Mountain, pushed up by a long fault that stretches some 123 miles from



The unique features of Pine Mountain near Jellico can be seen as you drive through "The Narrows" and see places like Primroy Hollow. For the Knoxville television weather people: It's Pine Mountain, not "Jellico" Mountain.

near the Scott-Campbell county line all the way to the Breaks of the Sandy River near the

West Virginia border. Along the way it averages about 2,400 feet, with limestone on the north face and sandstone on the south, just the opposite of Cumberland Moun-

Pine Mountain only has three water gaps, one at the Breaks, one in Pineville, Ky., and the most southern in Jellico at what is known locally as "The Narrows." The peak is long and narrow, spotted with streams, waterfalls, rock shelters, caves, and wild country. Locally it's a haven for four-wheelers, hikers, and hunters.

You can get a quick idea of the unique geology by taking Highway 25W north from LaFollette and, as you near Jellico, you'll notice huge bluffs in The Narrows. Primroy Hollow and that region has a little known natural arch and other unusual features.

There the mountain does something odd. The limestone that you see at the Jelllico Quarry actually twists, dips beneath the Clear Fork River, and climbs back up the mountain on the other side.

Not to say there isn't a "Jellico Mountain," for there is. That name applies to the peak that you see off to the left as you top Pine Mountain. It's across the way, opposite Elk Valley. Apparently it was named for the Angelica plants found there that early settlers used as a substitute for tea.

There's also a well known family in England with the "Jellicoe" title and you'll find Jellico as a minor community name there and in Canada.

So, weather people, if you read this please use "Pine Mountain" instead of "Jellico Mountain," because it's more accurate and it won't offend those knit pickers like

You don't call the Smokey Mountains the "Blue Ridge" mountains, so get your act together and get it right. After all, weather is news,



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ANNOUNCEMENTS

AARP February Driver Safety Classes

For registration information about these AARP Driver Safety Classes, please call Carolyn Rambo at 584-9964.

2/1 & 2/2 9 to 1 Oak Ridge Senior Ctr., 728 Emory Valley Road, Oak Ridge

2/2 (1 Day) 8 to 5 Blount Memorial Health Center, 230 Associates Blvd., Alcoa

2/16 & 2/17 12 to 4 Halls Senior Center, 4200 Crippen Rd., Knoxville

Basic Computer Class

Smithwood Baptist Church is offering a Basic

Computer Class from 10 a.m. to noon on Mondays and Wednesdays, February 6, 8, 13, 15. Instruction includes an introduction to Windows 7 and how to edit text, create and arrange files and folders and use the paint program. Cost: \$20.00 for entire course. For more information, contact Shirley or Earl Walker at 687-9429 or ewwalker@bellsouth.net.

Bower Field Sign Ups

Wee Ball, Tee Ball, Softball and Baseball Sign ups for Spring Baseball and Softball will be:

Saturdays, Feb. 4th,

call: 748-0122 (leave message) or 573-3016 (leave message)

Eclectic Evening of Music

Country, classical and bluegrass Music will be featured at the Eclectic Evening of Music A Benefit for Alzheimer's Tennessee, hosted by Courtyards Senior Living on Friday, February 3, at 7 p.m. at Grove Theatre in Oak

Tickets are \$20. To purchase yours today, call The Courtyards Senior Living (865) 481-6009. Tickets may be picked up between 9 a.m. and 6 p.m. at The Courtyards locations in

Oak Ridge and Knoxville, or held for pick up the evening of the concert.

Iwo Jima remembrance

Echo Ridge retirement community, located at 8458 Gleason Drive in Knoxville, invites local veterans and the general public to a remembrance of the Battle of Iwo Jima on Saturday, Feb. 4 at 12:30

Iwo Jima, site of the famous flag-raising photo by Joe Rosenthal, was a pivotal one-month battle between the United States and Japan during World War II. February marks the 67th anniversary.

Echo Ridge is paying tribute by hosting a complimentary chef-prepared lunch with specialty desserts followed by a remembrance video at 1:45 p.m. There is no cost to attend.

Space is limited, so guests are asked to RSVP by calling Echo Ridge at 865-769-0111.

Knoxville Restaurant Week

Description: During Knoxville Restaurant Week, local restaurants will offer three-course meals at \$25 or \$35 fixed prices February 26-March 2, with \$5 of the dinner price going to Second Harvest Food

Bank. www.knoxvilleres-

LeConte Photographic Society meeting

taurantweek.com

The LeConte Photographic Society will have their monthly meeting on Tuesday, February 7 at 6:00 p.m. at the Sevierville Civic Center. In addition to the monthly photo competitions, they will present the winning images from the Scenic City International Photo Exhibition sponsored by The Photographic Society of Chattanooga. Winners represent 43 countries around the world. This is a free

Cont. on page 4





This charming home situated on the 12th fairway features open floor plan w/amazing views from every window! Hardwood floors, main level office + master on main. Kitchen offers 42" cabinets, stainless appliances, & granite tops. All brs have great walk-in closets & tons of storage! Finished basement w/3 golf cart gar.& workshop area. \$349,900





ANNOUNCEMENTS Cont. from page 3 program and open to the

Listening Hearts meeting

Listening Hearts, A Gath-

ering of Bereaved Moms,

will meet 3:00-5:00 p.m.

on Saturday, February 4, in

the west conference room

at the Eye Institute (former-

ly the Baptist Eye Institute),

2020 Kay Street. Contact

CLASSIFIEDS

NEIGHBORHOOD SALES

HUGE ANNUAL RUMMAGE SALE Baseball Team

ANTIQUES FOR SALE

NATIONAL CASH REGISTER-WORKS, ALL SILVER, HEAVY, MOVING SELL CHEAP 865-660-8239

.....

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.....

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http://listeninghearts.net or e-mail listeninghearts@live.com.

Lucinda Heatherly Tent #3 meeting Lucinda Heatherly Tent #3, Daughters of Union Vet-

erans of the Civil War will meet on Saturday, February 4, 2012, at 1:00 p.m. at the East Tennessee History Center, Gay Street. William Hardy and Lisa Oakley will present a program about the National History Day Competition. For information call 865/494-7785.

Sterchi Elementary news

Feb. 7 - Skatetown -Family Skate Night - 5:30 - 7:30 Feb. 17 - Jump for the

Playground March 12 - PTA Meeting

April 13 - Family Fun Night 5:30 - 8:30

South Doyle High School

South Doyle High School Baseball Team is holding a HUGE ANNUAL RUMMAGE SALE on Saturday, February 4, 2012, 8 a.m. - 1 p.m. (at SDHS Young Campus Cafeteria - across the street from main campus on Tipton Sta. Road). See ad on this page!

Little goodies from

Spinach Dip

2 cups plain low-fat yogurt 1 envelope ranch dressing

1 10oz package frozen chopped spinach,

thawed and well drained

1 8oz can water chestnuts, drained and

½ cup fresh red pepper, diced

Line a strainer with cheesecloth and place it over a deep bowl. Add the yogurt to the strainer, cover and refrigerate overnight. The yogurt will drain and thicken overnight. Discard the liquid.

Mix in ranch seasoning with prepared yogurt. Add spinach, water chestnuts and red pepper. Chill for at least 30 minutes before serving. Serve with fresh vegetables and pita wedges. Garnish with some extra red pepper slices. Yields 24 servings.

Asparagus Rollups

16 fresh asparagus, trimmed

16 slices sandwich bread, crusts removed 1 package (8 ounces) cream cheese, softened

8 bacon strips, cooked and crumbled

2 tablespoons minced chives

1/4 cup butter, melted

3 tablespoons grated Parmesan cheese

In a large saucepan, bring 1/2 in. of water to a boil. Add asparagus; cover and boil for 3 minutes. Drain and immediately place asparagus in ice water. Drain and pat dry. Set aside. Flatten bread with a rolling pin. Combine

the cream cheese, bacon and chives; spread 1 tablespoonful on each slice of bread. Top with an asparagus spear. Roll up tightly; place seam side down on a greased baking sheet. Brush with butter and sprinkle with Parmesan

Cut roll-ups in half. Bake at 400° for 10-12 minutes or until lightly browned. Yield: 32 appe-

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