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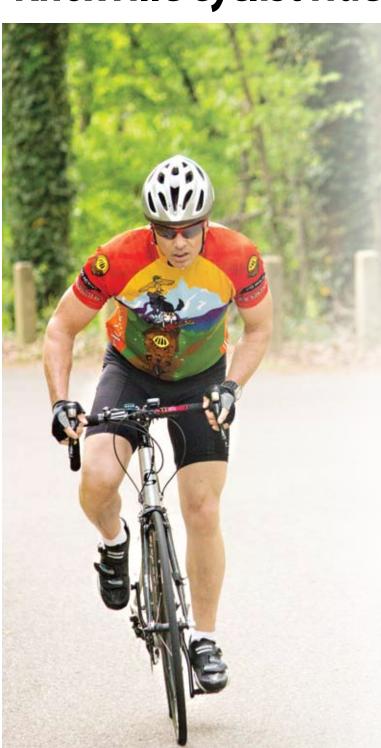
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May 13, 2013

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#### **Knoxville cyclist rides for Redeeming Hope**



Senior Olympics, I'm a Senior. So, accordingly, I must now reap the benefits of this age. Sit back, garner 'respect,' enjoy the easier life, and simply relax. ...Umm, I don't think so," said Knoxville resident John LaMacchia.

At age 55 LaMacchia is husband, father of three, and the band director at Vine Middle School. In his spare time, he is a cyclist and has been for 41 years. Over the course of his two decade long commitment to cycling, LaMacchia has ridden thousands of miles with his wife and sons and with friends all across the United States-literally.

According to LaMacchia, the pinnacle of his cycling career came in 1980 when he rode across the United States from San Gragorio Beach, California to Asbury Park, NJ. LaMacchia rode 3,400 miles in 56 days, averaging 70 miles per day- a personal goal which undoubtedly required both determination and perseverance.

Recently, he set a new goal, when he became concerned about the plight of the area's homeless and felt compelled to get involved.

"Most of the time, I drive right past the "homeless" who hold signs at intersections without giving in to their requests not knowing what they would do with a handout from me," he said. "Yet...We are called to care for the poor. So, that is what I want to do."

LaMacchia decided to take his passion for cycling and compete

"According to the AARP and the in the Tennessee State Championship Senior Olympic 5k Time Trial in Franklin later this summer in order to bring attention to Knoxville's Redeeming Hope Ministries, an organization that provides a number of services for local homeless. This particular goal will require the same persistence that propelled him across the country three decades ago.

LaMacchai trains hard. The 5k cycling time trial is a flatout sprint that lasts for 3.1 miles...in order to win, even as a senior, he will have to ride an average of 27 miles per hour. (Professional cyclists average 31 miles per hour.)

"We all think the Senior Olympics is a bunch of wrinkly old people who try to be athletic. I thought the same way until I began to look at the clock time of these racing cyclists," he explained.

This particular race is the 2013 Tennessee Senior Olympic Championship race for the 5 K Cycling Time Trial. If he medals, LaMacchia will automatically qualify for the next level of competition that will occur in the summer of 2014. The next official National Senior Olympics will be held in Minnesota in 2015.

"It's difficult, but I really do enjoy it and I am competitive. I promised myself to go for a gold medal. Not silver or bronze," he added.

Throughout his Senior Olympic training and race, LaMaccia wants to encourage personal donations to Redeeming Hope Ministries.

Continue on page 4

#### **FOCUS** Weekly Poll\*

Do you believe **Tennessee** consumers should pay applicable local and state sales taxes on their out-ofstate online purchases? **YES 38,59% NO 61.41%** 

> Survey conducted May 9, 2013.

\* Focus Weekly Polls are conducted by an independent, professional polling company

#### Exchange students prepare for return By David Klein

For a few eager, international students, spending a year at a high school in Tennessee is a great experience. Each year, many foreign students come to the U.S. to study for a year through an organization called the Education First Foundation.

The Education First Foundation (EFF) is the leader in high school exchange, bringing over 55,000 students since 1979. It is funded by the U.S. Department of State. Students involved in the program come from about 26 different countries.

Lendelle and Sue Clark first became coordinators back in 1985. Lendelle, Knoxville International Coordinator for EFF, said, "We went to the EFF Foundation because it was the largest and the best," he said. He said one of the biggest challenges is keeping the kids safe. To that end, EFF has a comprehensive background check on their host families. "We do a criminal background check on the host families," Clark said.

Clark said it just depends on how many students are in the program that determines which schools he sends them to. "I've got one in Bearden, two in Oliver Springs, one in Cleveland, two in West." The students met on

Continue on page 3

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## World-famous author Wally Lamb speaks to VMC

By Joe Rector

Best-selling author Wally Lamb did speak to an audience of 900 who attended the 2013 Carry the Torch Luncheon at the Knoxville Convention Center. It is sponsored by the Volunteer Ministry Center as a fundraiser for its programs. Lamb also mingled with a group the night before.

Lamb's most personal appearance occurred on Wednesday morning before the luncheon. In the dining room at the VMC, he sat down with fifteen local writers over coffee and pastries and talked about writing. Such an intimate setting excited attendees, and they all agreed that the \$15 charge for the break- head of the first fictionfast meeting was a deal.

Lamb said the idea for "She's Come Undone," a New York Times best seller and selection for the Oprah Winfrey Book Club, came



Wally Lamb takes time to thank Ruby Miller for the artwork she gave him..

while he was showering at first son.

"I heard a voice in my al character and scribbled some things down on paper," he said.

He found the note in the summer and then began developing the book.

home after the birth of his ers to stick with their craft. He urged them to find writing groups and workshops to attend for feedback on ing experience, and they their writing and for sup-

> Lamb says he doesn't write an outline to follow for his novels. Instead, he sits down each day at his

Lamb encouraged writ- desk and lets the story naturally unfold. Each book is special to him.

> "Each novel is a learnchange me, for the better I hope."

Lamb says that he enjoys living in the world and meeting people and wants to keep the balance between

that and his writing.

tion is a lonely thing."

"Sometimes writing fic-

Lamb welcomed the youngest person in attendance. Ruby Miller handed him a page she'd colored, and the renowned author stop everything to accept the artwork and to assure her it would be placed on his refrigerator.

Writers were surprised at Wally Lamb's downto-earth personality, and when the session ended, all felt as if they'd made a new friend.

Wally Lamb helped VMC to raise money for its programs, but just as impressive is the way he won over fans with his easy-going style. He left Knoxvillians hungry for his next book, "We Are Water," which is due out in October.

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#### **Focus on the Law** Identity Theft

According to the most recent figures from the Bureau of Justice statistics, 11.7 million people were victims of identity theft between 2006 and 2008. Congress made identity theft a federal crime



in 1998 when it Act. This act made the Federal Trade Commission (FTC) responsible for logging complaints by victims of identity theft and referring them to law enforcement and the major national credit

has a very good website at www. ftc.gov with many resources available to the public, including identity theft complaint forms.

Tennessee has passed its own legislation, the Identity Theft Victims' Rights Act of 2004. This state law imposes duties on private entities businesses that discard materials containing customers personal identifying information to protect this information from disclosure. Most importantly, this law makes identity theft a Class D felony, punishable by two to 12 years in jail and a fine of up to \$5,000. A victim of identity theft under this law may receive all rights afforded crime victims under the Tennessee Constitution and the Tennessee Victims' Bill of Rights, including the right to receive restitution. Furthermore, the identity theft victim may bring a private civil lawsuit against the thief and may

attorney's fees as well. If you believe you have been a victim of identity theft, you should take the following

actions:

recover damages

and reasonable

 Place a fraud alert or security freeze on your credit file with the major credit bureaus at Equifax (800)525-6285, Experian (888)397-3742 and Trans Union

2. Review your credit reports at

(800)68-7289.

Equifax (800)685-111, Experian (888)397-3742 (800)888-4213. information of any grantors of credit who accounts.

3. Close any passed the Identity Theft tampered accounts or htm. and Assumption Deterrence unauthorized accounts. Contact all creditors immediately with whom your name has been used fraudulently.

where you live.

5. File a complaint with the

(877)438-4338 www. Commerce and Insurance, consumer.gov/idtheft.

6. File a complaint with and Trans Union the United States Postal Inspector if you suspect Ask for contact an identity thief has used the mail to commit a crime against you or has filed a change of your address opened fraudulent (800)275-8777 www.usps. com/postalinspectors/ fraud/MailFraudComplaint.

> 7. File a complaint with the FBI Internet Fraud Complaint Center www.ifccfbi.gov.

8. Alert the Passport Office www.travel.state.gov/ 4. File a police report passport/lost/lost\_849.

9. File a complaint with reporting agencies. The FTC Federal Trade Commission Tennessee Department of

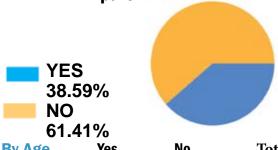
**Division of Consumer Affairs** www.state.tn.us/commerce/ contact.shtml.

10. Report the misuse of your Social Security number to the Social Security Administration (800)269-0271 http://oig.ssa.gov/ report-fraud-waste-orabuse

Be careful with your personal information and demand that companies be vigilant with your information as well. Obviously, this article does not cover every issue which might arise. You should always contact an attorney to get advice and assistance with your unique situation.



Do you believe Tennessee consumers should pay applicable local and state sales taxes on their out-ofstate online purchases?



O1. <del>T</del> 1/0					
By Age	Yes	No	Total		
18-29	50.00%	50.00%	2		
30-49	25.00%	75.00%	32		
50-65	31.11%	68.89%	135		
65+	44.44%	55.56%	243		
Total	38.59% (1	59) 61.41% (2	253)41		

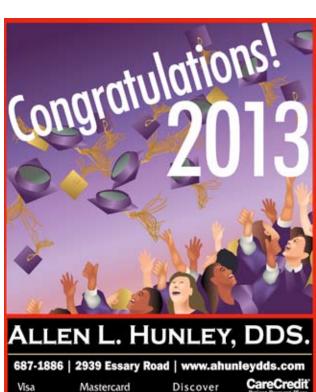
#### **By District**

1	28.00%	72.00%	25
2	33.33%	66.67%	48
3	48.94%	51.06%	47
4	43.08%	56.92%	65
5	30.95%	69.05%	42
6	46.51%	53.49%	43
7	33.33%	66.67%	45
8	39.22%	60.78%	51
9	36.96%	63.04%	46
Total	38.59%(15	59)61.41%(25	3)412
<b>D O</b> I			

by Genuer			
Unknown	25.00%	75.00%	12
Female	42.65%	57.35%	204
Male	35.20%	64.80%	196
Total	38.59%(15	59)61.41%(25	53)412

Survey conducted May 9, 2013.











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staff@knoxfocus.com Dan Andrews ......andrewsd@knoxfocus.com Sales ...... sales@knoxfocus.com Pam Poe ...... phpoe2000@yahoo.com Tasha Mahurin ...... tasha@knoxfocus.com

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## Exchange students prepare for return

Cont. from page 1

Saturday, May 4 for the Re-entry Orientation, a mandatory meeting that happens about one month before the foreign exchange students' departure. The first part of the meeting wrapped up the financial responsibilities of the students upon leaving. This would be bank accounts, phone bills, doctor bills, etc. "It's just to make sure everything's handled, make sure they have their ducks in a row," Clark said. He also got them to write about their experiences here in the United States as a letter to themselves and also about what they are looking forward to going back home. Clark and the host families will mail the letters back to the students in two months to show them what they were thinking. Along with this, the students wrote letters of appreciation to teachers, host families, and friends. The second part of the meeting was to address how the students were coping with returning home. They also answered the question of what has your host family and school meant to you. Students also participated in a host family workshop in which students and their host families shared with each

miss about each other. Certificates of completion were awarded to the students during

other about what they

enjoyed about hosting

their students and what

parents and students will

the orientation as well as certificates of appreciation to host families and schools from EFF.

In talking about their educational experience in the U.S., Clark said, "One thing they've noticed is how helpful the teachers are." He also said the students he is hosting, Isabelle Cornelius, from Berlin, Germany, and Alison Werlen from Switzerland, are more advanced students than the American students. "Their schools are harder," Clark said of European schools. However, the exchange students do not receive credit for their academic study in the United States. "When they go back, they have to make this year up," Clark explained.

Cornelius, 17, is a junior attending West High School. She said she had been to the United States twice before. She described some frustrations with having to get rides everywhere she travels, as opposed to using public transit in Germany, which transports passengers most places.

As far as some of the American food Cornelius enjoys, she said she likes Chick-fill-A a lot. She mentioned cole slaw, sweet potatoes and corn as other dishes she liked over here.

When asked about her favorite classes, she said, "I like all of my classes." She said there are classes here that she doesn't get over in Germany; two of them are interior design and forensic science.



Lendelle Clark, Jr. EF International Exchange Coordinator; Isabelle Cornelius, Germany, West High School; Nao Komukai, Japan, Bearden High School; Alexandra Linhardt, Austria, Heritage High School; Ramona A. Anthamatten, Switzerland, Cleveland High School; Gianmaraco Dei, Italy, Heritage. BACK ROW: Moritz Schulz, Germany, Polk County High School; Elin Hofstad, Norway, Anderson County High School; Alison Werlen, Switzerland, West High School; Vincent Zirkel, Germany, Berean Christian School; Philli Flad, Germany, South-Doyle High School.

She traveled to New York and Washington D.C., and also has been to Orlando. "I've been to Chattanooga with the track team," she added.

She said she liked talking to new people here, and that most people were friendly. She said that in Germany many people keep to themselves on the trains.

Cornelius participated in sports during the school year. "I used to play basketball for seven years," but now she runs track. She runs the 100, 200, and 400, meter dashes. "It's different for me being outside the whole time," she said.

Cornelius has enjoyed her time here and wants to return. She's made good friends

with the U.S. students here. "One girl said she wants to come over next summer," she said.

Another student, Alison Werlen, also stays with Clark and attends West High School as well. She is from the French-speaking part of Switzerland. She likes the friendly teachers that are more available to students. "They really care about us," she said. "Back in Switzerland, they just teach," she added.

Werlen said her experience here wasn't too out of the ordinary. "It was pretty much what I expected," she said of her expectations upon coming to the United States. "It's exactly like we see in the movies," she added.

She likes to play basketball and hang out with her friends when she's in Switzerland. She also likes to hike a lot. This is her first time in the U.S., and she says she will head back home on June 1.

"In the beginning it was very hard," she said, speaking of being homesick the first few weeks. "My host family helped me a lot," she said, to help her get through it. "Now, I don't want to leave."

She would also like to travel to Los Angeles, San Francisco, and Miami. "I kinda want to go everywhere in the United States," she emphasized. Werlen leaves June 1 to go back to Switzerland.

Both Cornelius and Werlen have enjoyed their time here and want to return to the United States. "I want to come

back to college here," Cornelius said. With the good experiences the international students have had in Tennessee, one may think that American students go over to Europe just as much. However, that's not the case according to Clark. To his recollection, just one high school student from Knoxville has studied abroad since he

has been coordinator. The EFF always welcomes new host families for international students. For information about hosting an international exchange student, visit www.effoundation. org or contact Lendelle or Sue Clark 691-0627.

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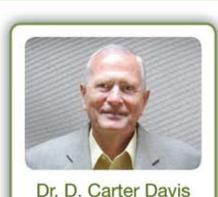
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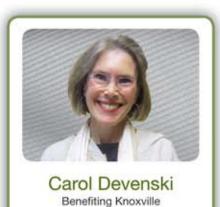
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Stephanie Wallace Benefiting SOAR Youth Ministries



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#### **FOCUS MORE ON** Seymour & South Knox

## Seymour is blooming

By Tasha Mahurin Tasha@knoxfocus.com

"We moved here so that we and garden," Chante Watkins of Seymour told The Focus.



Chante and Roger Watkins, originally from Florida, relocated to the East Tennessee area several years ago and initially moved to Dandridge. However, they soon found themselves in want of more outdoor space than their home in Dandridge provided.

"We saw this house here in Seymour, and it had plenty of room for gardening. I had little gardening experience," she laughed.

Now, their entire nearly halfacre backyard is an English style garden... full of 30 Knock-out roses, peonies, and wildflowers of all types. An intricate pathway flush with flowers leads to a fountain area suited for frogs and the dense shrubbery in another area serves as home to a warren of rab-

to behold, the crown jewel of Watkins' garden is the irises. The iris is Tennessee's state flower and could have room for our animals has been since 1933, but, according to Watkins, many people do not realize that the Iris comes in a variety of colors other than the traditional purple. In fact, there are over 170 species of irises. Watkins began her own unique iris garden by collecting bulbs from local roadsides, but then started buying the most unusual and rare breed of irises she could find.

"I've gone to a lot of auctions to



get some of the more rare irises in my garden, and I will also order the bulbs online from various breeders," she explained.

Watkins' garden features a stunning deep red species of iris, appropriately entitled "a gallant moment", however, Irises do not just come in unusual colors, but scents as well. Among the rarer in her collection is the root beer iris which is brownish in color with yellow accents. Many claim the While the entire garden is a sight scent of this particular species





of iris resembles the carbonated beverage from which it takes its name. The combination of rarity and beauty make for a remarkably tranquil space.

In fact, Watkins' bills her backyard as her own personal "oasis."

"Because we have several animals," she stated, "we aren't able to travel frequently, so we created this space as a retreat."

A portion of the breathtaking space features a converted children's Victorian playhouse, which houses the animals Watkins has rescued over the years. Several Royal Majesty.

dogs and two pot-belly pigs call this romantic garden home. Admittedly, Watkins has a soft spot for lost causes. "Many of the flowers in my

garden are 'death row' plants from either Lowes or Home Depot," she

Watkins buys many near-lifeless plants from the clearance aisle and rehabilitates them.

"They look dead when I take them home, but with a little TLC, the next year they look amazing," she added.



Rare irises from left: Mainstreet, Edgefield Glow, Montmarte, and

#### Seymour Farmers' Market to open

Saturday, June 1 is the opening day for Seymour Farmers' Market 14th season. The open air market is located in the lower parking lot of Seymour First Baptist Church on Chapman Highway every Saturday until mid-October from 7 to 11 a.m. www.seymourfarmersmarket.com

#### Knoxville cyclist rides for Redeeming Hope Cont. from page 1

Individuals can cheer him on with a "Cheer Donation" to Redeeming Hope Ministries. Personal "Cheer Donations" will go directly

to help the homeless. All personal donations can be sent via check to Redeeming Hope Minitries, C/O Eddie Young - Coordinator, 1642 Highland Ave, Knoxville, TN 37916. "Redeeming Hope is an organization with sound financial principles in which folks can contribute, trusting that donated funds will go directly to the homeless. My wife and I decided to seek 100% of all donations collected go directly to Redeeming Hope. I think this is very cool. And we will all be more blessed to give for this great cause," he added. For more information visit Redeeming Hope Ministries online at www.

redeeminghope.com.

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1 mile to Big Ridge state park & Norris Lake! Quite country setting. Updated and well maintained home on 1.85 acres. Home features 2br/2ba. screened in porch with hot tub, 2 car detached garage and so much more. \$109,900

150 Cross Creek, Maynardville 2 - 4pm Well maintained, spacious home on 1.75 acs.

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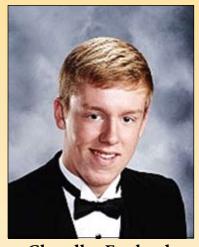
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# Congratulations Class of 2013! Central High Halls High



Chandler England, Valedictorian



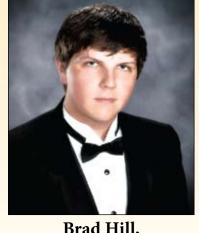
Jennifer DeHart, Salutatorian





Alexa Brantley, Valedictorian

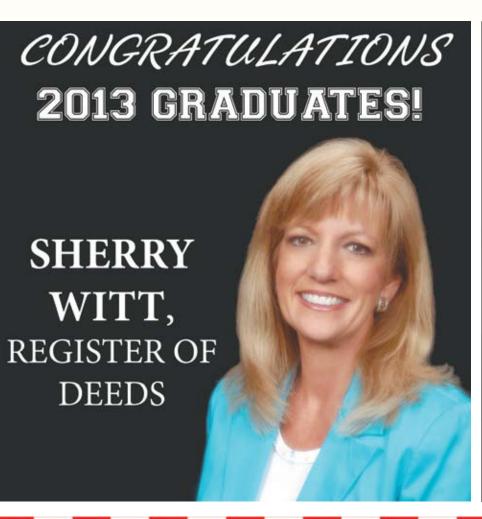


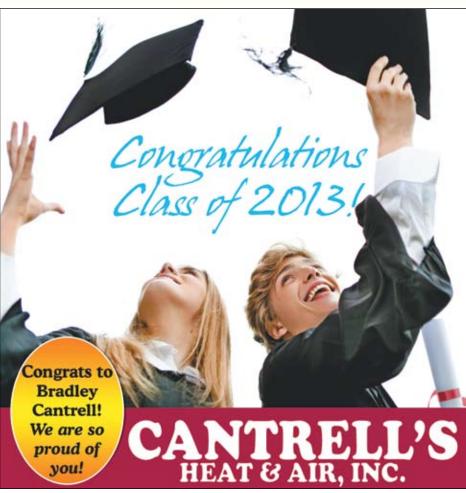


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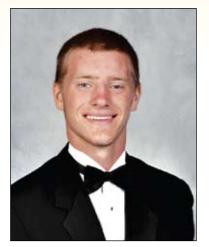
Jasmine Harper, Salutatorian



## GCA



Jeremy Andrew Herwig, Valedictorian



William Dean McKamey, Salutatorian





Mike Hammond County Commissioner

## Carter High



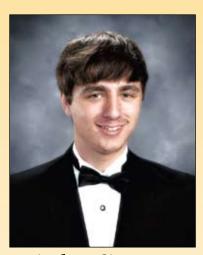
Amy Bodin-Henderson, Valedictorian



Zachary Nicely, Valedictorian

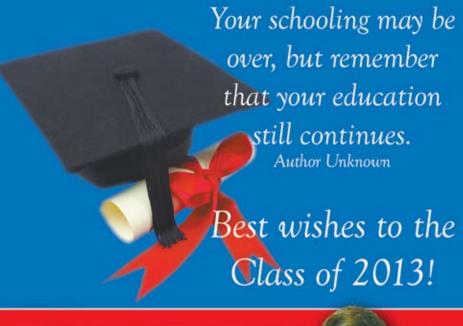


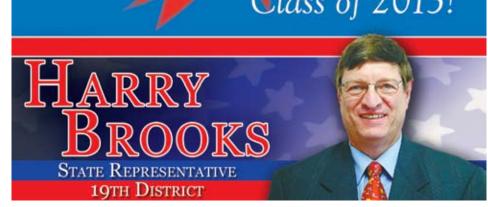
Abbie Slagle, Valedictorian



Andrew Simpson, Salutatorian









May 13, 2013 www.knoxfocus.com PAGE B3

## **Tennessee's Congressional Delegation**

#### 1945-46

#### **Pages from** the Political



By Ray Hill rayhill865@gmail.com

arold Earthman had been a suc-.cessful businessman, served for a brief time in the Tennessee House of Representatives and as the County Judge (or County Mayor) of Rutherford County. A portly man with prematurely gray hair, Earthman easily won the Democratic primary to succeed Congressman Jim Nance McCord who had been elected Tennessee's governor after a single term in the U.S. House of Representatives.

Like his predecessor, Earthman was confined to one term in Congress. He sought reelection in 1946 but faced a strong opponent in the Democratic primary in Joe L. Evins. Evins was the son of longtime State Senator Edgar Evins and was fresh from having fought in World War II. Many returning veterans had come home and sought public office and as a freshman Congressman, Harold Earthman had not consolidated his hold in the Fifth Congressional District.

Evins carried nine of the eleven counties comprising the Fifth Congressional District and would go on to serve in the Congress for thirty years, finally retiring in 1976 to make way for Albert Gore, Jr.. As for Harold Earthman, his politi-

dying in 1987. J. Percy Priest was the Congressman from Tennessee's Sixth District, which was largely composed of Nashville and a few surrounding counties. From 1908 until his death in 1936, the district was represented in Congress by Joseph W. Byrns. Byrns would rise to the very height of power inside the U.S. House of Representatives, becoming Speaker in 1935. Following Byrns's sudden death, Richard M. Atkins had been elected to succeed him, winning the primary by a scant thirteen votes. Atkinson had been the Attorney General for Davidson County prior to his election to Congress and was a controversial figure. Atkinson was especially disliked by Tennessee's senior

Atkinson served one term in Congress before losing to his predecessor's son and namesake, Joseph W. Byrns, Jr. in 1938. The younger Byrns edged out Congressman Atkinson in the primary and in a heavily Democratic district, went on to win the general election. Joseph W. Byrns, Jr. might

United States Senator

Kenneth D. McKellar.

have carried his famous father's name, but certainly didn't inherit his father's political skills. Congressman Byrns had grown up largely in Washington, D. C. and



FROM THE AUTHOR'S PERSONAL COLLECTION.

Set of Congressional free frank mailing signatures of the Tennessee delegation.

being an adored only child, seemed to feel some disdain for the people he represented. Unfortunately, he was not able to mask that disdain and during his 1938 reelection campaign, referred to the "clodhoppers" in his district. Byrns nents, former Congressman Richard Atkinson and Tennessee Utilities Commissioner W. D. "Pete" Hudson. Congressman Byrns only won the nomination with a plurality and confidently expected to be reelected in the fall. J. Percy Priest, a former reporter for the Nashville Tennessean, was waging a campaign in the general election as an Independent. It was a bold gamble and ordinarily an Independent would have little chance against a sitting Congressman of the majority party, especially in so heavily a Democratic district.

Under funded, with little support from the establishment, Priest shrewdly used Congressman Byrns's overconfidence and contempt for his constituents to win a surprise victory in the 1940 general election. Priest, who was once described as being as "ugly as homemade sin", yet having a sweet disposition and heart as big as the outdoors, remained a highly popular figure inside his district for the rest of his life. Percy Priest, like so many other Congressmen who are highly popular inside their respective districts, was not defeated nor did he choose to retire; it was

Percy Priest, long in

death that took him out of the Congress.

delicate health, had gone to the hospital for surgery on an ulcer, but died unexpectedly several days later in October of 1956. Those traveling to Nashville can hardly miss the enormous

J. Percy Priest Dam. special election in 1937. Named for William Wirt, an Attorney General of the United States and reputedly one of the best lawyers of his time, Wirt Courtney graduated from Vanderbilt Law School, as well as the Faculte de Droit at the Sorbonne in France. After having served in the American Expeditionary Force in World War I, Courtney returned home to Franklin, Tennessee where he established a law practice. By 1932, Courtney was Adjutant General of Tennessee, as well as holding the rank of brigadier general in the Tennessee

National Guard. Courtney was elected as both a Circuit Court judge and Chancellor during the early 1930s and when Congressman Clarence W. Turner died in 1939, Courtney ran for and won a seat in Congress. Congressman Courtney was a strong supporter of President Franklin D. Roosevelt and the New Deal. Courtney was routinely reelected until 1948 when he faced James "Pat" Sutton in the Democratic primary. Like Joe L. Evins, Sutton was a returning veteran of World War II. Sutton had in fact been a highly decorated veteran, having been awarded the Silver

Star, Distinguished Service

Cross and the Purple Heart.

Pat Sutton was also a very effective speaker and possessed considerable charisma; that combined with his war record, made him a strong candidate.

Sutton was more conservative than Congressman William Wirt Courtney had Courtney and by 1948, cal career was over and he had been challenged in the represented Tennessee's President Franklin Delano remain in Congress for the resumed his business inter- Democratic primary that Seventh Congressional Roosevelt was dead. next twenty-eight years. ests and law practice before year by two serious oppo- District since winning a Courtney's record as an old New Dealer did not prove to be especially helpful to him and he lost the primary by fifty-eight votes out of more

than forty thousand cast. Pat Sutton enjoyed a brief, but meteoric rise, eventually leaving Congress after only six years to run against Senator Estes Kefauver in 1954. Sutton's Senate race was quite well funded and he used the then novel gimmick of campaigning by helicopter and holding marathon campaign events on the new medium of television. Sutton castigated Kefauver for his liberalism, but lost badly.

Sutton attempted to regain his seat in Congress in 1956, challenging his successor, freshman Congressman Ross Bass. Bass beat back Sutton's challenge easily and Sutton went on to be elected Sheriff of Lawrence County. **Evidently Sheriff Sutton's** term of office was, to say the least, tumultuous with Sutton and his brother both eventually being indicted for counterfeiting. Sutton's last campaign

was in 1976 when he faced his old rival Ross Bass in the Democratic primary for the right to face Republican incumbent Robin Beard. Sutton won only a fraction of the vote and it was the end of his political career and he later moved to Michigan

where he died in 2005.

Congressman Murray hailed from Jackson, Tennessee, the scion of a highly influential political family. Murray was first elected to Congress in 1938 when Congressman Herron Pearson retired. Thomas Jefferson Murray would

Murray rose through the seniority system to occupy the Chairmanship of the House Post Office Committee, yet by the 1960s he was ailing. Although his family pressed him to retire, Murray, a bachelor, refused to leave Congress voluntarily. Congressman Murray lost a close race in 1966 to a young state legislator named Ray Blanton. Following his defeat, Tom Murray returned home to Jackson, Tennessee where

he died in 1971. Jere Cooper was one of the most powerful members of Tennessee's delegation to Congress. First elected in 1928, Cooper had risen through the ranks to occupy the Chairmanship of the most powerful committee in the House, if not all of Congress: the Ways and Means Committee. All tax legislation in Congress is supposed to emanate from the Ways and Means Committee and Jere Cooper was clearly the most influential member of Tennessee's Congressional delegation by 1955.

strong national Democrat, Congressman Cooper was strongly supportive of both Presidents Franklin Roosevelt and Harry Truman. Throughout his long career in Congress, Cooper rarely faced political trouble back home. Occasionally he might find himself pressed by a

**Part Two** 

challenger, but in 1956 despite his Chairmanship of the Ways and Means Committee, Congressman Cooper was presented with a real fight on his hands. Robert "Fats" Everett was a native of Obion County and had been the Circuit Court Clerk while still in his twenties. Everett had been the Administrative Assistant to Senator Tom Stewart and held the same position after Gordon Browning returned to the governor's office in 1949. Following Browning's defeat by Frank Clement in 1952, Everett became the Executive Director of the Tennessee County Service's Association. A shrewd observer of politics and a jovial personality, Everett quite nearly beat Congressman Cooper in the 1956 primary.

As it turned out, Fats Everett's entry into the Congress was merely delayed, as Congressman Jere Cooper died of a heart attack in 1957. Cooper was succeeded by Everett who remained in Congress until his own death from a heart attack in 1969.

Clifford Davis was the Congressman from Tennessee's Tenth District, which was Shelby County and the domain of Edward Hull Crump. Davis had long been a member of the Crump machine, serving in various local offices before his election to Congress in 1940 after Congressman Walter Chandler had been elected Mayor of Memphis. Davis was a highly popular local figure in Memphis and Shelby County and was the last vestige of the Crump machine to survive in public

office. Davis was one of the House members wounded while on the floor when Puerto Rican separatists opened fire from the galleries. Congressman Davis recovered and continued to serve in Congress until 1964. Crump had died in 1954 and the machine he had so carefully built barely survived him. Clifford Davis was one of the few remnants of the Crump machine and at age sixtyseven faced a challenge from George Grider. Grider managed to beat Davis, removing the last of the Crump machine from office in Shelby County.

For those anti-Crump Democrats, it was a bittersweet victory, as the rise of the Tennessee Republican Party soon buried Congressman George Grider. Many of the old Crump allies had grown more conservative over the years and allied with the Republicans, elected Dan Kuykendall in 1966. Kuykendall would serve in Congress for the next eight years when the pendulum swung back and a new machine was born; that of Harold Ford.

Throughout the past, Tennessee has produced some remarkable leaders and a number of colorful political figures. Tennessee's Congressional delegation in 1945-46 boasted some highly influential and durable political figures that would help shape the future for decades to

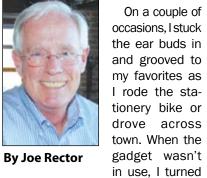
#### Do What?

It's a world where I'm losing ground. I consider myself technologically educated, or at least I did until recently. That's when my ignorance became glaringly obvious, and I suddenly felt old and as out of

camera. My iPod Touch stopped working, and I visited the iPhone store to have the battery replaced. Before Christmas, another store offered to replace it for \$80, but at the IPhone shop I discovered that I could get a replacement iPod for the same price. Woohoo! I'd discovered a fantastic deal and strutted with a feeling of a

super-shopper. As instructed, I backed up all the information on my iPod. That meant copying music and apps to something called a "cloud." No, I haven't the slightest idea what that is; technicians told me to do it, and I did without asking any questions. Once home with a reconditioned iPod, I began the process of transferring my things. Uh oh! Suddenly my apps no longer work on the thing because they've been updated and won't run on my iOS, 4.2.1. DO WHAT? Of course, it took a couple of hours before the problem was diagnosed. Luckily, I still had plenty of apps on my iPhone.

I had my music, and that's the reason for wanting my iPod in the first place. I prefer to listen to tunes on it rather than my phone. Yes, I know that's a duplication of services, but for my simple-minded way of thinking, each electronic device should have limited functions.



date as a Kodak Instamatic it off to save the battery life. Upon pushing the button to turn it back on, I discovered the battery was critically low. my iPod home and to hook The thing charged for a couple of hours, and then I stuck it back in the desk. A week later, I retrieved it and discovered the battery was again nearly drained. Frustration set in as I realized another trip to the mall was necessary.

> Upon arrival, I was greeted by a scrawny kid with glasses and hair that hung in his eyes. He asked if I had an appointment and when I said "no," he informed me that one was available in "just 20 minutes." Okay, this was just like visiting the doctor, and that proved even truer when the appointment time came and no one showed up to help me. In a few more minutes another kid asked if I'd been helped. When I told him I had an appointment, he checked his iPad and informed me that no one checked me in. Then he directed me to a girl who was working with a customer.

He interrupted to tell of my problem. She babbled about re-setting something and then worked on.

She told me the process would take 6-8 minutes, and by the time it was done, two women, both in their 60's, had joined the table. The worker babbled something to one, and the customer looked at me with a questioning face and said, "Okay?"

The worker told me to take it up to iTunes. She said I needed to set it up as a new one and not to hit back-up since that would again affect the battery life. I looked at her and said.

"So, I have to add all the music again, as well as any apps that I might have."

She shook her head to confirm my tasks and then told me I could search the Internet for old apps that might still be available for my iPod.

I thanked her and turned to leave. As I did, I looked at the customers waiting their turns. All were "old" like me, and I announced.

tomer service table. It's a shame grandchildren in elementary school know more about these things than we

"This is the geriatric cus-

All agreed, and I left the store feeling tired and old. Ain't technology wonderful?

Byung Comment

**Dogwood Family Dentistry** 



The Gibbs High School JROTC performed a color guard at the Disabled American Veterans Home in Fountain City last Thursday. Pictured with the cadets is Willamae Brown, Commander of the Women's Auxillary.



Former Knox County Law Director Joe Jarrett was the guest speaker at the Fountain City Business and Professionals Association luncheon Wednesday.









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# Mission accomplished on Knox County 'Kids' Day' at Smokies Park

#### By Steve Williams

A school day at the ball park may have featured runs, hits and errors, but it still provided opportunities to learn.

Give the Tennessee Smokies and East Tennessee Children's Hospital an A+ for making it happen.

According to Lauren Chesney, the Smokies' Director of Community Relations, "around 5500" fourth graders from 42 Knox County schools attended Tennessee Smokies' Safe Kids and Health Awareness Day at Smokies Park on Wednesday, May 8.

The total attendance of 7,364 was the fourth largest at Smokies Park since the venue opened in 2000.

From A.L. Lotts Elementary School to West View Elementary, alphabetically speaking, 93 buses were used to transport students and their teachers to Stadium Drive, which is located

just off I-40 East (Exit 407) in the Kodak area of Sevier County.

The first buses rolled into the parking lot at 8:50 a.m., over an hour and a half before the Smokies' 11:30 Southern League game against the Birmingham Barons was to start.

There was plenty to see, hear and do prior to the first pitch.

"They enjoyed the (safety and health) program itself, particularly the relay race," said Richard Carter, who along with Aaron Moody, brought two classes, totaling 32 students, from West Haven Elementary.

Students raced to four different stations, explained Carter, where they would strap on and take off a bicycle helmet, put on and take off a life jacket, push a smoke alarm button and stop, drop and roll, a fire protection technique.

Michele Abbott, Dogwood Elementary teacher, noticed her students "loved the dogs" in the demonstration by K-9 offi-

As for health awareness, students heard speakers talk about nutrition, said Carter, and "healthy options we have at school," like oatmeal at breakfast and locally grown strawberries and milk at lunch.

The Knox County Schools Honor Choir, consisting of 20 to 25 boys and girls from the schools on hand, sang our National Anthem.

when the baseball game began.

"In our group," said Carter, "probably for most, it was their first game" to see professional teams play, "a brand new experience for 90 percent of

So what did they think when Birmingham, a Double A minor league team of the Chicago White Sox, jumped out to a 6-0



Above, ninety-three buses transported 5,500 fourth graders from Knox County schools to Stadium Drive and Smokies Park for the Tennessee Smokies Safe Kids and Health Awareness Day on May 8. Top, the Tennessee Smokies bat against the Birmingham Barons, trying to come back from an early deficit, while Knox County students look on and provide encouragement for the home team. The Smokies did catch up before losing 12-11 in 14 innings.

lead in the top of the first inning?

"Basically, they thought the game was over," said Carter, "because they don't grasp the concept of

nine full innings."

The kids, though, didn't give up, and their chants of "Let's Go Smokies, Lets's Go!" rang enthusiastically throughout the stadium each time the message board digitally requested support for the home

The Tennessee Smokies,

Continue on page 2



Assistance Benefits!

I-640 and travel north. Just past Fountain City Park, turn left on Colonial Circle at stop light. Take immediate left into Parkview Fountain City.

#### Elliot Jones to continue soccer career at Belmont

By Ken Lay

Elliot Jones recently finished a stellar soccer career at Karns High School.

Jones, a senior forward for the Beavers, scored four goals in the recent District 3-AAA Tournament. Karns, however, saw its 2013 campaign come to an end Wednesday night with a 4-2 loss to rival Hardin Valley Academy.

Jones will move on to play NCAA Division I soccer at Belmont University in Nashville.

He signed his National Letter of Intent to play for the Bruins Friday.

Now, he can pursue his lifelong dream.
"I always wanted to play Division I soccer" said

Division I soccer," said Jones, who had a hat trick in the Beavers' 5-3 win over Clinton in the tournament opener early last week. "The energy [at Belmont] is incredible.

"The campus is beautiful and there are only about 4,500 students."

Jones had several offers from Division II and Division III schools. He also considered playing at Cornell and Brown from the Ivy League.

But Nashville seemed like the best fit.

"At first, I really wanted to go far away but later, I wanted to stay a little closer to home," Jones said. "Nashville is a great place.

"You want to gain your independence and I wanted to be far enough away from home to figure

things out on my own. I've spent all 18 years of my life in Knoxville. Nashville is exciting and Belmont sits at the end of Music Row and I'm really exciting for me."

Jones also noted that he and his family is pleased that he's opted to play college soccer in Tennessee.

"It's important for me to have my family get a chance to see me play," he said. "If it wasn't for my dad, I wouldn't have what I have.
"He's really excited.

"I've played soccer since I was five years old and I got burned out and he just kept encouraging me to keep playing."

It was also his father that helped him in the recruiting process.

Jones is one of Knox County's prolific scorers and boasts a 4.41 grade point average but he wasn't heavily recruited. But Jones and his dad contacted schools.

"To be honest, talent in Division I soccer is not getting sought after much," he said. "So my dad and I spent two hours a night on the internet."

Jones had to make first contact with Division I programs.

Belmont eventually offered him a scholarship. He took the Bruins' offer and visited and was impressed with the campus and the coaching staff.

He has plans to pursue an accounting degree and go into business.



## Now there's a Big Red Machine rolling in Halls

By Steve Williams

The Cincinnati Reds' great baseball team in the 1970s became known as the Big Red Machine. That might make a fitting nickname for Halls High School's softball team this season.

Dressed in all-red uniforms, the Lady Red Devils were humming on all cylinders as they rolled past rival Knoxville Central 6-0 to capture the District 3-AAA championship last Tuesday night, May 7, at Hardin Valley Academy.

Halls will take a 38-4 record into its Region 2-AAA semifinal contest tonight (May 6) at 6:30 against visiting Farragut. In the other semifinal game, Central plays Maryville at 1 o'clock this afternoon at Everett Park in Maryville. Farragut bowed to Maryville 6-1 in last week's District 4-AAA finals

Halls combined good pitching, hitting and fielding and took advantage of defensive lapses by

Centrai.

"They're a gutsy bunch," first-year coach Bryan Gordon said. "They give it all they've got."

Lexie Helm, the tourney MVP, pitched a three-hitter and struck out six in shutting out the Lady Bobcats. Halls also avoided any trouble from Central slugger Courtney Styles by intentionally walking her all three times.

Sophomore Daniele Beeler led the Halls attack with a 3-for-4 performance that included a double and huge two-run triple off losing pitcher Morgan Dukes in the fifth inning. Catcher Kelsey Whited, hitting in the No. 9 spot in the batting order, contributed two singles.

Halls played error-less ball and got two sparkling defensive plays from first baseman Leah Hall and shortstop Katie Corum.

A big reason for the Lady Red Devils' success this year comes from the fact that "they play for each other," said Coach Gordon. "They don't get frustrated. They keep battling and battling until getting things to go our way."

A two-out error by Cen-

tral shortstop Megan Whaley allowed two runs to come home and broke a scoreless tie in the bottom of the third.

Prior to the miscue, a key

play in the game occurred. With Halls' Katie Scott on first, Beeler beat out a bunt and an alert Scott went all the way around to third base when third was left uncovered.

Beeler also moved up to second on the late throw to third. After the play, Central

Coach Mike Cox initiated a long discussion with the home plate umpire. "I think he (Cox) thought

my bat contacted the ball a second time, but I don't think it did," said Beeler. Down 2-0, Kacey

Down 2-0, Kacey Russel led off the top of the fourth for Central with a single, but Hall nipped a potential uprising when she charged in to field Dukes' bunt and made a great throw to second to force out Russel.

Alyssa Mabe led off the Halls fifth with an opposite field triple and tallied on Sam Warwick's double.

Corum made a diving catch of Palaree's leadoff low liner in the seventh to help preserve the shutout.

"To beat Central means everything, because they've been giving us a lot of trouble," said Beeler, perhaps referring to her team's season-opening 9-1 loss to the Lady Bobcats. "It's the next step to our big goal, which is to win state."

ALL-TOURNEY: Halls – Lexie Helm (MVP), Katie Scott, Kacie Skeen, Daniele Beeler and Katie Corum. Central – Courtney Styles, Morgan Dukes and Kacey Russel. Powell – Hannah Parton and Grace Holt. Anderson County – Savannah Cummings.

## Mission accomplished on Knox County 'Kids' Day' at Smokies Park

#### Cont. from page 1

the Chicago Cubs' Double A team, didn't quit either and gradually cut the Barons' lead to 7-6 after five innings. For the school kids, who would soon have to leave to get back to their schools for 2:45 dismissal, it was a lesson in perseverance. They learned a baseball game is not over, even if a team falls behind 6-0 in the first inning.

"No it's not," laughed Carter, delighted that his students had gotten to witness such a comeback.

During the two hours or so the kids got to see the game, many complemented baseball with ball park goodies, including hot dogs, popcorn and ice cream. Some also shopped and bought souvenirs.

"They all tried to get a foul ball," said Carter, whose class was lucky to have seats right next to the Smokies' dugout and behind home plate. "One came to me and I gave it to Trinity (Bowling), because she was the closest one to me."

The weather was a little cool for a day in early May and a bit breezy. Around 1 o'clock, a light shower briefly passed over the



Knox County students check out at the register after doing some shopping for Tennessee Smokies merchandise.

stadium. A few more raindrops fell around 1:30.

West Haven's group of students appeared to be the last still at the game, and it wasn't long before Carter and Moody informed their students it was time to leave. As they departed up the steps in single file, Bailey Ownby was asked if she had had a good time.

"Awesome," was her one-word answer.

Doug Kirchhofer, president of the Tennessee Smokies, was happy to report the day had gone by with "no incidents, no issues, just a couple of kids got sick." He also was glad to hear of posi-

tive comments made by

teachers and students about the day's events.

"We want them to have fun, but also want it to be worthwhile," he said.

The Smokies partner with East Tennessee Children's Hospital to have the Safe Kids and Health Awareness Day.

Bryce Burkey of Farragut Intermediate School was one of a few students who didn't have to go back with his class on the bus, because his dad, Darren, was at the game. He took advantage of his extra time by catching a foul ball in flight, over 300 feet from home plate, in the grassy section next to the right

field fence. Earlier this



After most of the students had left, Farragut Intermediate School fourth grader Bryce Burkey, with his dad Darren, shows off the foul ball he snagged near the outfield fence at Smokies Park. It was one of the best catches of the day.

- the Smokies' longest

season, he pulled in a foul ball at a UT game, noted his dad.

his dad. cially ended at 4:16 p.m.,
The Smokies and with Birmingham winning
Barons ended up playing four hours and 43 minutes

cially ended at 4:16 p.m.,
with Birmingham winning 12-11 in 14 innings.
Even though most of

game of the season. It officially ended at 4:16 p.m., with Birmingham winning and healthy of that baseball

all of the game, they had fun and learned safety tips and healthy choices, and that baseball ain't over 'till it's over.

the kids didn't get to see

#### It's a three-peat for the Eagles in district soccer

By Ken Lay

For the third consecutive year the Gibbs Eagles are atop the District 3-A/ AA soccer world.

Gibbs won its third straight district championship with a 3-0 victory over Pigeon Forge Thursday night before an enthusiastic crowd at Ernest Whited Stadium.

Thursday night's championship sends the Eagles (18-0) out of District 3-A/ AA on a high note. Gibbs, which will host a

Region 2-A/AA semifinal on Tuesday, will move to Class AAA next season. Eagles'

coach Don Lee is looking forward to hosting the first round of the region tournament. "We're all about staying at

home," he said. "This is the best place in the world. "I always liked playing

here even when I coached

against [Gibbs]. I liked playing here when I coached at Berean [Christian]." Pigeon Forge (15-5) was the last team to defeat the Eagles

in the district tournament. "They're a great team," Lee

said of the Tigers. "They're the last team to beat us in tournament play. They beat us four years ago in overtime in

the championship game.

"We've been in the district championship the last four years and we've won three."

The Eagles will host the District 4-A/AA Tournament runnerup on Tuesday. Defending State Champion Christian Academy of Knoxville was set to host Loudon Friday but results were unavailable at press time. The Tigers will travel to face the District 4 champion on Tuesday.

Gibbs, which cruised through the 2013 district tournament, got on the board in the 18th minute when Andres Leyva fed Matthew Worley, who promptly banged the ball past David

Whitlice and into the back of the Pigeon Forge net.

Worley's marker represented the only scoring in the first half. The Eagles extended their

advantage to 2-0 when Eli White scored from just over 18 yards out in the 48th minute. Worley added another goal

in the 73rd minute. It was his 50<sup>th</sup> of the season. "This has been great," said

Worley, Gibbs High's senior forward who has committed to play collegiately at the University of The Cumberlands. "I've gotten a lot of assists from a lot of people. "I haven't done all of the

scoring. I think this is the first time that Gibbs has ever won three district championships in a row." The Eagles are in the midst

of their best soccer season since 2003. That team went undefeated during the regular season before dropping an overtime decision in its first district tournament game. Lee has enjoyed the

2013 campaign but he doesn't take much credit. "I really have to give it

to these kids," he said. "They've worked so hard."

## Farragut wins overtime thriller in West Knox rivalry

By Ken Lay

It took a little overtime for Farragut High School's soccer team to get to the District 4-AAA Championship game.

But the second-seeded

Admirals made it thanks to an overtime goal by Fletcher Ekern. Ekern's marker with four seconds remaining in the second 10-minute overtime period helped Farragut notch a 1-0 victory over rival Bearden Wednesday night at Farragut Soccer Stadium.

Farragut's most recent playoff victory over the Bulldogs was the third district semifinal meeting between the two rivals in as many seasons. But it was the first time that the home team has won in that stint.

The Admirals (16-3) had plenty of scoring chances that went awry. Farragut's attackers hit the crossbar and goalposts several times throughout the match that took nearly 100 minutes to decide.

"We had opportunities,"

Admirals coach Wallie Culbreth said. "I can't remember a game where the pole has been hit as many times.

"I knew that we would get one [a goal] and I didn't think that we would get to overtime. You have to give Bearden credit. They tried really hard."

The Bulldogs (7-12-2 and the tournament's No. 3 seed) upset the Admirals in last year's district semifinals. Farragut sent an undefeated Bearden squad home in 2011 with a road playoff win.

Culbreth said he hopes Wednesday's narrow victory will serve as a wakeup call for his squad.

"A game like this will help us because now our guys will understand the since of urgency with which they have to play," he said.

match scoreless after 80 minutes of regulation largely due to Farragut's lack of a shooting touch.

"We had opportunities every two or three minutes," Culbreth said. "This is a



Farragut's Dami Omitaomu runs past Bearden's Hayden Wells (1) and Nick Miller in Wednesdy's District 4-AAA Semifinal match. Omitaomu had an assist on the game's only goal. Farragut claimed a 1-0 overtime victory.

rivalry game and Bearden really played hard."

Ekern finally cashed in with the game-winning goal when he shot through a crowded offensive zone. He took a pass from freshman forward Dami Omitaomu and put the ball into the net.

"Dami fed me the ball, I just read it and put it in,"

Ekern said. Bearden coach Eric Turner commended his team's effort in this match, which was far different from Farragut's 6-0 regular-season win last month.

"The kids gave it all they had," Turner said. "We were emotionally invested in this game and we did what we wanted to do.

"The kids came out and they put it all on the line. They competed and that's all that we asked."

The Admirals advanced to the championship match. They did not, however, qualify for this week's Region 2-AAA Tournament. Wednesday's other semifinal between Maryville and Catholic was rained out.

The Irish and Rebels played Thursday with Catholic pulling off a 1-0 overtime upset. Maryville,

despite Thursday's loss, received an automatic regional berth as the regular-season champion.

Farragut and fourthseeded Catholic played Friday night in the tournament title game, which was an elimination match. Results were not available at halftime.

#### 'Flat' first half dooms Nighthawks

A lackluster first half proved too much for the Knoxville Nighthawks to overcome on Saturday, May 4 at the James White

Civic Coliseum. "We came out and showed absolutely no emotion," Knoxville coach Cosmo DeMatteo said after his team came up on the short end of a 45-37 decision against the Louisiana Swashbucklers in a Professional Indoor Football League game. "We were flat.

"We were coming off a big win and we were flat all week in practice."

From the outset, it was apparent that the Nighthawks (2-6) still had a hangover from their 53-51 victory over the Alabama Hammers on April 27.

Louisiana (3-3) took the opening kickoff and marched downfield. The drive resulted in a 20-yard field goal by Ernesto Lacayo less than six min-

utes in the game. Knoxville would answer the first score with a long drive of its own and took a 6-3 lead.

The touchdown play, however, wouldn't earn any style points. Nighthawks running back Daccus Turman fumbled the ball just before crossing the goal line but Knoxville recovered in the end zone for a touchdown. The marred by a botched snap. Ryan Schuck tried to run in a two-point conversion but was stopped short.

From there, things would only get worse for Knoxville's resident indoor football league team. The Nighthawks, who occupy the league's cellar, failed three fourth down conversions, missed a field goal and threw an interception and had a crucial defensive penalty.

And it all added up to a

nightmare for DeMatteo. "When you don't execute, that's what happens," he said.

Louisiana did take advantage of its opportunities. Swashbucklers quarterback Chris Mitchell threw three first-half touchdown passes and help the visitors open a 24-6 lead midway through the second quarter.

Knoxville, which trailed

24-12 by halftime, could muster just two field goals in the frame. Kicker Armando Cuko converted from 35 and 20 yards respectively to pull the Nighthawks to within 24-12 by halftime.

Knoxville scored on the opening possession of the second half on Ryan Porter's 18-yard touchdown pass to Charles Gilbert. Cuko's PAT made the score 24-19 with 11 minutes, 19

third stanza.

ensuing extra point was The Nighthawks after Knoxville defeated appeared to have a defensive stop on Louisiana's opening possession of the half. That, however, was wiped out by a penalty and the Swashbucklers went on to score on Mitchell's fourth touchdown pass to make it 31-19.

Knoxville had a long drive but came away with another field goal by Cuko. He added an Uno on the ensuing kickoff to make it 31-23 late in the third

Louisiana would add one more touchdown in the third as Mitchell connected with Brandon McElroy on a 23-yard scoring strike. Mitchell had another touchdown pass early in the fourth quarter to give Louisiana a 45-23 with 10:41 to go.

Porter, Knoxville's fourth quarterback of the season, tossed a pair of touchdown passes in the final stanza to pull Knoxville to within 45-37. The Nighthawks had a chance to tie the game but was stopped on the final play of the game.

#### **Hippeard signs** with Tampa Bay

Former Nighthawks quarterback Randy Hippeard has signed a contract with the Arena Football League's Tampa Bay seconds remaining in the Storm. He inked his deal

Albany on April 5. "That was good for him because you want guys to move up," DeMatteo said. "It was a great opportunity for him and one that he

had to take." Hippeard left East Tennessee after throwing nine touchdown passes in four

#### **Nighthawks** make things miserable for league's top teams

Wins have been few in the franchise's two-year existence. Knoxville has three all-time victories (including two in 2013). The Nighthawks have beaten Albany and Alabama this year. Both the Panthers and Hammers were in first place before losing to Knoxville.

#### Courtney honorary captain

Farragut High School football coach Eddie Courtney was an honorary Nighthawks captain. He tossed the coin before Knoxville's home loss to the Swashbucklers.

#### Basketball, Rabbits, and a Loving Mother

Her sons wore Nos. 40 and 42 on the Gibbs High School 1964-65 basketball team. Virginia and her late husband, Clay Graves, were well-known leaders in the Gibbs Commu-

nity. Clay was active in

the Ruritan Club and the

Gibbs Community Club,

TAL#2204



but they were known especially for their rabbits- lots of them. Clay and Virginia's work in the rabbit industry extended well beyond Gibbs, however. They were involved

> with the Smoky Mountain Rabbit Breeders Association, and

Continue on page 4

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#### The Third Annual Knoxville Sports Media Combine

By Alex Norman

For years the question has been raised... Are there any members of the sports media that are actually... sporty?

I don't think anyone believes that Chris Berman is very athletic, nor Tony Kornheiser, nor Al Michaels or most of the other folks you see on your television set.

But in Knoxville, there is one way to see firsthand if a sports anchor, or reporter, or writer, or radio host, or blogger can in fact hold their own in athletic competition.

I give you the Knoxville Sports Media Com-

The idea was born a few years ago by former WATE Sports Anchor Mark Nagi, as a way to get folks together to have a little fun and raise money for a good cause (Boys & Girls Clubs of the Tennessee Valley).

Now in its third year, event organizers have learned that opening things up to other current and former media members helps increase the field, and thus raise more money for charity.

On Saturday, May 4th the event was held at Webb School, and it was a newcomer to sports media that raised the most eyebrows... even if he isn't new to Knoxville.

Former Tennessee Volunteers basketball player Steven Pearl (2006-2011) is now a talk show host on Tennessee Sports Radio (Saturdays from 10am-12pm). On the court, Pearl might not have looked like the most athletic player you'd ever seen, but it was his willingness to do the little things (set picks, take charges, etc) that earned him playing time, and the ire of opposing fans.

Pearl made KSMC history as the first Division 1 athlete to ever take part in the event. Someday you'll tell your kids about this moment.

And Pearl proved that has hasn't lost a step since leaving UT. In the Men's "Under 35" division, he won the 40 yard dash in 4.84 seconds, and then won the Standing Long Jump in an absurd 9'4." He placed second in the 20 yard shuttle drill, tied for first in field goal kicking, and won the 60 yard shuttle drill.

When you factor in the performance of Tennessee Sports Radio National Sales Director Matt Veigl, this was a TSR rout of 1990 UNLV proportions. Veigl finished second in four events and placed second overall. Two-time defending KSMC champion Patrick Brown from the Chattanooga Times-Free Press placed third.

In the Men's "35 and Over" division, it was a three horse race between Nagi, Vinny Hardy from

picture

his finger

declar-

Want

ing,

You!"

Keep that in mind as you

read on, except substitute

Cuonzo Martin for Uncle

Sam and change "You" to

"I want a point guard,"

says the University of Ten-

nessee men's basketball

Get the picture?

"|



WATE's Fallon Smith participates in the 3rd Annual Sports Media Combine.

BleacherReport.com, and Jason Yellin, Assistant Athletic Director for Media Relations at the University of Tennessee.

With last year's champ, Daryl Hobby from WVLT unable to attend this year, the title was theirs for the taking. Yellin started strong with a winning time of 5.69 in the 40, and then won the obstacle course event. Nagi countered with wins in the Standing Long Jump, the 20 yard shuttle, and in field goal kicking. But it was Hardy's steady performance and win in the 60 yard shuttle that decided things.

Hardy and Nagi tied for the "35 and Over" title, with Yellin finishing a single point behind them. Should Hobby return in 2014, this could be the most competitive division in... umm... the Sports Media Combine nation.

On the women's side, WBIR's Kris Budden knew that as the two-time defending champion, she would get everyone's best effort. Budden won the 40, and then held off a strong challenge from WATE's Fallon Smith and Lauren Kittrell from The Daily Beacon for her third straight title.

Special thanks go out to LillyBug Network (the official creative marketing agency and t-shirt designer of the KMSC), JCaroll (the official t-shirt supplier of the KSMC) and the Knoxville Focus (official media partner of the KSMC).

2013 Knoxville Sports Media Combine competitors: WBIR's Kris Budden, Erin Donovan and Jonathan Jones. WATE's Steve Coy, Prentice Elliott and Fallon Smith. WVLT's Hilary Magacs and John Treanor. TSR's Steven Pearl and Matt Veigl, CTFP's Patrick Brown, UT's Jason Yellin, BleacherReport.com's Vinny Hardy, KSMC Commissioner Mark Nagi, LillyBug Network's Jennifer Nagi, The Daily Beacon's Lauren Kittrell, Matt Dixon from The Associated Press, and former WBIR producer Craig Bates.



Mike, Virginia, and Ron Graves enjoying a special moment together at the wedding of Phillip Graves (Virginia's grandson and Mike and

#### Basketball, Rabbits, and a Loving Mother

Cont. from page 3

every September Clay and Virginia could be found at the Tennessee Valley Fair with many of their beautiful rabbits. Our family would always go by to see them. Some of those bunnies from the Graves' Rabbitry found their way to our farm.

Actually, the Graves were parents to three sons. Danny, who was a year behind my class, was the only son I knew. He was manager of several sports teams at Gibbs. Though he was the youngest, Danny passed away several years ago. I remembered the oldest son, Ron, on the amazing '64-65 basketball team coached by Bob Dagley. I had never met him, but I knew how I could get in touch with him.

Danny's son, Kevin, is a manager at the Midway IGA in the Gibbs Community. When I asked about contacting his uncle, Kevin thought it was interesting that I was writing about the '64-65 team during the time the Eagles' 2012-13 team was having an amazing run of their own. I agreed. But, I have learned through writing this series of articles that the Eagles' 1964-65 season was more outstanding than I realized as a ten-year-old watching it unfold. Unlike the teams today that play other teams in their division, the '64-65 Eagles from a very small, rural Knox County school competed against schools much larger. There were no divisions at that time so that the school of only 420 students could compete with other schools in their class. Coach Dagley and the former players I have talked to have mentioned that fact. To understand what this team accomplished under those conditions is absolutely awesome!

I called No. 42 to get a comment about Coach Dagley. While we were talking, I learned that his brother, Mike, was on the team, too! Ron was the 6-foot-4 senior starter who helped lead the Eagles to the 6th District Championship and No. 3 in the state. Mike, No. 40, was a 6-foot-1 junior. I thought it was incredible that this outstanding family had not one--but two--of the eleven players on the team.

The mother who once had snacks, suppers, and clean uniforms ready for her sons; who worked in the community; and who helped in the family's rabbitry found the time to do something much more lasting. She took painstaking effort to make each of them a scrapbook of their year in basketball. This mother's love can be found in the pages of those scrapbooks nearly fifty years later. It is the unconditional love of all those mothers who, like Virginia, have sacrificed, made scrapbooks, and cared for their loved ones through the years that make our families strong and our communities great. (This is the ninth in a series about the 1964-65 Gibbs Eagles' incredible season. To be continued next week with No. 42.)

### All of a sudden, Vols really need a point guard

Remember the United States Army recruiting



By Steve Williams

point guard.

and deep baritone voice. Two point guards -

be on UT's 2013-14 roster are no longer Vols.

Landry of Huntington, W. Va., Prep was recently released from his National Letter of Intent at Martin's request.

For a coach respected for his character, that decision was a little out of character for Martin. But it's part of the business of big-time college athletics.

Landry had been committed to the Vols for a long

coach with a stern look time. His offensive numbers weren't that good this past season as he played Travon Landry and Trae for one of the nation's top S a m Golden - who at one point high school teams, but he pointing in time were expected to was regarded as tough defender in addition to his ball-handling skills.

Fortunately, Landry landed at New Mexico State and signed with the

Not long after Landry was let go came the surprising news last week that Golden, Tennessee's veteran point guard, was transferring, and would not be playing his senior season at UT.

Golden's departure

would give Coach Martin another available scholarship to use, and I immediately thought and hoped former Knoxville Cen- and White. tral High standout Dre Mathieu, if it wasn't too

But it was. Mathieu had already made up his mind and would soon sign with Minnesota, picking the Gophers over Ole Miss. Mathieu, who had a great season at Central Arizona Junior College, will be playing for new Minnesota coach Richard Pitino, who will be running the same up-tempo offense his dad

uses at Louisville. It will be a great fit for Dre.

But the UT fan in me wishes he had gotten the Tennessee might go after chance to wear the Orange

> Mathieu had about 15 Division 1 scholarship offers. That list also included UCLA and Memphis. Why not Tennessee?

That's puzzling.

A report leaked out that Golden's exit was "based on academics" and "repeated plagiarism."

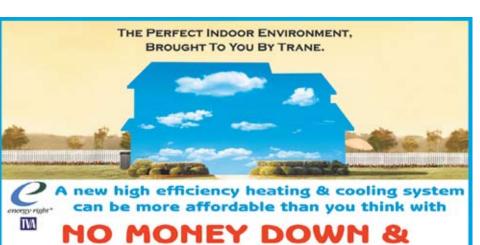
Could it be a first incident of plagiarism was why he mysteriously lost playing time during the middle of this past season?

I will miss Golden's clutch free throw shooting. I won't miss his out of con-

trol drives down the lane. As Tennessee searches for a new point guard I hope they find one who has the steadiness of a C.J. Watson, the ball-handling ability of a Billy Haun, the flashy passing of a Johnny Darden, the grit of a Rodney Woods and the showmanship of a Bobby

Good luck, Coach Martin.

Maze.



MONTHLY



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## The Doctor is in

a weekly column by Dr. Jim Ferguson

#### Internal Musings

From time to time patients ask me if I do surgery. Of course, what they mean is do I perform minor surgical procedures, since it is obvious I'm no surgeon. I tell them, yes, I can biopsy spots on the skin, lance boils and sew up lacerations. In medical school I learned to repair torn flesh by working in an inner city ER repairing the nightly wounds of the "Knife and Bottle Club." I jokingly tell patients that I could probably take out their inflamed appendix, but they may never be the same again!

On my desk is a bust of Auguste Rodin's The Thinker. This sculpture was made somewhat famous in the pop culture sitcom, Dobie Gillis.

The show often pictured Dobie with his chin on his hand in deep thought, just as Rodin sculpted his vision of a man in contemplation. I often quip as I point to The Thinker, "I'm a thinker, not a cutter." Of course surgeons are thoughtful as well, but surgical disciplines focus on operative procedures. Internists are diagnosticians and focus on medical, rather than surgical, therapy.

ists in medical diseases of adults and should not be confused with the antiquated word intern. In the past a doctor in his first post-doctoral year of training was referred to as an intern. I won't bore you with the new politically correct terminology;

Internists are special-

just remember that virtually all doctors these days have three or more years of residency training in their specialty after medical school. Internists are analogous to pediatricians, who are specialists in childhood medical diseases. Some internists pursue additional postresidency training called a fellowship. An example is cardiology, a sub-specialty of internal medicine. Many surgeons pursue additional postresidency training as well and focus on vascular surgery, as an example.

There is a notion in science that if you break down a complicated system into its integral parts and figure out how each part works you'll be able to understand the whole. This perspective is called reductionism and is a fundamental principle of all scientific inquiry. The trick is to not lose the forest for the trees because I believe we are all more than the sum of our parts.

Nephrologists are internists who have sub-specialty training in medical kidney diseases.

Just as I have sub-specialist training in geriatrics (a specialist in older

adults), nephrologists are doctors who manage end-stage kidney disease and difficult diseases such as nephritis (kidney inflammation).

Most of my readers are

old enough to remember tea strainers and ice picks. In times past we put tea leaves in a strainer composed of fine mesh. Hot water is then poured over the tea to produce a cup of tea, much like my modern drip coffee pot that makes my cup of Joe every morning. Imagine the kidneys as a filtering system composed of several million filtering units called nephrons. As blood courses through the kidney it is filtered and waste products are removed. The large proteins and blood cells are held back by the filtering mesh. Diseases sometimes damage the mesh filter analogous to poking a tea strainer with an ice pick. Large proteins and cells can then stream through.

The kidney does more than just filter waste. It also helps to control salt and water balance in the body. A common problem internists and nephrologists deal with is sodium or salt imbalance in the body. Dehydration may decrease blood flow to the kidney and lead to a buildup of waste products in the blood stream. A more complicated situation results when water and salt balance are altered and hyponatremia (low sodium) results. This is a complex issue, but suffice it to say that a low blood sodium value is not due to a deficiency of salt as much as it is due to water and sodium distribution problems in the body.

The kidney is a marvel of engineering. Humans have about three to four quarts of circulating blood which course through the kidneys sixty times a day producing forty-five gallons of urine! This dilute urine from filtered blood then moves through kidney tubules where water is absorbed producing concentrated urine. It is this ability to concentrate wastes in a small volume of urine (about half a gallon) that allowed our ancestors to move from the sea to the land and eventually become thoughtful beings and write essays for The Focus.

On a more practical

level people often complain when their urine smells. Unless there is incontinence and soiling of clothes this is rarely a sign of disease as long as there aren't other symptoms such as burning or difficulty urinating. Most of the time urinary odor is due to insufficient fluid intake and the concentration of obligatory waste in very small volumes of urine.

I don't mean to be crude, but it's the difference between perfume and cologne or toilette water. There is a much greater effect in the more concentrated liquid. I trust this illustration is helpful and doesn't offend sensibilities – or stink up our Focus!

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

For appointments call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at fergusonj@knoxfocus.com.

## Skeeter Run to raise money for malaria awareness

By Joe Rector

Beaver Ridge United Methodist Church is sponsoring the first 5K Skeeter Run/Walk on June 1 at 8:00 a.m. The starting line will be located at the UT Agriculture Campus. The race is a Certified course TN10045MS.

The 5K run/walk is part of the United Methodist effort to work with The Bill and Melinda Gates Foundation and the United Nations. Proceeds from the race will go to the efforts to eliminate malaria in our lifetime. The Methodist denomination has created "Imagine No Malaria" program and has worked with churches and other entities to raise money for the battle against malaria.

The cost of registration before May 24 is \$25. After that the cost rises to \$30, and individuals can register the day of the race but are not guaranteed a participation t-shirt. Three awards for males and females will be given in 14 age divisions.

The top three male and female will each be awarded cash prizes.

Several local businesses and individuals have made contributions to the race. Beaver Ridge United Methodist Church welcomes additional donations. A \$10 contribution buys a net under which a child in Africa can sleep. Before project "Nothing but Nets" began its drive to provide every child a net, one person died every 30 seconds from the disease. Presently, the death rate has been cut in half to one every sixty seconds." The Holston Conference of the United Methodist Church is working to reach its goal of \$1 million, which will save 100,000 lives.

Participants can register on line at www. skeeterrun5k.org or download the form and mail it to Beaver Ridge United Methodist Church, Skeeter Run, 7753 Oak Ridge Highway Knoxville, TN 37931. The contact phone number is 661-1930.

#### Physicians Regional Medical Center Begins Renovations of

## The Birth Place Labor and delivery services remain intact deliveries; and a 15-bed nursery staffed and equi

Physicians Regional Medical Center is pleased to announce the start of an \$800,000 renovation project for The Birth Place at The Women's Pavilion. The renovation project began last week and is expected to be completed in September 2013.

throughout construction

"The comfort and security of The Birth Place coupled with the most experienced obstetricians, nurse midwives, and labor and delivery nurses in the area will create a very special experience for expectant mothers," said Karen Metz, CEO of Physicians Regional Medical Center.

The Birth Place is home to 22 private birthing suites for labor, delivery and postpartum care; two state-of-the-art surgical suites for Caesarean

deliveries; and a 15-bed special care nursery staffed and equipped to care for infants who are premature or ill at birth.

When all renovations are complete, The Birth Place will feature luxurious LDRP (Labor, Delivery, Recovery and Postpartum) rooms furnished with warm and relaxing design elements, and equipped with a flat-screen TV and a comfortable sofa bed for the mother's designated support person. All LDRP rooms have private bathrooms. In addition to patient care areas, the renovation project includes modern nursing stations, new flooring and wall coverings, and remodeled family waiting areas.

"Our facility has an 80-year history of delivering babies in a caring, family-centered environment that is supportive of the expectant mother while

Continued on page 2

#### Stroke: Know the Risks



Featured Speaker Michael Fromke, M.D.

Tuesday, May 28 11:30 a.m. - 1:00 p.m. Turkey Creek Medical Center

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Lunch provided. Space is limited. Call 1-855-Tennova (836-6682) by May 27 to register.





#### Physicians Regional Medical Center Begins Renovations of The Birth Place

#### Cont. from page 1

involving the rest of the family," said Leonard A. Brabson, M.D., a boardcertified obstetrician/ gynecologist with Women's Health Specialists and Medical Director of Labor and Delivery at Physicians Regional Medical Center. "This renovation project is evidence of our commitment to providing each patient with the most personal and up-todate pregnancy and childbirth care possible."

Physicians Regional Medical Center offers an array of services for normal and complicated pregnancies, from prepregnancy through delivery, including a full complement of childbirth preparation and parenting education programs. Patient care is supported by 24/7 hospital anesthesiologists for medication and epidural administration during labor and delivery. In-house



at Physicians Regional Medical Center.

baby may stay together

neonatologists attend all high-risk and C-section deliveries and provide round-the-clock attention to infants in the Level II-B Special Care Nursery.

A tailored approach to care means expectant mothers can chose as little medication or intervention as desired. Water delivery and VBAC (Vaginal Birth After Caesarean) are also available. To promote family bonding, mother, father and

in their LDRP room until it is time to go home. Physicians Regional Medical Center is the only hospital in Knoxville to offer midwifery services by certified nurse midwives.

The hospital also offers free membership in CuddleBugs—an innovative program that helps expectant and new mothers prepare for pregnancy, labor and delivery, and newborn care.

port, guidance and education to boost comfort and confidence levels in their new roles as parents. "We take pride in the

CuddleBugs provides sup-

distinctive details and décor of this renovation project," Metz said. "Our goal is to make every woman's birthing experience safe and special."

#### **Eusebia Presbyterian** celebrates Homecoming

Seymour's Eusebia Presbyterian Church invites members, friends, and interested people everywhere to celebrate its 227th birthday and "Homecoming" Sunday, May 19.

Founded in 1786 by Scotch-Irish pioneer farmers, teachers, and clergy, the congregation survived hostile bands of Native-Americans, often fueled by corn whiskey and allied with British forces who later would start the War of 1812.

"Homecoming" activities will include tours of the cemetery with its graves of Revolutionary War soldiers and Tennessee "volunteers"

who answered the call of Andrew Jackson to defend New Orleans (1814-15). Among the entombed is Robert McTeer, who founded the adjacent McTeer's Fort, in 1785. The 10:45 a.m. service

of worship will open with

youths of the congregation carrying banners in procession to observe Sunday's "Day of Pentecost." Dinner for all members, friends, and visitors will follow. Eusebia Church is locat-

ed on the corner of U.S. 411 at the intersection with Burnett Station Rd., between Maryville and Seymour.

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#### **Church Happenings**

#### **Calvary Baptist Church**

Calvary Baptist Church, Heiskel, will be having Gary Winningham of G.W. Ministries at our Church May 19th to sing and give our morning services.

After the services we will be having a pot luck dinner at our fellowship hall. Our "Victory Garden" is starting to show progress. The

Come worship with us

#### **New Beverly Baptist Church**

3320 New Beverly Church Rd Knoxville, TN 37918 Rev. Eddie Sawyer, Pastor www.newbeverly.org 856-546-0001

Sunday School 10 a.m. Sunday Morning Worship 11:00 a.m. Sunday Evening Worship 6:00 p.m. Wednesday Evening Prayer 7:00 p.m. Wednesday Evening Youth 7:00 p.m. Bus Ministry

For transportation call 546-0001.

on having a movie shown outside the back wall of the church starting on Friday nights. Our exact date has not been determined as of now. In the next few months we have a lot of activities planned as the dates come near. Again, our youth classes

Church is now planning give us some singing and skits at the morning services. If you are looking for a church to attend you can call our pastor for information and we have a van that can pick you up if you need a ride. Our Pastor can be reached at 769-2219 for and I will report on them information on any of our activities.



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## House to Home

#### ANTIQUES & COLLECTIBLES

#### Important Estate Auction coming up Saturday, May 25

For the last seven weeks I have been processing a major estate that will be offered on Saturday, May 25 at noon at Fountain City Auction.

tain City Auction.
Very fine, high
end items will be
in abundance,

such as: fine sterling flatware sets by S. Kirk Gorham and Towle with super patterns like "Repose" by S. Kirk, a service for 12 with 10 pieces place settings as well as dozens of serving pieces, Gorham sterling flatware, Towle Old Colonial set and a fantastic very heavy coffee service by S. Kirk. Many other



By Carl Sloan

sterling items will be available for bidding as well. Over 100 items of English Torquay and Aller Vale motto ware, late 18th - early 19th century jugs such as Ridgeway, Mason, Dudson

and others. English art pottery cats by Winstanley of England, a painting by Paul Bartlett, Swarovski Chandelier in container, rare military items, a super clock collection with many Ansonia clocks and two very fine grandfather clocks one being by E. Lauffer, Black Forest Germany. Rare country music

collection including a hand-written, unpublished song by famous star. A fantastic brass 1882 Bausch & Lombe microscope in wooden case mint. Over 600 \$2.00 bills uncirculated and in sequence, US Mint 1882 Carson City Morgan Dollar in mint case. Rare regulator Seth Thomas wall clock with Southern-Pacific RR, Colored Ticket Agent Counter. Fine Persian rugs brought back from Iran during the 1979 revolution. (The American owner was captured and imprisoned just as in the film Argo.) 19th century Ship's Purser safe circa 1840-50, Gold and diamond jewelry. Early Beatles memorabilia, 1790

engraving by famous artist and architect and the list goes on.

I wish to alert our community and friends to attend this exciting sale in late May. Many of these fine items came from you folks who read my column every week. I just wish to say a big thank you and as always I am available to assess anything you may be thinking of selling and there is no charge for my service. Simply call Greg Lawson, owner of Fountain City Auction at (865)604-3468 and ask for Carl Sloan to please get in touch with you. See you at the sale!!



This coffee Service by S. Kirk wil be one of many highend items selling May 25 at Fountain City Auction. For more information, visit www.fountaincityauction.com.

#### **ANNOUNCEMENTS**

#### \_ \_\_ \_

Knox County's Bark for Life will be held Saturday, May 18 from 10 a.m. – 2:00 p.m. at 1415 Old Weisgarber Road (Dowell Springs Business Park).

The American Cancer Society Bark For Life is a noncompetitive walk event for dogs and their owners to raise funds and awareness for the American Cancer Society's fight against cancer.

By supporting Bark For Life, you help the American Cancer Society save lives, and that helps us move closer to our ultimate goal of a world with less cancer and more birthdays.

So bring your best canine friend and join us for a funfilled day starting with a walk, and then continuing with demonstrations, contests, and games.

For more information, call Christy at TCS (865)934-5803 or Philip at Knox Co-op (865)522-3148.

Notice: ALL dogs must be on leash and under control. Owner must clean up after four legged friends.

#### 0110 01--- - 4 4 0 5 1

CHS Class of 1955 The Central High School Class of 1955 Buffet Lunch and Get-Together will be on Wednesday, June 12 at Bearden Banquet Hall, 5806 Kingston Pike (next to Buddy's Bar-B-Q and across from Bearden Elementary School) at noon. Cost will be \$17 per person. Dress very casually! Please send your check made payable to Helen White 7908 Chesterfield Drive Knoxville, TN 37909 by Monday, June 3, 2013. \*\*\*SAVE THE DATE\*\*\* Monday, December 2nd, 2013 for the next luncheon/get-together! Contact Helen White at (865) 693-1299 or heleninva@ yahoo.com for more information.

#### **Civil War Roundtable**

On Tuesday, May 14, 2013, the Roundtable will host author and National Park Service historian Frank A. O'Reilly as its speaker. Mr. O'Reilly will speak at 8:00 p.m. on the

topic: "Stonewall Jackson at Chancellorsville; Creating Opportunity." The talk is open to the public and will be at the Bearden Banquet Hall at 5806 Kingston Pike (next to Buddy's BBQ and .2 mile east of the intersection of Kingston Pike and Northshore Dr.) To attend the talk only is \$5.00. (Students with current IDs are admitted free.) Alternatively, you can come at 7:00 p.m. and enjoy a delicious buffet dinner which is \$15.00 for members and \$17.00 for non-members (including the talk). To make dinner reservations, please call (865) 671-9001 by 11:00 a.m. on Monday, May 13. We look forward to seeing you there!

#### Daughters of the

Confederacy meeting
The Captain W. Y. C.
Hannum Chapter #1881,
United Daughters of the
Confederacy will meet at
the Green Meadow Country Club in Alcoa on Satur-

day, May 18, at 10:30 a.m.

Continue on page 4



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#### Zucchini Casserole 4 cups zucchini (peeled and

cut into 1/2 inch pieces) 3/4 cup shredded carrot 1/2 cup chopped onion 2 1/4 cups pepperidge farm seasoned stuffing mix 1/2 cup sour cream 1 (14 ounce) can soup (cream of chicken or cream of celery)

Boil zucchini until tender (drain). Melt 4 TBS butter in sauce pan, cook the carrots and onions till tender. Remove from heat stir in 1 1/2 cup stuffing mix, soup and sour cream. Gently stir in zucchini. Place in 1 1/2 quart baking dish. Sprinkle remaining stuffing over top.

Bake at 350° for 45 minutes.

#### ANNOUNCEMENTS

#### Cont. from page 3

Business Session will begin at 11:00 followed by lunch. The program topic "General James Longstreet" will be presented by the General James Longstreet Chapter 954 Children of the Confederacy Chapter. Visitors are welcome to attend. For reservations or more information, please contact Charlotte Miller at (865)448-6716.

#### Powell GOP Meeting The Powell Republican

Club will be meeting Thursday, May 16 at 7:00 p.m. at Shoney's on Emory Road at I-75. The speaker will be Mike Graves, candidate for DA.

#### STAR calls for volunteers

Are you looking for something to do this summer? STAR is looking for volunteers to help special needs children and adults with their therapeutic horseback riding lessons. Lesson Vol Training (Ages 13 and up) is Saturday, June 1, 2013 from 1:30 p.m. to 5:30 p.m. Junior Vol Training (Ages 10-12) is Monday, June 3 from 5:00 p.m. - 7:00 p.m. Horse experience is not necessary. For more information, call Melissa at 865-988-4711 or visit our web-

#### South Knox GOP Meeting

site at www.rideatstar.org.

The South Knoxville Republican club will meet May 16, 2013. The guest speaker will be Charme Knight, who is running for Knox County Attorney General in 2014.

#### Summer Code Academy at Beck

From May 21 through

July 3, 2013, The Beck Cultural Exchange Center will be sponsoring the Code Academy. The Beck Cultural Exchange Center, Inc. located at 1927 Dandridge Avenue, invites students from all over Knox County to apply for this eye opening experience. This academy will operate on Tuesdays and Thursdays from 6:00 PM to 7:00 PM and will teach students the basics of writing code for computer programs. The instructor will be Archie Crowe of Knoxville. This academy will last seven weeks.

#### **Vegan Supper Club**

The Knoxville Vegan Supper Club will meet on Sunday, May 19, 2013 at 5 p.m. at the Knoxville First Seventh-day Adventist Church, 3611 Kingston Pike. Attendees will enjoy a plant-based meal where the menu will include "island foods". Participants will see live food demonstrations, and hear a presentation by Dr. Lynda K. Nelson on lowering blood pressure.

The supper club is open to the public. There is no entrance fee but a suggested donation of \$10 per person can be made on site. The registration deadline is Thursday, May 16, 2013. Registration is limited to 50 people. For more information and to register, visit knoxvilleinstep.com or contact Kimberly Crider at 865-264-3894. The Knoxville Vegan Supper Club is sponsored by InStep for Life Health Ministries and the Knoxville First Seventhday Adventist Church.

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