

Heroics on a budget

## **Two will** challenge Council incumbents

Only two of five Knoxville City Council seats will be contested in this year's primary after last week's qualifying petition deadline.

Incumbent Nick Della Volpe, who represents the 4th District, will square off against Rick Staples, a deputy in the Knox County Sheriff's Office.

Likewise, former state representative Charles "Pete" Drew filed to unseat former interim mayor Daniel Brown, who represents the 6th District.

Assuming no write-in candidates file, incumbent council members Nick Pavlis (1st District), Duane Grieve (2nd District) and Brenda Palmer (3rd District) will run unopposed.

Voter registration ends on Aug. 24. Early voting begins Sept. 4. Early voting ends Sept. 19. Election day is Sept. 24.



#### **Rescue Squad keeps City, County safe**

**By Dan Andrews** andrewsd@knoxfocus.com

From performing harrowing water rescues under the Gay Street Bridge to using the Jaws of Life to free a cartrapped victim in Farragut, the Knoxville Volunteer Emergency Rescue Squad responds to a variety of lifesaving situations that both the Knoxville Fire Department and Rura/Metro do not. The rescue squad responds to water rescue, vehicle entrapment, and confined space rescue, among others. The heroes who perform these

for a call. Above: The jaws of life. actions are volunteers who receive no pay, and the orga-

nization operates on a shoe string budget. Yet with all these obstacles, this organization of dedicated citizens somehow finds a way to make it all work.

I spent the day with Assistant Chief Jeffery Petress Jr. last week, having met him at a Knox County Commission meeting a month ago. During this particular meeting, his department pleaded with the County Commission for \$100,000.00 to buy a new rescue truck. Currently many of the rescue trucks have well over 100,000 miles. (Chief Petress's vehicle has over

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Volunteer Rescue Left: Squad Assistant Chief Jeffery Petress Jr. checks his equipment before leaving

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## **Councilman Nick Della Volpe pushes for** improvements at mall exit

**By Tasha Mahurin** Tasha@knoxfocus.com

While commercial development within the city of of I-640 when they built Knoxville continues to the bypass in the 1970s.

one of the primary issues is visibility. TDOT built elevated roads on either side expand both downtown 40 years of brush and tree growth along the bordering grassy hillsides have obscured businesses along either side of exit 8 from view. "With the overgrowth, some 75,000+ travelers per day on I-640 can't see and don't know they are driving by a major shopping area," Della Volpe explained.

## **Do you believe** public school

teachers should receive an automatic pay raise every year regardless of job performance? **YES 24.71%** NO 75.29%

FOCUS

Weekly Poll\*

Survey conducted June 20, 2013.

\* Focus Weekly Polls are conducted by an independent, professional polling company.



PHOTO BY DAN ANDREWS.

Present at the Volunteer Recognition Banquet are City Councilman Daniel Brown, CAC Board Chair Virginia Anagnost, former County Commissioner John Mills, Charlotte Mills, former County Commissioner Tank Strickland, and CAC Director Barbara Kelly.

## **Senior Companion Program Celebrates** 25 years of service with a special Volunteer Recognition Luncheon

On Friday, June 21st, with lively music and an afternoon of elegance, more than 80 senior volunteers were honored at a recognition luncheon hosted by the Office on Aging's Senior Companion Program. The program started in 1988 with 20 volunteers and now coordinates more than 100 volunteers each year.

The Senior Companion Program serves close to 200 adults each month and is a unique program that:

- provides low-income adults over the age of 55 with an opportunity for meaningful volunteer experiences that allow them to provide companionship and support to many homebound adults in our community, and
- provides services at no cost to the seniors receiving care.

These Senior Companions help homebound adults with many tasks including meal preparation, household management, shopping, personal care, light housekeeping, and respite care that allow seniors to remain independent and at home.

Senior Companions work with adults recovering from illness, seniors recovering from major surgery, hospice patients, individuals that feel alone and isolated, and seniors with dementia or Alzheimer's disease.

People interested in securing the assistance of a Senior Companion or in volunteering with the Knoxville-Knox County CAC Senior Companion Program can call 524-2786 for more information.

and westward, Knoxville City Councilman Nick Della Volpe, is concerned about existing development- in particular the area that includes and is adjacent to Knoxville Center Mall in East Knoxville.

Knoxville Center Mall. located off exit 8 on I-640, has approximately 60 tenants. Additionally, the exit is home to Home Depot, Lowes, O'Charley's, Cracker Barrel, and a McDonald's, among others. Economic downturn and increased commercial development in other areas of Knoxville have caused a significant struggle amidst businesses in this community.

However, despite the issues at hand, this group of merchants pays over \$2.6 million per year in city and county property taxes, in addition to \$1.5- \$2 million in city sales tax, and over \$10 million in state sales tax. They also provide some 2,000 jobs.

According to Della Volpe,

Della Volpe also suggests that a lack of signage has compounded the issue.

"There is no logo sign on the interstate in either direction that indicates 'Food, Gas, Lodging, and Retail Stores this exit'," he added

TDOT currently has a regulation that allows for a blue logo sign on only the first interstate exit as you enter a municipality with a population over 100,000.

After meeting with several of the area merchants such as Justin Sterling, who is charged by Simon with leasing space in Knoxville

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## PAGE A2 **Focus on the Law**

The Knoxville FOCUS

June 24, 2013

# Supremacy Clause

Last week I heard someone complain that our state legislators just don't understand the Supremacy Clause. If that statement is true, I am sure they are not the only ones so I thought it might be worth briefly discussing the Supremacy Clause in this column.

The Supremacy Clause is found in Article VI, Section 2

of the United States Constitution. It the state legislature. The Second reads as follows:

This Constitution, and the Laws of the United States which shall be made in Pursuance thereof; and all Treaties made, under the Authority of the United States, shall be the supreme Law of the Land; and the Judges in every State shall be bound thereby, any Thing in the Constitution or Laws of any State to the Contrary notwithstanding.

This means that any federal law trumps any conflicting state law and



**By Sharon** Frankenberg, Attorney at Law

that all laws of all states and do so. The only issue for courts to Constitution.

One of the earliest examples of the use of the Supremacy Clause is the case of McCulloch v. Maryland. Maryland passed a law taxing all banks located in the state that were not chartered by

Bank of the United States had opened a branch in Baltimore and Maryland levied a tax on it. The United States Supreme Court ruled that the State of Maryland had no legal right to tax the Second Bank of the United States since it was a federal entity.

Another concept derived from the Supremacy Clause is the preemption doctrine. Preemption can be either express or implied. When Congress expressly preempts state law, it clearly states its specific intent to

the Federal Government decide in these situations is whether are subordinate to the the challenged state law is the one that the federal law was intended to preempt.

Implied preemption may occur despite no express preemption in a federal statute. In cases involving implied preemption, the courts look to see if Congress has "occupied the field" in which the state is attempting to regulate. Congress has occupied the field when there is no room left for state regulation , when a state law directly conflicts with federal law, or when the enforcement of the state law might frustrate federal purposes. Courts will not let the challenged state law stand if, after reviewing the pervasiveness of the federal scheme of regulation, the federal interest at stake and the danger of frustration of federal goals, it finds that the federal law must preempt it.

## Something Above and Outside Ourselves

l've tried to write this piece a couple of times but found it almost impossible. The key is to put it on paper without sounding preachy or religiously stilted. So, here

goes another attempt.

The main characters in books, TV, and movies are increasingly expressing their doubts or disbeliefs in a higher power. Many artists and writers and other public figures are also declaring their agnosticism or atheism. It's a situation that shocks me.

Sure I know that hoards of folks no longer rise on Sunday morning and attend church. I also know that many say that today's church no longer meets the needs or fits the styles of their lives. Much of the displeasure comes

late on Sunday mornings. Okay,

understand the possible need for change in the approach to religion by joerector@comcast.net churches. What I don't get is the

complete turning away from the belief in a power above ourselves. Spring's air perfumed by honeysuckle and the jabbering of birds who've returned home from miles away seem to hint that some power has a plan in place. Music that reaches to the depths of our hearts is another thing that is too special to just have happened by the "human" genius.

believe manage to get through the tough times? Yes, I know that many will say that relying on a god

would put handcuffs on

me, if I would go to jail.

The next morning I ran

back where I got it and breathed a sigh of relief.

It hadn't helped matters

that my great-Uncle was

the first manager of the

book I took wasn't even

a comic book actually. It

three inches square and,

was very thick, around

I think, had pictures of

the Smith Brothers and

there wasn't anything to

laugh about in it. Which

store at that time. The

to the store and surrepti-

tiously put the comic book

people don't like No, God won't necessarily existences are filled with giving up sleeping interfere with or "fix" the many "giant" events that events of life, but He will walk beside us as we travel I through them.

> church is a life-sustaining one. It can offer individuals fellowship and friendship. Far too many folks live away from family; the connection with a church family offers support and company when the bad and good things in life come around. People who aren't a part of a church might visit some. No, they don't have to join. Instead, they can just visit until ones that fit personal styles are discovered. Suddenly, people have a support communities, even if they don't want any part of God.

I've seen plenty of How do those who don't individuals who give religion a bad name. At the same time, I've been around atheist who weren't at all pleasant. during a crisis is nothing Many in the second group from the public's desire more than tricking one's are just as vocal in their to be entertained. That's self. However, the peace nonbelief as those "pushy" filled with videos and the present gives us the ability individuals are in charge of new Christian music. Other to face the worst of things. all that is created in life. Our

are far above our abilities to create. I don't much think they can ascribe them An association with a to personal power or the simple roll of fate's dice.

I have friends who doubt, and they will continue to be friends. No, I don't feel sorry for them. I do hope that at some point they find something to believe in above themselves. I'd like for them to find a church like mine (Beaver Ridge United Methodist) that opens its arms to all, that places its energies in reaching out to others through local missions, and that offers an outstanding speaker who is both engaging and sincere.

Most of all, I'd like to think that we are a people who relies on a high power for guidance. Humans make too many poor choices. Sometimes we don't know what to do. It's then that the reliance on God is something that offers peace and confidence. I mission to clear some of order to better lobby for why the biggest growth in that comes from the Christians are. Atheists don't condemn anyone. the underbrush and scrub needed fixes within the churches comes to those presence of a spirit is not that are loudest sneer at Instead. I invite them to trees in order to open the area who offer alternative a trick of the mind. The the idea of a God. It's as if explore groups and places visibility of the area from worship services that are confidence that God is their egoism suggest that that offer them strength the interstate. He has also and aid.

## FOCUS Weekly Poll

Do you believe public school teachers should receive an automatic pay raise every year regardless of job performance?

	24.71% 75.29%		
By Age	Yes	No	Total
30-49	20.41%	79.59%	49
50-65	26.32%	73.68%	133
65+	24.71%	75.29%	255
Total	24.71%(1	08)75.29%(3	29)437

#### **By District**

by bistrict			
1	44.83%	55.17%	29
2	27.59%	72.41%	58
3	20.51%	79.49%	39
4	22.06%	77.94%	68
5	14.29%	85.71%	49
6	25.00%	75.00%	56
7	23.53%	76.47%	51
8	27.27%	72.73%	44
9	25.58%	74.42%	43
Total	24.71% (108) 75.29% (329) 437		
By Gender			
Unknown	37.50%	62.50%	16
Female	24.65%	75.35%	215
Male	23.79%	76.21%	206
Total	24.71%(108)75.29%(329)437		

Survey conducted June 20, 2013.

## **Councilman pushes for** improvements at mall exit

Cont. from page 1 Center Mall; John Faris, the owner of several McDonalds including the one at this exit; Tim Graham, who owns much of the land and retail space on the west side of the interstate where Home Depot, Lowes, Cracker Barrel, O'Charley's are located; and Tommy Vann who runs Vann Land Properties, Della Volpe invited city officials to explore the possibility of obtaining permet with State Senator Becky Duncan Massey to

inquire of TDOT whether an exemption to the signage regulation could be madegiven the unique circumstance of the area.

According to Della Volpe, long term solutions could possibly include an additional exit ramp from I-640. (The exit currently only has one.)

Business owners and vested parties are in the process of forming an East Towne merchant group in

**By Joe Rector** 

The Focus will continue to follow this story as it develops.



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#### brings me to the question, why don't comics make me laugh any more?

Why aren't comics funny any more?

I remember well Etta Kett, Nancy and Sluggo, Calvin and Hobbs, Alley Oop, Marmaduke, Archie, and a lot more that I can't think of right now, and most of the time they made me laugh out loud, or at least made me smile. Today's comics don't come close to that. Zits is a strip devoted to a teenager coming into adulthood but not very amusingly. I am not a political person so Doonesbury

the editor and the publisher.

newspaper.

are subject to publisher and editor approval.

doesn't attract me at all. I tried reading it once, but it was hard to understand. I do realize that it would appeal to people who are politically inclined but why is it presented as a comic strip? The person who at least gets a smile from is Crankshaft, perhaps because I know someone who is very much like him Snuffy Smith does make me smile, but I don't like poor Beetle Bailey always getting picked on. Garfield is a must because I'm a cat lover. Dagwood and

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Rosie's World

When I was eight years

old a classmate of mine

talked me into going

to Woolworth's 5 & 10

cent store "just to look

around." We came to the

comic book section and

she quickly stuck a thick

book in a purse she had.

Then she told me to get

one too. I quickly picked

one up and we ran out

of the store. That night

was one of the worst in

my life. I expected the

police to pound on the

door. I wondered if they



A father and his sons, Randy, Emerson, and Butch Mynatt. Photo taken by Cecil Mynatt

## Another generation of Mynatt Brothers

It is a common name in the Halls Community--Mynatt Road, Mynatt Cemetery, Mynatt Funeral Home, and Mynatt's Furniture. There is another set of Mynatt Brothers with ties to

Halls.

They grew up on their family's farm in Halls and attended all twelve grades in Halls schools, but these Mynatt Brothers have ventured far from the community where they grew up.

Dwight Emerson Mynatt is known as Butch to family and friends.

Butch played four years of football in high school, played baseball, and even made All-KIL (Knoxville Interscholastic League) his senior year.

He graduated from Halls in 1974 and from The University of Tennessee (UT) in 1978 with a degree in Business (Finance and Banking).

Butch started his career locally in banking before taking a job in Oak Ridge at SDC / DMJM. He trained as a Controller in Knoxville for Ryder Truck Rental, moved to Ohio, and then back to Tennessee.

for PriceWaterhouseCoo- high school student. pers, One Source, and Cultura Technologies, formerly John Deere Agri Services, where he has worked since 2006. Butch is married to his high school sweetheart and cheerleader, the former Pam Vineyard. Pam is a graduate of Halls and UT and teaches talented and gifted students.

parents Laura, graduate

**By Ralphine Major** ralphine3@yahoo. com

> sports at Halls, also. He graduated from Halls High in 1980 and from UT in 1991 with a doctorate in Nutrition Sciences. He worked as a Post-**Doctoral Research Fellow** in Memphis and at Oak Ridge National Laboratories (ORNL) doing biomedical research before joining the faculty at Pennington Biomedical Research Center (PBRC) part of the Louisiana State University System in Baton Rouge, Louisiana.

Currently, he is a Professor and the Director of the Transgenic and Gene Targeting Facility PBRC.

Dr. Randall Mynatt's research in obesity and diabetes has resulted in over 60 publications that he has authored or co-authored. He has been a guest speaker in several countries.

Randy's son, Tyler, graduated from high school this Still working for Ryder, year and has a full scholhe moved to Georgia arship to LSU this fall, and and later went to work his daughter, Caroline, is a (To be continued next week.)

of Kennesaw University, and Grant, a University of Georgia graduate. Randall Lee

Mynatt, known to family and friends Randy, played

as

## Culture celebrated at KUUMBA



The 24th Anniversary KUUMBA Festival took place over last weekend at Krutch Park, downtown and Market Square, Haley Heritage Square and Chilhowee Park. KUUMBA (Ki-swahili for "creative") Festival is a multi-event celebration with more than 200 entertainers performing on two stages, demonstrations, and service by more than 100 crafts' people and food vendors. The four-day festival featured a Kick-Off Luncheon at Krutch Park, above, featuring Ekpe Abioto, world-renowned artist, percussionist, master storyteller and drummer. Attendees listened to his exciting rhythms and his melodic presentation on instruments from Africa and around the world. During the luncheon, Abioto premier ed the "I Am a Genius" Choir. Photo by Dan Andrews.

## **ORNL Federal Credit Union launches** Small Business Counts cash mob campaign

#### Rare grassroots program focuses on building community

As a fitting tribute to the CEO. "There are few better conclusion of National Small Business Week, ORNL Federal Credit Union (FCU), Eastern Tennessee's largest credit union membership with more than 157,000 members, has announced that it's launching a cash mob campaign called Small Business Counts across Eastern Tennessee starting in July 2013.

Inspired by the recent flash mob trend, a cash mob is a group of people who assemble at a local business to make purchases as a gesture of support for that business as well as the overall community. The credit union's grassroots program, Small Business Counts, is designed to help local merchants in the 16 East Tennessee communities that it serves through the use of promotion, social networking and even direct financial support.

"At ORNL Federal Credit Union, we believe that small business counts. The concept of a cash mob is one that fits perfectly with our core value of community improvement," said Chris Johnson,

#### ways to build a community than through the support and advocacy of small business, and I hope this program will encourage people to share in our commitment to the wellbeing of these merchants and communities."

The Small Business Counts cash mob campaign will include the promotion and support of two East Tennessee businesses each month beginning in July. The locations and meeting dates will be announced one week in advance of each event and have not yet been

determined. The following guidelines will be used when selecting the local businesses to support as part of the program:

1. Business should pendently operated.

2. Business should have products that cost less than \$20.

3. Business owner(s) should give back to the community in some way.

In 2012, ORNL FCU was recognized by the Small Business Administration as the Tennessee Credit Union



a variety of community be locally owned and inde- events and charitable organizations through sponsorships and other contributions.

credit

For more information about ORNL Federal Credit Union and its Small Business Counts campaign, visit www.ORNLFCU.com. Details of each cash mob will be made available one week in advance of each event.



Butch and Pam have been married almost thirty-five years and are



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## PAGE A4 The Knoxville FOCUS **FOCUS MORE ON** Seymour & South Knox

# Calligraphy, stargazing offered at Marble Springs State Historic Site

Site will host a hands-on calligraphy workshop with Shannon Davis on Saturday, July 20, 2013 from 1:30 p.m. until approximately 3:00 p.m.

The cost is \$25 per person, with proceeds going toward educational programming at Marble Springs. Participation will be limited to 20 individuals. Participants will receive a calligraphy marker and practice sheet. To the Governor John Sevier Memoregister, call 865-573-5508 or rial Association.

Marble Springs State Historic email marblesprings@gmail.com. The cut-off for registration will be Wednesday, July 17.

> Programming assistance for this event is provided by the Arts & Heritage Fund and Knox County. Marble Springs is funded under an agreement with the Tennessee Department of Environment and Conservation, Tennessee Historical Commission, and supplemented by additional funds raised by

Marble Springs State Histor- of inclement weather or overcast ic Site is proud to present the latest in a series of Stargazing workshops on Saturday, July 13 from 8:00 p.m. to 10:00 p.m. This workshop will be instructed by Mr. Garry Noland. Mr. Noland has been an adjunct instructor of Astronomy at the University of Tennessee for 11 years.

The lecture topic will be Colonizing Space. Following the lecture, guests will be invited to view the night sky. In the event

possibly offering the volun-

teer with the most hours

a trip to a rescue conven-

tion that is out of town but

close, low cost, and enjoy-

no longer just manage to

scrape by. Our community

as a whole has to address

this issue. In a county

where we have groups

that save everything

from "save our schools"

to "save the Smokies,"

We need to save the orga-

nization whose volunteer's

Based on my observa-

able.

skies the lecture part of the program will still take place. All participants are encouraged to bring a flashlight.

This workshop is free & open to the public. Donations will be accepted & are appreciated.

All activities take place at the Marble Springs State Historic Site: 1220 West Governor John Sevier Highway, Knoxville, TN 37920.

# Heroics on a budget

#### Cont. from page 1

200,000 miles.) For years the volunteers have been working with what meager means forward the organization is looking to no longer just explained. survive but to thrive.

Each volunteer dedihours a year to the rescue service for training. That includes everything from being on call to other time consuming activities. The notion of the rescue volunteers spending additional time begging the community for money is a very serious possibility Chief.

fail to realize is that we, as volunteers, save the taxpayers almost \$3 million dollars a year. We have they have. However, going a total budget of about \$350,000 a year," Petress

During my tour of each rescue station in Knox cates approximately 760 County, I noticed how professional this volunteer organization is. I also noticed how far they have come as an organization and how much further they could go if they received additional financial resources. Examples include rooms unfinished, aging rescue vehicles, that worries the Assistant few incentives, and other few donations from the challenging problems business community. He

"The one thing people associated with having further explained how he sacrifice their time to save such a small budget.

> Interestingly it is not just government funding that concerns these volunteers. They are also worried about funding from United Way. With businesses struggling and cutting back donations, the volunteers are worried that they might receive additional cuts. Surprisingly, the organization receives very little support from the business community. When I asked Chief Petress if they have a rescue squad member of the month, he said no. He explained that the department receives very

wishes that he could proour lives. vide more enticing rewards "We are trying to grow.

to the volunteers. Incen- If we can get extra funds tives he envisions include it will benefit us. But more importantly, it will benefit the citizens of the entire Knox County including Farragut and the City of Knoxville. More importantly it will benefit the people of this community whose tions, the department can lives we are trying to save," he added.

> For more information about the Knoxville Volunteer Emergency Rescue Squad, including how to help, join or donate, visit http://kvers.net/ or call (865) 546-4824.

June 24, 2013 Why aren't comics funny any more? Cont. from page 2

Peanuts are old standbys that I can't miss. Sally Forth and For Better or For Worse are family related, which is okay but they don't catch my attention. I realize that cartoonists like to express their views but why do they have to do it on the Comic's page??

An added note: several people have asked me where I was when I wrote my "I'm Back" column a few weeks ago. They didn't realize I was away, I guess. On December 12th of last year my car hit a pole. It isn't clear if my heart missed five beats before I hit the pole or after I hit it. I sustained a broken ankle which they operated on Dec. 13th. Dec. 14th they put a pace maker in and on the 15th they took my gall bladder out. I spent two weeks in the hospital (including Christmas) then sixty-seven days at the NHC physical therapy building. It was rough going for a while but God has been good to me. I appreciated all the prayers, cards and gifts. I thank Him for each day.

Thought for the day: One foe is too many and a hundred friends are too few. A Native American Proverb

Send comments to rosemerrie@att. ent or call (865)748-4717. Thank you.



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Children experience the beach for the first time through a recent Boys & Girls Club sponsored trip to Myrtle Beach, South Carolina.

# Boys & Girls Clubs Members Head to the Beach

Members of the Boys & Girls Clubs of the Tennessee Valley enjoy many outdoor activities and field trips during the summer, but 24 young Club members recently experienced a trip they will remember above all others. Staff from the Boys & Girls Clubs took twenty young people who had never been to the beach in their lives for a special trip to Myrtle Beach, South Carolina.

The Boys & Girls Clubs had sponsored a beach trip for deserving young people yearly in the 1990s and early 2000s, but then a change in transportation laws halted it for nearly a decade. For the Boys & Girls Clubs' Knoxville Advisorv Board. bringing back the trip was a priority. Using funds from their "Boys Night Out" event, the board raised over \$4,000 to provide this trip to the deserving children. Markus Jackson, Vice President of Operations at the Boys & Girls Clubs of the Tennessee Valley, was especially enthusiastic about the trip. "Boys & Girls Clubs prides itself on providing life changing opportunities for the youth we serve," he said. "What better



opportunity to reward a child than to take them to the beach? It is important that children get to explore the world outside of their immediate community."

Of course, lots of time was spent playing in the water and sand, too, "I liked meeting new friends, and I will always remember seeing the beach for the first time," said 14-year-old member Cameron Giles from the Vestal Boys & Girls Club. He added that he enjoyed ordering whatever he wanted when the group went out to eat at Cracker Barrel. For the young travelers, the trip was a once-in-a-lifetime experience. Many youth who attend the Boys & Girls Clubs come from economically disadvantaged families who may not be able to take their children

on vacations in the summer. "Seeing the kids' faces and reactions was life-changing." said Kim Madeiros, a Boys & Girls Club chaperone. "They got an opportunity that they may never have again!" By providing opportunities for travel and educational activities in the summer, the Boys & Girls Clubs hope to equip young people with the knowledge and self-confidence they need to succeed in school, practice healthy living, and demonstrate good character.

## STATEMENT REGARDING CITY OF KNOXVILLE & TVA PARKING GARAGE

The City of Knoxville, with the full support of the Tennessee Valley Authority, has determined that a proposed joint parking garage planned for the corner of Summer Place and Locust Street would benefit from a request for proposal (RFP) process for a private developer to build and operate the garage. Originally TVA was to serve as the garage owner/operator.

Construction and ownership of the proposed garage by a private developer would satisfy the parking needs of TVA employees and potential TVA East Tower tenants. The garage would still provide citizens with free parking on nights, weekends and holidays, which was specified in the Memorandum of Understanding approved by City Council.

The advantages of the City undergoing the RFP process are numerous. A public-private partnership would be less costly to TVA's ratepayers and eventually would put the garage property back on the City's tax rolls. In addition, an experienced private developer would be able to complete the project more quickly to the benefit of all parties. The garage would also be subject to Downtown Design Guidelines.

Both the City of Knoxville and TVA are looking forward to a successful proposer for the garage, which is scheduled to open sometime in 2015.

Pellissippi State Employee publishes instructional

Twelve girls and twelve boys were selected to go on the special trip based on good behavior, an essay contest, and a swim test. The boys traveled with male staff for the first half of the week, while the girls traveled with female staff for the latter half of the week.

While at the beach, the Club members enjoyed playing puttputt golf, shopping, and seeing a movie at an IMAX theater.

## 'cookbook' on learning management system

Sometimes good questions prompt more than answers. Sometimes they inspire a book.

For Brandon Ballentine of Pellissippi State Community College, that book is the "Desire2Learn Higher Education Cookbook," recently released by Packt Publishing, a U.K.-based technical book publisher.

A D2L administrator for the

#### Continue on page 2



activities!]

 Prices start at \$1400 (includes two meals a day, housekeeping, transportation and

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2. Large walk-in closets

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Parkview Fountain City , 5405 Colonial Circle, Knoxville, TN 37918, 865-687-0033, www.pvseniorliving.com

## **Tennessee cancer coalition presents annual 'Legislator Of The** Year' award to Tennessee State Senator Becky Duncan Massey

The Tennessee Cancer Coalition (TC2) announces that Sen. Becky Duncan Massey (R-TN 6th District) is the 2013 recipient of its annual "Legislator of the Year" Award. The TC2 initiated the award to honor state legislators for their

strong advocacy on behalf of cancer prevention and control policies designed to reduce the burden of cancer in Tennessee.

Senator Massey was elected to Tennessee's 6th Senatorial District in a special election in November

2011. During her first legislative session, she was successful in passing legislation concerning job tax credits for companies that employee the disabled; offenses for impersonating an armed forces member; utility district vacancies;

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and 911 notification just to name a few. She was appointed to serve on the Senate Government Operations, Transportation and the Health and Welfare Committees. She was appointed Chair of the Senate Calendar Committee for the 108th General Tennessee Assembly. She was also elected to serve as Secretary for the Senate Republican Caucus. As part of her responsibilities on the Senate Health and Welfare Committee Sen. Massey reviews and supports legislation pertaining to cancer prevention and control.

According to TC2 Co-Chair Jason Searcy, Director of Oncology Services at Wellmont Health System, "In her short time in the Tennessee General Assembly, Sen. Massey has shown a real passion for increasing access to cancer care for all Tennesseans. She was instrumental in maintaining funding for the Tennessee **Breast and Cervical Cancer** Screening Project. She also has a true zest for service as evidenced by



Tennessee State Senator Becky Duncan Massey receives the Legislator of the Year award.

her tenure on the board of directors of the Akima Club of Knoxville, Big Brothers Big Sisters, Overlook Center and the Sertoma Center. The Tennessee Cancer Coalition looks forward to continuing to work with Chairman Massey and other members of the Tennessee General Assembly committed to making a positive difference in the lives of cancer patients, survivors and caregivers across Tennessee."

The Tennessee Cancer Coalition is comprised of cancer patients, survivors,

Tennessee. Working with the Tennessee Cancer Registry, TC2 has developed a data-driven, integrated and coordinated approach to reducing cancer incidence, mortality, and morbidity and to improving the quality of life for those affected by cancer in Tennessee. To find more information about TC2 or to join please go to www.tncancercoalition.org

caregivers, researchers

and other advocates and

exists to wage a unified

fight against cancer across

June 24, 2013

## Pellissippi State Employee publishes instructional 'cookbook' on learning management system

#### Continued from page 1

college, Ballentine fields questions daily from faculty members who use D2L for their online classes. The D2L learning management system enables instructors to upload and manage online class materials such as study guides, tests, and grades. It is used by colleges and universities in the U.S. and around the globe.

Ballentine says he first envisioned what came to be the book as an online resource for use nationwide.

"I thought, 'So many schools are writing their own tutorials, their own documentation, and their own tips and tricks," he said. "'Wouldn't it be great if there was a central site that everyone could go to so that everyone isn't duplicating work across the state or the country?"

Before Ballentine could complete the website, however, Packt enjoyed finishing the project, though." Publishing contacted him through he said. "I have a few ideas for some LinkedIn and proposed the idea for future writing projects, but I'm not a book. "I had some decent notes and had started writing some chapters," he Education Cookbook" is Ballentine's said. "So when Packt got in touch, I had an idea of at least some things I wanted to include in the book."

The goal of the "cookbook" is to help teachers gain expert knowledge of the tools within D2L, become more productive and create online learning experiences with the easy-to-follow recipes. And Ballentine was just the person to write it.

Having begun working at Pellissippi State in 2009, he is an instructional technology specialist in Educational Technology Services. He also teaches a course on mobile web design. While earning his master's degree in English at East Tennessee State University, Ballentine worked in the university's Academic Technology Support group. He says he has always been comfortable with both words and technology.

"As a former English major, it was really nice to have the chance to write a longer piece again. I definitely going to start those for a while." The "Desire2Learn Higher first book. It is available through Packt Publishing (www.packtpub. com) and Amazon.



## **OFFICE FURNITURE & EQUIPMENT AUCTION** Total Office (Clyde Shoffner) 4318 Papermill Drive, Knoxville TN 37909 Saturday June 29th, 2013 • 10:00 a.m.

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AUCTION NOTES: THIS IS A LARGE VOLUME AUCTION BE PREPAIRED TO BID BUY AND LOAD 100"S OF UNLISTED ITEMS

DIRECTIONS: I-40-75, EXIT 383 Papermill Drive, turn North approximately 1.5 miles on right and WATCH FOR SIGNS

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www.knoxfocus.com

## PAGE B3 The 1938 Senate Primary in Tennessee, V

## **Pages from** the Political Past



By Ray Hill rayhill865@gmail.com

bare-knuckle political battle had rolled across Tennessee for the Democratic nomination fort the United States Senate in 1938. The contest was a three way fight between incumbent U.S. Senator George L. Berry, Congressman J. Ridley Mitchell, and A. T. "Tom" Stewart.

There was actually a fourth candidate on the ballot for the nomination for the United States Senate: Edward Ward Carmack, Jr. "Ned" Carmack was the son of former U.S. Senator W. W. Carmack, a martyr to many Tennesseans as he had been slain in the streets of Nashville in 1907, Tennessee's fiercest advocate for prohibition. While he had never been elected to any office and was inexperienced in politics, the younger Carmack had officially announced his own candidacy, although there were persistent rumors throughout the spring he would withdraw from the race. Carmack declared in April of 1938 he would run "a victorious and active campaign" and went so far as to state he would open his Senate bid on May 14, although he did not reveal a location for his opening.

Ned Carmack never really was a factor in the Senate campaign after a mysterious incident where he was found bloodied and badly beaten near his abandoned car. Carmack's campaign collapsed entirely as the prospective candidate was hospitalized for quite sometime and the



Senator Tom Stewart is sworn in by Vice President John Nance Garner as Senator K. D. McKellar watches

appearance, very much like the small town lawyer he was.

Berry had been appointed to the United States Senate following the sudden death of Senator Nathan L. Bachman by Governor Gordon Browning. It was likely not the best appointment Browning could have made and Berry's first act as Tennessee's new senator had been to hire the governor's older brother, F. L. Browning, as his Secretary. As time passed and George L. Berry's dispute with the Tennessee Valley Authority over mineral rights, leases and marble deposits on property flooded by the TVA became more heated, Senator Berry became more and more a liability to Gordon Browning. Worse still, despite having been an important supporter of President Roosevelt, it became readily apparent Senator Berry was running for reelection on a platform at least somewhat critical of FDR. Berry was thought to have been a sure supporter of Roosevelt's plan to enlarge the United States Supreme Court, but despite being in the Senate Chamber at the time of the vote, Berry cast no vote, a fact that infuriated a vengeful Franklin Roosevelt. Tennessee's senior United States senator, Kenneth D. McKellar, had loyally supported the President and immediately reminded FDR of Berry's perfidy. The New Deal administration consolidated Federal patronage in McKellar's hands, giving him even more influence both in Washington and Tennessee. Despite the disagreements between McKellar and Berry, the junior senator did not complain when his colleague secured an appointment for former Governor Hill McAlister. McAlister had retired after two terms in 1937; like many others, McAlister needed an income and Senator McKellar arranged for McAlister's appointment as counsel to the Bituminous Coal Commission. The appointment carried with it a salary of some \$8,000 annually, a handsome sum at the time.

Several Tennessee newspapers complained about the appointment and were aghast when Senator George L. Berry announced he would not oppose McAlister's appointment.

"I am not the kind to throw people of out jobs when they need them and I assume Governor McAlister needs it," Berry explained.

Senator McKellar loathed Gordon Browning and had handpicked Tom Stewart to challenge Berry in the Democratic primary, a fact which irked Congressman J. Ridley Mitchell. Congressman Mitchell had gone to McKellar's office to solicit his support, but had left angry as the senator bluntly told him the opposition to Governor Browning and Senator Berry would run as a ticket. Mitchell disliked the idea of entangling himself in other races and was clearly unhappy he could not garner McKellar's support. Determined to make the race for the Senate, Mitchell cast himself into the only role left available to him; that of a "harmony" candidate. Tennessee's Democratic Party was torn asunder by the two dominant factions; the state organization headed by Governor Gordon Browning and the Federal faction headed by Senator K. D. McKellar. McKellar's organization stretched from Mountain City to Memphis and was closely allied with the Shelby County political machine led by McKellar's personal and political friend, Edward Hull Crump of Memphis.

begged Senator McKellar for help when the governor initiated a furious assault on the power of the Shelby County machine. It was McKellar who picked Prentice Cooper to run for governor and Tom Stewart to run for the United States Senate. Crump had followed McKellar's lead and a coalition ticket was formed with Cooper for governor, Stewart for U. S. senator, and W. D. "Pete" Hudson for Utilities Commissioner.

J. Ridley Mitchell traveled across Tennessee, denouncing the idea of coalition politics, complaining that McKellar and Crump were seeking to control everything in the Volunteer State. Mitchell portrayed himself as the only candidate who could heal the breach in Tennessee's Democratic Party.

Senator Berry, despite

during the first months of the campaign; one of the three candidates would be the featured speaker while the other two would make shorter speeches. The Cooper - Stewart -Hudson ticket opened their campaign with a gigantic barbecue in Greeneville. Tom Stewart was introduced to the several thousand people in attendance by Chattanooga State Senator Fletcher Morgan who proclaimed Stewart as "a man with the patience of Abraham Lincoln and the foresight of Woodrow Wilson". Stewart, speaking last on the bill, hammered home his support for President Roosevelt and the New Deal.

FROM THE AUTHOR'S PERSONAL COLLECTION

Later, campaigning in Waverly, Stewart confided to his audience both Senator Berry and Governor Browning intended to bolt the Democratic Party and run in the general election as Independents, something not unprecedented in Tennessee politics, but inaccurate in this instance.

printing company in the United States.

Posters and buttons for "Cooper - Stewart -Hudson" were just as plentiful across the state. The coalition ticket was also well financed and Berry would later complain many Federal employees were assessed contributions illegally. The same charge would be made against the Browning and Berry forces who derived considerable support from state employees.

Election Day brought a smashing victory for the coalition ticket.

Senator Berry carried the First District, which was ordinarily heavily Republican. It was Berry's home, but Tom Stewart ran a surprisingly strong second. The First District was an area where Senator McKellar was enormously popular and the McKellar organization was quite strong, which helped Stewart make an impressive showing in Berry's home area. Stewart won both the Second and Third Districts, allowing him to carry East Tennessee by a solid majority. Congressman Ridley Mitchell, little known in East Tennessee before the campaign, ran a poor third.

Mitchell proved to be much stronger in his native Middle Tennessee. Congressman Mitchell won his own Fourth Congressional District with a large majority, although Tom Stewart managed to carry his own home county. Likewise, Mitchell carried the Fifth District, which was centered around Nashville. Ridley Mitchell carried Middle Tennessee with Tom Stewart running second and Senator Berry third.

West Tennessee voted strongly for Tom Stewart. The Seventh District was the home of Gordon Browning and Browning had been the Congressman from the district for twelve years and both Browning and Senator Berry carried the area. Tom Stewart won the Eighth District and the Ninth. The Ninth District was Shelby County, home to the machine led by E. H. Crump and the majority for Tom Stewart was enormous. Senator Berry ran second with Congressman Ridley Mitchell barely making a showing. Having carried both East and West Tennessee, Tom Stewart won the Democratic nomination for the United States Senate. Even though he had not carried one of Tennessee's three Grand Divisions, Senator George L. Berry came in second with Congressman J. Ridley Mitchell bringing up the rear. As the nominee of the Democratic Party in Tennessee, Tom Stewart was all but elected to the United States Senate. Stewart would go to Washington, D. C. where he would remain for the next decade.

beating he endured was so violent it left him with a permanent limp for the remainder of his life.

Senator Berry had long been involved in Democratic Party politics and was the President of the International Printing and Pressmen's Union. Berry had held a number of minor posts under President Franklin Delano Roosevelt's New Deal administration. A burly man with hair carefully combed to unsuccessfully disguise increasing baldness, Berry was jovial, loud, and forceful.

Ridley Mitchell was tall, bald, and a skilled politician. Mitchell was almost a caricature of a modernday politician who smiled at everybody, promised just about everything, and had a fine-tuned sense of opportunity.

With a full head of steelgray hair, a winning smile when he cared to use it, and an unassuming manner, Tom Stewart was a likable fellow. Like his opponents, Stewart was a good speaker and met people well. Tom Stewart was, if anything, a truly kindly man. Both Berry and Mitchell were usually very well dressed, with Senator Berry favoring double-breasted suits with vests. Tom Stewart usually had a more rumpled

Crump had backed Gordon Browning for governor in 1936, much to McKellar's dismay. Less than a year later, Browning and Crump had a spectacular falling out and the Memphis Boss had

being alienated from President Roosevelt, was campaigning more as a conservative Democrat, an odd stance for the president of a union. Berry was highly critical of the New Deal intruding into private business and considering his own vast business holdings and bitterness with the Tennessee Valley Authority, it was perhaps a reflection of his own disappointment. Governor Browning tried to ignore Berry as the primary election approached, but it was an association that hung around his neck like an anvil.

Tom Stewart's platform was quite simple and meant to contrast with the record of Senator George L. Berry; Stewart was running as an all out supporter of Franklin Delano Roosevelt and the New Deal. Tom Stewart was 100% for Roosevelt. The coalition ticket traveled Tennessee together

"They know they are whipped," Stewart cried. "They are November bound and they knew they would be all the time."

As the primary campaign drew to a close, each seemed to have enough money to get his individual message to the voters. Senator Berry's campaign especially seemed not to lack for money and he had been collecting contributions from labor organizations all over the country. Berry supporters sported handsome campaign buttons with the senator's picture on it and there were full color posters, which was a rarity for the time. The Berry campaign even put out a set of round George L. Berry playing cards; it was not coincidental that Berry owned the biggest playing card





# Boone or Crockett?

If you get most of your history from television and movies I'll bet you get really c o n f u s e d about Davy Crockett and Daniel Boone. The problem arises when you consider

that the two real historic figures had many things in common in the media's representation of them.

Do you know the difference?

Here's a few questions with the answers to appear next week:

Who was born on a mountain top in Tennessee? Who widened the ancient Indian Warpath to become the Wilderness Road?

Who moved from the

A Day Away

**By Mike Steely** 

 Steely
 at a state capitol?

 Who 's father opened a tavern?

Who followed Sam Houston to Texas? Who lost a bid to improve a route they built? Who wore buckskin? Who has a town named for him?

Who served in Congress?

Who is buried in a mass grave?

Who explored for the Henderson Company? Who was captured by

the Shawnee? Who's brother was killed by the Cherokee?

Who'sgrandparentswere killed by the Cherokee? Who did Fess Parker

play on Television? Who played both in

Movies and Television? Who had a side-kick named Mingo?

Who killed a bear when he was only three?

Who moved the most across the nation?

Who was an associate of Andrew Jackson?

Who owned slaves? Who opposed the remov-

al of the Cherokee?

Now, here're some hints:

Davy Crockett was played by various actors, including John Wayne, Billy Bob Thornton, and many, many others.

You can visit Davy

Crockett's life in Tennnessee at several places, including Morristown and Limestone near Jonesboro. And you can now walk the old Trail that Boone walked at Cumberland Gap, since the Middlesboro traffic tunnel was completed years ago and the "original trail" established up the gap to the three-state marker.

Don't pass up a chance to visit the town of Cumberland Gap while you're at the historic pass and take a drive up the National Park to the overlook and the Civil War sites there.

Or you can drive up to Frankfort, Ky. and visit the monument to Daniel Boone there in the cemetery overlooking the state capitol, where he may or may not be buried. That's another story.

PHOTO BY MIKE STEELY

A replica of one of the men (Boone or Crockett?) stands along a river near Limestone, Tn., along with a museum and visitor center. Know which historic figure it represents?



New Cemetery Savings Opportunity

New Gray Cemetery is pleased to announce a great benefit to Knoxville-area families. Effective April 1, 2013, we will grant a savings of up to

## June 24, 2013 Historian to lead July Brown Bag Lecture

As a part of its continuing series commemorating the 150th anniversary of the Civil War, the East **Tennessee Historical** Society on July 10 will host a brown bag lecture, "Unvexed to the Sea," the story of the Siege and Battle of Vicksburg, presented by Terrence J. Winschel, retired historian of Vicksburg National Military Park in Mississippi.

From the beginning of the Civil War, the Confederate bastion at Vicksburg thwarted Federal hopes to gain control of the allimportant Mississippi River by cutting the Confederacy in half and disrupting the flow of supplies from the Trans-Mississippi West to the major Confederate armies in the East. By 1863, despite Federal successes at New Orleans and Memphis, Vicksburg still stood defiant. An unlikely hero emerged that year--a scruffy, cigarsmoking Ulysses S. Grant--who dared to launch a highly risky campaign to force the Rebels from their Mississippi stronghold. As Grant closed in on the great prize of Vicksburg, hardpressed Confederate forces held on desperately, expecting relief that never came. **Terrence Winschel** 

will tell this story of one of the war's longest and most decisive campaigns,

Winschel is a 35-year veteran of the National Park Service, having served at Gettysburg National Military Park, Fredericksburg Nationa Military Park, and Valley Forge National Historical Park, as well as Vicksburg. The author of numerous articles and book reviews on the Civil War, Winschel's books include "The Civil War Diary of a Common Soldier," and "Vicksburg: Fall of the Confederate Gibraltar." He is the recipient of several awards, including the 2007 National Park Service Preservationist of the Year, presented by the **Civil War Preservation** Trust.

The program is sponsored by 21st Mortgage, and free and open to the public. The lecture will begin at noon at the East Tennessee History Center, 601 S. Gay Street, Knoxville. Guests are invited to bring a "Brown Bag" lunch and enjoy the lecture. Soft drinks will be available. For more information on the lecture, exhibitions, or museum hours, call 865-215-8824 or visit the website at www. EastTNHistory.org.

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# A YEAR TO REMEMBER Leadership qualities made Frizen stand out at Bearden

#### By Steve Williams

Nicky Frizen wasn't that tall as a quarterback at Bearden High School last season, but he was looked up to by teammates.

"He definitely was the leader of our football team," said head coach Brad Taylor of the Bulldogs' 5-10, 190-pound field general.

"The best way to describe Nicky is with a story. I had a talk with Bill Young, my high school coach, prior to last season. Looking back on his career, Coach Young recalled, 'We had our better teams, if our hardest workers were our best players."

Frizen was just that, a hard worker and one of the squad's best players, and he inspired others as well. The results were one of Bearden's better teams.

Nicky's leadership qualities were felt throughout the campus. In addition to being captain of the football team, he had a 3.70 grade point average and a 28 on the ACT and served on the leadership committee of the Fellowship of Christian Athletes. His popularity among classmates led to him being crowned Senior Prom King.

As Andre Caballero, the Bulldogs' offensive coordinator, summed up, "He was a true inspiration and made an incredible impact academically, athletically, spiritually and socially at BHS." Bearden selected Frizen its Male Athlete of the Year. His most satisfying memory of it? "Probably beating Farragut in three overtimes, and the fact I got to do it with some of my best friends," he answered.



PHOTO BY HOBE BRUNSON

Quarterback Nicky Frizen, Bearden High School's Male Athlete of the Year for 2012-13, led the Bulldogs to an 8-2 regular season record and a berth in the state playoffs last season. He will continue his football career at the University of the



Knoxville Force midfielder Tom Webster moves the ball in a recent match at Regal Soccer Stadium. Webster, a Bearden High School and Maryville College graduate, has played for the Force for two seasons. He was the Gatorade Player of the Year during his junior season with the Bulldogs and played on Bearden's 2006 State Championship team.

# Webster pursues his passion with Knoxville Force

#### By Ken Lay

Tom Webster relishes his opportunity to play semi-pro soccer in his hometown.

"This is really fan," said Webster, a midfielder for the Knoxville Force. "It nice to play because of the proximity and it's also nice because it's hard to come to the realization that one day, you won't be able to play anymore.

"This is also fun because this league is not super serious. When you play in high school and college, it sometimes becomes a chore."

During his high school days, Webster starred at Bearden High School and was named Gatorade Player of the Year during his junior season with the Bulldogs in 2007. He also played on Bearden's last Class AAA State Championship Team in 2006.

After his stellar prep career, Webster took his

The Bulldogs went on to post an 8-2 record

#### Cumberlands.

before stumbling 35-7 at Kingsport Dobyns-Bennett in the first round of the Class 6A playoffs.

"We turned the ball over twice in their end zone in the first quarter," said Frizen. "We had the ball punched out at the end of a long run, and I threw an interception from inside their 5 or 10-yardline. It put us behind the 8-ball. It's hard coming back from that, but they were a good team though."

Nicky also recalled the homecoming game against perennial state power Maryville.

"It was a lot of fun, and we probably played them about as well as anybody," he said. "It was 7-3 going into the fourth quarter. We had some long drives that stalled out. They ended up winning 21-3 with a couple of late touchdowns."

For the season, Frizen, who was named the team's MVP and All-District 4-AAA, passed for 1,796 yards and 16 <u>Cont. on page 4</u> talent to Maryville College. He played for the Scots and graduated in 2012 with a degree in Business and Organizational Management. He now works as a bicycle technician.

With the Force, Webster plays with several other former local high school stars from Hardin Valley Academy, Christian Academy of Knoxville, Catholic, Maryville, Bearden and Oak Ridge.

"We had more local guys on the team last year than we do this year," Webster said. "It's nice to play with those guys again.

"I played against a lot of them in high school and I played with some of them on club teams.

Continue on page 2

## Thank you to all who have generously supported the 1st Annual Knoxville I-CAR Committee Golf Fundraiser



**1st Place Team: State Farm Insurance.** Roy Gresham, Gary Adkins, Matt Penland and Rick Southers.

# FOUNDATION

On June 15, 2013 the Knoxville I-CAR committee had a golf fundraiser to benefit the Collision Repair Education Foundation at Three Ridges Golf Course. The fundraiser raised \$5700 to purchase needed tools and supplies at local trade schools in the Knox and surrounding counties. Special thanks to the premier sponsors (below) for their participation in the event.

The mission of the Collision Repair Education Foundation is simple and straight-forward: "To secure donations that support philanthropic and collision repair education activities that promote and enhance career opportunities in the industry." The ultimate goal of the Collision Repair Education Foundation is to create a future in which every entry-level technician hired will have graduated with the necessary skills and understanding of new technology to be welltrained, productive, and efficient employees from day one on the job.



**2nd Place Team: Knox Auto Parts.** Andrew Maziasz, Kevin Brown and Chad Tarwater.



## The Knoxville FOCUS June 24, 2013 Eric Berry Maintains His Tennessee Connection

#### By Alex Norman

On a beautiful late spring weekend, around 125 kids showed up at Grace Christian Academy for the Eric Berry D1 Iron Sharpens Iron Football Camp.

For Berry, a former Tennessee Vols All-American, camps like this one are a look into the future for when his National Football League playing days are done.

"This is something I'll do well after I retire," said Berry. "I love the game; love being around the game... it is something I enjoy. Just seeing kids develop into the players they want to be. Not only that... but just having fun out here as well is always a good thing. I just like being around the kids. The energy is always pure. They have no incentive to play football... they just play because they love it. Always good to come out here and get those vibes and see why we really play the game."

Eric Berry was one of the most popular players in the recent history of Tennessee football. So it is no surprise that he stays connected to Knoxville and the Vols. This off-season, Berry has also spent some time on the UT campus, getting to know new Vols coach Butch Jones.

"I'm very excited to have him here at Tennessee. He has a genuine passion for the game, a passion for getting that connection with his players. That's what you need to win games," said Berry. "He has been upholding the tradition and trying to do things the right way."

Berry added, "To be honest with you, I just think he is a good guy. Aside from coaching, aside from everything he does with football I think he is a good guy. Anytime you have a guy like that who has good values you can always expect the best out of him." Will Berry's two younger brothers, twins Elliot and Evan, follow in the footsteps of Eric and their father James and play for the Vols? They are both being wooed by major Division 1 programs, including Tennessee. Eric has been able to pass along some good advice about the recruiting process.

"They saw pretty much saw what I went through," said Berry. "It's the little things, trying to keep a level head through it. Teams are recruiting everyone around the country. I just try to get them to take it for what it is. Don't get caught up in all the compliments and the better as players and students."

This Fall Berry will start his fourth season with the Kansas City Chiefs. This past spring his team signed former Vols quarterback Tyler Bray to a free agent contract. So far, Berry likes what he's seen from Bray. "He's just been up there working. He's understanding what it takes to be a pro, watching a lot of film," said Berry. "I always felt he was an NFL quarterback. Just to see him grow up and mature that is a cool thing. I actually helped recruit him (to Tennessee) so we were cool before. So it is even cooler that we are on the same team. I think he has big things in his future."

Berry went to the Pro Bowl last year but the Chiefs really struggled. They finished 2-14, the worst record in the NFL. Berry is hopeful that this upcoming season will be one of significant improvement.

"Last year was rough, but it laid the foundation for what we needed for this year," said Berry. "We got a good core group of guys and a lot of talent, but at the end of the day we gel good together as a team. As long as we keep



Eric Berry at the Eric Berry D1 Iron Sharpens Iron Football Camp.

playing ball and keep getting better every day, the sky is the limit." And certainly some Vols fans will be rooting for them.

## Long season ends with a loss for Nighthawks

#### By Ken Lay

A long 2013 season ended on a sour note for the Knoxville Nighthawks on June 15.

The Nighthawks got off to a fast start but came up on the short end of a 55-32 decision against Alabama at the James White Civic Coliseum.

Knoxville's resident Professional Indoor Football League team took a 1-0 lead when kicker Armando Cuko banged the opening kickoff through the goalposts.

From there, the Nighthawks (2-10) and Hammers battled virtually evenly throughout the first quarter with Knoxville scoring and the Hammers (9-2 and the top seed in the upcoming PIFL playoffs) answering.

Alabama, however.

scored the go-ahead touchdown when Russell Hill threw a 40-yard pass to Mico McSwain. Alabama dominated things throughout the rest of the game en route to handing the Nighthawks their fifth consecutive loss. For Knoxville's first-year coach Cosmo DeMatteo, the season couldn't have ended quickly enough.

"I can't say that I'm sorry that this was my last game of the season," he said. "We made some big plays tonight, and during the season, but we didn't make them consistently enough.

"We just weren't consistent and that kind of seems to be the theme of the season. It's tough, because in this game, you've got to score." Scoring was something that the Nighthawks didn't do after the first quarter last Saturday night. Knoxville wide receiver Charles Gilbert caught a pair of touchdown passes in the opening frame. Starting quarterback Luke Collis found Gilbert from 23yards out to give Knoxville an 8-7 lead with 8 minutes, 19 seconds remaining in the opening quarter. The duo's second touchdown connection was a 12-yarder with 1:09 left and gave Knoxville a 15-10 lead.

The Nighthawks didn't score again until Cuko hit a 42-yard field goal with 7:30 remaining in the second quarter Roosevelt Falls had a 3-yard touchdown run later for the Nighthawks, who trailed 34-25 at halftime.

Gilbert closed the season with his best game of the year. He finished with 10 receptions for 127 yards and two touchdowns.

Collis, however, didn't make it out of the second quarter. He suffered a knee injury and gave way to Anthony Speight, who returned after recovering from a similar injury.

Due to injuries and one key promotion, Knoxville used five quarterbacks this season. Randy Hippeard received a contract from Orlando of the Arena Football League while Collis, Speight and Ryan Porter were all injured at various points during the season.

"We had a swinging gate at quarterback," DeMatteo said. "We practice all week with Luke. He did pretty well and then he tore his MCL tonight, so we turned to Anthony, who tore his MCL earlier this season."

## Boydstone to bring run-and-gun basketball to Carter

#### By Ken Lay

Carter High School basketball fans had better fasten their seatbelts and get ready for shootouts in Strawberry Plains.

That's because the Hornets' new basketball coach, Joby Boydstone, promises that Carter will play fast-break basketball as it has probably never been played in Knox County.

Boydstone, a self-proclaimed military brat, was named to replace Tony Buell, who resigned to take the boys basketball job at Seymour recently.

The new Carter coach won 307 games in nearly three decades as a high school basketball in Georgia and his teams scored points by the bunches. Boydstone spent the last 12 years at Douglas County where his teams went 222-114. His Douglas squad averaged nearly 87 points per game last season. in Strawberry Plains but that doesn't mean that the Hornets are completely prepared to play basketball his way.

"This is the first time that I've come to a program that has some talented returning starters," said Boydstone, who compiled a 307-181 record as a high school coach in Georgia. "The cupboard is not bare but I've got to change the mindset around here.

"I want to get a shot up every four seconds and if you miss shots, that's OK."

His coaching philosophy comes directly from former Loyola-Marymount and Los Angeles Lakers head coach Paul Westhead, whose teams played an up-tempo runand-gun offensive game. "I heard him speak at a clinic and he said that there are no bad shots and he also said that it was OK to get beat on a [defensive] possession because that means that you get another [offensive] possession and

took a 17-15 lead with 21.9 seconds remaining. The Hammers

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Valerie H.

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With the 2013 season the rearview mirror

in the rearview mirror, Knoxville's first-year coach has his attention focused on the 2014 campaign.

"We just need tore-evaluate everything," DeMatteo said. "I'll need to get a couple of veterans in here and go over things."

Knoxville was shut out in the third quarter and got a fourthquarter touchdown from Daccus Turman. He's coached teams that averaged nearly 100 points per game in the past. He inherits a talented and experienced team

Continue on page 3

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## Barron returns to coaching scene in Rocky Top League

#### By Ken Lay

a new face and a rookie coach in the Pilot Rocky Top League.

But he's no stranger to area basketball or to the athletic community in West Knox County. He's a former assistant at Webb and Catholic and after his tenure with the Irish, he headed to Virginia.

There he was a coach and coordinator in a private schools basketball league. He loved his time in the Commonwealth, but answered the call to return to the Volunteer State when the job as the middle school athletic director at Sacred Heart.

"I love the sense of community here," said Barron, who coaches the Pilot Rocky Top League's Rice Buick GMC team. "This is my second year back [in Tennessee] and had guys come up and talk to me that I haven't seen in years.

Fellow Rocky Top League coaches Pat Walden and Brent Watts are longtime friends and they were among the first to welcome Barron back to Knoxville.

"I've been friends with Pat Walden for 10 years," Barron said. "I coached his son, Ryan, when he played JV basketball at Knoxville Catholic. He plays for his dad now [with DeRoyal Industries].

"Pat and I coached AAU together and I've known Brent for a long time and I'm sure that Pat and Brent put in a good word at an early age because

Scott Barron may be er] Andre [Whitehead]. Pat out Europe. He spent time and Brent have welcomed in London, Moscow and me back."

> Barron may now coach star Josh Richardson and former West High School standout Carson Brooks (now at Carson-Newman) but his coaching career had humble beginnings.

started 16 years ago at the Westside YMCA in a 3-on-3 league and from there, I kind of worked my way up," said Barron, who also teaches physical education at Sacred Heart. "It's great to coach players like volunteer firefighter and this in a league like this and I haven't had parents call me to complain about playing time.

me to get my basketball a time. fix."

mary athletic passion but fire/rescue worker for five sports have always been a part of his life. Barron is a native of Queens, New York. His favorite teams include the Yankees, Knicks, New York Giants and New York taught me about real adver-Rangers.

"I'm just an all-around sports guy and I'm a New York guy all the way," said Barron, who played his high school basketball in Nashville.

He went to college at Tennessee where he earned an economics degree. He is an avid supporter of UT athletics and plays golf.

He also likes to travel. sons." That's a passion he learned

with [league commission- his father worked through-Paris.

"I loved to travel and I University of Tennessee learned to really enjoy it because my dad worked abroad," Barron said. "I traveled a lot when I was in high school and I quickly learned that the world was much bigger than I ever "My coaching career thought it was."

> He's spent much of his professional life as a teacher and a coach and many would find that to be a stressful profession.

Not Barron.

He's often worked as a rescue worker. He considered that a hobby when he lived in Virginia and he also worked at Lenoir City's vol-"This is a great way for unteer fire department for

"When I wasn't coach-Basketball may be his pri- ing, I worked for a volunteer years in Virginia and I did it for a while in Lenoir City," he said. "That was a great opportunity and it made me a better coach because it sity and it taught me about crisis management."

> Barron's time as a rescue worker left a mark on his coaching personality.

> "Early in my career, I was a yeller and it was my time as a rescue worker that taught me that it didn't do me any good," he said. "In basketball, you're using a game to teach life les-

## **HIGH SCHOOL** ATHLETES OF THE YEAR

The Knoxville Focus this week recognizes Athletes of the Year from the following schools: Bearden, Farragut, Hardin Valley Academy and West. The honorees and information were provided by each school's athletic director.

## FEMALE ATHLETES OF THE YEAR

#### **KRISTIN RANDOLPH** Bearden

Senior

Lettered in: Volleyball. Honors and awards: All-State outside hitter, All-District Team Best Hitter, All-Region Team MVP.

Notes or quotes: As Lady Bulldogs finished fourth in Class AAA state tournament, Randolph averaged 20.5 kills, 1.0 blocks, 1.8 digs and served at 88 percent accuracy in four matches.

"She was the ideal student leader-athlete." - Coach David McGinnis.

#### **MADISON BLEVINS**

Farragut Senior Lettered in: Basketball. Honors and awards: All-State. Notes or quotes: Blevins will play at Belmont University.

#### **EMILY SMITH**

**Hardin Valley Academy** Senior Lettered in: Soccer. Honors and awards: All-KIL, All-District 3-AAA.

## MALE ATHLETES **OF THE YEAR**

## **RYAN FRANCIS**

West Senior Lettered in: Football.

Honors and awards: All-State quarterback.

Statistics: Rushed for 1,250 yards and 14 touchdowns, Passed for 1,430 yards and 18 touchdowns.

#### **NICKY FRIZEN**

PAGE C3

Bearden Senior

#### Lettered in: Football.

Honors and awards: The quarterback and captain was All-District 4-AAA, MVP of Bulldogs' 8-3 playoff team, FCA Student President.

Statistics: Passed for 1,796 yards and 16 touchdowns, completing 62 percent of his passes. Rushed for 182 yards and three TDs.

Academics: 3.70 GPA, 28 ACT.

Notes or quotes: Frizen was Senior Prom King . . . Undefeated as amateur boxer . . . Signed with the University of the Cumberlands.

"We believe that Nicky was and will continue to be a leader on and off the field. Nicky completely demonstrated a desire to make not only himself, but the people around him, the very best at Bearden High School. He was a true inspiration and made an incredible impact academically, athletically, spiritually and socially at BHS." - Andre Caballero, Social Studies and Physical Education teacher and Offensive Coordinator.

## **AARON TEMPLETON**

**Hardin Valley Academy** Junior

Lettered in: Cross Country and Track and Field.

Honors and awards: Class AAA state champion in cross country. Placed second in state 1600 and third in 3200. Finished third in two-mile run at National Indoors meet in March in New York City.

Notes or quotes: Aaron's older brother, Will, who was red-shirted this past year at Liberty University, was HVA's Male Athlete of the Year in 2011-12.

#### **JONATHAN KING**

Farragut Senior

#### Lettered in: Football.

Honors and awards: All-State, Named 2012 Tennessee Mr. Football Award Winner (Kicker of the

# New home at CAK more comfortable for hoops

The Pilot Rocky Top Basketball League moved into its new home last week and everybody associated with the league seems happy.

After six long hot summers at Bearden High School, the league moved a little further west to the air conditioned Campus Center at Christian Academy of Knoxville.

fans really enjoy the smaller, more intimate atmosphere," said Knoxville News-Sentinel coach Zane Duncan, a veteran coach in the league. "It's a lot better for me as a coach because I'm not the one sweating and losing weight but I really don't think they [the players] really care.

"They're ready to play just as long as you

League commissioner Andre Whitehead cited an air conditioned facility as the primary reason for the move.

"The big reason [for the move] was air conditioning," Whitehead said before the league opened its seventh season. "Last year [at Bearden] it was hotter than it ever had been."

The facility at CAK is slightly smaller than the Bearden venue but that's not necessarily a bad thing.

"It's a lot cooler in here and I think the

have two goals up."

For University of Tennessee player and Austin-East graduate Brandon Lopez, the league remains an opportunity to play basketball in front of loyal fans.

"I love it over here," Lopez said. "I love any chance I get to play college basketball with and against guys like this.

"I love playing in front of these fans. They're great. This is a lot cooler for the fans, I'm sure. But I'm always ready to play as long as you have two goals and a ball. I don't really care how hot it is, I always want to play."

Academics: 3.8 GPA.

Notes or quotes: All-State free safety as sophomore with eight interceptions . . . Signed scholarship to play football at VMI . . . His dad, Jeff, played QB at Tennessee.

Year), Won the Ray Guy Award as the top prep combo kicker in America.

Notes or quotes: King signed with Tennessee Tech.

The Knoxville Focus next week (June 24) will recognize the Athletes of the Year submitted from King's Academy, Seymour, South-Doyle and Tennessee School for the Deaf.

--STEVE WILLIAMS

## Boydstone to bring run-andgun basketball to Carter

#### Cont. from page 2

my team's in the shape to play that way for 40 minutes and you're not," Boydstone said of Westhead.

On the flip side, Westhead's critics often faulted his perceived lack of defensive focus.

"A lot of people hear that and think that you don't play defense," Boydstone said. "But we do.

"We want to dictate the tempo on both offense and defense. If we get beat, we're going to get beat our way --- not your way. Win or lose, we're going to play exciting basketball."

Boydstone, who will teach physical education at Carter, had plans of relocating to East

Tennessee upon his retirement.

He just ended up coming three years earlier than expected. "I was coming to Ten-

nessee when I retired anyway," Boydstone said. "My wife is from Tennessee. Her family is from Johnson City and Farragut.

"This job came open and I love the Smoky Mountains, so we're here."

Boydstone, 57, is an avid golfer. He's a fan of Georgia Tech sports. His favorite basketball team is the 1980's-era Los Angeles Lakers. He also roots for the New York Yankees.

He and his wife Aubry have been married for 15 years.

## Webster pursues his passion with **Knoxville** Force

#### Cont. from page 1

We also have a great coaching staff."

Webster and his teammates aren't paid to play but that doesn't seem to matter to him.

"For guys like me who have graduated from high school and college, this is something to look forward to every week," Webster said. "Practice is fun."

The Knoxville Force, which is in the midst of its third season, practices twice weekly at the Johnny Long Complex. The team plays its home matches at the University of Tennessee's Regal Soccer Stadium.

"It's highly competitive

and we play at a great facility," Webster said. "We're lucky that they let us use that.

"We also practice at Johnny Long's and that's a great place."

Webster said that he's proud to play for Knoxville's soccer team.

"You have a whole city on your back and we want to compete and we want to represent when we play against Chattanooga's team, Alabama's teams and Georgia teams."

When Webster is not playing soccer, he enjoys golf, hanging with his friends and biking.

"I usually just do the normal things," he said. "I like to travel and play pickup soccer games with my friends. I like to play golf and bike, but I've put those things on hold during the Force's season."





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## Concord Christian School Announces Coach Rob Murphy as Athletic Director

Concord Christian School announced last week that Rob Murphy, former University of Tennessee basketball player, has been named the Director of Athletics. Murphy will oversee the strategic development of the Middle and High School athletic programs. Murphy also serves as the High School Boys Basketball coach. Dr. John Avant, Senior Pastor at First Baptist Concord, says, "I could not be more excited about Rob Murphy as the new Athletic Director. He brings with him incredible local support, great leadership, impeccable character, and

the charisma we need to build a great athletic program."

Murphy is a gifted leader, loves to work with young people, and has a business-oriented mind. He's founded and operated three profitable businesses, and graduated Cum Laude from UT Knoxville's College of Business while playing Vol Basketball.

Rob's emphasis will be growing and maintaining an athletic department that glorifies God in everything, and develops students into well-rounded adults. "Athletics are a crucial part of every young person's growth, and we will strive every day to benefit our students in every way possible," says Murphy.

Rob Murphy will begin his new role as Director of Athletics on June 24, 2013. Concord Christian School is very excited that Murphy is going to be part of the organization. His leadership, experience, and Christian influence will be invaluable to the athletic program. Murphy understands the value of athletics and recognizes the importance of how the athletic program compliments the academic life of the school. CCS is looking forward to Coach Murphy's commitment to a high quality athletic

program that supports and enhances the core values found at Con-

cord Christian School. Concord Christian School is a ministry of First Baptist Concord. CCS is committed to providing a Christiancentered, academically excellent school experience that leads students to connect with Christ, grow in faith and serve with conviction, making a world of difference. CCS currently serves 450 students and is currently enrolling for grades Kindergarten - 12th grades. For more information on Concord Christian School, visit www.concordchristianschool.org.

## A YEAR TO REMEMBER

## Leadership qualities made Frizen stand out at Bearden

#### Continued from page 1

touchdowns and completed 62 percent of his aerials. He also ran for 182 yards and three TDs.

Frizen played basketball as a freshman and was a "defensive" catcher his freshman and junior years, helping Coach Jack Tate's baseball team reach the state finals in 2012. He chose not to play baseball as a sophomore, instead focusing on spring football practice as the team's new No. 1 QB. He played baseball again the next spring "after realizing how much I missed it."

This past spring, Frizen chose "another sport (boxing) to compete in to stay in shape" for his upcoming freshman season of college football at the University of the Cumberlands. He trained and won his first-ever bout in the East Tennessee Golden Gloves tournament at Chilhowee Park, and came away with a true appreciation for the grueling sport.

Frizen has already made three trips to Williamsburg, Ky., to work out with his new football team, and this past weekend he also attended freshmen orientation. He officially reports for the start of the season Aug. 12.

With the University of the Cumberlands being a Baptist school, Frizen said he is considering a double major in Missions and pre-Engineering.

# Arts & Entertainment

## Arts & Culture Alliance Presents Photographs of Istanbul by Dean Rice

"If one had but a single glance to give the world, one should gaze on Istanbul." Alphonse de Larmartine, Nineteenth century French poet turned politician

The Arts & Culture Alliance is pleased to present a new exhibition of recent photographs of Istanbul, Turkey by Dean Rice opening Friday, July 5, at 5:00 PM in the display case of the Emporium Center. In this exhibition, Rice attempts to underscore Larmartine's quote by offering viewers a glimpse of the vibrancy, diversity and beauty of this city and its people.

While political protests have brought Turkey and Istanbul, in particular, to the forefront of recent world news, Dean Rice's photographs reflect a city that bridges rather than divides cultures and reveals the people who bring these cultures to life. Rice has traveled to Turkey twice in the past two years in conjunction with the Knoxville Turkish Alliance and the Turkish American Chamber of Commerce. "I have had the opportunity to travel to quite a few countries, and I can say without equivocation that the Turkish people are the

most hospitable and gracious I have ever had the privilege of knowing. I am proud to call many my friends," Rice said.

Istanbul is a city of 14 million people that connects Europe and Asia both culturally and geographically. It has served as the seat of power of empires from 700 B.C. until the end of the Ottoman Empire following World War II. Each successive culture has left is historic mark on the city weaving an amazing tapestry of religious beliefs, architectural styles, cuisines, music and literature. Today, Istanbul remains the cultural capitol of Turkey and one of the largest metropolitan cities in the world.

Knoxville native Dean Rice has enjoyed photography for the past 25 years. Although he enjoys photographing the scenic beauty of East Tennessee, his primary photography interest lies in capturing images that portray the uniqueness of the daily life, customs and people from cultures unfamiliar to most East Tennesseans. In 2011, the Emporium displayed an exhibit of his photographs of the Miao and Dong minority people

groups of rural southern China. Rice serves as the chief of staff to Knox County Mayor Tim Burchett and is an adjunct member of the faculty in the University of Tennessee's College of Communication and Information. He is a member of the American Council of Young Political Leaders (ACYPL), Blount Mansion Board of Directors and the past chairman of the Board of Visitors for the College of Communication and Information at the University of Tennessee. He is father to twin 10 year old girls who share his love of photography. Photographs of Istan-

bul by Dean Rice will be on display at the Emporium Center, 100 S. Gay Street, from July 5-26, 2013. An opening reception will take place as part of First Friday activities on July 5 from 5:00-9:00 p.m. with complimentary hors d'oeuvres. Gallery hours are Monday-Friday 9:00 a.m. -5:00 p.m. with additional hours on Saturday, July 6, from 11:00 a.m. - 3:00 p.m. For more information, please contact the Arts & Culture Alliance at (865) 523-7543 or visit www.knoxalliance.com.



Blue Mosque by Dean Rice.



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## Leviathan

A song by Kathy Mattea resonates with me this week because I'm "home alone." Mattea described the lifelong relationship of Claire and Edwin, whose byline was, "Where've you been? I'm just not myself when you're away."

This September Becky and I will have been married thirty-eight years, more than half our lives. We are both fairly resourceful and I can take care of myself over the short term. As I sat in a funeral this week and observed the widow of a friend, I found myself imagining life without my partner. Life would go on, but I would never be the same again. Fortunately, our journey together continues.

My wife is in Washington DC, marching on the Capitol with fellow TEA party (Taxed Enough Already) patriots. This may shock some of our friends. However, I believe the confusion comes from not understanding the TEA party movement. This movement has never been a political party except in the disinformation campaign of the media and Democrat party who are, for the most part, one and the same. The TEA party focus has always been that the Government is too big, is wasteful and is out of control. The revelations from Benghazi, the cover up at the State Department, the abuses of the Justice Department, the spying operations of the FBI, the CIA, and the NSA do not engender confidence in the government.

My wife and others are in Washington this week

to protest another egregious abuse of power in the IRS which is under the Executive branch of the government and controlled by its leaders. This agency that dips into all our pockets singled out conservative citizens and organizations and treated them unjustly. And to add salt to the wound, \$70 million in bonuses are to be paid to IRS employees despite President Obama's sequestration. I wonder if the IRS has already hired the additional sixteen thousand agents deemed necessary to assure compliance with Obamacare regulations and fines.

Do you believe in tolerance? I think most of us would say yes, at least to a degree. I am tolerant of others who are different and America has always prospered because of diversity. But tolerance must have limits. I am intolerant of child abuse and animal cruelty. I am also intolerant of injustice. At the heart of the definition is a sense of fairness. Most of us would say it's not fair for someone to step in front of another in line or to take something out of someone's pocket and give it to someone else. And yet this injustice is rampant in

the Government and the IRS. Make no mistake, I believe in Federalism and even paying taxes to support the government and the common good. I don't believe in this government any longer.

Most of us know what's right even if we don't want to acknowledge that inner voice we call our conscience. We know that we shouldn't smoke, overeat, or take drugs; so why we do these destructive things? The Apostle Paul asked the same philosophical question 2000 years ago in his letter to the Romans (7:15). Unfortunately, post-modern man has come to deny an absolute standard of right and has replaced it with relativism and situational ethics. Victor Hugo's classic tale "Les Miserables" is a study in situational ethics. Some quibble that the movie's characters don't have Broadway voices, but I maintain that the movie's presentation of this timeless drama is compelling and more than makes up the difference. Everyone should see this movie and consider this tale of absolutes.

Something is happening in my neck of the woods. A deer jumped off the three story garage next to my

office today, and last week a bear was trapped off Clinton Highway. Rumors abound in my neighborhood that another bear roams Lakemoor Hills. I can't remember seeing so many possums and raccoons killed on the roads. I've even seen red foxes and heard coyotes in the city. Is this the Wild West or is the fauna coming out to receive the Federal benefits of our welfare state? We had a barn cat named Boo Ridley, named after the enigmatic and reclusive character in Harper Lee's great novel, To Kill a Mockingbird. Even our namesake cat came out and left us to apparently sign up for disability benefits.

The 13<sup>th</sup> century scholastic philosopher and theologian Thomas Aquinas posited a series of hierarchical laws. He said that everything exists and functions under God's Universal Law. The Master then gave us Divine Laws, such as the Ten Commandments, to keep us safe and focused on what's important. Man functions at the next lower level within Natural (Nature's) Law and concocts his positive laws like speed limits at the lowest Thomasian state. Our Founders knew

that without a sense of the sacred no law is sacrosanct and no man is safe. Again, we know what's right and yet we cast aside the Force that guides happiness and purpose. It's been before and always leads to destruction.

So let's apply the common sense acronym KISS--keep it simple, silly. Warren Buffet says he doesn't invest in things he doesn't understand. I don't understand this Leviathan we call government which now threatens to devour us. Thomas Hobbs wrote of this in 1650. Google it!

Tune in next week for the answer, as well as something unique and a treat!

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

appointments call Keesha at 865-522-0326.

Do you have a question for Dr. Ferguson? Please e-mail him at fergusonj@knoxfocus.com.

## KCHD, Walgreens, Helen Ross McNabb to Offer Free HIV Testing

Effort Inspired by National "Take the Test, Take Control" Campaign

their status." HIV testing is available June 27 and 28 from 3 to 7 p.m. and June 29 from 9 a.m. to 2 p.m. at two Walgreens locations: 2400 N. Broadway and 4001 Chapman Highway. Certified HIV testers from KCHD and Helen Ross McNabb Center will conduct free and confidential tests, which use an oral swab and give reliable results in 20 minutes. No blood or needles are involved. Counseling and referrals are available for all who participate. "Knowing your HIV status is a critical first step to getting life-saving treatment and care," says Larry Frampton, chair of Cont. on page 2

# UTMC earns awards for Quality Of Patient Care

A representative of the American Heart Association presented four awards to leaders at The University of Tennessee Medical Center for excellence in the treatment of cardiovascular and stroke patients. The awards include the following: of Cardiology, according to Jim Groover, director of Quality Improvement Initiatives for Georgia and East Tennessee Heart Association. Groover presented the awards at a special ceremony at the medical center.

"UT Medical Center's Stroke

provide the highest level of care for patients faced with this serious condition," said Jeanne Wohlford, vice president of the Heart Lung Vascular Institute. "We're very appreciative of the tireless efforts of our team members for creating the optimal care environment for our patients." Get With The Guidelines is a quality improvement initiative that provides hospital staff with tools that follow proven evidence-based guidelines and procedures in caring for patients. The goal of the American Heart Association's Get With The Guidelines program is to help healthcare providers implement appropriate evidence-based care and protocols that will reduce disability and death and improve the quality of life for patients.

In observance of National HIV Testing Day on June 27, the Knox County Health Department (KCHD) is teaming up with Walgreens and Helen Ross McNabb Center to offer free HIV testing at two local Walgreens pharmacies.

"Regardless of your race, gender, age or sexual orientation, HIV doesn't discriminate," says Martha Buchanan, MD, Knox County Health Department director. "Everyone should know  Get With The Guidelines: Stroke Gold Plus

• Get With The Guidelines: Target Stroke Honor Roll

• Get With The Guideline: Heart Failure Gold Plus

• Get With The Guidelines American College of Cardiology Foundation's NCDR ACTION Registry-GWTG Bronze Performance Achievement Award.

The recognition signifies that UT Medical Center has met the stringent criterion outlined by the AHA and American College Center has received the Get with The Guidelines Gold Plus Achievement award for the third year in a row," said Ann Giffin, vice president of the Brain and Spine Institute. "UT Medical Center is thoroughly committed to providing our patients with the highest quality stroke care based on current scientific research to ensure continuous improvement in care."

"I believe UT Medical Center's gold award for heart failure treatment demonstrates to our community that our facility and team

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#### The Knoxville FOCUS PAGE D2 June 24, 2013 UT Experts Offer Tips to Prevent Children's Learning Loss During Summer

KNOXVILLE-With school out and a long summer break ahead, many children are in danger of forgetting what they've learned during the academic year.

University of Tennessee, Knoxville, experts are offering tips on how children can stay sharp and exercise their brain muscles during the hot summer months.

"Learning over the summer does not have to be stressful or laborious," said Matt Devereaux, an associate professor in the Department of Family and Consumer Sciences in UT's Institute of Agriculture.

Research shows that the biggest impact on student academic achievement is made when families engage in learning activities that reflect the work children do in school, he said, noting that "the summer break is an excellent opportunity for parents to reinforce their children's learning and help prepare them for the year ahead."

Here are 10 tips to help children have enjoyable educational summer experiences:

Faith

#### Open a book

Children who don't read during the summer lose an average of three months of reading growth. But children who read gain about a month, said Dick Allington, a professor of literacy studies and one of the nation's leading authorities on summer reading loss.

"Imagine you're a hockey coach and your players go all summer and they're never on the ice. Do you expect them to come back in the fall playing the same way?" he said. "It's the same with reading."

Allington noted that 80 percent of the reading achievement gap between middle- to upper-income children and economically disadvantaged children accumulates during the summer. He encourages parents to regularly buy books for their children or borrow them from the library.

Join a summer reading <u>club</u>

Devereaux noted that local libraries and bookstores often have summer reading programs. Children can track the number of books read and amount of

time spent reading to accumulate points and qualify for prizes. If age-appropriate, children chart progress themselves. The programs are often free and they frequently have incentives to help get children started on reading during the summer.

Journal daily

Encourage children to write in a personal journal each day during the summer. Allow them to be creative and also give them journal prompts. Include questions like "In what ways are snowflakes like people?" "Are you more like thunder or lightning?" and "If you could be an ocean animal, which one would you be and why?"

Promote the correct use of grammar and monitor spelling mistakes by using the dictionary and thesaurus.

Write a pen pal

Whether your child has a friend who has moved or one right next door, suggest that they become pen pals. They will enjoy writing letters and sharing ideas and experiences during the summer. Encourage them to write about topics that interest them, such as video games, sports and vacations.

Get a magazine subscription

Subscribe to an age-appropriate magazine centered around your children's activities and interests. Do not pick the magazine for them. Instead, encourage them to be part of the search process. Since magazine subscriptions tend to extend beyond the summer months, they can impact children positively for an entire year.

Play learning games

Games can be simple ones that you make up and play with your child. You also can buy learning games online and in educational stores. Many games that are just for fun can be turned into learning games with a simple variation. Be creative. Even simple things like doing the dishes, playing ring toss or buying groceries can be used as a fun lesson.

Enroll children in a summer math program

Summer learning programs can be very convenient and flexible. Children should have time to play

during the summer, but their brains should also be kept active. A good program will allow flexibility in time schedules as well as a customized learning process with which both you and your child will be comfortable.

Take educational family <u>trips</u>

Camping, taking a nature hike and visiting a local zoo or museum are all educational family trips. Children can exercise their brain muscles by taking time to point out animals, plants and exhibits. If there are information plaques or guides, read those with your child. Better yet, have your child can read them to you.

<u>Use a tutor</u>

Enlist the help of a tutor who can make learning fun in a one-on-one interactive environment.

"This ensures a consistent educational enrichment and prevents the loss of skills that were hard earned the previous school year," Devereaux said.

Keep it fun!

It shouldn't all be about worksheets or reviewing flashcards. Children also should go swimming, ride their bikes and play baseball.

"Physical activity is important for developing well-rounded kids," Devereaux said. "It contributes to their overall health as well as their ability to focus."

## KCHD, Walgreens, **Helen Ross** McNabb to Offer Free HIV Testing Cont. from page 1

the Tennessee Association of People with AIDS. "HIV is no longer a death sentence. Importantly, people who know they have HIV and get treatment are much less likely to spread their infection to others."

Eighteen percent of Americans living with HIV do not know they are infected and may unknowingly infect others. The Centers for Disease Control and Prevention encourages everyone ages 13-64 to get tested for HIV at least once.

HIV testing is available weekdays at KCHD and at many private physician offices. HIV testing is covered as a preventive service with no co-pay by most insurance. Individuals may also purchase HIV home test kits at many pharmacies.

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## If your walls could speak, part one to no longer care of the palace at a time of

If the walls of your home could speak, what story would they tell? Would they speak a story of joy and warmth, or a story of constant conflict and angry words? No

one starts the story of their home with the intention of trials and heartache. In fact, you may have said your home is going to be different from the one you grew up in. You remember putting the pillow over your head to help block out the noise of mom and dad yelling at each other. You decided you were not going to yell like your mom. You were not going to be passive and uninvolved like your dad. You were not going to walk out on the family. But then something happened. You lost the job, the economy tanked, you had a disabled child or one of your children died. You didn't know your spouse would decide



By Mark Brackney, on being attract-Minister of the ed to the co-work-**Arlington Church** er who seems to understand you

of Christ

better than anyone else. Your marriage began as a romantic love story but has turned into an arrangement of business partners. Most discussion revolves around dividing chores and most activity involves running children all over town to different functions. The home has become routine and boring. I wonder if this is where King David finds himself when we read the tragic events found in 2 Samuel 11. "In the spring, at the time when kings go off to war...David remained in Jerusalem" (11:1). When David should be with his men, he is home, and bored. He decides to take a stroll on the roof

the day when the women of Jerusalem are taking their baths. This is the equivalent of flipping on the TV late at night and channel surfing until you land upon a hot, steamy scene. David knew better, but he didn't stop with looking at a woman named Bathsheba. He sent for her, slept with her, got her pregnant, and began an elaborate cover up to "make things look right" to everyone in the kingdom. The cover up got to the point of David having Bathshe-

prophet. There were serious consequences for David's actions, but David came clean before God in repentance, and God forgave David. In fact, one of David's most popular Psalms was written due to this moral lapse (Ps. 51). What went wrong for

David? In next week's article, we will look at where David's problems began, an incident earlier in David's life involving the wife of his first marriage.

ba's husband. Uriah. one of his devoted soldiers, killed so David could have a shot gun wedding and cover up the pregnancy out of wedlock.

David, like many of us, wanted people to think all was well at home. David went to great extremes to keep up the illusion. David, the man after God's own heart, was in quite a mess. Thankfully, David came to his senses after a confrontation by Nathan the



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## PAGE D3 House to Home



The bright foliage of Ogon spirea provides a perfect backdrop for the violet tops of tall verbena (Verbena bonariensis) in this private landscape. A healthy specimen can also be found on the north border of the parking lot at UT Gardens on the grounds of the West Tennessee AgResearch and Education Center in Jackson.

## UT Gardens June 2013 Plant of the Month: OGON SPIREA

#### Submitted by Carol Reese, **UT Extension horticulture** specialist, Western Region

If you live in an older neighborhood, you are likely to find a Thunberg spirea somewhere on your street, perhaps in your own yard. It is one of those plants so durable that it is likely to outlive the person that planted it, or even the home itself.

It is usually the first of the spirea species to flower in spring. The curving delicate branches will be covered with small white flowers that are unfazed by frost. Except for the interest found in the fine wispy foliage, it offers little more in the landscape until fall, when the foliage is diffused with soft peach and orange hues. That is, unless you plant the cultivar 'Ogon', now sometimes sold

under the trademarked name Mellow Yellow. Now we are talking about a plant that offers very early spring bloom, gorgeous golden foliage throughout the summer and lingering fall color.

While many shrubs stand stiffly in the landscape, Ogon spirea moves softly in the breeze, adding a diaphanous quality in direct contradiction to its sturdy constitution. It makes a brilliant contrast against plants with bold leaves, or even better, with plants of purple or bronze foliage.

Hardy in zones 4 - 8, this plant performs best in full sun. Part shade will work, but the golden color will dim in response to shade. It prospers in any soil except overly wet and will form a somewhat weeping mass about 5 feet wide and 4 feet tall.

## YARDS TO PARADISE LANDSCAPE COLUMN BY MAX PHELPS Creating a Bed of Flowering Perennials

little daydreaming about a new lovely and easy to care for bed of flowering plants that will keep coming back year after year. Then let's make a plan. Let's also discuss building that planting bed.

"Where should I build it?" "What should I plant?" We could ask many questions. You can study on where you want planting beds, or you can just pick a spot you desire a new bed and get busy with it. You can choose the design or layout-I like to mark the ground with paint, or you could use lime or flour from the kitchen, or borrow the water hose and play with layouts. You can make a list of plants you want to include-or you could take your chances by going on a shopping spree and see how it turns out. Actual preparation and planting chores, plus decorating the bed when finished with some new mulch are all things we will touch on.

Once you've decided on a location, and the overall look you want, try putting a plan together on paper. Drawing paper, copy paper, graph paper, the paper is not as important as just getting started. Let's draw up a plan and have some fun doing it.

Nobody needs to be an artist. Draw an outline for the bed on your paper. Sketch in some plants. Some colored pens or pencils or crayons might make this more fun! If you cles of several sizes and then color them or write the name of the plant you are thinking of planting in each circle.

A color wheel can help you decide how to mix your colors. You can do an internet search for a color wheel, or most good gardening books may have one among their pages somewhere. Basically, some colors look much better when planted together than do other colors. This particularly pertains to the blooms of your plants-but yellow or silver or blue foliage mixing with green foliage may also play into the overall outcome of your new perennial bed.

You can have a "hot" garden, a "cool" garden, a white garden or even a green garden! The green garden would be different; you'd need to use various shades of green and many contrasting textures of leaves and some with large leaves and some with small leaves, etc. It's your garden, so following rules is up to you of course.

To work up your planting site, here are some options: Dig up the grass (a sod cutter is great here), and begin planting. Another idea is to use weed killer and begin planting a day or two later. My favorite is to kill the grass with Spectracide or Roundup and bring in a load of good topsoil and spread it creating a rasied bed

weeds and grass (that is if cold weather is frought you can get weed-free and grass-free soil). In this new bed you easily and more quickly can plant. When planting is done, putting down some Preen or other brand of pre-emergent herbicide, perhaps some slow release fertilizer, and then finishing off the bed by mulching it. When it comes to mulch, everything from wood chips to hardwood mulch to cypress or cedar, pine needles, (even chocolate (cocoa) bean hulls, can be fine for mulching new planting beds if you live near a chocolate factory).

Shopping for new plants is one of the most fun things for some people. You can go to a big box store or a major garden center, especially in larger towns, and find most of what you may be looking for in one spot.

But if you're into the adventure, I'd suggest finding some out-of-theway little greenhouses and garden centers and even roadside stands where local farmers and gardeners have some unusual stuff to sell that may not be carried by the big stores. (Note: Buying direct from the local grower is better for the local economy and may be a more sustainable way of gardening.)

Online and mailorder are fine choices. Many nurseries ship actual potted plants these days, not just the cheaper springtime shipments of bareroot items. Getting shipments of growing plants

Let's begin today with a can't draw plants, draw cir- that will also have fewer in hot weather or in very with some concerns though, unless you pay the cost of airmail/airfreight. (Your plants could literally cook in a UPS truck all day.) Order with caution in summer and winter, but I've done it successfully most of the time over the years.

> Are you ready to go shopping? Or do you have your plants and need to get the shovel or spade out? Trowels, picks, even my rock hammer gets used sometimes to make planting holes. For those into big power tools, a post hole digger, a bobcat with a big auger, or an electric drill with a small augeryou can make your planting tools.

> That's more a man's way of taking care of the planting chore I would suppose.

> No matter if you choose one of the ways suggested above, or your own method that works for you, consider creating a new bed of flowering perennials. Even mid summer is OK for this project, so long as you have a hose or other means of watering your new plants from time to time until they get well established. I know you will have a lot of lovely blooms before summer is out.

> The author is a landscaper. Comments and suggestions on future stories are always welcome. Contact Max by sending an email to www.rockcastles.net.

# Cheap imports affect collectibles

#### Reproductions of just about everything have flooded into this countrv for

ANTIQUES & COLLECTIBLES

disposable society with durable goods made planned obsolescence. The light bulbs first made by Edison are still burning today at his museum.

that made them have a run in them over time.

For those that underto toss and get stand the old days when a new one in a things were made to last, I truly understand. It is a worldwide event to cheapen to make a selling price point. However this does come at a cost to all from maker to taker. I see today a combination of two things that make this a problem for collectors with the low priced reproductions coming from Asia as well as the waning interest of our young folks that care to have the real thing. This

has influenced collectibles in today's market and lowered their values. Reproducing these items is an easy affair, be it glassware.



many years. Collectibles and antiques have not been spared by recreation by overseas com-**By Carl Sloan** 

panies. Most of what you purchase today says "Made in China" and we have resolved that this is alright because the price is low; however, this has resulted in a compromise in quality and demand.

We have become a

My grandfather, John Scruggs of High Point, North Carolina, was the manager of Adam-Millis factory that made hosiery in the 1920s. He said that if they held back a single stitch it would result in the life of women's stockings

art, furniture, collectibles, etc. it can be and is done and in fact puts a downer on the real deal that was hard to fine before.

I say now is the time to sell older and vintage items while the true collectors are still in the markets to buy originals. Call me to assess any of your items at no cost (865)604-3468.

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## PAGE D4 ANNOUNCEMENTS

#### AARP Driver Safety July Classes

For registration information about these and all other AARP Driver Safely Classes, please call Carolyn Rambo at 584-9964.

7/10 & 7/11 12 to 4 Cheyenne Conference Room, 964 Oak Ridge Turnpike, Oak Ridge

9 to 5 7/13 (1 Day) American Red Cross, 6921 Middlebrook Pike, Knoxville

7/17 & 7/18 12 to 4 O'Conner Center, 611 Winona, Knoxville

7/18 & 7/19 12 to 4 Hall Senior Center, 4200 Crippen Road, Knoxville 7/31 & 8/1 12 to 4 Roane County United Way, 2735 Roane State Hwy, Harriman

#### **Cruise Nights**

Cruise Nights: All Makes, Models, Years & clubs welcome. Every Thursday night 6 to 9 p.m., 6215 Riverview Crossing Drive. Knoxville, TN 37924 (in front of Old Food Lion) NO CHARGE. Refreshments available for purchase.

#### Vegan Cookout

A free, plant-based cookout will take place on Sunday, June 30, 2013, from 4 p.m. – 7 p.m. at 1717 Little Creek Lane, Knoxville, TN. Free food and a screening of the documentary "Forks Over Knives" will be available to all pre-registered participants. Participants should bring their own lawn chairs and/or blankets for seating. There is no entrance fee but donations will be accepted on site. Registration for the cookout is limited to 50 people and the registration deadline is June 24, 2013. For more information and to register, visit knoxvillinstep.com or contact Kimberly Crider at 865-264-3894.

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## **Apple Carrot Spicy** Bran Muffins

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- $1 \frac{1}{2}$  c whole wheat flour
- 2 Tbsp baking powder
- 1 tsp nutmeg
- 1 tsp ginger
- 1/2 tsp baking powder
- 1 Tbsp cinnamon
- 1/2 tsp ground cloves
- 1/4 c dark brown sugar
- 1 c skim milk
- 1/4 c egg beaters
- 1/4 c honey

- 1 large apple, finely chopped 1 large carrot, finely chopped
- Mix dry ingredients together. Add wet ingredients.
  - Fold in apple and carrot. Mix well.

Spray muffin tin with nonstick spray. Spoon batter into muffin tin. Bake them at 425° for only 15 minutes.

## Skier's Sausage

1 lb maple flavored pork sausage links (fresh is best, but can use frozen) 6 medium cooking apples, cored/cut into 8 wedges (approx 2 lbs total) 3 Tbsp brown sugar, packed 1 Tbsp lemon juice 1/4 tsp salt 1/2 tsp black pepper

In a large (12") skillet, cook sausage over medium heat until no longer pink (approx 10 min.) Drain and discard juices. Cut links crosswise in half. Return to skillet and add apple wedges. Sprinkle with brown sugar, lemon juice, salt and pepper. Cover and cook over mediumlow heat for 10-15 minutes or until aples are just tender, gently stirring once or twice. Adjust seasonings if necessary. Makes 6 servings.

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