

Flag Day celebrated in Corryton

The Knox County Corryton Senior Center and Rural/Metro Fire Station 33, co-located on Davis Drive, hosted a Flag Day ceremony and barbeque luncheon to honor veterans and to ceremonially retire American flags at the senior center on Friday, June 14.

Knox County Mayor Tim Burchett presided over the ceremony also sponsored by local Boy Scout Troup #500, Knox County Veteran's Affairs and Rolling Thunder Charities.

"There are many veterans in Knox County who fought for our country in conflicts across the decades from World War II and Korea to Vietnam and the Gulf War," said Mayor Tim Burchett. "Through this Flag Day celebration, we want to honor those individuals who served in the armed forces and celebrate the symbol of our great country, the American flag."

"The purpose of our celebration is to celebrate our freedom and honor those who fought for that privilege," said Rural/Metro Fire Chief Jerry Harnish. "We are grateful to our servicemen and women both past and present who uphold the American ideals of freedom and democracy represented by the American flag."

Local Boy Scouts held a



PHOTO BY DAN ANDREWS.

Troop 500 and members of Rolling Thunder salute the flag as Scoutmaster John Wech retires it in a ceremony held on Flag Day.

ceremony to formally and appropriately retire American flags.

Rolling Thunder Charities, a nonprofit group traditionally made of veterans and motorcyclists dedicated to raising awareness for soldiers missing in action and prisoners of war, donated a POW/MIA

flag to the center and raise the flag in remembrance of those who are lost.

Rolling Thunder recently completed its Memorial Day motorcycle rally in Washington, D.C., in which 900,000 motorcyclists and spectators participate to raise awareness for MIA soldiers

and POWs. Representatives of Rolling Thunder will ride motorcycles at the ceremony at the Corryton Senior Center.

Flag Day commemorates the signing of the resolution to adopt the current design of the American flag by the Continental Congress on

June 14, 1777. The national observance was approved by President Harry S. Truman in 1949. Unofficial observance of the holiday, however, can be traced back to the mid to late 1800s.

FOCUS Weekly Poll*

Should individuals employed by the local city or county government be able to run for city or county public office?

YES 58.80%

NO 41.20%

Survey conducted June 14, 2013.

* Focus Weekly Polls are conducted by an independent, professional polling company.

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Knoxville to host 2013 Checkpoint Tracker Championship

By Tasha Mahurin
Tasha@knoxfocus.com

"Bringing the 2013 Checkpoint Tracker Championship to Knoxville is a big win for our area," said Carol Evans, executive director of Legacy Parks Foundation. "Through this event, we'll reach some of the world's premier adventure racers thus enabling them to experience the uniqueness of Knoxville's Urban Wilderness and beyond."

Local officials announced last week that as many as 200 of the best adventure racers in North America will descend on Knoxville early this fall to compete for the 2013 Checkpoint Tracker Adventure Racing Championship. Checkpoint Tracker, the nation's largest competitive adventure racing series, includes 6 competitive divisions and features sanctioned events throughout the country.

Adventure racing is commonly described as a long distance, endurance competition and traditionally

involves 2 outdoor sporting disciplines, such as, orienteering, trail running, trekking, mountain biking, white or flat-water paddling, rappelling, river boarding, and swimming.

"When we met with Legacy Parks Foundation, the State of Tennessee Department of Tourist Development, and Ackermann PR and therefore saw what Knoxville has to offer, we knew we'd found exactly what we were looking for as the ideal host city for our 2013 Championship," said Paul Angell, president of Checkpoint Tracker Adventure Racing.

Checkpoint Tracker also boasts the largest online community of active adventure racers in North America with over 10,000 active members. The championship race is slated to bring the most accomplished group of race enthusiasts to Knoxville.

"Knoxville offers the amenities, accommodations, and quick access to the terrain that we need, and provides a

compelling urban setting for a fun, high-energy, outdoor event. By leveraging the surrounding mountains, rivers, and forests, we've been able to design a championship caliber course worth of the best adventure racers on the North American continent," Angell added.

During Knoxville's Checkpoint Tracker Championship, individuals, two-person and four-person, co-ed and same-sex teams will be required to navigate a 100-mile, non-stop course by map and compass through South Knoxville's Urban Wilderness in under 30 hours. The race will require trekking, caving, orienteering, mountain biking, paddling, rappelling, ascending, and a mystery challenge.

According to Vice Mayor Nick Pavlis, for Knoxville to be selected to host an event of this caliber is an honor.

"Proof again, that not only is the Urban Wilderness an excellent resource for families and



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Camping nightmares

I'd listened well, so when our anniversary arrived last December, I bought a tent, sleeping bags, tarps, and air mattresses for a new activity. Amy has this burning desire



By Joe Rector

to camp and hike, things quite different from my preferences for sleeping in my own bed and mowing the yard for exercise.

I've never found much success in communing with Mother Nature at a campsite anyway.

For one birthday, my brother Jim and I received a tent. It came in handy since our gang of boys in Ball Camp enjoyed finding places to set up camp for an overnight event.

Sometimes we stayed in our yard, which was about three acres and included a wooded area. On one occasion, a couple of boys learned harsh lessons when they stumbled into the electric fence that enclosed a couple of calves Daddy had bought.

At other times, we camped at another boy's

house. There we set up our tents no more than twenty feet from the railroad tracks that snaked through the community. Restless sleep was further interrupted by the shaking

of the earth and the shattering of the stillness with each passing train. On one outing the summer skies opened and doused our campsite. At first things were fine; then a drip and then a drop appeared, and then the tent's flooring was wet. Before long, the tent leaked everywhere and soaked our sleeping bags, clothes, and shoes. Jim and I walked home in the downpour, and the next day we took down the tent and chucked it in the basement, where it stayed until Mother threw it on the burn pile years later.

On another excursion we boys set up camp and then built a fire. Pat Wright produced a frozen squirrel from his bag, one he'd shot during a hunting trip in his back

yard. We stuck the thing on a stick and held it over the fire. Eventually, hunger replaced logic, and the squirrel was declared ready for eating. The taste of that gamey, raw squirrel meat remains in my mind fifty years later.

I avoided camping for the next few years. In college, my brothers and their wives decided one weekend to go camping, and I was invited. We searched for a camping site at Fall Creek Falls, but none was available. Next we traveled through a storm to Cumberland Mountain State Park and secured a place. In a dither, we pitched tents and unrolled sleeping bags with rain still pelting us. At some point, the showers ended, and we sat around the campfire. When bed time arrived, I crawled into the sleeping bag and adjusted the pancake thick pillow. What I never did fix was the stick that lay under the floor of the tent. We'd failed to clear the area before pitching it, so that night I tossed and turned and tried find a way to sleep on an object the

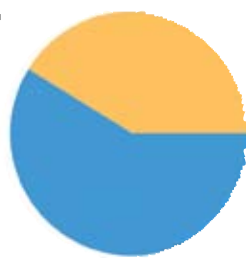
size of a roll of quarters.

Amy and I had a dry run with the camping equipment last weekend. We set up the tent in the wooded area beside the house. I unpacked and unrolled things and inflated air mattresses. Before dark, we lay there and enjoyed the sounds. Staying on the mattresses was difficult because the bag material was slick and because the mattresses were too close to the sides of the tent. Of course, a bad back never lends itself to enjoying a night on the ground. By 1:30 a.m. both Amy and I had abandoned the tent in favor of our own bed.

I'm determined to get the camping thing right before I leave this world. There's too much waiting in the "great outdoors" for me not to do so. I just hope I work out the kinks so the rain won't drown me and the sticks won't punish my already sore back. "Greater love hath no man than this," that he gives up his bed and the comforts of his home to appease his wife's desire to camp."

FOCUS Weekly Poll

Should individuals employed by the local city or county government be able to run for city or county public office?



Yes 58.80%

No 41.20%

By Age	Yes	No	Total
30-49	56.00%	44.00%	25
50-65	64.29%	35.71%	84
65+	56.33%	43.67%	158
Total	58.80% (157)	41.20% (110)	267

By District

1	71.43%	28.57%	21
2	54.35%	45.65%	46
3	56.00%	44.00%	25
4	60.00%	40.00%	40
5	45.00%	55.00%	20
6	54.17%	45.83%	24
7	57.14%	42.86%	21
8	51.72%	48.28%	29
9	73.17%	26.83%	41
Total	58.80% (157)	41.20% (110)	267

By Gender

Unknown	63.64%	36.36%	11
Female	61.90%	38.10%	126
Male	55.38%	44.62%	130
Total	58.80% (157)	41.20% (110)	267

Survey conducted June 14, 2013.

Who Painted the Murals?

Long before there were digital, lighted or multi-image billboard boards and long before there were Interstate Highways, there were people traveling around our region of the

country painting barns. Not painting barns in the traditional way, but trading a paint job with farmers so they could add a commercial to the roadside via the barns.

Along those two-lane byways, like the Dixie-Lee Highway, the painted barns greeted travelers with a message. Aside from the old Burma Shave poems that gave you one line at a time as you passed by, the ads on the barns were large and bold, some with art and some just a bold ad for a company.

Today many of those barns and ads painted on the sides of buildings are fading, if the structure is still

A Day Away



By Mike Steely

standing.

Clark Byers painted some 500 "See Rock City" barns in 19 states. While he wasn't the first or only artist to paint the "Rock City" ads, he was the most noted. The

size of the barn and the location to the highway were important, but depending on the space, the message was longer or shorter, like "See Seven

States from Rock City atop Lookout Mountain" or simply "See Rock City."

Sherd Maynard Jr. was a West Virginia native who painted murals on just about anything. Building sides, walls, barns, were among those surfaces he painted in his native state, in the Smokey Mountains, Florida and across America.

Hurricane, WV., now boasts of several building murals that Maynard painted.



One of Sherd Maynard's murals in Hurrican, WV. The little town, between Huntington and Charleston, has several buildings painted by the noted artist. In this one Maynard took advantage of a real "Handicap" parking sign on the side of the building to incorporate it into his painting. Photo by Mike Steely.

His images there include a scene at the local newspaper, a C&O train moving through town, and many more. One notable image is of one of the barns painted by Byers.

Harvey Warrick was a

barn painter who is noted for his Mail Pouch Tobacco barns. He traveled for 55 years, painting in 13 states. He is said to have painted or repainted more than 20,000 barns.

Warrick's art became

so popular that his works were exhibited in the Smithsonian Museum in Washington, D. C.

Ads on the sides of barns were good deals for both the farmers, who got whole barn painted, and for the companies as well. Many were the only ads the travelers saw in between towns.

All three of these noted painters have passed away but we can still today appreciate their contributions to our region back in a less rushed past.

Local businesses also used barn ads and there

used to be one near Greeneville that advertised a clothing store that was also a funeral home. You don't have to travel far from Knoxville to see examples of the barn ads, there's a "Rock City" barn between Lenoir City and Loudon, there's one just east of Madisonville, and a local ad barn just south of Sweetwater.

It's harder to find one if you only travel the Interstates and what fun is that? Get off the Interstate and take the highways and byways, take in the sites and slow down and enjoy a trip.

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Publisher Steve Hunley
Editor, Art Director Marianne Dedmon
editor@knoxfocus.com, design@knoxfocus.com

Office, Classifieds Rose King
staff@knoxfocus.com

Tasha Mahurin tasha@knoxfocus.com

Dan Andrews andrewsd@knoxfocus.com

Sales sales@knoxfocus.com

Pam Poe phpoe2000@yahoo.com

Bill Wright wrightb@knoxfocus.com

Bethany Cook cookb@knoxfocus.com

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A simple pineapple



The pineapple is a member of the bromeliad family. It is extremely rare that bromeliads produce edible fruit. The pineapple is the only available edible bromeliad today. It is a multiple fruit, one pineapple is actually made up of dozens of individual flowerets that grow together to form the entire fruit. Each scale on a pineapple is evidence of a separate flower.

Pineapples stop ripening the minute they are picked. No special way of storing them will help ripen them further. Color is relatively unimportant in determining ripeness. Choose your pineapple by smell, if it smells fresh, tropical and sweet, it will be a good fruit. The more scales on the pineapple, the sweeter and juicier the taste.

After you cut off the top, you can plant it, it should grow much like a sweet potato will.

This delicious fruit is not only sweet and tropical it also offers many benefits to our health. Pineapple is a remarkable fruit. We find it enjoyable because of its lush, sweet and exotic flavor, but it may also be one of the most healthful foods available today.

The juice has an anthelmintic effect, it helps get rid of intestinal worms. It also is high in manganese, a mineral that is critical to development of strong bones and connective tissue. A cup of fresh pineapple will give you nearly 75% of the recommended daily amount. It is particularly helpful to older

adults whose bones tend to become brittle with age.

Bromelain, a proteolytic enzyme is the key to the pineapple's value. Proteolytic means "breaks down protein" which is why pineapple is known to be a digestive aid. It helps the body digests proteins more efficiently. Regular ingestion of at least one half cup of fresh pineapple daily is purported to relieve painful joints common to osteoarthritis. It is also known to discourage blood clot development, this makes it a valuable dietary addition for frequent fliers and others who may be at risk for blood clots.

Orange juice is a popular liquid for those suffering from a cold because it is high in vitamin C. Fresh pineapple is not only has this vitamin, but because of the bromelain, it has the ability to reduce mucous in the throat. If you have a cold with a productive cough, add pineapple to your diet.

Let's finish this with a Pineapple Cake recipe:

2 cups flour
2 cups sugar
2 sticks of butter (melt, put one in batter and one in pan)
1- 20 oz. can crushed pineapple
2 eggs.

Mix all ingredients and bake at 350 Deg for 45-50 min. Frost with 1 can of cream cheese frosting.

I stole this recipe from Lillian Bean. Thank you, Lillian. Went very well with my article.

Thought for the day: In the end, it's not the years in your life that count, it's the life in your years. - Abraham Lincoln.



Authors Emily Stroud, Carole Anne Borges, Marilyn Kallet, Pamela Schoenewaldt, Art Smith, and Vince Vawter read excerpts from their work at Friends of Literacy's Readers Night Out.

Readers' Night Out

Friends of Literacy hosted a Readers' Night Out event at Union Avenue Books on June 16. Local authors including Art Smith, Vince Vawter, Marilyn Kallet, Marcel Bowers, Carole Anne Borges, Emily Strout and Pamela Schoenewaldt read excerpts from their work and signed copies. Twenty percent of all book sales benefitted Friends of Literacy. Fans of the written word enjoyed fabulous wine and appetizers by Holly's Eventful dining while socializing with some of Knoxville's favorite authors while



By Sarah Baker
bakers@knoxfocus.com

contributing to a great cause.

Union Avenue Books is always a comfortable, intimate venue and the writer's did not disappoint. From the famously fabulous delivery of Marilyn Kallet to the emotional generosity of Marcel Bowers, each one was munificently aware of his or her audience. The evening felt very much like an occasion shared with the authors, rather than one put on by them. This is a great deal due to the magic touch of Friends of Literacy's Executive Director, Melissa Nance, and her talented staff.

The mission of Friends of Literacy is to support the delivery of high quality literacy programs and related services to adults in Knox County who are inadequately educated to meet the challenges of daily life. Their community outreach includes student

recruitment, referral, and advocacy, as well as recruitment and training of volunteer tutors. Their goal is to provide basic education and life-skill training so that students become better workers, parents, and citizens.

Friends of Literacy is also accepting applications for nominees for their East Tennessee Writer's Hall of Fame until August 2. Nominees must either be a native of, currently residing in, or have lived in East Tennessee, or have a body of work related to East Tennessee. Nominees should also be available to attend the Hall of Fame event on Thursday, October 10, 2013 at the Crowne Plaza Hotel. In order to submit a nomination, visit www.friendsofliteracy.org.



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FOCUS MORE ON Seymour & South Knox

Linda Thomas is Special Education Teacher Of The Year

Linda Thomas, a teacher of students with intellectual & developmental disabilities at Pigeon Forge Primary School in Sevier County, is the 2013 Sevier County Special Education Teacher of the Year.

The award is presented each year by the Sevier County Civitan Club to an outstanding special needs teacher and provides recognition of the work done to help students reach high levels of achievement.

Thomas earned a Master of Science and a Master of Arts from the University of Tennessee, Knoxville. She has been a teacher at Pigeon Forge Primary School for thirty-six years and is a member of the Tennessee Reading Association.

Thomas describes her teaching activities as an extraordinary privilege.

"I care about all of my students—even the most challenging can prove to be the most rewarding. At the end of the day, amidst all of the paperwork that must be completed after

hours and the many extra, required school duties, I feel satisfied that I have made a positive difference in the lives of my students," she said.

Members of the Sevier County Civitan Club nominate individuals for the award. The Teacher of the Year will receive a combination of awards, which include gift cards and a gift basket with items donated from area businesses.

Sevier County Civitan is the local chapter of Civitan International, an organization of volunteer service clubs around the world, dedicated to helping people with special needs in their own communities. The Sevier County Club meets the 2nd and 4th Thursday of each month at the King Family Library at 5 p.m. Civitans help wherever the need arises - from collecting food for a homeless shelter, to volunteering at their local retirement home, to building a playground for children with disabilities. Civitans have been helping people with special needs since the organization's

founding in 1917, by a group of businessmen determined to making a difference in their community.

If you would like to learn more about Sevier County Civitan, please contact Billy Worsham, Sevier County Civitan President at 865-382-1523 or billyworsham267@yahoo.com.



Dr. Nancy Williams, Principal; Linda Thomas, Award Recipient; Frances Lofton, Vice President of Sevier County Civitan

Miller, Sager highlight Speaker Series for Ministry Development

Dr. Hollie Miller, Pastor of Sevier Heights Baptist Church, Knoxville, and Dr. Doug Sager, Retired Pastor of First Baptist Church, Concord, are two of several featured speakers in the Bible Training Center's summer intensive class. BTC's Contemporary Christian Preaching will be offered on the campus of The King's Academy in Seymour.

Dr. Mike Boyd, Pastor of Wallace Memorial Baptist Church, will begin the series. Boyd has just written a book on preaching will be given to every student enrolled. Dr. Bruce Martin, Pastor of Mount Harmony Baptist Church, past director of the Bible Training

Center, rounds out the list of special guests.

BTC Director Dr. Mark Martin says, "Ministers can get stuck in a rut preparing sermons week after week. This class features four well known pastors who have the knowledge and experience to help. Each speaker will share his process of organizing and delivering sermons."

Contemporary Christian Preaching class will meet 6 to 9 p.m., Monday evenings, June 17 through July 22. The class is a study of the role of preaching and the preacher, the scope and purpose of the sermon, and how to organize and deliver a sermon.

The Bible Training Center is designed for adults in vocational ministry. Classes are open to the public. The summer intensive course applies toward the Diploma in Biblical Studies from the Southern Baptist Convention Seminary Extension.

Cost for the course is \$175 plus books. However, a generous academy endowment provides financial assistance to all who ask. The text books for the class are: The Twelve Essential Skills for Great Preaching by Wayne McDill (\$27.99); The Moment of Truth, also by McDill (\$19.99); and Handbook of Contemporary Preaching by Michael Duduit (\$39.99).

This class, which is open to the public, meets in the TKA library. New students may complete application forms for both admission and financial aid at the first class. Refreshments will be provided.

The Bible Training Center and The King's Academy are operations of Harrison-Chilhowee Baptist Academy which is affiliated with the Tennessee Baptist Convention. For more information call the academy at (865) 573-8321 or contact Dr. Mark Martin at revmarkandjen@hotmail.com or (865) 748-1000.

Knoxville to host 2013 Checkpoint Tracker Championship

Continued from page 1

individuals to get out and exercise, but an economic driver as well. This is the third event to be held in Knoxville that has resulted in heads in beds. The first two regional and now a homerun with a national event. The industry as a whole is up and coming," he told the Focus. Adventure racing is the second

fastest growing sport, just behind stand-up paddling, and it is estimated that there will be 150 million outdoor adventure trips taken this year. In Tennessee, the Outdoor Industry generates \$8.2 billion in consumer spending, \$2.5 billion in wages, 83,000 direct jobs and \$535 million in state and local taxes. Outdoor Adventure

tourists send \$87 billion in direct travel expenditures annually.

For more information or to register for the 2013 Checkpoint Tracker Championship, visit www.checkpointtracker.com. A full schedule of the weekend's events will be released later this summer.



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Daily Living Center is 'Like Family' for at-risk seniors

The Daily Living Center, in Northridge Crossing, is a daytime home to vulnerable seniors who need just a little companionship or assistance to get through the day. The center currently has a number of openings and is accepting applications for participants to join them.

"We all get along great," said Sallie, who has been attending Daily Living Center for six years. "We're like a family," she stated, as the other participants nodded and voiced their agreement.

"I'd tell anyone to come down here and visit if they think they might want to come," Sallie continued. "It's a great place to be. The staff is so nice to us, and we just all get along."

Variations on Sallie's sentiments can be heard throughout the day. The people who attend the Daily Living Center, or DLC, as they call it, really do get along like family—they talk and laugh, sharing stories of their childhood years, their families, and their daily goings-on.

Wendy Neloms, program coordinator, and Rachel Martin, program assistant, have both been with the program for 10 years, since it became a part of the CAC Office on Aging. Two Senior Companions, Eula Bell and James Turman, assist the staff with helping the participants throughout the day and keeping them engaged with the activities that are going on. The staff is rounded out by two therapy dogs, Killer, a Chihuahua-Pug mix, and Sadie, a Yorkie mix..

The thing that is most evident about the entire staff is their genuine love for the participants. They are all with each other in one home in Northridge Crossing, at 3900 Probus Road. The staff members' affection, compassion, and sense of responsibility toward the attendees is obvious. They treat each participant like a well-loved parent or grandparent.

As a licensed adult day
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Overcoming obstacles in motherhood and business, Troy Ball connects with Helen Ross McNabb



PHOTO BY DAN ANDREWS.

Helen Ross McNabb Center's Carletta Smelcer, Children and Youth Services Coordinator and Kristin Bradley, Prevention and Early Intervention Services give Chase Allen, Business Development Manager at Asheville Distilling Company, and Troy Ball, Founder/CEO of Asheville Distilling Company, a tour of the Center's Children and Youth facility. Below, Troy Ball at her distillery.

By Tasha Mahurin
Tasha@knoxfocus.com

"I had to be a full time mom when my children were young. I had to say: 'It's okay Troy, your time will come,' and find a way to be okay with that," Troy Ball said in an interview last year with CBS This Morning.

Troy Ball's time did come when she moved her family of five to the mountains of Western North Carolina in search of a healthier lifestyle.

"If the locals like you, they bring you moonshine," she explained later in the same interview.

One taste of homebrew, and Ball was immediately taken with the idea of creating her own. There was just one small problem. Although, Prohibition ended over 80 years ago, it is illegal to manufacture alcohol without a permit. She was able to wrestle one away from the Alcohol Tobacco Tax and Trade Bureau, and Troy & Sons, the only woman owned and operated whiskey distillery in the country, was born.

Ball has been called a "force of nature", which those who know her maintain is a real polite way of saying she'll fight through any obstacle to achieve her goal. Her oldest son, Marshall Ball, is non-verbal and confined to a wheelchair. Despite his challenges, he has published two books, Kiss of God (translated into five languages) and A Good Kiss. Marshall appeared on the Oprah Winfrey Show in 1999 and 2000. Coulton, her second son, is also non-verbal and is confined to a wheelchair and lives with autism. Her third son, Luke, was adopted into the Ball family. Determination runs as deep



in this family as the Appalachian culture in which they have immersed themselves.

Troy Ball was in Knoxville last week to visit the Helen Ross McNabb's Center for Youth and Family. Ball's interest in the services provided by the Helen Ross McNabb Center is spurred by her own life experiences with her children.

After all, Troy & Sons is nothing if not a family-centered operation. Ball's husband, Charlie, actually designed their distillery and also oversees the distilling process. Their youngest son, Luke, is also involved. He has been known to offer both solicited and unsolicited advice and is quite talented with the microwave which he frequently serves

family dinner from.

"We are thrilled to be working with and supporting an organization like Helen Ross McNabb Center, an organization needed to make our communities stronger," stated Ball.

Also, understanding the challenges parents face when caring for children with disabilities, Ball was eager to learn more about services provided at the Helen Ross McNabb Center's Children and Youth facility. The facility serves children who face a variety of challenges that include but are not limited to trauma, serious emotional disturbances and/or intellectual development disabilities.

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Dignity MEMORIAL

Catching First Fish, Performing Shakespeare Headline Emerald Youth Camps

Many city children will be catching their first fish this summer, if Gary Milton has his way.

Milton, who is proprietor of Youth Spiritual Outdoor

Adventures in Maryville, will give fishing lessons to urban youth during one of the most popular of Emerald Youth Foundation's annual events for inner city

children: a week-long series of camps called Variety Camp Week June 17-21.

Variety of Eastern Tennessee is sponsoring the action packed week,

which will also include camps on biking, drama, cooking, sports, gardening, business and science. More than 300 children will participate in the camps,

said Shara Shoup, EY senior director of operations.

Milton said that at fishing camp on the banks of Fort Loudon Lake, the youth will learn fishing rules and regulations, how to identify fish, and bait hooks with live and artificial bait. Of course, they will spend plenty of time with their lines in the water.

"In all my years of being part of Variety Camp Week, I can happily say that every child has caught at least one fish," said Milton. "And I expect the same will be true this summer!"

Since 2007, Milton has teamed with Emerald Youth to provide fishing lessons each summer to elementary and middle school aged youth.

"It's great to pass a love of the outdoors along to children, because it helps ensure they will enjoy it for the rest of their lives," he said.

Variety of Eastern Tennessee has raised nearly \$5 million since 2001 to benefit children in need throughout the region. A \$10,000 grant from Variety made the week of camps possible for the children at Emerald Youth.

"Variety Camp Week is

especially beneficial to children because it allows them to sample so many new things," said Kent Stanger, EY citywide events director.

For example, drama camp will allow children to form a small production company and present a play at the end of the week – a 30-minute version of Shakespeare's "The Tempest". Gardening camp will teach youth gardening techniques and let them work in gardens at New Harvest Park.

Biking camp will help children learn safety rules and biking skills, but also learn a love for a new form of exercise, and at business camp, participants will learn how to run a city at Junior Achievement's BizTown in Clinton.

Emerald Youth will transport children each day to the camps, located at many sites in the area, including urban churches. Emerald Youth serves more than 1,350 children, teens and young adults each year through its network of 21 churches and faith-based organizations in urban Knoxville. More information is at www.emeraldyouth.org.



Gary Milton, left, of Youth Outdoor Spiritual Adventures, helps Emerald Youth participant Christopher Green bait a fishing line during fishing camp in summer 2012. Milton is offering the camp again this month to urban children through Emerald Youth's Variety Camp Week.

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Patriotic Festival and Bike Parade Downtown on June 27

Get on your bikes! The City of Knoxville and OneMain Financial will present a Patriotic Festival on Market Square, from 5:30 p.m. to 9 p.m. Thursday, June 27th.

Among the activities for the festival, organized by the City's Special Events Office, are a Patriotic Bike Parade through downtown for all ages, children's entertainment, and live music from 7 p.m. to 9 p.m. Registration for the Bike Parade is available on-site or at <http://www.cityofknoxville.org/events/4th/parade.pdf>.

At 6 p.m., judging will begin for the best decorated bike. There will be prizes awarded for the following

categories: Family, Adult, Teenager, Child 7-12, and Child 6 and under. To compete in the best decorated contest, you must be registered and at Market Square by 5:45 p.m.

The Patriotic Bike Parade will officially begin at 6:30 p.m. and will parade up Gay Street to Magnolia, Magnolia to Williams, Williams to Depot, and back down Gay Street to Clinch Avenue. The parade will finish at Market Street and Union Avenue.

For more information on the Patriotic Bike Parade and the Festival on the Fourth, visit www.cityofknoxville.org/4th.

Daily Living Center is 'Like Family' for at-risk seniors

Continued from page 1

service, the Daily Living Center is a structured, comprehensive, supervised program that is designed to keep senior adults engaged in what is going on around them, enhancing memory skills, maintaining or improving physical fitness, and providing meals and a whatever amount of personal care is needed for each individual. They play games, indoors and out; they look at pictures; they grow a vegetable garden; they sit on the porch and chat; they do craft projects; plus, they eat two meals together. Bonds of friendship run deep and also provide a level of social interaction that most of them have been missing for awhile.

Right now, the participants and staff at the DLC are enjoying their newly planted vegetable garden. Neloms brought in a variety of plants, which she, Martin, and any participants who wanted to, planted in their small plot. Next to the vegetables is a flourishing flower garden that they planted several years ago. One of the participants,

Gwendolyn, said that she especially likes working in the gardens. She and her adult children who live with her have a vegetable garden at home, too, and she enjoys working with the plants. Gwendolyn mentions that she also especially enjoys walking the dogs with the staff and playing cards with anyone who will play her.

On warm afternoons, everyone can be found out on the porch, where it seems that there is always a pleasant breeze that keeps it cool. There, even on a hot summer day, they can enjoy talking as a group, taking in the aromas from their flowers, playing with the dogs, and even enjoying the large bubbles that Neloms scatters to the wind, using a large electric fan.

The DLC is open Monday through Friday, from 7:30 a.m. to 4:30 p.m. The center accepts Choices or is very low cost for income-eligible seniors. Free transportation is provided. If you or a senior you know could use a supportive environment during the day, call the Daily Living Center at (865) 689-8203 to schedule a visit.

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Pages from
the Political
Past



By Ray Hill
rayhill865@gmail.com

Following the demise of Governor Gordon Browning's plan to emasculate the Shelby County political machine headed by E. H. Crump, Tennessee Democrats were deeply divided. Governor Browning watched with dismay as his appointee to the United States Senate, George L. Berry, continued his feud with the Tennessee Valley Authority. Berry wanted significant compensation from the TVA for mineral leases and marble deposits on land flooded by Norris Dam.

Kenneth D. McKellar, Tennessee's senior United States senator, was busy keeping up with political sentiment in his home state. McKellar knew all too well that if Gordon Browning were reelected governor in 1938, he would face a serious challenge for renomination to the Senate in 1940. McKellar was bound and determined to see that Browning was defeated. His political ally and partner, E. H. Crump, still smarting from the battle with Governor Browning, deferred to the senator in selecting candidates to oppose Browning and Berry.

Crump's handpicked successor in Congress, Walter Chandler, announced that he would be a candidate for the gubernatorial nomination. Evidently, Congressman Chandler had not fully discussed his aspirations with either McKellar or Crump, as the Memphis Boss was uneasy about the notion of a candidate for statewide office from his own domain. McKellar was, at best, lukewarm to the idea of a Chandler candidacy and the Congressman endured the embarrassment of having to withdraw in a matter of days.

In the fall of 1937, a new airport was being dedicated in Kingsport, Tennessee. The new airport was to be named for Senator K. D. McKellar and a crowd of some 15,000 was expected to attend the dedication ceremonies. Ostensibly a non-political event, just about every important politician in the state was on hand for the ceremonies. McKellar, being the honored guest, was the main speaker. A special platform was built on the tower and a powerful microphone amplified the senator's voice. Governor Gordon Browning and Senator George L. Berry also attended, having to tolerate an enormous crowd honoring McKellar.

Senator Berry, anticipating the coming 1938 primary, was moving around the state more frequently and he spoke in Jackson where he warned that the dictators in Europe would almost certainly cause another World War.

The most persistent of the possible candidates to oppose Senator Berry was Fourth District Congressman J. Ridley Mitchell. Mitchell, a sixty-year old bachelor from Cookeville, was a veteran of Tennessee politics, having served for six years as District Attorney and seven years as a Circuit Court judge before winning a seat in Congress in 1930. Mitchell demonstrated considerable political skills in his 1932 reelection campaign when he faced another incumbent after his district had been combined with that of another Congressman. Mitchell's opponent, Ewin L. Davis, had been in Congress twelve years and chaired a committee in the House of Representatives. Mitchell beat Davis and was easily reelected in 1934 and 1936.

Mitchell's successor in Congress, Albert Gore, Sr., described the Congressman as being the sort of politician who could promise every constituent a new post office and then make that constituent happy when the new post office never materialized. Tall, bald, stately, and an able speaker, Mitchell was determined to be a candidate for the United States Senate.

Congressman Mitchell evidently did not journey to Memphis to ascertain the attitude of Mr. Crump, but he did approach Senator McKellar. Mitchell discovered McKellar intended to back a "coalition" ticket for governor, U. S. senator, and Utilities Commissioner in the coming primary. Congressman Mitchell was wary of alliances in Tennessee politics and left McKellar's office without any promise of support. It was soon clear McKellar had no intention of backing Mitchell, as the senator was still sorting through possible contenders to challenge George L. Berry.

McKellar wanted Winfield Hale of Rogersville to run; Hale was a highly respected judge and a long-time supporter of the senator. Hale's daughter, Sarah, was a McKellar secretary and the senator's regard for the judge was immense. Judge Hale informed McKellar he could not make the race and when it became apparent Third District Congressman Sam D. McReynolds would not enter the primary, the senator turned his attention to Arthur T. "Tom" Stewart of Winchester.

As rumors circulated throughout Tennessee as to the possible candidacies of numerous Democrats, the Nashville Banner, a newspaper highly friendly to McKellar, hinted that Tom Stewart was preparing to make an announcement of his own campaign. Stewart had done nothing to prepare for a Senate race and the Banner flatly stated Stewart's candidacy was prompted by Senator McKellar. The Banner quoted "sources as saying", "It is only at the insistence of the Senator and McKellar men generally over the state that Stewart has agreed to get into the Senate contest."

On March 4, 1938 Congressman J. Ridley

Mitchell made his candidacy for the United States Senate official. Mitchell's Secretary, John Elrod, said the Congressman would speak throughout Tennessee starting in June and might speak as frequently as twice a day. Congressman Mitchell later enlarged upon Elrod's announcement, saying he would campaign in each of Tennessee's 95 counties and would "make as many speeches and as many visits as it takes to meet all the people." Oddly, Congressman Mitchell also announced he would employ the use of an "electric calliope" to provide music for his campaign and entertain voters.

Congressman Mitchell formally opened his campaign for the senatorial nomination on May 28, 1938 with a speech in Murfreesboro, which was inside his own Fourth Congressional District. Mitchell positioned himself as the "harmony" candidate, much as K. D. McKellar had in 1916 when facing Senator Luke Lea and former Governor Malcolm Patterson. Mitchell proclaimed himself as the only candidate who could restore harmony to the badly fractured Tennessee Democratic Party. Congressman Mitchell carefully noted he was not affiliated with any particular faction and could better represent Tennessee without any political alliances or obligations.

Mitchell used his speech to criticize Senator McKellar.

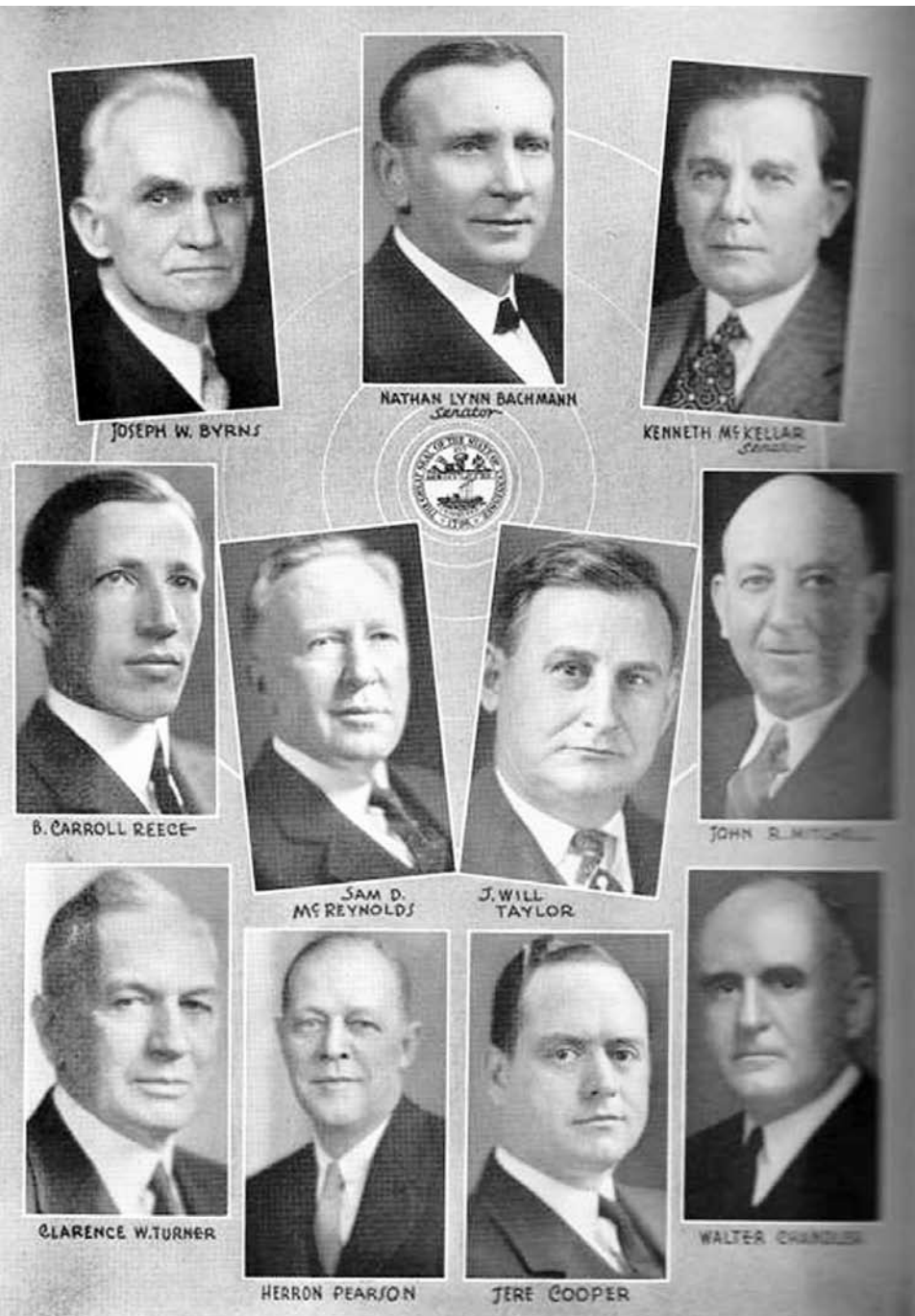
"If the senior senator of our state and some two or three other temporary time-serving officeholders, henchmen and city bosses can name the junior senator from our state, then such senator would have to obey the commands of his creator. He would have to obey his master's voice," he stated.

Congressman Mitchell claimed with such a beholden senator, "Your interest, the party's interest, the state and nation's interest would suffer as a result."

J. Ridley Mitchell was careful to say that he personally had a high regard for Tom Stewart, who was a resident of Mitchell's Congressional district. Still, Mitchell cautioned that Stewart had "permitted himself to be handpicked and labeled."

Mitchell claimed Stewart had been anticipating being appointed to a Federal judgeship prior to being summoned by "the bosses" who "called on him to wear their collar and bear their label." Mitchell complained about the coalition ticket formed by the McKellar - Crump alliance of Prentice Cooper for governor, Tom Stewart for U. S. senator and W. D. "Pete" Hudson for Utilities Commissioner. Mitchell said such a coalition campaign was "something unheard of in Tennessee politics."

Congressman Mitchell tried hard to make his lack of support from a particular faction of the party into an asset, saying: "The only sin I have committed in the eyes of those who oppose me is



FROM THE AUTHOR'S PERSONAL COLLECTION.

The Tennessee Congressional delegation in 1935. Congressman J. Ridley Mitchell is on the far right, second row.

that I would not become a factional candidate." Mitchell wondered why he should be expected to meddle in other races?

Mitchell returned to his criticism of Senator K. D. McKellar, thundering, "There is no reason why one senator from our state should seem to name and dictate who will serve as his colleague."

"Why not let the people elect their own senators?" Mitchell cried.

Congressman Mitchell admitted to having visited Senator McKellar, although his description of that visit certainly fit into the context of his insistence that the senior senator intended to name his future colleague. According to Mitchell, McKellar had proceeded to "insist" that the Congressman would "have to become a factional candidate in the governor's race and have to open a common headquarters with other candidates who he would name if I was to expect his support."

Mitchell righteously said he did not know if Senator McKellar intended to support him, but declared he had refused to be "a party to any such scheme."

The Congressman took a last dig at McKellar, saying if he was elected to the Senate, he would not seek to control patronage. Mitchell stated Tennessee needed a "New Deal" in political patronage, not a factional deal.

"Patronage is not the personal property or chattel of anyone in office," Mitchell intoned.

In truth, Congressman Mitchell knew McKellar had no earthly intention of supporting his senatorial ambitions. Aside from both Mitchell and McKellar being bachelors and Democrats, the two men had little

in common. Senator McKellar was forthright to the point of being blunt, while Mitchell was a wily politician who frequently calculated his positions for the widest popular appeal. McKellar would flatly tell constituents he disagreed with them, while Mitchell was quite adept at telling his listeners what he thought they wanted to hear. Neither man had much liking for the other and Mitchell had proposed a bill forbidding the hiring of relatives and McKellar's own Secretary was his younger brother, Don. Don had also married another McKellar staffer, Janice Tuchfeld, who remained on the senator's payroll. McKellar's older brother, Clint, was also still the Postmaster of Memphis.

Mitchell did not ignore the incumbent, Senator George L. Berry, in his opening speech. The Congressman claimed Berry "is too busy playing marbles and selling land to the government and opposing the President and the New Deal to look after his race."

Senator Berry, once a stalwart of the New Deal and a staunch supporter of President Franklin D. Roosevelt did indeed seem to have undergone a change of attitude. That attitude was noted, especially by his political opponents, who claimed Berry had parted ways with Roosevelt.

Speaking in Johnson City, Senator Berry denied he had broken with President Roosevelt and the New Deal, although he did admit to "differing with FDR on

some issues."

Still, George L. Berry was making some distinctly conservative sounding utterances on the campaign trail, which were at odds with the New Deal administration of Franklin Roosevelt.

Berry told a Memphis audience, "I have been opposed and am now opposed to the Federal government engaging in business competitive enterprise."

Prior to his opening speech in Murfreesboro, Congressman J. Ridley Mitchell had made a tour of East Tennessee, an area that was predominantly Republican, but also the home of Senator Berry. Mitchell was little known in East Tennessee and he visited Kingsport, Elizabethton, Bristol, Morristown, Johnson City and Greeneville. Mitchell tried to meet as many important Democrats as possible, but it would prove to be a difficult area for him to harvest votes. Aside from being Senator Berry's home territory, East Tennessee was an area where Senator K. D. McKellar was enormously popular. McKellar's political organization was extremely strong in East Tennessee and whatever strength he possessed would be used on behalf of Tom Stewart.

The Democratic primary for the U. S. Senate in Tennessee was just beginning to get under way.

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Justapearl celebrates 95

On June 7, 2013, a Birthday Party was held for Justapearl Brown at the South Knoxville Community Center. It was an open invitation party to all participants, friends and relatives.

About 75 people were there and a covered dish meal was had by all that came. Food items included, Chicken, Pork Loin, Macaroni Salad, Green Beans, Corn, Macaroni and Cheese, Corn Bread, Fruit Salad and Fresh Fruit. Herman Beeler made his Special Tea for the affair even though he had to work and could not come. For desert we

had pies of all sorts, nine total, brownies, and The Birthday Cake.

Alan Williams was there with his camera man and enjoyed his visit with Justapearl and talking with many of the Seniors of the Young At Heart Club.

Justapearl reflects on her experience as saying:

"Looking through my eyes at age 95, I can reflect on the good years and be thankful God has been good to me. Now I am proud of my Children, Grandchildren and Great Grandchildren. Most have made the right

choices, that is what life is all about, CHOICES! One concern I have now is trying to remember things about relatives. I get calls from family wanting to know about some family member. At age 95 I am the only one left on both sides of the family, so try to answer their questions. That is why everyone should write family history for the younger generations.

"Things I love besides family and friends is music. Music fuels every emotion and keeps alive the memories for my 'BOOK OF MEMORIES'."

Justapearl wrote a

book about her life that was found to be a great life experience for everyone that had the privilege of reading it.. The book was self published in 2004. All of the books were sold to pay for the publishing. Stories included Justapearl's many life experiences growing up as a showman's daughter during the great depression and while driving and traveling the country. Also were some of her experience of family matters. The book was enjoyed by those that were lucky enough to have purchased and read it.

-Reader submitted

Robert Hicks affiliates travel agency with America's Vacation Center – Avoya Travel

Robert Hicks has announced that he has affiliated travel agency Majesty Travel with America's Vacation Center/Avoya one of the leading travel agencies in North America and beyond, in order to offer his customers increased value, exclusive availability, and world-class customer service.

America's Vacation Center/Avoya is one of the top-producing travel agencies in the American Express Travel Representative Network, and is a leading seller of cruises and vacation packages.

"Bob Hicks's decision to join America's Vacation Center as an independently owned and operated affiliate will significantly benefit travel consumers worldwide," said Brad Anderson, Co-President of America's Vacation Center. "His experience in the travel industry and dedication to customer service will help further America's Vacation Center's position as America's leading host agency."

Bob is a veteran of the travel industry with over 10 years of experience.

He has many certification specialties including, the Caribbean, Disney, Florida, Puerto Rico, Cruises, Nascar and various others including church, evangelist, family and group planning

"I am very blessed and excited to have been chosen as an affiliate of America's Vacation Center / Avoya," said Bob. "[They are considered the cream of the crop in the travel industry and they can offer pricing and other features and support that no other agency can offer."

Robert's customers are supported in their travels worldwide by the most trusted name in travel, American Express, with access to travel and foreign exchange service locations in more than 140 countries. Bob is an independent affiliate of America's Vacation Center, and customers who would like to book their next trip with Majesty Travel can call [him toll-free at (800)680-7318 or by e-mail at: bob.hicks@avoyatravel.com. His website is located at: <http://www.AvoyaTravel.com/Expert/BobHicks>.

2013 Tennessee Valley Fair comes to Knoxville Sept. 6-15

The 94th annual Tennessee Valley Fair will be held Sept. 6-15 at Chilhowee Park. Concert tickets, discounted admission tickets and ride wristbands are now on sale.

The Tennessee Valley Fair, named one of Southeast Tourism Society's Top 20 Events Southeast, features music, food, nightly fireworks and over 300 contests ranging from Lego builds, cows and cakes to quilts and photography. Agriculture exhibits emphasizing the importance of rural and agricultural heritage will be displayed. Tractor and truck pulls, a demolition

derby and rodeo are also scheduled.

The headline entertainment include artists and bands like Loverboy Sept.6; Chase Rice Sept. 8 where all proceeds from \$5 reserved seats will benefit The Love Kitchen; Greg Bates Sept. 9; music legend Charlie Daniels Sept. 10; American Idol contestant Casey James Sept. 11; country crooner Lee Brice Sept. 12; Young MC & Tone Loc Sept. 13; Southern Drawl Band Sept. 14; and Randy Houser Sept. 15 with a portion of proceeds from \$10 reserved seats will benefit HonorAir Knoxville.

The Tennessee Valley Fair is one of the state's largest multi-day events attracting 140,000 attendees each year. Known for its innovative exhibits, livestock shows, concert series, action sports, exciting rides and variety of unique foods, the Tennessee Valley

Fair offers great entertainment for the entire family.

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A YEAR TO REMEMBER

Karn's Rivera will continue athletic career at ETSU

The '00 Explosion takes second in Jacksonville

By Ken Lay

The Knoxville Explosion '00 softball team pulled off an incredible feat recently in Jacksonville, Fla.

The Explosion left Florida with a second-place finish in the USSSA North Florida State Championship Tournament during the weekend of June 7-9.

Knoxville went 8-2 in the three-day tournament in the 15-team event which featured top teams from southern Georgia, northern Florida and Tennessee.

The '00 Explosion squad has been in the championship game of every tournament it has entered this season but when coach Joe Birchfield put the team together last fall, he couldn't have expected this.

"When we first got together in the fall, we played in a tournament in Fountain City," Birchfield said. "We played some rec teams and we lost all three games.

"We went 0-3 and to the house."

Boy, have things changed.

The Explosion team was set to play in another weekend tournament last week-end, entered last Friday's action with a 39-4-1 record.

"I put these girls through our program and our program has made them elite softball players," Birchfield said. "A lot of credit also has to go to the parents for getting the kids to practice and to their extra lessons.

"These girls love the game and they've worked really hard. At all of our practices, we have 90-95 percent participation and that's a big commitment for kids to make in the summer."

Knoxville opened tournament play in Jacksonville with a dramatic 8-5 win over the Jacksonville Magic. That was the first of three consecutive preliminary victories for Knoxville, which also defeated the USSSA Florida Pride 11-2 and the Florida Cruisers 7-0.

The Explosion suffered its first loss of the tournament against the Santa Fe Inferno. There, Knoxville suffered a heartbreaking 4-3 loss that put in the loser's bracket of the double elimination tournament.

Continue on page 2



PHOTO BY ANGELA MORGAN

Nathan Rivera soars in the triple jump at this year's regional decathlon event. Karns High's Male Athlete of the Year will continue his athletic career at East Tennessee State University.

By Steve Williams

The value of friendships appears to mean as much, if not more, to Nathan Rivera as snapping over a high hurdle on the track or splitting a pair of defensive backs to haul in a touch-down pass.

Rivera was named Karns High School's Male Athlete of the Year for his accomplishments in track and field, the decathlon and football, and the sports highlight of his senior year, he said, "was making it to the state with three of my close friends."

Rivera and senior teammates Cody Graves, Hunter Goforth and Kyle Savery spent almost a week together in Murfreesboro at the TSSAA's Spring Fling.

Cody and Hunter joined Nathan in the state competition, while Kyle was "our cheerleader and biggest fan," said Rivera.

The Beavers' foursome traveled to the state with Coach Derek Witt.

Rivera ended up finishing sixth in the state decathlon for the second year in a row and placing seventh in the 110-meter high

hurdles. He also earned All-District 3-AAA honors in football for the second time last fall.

Nathan's going to get to pick right up where he left off in college, too, as he will be signing a track and field scholarship today with East Tennessee State University. With ETSU planning to restart its football program, Rivera also plans to walk on as a wide receiver for the Buccaneers in 2015.

"I'm glad I get to be an athlete and go to college at the same time," said Rivera, who plans to major in chemistry and become a chemical engineer. He had a 3.5 GPA and 23 ACT.

Rivera also received offers from the University of the Cumberland and Carson-Newman.

"With the people I know going there and my relationship with the coaches, I think ETSU will be a good fit for me," added Rivera.

The news that he had been selected Karns' Male Athlete of the Year surprised and honored Rivera.

"That's pretty awesome," he said. "It's a great thing to

happen with all the hard work I've put in. It's pretty sweet and good to know I'm getting some recognition for it."

Rivera started competing in the decathlon three years ago and became Karns' first-ever regional decathlete champion as a junior.

The 6-3, 190-pounder, who has 4.5 speed in the 40, became a veteran wide receiver in football and also contributed as a free safety and defensive back his senior season.

"We had a bunch of injuries in football, and the season didn't turn out like we had hoped going in," said Rivera of the 1-9 campaign. "But we were tight knit, all in it together and we played for each other."

Rivera's best high school football memory comes from a Karns win at Clinton his junior year.

"I was running on a slant and split their safety and cornerback," recalled Nathan. "They hit each other and fell. I went 70 yards to score."

A disappointment in his prep career was "not playing

basketball" more.

"I played my freshman year," he said. "Track and football kind of took over.

"Playing around, basketball is my favorite. In a game situation though, I'd pick football."

Rivera moved from Madisonville to Charleston, S.C., at an early age and attended "five schools in four years" before starting in the seventh grade at Karns Middle School. He started playing football again as a freshman.

Rivera said he will compete in the decathlon and as a hurdler at ETSU. The differences at the collegiate level are that the decathlon includes the javelin throw instead of the triple jump and the high hurdles are three inches taller.

Of the 10 decathlon events, the hurdles is Rivera's best event, followed by the high jump, shot put, long jump, 400-meter dash, pole vault, triple jump, 100 dash, discus and 1,500 run.

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The Tim Tebow Experience

By Alex Norman

Before this article really gets going, let me explain that I understand the hypocrisy of what I am typing...

An article which criticizes the undue attention Tim Tebow receives while at the same time... you know... giving attention to Tim Tebow.

Last week news broke that Tebow signed a two-year contract with the New England Patriots and if the national sports media reaction was any indication, you'd have thought this was the biggest deal in the history of American sports.

The NBA Finals were underway, the Stanley Cup Finals were about to get started, Major League Baseball was in full swing, the U.S. Open would tee off in a few days... and

ESPN devoted more than ten minutes at the top of "Sportscenter" that evening to the signing of a third string quarterback.

Why? Because he's Tim Tebow. That's why.

For crying out loud, @cnnbrk, the breaking news twitter account for CNN, posted about the signing of Tebow. Nothing new with the NSA? Syria? North Korea?

This is worthy of a breaking news tweet?

The media attention was over the top before he made it to the NFL, but at least the results were there. He'll be remembered as one of the greatest players in college football history. He helped Florida win a national title in a part time role in 2006, won the Heisman Trophy in 2007, and led the Gators to another BCS championship in

2008.

The Tennessee Volunteers never beat Florida while Tebow was a Gator. It was his fourth and short conversion late in the fourth quarter in 2006 in Neyland Stadium that was the birth of the Tebow legend.

Tebow's pro career has been a different story. In his one season as a starting quarterback, Tebow led the Denver Broncos to come from behind victories. But it was the Denver defense that deserved most of the credit.

After the Broncos signed Peyton Manning, they shipped Tebow to New York, where he was so ineffective that he couldn't get playing time for the Jets, a team with Mark Sanchez as their starting quarterback. Remember Mark Sanchez? The same guy

that fumbled after running directly into the backside of one of his offensive linemen? Yeah, Tebow couldn't beat out that dude.

And now, he gets another chance, with one of the NFL's premier franchises.

The media showed up in droves for Tebow's first day of practice in Foxborough. The press conference that head coach Bill Belichick held was a masterpiece. Nearly ten minutes in length, with every question about Tebow.

Belichick is a renowned curmudgeon and doesn't like talking to the media to begin with. Every question was met with a short response, and eventually, "I think we've already talked enough about him. We'll see how it goes and just go from there." How is he going to handle this in the weeks and months

to come?

But why make this move? Some speculated that it was a favor to Urban Meyer, Belichick's good friend and Tebow's college coach. Side note: It just fits that Meyer and Belichick are buddies doesn't it?

Obviously Belichick doesn't need quarterback help. He has Tom Brady, one of the ten best to ever play the position. Are you really going to take a three-time Super Bowl champion and future first ballot Hall of Famer off the field so Tebow can run the "Wildcat?" Can you imagine the cheers from the opposing team's coach's box?

The backup is Ryan Mallett, the former Arkansas standout that hardly ever sees the field to begin with.

The move just makes no

sense, but Belichick has to be the smartest guy in the room. This is a chance for him to show everyone just how smart he is. By golly he'll find a way to utilize Tebow in ways no one else can.

Quick kick? Statue of liberty play??? Linebacker Tebow?????

This is a no risk contract for the Patriots. They can cut Tebow before the season and not pay a dime.

Or they can keep him, and force America to put up with Tebow speculation for another pro football campaign.

It's part of the show.

A show fewer and fewer football fans actually care about.

And that's a good thing.

The '00 Explosion takes second in Jacksonville

Cont. from page 1

With their backs against the wall, the Explosion players responded.

"People down there didn't think that there was any way that we were going to come out of that bracket," Birchfield said. "But we made the plays when we were facing elimination all day."

Knoxville got some good pitching from Brianna Blair (who went 2-0 with wins over the Florida Pride and the USSSAA Georgia Pride), Rylee Grooms (who also went 2-0 in Florida), Emilee Braden, Haley Schultz, and Syd Birchfield.

Coach Birchfield was also pleased with his three catchers Madison Sickau, Marieve Elkins (and Emily "Bug" Buskey.

"I have to give a lot of credit to my catchers," coach Birchfield said. "They produced with both their bats and their gloves."

"They gave up five [stolen bases] in 10 games."

The Explosion got some timely hitting. Sickau, who has been the team's top power hitter, produced in Florida. She's hitting .685 on the season with seven home runs and 60 runs batted in. Leadoff hitter Anna Grace Sox has set the table all season and is always a threat to steal when she reaches base.

"She's a great lead-off hitter and she's fast," coach Birchfield said.

Knoxville, which led all teams with 61 runs in the tournament. The Explosion is hitting .470 as a team.

The Explosion also got some stellar outfield defense as Syd Birchfield and Fox made game-saving catches in the outfield in two wins.

Knoxville's infielders were also solid, turning four double plays.

The Explosion's other tournament wins came over the Florida Silver Cruisers, the Florida 2000 Blazers, the Suwannee Bandits, the Georgia Pride and the Florida Prospects.

The Explosion dropped a 14-0 decision to the Springfield (Ga.) Angels but that didn't dampen spirits after a huge weekend.

"The Angels are the best 12-and-under team that I've ever seen," coach Birchfield said.

Explosion's 14U team takes eighth in Jacksonville: The organization's 14U team went 4-2 and finished eighth in a 25-team field.

The Explosion got some stellar pitching performances by Tara Williams, who surrendered just two runs in two appearances. The squad's top hitter was Emma Hickman. She hit .636 in Florida.

Youth arena football off and running in K-Town

By Ken Lay

The Knoxville Nighthawks have won just three games during their two-year tenure in the Professional Indoor Football League.

That doesn't mean, however, that they haven't spread a passion for arena football.

For the past two seasons Nighthawks' and Alabama Hammers' owner Jeff Knight has sponsored a youth indoor arena football league for players ages 7-14.

Three teams from the league, which played its games at the Cool Shots Icearium and the James White Civic Coliseum, received their championship trophies at the Nighthawks' recent home game against the Louisiana Swashbucklers.

The 14-and-under Knoxville Army, the 12-and-under Knoxville Army and the 10-and-under Knoxville Marines were all honored at halftime of Knoxville's loss to the Swashbucklers on June 7.

The 14-and-under Army squad went undefeated and surrendered just two offensive touchdowns in a game that is designed almost solely to breed offensive success.

"We were pretty successful on defense," said coach Johnny Rhodes, who doubles as the team's defensive coordinator. "We gave up an average of three points per game and scored an average of 34 points per game."

"We gave up two offensive touchdowns all year and both were against the same team. That team scored a touchdown on us in the regular season and the same team scored on us in the playoffs."

The 14-and-under Army had

players from youth programs that feed into Gibbs, Fulton, Carter, West and other schools and Rhodes said that he began coaching arena football to help players who wanted to play football.

"We used this as a stepping stone and as a way for the kids to get their skills sharpened a little bit," he said. "We did this for guys who didn't play basketball and baseball. We had 14 kids this year and all but two of them will be moving on to high school next year."

The indoor football game is played with eight players to a side and on a 50-yard field. It's an extremely fast-paced game and Rhodes said that appeals to him and his players.

"The field is cut in half and guys can get from sideline to sideline faster," Rhodes said. "It's faster and more hard-hitting."

Rhodes' son, Tanner, has played in the youth arena football league for the last two springs and he loves the game.

"I just love playing defense," said Tanner, who plays both wide receiver and safety. "Pretty much everything is a pass and that gives you a chance to make big plays. It's easier to guard people."

"On offense, you basically just have to get past the one defender and you can make a big play."

Meanwhile, championships are nothing new for the 10-and-under Knoxville Marines.

The Marines are coached by Bobby Tolan, a longtime coach for Powell's Youth Football Program. He guided the Panthers to a Knox County Title last fall. He's won four youth

championships, including the arena title this spring.

The 10-and-under Marines squad was comprised of players who played in the Powell organization during the fall.

"We used this for spring practice," said Tolan, who coached Webb's middle school team for six years. "We focused most of this on the family side of things."

"We went out there for the kids to have fun and I had starting positions for all of my kids. We had 15 [players] and we had three or four players who played both ways."

The arena league gave Tolan and his staff opportunities to experiment. He let his quarterback call audibles.

"I had a 9-year old quarterback and he was making reads and changing things," Tolan said. "He was doing that whole Peyton Manning thing."

"As a coach, having eight players makes things a little easier. We threw 50 to 60 percent of the time and on defense, it's pretty much man-to-man and I love the tempo of the game."

Tolan said he strived to make the game fun.

"We had kids who really wanted to get out there and play and sometimes in practice, we had dodge ball games break out."

Coaching is important to Tolan, who had his playing career cut short by knee injuries.

"It's my only avenue to give back," he said.

All players who played in the Hawks Youth Indoor Football League were given season tickets by night. He also invited them to make the trip to Huntsville with the Nighthawks.

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Pilot Rocky Top league opens tonight at CAK

By Ken Lay

The Pilot Rocky Top Basketball League unofficially opened its seventh season with its annual draft Wednesday night at Ray's ESG. University of Tennessee guard/forward Jordan McRae was the first pick of 2013. He was selected by the Campus Lights team, which is coached by former Farragut High School and Maryville College standout Brent Watts.

Watts, along with Carter High School athletic director Chad Smith and Pat Walden have coached each of the last six summers in the league, which showcases some of the best high school, college and professional players.

Rick Campbell and Zane Duncan are also veteran coaches. That quintet will be joined by a new face this summer. Former Webb and Catholic assistant and Sacred Heart athletic director Scott Barron is a first-year coach in league.

"If you're a basketball fan, this is great," said Barron, a former high school coach in Virginia.

"You get to see some of the guys that you know by name. But you also get to see some players from some small colleges that you may not otherwise get to see."

"It's great to watch this kind of basketball and it's even better when you get to be a part of it."

Smith agreed.

"This is just a very talented league," he said. "I think that the league has gotten more athletic. "The first two years that I coach, you could win if you had a dominant big man, you could work the ball inside. Now, it has become a guard-oriented league and the [most valuable] player of the league will probably be a guard. If you're a basketball fan, this is a top ticket. You can't see this kind of quality basketball anywhere else in June and it's free."

The league's dynamic might've changed a little over the years but things have also gotten a bit of a facelift.

For starters, the league has moved from Bearden High School to Christian Academy of Knoxville, which has an air-

conditioned facility. That will make things more comfortable for both the players and the fans.

"The air conditioning might change things, too," Smith said.

Games begin tonight (June 17) at CAK with a triple header. Action opens at 6 p.m. when the Knoxville News Sentinel takes on DeRoyal Industries. Campus Lights tangles with Rice Buick GMC at 7:30. Next Level and Choice Spine close the night's action. That contest is slated to tip off at 9 p.m.

Most of the Volunteers will participate, along with former Vols. Other former local high school stars, including Bearden graduates Drew Standifer and Tony White, Jr. will play.

Central grads Ben Williamson (a Maryville college product) and Dre' Mathieu (now at Minnesota) will also participate along with former Carter star Lester Wilson (East Tennessee State). Former Catholic player Ryan Walden and Middle Tennessee State's James Gallman will also see action as will Fulton product Galen Campbell.

Tony Buell named basketball coach at Seymour

By Ken Lay

SEYMOUR---It was one of the toughest decisions that Tony Buell ever had to make.

But the former Carter High School boys basketball recently decided to leave Strawberry Plains after seven seasons and two Class AA State Tournament appearances with the Hornets.

He was recently named to the same position at Seymour High.

"The opportunity came up, so we'll see what happens," said Buell, who replaces Brian Jessie as the Eagles basketball coach. "It was a very hard decision to make and one of the toughest things about it was that we built the program up at Carter.

"We could compete with Austin-East and Fulton and when I first got there, that was very difficult to do."

Jessie resigned following last season to spend more time with his family.

Buell's last team in Strawberry Plains struggled early in the season but by the end of the 2012-13 campaign, the young Carter squad went on a bit of a run.

"I was really proud of that team," said Buell, who led the Hornets to consecutive

State Tournament appearances in 2009 and 2010. "They were young but we were in a lot of games."

"Those guys have gotten a lot of playing time over the last two years and they're going to be pretty good. I'll continue to root for Carter except when they play against Seymour."

Buell recently re-married and he and his wife Stacey settled in Seymour.

"I got married in the fall and moved into the community here," he said. "I'm really looking forward to being close to home.

"Nothing against anybody at Carter, but sometimes, change is a good thing and I'm hoping that it will revitalize me a little bit."

Buell has had a chance to become acquainted with his new team. The Eagles played in a basketball camp recently.

The new coach was optimistic after watching his squad play 12 games at camp.

"I think that we're going to be just fine," Buell said. "We're lacking on height but we'll be just fine."

Buell's will teach social studies in the Seymour School District.



There is no better place to be than a ballpark, and so that is where we found the Dixie Stixx, a 12u fastpitch softball team, on Mother's Day weekend. Unfortunately, sports accidents happen at the ballpark, and the Stixx know this all too well. As a result of a freak accident, Briana "Bree" Shoemaker suffered a compound fracture to her left thumb. As she was rushed to the hospital, her team, laden with a heavy heart, battled their way on into the tournament and didn't give up another run the rest of the day. Bree underwent surgery that evening, and Mother's Day was celebrated at the University of Tennessee Medical Center. Picture: May 12, 2013 SEAA Mother's Day Tournament: Front row - Baylee Kitts, Briana Shoemaker, Allison Farr; Second row - Josie Huff, Katy Turpin, Ashley Haynes (Coach), Sloane Baldridge; Not Pictured - Devin Vineyard, Jessica Farr, Maycie "Ace" Smith.

HIGH SCHOOL ATHLETES OF THE YEAR

The Knoxville Focus this week spotlights Athletes of the Year from the following schools: Central, Gibbs, Halls, Karns and Powell. The honorees and information were provided by each school's athletic director.

FEMALE ATHLETES OF YEAR

LINDSEY KELLY

Karns Senior
Lettered in: Soccer, Tennis, Track and Field and Dance.
Honors and awards: Soccer - Earned four letters, team captain two years, set school record for assists, First-team All-Region in 2012, All-District in 2011 and 2012.
Notes or quotes: Lindsey received a soccer scholarship at Tusculum College, where she plans to major in education. She played her club soccer for the F.C. Alliance Soccer Club.
"Lindsey is an outstanding leader for Karns High School. She lettered in four different activities and is an outstanding student athlete." - Karns Athletic Director J.D. Lambert.
Said Karns soccer coach Brett Ridens: "Lindsey can be a dynamic player on the field. I look forward to seeing her excel both on and off the field as she can be a difference maker in both."

KAITLYN HOWELL

Central Senior
Lettered in: Softball and Volleyball.
Honors and awards: Softball - All-District 3-AAA. Volleyball - District Defensive Player of the Year, CHS Captain Award.

KACIE SKEEN

Halls Senior
Lettered in: Softball.
Honors and awards: Four-time All-District 3-AAA honoree, named to Eastman Classic and Gibbs Invitational all-tourney teams this season.
Notes or quotes: Kacie had a .400-plus batting average.

DANI JEFFERSON

Gibbs Senior
Lettered in: Softball.
Honors and awards: Four-time All-Stater, Johnny Mauer Award Winner.
Notes or quotes: Helped lead Gibbs to a Class AA state championship as a junior in 2012 and back to the state tournament again as a senior.
Gibbs Athletic Director Jeff Thomas on Gibbs' Athletes of the Year Jay Cade and Dani Jefferson: "Both are exemplary student athletes."

The Knoxville Focus next week (June 24) will spotlight the Athletes of the Year submitted from Bearden, Farragut, Hardin Valley Academy and West.

- STEVE WILLIAMS

MALE ATHLETES OF YEAR

JAY CADE

Gibbs Senior
Lettered in: Football and Basketball.
Honors and awards: TSWA All-Stater in football and basketball.
Notes or quotes: Quarterback for 6-5 Eagles team, which finished in fourth place in district . . . The 6-1 guard played a key role as Gibbs made its first trip to state basketball tourney in 26 years. The Eagles' amazing tourney run included wins over Austin-East, Fulton and Elizabethton.
Gibbs Athletic Director Jeff Thomas on Gibbs' Athletes of the Year Jay Cade and Dani Jefferson: "Both are exemplary student athletes."

STETSON MOORE

Halls Senior
Lettered in: Basketball.
Honors and awards: Team Most Valuable Player, All-KIL, All-Region 2-AAA, Recipient of Johnny Mauer Award and Optimist Club Award.
Notes or quotes: Scored over 1,700 career points . . . Played for his dad, Halls head coach Randy Moore.

AARON LOPEZ

Central Senior
Lettered in: Wrestling and Football.
Honors and awards: Wrestling - State tournament qualifier. Football - Named to All-District 3-AAA defensive unit.

JON STROZYK

Powell Senior
Lettered in: Football.
Honors and awards: Two-time TSWA All-Stater, Two-time All-District 3-AAA, 2012 Defensive Player of Year, East-West All-Star game.
Notes or quotes: Received full scholarship to play at VMI.

NATHAN RIVERA

Karns Senior
Lettered in: Track and Field and Football.
Honors and awards: Track and Field - First Karns athlete to win region decathlon (junior year) and placed second as a senior. Finished sixth in state decathlon as junior and senior. Two-time Karns MVP. Placed third in shuttle hurdles in Vol Track Classic. All-KIL as a junior (senior year pending). Football - Four-year letterman, All-District 3-AAA two years.
Notes or quotes: Rivera will sign a track and field scholarship with East Tennessee State University and plans to walk on when ETSU resumes its football program.

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Basketball, Rabbits, and A Loving Mother (Part III)

"He took his role and played it well," Bob Dagley said. Dagley, head coach of the Gibbs Eagles' 1964-65 basketball team, was talking about Ron Graves, a senior starter for the Eagles.

"I don't think he realized how important he was to the team. When he set a screen, he set a solid one. He caught the defensive player and started the screen in motion, and teammate Les Spitzer knew how to take advantage of it." Dagley added, "Ron was a blue collar worker. He was consistent, an accurate scorer, a good rebounder on offense and defense, and had a soft touch."

Graves' performance peaked in a tournament



By Ralphine Major
ralphine3@yahoo.com

the Knoxville Journal in his scrapbook giving a vivid description of Graves' performance. It told how the "deadly shooting of unsung Ron Graves" helped Gibbs pull away, sending the score from a 2-2 tie to a 21-10 Eagles lead after one quarter; Graves "pumped in" five straight shots which netted 11 of his total 17 points.

After leading the Eagles to the District 6 Championship and No. 3 in the state, Graves graduated from the

game. While Ron set those solid screens, the team tried to get the ball to Les Spitzer. The heavily guarded Spitzer kicked it back to Graves who capitalized on the plays. Dagley found a clipping from



Picture of the Graves family enjoying a vacation at the beach. (Left to right): Front row: Lexie Beason, Will Graves, Drew Graves; Back row: Zeb Beason, Jamie Beason, Ron Graves, Jason Graves, Meg Graves, and Henry Graves, provided by Jamie Beason.

small school and attended Lincoln Memorial University (LMU). Later, he served in the United States Army, including a year in Vietnam. This former Eagle

who played basketball in the United States also played in two other countries--Vietnam and Germany--while in service. Ron was the free throw winner

at his 45th class reunion. He has played recreation ball at Chilhowee Park, in the Cumberland Presbyterian League, and at Piney Grove Baptist Church

where he was league director.

Ron was employed at Y-12 in Oak Ridge, Tennessee, for 38 years. "I loved my job," he said of his chemical operator position. He was married 41 years to the former Brenda Norman who passed away last August. Now retired, Graves enjoys traveling and spending time with his family, including four grandchildren. Ron ushers at The University of Tennessee sporting events, giving him lots of opportunities to meet and talk with fans and players--seems like a perfect fit for this former Eagles basketball star! (This is the 11th in the 1964-65 Gibbs basketball team series and concludes my interview with Ron Graves. The series resumes in July with another Gibbs great from that amazing team.)

Arts & Entertainment

Arts & Culture Alliance Presents "East Meets West" by Eun-Sook Kim

The Arts & Culture Alliance is pleased to present a new exhibition entitled "East Meets West" featuring ceramics, Chinese watercolor paintings and woodblock prints by Oak Ridge artist Eun-Sook Kim. "Although my primary medium is ceramics, I consider myself a painter first," says Eun-Sook Kim. "Through brushwork, I feel in harmony with nature. Like a speck in the landscape of a classical Chinese painting, I am infinitely small, yet essential in nature. Interweaving different strands from different cultures and countries, my art reflects the multicolored pattern of my life." The exhibition will be on display in the Balcony at the Emporium Center in downtown Knoxville from July 5-26, 2013, and an opening reception will take place as part of First Friday activities on July 5 from 5:00-9:00 p.m. with complimentary hors d'oeuvres.

Eun-Sook Kim received her B.A. in English literature from Ewha Woman's University in Seoul, Korea in the early 1960s. She was accepted into a graduate program at the University of Tennessee, and upon moving to Knoxville, she married and then stayed home with her children until they finished college. At that point, she resumed her graduate studies and received an M.F.A. in ceramics from UT in the 1990s. Her work has been featured in various juried shows throughout the U.S. and in Japan and Korea, and she has held solo exhibitions locally in Ewing Gallery, The Art Market Gallery, Oak Ridge Art Center, and the American Museum of Science and Energy. She founded and directed both the Corner Gallery and the Upstairs Gallery in Oak Ridge for many years. Currently, Kim is a member of the National

Council for Educators of Ceramic Art, the Tennessee Association of Craft Artists (TACA), Foothills Craft Guild and the Art Market Gallery. She has extensive experience leading workshops, lectures, and teaching. Her work has appeared in various Ceramics magazines published globally. For more information on Eun-Sook Kim, please visit www.eunsookkim.com.



Work by Eun-Sook Kim

"East Meets West" by Eun-Sook Kim will be on display at the Emporium Center, 100 S. Gay Street, from July 5-26, 2013. An opening reception will take place as part of First Friday activities on July 5 from 5:00-9:00 p.m. with complimentary hors d'oeuvres. Gallery hours are Monday-Friday 9:00 a.m. - 5:00 p.m. with additional hours on Saturday, July 6, from 11:00 a.m. - 3:00 p.m. For more information, please contact the Arts & Culture Alliance at (865) 523-7543 or visit www.knoxalliance.com.

Guild Meeting Offers Chance to Read at Open Mic Night

Members of the Knoxville Writers' Guild will have an opportunity to read their work at the Guild's annual open mic night on Thursday, July 4.

The event, which will be open to the public, will begin at 7 p.m. at the Laurel Theater, at the corner of Laurel Avenue and 16th Street in Fort Sanders. A \$2 donation is requested at the door. The building is handicapped accessible. Additional parking is available at Redeemer Church of Knoxville, 1642 Highland Ave.

"Our open mic night is a great way for members to share their work," Terry Shaw, former KWG board president, said. "It showcases the wide variety of talent that we have in the Guild and is always a hit. I welcome everyone to participate in this fun event."

To ensure as many people as possible have the chance to read, there are a few simple guidelines

to follow:

1) You must be a current member of the Knoxville Writers' Guild. You can join or renew your membership before the readings begin. There will be a sign-up sheet at the door for those taking part. Writers sign up on a first come, first serve basis.

2) What you read should be your own work or that of another KWG member. If it will be the work of another KWG member, you are required to have permission to read his/her work.

3) Your reading time will be two to three minutes maximum, depending on the number of people who sign up. It's not necessary that your reading last the full amount of time allotted. For instance, if you have a one-minute poem and don't have anything else you'd like to read, that would be fine.

4) What you read should be suitable for a general audience. In other words,



Laura Still reads at previous Open Mic

please show courtesy to those attending. Think of approaching your reading as something to be shared and appreciated by one-and-all.

Open mic night is one of the most popular KWG meetings of the year. Arrive early to sign up and ensure a great seat.

Additional information about the KWG and its events can be found at www.knoxvillewritersguild.org.

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The
Doctor
is in

a weekly column by
Dr. Jim Ferguson

Bone Tired

Now the wealthiest have **billions** of dollars. I once read that the definition of being rich is when your money works for you rather than you working for your money. However, billionaires like Warren Buffett and Bill Gates are pikers when compared to Uncle Sam, who collects and spends **trillions** of dollars every year. Unfortunately, our

Uncle spends more than we have in our pockets and has run up a ruinous debt of more than 16 trillion dollars.

About ten years ago I located my high school chemistry and physics teacher to thank him for my medical career. His method for balancing chemical equations and handling large numbers enabled me to do well enough in college to be accepted into medical school. Most of us recall someone who made a difference in our lives. It was Mr. Hardin at West High School for me, and I told him so as I shook his hand.

A billion is a thousand million, and a trillion is a thousand billion. It's easier to think of these big numbers using

powers of 10. As an example, a trillion is 1 followed by twelve zeros and it's easier to represent this big number as 10^{12} , where the superscript represents the number of zeros. It's a necessity to use this system of representation when you try to conceptualize the data collection system our government is developing in Bluffdale, Utah.

This two billion dollar project will be fully operational in September 2013. The storage capacity of this facility will be **septillion** bytes of data. This staggering number is also known as a **yottabyte** – not to be confused with Yoda the Jedi Knight. Computer buffs casually speak of **gigabytes** of hard drive memory. The rest of us refer to this amount of storage capacity as a billion. A **terabyte** is a trillion (1000 billion) pieces of data that can be carried on a flash drive no larger than your pinky finger, and can be carried in your pocket. Apparently, NSA's (National Security Agency) Edward Snowden did just that and eloped to Hong Kong. However, 10^{12} pieces of data pale by comparison to an **exabyte** or 10^{18}

pieces of data. It has been estimated that all human knowledge can be stored in five exabytes. The Bluffdale facility run by our NSA will have yottabyte (10^{24}) capacity or a million exabytes. One wonders why the NSA needs one million times the storage capacity of all human knowledge. Our “spooks” say that their *Meta-data-mining* project called PRISM is necessary for our safety. Others feel this drag-net is an infringement of our privacy and a violation of the Constitution’s Fourth Amendment intended to limit the government’s power to search through our lives.

I've read that our Milky Way galaxy has approximately 300 billion stars, or thirty times the number of brain cells between our ears. Some of us get a lot done with those brain cells. But even this large number is eclipsed by the 30 trillion cells in the human body, which are 1000 times as many stars as there are in the Milky Way. But don't focus inwardly. Look up and out. There are more than 100 billion galaxies in the Universe, resulting in 10^{22} stars in the Creation. God

creates beyond exabytes!

A friend of mine maintains that we humans think in templates or patterns. I already knew a lot of things about my dog, Jack, before we ever brought him home because I knew about dogs. Perhaps other thoughtful beings on other planets circling other suns think differently. We may never know because the Universe is so vast and we are constrained by the cosmological speed limit of light. Imagine riding on the fastest space vehicle man has ever built and traveling to our Sun's closest neighbor. You would arrive there in 70,000 (70×10^3) years.

I've come to the point in life where I know what's right. This may sound like hubris, when actually it's a statement of fundamental and foundational principles which define my being. It doesn't mean I've stopped listening and learning or sifting through the megabytes (millions) of data that swirl around me. To stop learning would be, for me, to die. Last week I mentioned the book, "How Should We Then Live?" This is where I am now in my

contemplation. Schaef-fer proffers four direc-tives for these difficult times and I concur: the Bible is the inspired word of God; we need a rela-tionship with the Cre-ator; we must speak the truth; and we must have compassion for the con-fused and the lost.

We also think in groups or multiples of ten. Anthropologists think this may be because we have ten fingers. Actually, using a base eight system would make things easier for computer programmers. I'll mention that to the Master when I see Him. I also want to ask about the limits of knowledge and the hypothetical **googol: 10^{100}** .

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

For appointments call Keesha at 865-522-0326.



*Do you have a question for Dr. Ferguson?
Please e-mail him at fergusonj@knoxfocus.com.*

**UTMC names Jeanne Wohlford Vice
President of Heart Lung Vascular Institute**

The University of Tennessee Medical Center recently promoted Jeanne Wohlford, MBA, RN, FACHE, to the role of vice president of the Heart Lung Vascular Institute. In that role, Wohlford will provide executive leadership at the medical center while developing strategies and tactics to further strengthen the patient care and services offered to patients throughout the community.

"Jeanne is a great leader, and with her knowledge base she will lead the Heart Lung Vascular Institute in a direction that will benefit our patients as we continue to grow this service line," said Teresa Levey, senior vice president and chief administrative officer at UT Medical Center.

Wohlford joined UT Medical

Center in 2008 as director of cardiovascular and pulmonary services. During her tenure, she oversaw diagnostic and interventional cardiovascular and pulmonary services, as well as worked closely with medical staff leadership and medical center executives.

"I'm honored to be named as a vice president at The University of Tennessee Medical Center," Wohlford said. "This is a position of great responsibility and I very much look forward to the challenge of working to continue to meet the ever-evolving needs of our community, patients and physicians. I feel like my career path has been leading me to this destination, and I am excited about putting my skills and knowledge to work as we continue to move forward."

Prior to joining the medical center, Wohlford served for three years as health service line leader for cardiovascular services at St. Mary's Health System in Knoxville. Other previous positions included director of cardiovascular services at Lewis-Gale Medical Center in Salem, Va. and manager of the Cardiac Treatment Center at Lynchburg General Hospital in Lynchburg, Va.

Wohlford received her bachelor's in nursing from the College of Health Sciences in Roanoke, Va. She went on to earn her MBA from University of Maryland University College in Adelphi, Maryland.

A member of the American College of Healthcare Executives, Wohlford lives in Alcoa with her husband, Steve. The couple has

two grown children. When not at work, Wohlford enjoys golf, travel, reading and working in the yard.

The mission of The University of Tennessee Medical Center, the region's only hospital to achieve status as a Magnet® recognized organization, is to serve through healing, education and discovery. UT Medical Center, a 581-bed, not-for-profit academic medical center, serves as a referral center for Eastern Tennessee, Southeast Kentucky and Western North Carolina. The medical center, the region's only Level I Trauma Center, is one of the largest employers in Knoxville. For more information about The University of Tennessee Medical Center, visit online at www.utmedicalcenter.org.



Jeanne Wohlford

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Picture of Wallace Memorial Baptist Church, by Ralphine Major

Happy 60th, Wallace Memorial!

By Ralphine Major

He was a mechanic who became a medical missionary. He walked from Broadway Baptist Church to Southern Railway Depot and traveled by train to California on his way to China. He served there seventeen years as a doctor until beaten to death in a Chinese prison. He is buried at Greenwood Cemetery in Knoxville, Tennessee. Today, Bill Wallace would be 105 years old, and the Knoxville church named in his

honor will soon turn 60.

On September 21, 1952, Arlington Baptist Church began the Clinton Highway Baptist Chapel in the old Tillery Movie Theater. Land was donated and a new church was built at 701 Merchant Drive. The first service was held on July 5, 1953, with 43 people in Sunday School and 165 in morning worship. Dr. A. Wilson Parker was the first pastor and continued until 1959. Dr. James McCluskey served as senior pastor for the

next thirty-seven years. Dr. Miles Boyd came in 1997, and is the current senior pastor.

Today, Wallace Memorial still has a heart for missions and a love for the community. Wallace was the first area church to present the Living Christmas Tree and introduce Living Pictures at Easter and still offers these presentations as a gift to the community. Wallace Memorial has the same purpose as did the beloved doctor for whom it is named: to

fulfill the Great Commission by winning and growing people for the glory of our Lord Jesus Christ.

On Sunday, July 7, 2013, Wallace Memorial will observe its 60th birthday in the morning worship and some of those who were at that very first service will be in attendance. The celebration will continue with a birthday party that night. Happy Birthday, Wallace Memorial, and may God's blessings continue in the next 60 years!

Church Happenings

Glenwood Baptist Church

Glenwood Baptist Church of Powell, 7212 Central Ave. Pike, is accepting appointments for the John 5 Food Pantry. Phone 938-2611 or leave a message.

Seymour United Methodist Church

Next Sunday, June 23rd, is the last day for pastors

who were recently re-assigned at the annual conference. This year has a profound impact on our church, as Assoc. Pastor Darren Kitts moves on to his own church as head Pastor. We'll certainly miss him and his family, but our prayers go with them in their new venture in service.

The junior and senior

high youth will attend the annual "Youth Assembly" at Tennessee Wesleyan College in Athens, TN next week from June 24th - 28th.

Also, the Older Adult Council is planning a trip to the Smokies Baseball Stadium for a picnic and the game on Friday, June 28th. Tickets just \$11, but space is limited, so get

signed up at table in hallway every Sunday morning or contact Harry Switzer

Facing Goliaths in Your Life

"The Lord who delivered me from the paw of the lion and the paw of the bear will deliver me from the hand of this Philistine" (1 Samuel 17:37).



By Mark Brackney, Minister of the Arlington Church of Christ

Most people go to the mall to shop. I like to go to watch people. I am fascinated by all the different types of people God has created. What does God see when He looks at people? What is it that God is looking for inside of your heart? We know what God saw inside the heart of a young shepherd boy named David. "I have found David son of Jesse, a man after my own heart; he will do everything I want him to do" (Acts 13:22). God wants all of us, not just part of us.

The devout Jewish person will recite a verse of the Bible daily to be reminded about how God wants "all" of them. It is the Shema: "Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength" (Deut. 6:4-5).

David was an "all in" kind of guy; and God saw this. Before David was anointed King of Israel, he was looked upon as the "runt" in the family. He was the youngest son of eight boys. His father, Jesse, never imagined that young

David would be the future King. While others saw David as "just a dirty shepherd," God saw a young man, thought to be about sixteen years of age, as one who would go to extra measures to protect the sheep entrusted to him. On two different occasions, David risked his life to fight off a bear and a lion that was attacking his sheep. This is the kind of king God wanted, someone who didn't just think about themselves and their own power, but thought of the unprotected and vulnerable.

Samuel anoints David as king. Back then, you didn't always become king right after an anointing. It took another fourteen years before David actually became king. Next we find a famous incident where David's trust in God is clear. The Philistines were at war with Israel. For forty days their famous fighter, a giant of a man by the name of Goliath, challenged the army of Israel to a one on one fight to the death. It was a "winner takes all" proposal. If the Philistine won, then Israel would be subject to them and vice versa. Upon looking at the size of this veteran Philistine warrior, no Israeli soldier stepped forward to do battle with him, but then young David appears.

David hears Goliath taunting God's people. David is angered. He knows God is with him, so he heads into battle with a sling shot. David said, "You come against me with sword and spear and javelin, but I come against you in the name of the Lord Almighty" (1 Sam. 17:45). With one shot, he brought the nine foot giant down to his death. When you are "all in" with God, all things are possible.

You might be dealing with a giant in your life right now that seems impossible to conquer. But God does His best work with the underdog. God doesn't look at your pedigree; He looks at your heart. When you are "all in" the giants will fall.

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ANTIQUES & COLLECTIBLES

Items requested for July-August auctions

Hello to all this week. I'd like to give big thanks and love to all of you that have asked me to visit your homes last week to help you explore your items for identification or to advise what may be the best way to realize the best return on your items. Often I come to view one or two items in question and discover many hidden treasures that you would have never dreamed



By Carl Sloan

so valuable. Actually I greatly enjoy giving folks good news and it make my day to help, whether you are looking to sell or just want an answer. I wish to give readers this week a heads up and preview to several upcoming sales with the invitation to consign items that may fit into these auctions.

Items to be on hand soon are of the higher end

and include fine American furniture 1870s, fine porcelains and art pottery, exceptional country items and primitives as well as clocks, French furniture, very fine Asian items, railroad items, bronzes, paintings, rare art glass, highly carved furniture and folk art, toys to include many train related, designer modern furniture of note, fine silver and historical items. If you think that you may have any items to contribute with these descriptions or have questions please contact me soon.

Now, items that would complement this sale that are not in house yet include: Coins, antique firearms, military items such as uniforms and equipment from all eras, advertising signs and neon as well as all vintage oil and gas items to include gas pumps. Retro furniture and modern art, mid-century items, early photographs and historical memorabilia , Civil War, Knoxville historical items, fine lamps and lighting as well as shades such as Tiffany and other art glass.

We are blessed to have much to offer in these upcoming sales and now is a great opportunity to ride the wave with other fine items. For an assessment on whether your items may fit in these sales, just give me a call and I can assist you by phone or by appointment with no charge to you, as always. To reach me, simply call Fountain City Auction (865)604-3468 and ask for me, Carl Sloan, to contact you. I return all calls and inquiries within 24 hours and am available on

weekends by appointment. Please note that I do not purchase any items as to avoid any conflict of interest and will only advise as to authenticity or assessments of potential values. In other words, no games, just honest answers.

Tip for the week: It's fine to polish sterling flatware and other items as well as brass and copper yet never attempt to polish any coin, no matter if silver or copper as it can reduce values by as much as 50%.

ANNOUNCEMENTS

Halls Republican Club Meeting.


The Halls Republican Club will meet on Monday, June 17, 2013, with fellowship and snacks from 6:00-7:00 p.m.; meeting from 7:00-8:00 p.m. The group meet at the Boys & Girls Club of Halls/Powell, located at 1819 Dry Gap Pike just off of E. Emory Rd. across from Brickey-McCloud Elementary School.

Guest speakers will be Becky Duncan Massey, Tennessee Senate, District 6 and Harry Brooks, State Representative, District 19.

Keep in mind that the Halls Republican Club will not meet as usual on the 3rd Monday in July (July 15). Instead, we will be hosting a Knox County-wide Republican Party Picnic at Fountain City Park on July 20 from 10:00 a.m. to 2:00 p.m. Halls will be the primary host, but all of the other clubs will be actively involved in this family picnic. The picnic will be a "meet and greet," and it's your chance to have a "one-on-one" conversation with your local officials. There will be good food and soft drinks—proceeds will go to Republican causes.

Vegan Cookout

A free, plant-based cookout will take place on Sunday, June 30, 2013, from 4 p.m. – 7 p.m. at 1717 Little Creek Lane, Knoxville, TN. Free food and a screening of the documentary "Forks Over Knives" will be available to all pre-registered participants. Participants should bring their own lawn chairs and/or blankets for seating. There is no entrance fee but donations will be accepted on site. Registration for the cookout is limited to 50 people and the registration deadline is June 24, 2013. For more information and to register, visit knoxvillinstep.com or contact Kimberly Crider at 865-264-3894. The event is sponsored by InStep for Life Health Ministries, the Knoxville Vegan Supper Club, and the Knoxville First Seventh-day Adventist Church and is being hosted to encourage community residents to live healthier lives through exercise, plenty of sunshine, spiritual emphasis and a vegetarian/plant-based whole foods diet.



By Mike Cruze, Master Gardener

Why would we want to attract butterflies, hummingbirds and bees to our gardens, other than for sheer aesthetic pleasure? Because one of the most important steps you can take is to plant a pollinator-friendly garden. This large group of animal species known as "pollinators," which includes various insects, birds and other wildlife that are critical to humans because an estimated third of our food supply depends on these pollinators. Almost all flowering plants need to be pollinated and they depend on bees, butterflies and other animals for pollination. Pollinators are vital to maintaining healthy ecosystems. They are essential for plant reproduction. Many of us are aware of the threats to some of these species, such as monarch butterflies, native bees and honeybees, which are suffering from declining populations. Among the factors contributing to these declines are improper use of pesticides, habitat loss, disease and competition from non-native species.

What pollinators need to thrive are sources of water and food as well as shelter from harsh weather and predators. Flowers provide two kinds of food for pollinators: nectar and pollen. Nectar, a carbohydrate, is good for butterflies and hummingbirds that burn through calories with their high metabolisms. Pollen,

a protein, is good for bees and other pollinators that collect it to feed their young. Bees, butterflies, moths, hummingbirds, beetles, wasps, and even flies pollinate flowers, but bee species pollinate flowers more often than any other group, including birds and butterflies.

Bees are by far the most effective pollinators because they feed only on flowers. To help bees and other pollinator insects, you should provide a range of plants that will offer a succession of flowers, and thus pollen and nectar, through the whole growing season. Native plants are usually best for native bees. Also many heirloom perennials and herbs can provide good foraging. Bees prefer purple, blue, white, orange and yellow flowers with sweet or minty fragrances. They see ultraviolet colors ---found on the flowers of buttercup and black-eyed susan. Other native plants for attracting bees are Aster, Goldenrod, Joe-Pye Weed, Oregon Grape, Purple Coneflower, Rhododendron, Stonecrop Sedum and Sunflower. Bees especially love herbs such as Lavender, Thyme, Mint, Basil, Oregano, Marjoram, and Bee Balm, among others.

Butterflies are less efficient than bees but just as persistent at pollination. General requirements for butterflies are plants for their caterpillars to feed on and large clumps of small, sun-loving flowers to provide nectar for adults. Female butterflies select specific plants on which to

lay their eggs; this ensures that when the eggs hatch, the caterpillars will be able to eat the plant's leaves while growing into adult butterflies. Butterflies need a flower structure that provides a landing platform on which to perch while feeding (such as aster and sunflower); bright day-blooming flowers that grow in clusters or umbels meet this description. They prefer red, purple, or yellow flowers with sweet scents. In the herb garden, butterflies love the blossoms of chives, thyme, basil, coneflower, pot marigold,

yarrow, and butterfly weed, among others. Because hummingbirds specialize on nectar feeding, they play an important role in pollination. Hummingbirds prefer red flowers but will feed on any flower that provides nectar, also preferring tubular flowers. Hummingbirds need lots of insects in their diet for protein. That is certainly another reason not to use pesticides ---not only would it eliminate the insects that hummingbirds need for protein, but the hummer itself might ingest the pesticides on the flowers that could sicken or

even kill the hummingbird. Many, many trees, shrubs, flowers and herbs attract hummingbirds. Some of the favorites are bee balm, cardinal flower, columbine, coral honeysuckle, trumpet creeper and fire pink, among others.

If you make your garden a good source of food and shelter for pollinators, you will be able to see and literally taste the fruits of their labor, enjoy the pure delight of watching them and know that you are protecting our local ecosystems.

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Celery, diced (opt)
1 can beef consommé
1 can water
1 can mushrooms
1 tsp salt

Place stick of margarine on top of all the other ingredients in a casserole. Place in the oven at 350° for one hour. Cover. Stir once after the margarine is melted. Mixture should be firm and slightly brown.

Quick Chinese Pepper Steak

1 lb round steak, cut ½ inch thick
2 T salad oil
1 med onion, sliced
1 med green pepper, sliced
1 env. Ehlers Au Jus gravy mix
¾ cup water
4 tsp soy sauce
½ tsp ground ginger
3 c cooked rice

Cut meat in half lengthwise with a sharp knife, then crosswise into thin slices. Cook meat, onion and pepper in skillet with hot oil until meat is browned. Stir in remaining ingredients and simmer for 10 minutes. Serve over rice.

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PUBLIC NOTICE:

Knoxville Regional Transportation Planning Organization – Executive Board Meeting, June 26, 2013.

The Knoxville Regional Transportation Planning Organization (TPO) Executive Board will meet on Wednesday, June 26, at 9 a.m. in the Small Assembly Room of the City/County Building, 400 Main Street, Knoxville, TN. Topics to be considered: Issues and Action Steps Identified at the TPO Executive Board Workshop on Transit Funding, Consideration of a Resolution to Adopt Amendments to the 2011-2014 Transportation Improvement Program: Addition of FY 2013 TAP Funds to Greenway Construction From the South Side of Buck Kams Bridge to a Parcel on Alcoa Highway, Pedestrian and Intersection Improvements in Lenoir City, and Allocation of Section 5307 Funds to ETHRA for Operating Assistance, Consideration of a Resolution to Name the Knoxville Regional TPO (MPC) as the Designated Recipient for Section 5310 Funds for our Urbanized Area, Discussion of Draft 2014-2017 Transportation Improvement Program and Draft 2014-2015 Transportation Planning Work Program; and other business.

If you would like a complete agenda, please contact MPC at 215-2500 or see the TPO web site at www.knoxtrans.org. If you need assistance or accommodation for a disability, please contact MPC at 215-2500 and we will be glad to work with you in obliging any reasonable request.

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