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August 12, 2013

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Dr. Jody Goins welcomed to CHS

By Tasha Mahurin tasha@knoxfocus.com

Students and teachers at Central High School welcomed their new principal, Dr. Jody Goins, with all the fanfare of a pep of momentum, a lot of rally last week.

"I'm humbled by the community support,"

The new principal joins the Knox County School

System from Oak Ridge teaching and learning City Schools. He has served as principal at Oak Ridge High School since

excitement right now, and really looking forward to just connecting face-to-Goins told those in atten- face with everybody, and building relationships so we can ultimately do what's important in the

process, and that's serving the students of Central High School," said Goins of what he hopes to bring "A lot of energy, a lot to the new position.

> Goins holds a Bachelor of Art degree in the History of Education, a Master of Education degree, and an Education Specialist degree in Administration and Supervision all

Continue on page 2



Superintendent McIntyre, Central High School Principal Dr. Jody Goins, and Commissioners R. Larry Smith and Dave Wright at last week's reception.

FOCUS Weekly Poll*

In your opinion, should local elections to be partisan or nonpartisan?

PARTISAN 29.30% NON-PARTISAN

70.70%

Survey conducted August 8, 2013.

* Focus Weekly Polls are conducted by an independent, professional polling

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Knox Countians Support Non-**Partisan Elections**

By Focus Staff

Knoxvillians and Knox Countians, by an overwhelming majority, support nonpartisan election of local offi-

This week's Knoxville Focus poll posed the question, "In your opinion, should local elections be partisan or nonpartisan?" Almost 71% of those surveyed said they support nonpartisan elec-

The most support for having partisan elections came from the First District, which is entirely within the confines of the City of Knoxville. Almost 62% of residents of the First District polled said they prefer non-

partisan elections. By contrast, more than 81% of those living in the Second District, which is also entirely within the confines of the City of Knoxville, said they support nonpartisan election of local offi-

The second highest total supporting nonpartisan election of local officials came from a district that is entirely outside of the City limits: the Eighth District, where almost 77% said they favored nonpartisan elections.

Women strongly favored electing local officials via nonpartisan elections, while fewer men supported the idea. More than 76% of women believe local officials should be elected on a nonpartisan basis, while just over 63% of men support local offices being elected on a nonpartisan basis.

The Focus has polled on this question before and slightly more people now support electing local officials on a nonpartisan



By Joe Rector

Karns High School hits the century mark this year, and helping to make the year an unforgettable one is new principal Kim Towe. What's even more special is the fact that Towe is a former Karns student herself. She graduated from the school in 1981 and until last year lived in the community. She replaces Tracy Sands after serving as principal at the Dr. Paul Kelley Volunteer Academy. This will be her ninth year as a principal in the system. "I'm excited to return to Karns. The community is basically the

same because it's so tightly knitted. I'm pleased to be coming One advantage for her in the position is knowing the heartbeat of

the community. Towe believes in listening to people as she builds new relationships. She wants a program where sports and clubs are engaged and feel a vital part of the school. Success in those areas will draw in support from the community.

Four goals are on the table for the new principal. She wants to increase the academic challenges the students face. She also wants to begin developing individual plans for all students so they can be successful in their educational experiences. Just as important is the building of relationships with the staff at the school and letting them know they are valued. Last, she emphasizes her desire to hear concerns of all groups and feedback from parents.

Kim Towe began her work for the school year on June 17. She's been hiring teachers, meeting staff and parents, and working with the administrative team to have a smooth beginning of the year. She says the best part of her job is working with the students.

"They are a great group of kids, and watching them grow and develop right up to graduation is a joy."

The most difficult tasks include learning the staff and individual

their strengths and meeting the benchmarks to raise academic performance. Another demanding task is to enthuse the community so that a sense of pride is rekindled. Towe claims that she is impatient and demanding of herself but realizes that all these things can't be done overnight. The new principal is excited to be at Karns for the school's 100th

year anniversary. She says that nothing is set yet, but staff members have broken into committees for a variety of areas. Activities during homecoming week will include a celebration of the school's anniversary. "We have the first school yearbook and copies of the old school

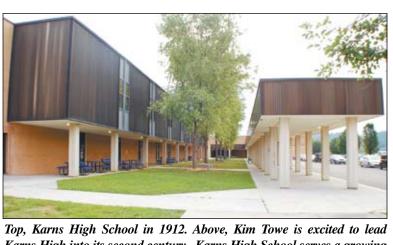
newspaper. We welcome any memorabilia that individuals might wish to share. The plan is to scan old photographs and other documents for displays that are developed," she said.

More information about the KHS 100 year celebration can be obtained by calling the school at 539-8670. The first graduating class of Karns High School consisted of two

students. This year's student body includes 1300. Many things have changed over the years, but the spirit and closeness of the community are still strong. With the addition of alumnus Kim Towe as principal, it's just possible that even brighter things are coming as Karns High begins its second century of educating children.

KHS graduate leads school in second century





Karns High into its second century. Karns High School serves a growing community.

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Attorney at Law member may be eligible for a monthly benefit of up to 50 percent of your disability rate depending upon how many family members qualify. There is a Family Maximum benefit that may be paid to your family members and it is about 150 to 180 percent of your disability benefit. This benefit does not affect the amount of your

If you receive disability benefits,

disability benefit. Having a divorced

spouse who qualifies for benefits will

not affect the amount of your Family

Maximum either.

62 or older, unless he or she collects a higher Social Security benefit based on his or her own earnings record. This spousal benefit amount will be permanently reduced based upon the number of months up to his or her full retirement age. If your spouse cares for your child who is under

age 16 or disabled, he or she may receive spousal benefits. These benefits may be paid to your spouse until your child reaches age 16. After that time the child's benefits continue but your spouse's benefits stop until he or she is old enough to receive retirement benefits (age 62 or older) or survivor benefits as your widow or widower (age 60).

If you are divorced, your ex-spouse may qualify for benefits based on your earnings record. This may be true even if you have remarried. If benefits may also be paid to your your ex-spouse is at least 62 years

spouse if he or she is age old; was married to you for at least 10 years; is not married now; and is not eligible for an equal or higher benefit on his or her own Social Security record or on someone else's Social Security record.

Your children, whether biological, adopted or step, and dependent grandchildren may qualify to receive benefits if they are unmarried and under age 18; or 18-19 years old and a full-time student (no higher than 12th grade); or 18 or older and have a disability that started before age 22. These benefits usually stop when your children reach age 18 unless they are disabled. Each qualified child may receive a monthly payment of up to one-half of your full disability benefit amount. However, your child's benefit amount is still subject to the Family Maximum.

If you need representation on your Social Security disability claim, you may contact my Knoxville office at (865)539-2100.

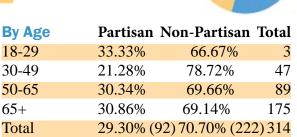
In your opinion, should

local elections to be partisan or nonpartisan? **Partisan** 29.30%

FOCUS

Weekly Poll

Non-Partisan 70.70%



By District

1	38.10%	61.90%	21
2	18.60%	81.40%	43
3	27.78%	72.22%	36
4	33.33%	66.67%	42
5	32.35%	67.65%	34
6	27.27%	72.73%	33
7	35.14%	64.86%	37
8	23.33%	76.67%	30
9	31.58%	68.42%	38
Total	29.30% (92	2) 70.70% (222	2)314

В

By Gender			
Unknown	30.77%	69.23%	13
Female	23.67%	76.33%	169
Male	36.36%	63.64%	132
Total	29.30% (9	2) 70.70% (22	2)314

Survey conducted August 8, 2013.

Dr. Jody Goins welcomed to CHS

<u>Cont. from page 1</u> conferred by Lincoln Memorial University. He was a social studies teacher. coach, and assistant principal prior to his appointment as a principal at Oak

He will replace Danny Trent, who was recently appointed principal at Farragut Middle School.

Ridge High School.

24 new principals join KCS

CHRISTINE BORING

New Position: Sterchi Elementary

Previous position: Assistant principal, Karns specialist, Volusia County

Education and Experience: Bachelor's degree in elementary education, Ed.S., Tennessee Tech University, master's degree in educational technology, Johnson University (1995-2000, kindergarten teacher, Ball Camp Primary; 2000-04, fourth-grade teacher, Hardin Valley Elementary; 2004-05, technology coach, Mount Olive Elementary; 2005-06, math coach, Knox County; 2006-07, first-grade teacher, Pine Trail Elementary, Volusia County, Fla.; 2007-09: staff development 99, fifth-grade teacher,

CINDY BOSSE

New Position: A.L. Lotts Elementary

Previous Position: Principal, Sterchi Elementary School

Education and Experience: Bachelor's degree in elementary education, master's in educational administration and supervision (1975-80, teacher, Farragut Primary School; 1981-85, teacher/administrator in Baton Rouge, La.; 1980-81, sixth-grade math teacher, Cedar Bluff Middle School; 1993-West Haven Elementary; 1999-03, assistant principal, Sarah Moore Greene Magnet Technology Academy)

PAULA BROWN

New Position: Mount Olive Elementary

Previous Position: Assistant principal, Bearden education, UT; master's in High School

Education and Experience: Bachelor's in psychology and special education, East Tennessee er at Halls High; 1992-

State University, master's in curriculum and instruction, Univeristy of Tennessee, Ed.S. in school administration and supervision, Lincoln Memorial University (1984-87, special education teacher, 1987-92, director of education, Camelot Care Center, Kingston; 1994-2001, teacher, Cedar Bluff Intermediate School; 2001-03, president, Knox County Education Association; 2003-08, instructional coach, Project GRAD; 2008-11 assistant principal, Austin East Magnet High School; 2010-11 Leadership Academy, Cohort One, assistant principal, Carter Middle)

TOM BROWN

New Position: Gibbs High School

Previous Position: Principal, Holston Middle School

Education and Experience: Bachelor's in special administration and supervision, Lincoln Memorial University (1987, teacher at Fort Sanders; 1988, teachGresham Middle; 1994-99, principal at Knoxville Adaptive Education Center)

JOE CAMERON

Previous Position: Assis-Middle

mentary

Education and Experience: Bachelor's in education, Carson Newman, master's in administration and Ed.S., Lincoln Memorial University (2005-08, phys ed teacher at Carter Elementary; 2008-10, phys ed teacher, Holston Middle)

Kathy Castenir

New Position: Copper tant principal at West Valley

93, assistant principal at Ridge Elementary

Previous Position: Assistant principal, Blue Grass Elementary

Education and Experi-New Position: Gibbs Ele- ence: Bachelor's degree in elementary education, UT; master's in administratant principal, South-Doyle tion and supervision, Lincoln Memorial University (1981-83, teacher, Alice Bell Elementary; 1983-86, teacher, Avalon Elementary, Naples, Fla.; 1986-2008, teacher, Adrian Bur-

nett Elementary)

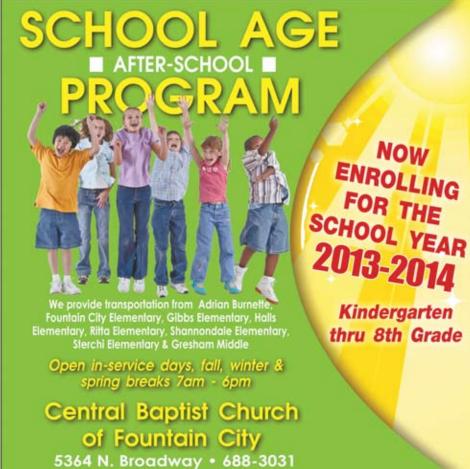
BRAD CORUM New Position: Karns Middle School

Previous Position: Assis-











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24 new principals join KCS

Cont. from page 2

Middle School

Education and Experience: Master's of education in administration and supervision, Lincoln Memorial University (1997-2003, Social Studies teacher, Karns High School; 2003-04, administrative assistant, Farragut Middle School; 2004-07, assistant principal, Powell Middle School; 2007-09, assistant principal, Karns Middle School;2009-13, assistant principal, West Valley Middle School)

SUSAN DAVIS

New Position: Northshore Elementary

Previous Position: Principal at Cedar Bluff Elementary

Education and Experience: Bachelor's in human ecology from UT; masters in education from Carson-Newman College (1992 -2001, teacher and counselor at Whittle Springs Middle; 2001-04, assistant principal at Cedar Bluff Middle School; 2004-08, principal of Cedar Bluff Intermediate School)

CHRISTY DOWELL

New Position: Cedar Bluff Elementary School

Previous Position: Principal, Ritta Elementary School

Education and Experience: Bachelor's in elementary education, Tennessee Technological University, master's in instructional leadership, Tennessee Technological University (2003-06, Inskip Elementary School assistant principal; 2000-03, Inskip Elementary School teacher)

KATHY O. DUGGAN

New Position: West Haven Elementary

Previous job: Principal at Adrian Burnett Elementary Education and Experience: Bachelor's from UT, master's in curriculum and instruction from UT, Ed.S from Lincoln Memorial University (1979, Title I teacher; 1979-1986, teacher at Green Elementary; 1986-

2000, first-grade teacher special education teacher UT in educational leaderat West Hills; 2000-03, curriculum coach at Green Magnet; 2003-04, administrative assistant at Spring Hill; 2004, assistant principal at Powell; 2005-13, principal at Adrian Bur-

ROBYN ELLIS

New Position: Norwood Elementary

Previous Position: Principal of Chilhowee Intermediate School

Education and Experience: Bachelor's in elementary education from Tennessee Tech University, master's in administration and supervision and Ed.S. in administration and supervision from Lincoln Memorial University (1980-81, teaching assistant for Title I, Gap Creek Elementary School; 1981-83, Title I teacher, New Hopewell Elementary School; 1983-2007, first grade teacher at New Hopewell Elementary School; 2007-09, assistant principal at Brickey-Mc-Cloud Elementary School)

ANGELA HARROD

New Position: Adrian Bur-

Previous Position: Principal of Mount Olive Elemen-

Education and Experience: Bachelor's in special education from University of Arkansas, master's in supervision and instruction from LMU (1973-81, teacher, Arkansas public schools; 1981-91, teacher, Spring Hill Middle School; 1991-92, teacher, Holston Middle School; 1992-05, teacher, Gresham Middle School; 2005-08, assistant principal, Brickey-McCloud Elementary)

SHERRY HENSLEY

New Position: Chilhowee Intermediate

Previous Position: Principal, Green Magnet Math & Science Academy

Education and Experience: Bachelor's in special education, master's in administration and supervision, UT (1987-2000,

(Vine Middle, Doyle Middle, South-Doyle Middle); 2000-01, assistant principal, Carter Middle; 2001-04, assistant principal, South-Doyle Middle; 2004-08, principal, West View Elementary)

ASHLEY JESSIE

New Position: Holston Middle School

Previous Position: Assistant principal at Holston Middle School

Education and Experience: Bachelor's in elementary education at Carson Newman College, master's in curriculum and instruction at Tusculum College, Ed.S. from Lincoln Memorial University (2000-02, fifthand sixth- grade language arts/math teacher at White Pine School; 2002-10, seventh- and eighth-grade language arts teacher at Holston Middle School)

LYNN HILL

Previous Position: Dr. Paul L. Kelley Volunteer Academy

Previous Position: Principal, Gibbs High School

Education and Experience: Bachelor's, UT, master's, Lincoln Memorial University (1982-99, teacher, Central High School Teacher; 2000-09 assistant principal and principal, Bearden High School)

TINA HOLT

New Position: Fountain City Elementary School

Previous Position: Assistant principal at Ritta Elementary

Education and Experience: Bachelor's in elementary education from Cumberland College, master's from Tennessee Technological University in curriculum and instruction, Ed.S. from

ship (1993-95, elementary teacher, Fort Worth, Texas; 1995-97, teacher, Beaumont Elementary; 1997-2009, teacher, Ball Camp Elementary; 2009-11, instructional coach, Fountain City Elementary; 2011-12, master teacher, West Haven Elementary) **BETH LACKEY**

New Position: Green

Magnet Academy Previous Position: Princi-

pal, Norwood Elementary

Education and Experience: Bachelor's in elementary education and master's in science education, University of North CarolinaGreensboro, Ed.S. in mathematics education, University of Georgia (1988-2005 taught in North Carolina and Georgia; 2005-06 assistant high school principal, Conyers, Ga; 2006-09, assistant principal, Powell High School)

NATHAN LANGLOIS

New Position: Powell High School

Previous Position: Leadership fellow/assistant principal at Hardin Valley Academy

Education and Experience: Bachelor's in education, Western Michigan University, master's in educational leadership, Jacksonville State University, specialist in educational leadership, UT (1996-2011, teacher and administrator in Atlanta; 2011-12, assistant principal/athletic director, Powell High School)

INA LANGSTON

New Position: West Hills Elementary

Previous Position: Principal, West Haven Elementary

Education and Experience: Bachelor's School in elementary education, Texas Woman's University, master's in curriculum and instruction, Texas A&M University, EdS., UT (1994-2000, teacher, Karns Intermediate School; 2000-08, teacher, assistant principal, Hardin Valley Elementary School) **TIFFANY MCLEAN DUKES**

New Position: Ritta Ele-

mentary Position: Previous

Assistant principal, Ritta Elemetary

Education and Experience: Bachelor's and master's in early childhood education. Working on Ph.D. in education leadership and policy studies all at UT (2007-10, teacher, Fair Garden; 2010-11, Leadership Academy fellow at Gibbs Elementary)

RYAN J. SIEBE

New Position: Carter High School

Previous Position: Curriculum principal, Austin-East Magnet High School

Education and Experience: Bachelor's from Milligan College; master's in instructional leadership, Tennessee Tech University; Ed.S., UT (1998-2000, English teacher, Unicoi County High School; 2000-01, eighth grade language arts, Powell Middle School; 2001-07, English teacher, Farragut High School; 2007, administrative assistant, Fulton High School; 2007-08, assistant principal, West High School; 2008-11, assistant principal, Fulton High School; 2010-11, consultant/practitioner, Stanford School Redesign Network)

KIM TOWE

New Position: Karns High

Previous Position: Principal, Dr. Paul Kelley Volunteer Academy

Education and Experience: Bachelor's in education, UT, master's in administration and supervision, Lincoln Memorial University (1986-2004, special education teacher, Knox County Schools; 2004-05, special education mentor teacher, Knox County Schools; 2005-08, assistant principal, Halls High School; 2008-11, principal, Ridgedale School)

DANNY N. TRENT New Position: Farragut

Middle Previous Position: Princi-

pal, Central High

Education and Experience: Bachelor's degree, UT, master's and Ed.S., Lincoln Memorial University (1992-97, resource teacher, Halls Middle School; 1998-2000, assistant principal, Carter Middle School; 2000-02, principal, Carter Middle School; 2002-09, principal, Karns Middle School)

CINDY WHITE

New Position: Vine Middle Magnet School

Previous Position: Principal, Karns Middle School

Education and Experience: Bachelor's in education, UT; master's degree in administration and supervision, Lincoln Memorial University (1980-2007, classroom teacher (20 years at Whittle Springs Middle School); 200709, assistant principal, Karns High School; 2009-13, principal, Karns Middle School)

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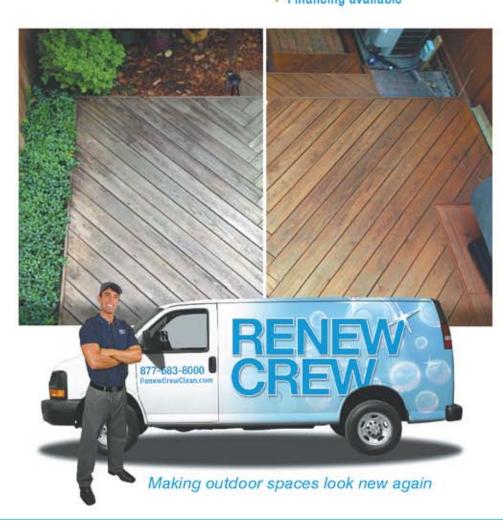


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FOCUS MORE ON Seymour & South Knox



Heather Carter

Island Home Park Health and Rehab's Carter wins scholarship

the THCEF scholarship has

allowed her to start this

second chapter of her edu-

cation more quickly than if

she had to save the money

addressed staffing chal-

lenges and advanced the

standard of care in skilled

nursing facilities by pro-

viding financial support to

employees who choose

to further their education.

The foundation is support-

ed by contributions of Ten-

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whose members include

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throughout the state.

Since 1979, THCEF has

on her own.

By Tasha Mahurin Tasha@knoxfocus.com

Heather Carter, an employee of Island Home Park Health & Rehab, has been awarded a scholarship from the Tennessee Health Care Education Foundation (THCEF) to continue her education and advance her career in longterm care. Carter, 39, is from Greeneville and commutes to Knoxville for work. She has been a licensed practical nurse (LPN) and has worked at Island Home Park Health and Rehabilitation (formerly Hillcrest

South) for five years. Carter is currently studying in an online program from Excelsior College to become a registered nurse and plans to continue in long-term care as an RN. She was one of 16 longterm care employees to about THCEF, contact receive scholarships totaling more than \$21,000. Financial need and commitment to the long-term care industry are the primary criteria for THCEF scholarships. Recipients pledge to work in long-term care for one year after the com-

pletion of their studies. "Having dedicated employees is key to providing quality care. The THCEF scholarship program allows the long-term care profession to invest in the future of our employees, which leads to increased employee retention and improved care for residents," said Doyle Love, THCEF chairman and executive director of Life Care Center of

Carter says she is continuing her studies because she loves nursing and wants to better serve her patients. She added that

2013-2014 KNOX COUNTY SCHOOLS

August 12 (Monday) First Day for Students (1/2 day for

September 2 (Monday) LABOR DAY - Holiday

September 12 (Thursday) End 4 1/2-weeks Grading Period

September 16 (Monday) Constitution Day (Students In School)

September 27 (Friday) Staff Development Day - K-5 In-School/6-12 System-wide (Student Holiday)

October 16 (Wednesday) End First 9-weeks Grading Period

October 17-18 (Thursday & Friday) FALL BREAK

November 15 (Friday) Civics Education Day (Students In School)

November 19 (Tuesday) End 4 1/2-weeks Grading Period November 27-29 (Wednesday-Friday) Thanksgiving Holidays

December 5-11 (5 days) State EOC Tests

December 20 (Friday) End Second 9-weeks Grading Period (1/2 day for students)

December 23 – January 3 (10 days) WINTER BREAK

January 6 (Monday) Administrative Day - First Day for Teachers (Student Holiday)

January 7 (Tuesday) First Day for Students

January 20 (Monday) Martin Luther King, Jr. Day - Holiday

February 3-7 (Monday-Friday) Writing Assessment

February 7 (Friday) End 4 1/2-weeks Grading Period

February 17 (Monday) Inservice Day – K-5 In-School/6-12 System-wide (Student Holiday); President's Day

March 13 (Thursday) End First 9-weeks Grading Period (Third 9-weeks Grading Period)

March 14 (Friday) Staff Development Day – Student Holiday

March 17-21 (Monday-Friday) SPRING BREAK

April 18 (Friday) Good Friday - Holiday

April 21 (Monday) Holiday

April 23 (Wednesday) End 4 1/2-weeks Grading Period

April 28 – May 9 (10 days) Achievement Testing Window

May 1-7 (5 days) State EOC Tests

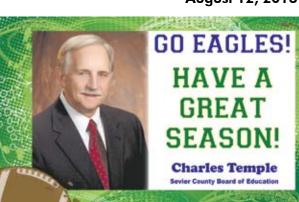
May 14-17 (Wednesday-Saturday) High School Graduation

May 21 (Wednesday) Last Day for Students (1/2 day for

End Second 9-weeks Grading Period (Fourth 9-weeks Grading

May 22 (Thursday) Inservice Day (Teacher Work Day)

May 23 (Friday) Administrative Day (Teacher Work Day) - Last Day for Teachers



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Embassy Suites Knoxville West Celebrates Grand Opening



Alpesh Patel (center), CEO of Kana Hotel Group, cuts the ribbon of the new Embassy Suites Knoxville West with Jacqueline Padilla (left), hotel general manager, alongside ceremony attendees Knoxville County Mayor Tim Burchett (far right) and Alan Roberts (back row, right), vice president of brand performance support, Embassy Suites

Upscale all-suites hotel is first full-service property to open in Knoxville in 25 years

Embassy Suites Hotels celebrated the official grand opening of the new Embassy Suites Knoxville West last Tuesday with local officials and community members, with a ceremony marking the arrival of the area's first full-service property in 25 years. Owned and managed by Kana Hotel Group, the 140suite, six-story all-suites hotel is located at 9621 Parkside Drive, off I-40 and I-75. The property is already a draw for business travelers, as it is conveniently located near several companies including Siemens Medical Solutions, Barge Waggoner and Bechtel Corporation, and is accessible to the Knoxville Convention Center

and University of Tennessee.

The grand opening celebration centered around an official ribbon cutting ceremony with remarks from Jacqueline Padilla, the hotel's general manager, and Alan Roberts, vice president of brand performance support -Embassy Suites Hotels, Hilton Worldwide. During the evening, guests enjoyed a tour of the property, as well as a live music performance from local musician Brad Blackwell. Additional attendees included Tim Burchett, Knoxville county mayor; Alpesh Patel, CEO, and Kevin Mahoney, president, Kana Hotel Group; Kris Reagan, director of sales, Embassy Suites Knoxville West; Mark Field, senior vice president of membership, Knoxville

Chamber of Commerce; and Jill Thompson, executive director, Greater Knoxville Hospitality Association.

Speaking at the event, Hilton Worldwide's Roberts said, "Embassy Suites is proud to partner with Kana Hotel Group on yet another upscale property as the brand looks to expand its footprint and make our full-service, all-suites offering available to more travelers in more markets. This hotel is one of the first properties in Tennessee to feature our latest Design Option III concept, which brings the unique Embassy Suites attributes to life in a way that is attractive to developers and contributes toward an enhanced guest experience."

The innovative and flexible Design Option III model features a variety of two-room suites and side-by-side suites, in addition to

a contemporary atrium area. The design decreases the amount of land needed and creates efficiencies for both construction and operational costs. These features also further enhance the guest experience, as there is still a great sense of space and more natural light in guest rooms and public areas like the atrium.

"We believe in the Embassy Suites brand and we're confident that its legacy of superior customer service will serve the needs of business and leisure travelers to the Knoxville area," said Alpesh Patel, CEO, Kana Hotel Group. "We are excited to grow our portfolio in the Greater Knoxville region and Tennessee with the addition of a high-performing and solid brand like Embassy Suites to our roster of hotels."

A BoneTo Pick

I attended a meeting the



By Joe Rector joerector@comcast.net

other day of citizens with a bone to pick. Somehow they figured I would make an adequate spokesman for their group, and I

agreed to present their case. It concerns a situation more and more Knoxvillians are encountering each year.

A developer is seeking a zoning change for a fifty-plus acre parcel of land in Karns. On it 185 units will be built on some lots that are only 45 feet wide. Across the road from this development is another one that will contain 40 units.

The problem comes with the infrastructure in the community. To be exact, routes to the subdivisions are old country roads. In some places the lanes are less than 16 feet. It's ironic that the streets in the development will be more spacious than the main thoroughfares.

In one spot, the road curves sharply, and goes over an outlet for two or three natural springs on the property. When heavy rains fall, water collects there and overflows onto the road. Passing then is impossible, and now even more run-off water will compete for exit. Even worse, the road is so narrow that emergency vehicles like fire engines cannot pass when a car is on the opposite side. In another example of the problem, just last year, two bus acci-

This road intersects with another that is a bit wider. However, the problem there is school traffic. During the mornings and again at the end of the school day, drivers dropping off or picking up children clog the road and block the normal flow. Again, no emergency vehicle is able to traverse the road during those times, a fact that endangers the lives and properties of present-day residents, not to mention future homeowners

dents occurred on the road.

and their houses. One entrance to the larger development is to be located immediately across the narrow road from the smaller

Continue on page 2

League Of Women Voters Elects New President, Board Of Directors

to lead their organization for the next two years. Lauth, who runs her own fundraising firm - Kim Lauth Consulting - will serve as president of the League from 2013 to 2015. Joining her on the executive team are two more new faces, Judy Barnette, first vice president, and Vivian Shipe, secretary, both of whom will also serve until 2015. Rynn Dupes, second vice president, and Stephanie Matheny, treasurer, continue on the executive committee and will complete their terms of office in 2014.

Rounding out the 14-person board are the immediate past president Jamey Dobbs, along with both elected and appointed

The League of Women Voters of Knoxville members. Elected members who will serve and Knox County has elected Kim Lauth until 2015 are: Lisa Carroll, Fundraising Chair; Crista Cuccaro, Observer Corps; Susanne Dupes, Communications Chair; Debbie Sharp, Special Events Chair; and Faith Yandell, Membership Chair. Appointed or continuing members are: Mary English, Land Use and Environment Chair; Theresa Pepin, Voter Services Chair; and Tammy Sommers, Public Education Chair.

The new board has established a focus for the coming year: Civility and Diversity. Included in our 2013-2014 program of work are placing heavy focus on the following:

- working to increase voter turnout
- presenting the third annual Citizen's

- continuing to grow our Observer
- providing additional citizen education

programs and activities The League posts their calendar of activi-

ties at lwvknoxville.org/calendar.html. The League of Women Voters of Knoxville and Knox County, a nonpartisan political organization, encourages informed and

active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy. For more information, visit www.lwvknoxville.org, www.facebook.com/lwvknoxville, or email league@lwvknoxville.org.

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'BORUFF' on Boruff Road



By Ralphine Major ralphine3@yahoo. com

He has been known to take a call at work from an elderly neighbor who needed help. He has taken calls from our family, too. Sometimes, we did not even have to call. He just pulled into the driveway on his way up the road and spent nearly two days helping us clear storm debris from fallen tree limbs. Marvin Boruff may sometimes be seen in the Gibbs Community driving his truck. But, more often than not, he is riding atop a big green and yellow John Deere tractor. He had just stopped by the day I took this picture of

Marvin's parents were the late Jackson (Jack) and Minnie Cameron Boruff. The Boruffs were long-time members of the community. Jack's family moved to the Gibbs area from Missouri when he was a young child. Minnie's family came from New Market. When our family moved into the neighborhood, it was Jack and Minnie that



Marvin Boruff stops for a brief visit on one of his John Deere tractors.

we first knew. Our father spoke highly of them and visited with them often. At that time, Marvin was a young man who had graduated from Gibbs High School and married his high school sweetheart, the former Marie Pate. Marie is a Gibbs graduate, and most of Marvin's three brothers and two sisters are, also. The Boruff's daughter, Kristi, and son, Tim, graduated from Gibbs as well as The University of Tennessee. Granddaughter Ashley is on track to be a Gibbs graduate, but for now is a Holston

Middle School student. (Ashley was in the Focus 11-7-11, "Young Leader Emerges in

Corryton Controversy.") "I grew up within 3 miles from where I live now," Marvin said. "I have lived on or near Boruff Road all of my 70 years." Boruff Road is also home to his neighbor, Knox County **Commissioner Dave** Wright. Marvin is right at home in the agricultural landscape. "I have raised tobacco since I was eight years old and bought my first car-a '50 Ford-with money saved from tobacco crops. When I was eleven years old, I started helping the late Tom Sharp put up hay in a field across from where we lived," he added.

Marvin has been active in Corryton Lodge No. 321 since 1974. Though he is among one of its oldest members, Marvin said his neighbor, Bill Wright, has been a 50-year member a long time! Wright's son, Knox County **Commissioner Dave** Wright, is a Corryton Lodge member, also. Marvin is retired from Ennis Business Forms where he worked for 47 years. Marie has worked for Gastrointestinal Associates (GIA) for 38

years.

With his crew of young men, Marvin represents a part of our culture that we do not often find anymore. He is carrying on like many before him-tending America's farmlands and helping neighbors, too. It is not unusual to see Marvin and his crew on his John Deere tractors pullling a hay mower, hay rake, or a wagonload of hay bales. But, as the calendar turns to fall, Marvin and Ashley are getting ready to cheer on the VOLS and Lady Vols in football and basketball-when he is not traveling the roads on that Deere!

A Bone To Pick

subdivision's entrance. To the south is a blind hill; to the north one-tenth of a mile is the narrow curve that causes so many problems. Another access road to the large parcel is located just west of the school, and a third will connect to an existing subdivision, another problem area.

One official at an earlier meeting said that roads like these are all over the county. To that individual I say that is no reason to continue allowing construction on parcels until those routes are fixed.

The problem isn't development and growth for Knoxville. It is essential to a sustained and thriving community. Those who would call for a ban on new projects are simply sticking their heads in the sand and hoping the whole situation will just go away and leave things as they are.

The real problem is the need for updated roads so that developments can become realities...safe ones. That means our government has to get busy with those projects. Only after they've been completed should new developments be approved.

The kicker for many folks in the area is that improvements that they desire come with a price tag. Yes, tax rates might need to go up. If they don't, our roads will continue to be dangerous routes that travel by schools and neighborhoods.

What we need are leaders with the foresight who update Knoxville's infrastructure and puts on hold new developments until they are done. Otherwise, none of us will be able to navigate the future traffic jams to get anywhere

Let's hope that the MPC will listen and make decisions that keep neighborhoods safe and pro-

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Peggy Eaton

The Woman Who Brought Down A Cabinet

Pages from the Political Past



By Ray Hill rayhill865@gmail.com

Peggy Eaton has been the subject of books and even one Hollywood film (The Gorgeous Hussy) and is oftentimes portrayed as the vixen who nearly caused the collapse of President Andrew Jackson's administration. The controversy over Peggy Eaton certainly did cause Jackson's Cabinet to collapse. At the heart of the matter were two things: presidential politics and social convention.

Born Margaret O'Neale, Peggy had enjoyed quite a few advantages in life as the daughter of a prosperous hostelry owner, William O'Neale. Mr. O'Neale was the proprietor of Franklin House in Washington, D. C. at a time when it was unheard of for Members of Congress to actually own a home in the vicinity. Most Congressmen and senators stayed in upscale boarding houses like Franklin House.

The lively Peggy was a supposed beauty and played the piano, but like many another young woman, she married early and perhaps unwisely. Considering that Peggy tended the bar at her father's boarding house and possessed an irrepressibly flirtatious nature, she had little difficulty attracting men. After having tried to run off with two previous suitors, seventeen-yearold Peggy married John Timberlake, an impecunious thirty-nine year old purser employed by the U. S. Navy. The Timberlake union produced three children, although one did not

survive infancy. The plight of the Timberlakes moved young Tennessee United States Senator John H. Eaton to introduce a bill in Congress that would have provided enough money to pay off the debts accumulated by John Timberlake during his Navy service. Not surprisingly, the great majority of the Congress was not that sympathetic to the suffering of the Timberlakes. John Timberlake later conveniently expired while on an extended tour of duty on the USS Constitution. Later there would be dark rumors that Timberlake committed suicide after discovering his young wife was having an affair with Senator Eaton.

As it turned out, Peggy was quite socially ambitious and with her husband away at sea much of the time, there was ugly speculation as to the true father of her children and the relationship with Senator Eaton caused many to believe she was his mistress, a completely unacceptable situation in



FROM THE AUTHOR'S PERSONAL COLLECTIO

The infamous Peggy Eaton in her old age.

polite Washington society at the time. Eight months after her husband's death, Peggy Timberlake married Senator John H. Eaton.

That was a scandalously short time for a widow to grieve in those days, much less fall in love and remarry. It caused many to believe the rumors about Mr. and Mrs. Eaton were all too true.

John Eaton was the political child of the most powerful and prominent politician in the country, General Andrew Jackson of Tennessee. Jackson had won the popular vote for the presidency in 1824, only to lose the election to Secretary of State John Quincy Adams when the election was decided in the U.S. House of Representatives. "Old Hickory" howled about a "corrupt bargain" when President-Elect Adams promptly named Speaker of the House Henry Clay, himself a presidential contender in the recent election, Secretary of State. General Jackson and his numerous supporters never let up in the following four years and few politicians before or since could hold a grudge like Jackson. General Jackson easily defeated President Adams in 1828, the first true "man of the people" to serve as President of the United States. Jackson's victory was considerably less sweet as it had been a bitter campaign and the General's beloved wife Rachel had been terribly upset by newspaper accounts, which had characterized her as a fallen woman and a bigamist. Kindly and quite religious, Mrs. Jackson was mortally wounded by

the rumors swirling about

her from the presiden-

tial campaign. Rachel

Jackson died before her

husband was sworn into

office and the old General assumed the presidency as a bereaved widower.

President Jackson's attitude was almost certainly colored by the loss of his wife and he ignored the whispers about Peggy and named his protégé John Eaton as Secretary of War. That caused immediate conflict with the members of Jackson's Cabinet as most of the wives of the other Cabinet members absolutely refused to have anything to do with Peggy Eaton socially. The ensuing battle had as much to do with presidential politics as it did polite society. Vice President John C. Calhoun of South Carolina and Secretary of State Martin Van Buren of New York both desperately wished to be President of the United States after Andrew Jackson had served his time in office. General Jackson was also clearly the most popular political figure in the entire country at the time and being designated the old man's successor would likely have considerable impact upon the nomination and election to succeed him.

Calhoun, self-righteous, stern and marble-faced, was a highly intellectual man, but not the able politician the vivacious Martin Van Buren was; in fact Van Buren had headed the powerful New York political machine and was so adept at the art of politics,

he earned the nickname "the Little Magician". By the end of the Eaton affair, Van Buren had indeed demonstrated his ability for intrigue and he had succeeded in eliminating his opponents and earned the right to succeed President Andrew Jackson.

Andrew Jackson.

At the inauguration, not a single Cabinet wife would speak to Peggy Eaton. The attitude of the Cabinet wives had been largely set by the example of Vice President John C. Calhoun's wife, Floride. Mrs. Calhoun forced herself to endure social calls made on her by Peggy Eaton, but she steadfastly refused to return any calls. The other Cabinet wives quickly adopted the same attitude.

same attitude. President Jackson became so concerned about the matter, he called a special meeting of his Cabinet to defend Peggy Eaton (who now preferred the more majestic "Margaret"). Remarkably, Jackson supposedly made the comment that Peggy was "as chaste as a virgin!", quite an accomplishment for a woman who had borne three children and had been married twice. Several members of the Cabinet attempted to disabuse the old General's notion of Peggy Eaton, but he would have none of it. When Andrew Jackson had made up his mind, it was virtually impossible to change it. Jackson finally

compared Peggy Eaton's case to that of his late wife and everyone knew Rachel had died due to the lies and slanders heaped upon her during the presidential election. It was dangerous ground they were treading upon at that point.

Still, the old General could not maintain discipline in his own household. His nephew, Andrew Jackson Donelson, was also his secretary. Much to his surprise, dismay and displeasure, Mr. and Mrs. Donelson strongly disapproved of Peggy Eaton. Jackson's comment about Peggy being as chaste as a virgin caused Henry Clay to quip, "Age cannot wither her nor custom stale her infinite virginity."

infinite virginity." Only two members of the Jackson Cabinet would give Peggy Eaton the time of day; Secretary of State Martin Van Buren was the most conspicuous in his continued attentions to John and Peggy Eaton. Van Buren was ostentatious in helping Peggy in and out of her carriage and the Secretary of State was a frequent visitor to the Eaton home. Postmaster General William Barry, grateful to Peggy for having selflessly nursed his gravely ill child, stood publicly with the Eatons. The remainder of Jackson's Cabinet refused to have anything to do with Peggy Eaton and the issue actually began to interfere with the operation of the

government.

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Martin Van Buren then conceived a plan, which would eliminate most of his political opposition inside the Jackson administration. He tendered his resignation as Secretary of State to President Jackson in April of 1831. John Eaton followed suit, by resigning as Secretary of War, giving Jackson the opportunity to demand that every member of his Cabinet resign. The rest of the Cabinet was shocked, but Jackson was insistent and he replaced them all. President Jackson then nominated Martin Van Buren to serve as Minister to the Court of St. James. Van Buren was already on his way to Great Britain when his nomination was rejected by the United States Senate. President John C. Calhoun, who had worked hard to kill Van Buren's nomination, chortled that the rejection would "Kill him dead, sir. Kill him dead". Actually it accomplished quite the contrary. Andrew Jackson was enraged by the Senate's failure to approve Van Buren's nomination and selected him to serve as his running mate when he sought reelection later that same year. Martin Van Buren was elected Vice President of the United States on the Jackson ticket a few months later and succeeded the old General in the

White House. John Eaton's political career was ruined by his marriage to Peggy. He tried to regain a seat in the United States Senate from Tennessee in 1834, but lost. Andrew Jackson appointed him that year as governor of Florida instead. Jackson later appointed Eaton as Minister to Spain in 1836. When the Democrats lost power in 1840, John and Peggy Eaton returned to Washington, D. C. where they were once again barely acknowledged by Washington society.

The irrepressible Peggy again raised eyebrows when she, then age fiftynine, married the nineteen year old dancing instructor of her grandchildren. To say the marriage was an unsuccessful union would be gross understatement, as her young husband disappeared with all her money and her granddaughter. The faithless husband never married Peggy's granddaughter Emily, although he had two children with her.

Peggy Eaton lived out her last years in the home of her grandson, impoverished, but still spirited when she died in 1879. The "Petticoat Affair" had determined a President of the United States.





What do you know about Col. Harlan Sanders?

A Day Away



Colonel Harlan Sanders, founder of Kentucky Fried Chicken (KFC) was not, believe it or not, born in Kentucky. The famous man, who always dressed as a southern plantation owner, was born in Henryville, Indiana. Sanders may be the most famous restaurant owner in the world, including Dave Thomas, founder of Wendy's, who actually

worked for Sanders once.

Sanders drifted around

as a young man, got into an unsuccessful marriage, forged his birth date to serve in the Army, was a steamboat pilot, a farmer, and worked on the railroad. But in 1930 he found himself in Corbin, Ky., the owner of a filling station. He married a Kentucky woman and started serving lunch in their house next to the station. Sanders had learned to cook as a very young man, his mother working because his

father passed away. In 1939 the national food critic, Duncan Hines, ate there and praised the fried chicken. Sanders and his restaurant



The monument to Colonel Harlan Sanders, one of the notable graves in Cave Hill Cemetery, Louisville. The bust of the famous restaurant founder there was created by his

and filling station went broke when the highway bypassed his place and he went on the road selling his "secret recipe" and opening franchises.

Sanders wasn't a colonel in the army but, like many of us, was proclaimed a "Kentucky Colonel" by Kentucky's governor. He used the title and adopted the white wool suit and string tie as a public image.

Sanders eventually sold his KFC stores to a corporation and toured the nation as the Colonel to promote the chain. Later he sued the corporation about use of his image and his claim that they were not using his recipes. Some believe that the appearance of Col. Sanders at various resactor pretending to be him.

I had a chat with the Colonel during the 1970's at one of his restaurants and found him tired and not in good health. But he spoke with me, completed the interview, and I felt I'd talked with a man who knew of his success but was really tired. He died in 1980.

Today, the grave and monument to Harlan Sanders is in the Cave Hill Cemetery in Louisville, Ky., along with a bust of him by his daughter. His monument is large and tasteful, but not as large or unusual as many other tombs there.

In his later years Sanders had founded a trust that funded many national causes.



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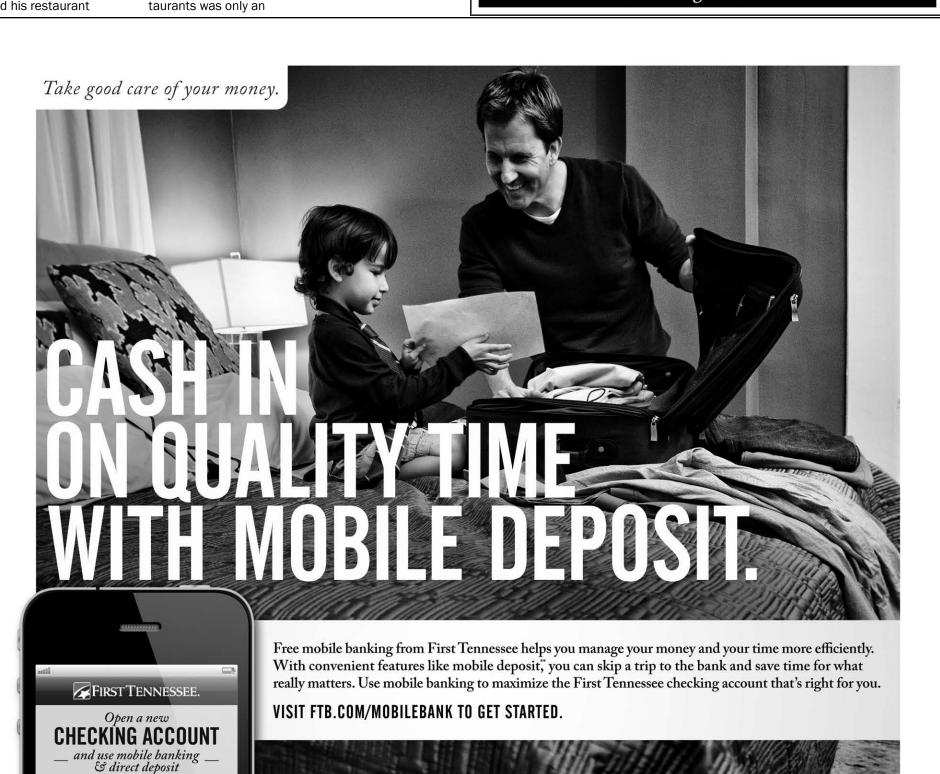
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FIRST TENNESSEE.

FOCUS Prep Preview 2013

Grace Christian Rams Season Preview

By Alex Norman

The Grace Christian Rams have had their share of adversity in recent years, including a controversial two year postseason ban from the TSSAA. But nothing prepared them for what happened to senior running back Will McKamey last

McKamey, the team's best player and a "Mr. Football" award winner in the state of Tennessee in 2012, collapsed on the field during a game against South Pittsburg. He was airlifted to a Chattanooga area hospital, where doctors monitored a brain injury. Will was back at home a week later, but his high school career was over.

"It was tough, but at the same time we could feel the power and presence of God through it all," said Randy McKamey, Will's father and head coach of the Rams. "The night Will got hurt, there were so many people in the Grace family that

went to the hospital just to pray for Will. That's what makes the Grace family so special. They always rally when someone is in need."

Coach McKamey and wife Kara needed to focus their energy on their son... but the Dad still had a job to do...

"I had a responsibility to 50 other kids on the team to lead them and I knew it was all part of God's plan," said Coach McKamey. "Through TV, radio, church, and speaking engagements, thousands of people were able to hear Will share his personal testimony of his relationship with Jesus Christ."

The Rams season continues, and ended in the Class 2A quarterfinals, and a 10-2 overall record.

The news got even better for Will, as his recovery was so strong that doctors gave him the ok to return to the football field. Will is now a freshman at

Continue on page 3



Senior wide receiver Andrew Cox (83 in black), who will help anchor a veteran and talented Powell receiver corps, makes a catch in a pre-season scrimmage vs. Lenoir City last week. Cox will also be asked to help out at defensive back for the Panthers this year.

Panthers begin Tobi Kilgore Era of Powell High Football

Former Halls
standout, Central
defensive
coordinator, takes the
helm of the highly
successful Powell
program as it moves
up to Class 6A

By Bill Mynatt,

Radio Voice of Powell Panther football on AM 620 WRJZ, host of The District, Saturday mornings at 10 on AM 760 WETR powellfootballradiovoice@yahoo.com

This time last year the Powell Panthers, who were coming off of a 14-1 season and a state class 5A runner up spot, were trying to adjust to a new head football coach in Derek Rang. Twelve months later, as Yogi

Berra used to say "It's déjà vu all over again," as 28-year-old Tobi Kilgore becomes the third head coach of the Panthers in as many years.

While Kilgore may be young in years, his resume is solid. After graduating from Halls High School he chose not to play college football, but rather to attend

Continue on page 2

Admirals look to turn things around in 2013

y Ken Lay

When Farragut High School hits the field in 2013, it will do so with hopes of erasing memories of a dismal 2012 campaign.

"Last year was really hard on us," longtime Admirals' coach Eddie Courtney said. "The kids worked really hard but we just didn't get it done."

The Admirals entered last season with high hopes only to miss the Class 6A playoffs. Farragut went 3-7 last year and got its only two District 4-AAA wins over Heritage (which didn't win a game last season) and Catholic, which has been moved to District 4-A/AA.

Courtney added, "Sometimes, you have seasons like that. We're excited and I think a lot of these guys are ready to get things started."

Farragut (2-5 in district play last season) plays in one of Tennessee's toughest districts against the likes of two-time Class 5A State Semifinalist West, 2012 Class 6A runner-up Maryville (which has won multiple State Championships), Bearden (which went 8-3 last year), Lenoir City (which made the Class 5A playoffs in

2012) Heritage and William Blount. Hardin Valley Academy, which also made the playoffs last year, replaces the Irish, who finished 4-6 last year.

In addition to the difficult district slate, the Admirals play three non-league opponents that made deep playoff runs in 2012. Farragut opens at Kingsport Dobyns-Bennett on Aug. 22 before hosting Oak Ridge on Aug. 30. The Admirals' other non-district tilt is a road game against Class 4A State Champion Fulton on Sept. 13.

Farragut has a talented group of returners including: Bryan Phillips (senior, quarterback); Billy Williams (senior, tight end/defensive end); Aaron Suadi (senior, wide receiver/defensive back); Christian Jetton (senior, wide receiver/outside linebacker); Mitch White (senior, running back); Ryan Glitenkamp (senior, linebacker); Charvis Coffey (senior, defensive back); Chris Farner (senior, tight end/linebacker); Anwar Al-Hussein (senior, offensive line/defensive end); Andrew Saah (senior, offensive line); Javi Rodriguez (senior, linebacker); Jimmy Hillencamp (senior, offensive line) and Jeremiah

Partin (junior, outside linebacker).

Key newcomers are senior linebacker Landon Foody and sophomore kicker/punter Carter Phillipy, who will replace Jonathan King, who graduated after a stellar four-year career.

Courtney said that he looks for big things from Phillips at quarterback.

"We have a veteran quarterback coming back and he's done a great job," Courtney said. "At running back, we have four or five guys who have gotten a lot of reps."

Defensively, the Admirals return a talented defensive line and a deep group of linebackers.

"We're looking for a lot out of our defensive line," Courtney said. "Our linebackers should be a strength and our secondary has shown a lot of improvement."

Courtney noted that an area of concern for Farragut will be an inexperienced offensive line.

"The offensive line is a concern simply because of the lack of experience," Courtney said. "But those guys have had a great fall camp."

Knoxville Catholic Fighting Irish Preview

By Alex Norman

Every football team goes through changes from one season to the next.

The Knoxville Catholic Fighting Irish certainly have had their share.

Head coach Scott Meadows left the program after four seasons, in which the Irish compiled a 21-23 record. Meadows, who had previous stops at Alcoa, William Blount, and Jefferson County, will kick off his first season at Pigeon Forge later this month.

The Irish were deliberate in their hiring process, and feel they got the right man for the job in Steve Matthews.

If the name sounds familiar, it should. Matthews was a quarterback at the University of Tennessee from 1989-1991. He also spent five seasons in the National Football League, including one with the Tennessee Oilers (yes, before they became the Titans).

Matthews previously worked as head coach at Moore County (2008-2010)

Continue on page 3





Panthers begin Tobi Kilgore Era of Powell High Football

<u>Cont. from page 1</u>

UT and begin his coaching career while earning his undergraduate degree. A stint as an assistant at his alma mater, followed by a move to Knoxville Central, where he served as the defensive coordinator of a resurging Bobcat program, has resulted in nine years experience as an high school assistant more than many coaches have had when they were hired as first time head coaches. One only has to look at the experience of the two coaches who preceded Kilgore at Powell for proof. Matt Lowe had three years as an assistant on his resume before assuming the head coaching position of the Panthers, and Rang 5.

Unlike Rang (who went 12-2 in his year at Powell and is now the receivers coach at Carson-Newman University), who kept virtually all of Matt Lowe's assistants a year ago, Kilgore had some staff adjustment to tend to before the real coaching began at Powell. He retained five coaches from Rang's staff, and brought in five coaches from other staffs. One of the first orders of business for Kilgore was to mesh the old with the new on the coaching staff.

"I tried to hire the best

teachers and people who can help mold the young men of the Powell community in to successful members of society one day", Kilgore explained when I asked him about his staff. "We have to help the kids be successful not only on the field, but in the classroom and in life, as well. In the short time we have been together this staff has really bonded because we all share that same vision. Every coach has a different personality and different ideas, but we all share that same vision and core values for our program."

is a program that has gone 37-4 over the last three years and has appeared in a state final game and a state semi-final game the past two seasons. And with six offensive and three defensive starters returning, the foundation for another solid team is there in 2013. Kilgore is well aware of the expectations that the recent success, arguably the most successful era in Powell High football history, has brought to the Powell community.

What that staff inherits

"Powell has great expectations for its football program, and we are going to continue to build on the past success of the school", Kilgore told me. "It is important to remember, however, that just because there was success in the past doesn't guarantee success in the future. This team, including the coaches, will have to work hard every day to make a mark for this team. This team isn't 37-4. It is 0-0 and nothing is guaran-

As it does with football teams at most levels, but especially at the high school level, success is highly dependent on having a quarterback who can read defenses and execute accordingly to what he sees. Powell will have a proved senior signal caller to run its spread option offense in Hagen Owenby. Owenby, a superb athlete, was voted as a first team Associated Press All State Team member as a junior. He is also an outstanding baseball player, having already received Division 1 scholarship offers in that sport. The 6'2" and 205 pound right hander is equally adept at throwing and running the football. Last year he ran for 1,181 yards (5.5 yards per carry) and 8 touchdowns, while throwing for 1,753 yards and 17 touchdowns completing 61.5% of his passes. Having a talent like Owenby calling the signals in his first year as a head coach is very much

"It makes things easier to have a player like Hagen leading this team," Kilgore said of Owenby. "Hagen is an unbelievable competitor and he is mature beyond his years. He is a coach on the field, and the hardest working kid I have ever been around. I am blessed to have the opportunity to coach such an amazing competitor, and he is even a better person."

appreciated by Kilgore.

Kilgore won't change the offensive scheme of the Panthers that averaged 30 points and nearly 400 yards of offense per game last year. He will stay with the no huddle spread option wide opened scheme that Powell has employed over the past seven years. As the saying goes, if it isn't broke, don't fix it. Expect only a few tweaks and new wrinkles from the Panther offense in 2013.

As much as the spread option is perceived as a passing oriented offense, it really starts with establishing the running game, and much of the Powell success of recent years has come because of talented running backs such as Dy'shawn Mobley, Darian Logan, and Montario Washington. Those guys all could take it the distance on any

While Powell doesn't and holes in a secondary." appear to have that bigger back like Mobley and Washington were, what they do have is one of the fastest players in the Knoxville area in Tyshawn Gardin. Gardin is listed at 5'8" and 160, but the name of his game is speed and vision. A legit 4.4 guy in the forty, Gardin averaged 8.9 yards per carry as a junior, scoring seems to find a way to get nine rushing touchdowns and totaling 698 yards on the ground in splitting time at the running back spot with the graduated Washington. He also returned a kickoff 80 yards for a touchdown last year, and will be a major part of the

When the Panthers need tough yards inside look for another senior, 5'10" and 190 pound Drew Carter to get the ball.

Kilgore on his running backs:

"Tyshawn can absolutely fly, and will be a big impact player for us. Since I arrived at Powell Tyshawn has matured a ton and will be a game changer on Friday nights. Drew Carter is a bruiser and gets the tough yards, as well as playing sideline to sideline at inside linebacker. Trevor Carter extremely talented, and Cameron Bostic gets better every day. Coach (Charles) Birden has a good group and he also has a history of developing those backs in to some of the best in town."

Having a quarterback who can throw the football is a tremendous asset, but to be successful he has to have receivers who can make plays, and Powell has those receivers in place. That unit could be the deepest and most overall talented group on the team.

Seniors Marcus Weaver, Andrew Cox, Klay Leeper, and Tremarius Hunt would make a tremendous receiving corps just by themselves. Add to that experienced group a freakishly athletic sophomore in 6'5" and 230 pound Darel Middleton - who has already been offered by and verbally committed to Butch Jones and the University of Tennessee - and you have the makings of what could be a very special group of

Weaver, a 5'9" and 160 pound speedster, led the team a year ago with 41 catches and four receiving touchdowns, averaging just under 14 yards per catch. He also is a threat running the football on reverses, and will join Gardin as a key cog in the kick return game. Weaver also will back up Owenby at the quarterback

"Coaches (Adam) Seyphrey have done an amaz- every day." ing job of developing this group," Kilgore said. "This is a very detailed oriented group and they will cause some defenses problems on Friday nights. They are an unbelievable unit that can exploit weaknesses

Of course, before an offense can be successful the offensive line has to do its job. Powell returns just one starter on the o-line in a 6' and 215 pound junior Colin Sharp, but veteran offensive line coach Larry Neely has a knack of getting young players ready.

"Coach Neely always five guys out there who can create run lanes for our running backs and protect the quarterback", Kilgore told me. "This will be our youngest position group, but with the years of experience that Coach Neely brings to the table he will mold these guys in to becoming a very effective unit. This group improved greatly during

fall camp and it is imperative that they continue that improvement in the next couple of weeks as we get in to the season." In talking with Neely, he

has expressed his feeling that he has good talent to work with, and that this could be a very deep group of offensive linemen before all is said and done. While the offensive

scheme will stay basically the same, the defensive under new Defensive Coordinator Jason Grove will bring a different look. Gone is the 3-3 stack, a blitz them early, often, and then blitz them some more

philosophy of the previous staff, and enter a true 3-4 defense, which relies more on pressure from the front three and containment by the linebackers and secondary - a defense that Kilgore employed during his tenure at Central.

For this defense to be successful, the front three needs to be able to pressure and occupy the opponent's offensive linemen. Fortunately for the Panthers, the front line is the most experienced unit of the defense.

Anchored by 6'2" and 310 pound nose tackle Brady Scalf, the defensive line of Coach Rusty Smith returns both experience and bulk. Scalf registered 56 total tackles a year ago, including 12 for loss and 5 quarterback sacks. Expected to join Scalf up front in starting roles are another senior in Dalton Long (6'1" and 235) and Cody Reed - a 6'1" and 215 pound junior, who was a starter as sophomore until an injury interrupted his year.

"The d-line is undoubtedly our most talented group on defense," Kilgore said. "We have a lot of athletic beef up front. Dalton and Brady are two of our leaders on defense and their energy and work ethic inspires others around them to work harder. Cody Reed will also be a big impact player for us there. He has an unreal more and (Dustin) Hum- motor and comes to work

> The linebacker corps will be led by senior Josh Singleton, the team's leading returning tackles leader from a year ago. While he might be considered a bit undersized for the position at 5'10" and 175, Singleton brings leadership by example and has earned the reputation as one of the hardest hitters on the team. He made 69 tackles in 2012, including 11 for lost yardage. That leadership ability certainly is appreciated by his new head coach.

"Josh is our most experienced linebacker, and one of the big time leaders on this football team," Kilgore explained. "He never missed a workout and he is at every team function we have. Josh is a great character kid whom his team mates will naturally

Others expected to join Singleton at linebacker are Carter, Tyler Childers, and a newcomer to the team in Tanner Latham. Also

859-7900

"We get to play the best competition in the state week in and week out, and it is an amazing opportunity for our football program, our school, and our community. We look forward to the challenges of playing two defending state champions in the first two weeks, and then hitting our district schedule, which is also very competitive from top to bottom. We have to continue to work hard and remember that past successes do not guarantee future success. We have to have an all in attitude every day with all out effort every day, and work each day to become dominate in every aspect of our lives. If we do that, wins will come."

Tobi Kilgore

expect Middleton to see punt last year, dropping 10 time at one of the lineback-None the less, Kilgore

the Lenoir City scrimmage we are going to shuffle some more players to the outside linebacker positions. Before we roll in to the season we expect this to be a solid unit, if we can avoid the injury bug." Coming in to fall camp,

no other unit on the Panther squad lost more experience to graduation than did the secondary. Graduated defensive backs included a 4-year starter in Jon Strozyk, who was also a two time All State honoree, a 3-year starter in Washington, and two other 2-year starters. No other member of the coaching staff had more work to do than new secondary coach Cassen Jackson-Garrison, but that doesn't mean that the cupboard is bare in that unit.

Returning are seniors Michael Brown (5'7" and 155) and juniors Evan Smartt (5'10" and 170). Both made starts a year ago filling in for injured players, and they provided depth at both corner and safety. Outside of those two, however, just who will start for Jackson-Garrison ber 13. is vet to be determined, but progress has been made according to Kilgore.

"The secondary has been our most improved unit since spring practice ended. We have been installing some new schemes and the kids are beginning to get a grasp of what we are trying to do on the back end of our defense. We have also shuffled some players in to the secondary that makes this unit a little stronger. We will have some offensive guys playing both ways Marcus Weaver, Andrew Cox, Tremarius Hunt, and Klay Leeper will all work part time in the secondary. Trevor Carter will help us at the safety position with his athletic ability. And Brown and Smartt will anchor us and be big players for us. Coaches Grove and Jackson-Garrison have done a great job in developing this group." On special teams,

Owenby will handle the punting duties. He averaged a solid 35 yards per

MITE AND PEST CONTROL
BBB RATED A+

Since 1971

925-3700

of his 38 punts inside the

Returning to handle likes the potential in that the place kicking duties is senior Austin Rogers. "After watching film from Rogers was incredibly accurate a year ago, making good on 48 of his 51 PAT attempts, and hitting on four of five field goal tries. Kilgore likes what he has seen from Rogers thus far.

> "Austin performed very well for us in the Lenoir City scrimmage, hitting two of his three field goal attempts and he is really gaining some confidence. He put in a lot of work in the off season lifting at 6 a.m. before taking care of some summer school work, and it is really paying off. We are going to put a real emphasis on special teams play this year."

In addition to an already solid District 3AAA schedule, Powell opens the season by hosting defending class 4A champion Fulton in a State Farm Thursday Night Rivalry Game on August 22, and then it travels to 2-time defending class 3A state champion Christian Academy of Knoxville. After those two non-district games it will be eight consecutive 3AAA contests, with a week off scheduled for Septem-

Although the schedule was made by the previous coach and previous athletic director, Kilgore looks at it as a "we get to, not we have to" opportunity for his

"We get to play the best competition in the state week in and week out, and it is an amazing opportunity for our football program, our school, and our community. We look forward to the challenges of playing two defending state champions in the first two weeks, and then hitting our district schedule, which is also very competitive from top to bottom. We have to continue to work hard and remember that past successes do not guarantee future success. We have to have an all in attitude every day with all out effort every day, and work each day to dominate in every aspect of our lives. If we do that, wins will come."

For the 12th consecutive season I will have the pleasure of serving as the radio play by play announcer for Powell High School football on AM 620 WRJZ. Air time for the season opener with Fulton on Thursday, August 22 will be 6:30 p.m. Air time for the other nine regular season games will be 7 p.m. AM 620 will also carry any playoff games in which the Panthers participate.





Lady Admirals hope third time is a charm

"We have the potential to

be better than we were last

year," Lindsay said. "Time

will tell if we will have the

Farragut will feature a

bevy of returners which

includes three senior all-

state performers. Defend-

er Josie Jennings (a Uni-

versity of Tennessee com-

mitment), midfielder Katie

Cloud and midfielder Katie

Beuerlein all were among

the state's elite players.

Beuerlein was also an All-

Other key veterans

include: K.C. Ward (junior,

midfielder); Emma Jeter

(junior, midfielder); Nata-

lie Goetz (junior, midfield-

er) and Joanda Parchman

The key newcomer include senior goalkeeper

Maddie Strnad (who backed

Farragut opens its 2013

campaign at Greeneville on

Aug. 20. The Greene Devils

are a Class A/AA power-

house. The Lady Admirals'

home opener will be Aug. 23 against Hardin Valley.

early-season conference

and we're playing on Friday

night because neither team

will play football," Lindsay

said. "We're going to have

when they advanced to the

The news is a little better

"The defense is a 3-4

on defense, where eight

alignment and tries to

confuse the offense with

a variety of pressure pack-

The Irish will learn to deal

with a new classification.

For at least the next three

seasons, Knoxville Catholic

will be a Class 4A football

program, a change from

2009-2013 when they

There is talent on the

roster. Seniors Patrick

McFall, Logan Irwin and

Elijah Brown are among a

group of players that Knox-

ville Catholic athletic direc-

tor Jason Surlas expects to

A key player to look out

for is junior quarterback

Zac Jancek, who trans-

ferred to Catholic after his

father John was hired as

the Vols defensive coordi-

nator under Butch Jones.

are to get better as a foot-

ball team on a daily basis,"

said Matthews. "Our motto

is "Win The Day," and that's

what we try to incorporate

to our players. Every day

we go out try to get better,

and if that happens suc-

cess will follow."

"The goals for this year

play at the next level.

were placed in Class 5A.

ages," said Matthews.

Class 6A semifinals.

starters will return.

The showdown with the Lady Hawks will be a key

"That game will be big

up Katy Hill last season.

(senior, midfielder).

American last season.

chemistry that we need."

By Ken Lay

Farragut High School's girls soccer team is hoping that the third time will be the charm.

The Lady Admirals, the two-time defending District 4-AAA and Region 2-AAA Champions, reached the Class AAA State Tournament in both 2011 and 2012, but left Chattanooga without the championship trophy.

Farragut, which suffered its first loss of the 2012 season in the state semifinals, lost just three seniors last year. The Lady Admirals are again hoping to close out the season on the grand stage.

And this time, they're hoping to come back to Knox County with a piece of hardware.

But everyone knows

things won't be easy. District 4-AAA is the most competitive conference in Tennessee as Farragut, Bearden, Maryville, West and district newcomer Hardin Valley Academy will all be vying for the district

"We've had a target on our backs for the last two years," Lady Admirals coach Dennis Lindsay said. "Of course, if you're Farragut, you always have one."

That, however, doesn't temper the lofty expecta-

Cont. from page 1

and as the offensive coor-

dinator at Siegel HS (2010-

For Matthews, it has

"It feels great to be back

in Knoxville," said Mat-

thews. "Catholic is a spe-

cial and great place and

the people I have met

in the Knoxville Catho-

lic community have been

outstanding. I've also had the opportunity to be reac-

quainted with some old

The job that Matthews

has ahead of him could

be a difficult one. The Irish

return only three starters

on offense (RB Logan Lacy

and WR's Harrison Huber

and Elijah Brown). In addi-

tion, Matthews is institut-

ing a new offense, which

is going to be very different

than the run based attack

seen at Knoxville Catholic

"The offense is very

similar to the Oregon

Ducks style," said Mat-

thews. "It is a high paced

spread offense that tries

to keep the defense off bal-

ance with the run and the

That same offense

helped Siegel go 26-10 the

past three seasons, includ-

ing a 13-1 mark last year,

in recent years.

pass."

friends from college."

been a happy homecom-

ing.

Knoxville Catholic

Fighting Irish Preview

Bulldogs Return Some Key Leaders By David Klein

Despite losing starting quarterback Nicky Frizen to graduation and having a new running back, Bearden High School Football Coach Brad Taylor believes the Bulldogs can be a good football team. "Right now it's all based on potential. I think the potential's there to have a good football team," Taylor said.

The Bulldogs went 8-3,

5-2 in District 4AAA last

season. They were tied for

second in the district with West. They break in a new quarterback, Xavier Johnson, who transferred from Central. Taylor said of Johnson, "He's a smart, young man,

and has some athletic abil-

Malachi Horton comes over from Morristown West in the running back position. "Malachi fits in our offense very well," Taylor said. "He did a good job at Morristown West."

Two big strengths this year, Taylor said, are the

and the linebacker core. The Bulldogs return four out of five starters on their offensive line from the 2012 season. Both Kole Matherly and Griffin Delong return in the middle linebacker slots for Bearden's 3-4 defense that utilizes four linebackers. The outside linebackers are young this year. "I ing with "reckless abanthink we got a really solid linebacking core," Mather-Taylor said a weakness

particularly on the defensive line. Matherly echoes his coach's concern. "My biggest concern is going to be our defensive line," he said. "A lot of guys are going to have to step up playing both ways. We're just going to have to be conditioned well enough to where they can do that," he empha-

may be the lack of depth,

Taylor looks for Matherly to be one of the leaders on the defense. Matherly considers himself to be a natural leader and leads by

in that leadership position," he said. As a middle linebacker, he calls the plays for the defense before the ball is snapped. He has memorized practically every aspect of the playbook and the defensive signals. Matherly also plays full-

back on offense but enjoys

playing defense more, play-

don." "I like hitting people," he said of playing defense. Two other starters in the secondary return. They are Isiah McDaniel and Hunter Henry. "We are excited to have those guys back,"

Taylor said. Taylor mentioned the guys were productive in summer conditioning workouts. "We had a good summer with the weight workouts and conditioning." The Bulldogs also participated in 7 on 7 scrimmages this summer. "It's a chance to get out there and rep things and it's a chance to compete" he said of the 7 on 7 scrimmages.

Wednesday, August 14,

offensive line's experience example. "I feel comfortable the Bulldogs travel to Alcoa for a scrimmage. "They are a very well coached football team, play an uptempo style of football," Taylor said. The regular season

schedule again for the Bulldogs is tough. Along with traditional state powerhouse Maryville, the Bulldogs face the defending Class 4A Champions the Fulton Falcons. "I don't remember the last time we played Fulton," Taylor said. "We hit the ground running right away," Taylor said of this year's schedule. "We trade Catholic out for Hardin Valley." The Bulldogs also will play the Sevier County Smoky Bears in addition to traditionally strong teams like West and Farragut.

Matherly said, "We got a pretty tough schedule but I think if we come together as a team and really work in two-a-days in practice, I think we'll see we can be successful on Friday

Lady Rebels look to 'compete' in soccer Bradley (senior, defender);

West High School's girls soccer team enters the 2013 season with some high expectations.

"I think we'll fight hard and compete," said Lady Rebels coach Sonny Trotter, who opens his 18th season as head coach. "I think our field players can compete with anybody."

The big question for West will be between the goalposts. The Lady Rebels lost netminder Keegan McCoy to graduation. Junior Isabel Snyder (who played defender last year) and sophomore Morgan Jones (who backed up McCoy last season) will compete for that crucial

Goalkeeping has been a strength for West as Caitlin

Cody and McCoy were both stellar during their respective careers in Marble City.

"Our weakness will be in the goal," Trotter said. "Isabel played there a little in middle school and she agreed to play there this season. She has good

backup but she didn't get to play much last year."

Key returners for the Lady Rebels include: Keegan Francis (a junior forward, who led West High with 26 goals in 2012); Molly Stooksbury (sophomore, defender); Raina Fitzpatrick (senior, midfielder and captain); Megan Wall (senior, midfielder and captain); Addalee Cantrell (senior, defender and captain); Claire Rachel Ryan (senior, midfielder) and Madison Taylor (sophomore, defender). The Lady Rebels also

have a talented crop of newcomers looking to make and impact including: Emma Creveling (a junior midfielder who transferred from Webb); "Morgan was Keegan's Tionna Thompson (freshman, midfielder/defender); Drew Long (freshman, midfielder) and Hunter Huff (freshman, midfielder).

> Trotter said his squad's strengths include a strong defense and a deep mid-

> Francis is the team's lone bona fide sniper and the veteran coach said his midfielders must score for the Lady Rebels to achieve

"Our midfielders are going to have to be a part of things," Trotter said. "They are going to have to step up and we'll have to remain relatively free from injuries."

For much of the last

decade, the Lady Rebels

have been a competitive

force in the state's toughest Class AAA districts. Things, however, have gotten tougher with the arrival of the Lady Hawks, who won multiple District

3-AAA Championships. "Bringing Hardin Valley in makes things tougher," Trotter said. "Farragut is unbelievable."

West opens its season at South-Doyle on Aug. 19. The Lady Rebels host Halls on Aug. 20 and Morristown West on Aug. 22.

Veteran Lady Cherokees looking for success

with plenty of familiar faces.

The Lady Cherokees, who finished 8-5 last season and came in fourth in District 2-AAA, lost just one senior in 2012. Ali Gale graduated and took a big chunk of South-Doyle's offense with her.

"We lost Ali Gale and she's playing at [Middle Tennessee State] and she had 20-something goals last year," said first-year head coach Adam Massie, who was an assistant at South-Doyle last season. The Lady Cherokees, however,

have one of Knox County's veteran teams. South-Doyle has a mix of young experience and new players this season and Massie is hoping his squad can improve upon its fourth-place finish in the district last season.

"We finished fourth in our district last year and I'm hoping that we can push for a better district finish,"

Massie said. "A lot of [the players] (forward). South-Doyle High School's girls got playing time last year and a lot last year and we have a good fresh- and in the midfield. man class.

> "We have some young girls who can probably grow. We have several freshmen who are looking to con-

Top returners include: Courtney Payne (junior, defender); Amy Browning (sophomore, forward who received second-team all-district honors as a freshman); Bailey Gale (a sophomore midfielder who was a first-team all-district performer last year); Jenine Omari (a midfielder who is the team's only returning senior); Annie Reed (junior, midfielder); Abbey Massie (junior, defender); Rachel Cormack (junior, defender); Kaeli Swaggerty (sophomore, defender) and Layla Mosadegh (junior, goalkeeper).

Key newcomers include freshmen Cara Browning (midfielder), Cameron Gale (forward) and Lira Mathes

soccer team enters the 2013 season of our bench players played a lot strengths lie in the defensive third "We have all four of our defenders

Coach Massie said his team's

back and a good goalie," he said. "We're pretty solid there and we should have a good attack. "We're hoping to have a strong

midfield and we're hoping to have those players do some things." South-Doyle opens its season at home against West on Aug. 19.

That begins a tough schedule for the Lady Cherokees, which includes non-district matches against Hardin Valley Academy, Lenoir City and

"We have a pretty tough schedule," coach Massie said. "I'm hoping that we can get some early wins and I'm hoping that those games will prepare us for the district."

The new coach was an assistant last year and he said that his new assistant Jonathan Mitchell has

"We are very pleased.

(When it rains) we were

able to carry on business

Grace Christian Rams Season Preview

Cont. from page 1 the Naval Academy, and

could play this season. As for the Rams he left

behind, this team will have to find ways to make up for his departure, and the more than 2000 yards he gained in the running and passing game. Good thing they have

one of the best quarterbacks in the state under center. Devin Smith spent some of his summer visiting colleges, including camp at Mississippi State and a stop at Tennessee.

"Devin is 6'4," 195 pounds with an absolute canon of an arm. He is flawless in his mechanics and the ultimate team player," said Coach McKamey. "More than anything though, he is a first-class young man. Devin is hearing from tons of schools at the moment. He is still waiting on an offer, but there are several on the verge of offering."

ers returning on the offensive side of the ball. Six starters return on defense as well. Not the worst numbers obviously, but still room for other players to step up and have opportunities to get more time

on the field. "The off-season has been outstanding. Our Strength & Conditioning Coordinator, Lincoln Thomas, is the absolute

best in the business," said

Coach McKamey. "He has done an incredible job for us. There is just something special about this team, they are very business-like.'

The Rams will have a different look on defense this season. Gone is the 3-4 alignment, replaced with a 4-2-5. Defensive Coordi-

nator Matt Green and Tim

Minga run that side of the Grace Christian is trying

to do something they have

yet to accomplish... earn a trip to the state title game. But Coach McKamey says they aren't looking towards December just yet.

"We have high expectations and goals at Grace, but our concern is just winning the next game in front of us."

One more note about the Rams, this will be the second season for them to use their new field-turf. It

that has paid dividends.

as usual on the turf," said Coach McKamey. "The most important element of having the turf that we have noticed is the decrease in concussions from a player's head hitting the playing surface. Anytime we can make the game safer for our players and opponents it is well was an ambitious project

Marshall takes over the QB reins for West Rebels

By Steve Williams

As for the quarterback position at West High this season, there's a new sheriff in town. Make that marshal... Seth Marshall.

Seth, a halfback last year and the Rebels' top returning rusher, has the job of replacing the talented Ryan Francis, who ran for 1,200 yards and passed for 1,400 more in 2012 and now is playing college ball at Virginia Military Institute.

Filling Francis' shoes looks like the toughest assignment of all at West this fall. The Rebels look pretty much the same everywhere else.

"It'll be similar," said Scott Cummings, who heads into his 12th season as head coach. "We'll still be in a 3-4 defensively, but look a little differently in coverages.

"Offensively, we've got to do a little more out of the gun to help our quarterback situation.

"We'll get Seth (5-9, 172-pound junior) away from the line, so he can use his athleticism and not have to read as much," explained Cummings. "That will help him."
"Seth is more of a runner. He

can throw a little, but he's more of a runner."

While Marshall was No. 1 on the donth chart heading into last

the depth chart heading into last Thursday's scrimmage against Sevier County, Sam Raines, a 6-1, 196-pound senior, was No. 2.

"Sam is more of a pocket passer," said Cummings.

Would the coach consider using a two-quarterback system this season?

"If we have to, we will," he



West High football players come together to listen to head coach Scott Cummings during a break in practice August 6. The Rebels will play in the jamboree at Neyland Stadium

It looks like Marshall will have some weapons around him in the backfield

Left halfback Nathan Cottrell, 5-10, 174-pound junior, ran a 4.4 flat and had a 37-2 vertical at the Nike Spark Combine in Chicago this summer, said Cummings. "That's a little freaky."

Justin Hodge, 5-8, 200-pound senior, returns at right halfback in the split back veer attack.

Trey Davis, a 6-1, 195-pound senior, is a two-way starter for West as a slot receiver and cornerback.

Heading up the Rebels' defensive unit will be senior inside line-backer Cody Underwood (6-2,

217), a returning All-Stater who has led the team in tackles the past two seasons.

West also will count heavily on senior Leon Humphrey. The 6-1, 240-pound offensive tackle and defensive end is a three-year starter. Linebacker and secondary

play should be strong points for West this season, said Cummings, while the "biggest concerns now" are the inexperience at quarterback and wide receiv-

"Another strength would also be the leadership of a core group of seniors," said the coach.

Other projected starters

on offense are wide receiver Thomas Turner, tight end Zak Western, sophomore right tackle Isaiah Mobley (5-10, 231), guards Kelton Johnson (5-11, 273) and Ryan Perry (6-0, 261) and sopho-

more center Rob Williamson.
Expected to start up front on defense are senior noseman Blaise Chait (6-1, 209) and ends Kane Ray (6-2, 250) and Jamel Lane. Joining Underwood in the linebacker corps are Shawn Highfill (5-10, 213) on the inside and Noah Hoxie (6-2, 205) and Khalil Watford on the outside. Along with Davis, the secondary includes senior cornerback Corey Smith, strong safety Max Bacon

and free safety Alex Burch.

Manny Ruiz will handle placekicking duties and Ethan Murrell the punting.

"We've got a chance to be pretty good if we can get some solid, consistent play at quarterback and develop a couple of receivers," said Cummings, who guided the Rebels to the Class 5A state semifinals in 2010 and 2011. West finished 9-3 last year, losing to Powell in the second round of the playoffs. "And like everybody, we've got to stay healthy."

After preseason camp at Hiwassee Junior College (July 28 through August 1), "We were beat up, and had a total of 11 kids out with injuries," said Cummings. The Rebels scrimmaged Science Hill in Johnson City on August 2.

A poll of District 4-AAA coaches has West picked to finish second this season behind Maryville, said Cummings, with Bearden third and Farragut fourth, followed by Lenoir City, Hardin Valley, William Blount and Heritage. West and Lenoir City are the only 5A members in District 4-AAA.

Cummings also serves as West's offensive coordinator. His varsity staff includes Kevin Lane (defensive coordinator and inside linebackers), Nat Scott (outside linebackers), Morgan Shaver (defensive line), Mikkail Jenkins (defensive backs), Fred Cummings (offensive line), Kevin Day (offensive line), Rodney Ellerbee (wide receivers), Marc Giles (running backs) and Alex Walls (kickers, tight ends and special



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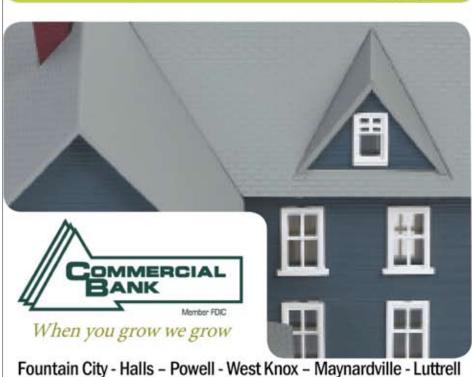


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The Doctor is in

a weekly column by Dr. Jim Ferguson

Dang Hot

I was wrong, and I'll be the first to admit it and set the record straight. Several years ago I wrote an essay about the training of medical doctors compared to that of nurse practitioners (NP) and physician assistants (PA). It remains true that doctors spend an average of twelve years in training after high school. This includes four years of college, four years of medical school and about four years of post doctoral residency training. And specialties like neurosurgery spend even longer in their training after medical school.

Nurse practitioners have six years of posthigh school education with a college master's degree. These advanced nurses increasingly function as medical practioners under a doctor's supervision. Formerly,

physician assistants were not required to have a college education - many of them came out of the military where they served as corpsmen. These days, a college education is required for entry into a physician assistant program. This training program is twenty-seven months long and intensive.

Some years ago I men-

tored two British medical students for a summer. The British medical system integrates college and medical school into a total of five years and confers a medical doctor degree on the graduates. The British system then requires two to three additional years of training before a doctor can function independently as a GP (General Practioner). Seventy percent of English doctors are general practioners

while the rest take additional years of training to become a specialists like surgeons and internists.

Increasingly, Doctors of Osteopathy (DOs) are becoming part of the medical care team in our area. This discipline arose in the late 1800s and historically was most prevalent in the mid-western United States. Like MDs, DO training requires four years after a college education and is equivalent to the training of medical doctors in traditional medical schools. The Lincoln Memorial University (LMU) in Harrogate, Tennessee, began the DeBusk College of Osteopathic Medicine in 2007 and now graduates two hundred doctors a year. Almost eighty percent of their graduates go into primary care and will help to relieve the shortage of doctors in the United States which is expected to reach 70,000 by 2020 with the Baby-Boomer tsunami.

When I finished medical school and my post doctoral specialty training in Internal Medicine, I went to work in my private practice as well as a teaching faculty member of University Hospital. You could say I've worked both sides of the street. I understand academia as well as the realities of the

private sector. Recently, I toured the South College physician assistant program in Knoxville and the medical student training program at the LMU-DeBusk College of Osteopathic Medicine. Both tours brought back memories of being young, idealistic and embarking on a lifetime career of learning and service. I was impressed by both facilities, the teaching faculty and the students who will one day be my doctor. I was reassured.

Like it or not, the world

is forever changing and medicine along with it. The traditional practice of medicine is going away. The biggest misjudgment of my medical career was that patients would flock to those doctors who provided counseling and care, both in the doctor's office and in the hospital, where folks are scared and sick and most vulnerable. I was wrong. Americans choose doctors like they evaluate real-estate: it's "location, location, location." Thirty-five years ago a "seasoned" physician told me the keys to a successful practice were the "three As:" availability, affability, and a distant third was ability. Apparently he was right because location is an important

part of availability, and

I've known many lightweight doctors who are beloved by their patients.

What is to come in this "Brave New World?" I predict we'll all have insurance coverage under the Progressive-Democrat's Obamacare which will be the only option. I believe medical doctors and osteopaths will largely be in hospitals or will be managers of physician extenders (nurse practioners and physician assistants). Wal-Mart, CVS and Walgreen stores will run medical clinics like a "drive-thru" which serves fast food. The days of appointments in a doctor's offices are numbered. My only hope is that we can train enough PAs, NPs, DOs and MDs so we won't have to stand in long lines with a number, as if at Baskin Robbins waiting for our number to be called and our scoop of ice cream.

Perhaps simpler is better. I'm a fan of the old Andy Griffith show. Once, Andy was trying to ingratiate himself with the lovely county nurse by trying to persuade the curmudgeon moon-shiner Rafe Hollister to take a tetanus shot. Rafe said, "I ain't never been to a doctor in my life. When I was born, I had my momma. When I die, I'll have the

undertaker. I don't see no sense in clutterin' up things in between."

Andy persisted trying to explain the technology of a thermometer to Rafe. The moonshiner turned philosopher, opined that he didn't need a thermometer to tell him when he was hot or even "dang hot." In the future perhaps we'll go to Wal-Mart when we're hot and to the hospital when we're dang hot, hopefully before we're dead.

Perhaps we've done too much for too long at too great an expense. The experts tell us that we Americans spend too much money on our healthcare. My question is, "Whose money is it, after all?"

Doctor Ferguson is accepting new patients. His office is next to Fort Sanders Hospital.

865-522-0326. Do you have a question for Dr. Ferguson? Please e-mail him at

fergusonj@knoxfocus.com.

appointments

call Keesha at

Haslam launches statewide 'Healthier Tennessee' Initiative



Governor Haslam announced the new Healthier Tennessee initiative in Market Square last Wednesday.

Newly created foundation to work with local communities to promote health and wellness

Last week, Gov. Bill Haslam announced the launch of "Healthier encourage Tennesseans to be more physically active, to eat nutritious foods in healthy portions, and not to use tobacco products.

"Tennessee is one of the best places there is to live, work and raise a family, but we also are one of the least healthy states in the nation," Haslam said. "Our citizens have high rates of behavior-related diseases such as hypertension and stroke, Type II diabetes, heart disease, and several

types of cancer."

"This initiative is bringing employers, healthcare Tennessee," an initiative to providers, health insurance companies, schools, and community organizations together in a coordinated way to encourage and promote healthier behaviors," he continued. "I believe that through this statewide effort, we can leverage health and wellness programs that are already happening in Tennessee communities, which will not only improve our quality of life but can reduce the cost of health care and the cost of doing

business in Tennessee."

Haslam also announced the creation of the Governor's Foundation for Health and Wellness, a non-profit corporation based in Nashville that will direct and lead the initiative over the long term. The governor introduced Rick Johnson as president and chief executive officer of the foundation.

Johnson, 61, most recently served as special assistant to the governor after being executive vice president of a healthcare provider in Knoxville, president of a management consulting firm, and a senior executive at two publicly owned corporations based in Tennessee.

"The governor's creation

and leadership of Healthier Tennessee and the fact that he has made health and wellness priorities are major steps to moving our state from among the least healthy to one of the healthiest places to live," Johnson said. "Our goal is for this campaign to become a movement, with renewed pride and positive attitudes that will lead to positive results."

The foundation has a board of directors including top executives from the private and public sectors including:

· William Gracey, Chief Executive Officer, Blue Cross Blue Shield of Tennessee

· R. Clayton McWhorter, Founder and Chairman,

Cont. on page 2

Prostate Cancer: Are You at Risk?



Featured Speaker Christopher Harris, M.D.

Men with prostate issues aren't always willing to seek medical attention. Learn how Tennova's new men's health program is making it easier than ever to find answers. Bring your wife, friend or significant other.

Monday, August 26, 2013 11:30 a.m. - 1:30 p.m. **Turkey Creek Medical Center**

Johnson Conference Center 10820 Parkside Drive

Lunch provided. Space is limited. Call 1-855-TENNOVA (836-6682) by August 23 to register.





PAGE D2 Faith

Construction Delays By Mark Brackney, Minister of the Arlington Church of Christ

On my first visit to a third world country, Ghana, I was amazed at the sight of so many building projects that lay abandoned. Re-rod and cement blocked walls half built littered the landside. There was construction site after construction site of a house or large building that was started, but never completed. What happened? It was likely due to a lack of funds or a change of plans.

God's people had been in exile under the Babylonians and then the Persians for seventy years. God rose up a pagan king, Cyrus, to return fifty thousand Jews to their homeland, some nine hundred miles away, and even gave them the needed resources to rebuild the temple. God is sending a clear message: "I will use whatever it takes, even a pagan king, to get my people back home and to rebuild a community and a place of worship where I can live with my people." True, God doesn't need a temple to live in. But the temple is an earthly place to remind us that God wants to be part of our story.

The holiest part of the temple was the Holy of Holies. Only the High Priest could enter this room that housed the Ark of the Covenant once a year, on the Day of Atonement. The priest would offer a blood sacrifice, and it was only through this sacrifice for sin that man could have access to God.

The temple, located in the middle of Jerusalem on the highest peak, was a vivid and constant reminder that God was getting the world ready for the entrance of His Son, Jesus Christ. But rebuilding the temple was not going to be easy. Whenever you try to do something big for God, there will be those who want to get in your way. Those intent on constructing the temple were being harassed daily for their efforts. Eventually, the construction workers stopped showing up to work. They focused on their own homes and lives. For sixteen years, the work on the temple was abandoned. The job site sat quiet as God

was put on hold.

When something is neglected for a period of time, it communicates loudly: "We don't care much about that." But their own homes were a different story. God rises up the prophet Haggai to ask them: "Is it a time for you yourselves to be living in your paneled houses, while this house remains a ruin?" (Haggai 1:4).

When our priorities become more important than God's, you can count on Him trying to get our attention. God loves us too much not to warn us and plead with us to return to Him, to get back on track with His priorities and not our own. Thankfully, due to great godly leadership, the work resumed on the temple and it was completed.

What projects of God have you abandoned? It might be time to recommit and repurpose what God wants done in your life and in His community. Bring to completion what was started for His glory.

Haslam launches statewide 'Healthier **Tennessee' Initiative**

Cont. from page 1

Clayton Associates

- · Perry Stuckey III, Senior Vice President/ Chief Human Resources Officer, Eastman Chemical Company
- · Judith Edge, Corporate Vice President of Human Resources, FedEx Corporation
- · Richard Johnson, President and Chief Executive Officer, The Governor's Foundation for Health and Wellness
- · William E. Carpenter, President and Chief Executive Officer, LifePoint Hospitals Jamie Woodson,
- President and Chief Executive Officer, State Collaborative on Reforming Education (S.C.O.R.E.) · Reginald Coopwood,
- MD, Chief Executive Officer, The Regional Medical Center at Memphis · Mark Cate, Chief of
- Staff, Governor's Office, State of Tennessee · Larry Martin, Interim Commissioner of Finance
- and Administration, State of Tennessee · Wright Pinson, MD, Chief Executive Officer, Vander-

bilt Health System The governor and Johnson were joined for the announcement held at the Market Square Farmers' Market by key stakeholders including representatives from the University of Tennessee Medical Center (UTMC), the YMCA and Community Health Council, Tennova, Scripps Networks, Clayton Homes, Radio Systems, Knox County schools, along with state legislators, Knoxville Mayor Madeline Rogero and Knox County

Mayor Tim Burchett. The Governor's Foundation for Health and Wellness represents a statewide coalition made up of major employers, hospital systems, health insurers, YMCAs, local governments, school systems, and several healthcarecivic organizations. The UTMC.

Healthier Tennessee initiative will encourage support of common goals; consistent measurement and reporting of results; and the use of proven, best-practice programs and tools in workplaces, schools, places of worship, and neighborhoods throughout the state.

"These efforts have to be locally owned and implemented, and that success won't happen overnight," Haslam said. "If ever the phrase 'this is a marathon, not a sprint' fits a situation, it sure does here - in more ways than one.

"We hope to see more and more people being physically active for at least 30 minutes five times a week, eating more fruits, vegetables, and whole grains and less sugar, salt, and processed foods, and to either never use or quit using tobacco products," the governor said. "We know from clinical research and real-world experience that there are effective ways to change behaviors and create healthy habits, and we believe programs and tools to do that have to be evidence-based, so we will be very focused on measuring results and reporting them regularly," he added. Healthier Tennessee will include a rewards-and-recognition program for participation and achievement, including awards from the governor, a certification program for schools, workplaces, communities, and faith-based organizations, and opportunities for competition

among them. The creation of the Governor's Foundation for Health and Wellness and the launch of the Healthier Tennessee initiative are results of the work started by the Governor's Health and Wellness Task Force that was appointed in 2011 and was chaired by Dr. Jack Lacev, senior vice president focused foundations and and chief medical officer of

Church Happenings

Beaver Ridge UMC

Beaver Ridge United Methodist Church, 7753 Oak Ridge Hwy. welcomes back Wednesday Night Dinners and Classes! Beginning Wednesday, August 21 dinner, drink and dessert will be served for \$5 for adults, \$3 for children, or \$16 for the entire family. Dinner will be served at 5:45. After dinner, adults can attend Prayer Group, Chancel Choir, or you can meet with Rebecca Young and learn how to make T-Shirt Quilts! (Call the church

you love your car.

office or see the list of supplies needed in the Sunday bulletin.) Youth can meet with the youth director, Lisa Howard, and children will enjoy fun activities with the children's coordinator, Kristin Stanley. A nursery is available for infants upon request. Please call for dinner reservations.

Beaver Ridge United Methodist is offering e-cycle pickup on Tuesday August 13. If you have computer items to recycle, please drop them off in the Education Building

Love your car payment as much as

on the tables by the windows. E-Cycle of Knoxville will be picking up all items on Tuesday August 13th. For more information visit their website at http://wwwecycle-today. com. The church office phone number is 690-1060, or visit www.beaverridgeumc.com.

Seymour United Methodist Church

Throughout August, anyone wishing to share their gift of special music (vocal, instrumental or both) at the 8:45 a.m.

service, should contact Gaile Todd, Music Direc-

The Wednesday evening weekly fellowship meals will resume next week on Wednesday, 8/21/13, beginning at 5:15 p.m.

Starting that same Wed. of 8/21/13, each Wednesday evening at 6:00 p.m., there will be small group study classes offered. A partial list of the classes to be available is shown in the August newsletter.

Come worship with us **New Beverly**

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Wednesday Evening Prayer For transportation call 546-0001.

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Wednesday Bible Study - 6:30 p.m.

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Welcoming Alan D. Haney, MD to Fountain City Family Physicians



Fountain City Family Physicians is pleased to welcome Dr. Alan Haney to their medical practice. Dr. Haney received his medical degree and completed his Family Medicine residency at the University of Tennessee.

He specializes in family medicine and cares for patients of all ages - from infants to geriatrics.

Dr. Haney and his wife Kristin are natives to Tennessee. When he is not seeing patients, his interests include attending church, woodworking and UT athletics. He especially enjoys spending time with his family.

Dr. Haney participates with most insurance plans and he is currently open to

new patients. Appointments can be made by calling (865) 687-1973.

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ANTIQUES & COLLECTIBLES

Are your old books valuable?

often about how much a book or a book collection is worth. The first thing to understand is that this is a very specialized field and can be as tricky as making a hole



By Carl Sloan

in one on the golf course. Surprisingly, age may not make much of a difference as a paperback printed in 1940 may be worth far more than a calfskin hardbound printed in 1750.

Books and manuscripts are simply beautiful and a pride to own so I am on the side that we should give them more love than we do. The effort that goes into producing an antique book is nothing short of enormous and comparable with the cost of, say, a laptop computer today. The wood pulp used to make paper was combined with old scraps of cotton fabric and then boiled and beaten into a mass that was made into what is called rag paper. This

type of paper can be found today to be as near white and perfect as it was two hundred years ago as the acid content is low and does not brown or deteriorate like normal paper. These books are a thing

of beauty and most times are collected for just that reason, not to read but to Still, many books have

good or great values so here is my guide for your consideration. Important factors in value include: if the book is a first edition, if it is autographed by the author and if it has its original paper jacket cover. Vintage paperbacks can be very valuable, especially romance pulps from the 1940s and 50s. Most of the time it is the artist's work on the cover depicting the sexy themes of the era that is sought after. Be careful here as some of these type of pulps can fetch hundreds, if not thousands, of dollars.

Most magazines only have a moderate value. Same for The Bible, which is still the most published book in the world.

The collectible literature field is so vast, I recommend my favorite website for a great tool to explore your books and collections. Go to Abe.com and search what you think that you have and you will find for sale values from high to low.

I own a 5th edition hardback 1960s print of "To Kill A Mockingbird" with jacket that I treasure and would fetch about a hundred dollars or more on the market today. I am available to help you

understand your items and values, no matter how high or low. I specialize in estate liquidations on a full time basis and am happy to give honest answers, no matter where or how you desire to sell. To reach me call Greg Lawson at (865)604-3468 and ask for Carl Sloan to get in touch with you. Informal appraisals are free. Have a great week!

House to Home

Ignore that Bully!



I could not be bullied-not in elementary school, junior high, or senior high school. Why? Because I ignored anyone who tried to bully me. There's nothing more that a bully hates than when you ignore him--or her. They crave attention and, if they don't get it from you, they latch on to someone else.

I had one boy who told me, "Your mother is a w----." I answered, "How do you know?" and walked away. I came from a poor family and didn't have up-to-date apparel and girls would ask, "Where did you get that outfit?" I didn't answer or I would say, "That outfit might have been yours at one time, before your Mom gave it to a thrift store." But, most of the time, I would walk away.

are less likely to be picked on if they walk and sit with awareness, calm, respect, and confidence. Projecting a positive attitude

means keeping one's head up, back straight, walking briskly, looking around, having a peaceful face and body, and moving away from people who might cause trouble." Well, that may be true, but, as everyone knows, especially children in school, one cannot always walk around looking peaceful or confident. There are problems at home to contend with perhaps, tests to study for, relationships to ponder--one cannot always walk around looking confident and peaceful. In that case, the best thing to do when bullied is walk away, look

I am amazed by the number of adults who are bullying in these days. Even nations can I looked up this subject bully other nations, in an

on Google and this is abstract way. Bullying can what I found: "People also become dangerous. When that happens, one should to go to counselors, or people in authority, anyone who can use the law to protect you. Adults are also bullied in the workplace, harassed, or sexually harassed which can lead to early retirements, a lot of sick days, poor work methods.

There are many books, organizations and other facilities to help one face a bully. "Llama, Llama, and the Bully Goat" by Anna Dewdney and "Bully Beans" by Julia Cook are two examples of good books for children who are being bullied. Are you bullied on the Internet? It's only a click away to make it disappear!

Thought for the day: Lord, when we are wrong, Make us willing to change. When we are right, Make us easy to live with. - Rev. Peter Marshall

Email rosemerrie@att. net or call 865-748-4717. Thank you.

The Weeds:

Joe Pye and Ironweed

Joe Pye Weed is a show-stopping native, producing large, puffy flowerheads in late summer. Joe Pye Weed

attracts large butterflies, often in large numbers. Large flower clusters that reach 18 inches across provide ample amounts of nectar for a large vari-By Mike Cruze, ety of butterflies. Master Gardener

Joe Pye Weed is at home in the back of borders or mixed in with

shrubs. They flower from July to September. The flowers are rosy to purply mauve in color. After flowering, bronze colored seed heads persist into winter. They are native to the Eastern United States, grow 4 to 6 feet tall, like moist soil conditions and will thrive in partshade to full sun.

Closely related, hardy ageratum is a spreading plant that grows to only 2 feet. Another relative, white snakeroot, reaches 4 to 5 feet tall. All are great for naturalistic or cottage plantings and for attracting butterflies.

Joe Pye Weed combines well with Miscanthus and Russian sage.

According to folklore, the name Joe-Pye Weed comes from an American Indian named Joe Pye. Joe Pye used this plant to cure fevers as well as to treat an outbreak of typhus during the colonial era. The entire plant can be used as an alternative medicine, with the roots being the strongest part. When the leaves of Joe-Pye Weed are crushed they emit an apple scent.

If dried and burned, the leaves have been know to repel flies. The dried root and flowers can be infused to creat a diuretic tea to relieve kidney and urinary problems. The tea is also used to induce sweating to break a

high fever. The flower has been used for treating rheumatism, gallstones and fluid retention.

Another so-called weed, Ironweed, is striking on a bright late summer day when its purple flowers glow. It, too, is a perennial, native to the Eastern United States that is also a magnet for butterflies.

It grows 2-10 feet tall, depending on variety and 2-3 feet wide, again depending on variety. It thrives in sun, is drought tolerant but also tolerates wet soil and is easy to grow. This plant is resistant to deer.

After blooming, the seed heads turn a rusty brown. Some say that the reason the plant is called ironweed is that the seed heads appear to be the color of rusted iron. Others suggest that the plant gets its name from its tough stems and long taproot. These plants are proficient self-seeders. If you want to prevent volunteers sprouting around your existing ironweed plants, it is a good idea to clip off the seed heads before the seeds fall to the ground.

Ironweed is truly a beauty that deserves to be a part of your home's landscape. They especially accent and complement the beauty of yellow flowers such as goldenrod and blackeyed Susan. The ironweed's purple flowers bloom in late August and on into November.

"What a desolate place would be a world without a flower! It would be a face without a smile, a feast without a welcome. Are not flowers the stars of the earth, and are not our stars the flowers of the heaven."--A.J. Balfour

"None can have a healthy love for flowers unless he loves the wild ones."--Forbes Watson









22 OZ.

BEANS



Central High School's Bobcat Blast 5K Race is a community event open to the public on Saturday, August 24. Pre-Race Registration and check-in begin at 7am, the Run / Walk starts at 8am. Early entry fees are \$20 for adults,

and under. After August 16, fees will be \$25 for adults and \$20 for youth. For information and online registration go to www. active.com/5k-race/knoxville-tn/2nd-annual-bobcat-blast-2013, or www. ktc.org events calendar.



Best-Ever Banana **Pudding**

One mouthful, and you're a kid again.

- 2 1/2 cups granulated sugar 1/2 cup all-purpose flour
- 1/8 tsp. salt
- 6 cups milk 6 egg yolks
- 2 tsp. vanilla extract
- 1 (12-oz.) package vanilla wafers 6 bananas
- 1 1/2 cups whipping cream 1/4 cup powdered sugar
- Garnish: banana chips
- 1. Combine first 3 ingredients in a large heavy saucepan. Whisk milk and egg yolks until blended; add to dry ingredients, whisking until smooth. Cook over medium heat, whisking constantly, 15 to 20 minutes or until thickened. Remove from heat; stir in vanilla.
- 2. Arrange one-third of vanilla wafers in bottom of a 4-qt. serving bowl. Slice 2 bananas; layer over wafers, and spoon one-third of custard over bananas. Repeat procedure
- 3. Beat whipping cream at medium speed with an electric mixer until foamy; gradually add powdered sugar to mixture, beating until soft peaks form. Spread over custard. Garnish, if desired. Serve immediately, or cover and chill 8 hours.

Individual Best-Ever Banana Puddings: Prepare recipe as directed in Step 1. Slice bananas. Layer half each of vanilla wafers, custard, and bananas among 14 (8-oz.) ramekins. Repeat layers. Proceed with recipe as

Knox County GOP Meetings this week

On Monday, August 12, the West Knox Republican Club will meet at Red Lobster on Kingston Pike. The speaker for the evening is Craig Leuthold, Knox County Trustee. The dinner portion begins at 6 p.m. and the meeting begins at 7 p.m.

On Tuesday, August 13, the Fountain City/North Knoxville Republican Club will meet at Louie's Restaurant, 4661 Old Broadway. Dinner begins at 6 p.m. with the meeting beginning at 7 p.m.

On Thursday, August 15, the Powell Republican Club will meet at Shoney's, 343 W Emory Road. Dinner begins at 6 p.m. and the meeting begins at 7 p.m.

On Thursday, August 15, the South Knoxville Republican Club will meet at the South Knox Optimist Club, 6135 Moore Rd. The speaker will be Congressman John Duncan, Jr. The meeting begins at 7 p.m.

For more information, please go to knoxgop.org.

Knoxville Region UT Chattanooga Alumni Chapter

Pack a lunch and join us for a day of food, games and great company with fellow MOCS. Friends and family welcome. Sunday, September 8th from 11 a.m. - 3 p.m. at the Cove at Concord Park. 11808 S. Northshore Drive 37922. For more information contact Natalie Mohr at npatter2@gmail.com or 865-470-3790 or visit our Facebook page at https://www. facebook.com/Knoxville. Mocs

Parkinson Support Group

PK Hope Is Alive Parkinson Support Group of East TN will meet Tuesday, August 20 in Oak Ridge at Kern United Methodist Church, 451 East Tenn. Ave., in the church Family Life Center from 11:30 - 1:30. This month's topic is "What's new with DBS?" presented by Dr.

Peter Hedera, Neurologist from Vanderbilt Hospital in Nashville. Ken Stone, Senior Therapy Consultant from Medtronic will accompany him. Ken Stone/ Medtronic will also provide a light lunch. We meet on the 3rd

Tuesday of the month and welcome you to be a part of our Self-Help Group! If you or a loved one has Parkinson's please come join us and we will learn together! For more information please contact: Karen Sampsell: 865-482-4867, or by e-mail: pk_hopeisalive@bellsouth.net. See us on the web: www.pkhopeisalive.org

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PUBLIC NOTICE

NOTICE OF SALE

Volunteers Portable Moving and Storage, hereby publishes notice, as required by Tennessee Self-Service Storage Facility Act (TN Stat. 66-31-101- 66-31-107) of a public sale of the property listed below to satisfy a landlords lien. All sales are for cash to the highest bidder and are considered final. Volunteers Portable Moving and Storage reserves the right to reject any bids, Auction is to Be located at: 10155 Gallows Point Drive Knoxville, TN 37931and will be held at 10:00 A.M. on Tuesday August 27, 2013 Bart Tyner138B52 Dabney, Helen38A110 Hill, Penny 106B110 Kinnebrew, Katoya8023B110 Reynolds, John215B110,8179B110 Contents include but not limited to:

NEIGHBORHOOD SALES

Household items, books, exercise

equipment, stereo equipment and

ESTATE SALE FRIDAYS & SATURDAYS THRU SEPTEMBER 110 MAMIE LANE PITTMAN FIELD ESTATES MAYNARDVILLE HWY

EMPLOYMENT

Seeking Experienced, Bonded, Live-in

Caregiver for wheelchair / walker confined female. Assistance necessary includes personal care, meal prep, light housekeeping & laundry. References required. 865-494-8236

HELP WANTED Need Experienced RN for Hospice and Palliative program knowledgeable about end-of-life-care. Strong leadership and self-starting skills. Responsibilities include: on-call and visits to patient homes and facilities. Competitive salary and benefits. Apply to P.O. Box 14520, Knoxville TN 37914 or on-line at www.smokyhhc.com.

FOR SALE

LOWE'S 12.5 HP, 38IN. CUT, RIDING LAWN MOWER, 7SPEED. \$375.688-3943

.....

DELL COMPUTER \$125 CALL JAMES 237-6993 OR DELL COMPUTERS COME WITH FLAT SCREEN MONITOR, KEYBOARD, MOUSE. WINDOWS XP & MICROSOFT WORD.

FOR SALE

DELL LAPTOPS FOR SALE \$150. INCLUDES WINDOWS 7, MICROSOFT OFFICE 7 & VIRUS PROTECTION. JAMES 237-6993

WINDOWS 7 DISK - \$20, MICROSOFT OFFICE 7 DISK \$20. CALL JAMES 237-6993

FOR SALE

Homegrown Garden Fresh Vegetables Collard, Turnip, Kale, Curly Mustard Greens, Okra & Sweet Potatoes Call 922-2720

REAL ESTATE **FOR RENT**

1200 SQFT 2BR/1BA HALLS TOWNHOUSE FOR RENT, H20 INCL. 865-207-1346

FOUNTAIN CITY N. KNOXVILLE 1 & 2 BDRM APARTMENTS, FROM \$375.+ WWW. KNOXAPARTMENTS.NET CALL TENANT'S CHOICESM (865) 637-9118

REAL ESTATE FOR RENT

FOR LEASE OR RENT in the Gibbs Community

on Tazewell Pike: Lower level of Gibbs Ruritan Building. 3,100 square feet with Heat and A/C

Available immediately. Contact Eddie Jones

789-4681

637 MARYVILLE PIKE, SOUTH KNOXVILLE LOG CABIN OFFICE - LARGE FRONT OFFICE **SPACE AND 2 BACK OFFICES** APPROX 850 SQ. FT. FENCED IN 130 X 130 LOT. CAN RENT SEPARATELY OR TOGETHER. **CHARLES SWANN** 865-300-7866

*** MOVE IN SPECIAL *** FOR THIS MONTH IS \$475 SOUTH KNOXVILLE / UT / DOWNTOWN AREA *2BR APTS*

865-573-1000

REAL ESTATE

FOR SALE

SEYMOUR: REMODELED HANDICAPPED ACCESSIBLE 4BR/3BA + APT. 3 + ACRES, GAR/WKSHP \$234,900.865-661-2010

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INFORMATION. 687-4537

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CERAMIC TILE INSTALLATION FLOORS, WALLS, REPAIRS 33 YEARS EXPERIENCE JOHN 938-3328

CHILD CARE

MARCIA'S O LEARNING CENTER 1411 Exeter Ave, Knoxville (865) 673-8223 Day Shift 7:30 am - 4:30 pm light Shift 4:30 pm - 12:30 an

CLEANING

Kimberclean: You can have a clean house for less than you think! 719-4357

ELECTRICIAN

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GUTTER CLEANING

GUTTER CLEANING, INSTALLATION OF 5 INCH AND REPAIR OF FASCIA BOARD 936-5907

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