



A father takes a stand

By Tasha Mahurin
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Just over three years ago, Kirk Smalley was a construction worker living in Perkins, Oklahoma. His wife, Laura, worked in the cafeteria at a local school. Things weren't perfect; they faced challenges common to any middle-class family living in rural America. But, life was good- that relatively quiet life was shattered when their 11-year-old son,

Ty, took his own life.

Smalley describes Ty as a big-hearted boy who always had a smile for everyone. He loved to hunt and help others. He was also small for his age and was bullied relentlessly at school. The Smalleys repeatedly reached out to school administration and filed complaints, however, the problem never ceased.

Eventually, Ty retaliated against the child who had

emotionally and psychologically tortured him for two years, and he was suspended for it. That afternoon, on May 17, 2010, Ty went home and shot himself in his parent's bedroom.

While in the midst of paralyzing grief and agonizing despair, Kirk Smalley knew something had to be done. Since that day, as leaders of the Oklahoma-based Stand for the Silent organization, Kirk, and wife,

Laura, have become internationally recognized anti-bullying activists- traveling to the furthest corners of the globe to spread their message.

"We're trying to keep another family from going through the nightmare that we live every day after we lost our baby to bullying," Kirk Smalley told *The Focus*.

Although he and Laura have been invited to

receptions that include Harvard and the White House, Smalley (dressed in jeans, cowboy boots, and baseball cap) maintains he is just a construction worker not a public speaker.

"I lost my job because I was constantly out speaking to kids, doing what I can to put an end to this epidemic," he said.

His message is real and raw, and, as is evident by a

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FOCUS Weekly Poll*

**Would you vote
for a candidate
that was
running as an
independent?**

YES	75.86%
NO	24.14%

Survey conducted
October 10, 2013.

* Focus Weekly Polls are conducted by an independent, professional polling company.

THOMAS LAUNCHES CAMPAIGN



PHOTO BY DAN ANDREWS.

Lt. Governor Ron Ramsey, Knox County Commission Candidate Bob Thomas, Tennessee State Senator Becky Massey, and Knox County Mayor Tim Burchett are pictured at Bob Thomas' campaign kick-off held last week at Powell Auction. Over 200 people attended the event which featured musical performances by Con Hunley and the Chillbillies. Guests were treated to fried bologna sandwiches, RC Cola, and Moon Pies, as Thomas officially launched his 2014 candidacy for an At-Large Knox County Commission seat.

Rural/Metro Fire Department names 36-year veteran Knox County Fire Chief

Gene Blaylock, a long-time firefighter who joined Rural/Metro Fire Department when it began its Knox County operations in 1977, has been named Knox County Fire Chief.

Blaylock started his career as a firefighter at Station 26 on Strawberry Plains Pike and rose to the rank of assistant fire chief. Over the course of his 36-year career, the veteran has served at five stations and received numerous promotions, culminating in his recent advancement to fire chief. The position opened when Jerry Harnish was named Rural/Metro of Tennessee Regional Manager on an interim basis last week, a title that is now permanent.

"Chief Blaylock is part of the fabric here at Rural/Metro," Harnish said. "He's been here since operations began, and he is a proven leader. I have full confidence that Gene will continue to provide excellent fire protection coverage to our Rural/Metro Fire Department subscribers in the county."

In his new role, Blaylock will be responsible for protecting 216,500 residents and operating 15 fire stations in Knox County, 12 of which house paramedic engine companies. He also will oversee strategic planning for the department; disaster planning and response; budget; and oversight of the chief officers.

"When I was a college student, I took a job with Rural/Metro because it gave me time to continue going to school," Blaylock said. "I liked firefighting so much, I decided to pursue it as a full-time career."

Blaylock later returned

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Unmasking a Blue Law

By Mike Steely
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Your children are getting excited about the approach of Halloween and you're going to accompany them in the neighborhoods you know are safe, or take them to the mall for the "Trick or Treat" event. You're thinking "I'd like to wear a costume and mask too."

Your plans to dress up as the Wicked Witch of the West or The Mummy brings a question from a friend about wearing a mask in public in Knoxville.

"Isn't it against the law?" they ask. "Didn't a guy in a Spider Man costume get arrested on Market Square a couple months ago because of some old law against wearing masks?"

So you face a decision, to wear or not to wear.

The August citation against a street performer prompted the city to look at the "blue" law, one originally enacted to prohibit criminals and the Ku Klux Klan from wearing hoods and masks, and to prohibit the wearing of masks in private property unless invited to do so. But a straight reading of the law could be understood to also prohibit wearing masks even on Halloween or any other occasion.

A "Blue Law" was originally used to refer to laws passed against business and commerce from being done on Sundays. The "blue" was a term used to denote purity or prudence and has come to mean any law that is outdated but still on the books.

So, in their September 17th meeting the City Council began looking at the Mask law and

William Lyons, Chief Policy Officer and Deputy to the Mayor, reported the old law was so restrictive that it could prohibit Halloween costumes or street performers from wearing masks. He reported that a Tennessee code already prohibits people from wearing a mask or disguise with the "intent to prevent others from the free exercise and enjoyment of any right or privilege."

After some discussion, on a motion by Finbarr Saunders, the motion to repeal the old law was passed unanimously. The new Knoxville Mask Law reflects the similar state law, forbidding a mask or hood from being worn to threaten or harass or conceal an identity during a criminal act. The Council finalized the reading in their October 1st meeting.

So, don that costume and wear



PHOTO BY DAN ANDREWS.

Justin Webb, who performs as Spiderman on Market Square, spoke against the previous City mask law at the Knoxville City Council August 20 meeting.

that mask. Just don't go to Trick or Treat dressed as a Klan member or terrorist. It might be helpful to remember to remove your mask if you're going into a convenience store, bank or most businesses.

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Focus on the Law Domestic Violence

October is National Domestic Violence Awareness Month. Domestic violence is a pattern of controlling behavior aimed at gaining power in order to control an intimate partner. "It is not just about hitting and punching. It is a pattern of assaultive and coercive behavior, including psychological, sexual and physical abuse. The syndrome of dominance and control by the perpetrator leading to entrapment of the victim is also known as the 'battering syndrome.'" Tennessee District Attorneys General Conference- Domestic Violence <http://www.tndagc.org/dv.htm>.

Nearly a quarter of women in the United States will be abused at some time in their lives. It is conservatively estimated that between two and four million women are battered each year in the United States. Nineteen to thirty percent of women coming into medical emergency



By Sharon Frankenberg,
Attorney at Law

departments with physical injuries are battered. There are two thousand deaths each year from domestic violence.

The Tennessee criminal statute on domestic violence (T.C.A. §39-13-111) is defined as committing one of the following against a family or household member:

- intentionally, knowingly, or recklessly causing bodily injury to the victim, or
- intentionally, knowingly, or recklessly causing the victim to reasonably fear imminent bodily injury, or
- intentionally or knowingly causing physical contact that a reasonable person would regard as extremely offensive or provocative.

Other offenses between intimate partners or family members may be classified

as domestic violence. These offenses include Homicide, Attempted Homicide, Rape, Kidnapping, Aggravated Assault, Harassment, Stalking, Protective Order Violations, Vandalism, Theft and Cruelty to Animals.

A victim of domestic violence should report the situation to law enforcement immediately. If it is an emergency, the victim should call 911. If it is not an emergency, the victim should call local police and make a report. The District Attorney General's Office is responsible for bringing criminal charges and prosecuting domestic violence cases.

If you are a victim of domestic violence you may also seek an Order of Protection. To obtain an Order of Protection you (1) must be eighteen years or older or a fully emancipated minor; and (2) are being physically abused by a present or former adult family or household member, or (3) have been verbally threatened with abuse; or (4) your personal property has been destroyed in the

course of threats or abuse. You need not have been married to the abuser but he must be presently or formerly related by blood or marriage to you or be someone who has lived in your household.

You do not have to have a lawyer to get an Order of Protection but a petition for an Ex parte Order of Protection must be filed with the court in your county. You must go to the courthouse and tell the court clerk that you need to obtain a protective order and fill out a form describing the abuse. You must tell when, where and what happened. When your papers have been filled out, you will find out when you can see a judge about issuing the Order of Protection.

Knox County has a very organized program through Fourth Circuit Court to help victims of domestic abuse. Next week, I will go into more depth about that program and the help that is available to victims of domestic abuse.

FOCUS Weekly Poll

Would you vote for a candidate that was running as an independent?

Yes 75.86%
No 24.14%



By Age	Yes	No	Total
18-29	100.00%	[None]	3
30-49	76.74%	23.26%	43
50-65	81.08%	18.92%	111
65+	71.60%	28.40%	162
Total	75.86% (242)	24.14% (77)	319

By District	Yes	No	Total
1	76.47%	23.53%	17
2	65.96%	34.04%	47
3	77.42%	22.58%	31
4	95.65%	4.35%	46
5	79.31%	20.69%	29
6	72.09%	27.91%	43
7	76.47%	23.53%	34
8	79.31%	20.69%	29
9	62.79%	37.21%	43
Total	75.86% (242)	24.14% (77)	319

By Gender	Yes	No	Total
Unknown	66.67%	33.33%	9
Female	77.51%	22.49%	169
Male	74.47%	25.53%	141
Total	75.86% (242)	24.14% (77)	319

Survey conducted October 10, 2013.

Nostalgia

The same thing happens every year, just about this time. I'm driving home in the dark, the air is crisp, my car window is rolled down, and some long forgotten song plays on the radio.

A song that reminds me of my misspent youth. Or a song that reminds me of my even more misspent young adulthood. Brilliant chunks of memory come rushing back to me and my mind begins to drift.

For those twenty or thirty minutes, I'm young again. It is then, that I become nostalgic for all the things that remind me of my teenage



By Joey McKinley

years. I drag out boxes of "stuff." I love "stuff." Always have. There are dozens of shoe boxes, wine crates, cigar boxes, cardboard jewelry boxes.

Well, you get the idea. They hold the secrets to my personal history. All the things that made me laugh, that broke my heart, that changed my life. Just so many memories, and you can believe if it has moved me, I have kept it.

I must admit I'm addicted to ephemera. Per Wikipedia; Ephemera is any transitory written or printed

matter not meant to be retained or preserved.

I'm not entirely sure why I still have a score sheet from a card game I played ten years ago, except that it was a good night. One I wanted to remember. I'm like that. Turns out I'm not the only one. If you type ephemera into eBay right now, you will get just under 70,000 hits! With items ranging from a 1949 essay written by Norman Mailer to a 1908 photo postcard of a Red Sox versus Tigers baseball game.

Just this past July a set of 200 letters written by Stephen B. Elkins, from October of 1875 to May

1878 sold for \$3,193.62. Elkins had been an American industrialist, a Senator, served as Secretary of War, and served in Congress. His letters ranged from addressing President Grant, to an 8 page handwritten letter to the editor of the New York Daily Sun Times, defending himself for the murder of Reverend Franklin James Tolby.

I think that is why I love this store, that we have opened, so very much. I love that people walk in, and are taken to a sweeter time in their lives. I enjoy hearing about nights spent at a table exactly like the one sitting in the booth of Pam Adkins, or how the owls in

Chase Underwood's booth reminds a friend of her grandmother's owl collection. It thrills me that families want to plan their holiday meals around a table that was built by Christine

and Bud Mallahan, and they want to decorate their front door with Autumn wreaths by Shelia Cinnamon. I dare not forget.

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A father takes a stand

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speaking itinerary booked through 2015, it resonates with his audience. The caveat is profound and simple- "this has to stop"-and it comes straight from the broken heart of an impassioned father.

Although to date, the Smalleys have visited over 752 schools and spoken to more than 760,000 kids, they do not charge speaking fees. Donations range from gas money to a couple thousand dollars.

"We try to get local Stand for the Silent Chapters started in the schools and communities we're invited to visit," he explained. "Laura and I are here to do what

we can to help in any way we can."

The Smalleys were in Knoxville last week to do just that. To date there are over 475 chapters of the organization spread across the globe.

Traveling with the Smalley's to Knoxville last week was aspiring singer-song writer Morgan Frazier who wrote a song entitled "Hey Bully." For Morgan, the issue is deeply personal.

"When I was in middle school, I had warts all over my face," the strikingly beautiful, 20 year-old told *The Focus*. "I was picked on constantly. There were three girls who made my life so miserable that my mom took me out of school."

Frazier sat down years later with a group of girlfriends, and one by one they began to tell their stories.

"We cried, we shared, and then we sat down and wrote this song," she explained.

Frazier reached out to the Smalleys and the Stand for the Silent organization and now travels and performs with them. She, along with the Smalleys, is committed to ending bullying and the nightmare it is for thousands of children universally.

"It's past time for this to stop," Kirk Smalley finished.

For more information visit www.standforthesilent.org. "Hey Bully" is available for download on iTunes.



Kirk and Laura Smalley.

Early Education Provides Mold for Outstanding Life (Part V):

The blessings begin

In Memphis, Carol and Perry McGinnis had each other and a dream. They had little else—not even a car! Perry rode Memphis city buses to school; Carol rode them to work. But over time, things changed.

It was July of 1959 and the last school quarter before graduation in September. Perry's dental class had played a softball game the night before, and Carol was in the stands watching. "It was 2:00 a.m. the following morning when she awakened me with her news that labor had



By **Ralphine Major**
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begun," Perry said. By then, the young family finally had a car. They loaded Carol's things in it and headed to the hospital, making a quick stop for gas on the way. Barron, their first son,

was born at 6:30 a.m. Their precious baby thrived for two or three weeks. "We had brought Barron home to Knoxville at a few weeks of age to show him off to the grandparents," Perry said. "As we were preparing to drive back to Memphis, Carol recalls sitting in a rocker at my mother and dad's feeding Barron when

he experienced his first 'projectile' vomiting that went several feet behind them onto the wall. By the time we arrived back in Memphis, he had been able to keep very little, if any, milk down." Doctors could not immediately diagnose the problem, and little Barron continued to be dehydrated and lose weight.

"Carol got out Dr. Spock's book and made her diagnosis of pyloric stenosis, but the doctors couldn't confirm what she believed to be the problem," the future dentist said. At six weeks of age, the baby's condition worsened. The doctors ordered a second round of x-rays. "We were in the room during those x-rays,

and the doctors had Carol trying to feed Barron during the procedure so as to allow them to better see what was happening. She wore a heavy lead apron which, for her small size, dragged the floor and weighted her down so that she could hardly move," Perry added. This time, when the pediatrician palpated the baby's stomach his diagnosis was—pyloric stenosis. The first-time mother was right. It sounded like something serious facing the young family—and it was.

"This was a congenital condition most often found in the first born male in a family whereby the initial portion of the small intestine developed

a ring of excessive muscle. This enlarged and spastic muscle prevented food from passing from the stomach," Perry explained. I can only imagine how terrifying it was to have this illness attack one so small. "Surgery for the little guy was successful and we finally were able to relax after several days of fear for our son's survival," he shared.

Though far from their home near Knoxville, they were fortunate to have family nearby. "Carroll McGinnis (Perry's cousin) and his wife, Reba, were in Memphis at the time. Carol and Carroll always joked about the 'other' Carol/Carroll," Perry said. "Carroll



Carol and Perry McGinnis with Barron a few days after they brought him home from his successful abdominal surgery.

was in medical school at the University of Tennessee, and Reba was gracious to help us watch after Barron. Dr. Carroll McGinnis practiced medicine for many years in Knoxville and St. Mary's, and he and Reba are now retired."

September brought more significant events to the McGinnis family. (In the following weeks, the blessings continue in Memphis for the young family of three.)



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FOCUS MORE ON Seymour & South Knox

Busy Summer Leads to Even Busier Fall

Summer is generally the season when most students enjoy time off from school activities, but it wasn't the case for many Seymour High School choral students. This past summer, Matt Gainey, Lydia Ogle, and Hannah Williams auditioned for and were accepted into the prestigious Tennessee Governor's School for the Arts. While in attendance for six weeks, these Seymour choral students earned college credit and had a chance to hone their artistic talents. Equally busy were David McConnell and Ty Nease who were accepted into the Tennessee Ambassador's Choir. Both students traveled with other Tennessee choral students to Italy, England, France, Germany, Switzerland, and Lithuania. While in these countries, they had the opportunity to perform with other choral students in some of the oldest cathedrals in the world to sold-out audiences.

Once the summer break was over for SHS Choral students, things only got busier. They began the 2nd week of school with a concert for the Seymour Rotary Club. This was followed the next week by a concert for the Tennessee Organization of School Superintendents at their recent banquet. In attendance at the banquet was Governor Bill Haslam. After the banquet, Governor Haslam left a crowd of people waiting to shake his hand so that he could join the choir on the concert stage. While talking to the choir, Governor Haslam said that his children sang in the high school choir and that he knew a great choir when he heard one. He said, "This is a great choir! What a pleasure to hear them sing! I'm very impressed with their work."

As word has continued to spread regarding the excellence of the SHS Choir, they have been in constant demand to sing for various local events. They were invited to sing at the recent Be Strong Hold On 5K race that raised money for area first responders and have also been invited to sing at the Toys for Tots fundraiser, Carson-Newman College Winter Concert, Seymour United Methodist Church, Greystone



2013 SHS All-East Students.

Presbyterian Church, and to perform the "Star Spangled Banner" for an Ice Bears hockey game. In addition, Smoky Mountain Opry has put together a video of the choir singing Handel's "Hallelujah Chorus" from Messiah that will be featured in their upcoming production slated to open Nov. 1.

Seymour choral students Devin Absher, Lenne Brakebill, Anthony Douglas, Ashley Feulner, Blakely Graham, Austin Grizzle, Lexxi Hodges, Stephanie Horton, Meghan Mayes, Ty Nease, Cheyenne Nieman, Lydia Ogle, Joe Scott, Nate Watson and Hannah Williams also added to the list of achievements of the choral department by having the 2nd highest number of students from

among 54 competing East Tennessee high schools to make the Tennessee All-East Choir. Seniors Matt Gainey, Eli Heaton, and Stephen Quilliams will serve as alternates.

Upcoming performances for the SHS Choir include the Seymour's Got Talent Contest on Monday, Oct. 21 at 7:00, the annual Veterans Day Concert Nov. 7 at 1:30 and 7:00, Nov. 8 at 1:30, and Nov. 9 at 7:00, and the Winter Concert on Friday, Dec. 13 at 7:00. For more information regarding these productions, please see the Seymour High School website or contact the school at 577-7040.



Gene Blaylock

Rural/Metro Fire Department names 36-year veteran Knox County Fire Chief

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to his studies at UT-Knoxville and earned a degree in business management, a decision he describes as a good one.

"My education has been a big asset, especially in the later years of my career when I've taken on more of an administrative role," said Blaylock, who has numerous firefighter certifications and also is a hazardous materials specialist.

Moving into his new role as fire chief, Blaylock looks forward to working closely with the Emergency Medical Services division.

"Approximately 70 percent of our calls are medical, so cooperation with the EMS side is very important," said Blaylock. "I have been working as a firefighter for a long time. I just want to continue working with all the men and women on the street to keep providing the quality fire service that we've provided for many years."

The Crossville, Tenn., native moved to Knoxville as a child and was a member of the first freshman class at the old Doyle High School. He and his wife, Debra, currently live in South Knox County. Their son, Logan, is also a firefighter with Rural/Metro and works at Station 16 in Bluegrass.

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First Watch to open October 21 in Turkey Creek

By Tasha Mahurin
Tasha@knoxfocus.com

The award-winning breakfast, brunch and lunch restaurant, First Watch, will open the doors on October 21 to its first Knoxville location in Turkey Creek. The new 3,853-square-foot restaurant will be located near the Publix Super Market on Parkside Drive, and will feature a 900 square foot, outdoor patio.

First Watch fans are fanatical about the brand,

which has received more than 200 “Best Of” accolades in markets across the country. That is just one of the reasons Nadim Jubran, one of the owners of Capstone Concepts, LLC, who owns the restaurant, selected the franchise.

“We’re incredibly excited about opening the First Watch in Turkey Creek. This is an outstanding brand with terrific food. The reaction from people who have eaten at one is always the same: they can’t wait to get

back,” James Geib, COO of Capstone Concepts, told *The Focus*.

The restaurant features traditional favorites including pancakes, omelets, salads and sandwiches, as well as signature specialties such as the Chickichanga®, Healthy Turkey Omelet™ and Fresh Fruit Crepes. In addition to serving unique and fresh entrées, First Watch also offers its exclusive Sunrise Select® Premium Blend Coffee. The special

blend is made from slow-roasted, hand-selected, high-grown Panamanian, Colombian and Mexican coffee beans.

Knoxville-based Capstone Concepts, LLC also owns the Mr. Gattis restaurants located in Bearden, Halls, and Maryville. The company has plans to open multiple First Watch restaurants in Knoxville, Tri-Cities, Chattanooga, and Asheville.

“With a proven operator

like Capstone Concepts, we expect First Watch to become the breakfast, brunch and lunch destination for families across the Knoxville area,” said Kevin Hall, vice president of franchising for First Watch, when plans for the restaurant were announced in June. “Knoxville is a natural fit for our dining concept, especially given our presence in Nashville and Atlanta, and we couldn’t be more excited to have a partner like Capstone

leading the way.”

First Watch serves its entire menu seven days a week from 7 a.m. until 2:30 p.m. The restaurant also offers guests complimentary newspapers and free Wi-Fi Internet access.

“We look forward to opening this restaurant and are already working on locations in Bearden and Halls for additional First Watches. Come find out for yourself just how good it is,” Geib added.

Greenhouse Cistern dedicated at Halls High School



Roy A. Arthur, Knox County Watershed Coordinator of Knox County Stormwater Management was on hand last Tuesday to dedicate Halls High School’s new cistern.

By Tasha Mahurin
Tasha@knoxfocus.com

Knox County Mayor Tim Burchett and Dr. Jim McIntyre, Superintendent of Knox County Schools, joined members of the Halls Outdoor Classroom Committee to dedicate a new greenhouse cistern at Halls High School last week.

“The new greenhouse cistern is an exciting project for agriculture students at Halls High School,” said Knox County Mayor Tim Burchett.

As the final project funded by a TN Department of Agriculture grant, the Beaver Creek Task

Force installed the 1,500 gallon state-of-the-art cistern in the greenhouse located on the campus of Halls High School. Formed in 1998, the Beaver Creek Task Force was founded to address the impacts of urbanization on the Beaver Creek Watershed- which includes the Gibbs and Karns communities. Halls High, which also lies along the watershed, has long advocated support for conservation and public education as it pertains to the endangered area.

“It will be used as a learning tool for the outdoor classroom, and would not have been

possible without the hard work of the Beaver Creek Task Force and Adopt-A-Watershed program, a partnership between Knox County Stormwater Management and Knox County Schools,” Burchett added.

Developed by Rainwater Resources of Knoxville, the cistern will capture 34,000 gallons of rainwater a year for greenhouse irrigation and will be used as a learning tool at the school’s 3.3 acre outdoor classroom. Designed to capture and use rainwater from a greenhouse roof, the system supports scientific horticultural investigations

by the schools agricultural studies program. Among other things, students will get to study plant growth using rain water versus treated municipal water. Students are currently using the water to help grow sweet banana peppers and habanero peppers.

The Adopt-a-Watershed program is a Knox County Schools program funded by Knox County Stormwater Management. It is in its 18th year, and has served 125,000 students in various Knox County middle and high schools.

Tennessee Archive of Moving Image and Sound is donated to the Knox County Public Library

Knox County Public Library has announced the donation of the Tennessee Archive of Moving Image and Sound (TAMIS) to its Calvin M. McClung Historical Collection. This gift helps ensure the continued preservation of East Tennessee history through regional film, video, local television, and recorded sound material. The collection was donated to the Library by TAMIS co-founders, Bradley Reeves and Louisa Trott. Reeves has joined the Library staff as curator and manager of the audiovisual archives.

“The donation of the TAMIS collection to the Knox County Public Library’s McClung Collection is great news. Knoxville has a unique and interesting history, and much of it was captured on film or audio,” said Knox County Mayor Tim Burchett. “I would like to personally thank Bradley Reeves and Louisa Trott for donating this historic collection to the Library so children and families can enjoy it for years to come.”

“We are extremely pleased to welcome Bradley Reeves and his valuable collection into the Library,” commented Steve Cotham, Manager of the McClung Historical Collection. “His work in preserving historic news footage, home

Continue on page 2

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A shameful mess

Okay, let's try to sort things out. The House of Representatives Republicans don't like Obamacare. They want to defund it, delay it, or do any-



By Joe Rector
joerector@comcast.net

thing else to stop its implementation. So, they refuse to fund the budget with a continuing resolution unless provisions to kill the law are included. Democrats in the Senate refuse to act on any bills sent to them by the House. The president refuses to budge since he declares that the Affordable Care Act is law that has been passed and declared okay by the U.S. Supreme Court.

What's now left is a "mell of a hess!" Like most Americans, I'm tired

of the endless drama that plays in our nation's governmental halls. Right now, national parks are closed. Folks who've traveled to the

tal to soak in some of the great history of the country are turned away at the gates. I think of the impact on children not being allowed to walk up to the Lincoln Monument or on veterans not being allowed to pay tribute to their fallen brethren at the World War II Memorial or the Vietnam Wall.

Millions of folks are seeing the impact of this shutdown on their lives. Furloughs for government workers and layoffs in the private sector hit as the wheels of production

come to a screeching halt. Families of fallen soldiers are left waiting for death benefits that the government won't pay. People still have house payments or rent due, and they still have to provide food for families. The worry about meeting bills is once again present, just as it was in 2008 when the bottom fell out of the economy. Isn't it ironic that the very ones who have caused this debacle are receiving their paychecks?

Some representatives are playing a game of chicken about the national debt. Let's be clear: the issue in question deals with debts that have already been incurred. Our country simply cannot renege on its bills. If we default, the effects won't ripple through the world economy; they will

crash through it. Sure, the budget needs a serious perusal to find waste that should be cut. However, what folks must be willing to do is give up some of the services that our government provides if the cuts are to be made. That's what makes all of us hedge because we don't want to lose anything.

I'm thinking that most Americans are just about over partisan politics that paralyze the country. We'll continue to have two parties because not everyone has the same take on what is best for our country and its citizens. What the overwhelming majority of people are sick and disgusted with are those individuals who are more interested in ideology than country. That comes from both the far right and the far left. The

fringe groups should not be dictating the course of our country.

Democracy is built upon the basis of "majority rule." At present, a small minority is running the show, and they are doing one poor job of it. Extremism, whether it comes from terrorists from abroad or from citizens of the U.S., never has in mind what is best for the whole. It works at tearing apart the fabric of a great country and reduces it to a malfunctioning machine.

America needs elected officials who are leaders, not destroyers. We are ready for those we choose to work to make this country better, not to cripple it. An old saying might put it best: "Lead, follow, or get out of the way!" That's sound advice for all politicians. The

time has come for them to find ways to fix things, and yes, that means compromising and, above all, using God-given common sense.

Pictures of several national buildings show them encased in scaffolding. The Washington Monument and the Supreme Court Building are under repair. Perhaps we need to rustle up every member of Congress and the executive branch and do a bit of renovation on them. Either these individuals begin to perform the jobs for which they were elected, or they can be replaced with others who hold the country's interests above their own.

TAMIS donated to Library

Cont. from page 1

movies and early television programs as well as early musical recordings provides a clear and solid window into life in East Tennessee from the beginning of the 20th century. This is a unique collection that will be available to everyone from documentary filmmakers and students to genealogists and local history buffs."

The collection, dating back to 1915, currently contains more than 5,000

reels and videotapes of home movies, documentaries, advertisements, industrial and training films, commercial films, television programming, and newsreels, all with local or regional connections. Its audio collection includes vintage radio programming, sound recordings, and oral histories and field recordings from the region, which date back to the 1930's.

Some of the iconic programming preserved

by TAMIS includes the early television shows of Cas Walker, 1982 World's Fair footage, and the Jim Thompson's home movies of 1915 of the Great Smoky Mountains, which helped spawn the local national park movement. TAMIS recently

TAMIS contains clips of the Cas Walker show, early recordings of a young Dolly Parton, newsreels, home movies, and local television commercials dating back to 1915

unearthed early demo recordings by a young Dolly Parton.

"Having the support of the public library is a tremendous boost to the continued success in growing this wonderful collection," noted Reeves. "I can now

focus on developing and preserving our collection, which is one of the best of its kind in the country. We are leading the way in managing and offering audiovisual collections to preserve our heritage."


An exhibit showcasing the first twenty years of local television is scheduled to open at the Museum of East Tennessee History on November 2 with a grand opening celebration scheduled for November 1 at the East Tennessee

History Center, 601. S. Gay Street. The exhibit draws heavily from TAMIS and will include clips of early Jim Clayton and Cas Walker shows, advertisements and other iconic imagery.

To access TAMIS resources, patrons are asked to make an appointment by calling (865) 215-8801 or emailing breeves@knoxlib.org. A sample of video clips can be viewed at www.knoxlib.org/TAMIS.

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Horace Maynard

Pages from the Political Past



By Ray Hill
rayhill865@gmail.com

There are quite a few things named for Horace Maynard in our community, not the least of which is Maynardville. Yet, few people seem to recall Horace Maynard, who was one of the masters of Tennessee's rough and tumble politics before and after the Civil War.

Horace Maynard was, at one time or the other, a successful politician, diplomat, lawyer, educator and briefly, jurist.

Maynard was not a native Tennessean, having been born in Westborough, Massachusetts August 30, 1814. Maynard entered prestigious Amherst College and promptly displayed his sense of purpose as well as ambition when he put a large "V" above the door to his rooms. Nobody seemed to know exactly what the "V" meant and Maynard wasn't telling, until he became the class valedictorian. Just after graduating from Amherst, Maynard relocated to Knoxville, as he had accepted an offer to teach at East Tennessee College (which eventually became the University of Tennessee). Initially, Professor Maynard taught students at East Tennessee College's preparatory program, which was essentially a high school class. Maynard soon won a promotion and began teaching college courses, specializing in ancient languages as well as mathematics.

The Massachusetts-born Maynard was not impressed with Knoxville. He considered it unrefined and anything but progressive. Horace Maynard considered leaving Knoxville, but after passing the Bar in 1844, he became quite successful in arguing cases in local courts and his dissatisfaction with Knoxville abated.

According to contemporaries who knew Horace Maynard at the time he began practicing law, Maynard did not have the sort of personality one would ordinarily associate with success in politics. Evidently Maynard could be quite short with people and was not a particularly genial sort of fellow. Horace Maynard regularly employed a well developed sense of sarcasm in dealing with his opponents in the courtroom and some described his personality as "pungent". Despite his abrupt manner, Maynard

won the respect of his colleagues, especially for being forthright. Even those who admitted they didn't especially like Maynard claim to have voted for him because of his intellect and ability.

Maynard's first bid for Congress was in 1853 when he challenged William Montgomery Churchwell, who was a native of East Tennessee, as well as a much-admired attorney and judge. Churchwell had first been elected to Congress in 1851 as a Democrat. Horace Maynard was thrashed by local newspapers who kept up a drumbeat of opposition to his candidacy. Churchwell must have been an exceptionally able young man, as he was first elected to Congress when only twenty-five years old. Churchwell is also the last Democrat to be elected to Congress from Tennessee's Second District.

Maynard resumed his law practice and waited until 1857 when he again ran for Congress. William M. Churchwell's successor in Congress was William Henry Sneed. Sneed had been a Whig, but with the Whig Party having deteriorated to nothing, he ran and was elected on the American Party ticket. Sneed refused to seek a second term, opening the door for Horace Maynard to run again.

This time Maynard had the support of the Knoxville Whig, which was the newspaper of William G. "Parson" Brownlow. Maynard won and was reelected two years later as a member of the "Opposition" Party. Maynard's popularity inside his own district was increasing and he won nearly 70% of the vote in his first reelection campaign. Congressman Maynard won a third term in 1861 on the "Unionist" Party ticket. Maynard had won three elections with a different political affiliation each time.

Interestingly, while Horace Maynard was deeply opposed to secession, he was a slave owner. His father was an abolitionist and Maynard, despite his loyalty to the Union, was not above defending the practice of slavery. As Tennessee began to come apart at the seams during the raging debate on secession, Horace Maynard labored hard to keep Tennessee in the Union. Maynard spoke all across East Tennessee on behalf of the Union and against secession.

Maynard was in Washington, D. C. when Confederate forces occupied much of East Tennessee. Congressman Maynard begged President Lincoln to send Union troops to take East Tennessee back from the Confederates. Andrew Johnson, a Democrat, was also a strong Unionist and he and Congressman

Maynard kept up the pressure although it was two years before Union troops entered Knoxville. Like many others in his situation, Horace Maynard's property was confiscated by the Confederates and he was unable to return to his home in Knoxville.

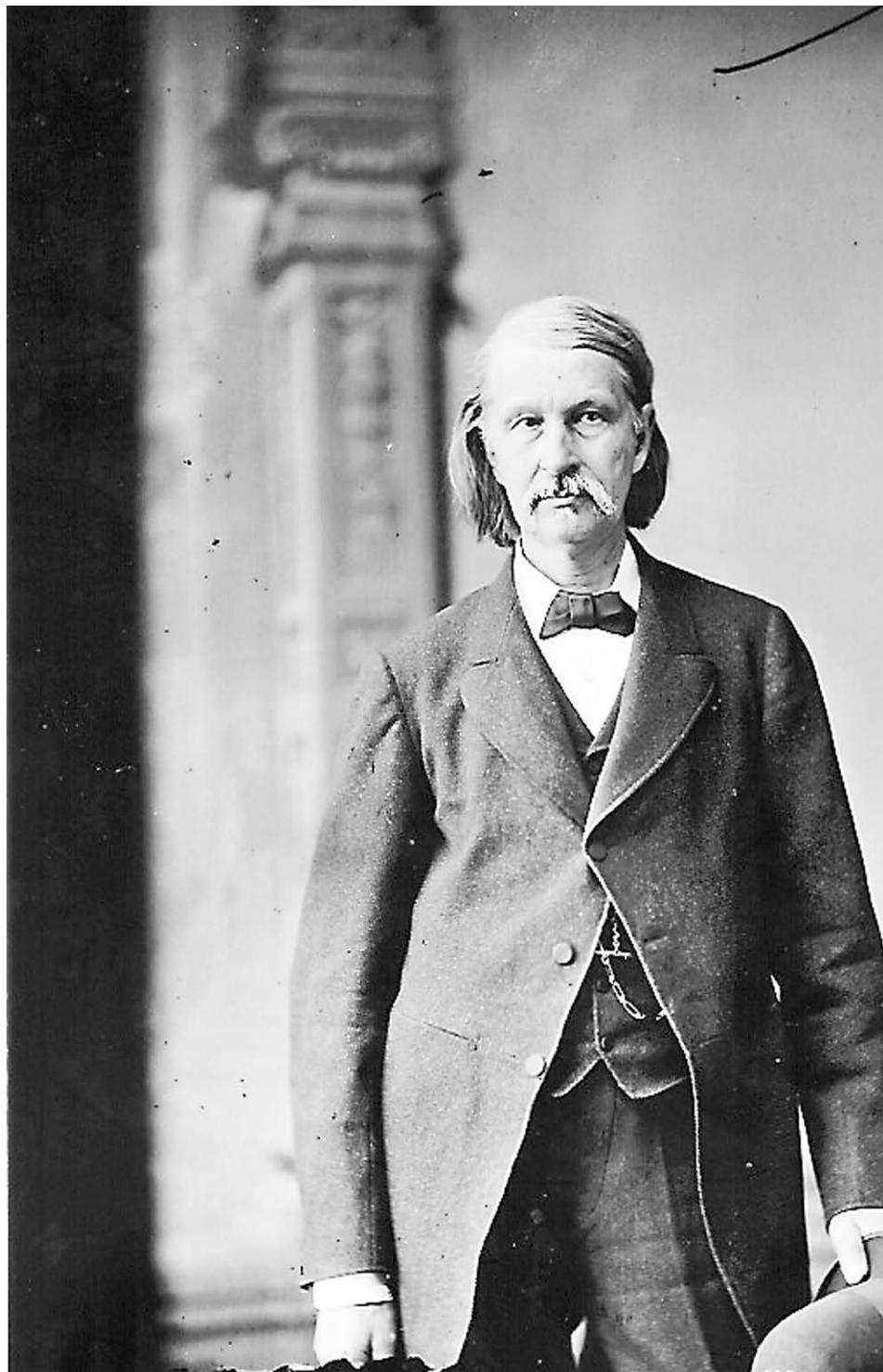
Historian Natalie Sweet noted some correspondence to President Lincoln from Congressman Maynard outlining the plight of the people of East Tennessee. In 1862, Maynard wrote President Lincoln from Massachusetts, "Having provided for the freedom of the slaves, can you not, I beg you, in God's name, do something for the freedom of the white people of East Tennessee?"

Maynard's wife Laura also wrote to Lincoln, wondering "...perhaps you have a son --- I have one in that little army at Cumberland Gap & many another mother's son is there --- Shall they be saved?"

Horace Maynard was finally able to come home and to his dismay, he discovered a serious rift between Unionists over the Emancipation Proclamation. Maynard did not run for Congress again, but accepted an offer from Andrew Johnson to serve as Tennessee's attorney general. Johnson had been appointed military governor for Tennessee by President Lincoln and Johnson's personal support for the Union eventually led to his being selected to run for vice president in 1864.

With Tennessee's reentry into the Union, Maynard was again a candidate for Congress in 1866 and was elected. He was reelected in 1868 and Governor William G. Brownlow appointed Maynard to a vacancy on the Tennessee State Supreme Court. Maynard did not bother to resign from Congress, but continued to serve as both Congressman from the Second District and a Justice of the Tennessee Supreme Court.

My friend Donald Paine, himself an able lawyer and historian and former president of the Bar Association, has written an excellent article on the dilemma of Maynard's service on the Tennessee Supreme Court and it is well worth reading, especially for legal scholars. Maynard did not remain on the court long and his limited participation was upheld as valid.



FROM THE AUTHOR'S PERSONAL COLLECTION.

Congressman Horace Maynard shortly before his death in 1882

Tennessee, due to redistricting, was electing a Congressman-At-Large in 1872 and Maynard was the Republican candidate, facing former President Andrew Johnson, who was the Democratic candidate. B. F. Cheatham also entered the race as an Independent Democrat. Maynard won the election, which was a stinging defeat for Johnson. In fact, Johnson's strong desire to return to elective office and vindicate his stormy tenure as president was frustrated until he eventually won a seat in the United States Senate. Few presidents have been abused as Andrew Johnson was and the former chief executive hoped the people who knew him best would give him the opportunity to serve yet again. Johnson's triumph was abbreviated by his death from a stroke.

Having been elected statewide, Congressman Maynard was the GOP candidate for governor in 1874. Despite a vigorous campaign, Maynard lost to Democrat James D. Porter.

Maynard was not long out of office as he was appointed Minister to the Ottoman Empire in 1875

by President Ulysses S. Grant. Horace Maynard served for five years as Minister to Turkey until his appointment as Postmaster General during the administration of President Rutherford B. Hayes.

Maynard was still the Postmaster General when he died in Knoxville on May 3, 1882.

Horace Maynard's death was completely unexpected. He had attended the Republican State Convention in Nashville earlier in the week and Maynard had been well enough to attend church the following Sunday and gave a lecture that same evening. Maynard was walking the streets of Knoxville on Monday and even entertained at his home until 10:00 p.m. that night. Later that evening Maynard began to experience chest pains, but refused to see a doctor or be taken to the hospital, claiming the pain would pass soon enough. Finally Maynard exclaimed, "I can't breathe." Those were his last words before dying.

Horace Maynard was remembered for his acerbic wit, his mastery of facts and was considered one of the ablest lawyers

in Tennessee. It was Maynard's ability as an attorney that caused Union County to name its county seat for him. Knox County had attempted to sue the newly formed Union County and the Union County fathers wisely employed Horace Maynard as their attorney. Until that time, the territory comprising Union County had been in Knox County. Maynard successfully defended Union County's right to exist and in gratitude, Maynardville came to be the county seat.

There is still the Horace Maynard Middle School in Union County, which had once been the Horace Maynard High School. Although he has been gone for well over one hundred years, one can still see sprinkled through the obituaries a few aged men named for Maynard.

Despite his pungent and oftentimes abrasive personality, Horace Maynard made himself a force to be reckoned with through intellect and sheer hard work to win the respect and admiration of both friends and foes. It is not an easy feat to accomplish.



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Knoxville's Presidential Streets

Seems Jimmy Carter can't get much respect, doesn't it? Although the peanut farmer and nuclear scientist from Georgia is one of the presidents of our nation to get a street

named for him in our fair city, the street is only a couple of blocks long and, with the construction there, the street has more or less disappeared.

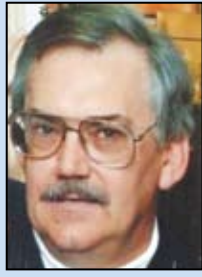
There are a couple of dozen streets in town named for our presidents. Does the length and condition of each street have anything to do with how our community feels about the past commander-in-chiefs? Maybe.

Carter can take some pride in knowing that his street isn't the shortest presidential street in Knoxville. That "honor" goes to Gerald Ford. That brief president, the non-elected successor to Richard Nixon, has a little byway in Bearden, off Kingston Pike, that runs less than a block and connects with Dean Hill Drive. A brief street for a brief president.

Around town you'll find Lincoln Street and Lincoln Road. You'll find a Nixon Road, but I don't know if that's for Richard M. Nixon, the local Nixon family, or Nixon's Deli.

And there's Washington Pike, apparently for George Washington. Roosevelt Street is in Maryville, and there are others, although

A Day Away



By Mike Steely

the streets may also be named for local early families with similar names: Wilson Street, Monroe Street, Jackson Avenue, Reagan Avenue, Clinton Street and Madison Street. There's a Jackson Avenue in the Old City.

Since not all of the presidents get a street, there's an all encompassing Presidential Lane in the Karns Community. And, if you're wondering, there's always the Eisenhower Interstate System that includes Interstates I-75, I-140, I-80 and I-275.

What's the longest street named for a president?

That honor goes to East Tennessee's own Andrew J. and if you are thinking Andrew Jackson you are wrong. It's for Andrew Johnson of Greeneville. The AJ highway stretches through Knoxville to Greeneville. The Tennessean had some grit about him. Impeached for his soft attitude about the defeated South in the Civil War, saved by one vote, returning home and later serving as a U. S. Senator back in Washington, Johnson was persistent and proud.

It is said that Johnson was buried in Greeneville wrapped in a U.S. Flag and clutching a copy of the Constitution.

So don't just say the "AJ Highway," give it some recognition.

'King's Mountain' A Lecture and Book Signing by Award-Winning Author Sharyn McCrumb

The East Tennessee Historical Society is pleased to announce that popular Appalachian author Sharyn McCrumb will be the guest speaker for a presentation and book signing in celebration of her new book, "King's Mountain." The novel tells the story of the Revolutionary War Battle of Kings Mountain, in which, against all odds, a group of frontier militiamen helped defeat a Loyalist army led by Major Patrick Ferguson. The event is at 7 p.m., October 22, 2013, at the East Tennessee History Center, and is free and open to the public.

Ferguson's taunt to cross the mountains and lay waste their land and families was quickly answered by the Overmountain Men. Sevier (who would become the first governor of Tennessee), Isaac Shelby (first governor of Kentucky), William Campbell (brother-in-law of Virginia governor Patrick Henry), Davy Crockett's father, and Robert E. Lee's father, raised an unpaid volunteer militia of about 1,000 men to challenge Ferguson.

Bringing their own guns and horses and dressed in their everyday hunting shirts, the Overmountain Men crossed the mountains and defeated Ferguson and his mostly Loyalist forces in 1780 at King's Mountain, west of Charlotte.

Following a string of Continental defeats in the north, the Kings Mountain

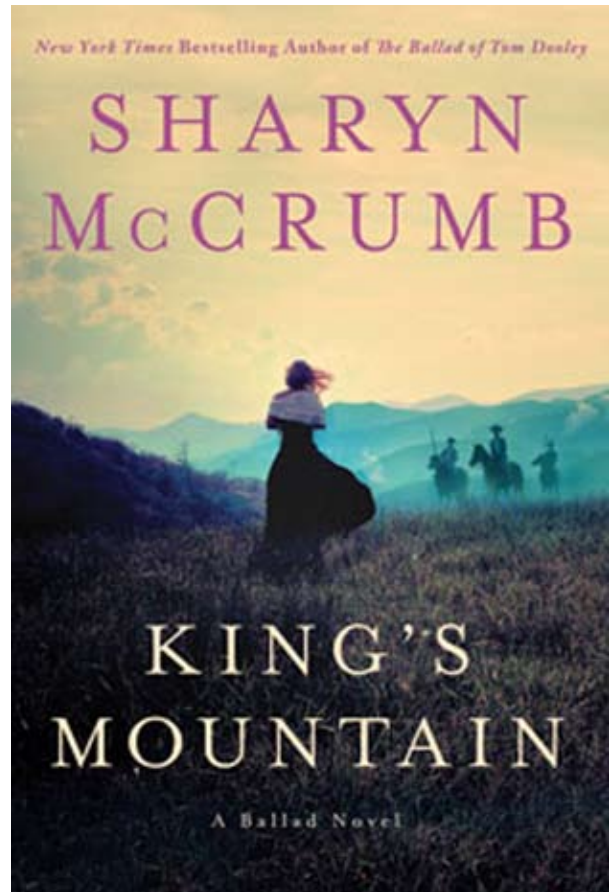
victory inspired the colonies to fight on, ending the war exactly one year later at Yorktown. Thomas Jefferson later referred to the Patriot victory as "the joyful...turn in the tide of success which terminated the Revolutionary War with the seal of independence."

McCrumb jokes that she missed being a Sevier by one bullet, explaining that her ancestor Major Jonathan Tipton, who was John Sevier's second-in-command at Kings Mountain, married the widow of Sevier's brother Robert who was wounded at Kings Mountain and died on the long journey home.

Of her research and writing on Appalachia, McCrumb remarks, "I find that the more I write, the more fascinated I become with the idea of the land as an intricate element in the lives of the mountain people, and of the past as prologue for any contemporary narrative. This connection to the land is personal as well as thematic," says McCrumb.

The New York Journal of Books describes her work as "so finely wrought you get immediately sucked in and can't put the book down. Doesn't matter what the subject is--she makes the world real and the people convincing. It's hard to remember that they live on the pages, not next door."

The award-winning Southern writer is best known for her Appalachian "Ballad" novels, set in



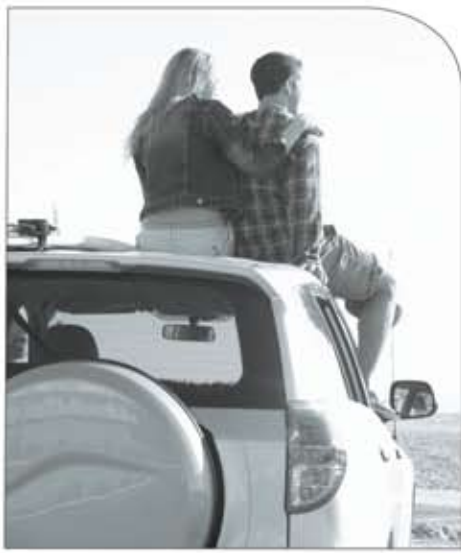
the North Carolina/Tennessee mountains. Included in these are the New York Times Best Sellers, "She Walks These Hills," "The Rosewood Casket," and "The Ballad of Frankie Silver." Sharyn McCrumb's other best-selling novels include "The Ballad of Frankie Silver," "The Songcatcher," "Ghost Riders," "St. Dale," and "The Ballad of Tom Dooley."

McCrumb, who was named a "Virginia Woman of History" in 2008 for Achievement in Literature, received the 2011 Perry F. Kendig Award for Achievement in Literary Arts from the Blue Ridge Arts Council of southwest Virginia.

McCrumb's many honors include: Appalachian Writers Association Book of the Year Award; the Wilma Dykeman Award for Literature given by the East Tennessee Historical Society; the Audie Award for Best Recorded Book; AWA Outstanding Contribution to Appalachian Literature Award; the Chaffin Award for Southern Literature; the Plattner Award for Short Story; and AWA's Best Appalachian Novel. She was the first writer-in-residence at King College in Tennessee. In 2005 she was honored as the Writer of the Year at Emory & Henry College.

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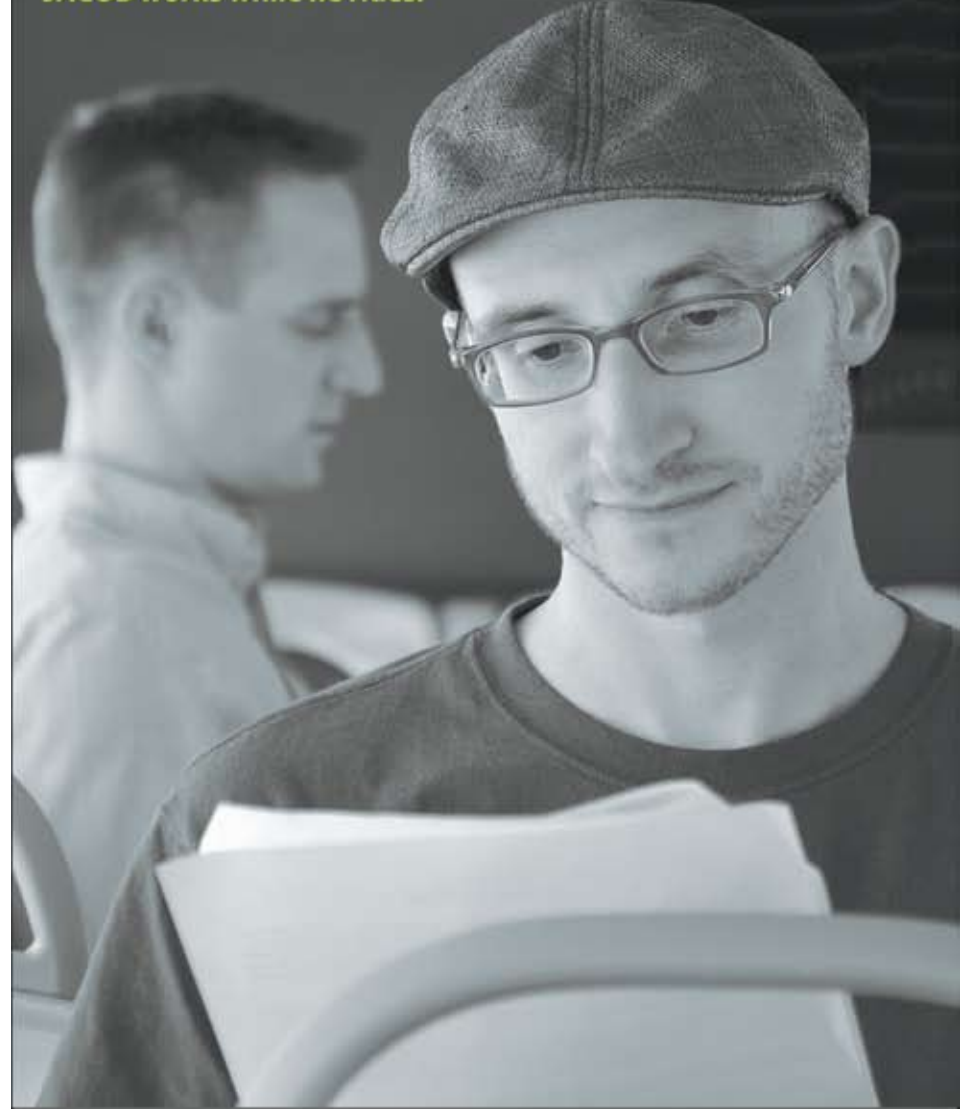
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Ride for change.

Sevier County runs past Seymour 53-14

By Ken Lay

SEYMOUR---Injuries and mistakes would prove too much for Seymour High School's football team to overcome Thursday night against Sevier County.

The undermanned Eagles surrendered a kick return for a touchdown, had a punt blocked and gave up a fumble returned that resulted in another touchdown in a 53-14 District 2-AAA loss to rival Sevier County Thursday night before a packed house at Householder Field.

"It's been that way for

us all year. We play well to a certain point and then we make mistakes and we can't overcome them," Eagles coach Jim Moore said. "We had a fumble returned for a touchdown, we had a blocked punt returned for a touchdown and then you had the kickoff return for a touchdown.

"So there's 21 points on things that shouldn't happen. We knew coming in that we were going to be taking chances and we have to have things go our way."

Things did go well for Seymour early. The Eagles,

who were without the services of starting running back Tanner Sise, who missed the game with a concussion, forced Sevier County (6-1 overall, 4-0 in the district) to punt on its first possession and held the Smoky Bears scoreless on their next possession when Paul Butuza missed a 40-yard field goal.

Seymour's offense clicked early. The Eagles (2-5, 1-3) had a nine-play drive stall on their first time and couldn't take advantage of a short field. Seymour got the ball on the Smoky Bears 39-yard line on its second

possession but turned it over on downs.

Things were scoreless until late in the opening stanza when Sevier County's Devante Matthews recovered a fumble and returned it for a touchdown. Butuza's extra point gave the Smoky Bears a 7-0 lead with 2 minutes, 27 seconds left in the first quarter.

Sevier County took a 14-0 lead early in the second quarter when Dorian Banks scored on a 2-yard run.

Seymour got back in the game when Nick Sexton threw a 16-yard touchdown

pass to Larry Kennedy to pull the home team to within 14-7 with 9:14 to play in the first half.

Then, however, things rapidly went downhill for the Eagles.

Banks returned the ensuing kickoff 99 yards for a score that made it 21-7 Zach Sauls had a 39-yard scoring scamper. Quarterback Luke Manning scored on a 2-yard plunge to make it 35-7 with 3:36 left in the second frame.

And the Smoky Bears weren't finished.

Dalton Ford caught a 34-yard scoring strike from Manning to make it 41-7

just 26.2 seconds before halftime and returned a blocked punt for a TD with 8.8 seconds left in the half, culminating a 40-point second quarter for Sevier County.

The Smoky Bears also scored on their first possession of the second half when Manning tossed a 25-yard touchdown pass to Connor Bailey.

The Eagles closed out the scoring when Sexton hooked up with Jaylen Minnifield on a 4-yard pass late in the third quarter.

A Look Ahead, A Glance Back

Maryville rated 4 points better than Fulton

By Steve Williams

Maryville would be a four-point favorite over Fulton, if the two prep powers played each other on a neutral field, according to Sonny Moore's latest Computer Power Ratings.

Based on games played through Oct. 4, Maryville is No. 1 in Tennessee with a 155.92 rating and Fulton is No. 3 with a 151.81 rating.

To estimate the score difference of a game, compare the two teams' power ratings. (Add two points to the home team for the average home field advantage). Moore's ratings are computed weekly and can be viewed on line.

The highest rated teams in the state, by classifications, are Maryville in 6A, Knoxville West in 5A (134.76), Fulton in 4A, Alcoa in 3A (135.84), Grace Christian in 2A (124.92), Nashville Christian in 1A (109.60), Nashville Ensworth in Division II-AA (155.36) and Webb School in Division II-A (136.52).

DON'T BLINK: Thirteen of Fulton's 52 scoring drives this season have taken only one play. Thirty of 52 have taken less than 60 seconds.

CLASSIC RIVALRY: Veteran Farragut Coach Eddie Courtney describes the longtime West Knox County clash between his Admirals and the Bulldogs as "one of the best in the state for over 30 years." The two teams will play each other in this week's Rivalry Thursday TV game on MyVLT starting at 7 o'clock.

"The importance of the game is because of the interest from both student bodies and the alumni,"

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Powell continues Battle of Emory Road dominance

By Bill Mynatt,
PowellFootballRadioVoice@yahoo.com

While it certainly wasn't the blowout that most expected, the Powell Panthers continued its winning ways over its biggest traditional rival on Friday with a 17-0 win over Halls. The win, Powell's 6th in a row over the Red Devils and the 10th in the last 12 games between the two schools separated by just 7 miles of Emory Road, might have come at quite a cost, however, as All State senior quarterback Hagen Owenby suffered what appears to be a knee injury that could keep him off the field for the rest of his senior season for the Panthers.

Owenby's injury was to be evaluated over the weekend.

Powell started off in good shape and things looked like they could get ugly in a hurry, as the Panthers jumped out on top very early on.

On the game's second play Owenby handed the ball to speedy senior running back Tyshawn Gardin. Gardin started left, and then found a cut back lane and sprinted towards the right sideline. Nobody wearing a Halls jersey could catch him as Gardin went 61 yards in to the end zone. Austin Rogers' kick made the score 7-0 Panthers just 59 seconds in to the contest.

While Powell's defense held Halls to just 57 total offensive yards in the first half, the Panther offense had some success moving the football, but couldn't put any more points on the board, themselves. Owenby's injury came early in the second quarter, and seemed to take the wind out of the Panther sails for the rest of the half.

Sophomore Conner Sepesi moved in to the quarterback spot from his normal wide receiver slot to replace Owenby, and got the Panthers in to field goal position late in the half, but Rogers' 39 yard field goal attempt on



PHOTO BY ERIC KENNEDY

Powell's Connor Sepesi follows his blocking Friday night against rival Halls in Powell's 17-0 win in the Battle of Emory Road. Sepesi took over for injured team mate Hagen Owenby and rushed for 119 yards to help Powell improve to 5-2 on the season.

the last play of the second quarter came up just short. Powell led by that 7-0 score at the half.

After making halftime adjustments and re-game planning knowing that Owenby would be unavailable the rest of the game, Powell got a huge break on the second half kickoff when the Panther kick cover team dislodged the football from the Halls return man. Powell recovered the ball at the Halls 38 and needed just two plays to score. After a 25 yard Sepesi run behind the right side of the offensive line moved the ball to the 13, Gardin scored again on the next play, running up the middle and making a cut to the end zone once again. Rogers' kick made the score 14-0 with just 35 seconds gone in the half.

Powell's defense continued its outstanding play in the third, forcing two Halls fumbles, and giving the ball back to the Panther offense in good shape, but the

Halls defense played well in its own right in keeping Powell out of scoring range.

The second Halls fumble was very costly for the Red Devils as its quarterback, freshman Caden Harbin, took a nasty hit and was down for an extended period as a medical team was called in. Harbin was carried off the field and taken to a hospital as a precaution with just 23 second left in the third. Reports late on Friday night indicated that Harbin's injuries are not believed to be serious.

Without either starting QB in the game, both teams' offenses continued to struggle in the final stanza.

Sepesi and the Panther offense were able to put together one fourth quarter drive to ice the game. Powell started at its own 37, and using 5:45 of game clock and taking 10 plays, moved the football to the Halls 2 where it had 4th and goal. From there

Rogers' 20 yard field goal try was good, making it a 3 score game at 17-0 with 2:32 to go.

Halls had a shot at ruining the Powell shutout late, but couldn't connect on a 32 yard field goal attempt with less than a minute to go. Powell went to the victory formation and secured the win to improve to 5-2 overall, and 4-1 in District 3AAA play.

"Conner Sepesi came in the game at quarterback in a tough situation", Powell head coach Tobi Kilgore told me after the game on the Panther Post Game Show on radio AM 620 WRJZ. "I thought he managed the game about as well as he could have done under the circumstances. We don't win the football game without his playing as well as he did."

While it was Sepesi's first meaningful action as a varsity QB for Powell, he certainly has a lot of support from his team mates if he is to be the guy if

Owenby's injury turns out to be serious.

"We've got his back", senior linebacker Josh Singleton said when asked what he told the sophomore QB. "He's one of 11 on the field on offense, and we (the seniors) will be there to help him out any way we can."

Gardin followed up his 12 carry - 245 yard night last week at Clinton with another terrific rushing game for the Panthers. The 5'9" and 165 pound speedster ran for 195 yards on 15 carries and the 2 TDs against Halls. Sepesi also eclipsed the 100 yard mark, carrying the ball 15 times himself and netting 119 yards.

Powell totaled 371 yards of offense on the night - 341 of those coming on the ground.

Not much doing at all on the offensive side for Halls, as the Powell defense held the Red Devils, now 0-7 overall and 0-5 in District 3AAA play, to just 135 offensive

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Templeton is a champion and team leader

Hardin Valley sweeps KIL cross country titles

By Steve Williams

After breezing to victory in the annual Knoxville Inter-scholastic League cross country meet and taking a few seconds to catch his breath, Aaron Templeton didn't leave for the tent area. Instead, he stayed to shout encouragement to his Hardin Valley Academy teammates as they approached the finish line.

Templeton, the defending TSSAA Class AAA state champion, explained after the meet that was an example of his desire to be a team leader for the Hawks in his senior season.

"My freshman year, Hardin Valley won state, and I was on that team," said Templeton, "That was just a great feeling, but ever since then our team has been kind of stagnant, so this year I've tried to really become a leader for the team and I'm trying to motivate the guys."

So far, so good.

Hardin Valley's boys repeated as KIL champions last Thursday on the 5K course at Sequoyah Park as Templeton led the way with a winning time 15 minutes, 25.79 seconds. Lachlan Dickie took second place, almost 35 seconds back. Other top runners for

the Hawks were junior Dartanian Oakley (fourth place), Tanner Witsell (12th) and Jose Parrilla (19th).

Hardin Valley totaled 38 points (lowest score wins). Webb School was runner-up with 70 points, followed by Farragut (101), Bearden (116) and West (127).

Bearden senior Chase Hilton broke up the Hardin Valley pack with a third place showing. Joe Bindner, Catholic junior, was fifth. Also in the top 10 were Jackson Schmid of West (sixth place), Louis Morris of Farragut (seventh), and Webb's Elliot Baerman (eighth) and Reece Rose (ninth). L&N Stem Academy's Dagon Useton just nipped Adam Johnston for 10th place.

When it comes to racing cross country, Emma Mashburn doesn't care about being the pacesetter. Sometimes, though, she finds herself in that position.

"It's kind of a hard place to be," said the Hardin Valley Academy senior after leading from start to finish in winning the KIL championship for the third year in a row.

"This year has been kind of hard because I don't have my racing buddy, Hannah (Feiten), out there with me. I really don't know what pace to push and how to push. I like it when there's people up there I can feed off, but I feel like I still got strong."



PHOTO BY BARRY SEATON

Close to 200 runners representing 17 schools take off at the start of the KIL cross country boys race at Sequoyah Park last Thursday morning. The course was 5,000 meters or 3.1 miles long.

Mashburn was clocked in 18 minutes, 37.70 seconds. Rebecca Story, an eighth grader at Christian Academy of Knoxville, came in second at 18:43.48.

HVA's girls, with 48 points, won their fourth straight championship. The Lady Hawks' Zoe Antonas placed seventh, Karlie Yinger eighth, Alexandra Christopoulos (15th) and Kayle Peacock (17th).

CAK's girls were runner-up with 71 points. Farragut (80), Webb School (89) and Catholic (109) rounded out the top five.

Other top finishers in the individual competition behind Mashburn and Story were West sophomore Megan Murray (third place), Webb junior Peighton Meske (fourth), Catholic senior Annie Batcheller (fifth), CAK's Sarah

Zimmer (sixth), Farragut's Anna Woodford (ninth) and Webb's Madeline Christian (10th).

Bryan Brown, Hardin Valley coach, said the sweep of team and individual titles was a good way to start the "championship season" portion of the schedule.

"Obviously, our biggest goal is the state meet every year," he said. "But this is our county championship

and we treat it as such. It's a points race. We don't really worry about time. We just care about beating other teams and racing for points. We need to run well here to move our primary goal forward and reach the state."

One hundred and ninety boys and 131 girls competed in the annual event.

A 3-3 finish and Vols will go bowling

It's halftime of the 2013 University of Tennessee football season and the Vols are 3-3. That's no big surprise.

But UT easily could be 5-1 right now and 2-0 in Southeastern Conference. On the other hand, they could be 2-4 overall.

Let's look back.

Tennessee began the Butch Jones era against Austin Peay. Before the game, I went up to the first Austin Peay fan I saw outside Neyland Stadium and told him, "Fly is open." He replied, "Let's Go Peay!" That was fun.

The next AP fan I saw was a woman. Without thinking, I said, "Fly is open." She didn't reply but gave me a dirty look. Oops, I thought. That wasn't fun.

The Vols beat the Governors 45-0. It could have been much worse. UT led 42-0 at intermission. We learned our new coach is merciful.

Bobby Petrino and Western Kentucky rode into town in Week 2. I don't think Petrino came in on a motorcycle. Some thought the Hilltoppers would at



By Steve Williams

least give Tennessee a good scare. Instead, they gave up seven turnovers, including five interceptions. Tennessee, not Petrino, rolled, 52-20.

The Vols played next at No. 2 ranked Oregon, and if I remember correctly were 28-point underdogs. I got my hopes up in the early going as Tennessee scored first and trailed only 10-7 at the end of the opening quarter. Then reality set in. The Ducks got their thing going, pulled away to a 59-14 win and also were merciful.

Florida was generous and misfortunate in Week 4. Butch didn't take advantage of it. His experiment to start Nathan Peterman backfired. His decision to leave the struggling quarterback in the game cost him a signature win. With Justin Worley at QB, the Vols could have won that game on that day with all that happened. Instead, a backup quarterback led the Gators to a 31-17 win.

Tennessee won a game it came close to losing the following week. With Worley back at quarterback, the

Vols built a 31-7 lead over South Alabama. About the time Coach Jones was probably going to put freshman quarterback Riley Ferguson in the game for his debut as a Vol, the Jaguars started a comeback that pulled them within seven points. It took an interception by Brian Randolph in the end zone with less than two minutes remaining to save the day.

With No. 6 ranked Georgia on the way to Knoxville, many UT fans were scratching their heads trying to understand how the Bulldogs could only be favored by 10½ points. We would soon find out the oddsmakers knew their stuff. Georgia won 34-31 in overtime. If the game had been played in the days before replay was utilized, a flying Pig would have scored and Tennessee would have won.

The atmosphere in Neyland for the Georgia game was electric. Many prospects were on hand to witness it and also the Smokey Gray uniforms the Vols wore for the first time.

I was glad to hear Coach Jones say in his post-game comments he didn't believe in moral victory. A lot of hope did ooze from that

tough loss.

Tennessee will try to build on it at high noon this coming Saturday against the ol' ball coach and South Carolina. While the Vols had an open date this past weekend, the No. 14 ranked Gamecocks played at Arkansas.

Let me be the first to say Tennessee is on the bubble, as far as qualifying for a post-season bowl game. The Vols have to get at least three more wins to become eligible.

If we count top-ranked Alabama as a sure loss and Vanderbilt and Kentucky as sure wins, that means the Vols must defeat either South Carolina, Missouri or Auburn to get to 6-6.

Missouri was a surprising 5-0 and ranked No. 25 in the Associated Press poll heading into its game at Georgia Saturday. Auburn was 4-1 and listed among "others receiving votes" as it prepared to host Western Carolina.

As I see it, Tennessee's best chances for victory versus this trio will come against South Carolina and Auburn. Simply because the Vols will have Neyland and you on their side.

Powell continues Battle of Emory Road dominance

Cont. from page 1

yards for the game.

Singleton was one of the defensive leaders in the game for Powell with nine tackles, including two tackles for loss and a QB sack. Senior linebacker Tyler Childers also came

up big with 11 total tackles. Defensive ends Dalton Long and Cody Reed also had terrific games with 8 tackles each.

Halls will host another rival school, Knoxville Central, this week in a game that is referred to as the

Battle of Black Oak Ridge. Central comes in to that game off of the strength of a 63-60 win at Clinton on Friday.

For Powell, a tough assignment takes place this week when the Oak Ridge Wildcats come to Scarbro Stadium to meet the Panthers in a hugely important district game. Both teams have one district loss, and the winner will stay in the hunt for a potential district championship and a potential automatic playoff qualifying slot that goes with finishing in the top two in the district.

And to add to the

importance of the Powell-Oak Ridge game, since the inception of the current district format, Powell and Oak Ridge have each won 2-3AAA championships in the 4 years the format has been in place.

The Powell-Oak Ridge game can be heard in Knoxville on radio station AM 620 - WRJZ. I will have the play by play, and will be joined by my broadcast partner, Kyle Blackburn. Chad Scarbro will provide reports from the sideline. Air time is 7 p.m.

Bill Mynatt is the Radio Voice of Powell Panther football on AM 620 WRJZ.

Maryville rated 4 points better than Fulton

Cont. from page 1

added Courtney. "There is a real sense of pride and high expectations to be successful in our communities. You put that with district/playoff possibilities, it adds to the importance of this game."

CAT FIGHT: The Powell Panthers will host the Oak Ridge Wildcats in a pivotal District 3-AAA game this Friday. The two teams have identical records: 4-1 in district play, 5-2 overall.

Powell Coach Tobi Kilgore points out what it will take for his team to come out on top.

"Oak Ridge is a great football team and is used to winning," indicated Kilgore. "We have to come out and play mistake-free football to win this game. We have to be able to spread the football around on offense and get all of our players involved, we cannot be predictable."

"Defensively, we have to bend-don't-break all night long and try to force them into making a mistake. If we give up big plays, we won't be able to win this game."

"The game is at Powell, so we will have the backing of the best fan base around town and the atmosphere will be awesome. Really looking forward to getting out there and competing."

OTHER BIGGIES: Hardin Valley will host West in a key District 4-AAA contest Thursday. Headliners on Friday include Gatlinburg-Pittman (7-1) at Carter (7-0) in District 3-AA, Grace Christian (8-0) at Greenback (5-2) in District 3-A and Scott (6-2) at Catholic (6-1) in District 4-AA. The Irishmen were knocked from the unbeaten ranks last week at Anderson

County, 61-40.

BELIEVE IT OR NOT: Players and coaches on the Central Bobcats' and Clinton Dragons' football teams, and their fans, experienced both the agony of defeat and the thrill of victory in the closing seconds of their District 3-AAA shootout at Clinton last Friday night.

Central's defense stopped a Clinton drive at the Bobcats' 12-yard line to protect a 57-54 lead with 2:12 remaining in the game. Central tried to run out the clock but was forced to punt. The Bobcats snapped the ball over their punter's head and into the end zone, where Clinton's Shane Hooks recovered for a touchdown, giving the Dragons a 60-57 lead with 22 seconds left.

As it turned out, Yogi was right. It ain't over till it's over.

As time expired, the Bobcats' JaJuan Stinson hauled in a 59-yard TD pass from Austin Kirby to give Central the win, 63-60.

In his post-game radio show, Clinton Coach Josh Kerr said, "Special players make special plays," referring to Stinson. "We had three guys all over him."

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Hardin Valley uses big plays to down Bearden

By David Klein

A battle for District 4AAA playoff positioning took place Friday night at Hardin Valley. The Hawks used two big second quarter plays to spur them on to a 33-7 victory over the visiting Bearden Bulldogs. The Hawks blocked a punt, returning it 10 yards for a touchdown and scored off a 49-yard double pass to build a 19-0 first half lead. The two Hawks' touchdowns were the Hawks' first points of the second quarter on the season. The only scoring drive of the first half came on a Hawks' 6-play 39-yard drive that ended in a 3-yard touchdown run by Jordan Jackson. Bearden looked like it would answer the Hawks' touchdown midway through the first quarter. Malachi Horton ran the ball effectively. However, the drive stalled when Bearden failed to convert a fourth-and-two at the Hawks' 5. Hardin Valley went three-and-out following the turnover on downs. The Bulldogs got the

ball with great field position, but Xavier Johnson threw an interception right to the Hawks' Chris Thomas. The Hawks couldn't take advantage of the turnover. The Bulldogs' next two possessions were 3-and-outs, with the second possession ending in the blocked punt by the Hawks. The Hawks' Matt Brewer stormed up the middle, batting the ball. Dominique Amos took the bouncing ball 10 yards for the score and a Hawks' 12-0 lead. The Hawks missed the 2-point conversion try. Following another three-and-out by the Bulldogs, the Hawks went for a little trickery. Nathan White threw a short out pass to Joe Underwood, then he threw a 49-yard strike to Jack Defur for a touchdown. The double pass gave the Hawks some breathing room and a 19-0 lead. "We've been working on that one for a couple of weeks, so we thought we'd pull that one out in a big game, and our kids executed," Hawks Head Coach Wes Jones said.

In the second half, the Hawks built on their strong first half finish. They faced a fourth-and-15 from the Bulldogs' 29-yard line. White rifled a pass to Chandler Viscardis right down the middle for a touchdown. The Hawks were firmly in control, 26-0. The Bulldogs did manage a touchdown on the night. Xavier Johnson darted and dashed 38 yards on a quarterback draw for a Bulldog score with 4:30 left in the third quarter. But there was to be no Bulldog comeback on this night. The Hawks answered the Bulldogs' touchdown with a 6-play 47-yard drive. Hardin Valley faked a field goal, and Viscardis ran for a first down. Two plays later, fullback Joe Underwood scored from two yards out, and the Hawks led 33-7. Bearden's last two chances to make the score respectable ended in an interception and a turnover on downs. From there, the Hawks ran out the clock for the 33-7 win. Hardin's Valley's

defense came up big on the night, holding the Bulldogs to 247 yards of total offense and just 81 yards rushing. The Hawks' Jordan Jackson ran for 177 yards rushing on the night, 52 of which came on one run after the second Bearden interception. "I'm just glad the offensive line did their job and get the ball rolling," Jackson said. Hardin Valley improved to 4-3, 2-2 in District 4AAA. Bearden fell to 2-4, 2-2 in District 4AAA. "We feel like our plays just started right now," Jones said. "It's a must win every week at this point in time during the season. When you got West Knoxville schools playing against each other, they play extremely hard. It's a tough stretch for us, we're just approaching each week one week at a time, trying to get our kids ready to play and come out and play hard for four quarters."

Dailey 'excited' to be new Central softball coach

By Ken Lay

Leah Dailey will attempt to rebuild one of Knox County's proudest softball programs. Dailey, 28, was recently named Central High School's softball coach and while she expects her new job to be a challenge, she said she's looking for early success. "I don't want to call this a rebuilding year. I have six returners and they're all playing travel ball right now," said Dailey, who replaces Mike Cox, who resigned after leading the Lady Bobcats to a Region 2-AAA Tournament appearance in 2013. "I only need nine willing girls to put together a team and play." When Cox, who was named Carter High School's coach last week, he cited lack of numbers, poor or non-existent feeder programs and general lack of interest in athletics at the school. In 14 seasons, Cox led Central to multiple state tournament appearances. He made the Lady Bobcats a competitive force in District 3-AAA softball.

Now, Dailey, a Karns High School graduate, previously coached at Catholic (2008-10) and Oak Ridge (2010-2012). She's been a high school softball coach since she graduated from Milligan College. "I've been coaching since I graduated from college and I've had great athletic directors," Dailey said. "This is a great opportunity to coach against Gibbs, Halls, Karns and Powell and those are always top-notch programs. "I played in this district and I've coached in this district and I'll be coaching against the same teams." Dailey, who works in marketing and fundraising at Freedom Christian Academy, has already found a home at Central. "It's a great place and I already feel at home," she said. "The administration is great and I'm really excited. You have a great support system. "I had [Central athletic director] J.D. [Lambert] as a teacher at Karns and he's just awesome."

Catching up with Tyson Clabo

By Alex Norman

There are few athletes from East Tennessee that have accomplished as much in their professional careers as Tyson Clabo, a 2000 graduate of Farragut High School. But because his trade is a rather anonymous one, on the offensive line in the National Football League, his achievements have gone unnoticed to many. "East Tennessee is where I began my athletic pursuits," said Clabo in a recent phone interview. "I had some good coaches there, and that helped me go forward." Clabo plays right tackle for the Miami Dolphins. It is his first season with that organization, after spending seven years with the Atlanta Falcons. But getting to this point, as an established member of an NFL team, wasn't easy. During the recruiting process out of Farragut, Clabo considered attending MTSU and Marshall, but in the end chose Wake Forest. It was the best of both worlds.

"Incredible academics, that was a big draw for me," said Clabo. "Also, they played in a major conference (ACC). That was very appealing." Four years later, Clabo had 37 starts under his belt, and was an All-ACC First Team selection in his senior season of 2003. But all of that hard work didn't translate into becoming an NFL Draft pick. In 2004 he didn't hear his name called, and had to make it via the free agent route. Clabo was signed by the Denver Broncos, and released. He also spent time with the New York Giants and the San Diego Chargers. Getting a look on practice squads was a valued opportunity, but not the real deal. "There were definitely times in the first year, when you would get released and have no job for 3-4 weeks at a time... it was tough," said Clabo. "You start wondering if you are going to have to do something else." But in 2005 Clabo was signed to the practice

squad for the Falcons, and saw his first real game action in Atlanta in 2006. Over the next few years the Falcons made regular trips to the postseason... and Clabo became a successful professional football lineman. He was selected to the 2010 Pro Bowl. "The NFL is a "what have you done for me lately" league. You can't survive and stay in the league based on what you have done in the past," said Clabo. "You have to improve each year or you'll be out." Clabo knows the NFL is a business, and got more evidence to that fact when he was released by the Falcons this past April, two years into a five year deal (in the NFL, contracts are not guaranteed). Clabo looked for a new home, and found one in Miami, signing a one year contract with the Dolphins back in May. "When I went down for my visit, I talked with the coaching staff, and it felt like the right place."

The Dolphins have a 3-2 record after their first five games, and Clabo feels that this team has a chance to be a contender in the AFC. "We need to improve in multiple areas," said Clabo. "There are multiple areas we can do that, but everyone is mentally right, and we can be successful." Clabo is part of the group protecting the future of the Dolphins franchise, second year quarterback Ryan Tannehill. "He is very intense," said Clabo. "But you have to be to play quarterback. He knows the offense inside and out, and is doing a fine job." Clabo's career has taken him away from where he started, but he maintains a connection with Knox County. This summer he is planning to once again host an offensive lineman camp at Farragut. "I get home every chance I get," said Clabo. "I still have a lot of family and friends there."

Cox to return to coaching at Carter

By Ken Lay

When Mike Cox resigned as Central High School's softball coach after the 2013 season he said he would eventually be on the diamond again. And he will. Cox, who transformed the Lady Bobcats to a District 3-AAA powerhouse over the past 14 seasons, was named Carter High School's new coach last week. "I saw it [the job opening] on the job board on the TSSAA website and I called Jan Deadrick, who is an assistant principal over there and she told [athletic director] Chad [Smith] that I was interested."

Once Smith learned of Cox's interest, he immediately put the longtime Central coach through the interview process. Deadrick was once an assistant principal at Central when the Lady Bobcats were regulars at the Spring Fling. "I've always said that I wanted to coach again but I only have about 10 years left in coaching and I didn't want to spend half of that time rebuilding a program," said Cox, who will continue to teach at

Central at least until the end of the fall semester. "Right now, I'm still at Central but I may go to Carter in January but I'm not sure. "Next year, I'll be teaching at Carter." Cox, who has fond memories of his coaching days in Fountain City, found the coaching opportunity he wanted with the Lady Hornets in Strawberry Plains. The opportunity became better when re-alignment shifted longtime District 3-AA powerhouse Gibbs to Class AAA. "I looked at the Carter program and I saw a program that has potential and Gibbs is gone," he said. "I look forward to going to Carter and winning district and regional championships and making trips to the state. "I fit in well there and I love the feel of a small town. I was blessed at Central and I had 14 great years. [At Carter], everybody supports everybody. The administration supports the athletic program and the community takes pride in their program. It's kind of like *Hoosiers* or *Friday Night Lights*."

Second-round rallies lift Farragut golf teams

By Ken Lay

MANCHESTER---Both Farragut High School golf teams are regulars at the Class AAA State Tournament and once they get to the big stage they usually perform well. And 2013 was no exception as the Admirals duplicated their 2012 second-place finish. The Lady Admirals came in third and both Farragut teams used second-round rallies to earn their high finishes Wednesday at Willowbrook Country Club. The tournament opened Tuesday and Farragut, which led after the opening round in 2012,

was in second 10 strokes behind Hendersonville. Farragut rebounded by was still in second place by tourney's end. The Admirals, however, lost by just four shots. Hendersonville, which won its third State Championship in four years, finished with a 36-hole team score of 594. The Admirals finished with a 598 and Houston was third (605). Brian Clark shot a 1-under-par 71 on Wednesday and finished the two-day event by posting a 149. Matt Dalton also fired a 71 in the second round and finished with a two-day total of 151.

Connor McKay shot a 72 on Wednesday and finished with a two-round total of 172. Tyler Johnson and Chip Thomas both finished the event with a score of 152. Other individual area finishers included Trey Poteet (Halls), who shot 152, Anthony Marcinel-li (Hardin Valley Academy) had a 153 and Halls High's Cameron Yeary shot a two-day score of 159. Meanwhile, the Lady Admirals finished third at the State Tournament. Kayland Boling led Farragut with a 36-hole score of 160. She shot a 6-over 78

in the final round. Elizabeth Keeling (168) had a second-round 81 for the Lady Admirals, who shaved 10 shots off their opening round total. Farragut finished the event with a team score of 329. Science Hill (309) won the title and Rossvie finished second (316). Other area individual scores included: Megan Gaylor (Halls) had a 169. South-Doyle's Lexie Shaw finished with a 178. Katelyn Witucki (Seymour) had a 180, including an 87 in the second round and Powell's Morgan Julian finished with a 191.

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	WEEK 0	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
	Aug. 22-24	Aug. 29-31	Sept. 5-7	Sept. 12-14	Sept. 19-21	Sept. 26-28	Oct. 3-5	Oct. 10-12	Oct. 17-19	Oct. 24-26	Oct. 31-Nov. 2
	VS. GA School for Deaf W 54-0	VS. St. Andrews Sewanee L 34-36	VS. AL School for Deaf L 32-34	VS. NC School for Deaf W 53-0	VS. SC School for Deaf W 64-14	VS. MS School for Deaf L 0-16	VS. Oak Level NC	VS. SC School for Deaf	tba	tba	tba
	VS. Sunbright L 33-55	VS Hancock Co. W 35-18	VS. Friendship Christian L 13-49	VS. Jellico W 40-0	VS. DCA L 14-40	OPEN	VS. Ezell-Harding W 35-28	VS. Union County L 27-40	VS. Mt Juliet Christian	VS. Cosby	VS. Knoxville Webb
	VS. Maryville L 15-35	VS. Baylor L 7-21	OPEN	VS. CAK W 49-7	VS. Friendship Christian W 36-7	OPEN	VS. DCA W 38-15	VS. BGA W 38-6	VS. Ezell-Harding	VS. Knoxville Catholic	VS. King's Academy
	VS. Sullivan North W 35-32	VS. Clinton L 7-27	VS. Cocke County W 19-14	VS. Heritage	VS. Jefferson County L 28-45	OPEN	VS. South Doyle L 14-34	VS. Sevier County L 14-53	VS. Morristown West	VS. Morristown East	VS. Cherokee
	OPEN	VS. Heritage W 26-7	VS. Jefferson County W 28-14	VS. Hardin Valley L 14-21	VS. Cocke County W 41-14	VS. Knoxville Carter L 10-44	VS. Seymour W 34-14	VS. Cherokee W 31-28	VS. Morristown East (10/17)	VS. Morristown West	VS. Sevier County
	VS. Austin-East W 55-19	VS. Kingston W 34-6	VS. Tellico Plains W 42-6	VS. McMinn Central W 42-0	VS. Harriman W 54-0	VS. CAK W 27-13	VS. Meigs County W 63-7	VS. Midway W 53-14	VS. Greenback	OPEN	VS. Rockwood
	VS. Grace Christian L 19-55	VS. Anderson County L 24-56	VS. Knoxville Fulton L 0-63	VS. Sweetwater L 12-28	VS. Knoxville Carter L 6-50	VS. Brainerd W 21-18	VS. Gatlinburg-Pittman L 15-32	OPEN	VS. Pigeon Forge	VS. Loudon	VS. Union County
	VS. Gibbs W 54-48	VS. Cocke County W 33-0	VS. Pigeon Forge W 27-24	OPEN	VS. Austin-East W 50-6	VS. South-Doyle W 44-10	VS. Union County W 52-12	VS. McMinn Central W 47-22	VS. Gatlinburg-Pittman	VS. Grainger County	VS. Knoxville Fulton
	VS. Knoxville Powell W 46-0	VS. Bearden W 52-0	VS. Austin-East W 63-0	VS. Farragut W 55-7	VS. Gatlinburg-Pittman W 62-8	VS. Knoxville Central W 69-14	VS. Pigeon Forge W 61-0	OPEN	VS. Union County	VS. Christian County, KY	VS. Knoxville Carter
	VS. Knoxville Carter L 48-54	VS. Grainger W 28-14	VS. Anderson County L 6-35	VS. Clinton L 19-38	VS. Knoxville Halls W 36-0	VS. Oak Ridge L 28-57	OPEN	VS. Campbell County L 28-35	VS. Karns (10/17)	VS. Powell	VS. Knoxville Central
	OPEN	VS. Jefferson County L 20-32	VS. Campbell County L 21-28	VS. Karns W 52-31	VS. Powell W 37-35	VS. Knoxville Fulton L 14-69	VS. Anderson County L 38-60	VS. Clinton W 63-60	VS. Knoxville Halls (10/17)	VS. Oak Ridge	VS. Gibbs
	VS. Williams-burg L 14-43	VS. Union County L 20-26	OPEN	VS. Oak Ridge L 6-37	VS. Gibbs L 0-36	VS. Campbell County L 0-56	VS. Karns L 16-33	VS. Powell L 0-17	VS. Knoxville Central	VS. Anderson County	VS. Clinton
	OPEN	VS. Karns W 29-8	VS. William Blount W 45-20	VS. South-Doyle W 21-14	VS. Maryville L 0-49	VS. Knoxville Catholic L 14-15	VS. Farragut L 33-35	VS. Bearden W 33-7	VS. Knoxville West	VS. Lenoir City	VS. Heritage
	VS. Knoxville West L 7-65	VS. Hardin Valley L 8-29	VS. Powell L 13-19	VS. Knoxville Central L 31-52	VS. Anderson County L 14-49	VS. Clinton L 27-32	VS. Knoxville Halls W 33-16	VS. Oak Ridge L 28-56	VS. Gibbs (10/17)	VS. Campbell County	OPEN
	VS. Knoxville Fulton L 0-46	VS. CAK W 42-41	VS. Karns W 19-13	OPEN	VS. Knoxville Central L 35-37	VS. Anderson County W 41-27	VS. Clinton W 67-6	VS. Knoxville Halls W 17-0	VS. Oak Ridge	VS. Gibbs	VS. Campbell County
	VS. Sevier County L 27-62	VS. Knoxville Fulton L 0-52	VS. Heritage W 54-28	VS. Morristown East L 28-41	VS. Lenoir City W 26-17	OPEN	VS. Knoxville West L 20-41	VS. Hardin Valley L 7-33	VS. Farragut	VS. Maryville	VS. William Blount
	VS. Notre Dame W 22-13	VS. Coalfield W 47-7	VS. CAK W 17-14	OPEN	VS. Tyner Academy W 24-6	VS. Hardin Valley W 15-14	VS. Kingston W 51-7	VS. Anderson County L 40-61	VS. Scott	VS. Knoxville Webb	VS. Alcoa
	VS. FRA W 35-10	VS. Powell L 41-42	VS. Knoxville Catholic L 14-17	VS. Knoxville Webb L 7-49	VS. Scott W 47-7	VS. Grace Christian L 13-27	OPEN	VS. Belfry (KY) L 21-27	VS. Alcoa	VS. Livingston Academy	VS. Kingston
	VS. Kingsport DB L 20-21	VS. Oak Ridge W 31-24	VS. Lenoir City W 34-14	VS. Knoxville Fulton L 7-55	VS. Knoxville West L 16-25	OPEN	VS. Hardin Valley W 35-33	VS. Heritage W 48-7	VS. Bearden (10/17)	VS. William Blount	VS. Maryville
	VS. Karns W 65-7	OPEN	VS. Maryville L 20-42	VS. Asheville, NC W 34-20	VS. Farragut W 25-16	VS. Cleveland W 35-25	VS. Bearden W 41-20	VS. William Blount W 49-20	VS. Hardin Valley	VS. Heritage	VS. Lenoir City

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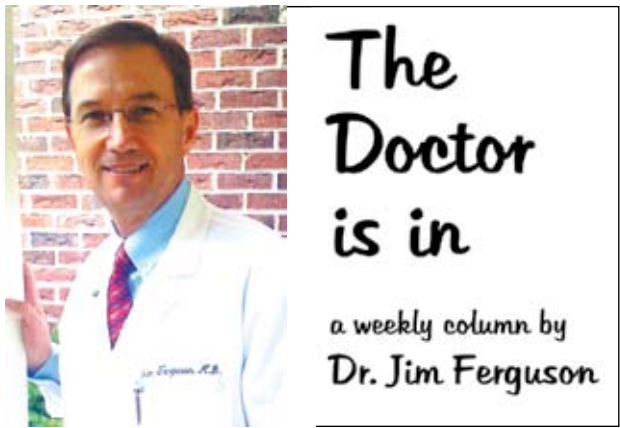


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Varmints

October in Knoxville is wonderful-- or as they say in Italian, “bellissimo.” About the time you get sick of one season, another comes along. I went out the other day and I felt it. The cooler, dryer weather made me know “Fall is in the air.” I’ve been on five continents and in forty countries and I’m always glad to come home to one of the most beautiful places in the world. Recently, Becky and I spent several hours perimeter-spraying our mountain cabin. We do this to prevent infestation by lady bugs. I don’t recall problems with these insects in the past (whom I no longer consider ladies). These

bugs try to find a warm place for the winter and apparently my cabin is more desirable than the forest. I’m sympathetic, but swarms of invading lady bugs covering our walls are unacceptable. If you haven’t seen them you must be blind. I’m referring to those ugly grey insects we call stink bugs. These Asian invaders began their infestation of America about fifteen years ago. They recently made it to Knoxville and seem to be everywhere. Bugs don’t bother me, but hordes of them can be creepy. Even birds can be creepy. Recall the murderous fowls in Alfred Hitchcock’s movie “The Birds.” Most Sundays our

family and friends often gather after church for Sunday lunch. We used to go to my Mother-in-law’s house, but now we go to a local restaurant. The extent of the stink bug problem became real as a friend told us about her car wreck. As she was backing out of her daughter’s drive way, the stink bug struck. The prehistoric looking pest dropped on her and she panicked, jumping out of the slowly rolling vehicle. She was knocked to the ground and the car ran over her foot. Amazingly, she wasn’t seriously injured and as she rolled free she looked up to see her daughter flying to the rescue. Having just gotten out of the shower and clad only in a towel she flew to her Mom’s aid. I listened in fascination as the daughter dived toward the open car door losing her cape in the process. “She’s Batman!” I exclaimed. I don’t have any phobias, but several of my family members do. It’s not uncommon for me to be pressed into service in the removal of a black snake or a praying mantis from our mini farm. A

phobia is an irrational fear of an object or a situation. Phobias include fear of animals, heights, insects or enclosed spaces (claustrophobia) such as MRI scanners or elevators. Sometimes severe anxiety can occur just by thinking about spiders, for instance, or hearing the word spider. Even shots or having blood drawn can cause panic in some people. In the movie Annie Hall, Woody Allen had to save Dian Keaton from a spider in her house. He ridiculed her until he confronted the “major” spider that was vanquished only with great drama and a broom. The lifetime risk of developing a phobia is about twelve percent, though a bit higher in women than men. The condition tends to congregate in families, suggesting a genetic predilection influenced by an environmental stimulus or a traumatic event. In people with phobias science has found over activation of areas of the brain known as the cingulate insula and the amygdala. When these areas are stimulated “negative emotional

responses” result. Some phobias are mild and just a nuisance while others cause significant problems in daily life. Phobias often last a life long, but can be corrected by exposure-based treatment. Additionally, psychotherapy and medications like Prozac and Valium are helpful. Most of us don’t suffer from an irrational fear of things. I have a friend who totally freaks out if she sees a bug in the house. She wouldn’t do well at our cabin where we sometimes find small scorpions or wasps. Logically, I ask, which is worse, an occasional insect or a house full of insecticides from Orkin? Excluding those poor folks with phobias who can’t help their panic symptoms, most of us just want varmints outside. I often carry granddaddy longlegs outside instead of swatting them. Even the occasional spider is tolerated because these arachnids prey upon and control insect populations. Go out early some morning this fall and notice the dew that reveals hundreds of spider webs.

Without these eight-legged creatures we would be quickly over run by the six-legged ones. The threshold for me is infestation and safety. I step over bugs on the ground outdoors, but I’m currently battling fire ants that have sprung up all over Thistle Farms and recently stung my grandson, Oakley. I’ve declared war on these invaders from southern climes. And I’ve told fruit flies that appear from nowhere on cantaloupe or house flies that try and relocate from the horse manure strewn pasture that they will swatted if they are found within the walls of our home. Mostly I try and coexist with nature. I’m less tolerant of the Big Stink that is emanating from Washington. Insects and other varmints like raccoons are just poor creatures trying to make it in the world. Obama and the Beltway Boys have chosen to stink up our country. Perhaps we need an industrial Orkin for D.C.

Do you have a question for Dr. Ferguson? Please e-mail him at fergusonj@knoxfocus.com.

CNB Hosting ‘Old Bags & Tea’ This Week

Citizens National Bank’s 5th annual Old Bags & Tea event will be held Thursday, October 17. The event, a luncheon and silent auction of gently used designer bags and gift baskets benefiting Alzheimer’s Tennessee, will be held at the River Plantation Conference Center from 11 a.m. - 1:30 p.m. Entry is \$20 and includes lunch and a welcome gift filled with valuable coupons to local businesses. From Coach and Prada to Tory Burch and Vera Bradley, the silent auction will feature fashionable handbags and many gift baskets. Gift baskets include:

- an overnight stay and water park passes courtesy of the Wilderness at the Smokies
- two tram tickets and VIP wristbands to Ober Gatlinburg
- an overnight stay and breakfast for two at the

Knoxville Crowne Plaza

- a \$100 gift card and goody bag from Don Caster
- a two night stay courtesy of Clarion Inn & Suites of Gatlinburg
- a free photography session courtesy of Opalescent Photography
- gift baskets from World Market, The Fresh Market, Ulla Cosmetics, Mast General Store and more


Attendees select a celebrity bidding name, participate in raffle drawings, and will be awarded door prizes. Old Bags & Tea is a homegrown fundraiser from CNB employees who are now partnering with Pippin Dental Care to continue the event’s success and growth. Lunch is provided jointly by employees from both businesses who volunteer their time to prepare appetizers, sandwiches and desserts for the guests. “We are proud to work with other local businesses who

share our commitment to the community to make this fun-filled charity event a reality in order to support Alzheimer’s Tennessee, East Tennesseans living with the disease and their caregivers,” says Stephanie Smith, Vice President of Citizens National Bank and event co-chair. “Partnering with Pippin Dental Care has been a great blessing. The employee’s big hearts and volunteer spirit have allowed this event to grow into something even better than previous years. CNB and Pippin Dental Care also want to give special thanks to Jim Bruce of Allegra Printing who donated all printing services and Kim Kitchings of Fuddruckers who donated and organized food donations and serving supplies. It’s wonderful to see community business leaders come together to support Alzheimer’s Tennessee.”



Event organizers Laura Hughes of Pippin Dental Care and Stephanie Smith of Citizens National Bank with select auction items for the event.

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Clear Springs Baptist Church - R.A.C.K. Ministry

TRUNK-OR-TREAT

Saturday, October 26 . 5:30-8:00 pm
New Church Property . Emory Road & Tazewell Pike**Free candy
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Rev. Jerry Vittatoe, Senior Pastor
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Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

Where Christ is Making a Difference in Our Lives and in Our Community

Faith

Church, God's Way

The events the previous forty days were nothing short of extraordinary. Jesus, after spending three days in the grave, was alive and appearing to hundreds of people, many at the same time (1 Cor. 15:5-8). Jesus ascended to heaven after telling His followers to stick around close to Jerusalem, because He was about to send the promised Holy Spirit and the beginning of the age of the Kingdom.

Ten days later, fifty days after Passover, Jerusalem is once again packed with people who had come to celebrate the holiday of Pentecost. The Disciples of Christ have gathered in a large room holding around one hundred and twenty people when the Holy Spirit came upon each of the apostles. The infant church is launched as Peter begins to preach to anyone who will listen to the Good News of Jesus. The Messiah they had been looking for had come and now each and every person can enter into a relationship with God and be

**By Mark Brackney,
Minister of the
Arlington Church
of Christ**

part of a loving community, the church. There is no longer a need for endless sacrifices and detailed rules. All that is needed is to believe in Jesus, repent of sin, confess Jesus as Lord, and be buried with Christ in baptism. Sins are now forgiven and the promised gift of God's Spirit indwells the lives of those who are saved. At the end of that first gospel sermon, three thousand people respond to the message and are baptized and added to their number. The kingdom is growing.

Often at this point in the story, we envision a mega-church meeting in Jerusalem. No, church buildings will not be legal for another three hundred years. The early Christians are meeting in homes. Picture in your mind over one hundred home churches with an average of thirty worshipping all throughout the city.

What did these Christians do when they met? "They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at

the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people" (Acts 2:42-47).

This is what you call doing church God's way. Notice that church is not about a building, it is about living life in community. They gathered not to follow some prescribed order of worship, but to fellowship, eat together, take communion, pray, share what they had, and praise God.

When you are full of joy for what God has done in your life, it draws others to want to experience that. The atmosphere was contagious and the church grew daily. Who wouldn't want sins forgiven, the gift of the Holy Spirit, and to be part of such a wonderful spiritual family? All are invited to live this new life.

Church Happenings

The 45th Nativity Pageant of Knoxville

The 45th Nativity Pageant of Knoxville will be telling the traditional Christmas story of the birth of Jesus in Bethlehem. at the Knoxville Civic Coliseum Dec. 14-16; free admission. With a cast and choir of 250, professional orchestra and live animals, the story is told in pantomime in the round. Interpreted for the deaf on Sat. and Sun. Coliseum parking is \$5/car. For more information, phone 865-258-9985 or go to www.knoxvil-lenativity.com.

Bells Campground UMC

Bells Campground UMC homecoming is Sunday, October 20 at 7915 Bells Campground Rd, Powell, TN. Rev Adam McKee will bring the message. Service begins at 10:30 a.m. with lunch to follow. Music in the afternoon will be provided by Michael and Delilah Kitts. Everyone welcome.

Christus Victor Lutheran Church

Christus Victor Early Childhood Development Center (Christus Victor Lutheran Church) will be hosting a "Trunk or Treat" event on Saturday, October 26 from 12:00 - 2:00. The event will include a 160 square foot children's maze, hay ride, snacks, and lots of candy. Everyone is invited! Come to 4110 Central Ave. Pike, Knoxville, 37912 or call 687-8228 for more information.

Clear Springs Baptist Church

Annual Trunk-or-Treat Saturday, October 26, 5:30 p.m. - 8:00 p.m. The Trunk-or-Treat will be held on our new church property at Emory Road and Tazewell Pike. Free candy and lots of fun!

See our ad on D2!

Glenwood Baptist Church

Glenwood Baptist Church of Powell, 7212 Central Ave. Pike, is accepting appointments for the John 5 Food Pantry. Call 938-2611 or leave a message.

Seymour United Methodist Church

On Friday, Oct. 18, the first Daddy-Daughter Fall Ball will be held in the Fellowship Hall starting at 7 p.m.

Saturday, Oct. 19, the "Groundskeepers" ministry and fellowship group will gather at the church at 9 a.m. for some much-needed pruning and general garden cleanup efforts.

Next Sunday, Oct. 20, the youth will travel to a Maryville District Chili Cookoff event.

On Saturday, Oct. 19, Camp Wesley Woods will host their annual "Work Day," wherein all are welcomed to come and help repair/replace what needs "fixin'!"

A training session for "Safe Sanctuaries" will be held from 3-5 p.m. on Sunday, Oct. 20, at Broadway United Methodist Church. This is a required program for all those working with children and/or youth, or who may be thinking of or plan to do so.

Looking ahead, the Older Adult Council hosts its Fall Festival luncheon on next Saturday, Oct. 26, beginning at 11 a.m.

For further information on any of the above items or other matters, please call the church office at 573-9711. The informational website is: www.seymourumc.org.

Seymour United Methodist Church is conveniently located at the corner of Chapman Hwy and Simmons Rd., just one block north of the Boyd's Creek and Rt. 411 intersection with Chapman Hwy.

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Sunday Morning Worship

11:00 a.m.

Sunday Evening Worship

6:00 p.m.

Wednesday Evening Prayer

7:00 p.m.

Wednesday Evening Youth

7:00 p.m.

Bus Ministry -

For transportation call 546-0001.

Fall Lawn Care

Fall is the best time to prepare your lawn for next spring. That's because with cooler temperatures, the grass is going

to be focusing on root growth. Therefore, we want to build up the density of the grass and encourage the most vigorous, healthy turf we can now to enjoy later. The soil under a lawn easily becomes compacted; the lawn then deteriorates in very dry or wet weather and moss may develop. Aerating a lawn makes it less compacted and encourages healthy growth. Aeration is the process of getting oxygen to plant roots. If you have noticed that your turfgrass isn't looking its best or that water has difficulty penetrating through the soil surface, it may be time to aerate your lawn. Autumn, after mowing, is the best time for aerating since the grass can grow strongly before winter. A garden fork is ideal for small areas. Drive the fork into the soil and gently ease it back and forth to enlarge the holes. Repeat at intervals of 4-5 inches over the whole area to be spiked. For large-scale aeration it is easiest to use a hollow-tined aerator—a fork that removes cores or plugs of grass and soil. Push the hollow-tined aerator vertically into the soil, then pull it out again. The tines remove small cores of soil and grass at 4-inch intervals across the lawn. Do this evenly over the whole area. Sweep up or rake the extracted cores.

Scarifying or dethatching is the removal of the living and dead organic debris, known as thatch, that builds up at the base of the grass stems. a buildup of thatch prevents good air circulation and smothers the grass, preventing water and fertilizers from reaching the roots quickly. This causes the grass to dry out, decline in quality, and be more prone to diseases. On most lawns, scarifying can be done by hand using a spring-tined rake to pull the thatch out from among the grasses.

It is best done in autumn when the soil is just moist. When raking make sure that the tines reach down to the soil surface.

Applying a top-dressing to your lawn improves the texture of the soil. If the area has just been hollow-tined aerated, the top-dressing makes an excellent filling for the holes since its sandy, open texture creates semipermanent channels for better drainage and aeration. You can buy top-dressing ready-mixed at your local garden center. Top-dressing is best applied on a dry, autumn day. Distribute the top-dressing over the lawn with a spade or shovel. Brush or work it in gradually and evenly over the whole surface with a broom or the back of a rake.

After aeration, apply grass seed and fertilizer to lawns as this is an ideal time to do so. Overseeding can be done to fill in the bare spots and oversee an established lawn for increased fullness.

Fertilization is important in fall and will strengthen your lawn's roots. You should actually give your lawn two treatments of fertilizer in the fall, one in September and then another treatment at the end of October or early November.

Fall is also the time to plant your bulbs for spring. Plant hardy bulbs anytime in fall before the soil freezes. It's best to plant them early enough so the root systems can grow before extremely cold weather arrives.

Choose healthy bulbs,

avoiding bulbs that are dry and withered, spongy or moldy. Choose an appropriate location. Most flowering bulbs prefer full sun. Make sure that you plant them at the appropriate depth, generally three times the diameter of the bulbs. Use well-drained soil. Most bulbs look best if planted in masses and not in straight rows but in curving, more naturalistic plantings.

This is seemingly a lot of work to do in fall, however, you will be so rewarded in spring!!! Your lawn and garden will be the envy of the neighborhood.

"I see that old hammock out back, Swaying lightly in the wind

That Autumn oft expels in October, Waiting for me to come and dream, But the bulbs that fill my tired Hands, leaving trails of rusty earth

Must first be laid to rest, I must tend to their needs first."--B.R. Jording, Fall Planting

"Every leaf speak bliss to me, fluttering from the autumn tree."--Emily Bronte

"To every thing there is a season, and a time to every purpose under the heaven:

A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted" Ecclesiastes 3: 1-2

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House to Home

Friends of the Library Elects New President

"Advocacy, authors and volunteers," says Martha M. Gill, newly elected President of Friends of the Knox County Public Library. "That sums up what I would like to see as the focus for the group during the coming year."

Gill, who has been a member of Friends since 2001, has seen community support of the local library system expand greatly over the past 12 years. She believes the key to maintaining that growth lies within the organization's ability to adapt to current economic and cultural trends.

"Friends can continue to build support of our library system by strengthening partnerships within our political and cultural community and by raising awareness of the value of the library to us all." Gill adds, "We can also foster a love of reading by recognizing the many talented authors with ties to East Tennessee. And, of course, we must maximize the talents, contributions and dedication of our nearly 800 members."

A teacher with more than 30 years of



Martha M. Gill

experience in high and middle schools, Gill served as president of Friends of Tennessee Libraries (FOTL) between 2008 and 2011. FOTL is the nonprofit organization which functions as a network of Friends of the Library groups across the state.



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ANNOUNCEMENTS

ACT Prep Course

A ZAPS ACT test-preparation seminar is being offered at Seymour High School on Saturday, October 19 from 9:00 a.m. to 3:00 p.m. It is \$79.00 for five hours. Each student will receive a comprehensive ACT study guide and 24 practice-test workouts. They will need to bring two pencils and a calculator. The seminar includes a 30-45 minute lunch break. Students are responsible for their own lunches. For more information about the seminar or to register for the seminar go www.zaps.com.

Call for Foster Grandparents

Foster Grandparents are

actively being sought to be role models, mentors, and friends to children with exceptional needs. Foster Grandparents are low-income volunteers age 55 or over who provide supportive services in educational settings to children with special or exceptional needs. In return for their service, they receive a small stipend.

For information on becoming a volunteer foster grandparent, call (865) 524-2786.

DAR meeting

The Samuel Frazier Chapter Daughters of the American Revolution will meet at the Silver Spoon, 210 Lovell Road, Saturday, October

19, 2013 at 11:00 a.m. The program "National Medal of Honor Museum of Military History" will be presented by Jim Wade, Executive Director. Visitors are welcome to attend. For reservations or more information, please contact Martha Kroll at (865) 603-4655.

Ossoli Meeting, Monday, October 14

Ossoli Circle Fellowship Coffee will be held at 9:45 a.m. Monday, October 14. At 10:30, Joe Rosson will speak on the topic, "For the Love of Antiques;" at 11:30 a.m. there will be a talk on "Domestic Violence Awareness," speaker to be announced. The Ossoli Clubhouse is located at 2511 Kingston Pike. Call (865) 577-4106 for

information. Visitors Welcome!

Republican Club Meetings

The Volunteer Women's Republican Club meets the 3rd Monday (Oct. 14) at Buddy's Banquet Hall, 5806 Kingston Pike. Lunch begins at 11:30 a.m. and the meeting begins at noon. Price is \$12.00. This week's meeting will be with Elaine Streno from Second Harvest Foodbank.

The West Knox Republican Club will meet the 2nd Monday of the month, (Oct. 14) at the Red Lobster, 8040 Kingston Pk. State Senator Mark Green (R-Clarksville) will be the speaker. Dinner begins at 6 p.m. and the meeting begins at 7 p.m.

The Knox Young

Republican Club will meet 3rd Tuesday of the month, (Oct. 15th) at Chick-fil-a at Homberg. The meeting begins at 6:30 p.m.

The South Knox Republican Club meets the 3rd Thursday (Oct. 17th) at Gary Underwood Park on Moore Road. The meeting begins at 7 p.m.

The Powell Republican Club meets the 3rd Thursday (Oct. 17th) at Shoney's on Emory Road. Dinner begins at 6 p.m. with the meeting beginning at 7 p.m. knoxgop.org

Vegan Supper Club to Focus on Depression

The Knoxville Vegan Supper Club will meet on Sunday, October 20, 2013, at 5 p.m. at the Knoxville First Seventh-day Adventist

Church, 3611 Kingston Pike, Knoxville, TN 37919.

Attendees will enjoy a plant-based meal and see live food demonstrations. October is depression awareness month and participants will hear a presentation entitled "The Ups and Downs of Depression" by Stephanie Guster. The supper club is open to the public. There is no entrance fee but a suggested donation of \$10 per person can be made on site. Registration is limited to 50 participants and the registration deadline is Thursday, October 17, 2013. For more information, visit knoxvilleinstep.com or contact Kimberly Crider at 865-264-3894.



Scented Rice in Baked Pumpkin

- 1 small pie pumpkin (about 2 lbs)
- 1 tbsp olive oil
- 1/2 cup uncooked brown rice
- 1 cup water
- 1/4 cup coarsely chopped pecans, toasted
- 3 dried apricots, chopped
- 2 tbsp raisins
- 1/4 tsp salt
- 1/4 tsp curry powder
- 1/8 tsp ground cinnamon
- 1/8 tsp ground cardamom, optional
- 1/8 tsp ground cumin

Wash pumpkin; cut into six wedges. Remove loose fibers and seeds from the inside and discard or save seeds for toasting. Brush wedges with oil. Place onto an ungreased 15-in x 10-in x 1-in baking sheet. Bake at 400° for 35-40 minutes or until tender.

Meanwhile, in a small saucepan, bring rice and water to a boil. Reduce heat; cover and simmer for 20-25 minutes or until liquid is absorbed and rice is tender. Stir in the pecans, apricots, raisins, salt, curry, cinnamon and cardamom, if desired.

Set four pumpkin wedges aside for another use. Sprinkle cumin onto remaining wedges; top with rice mixture. Yields 2 servings.

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