

Judge Wimberly receives prestigious honor

By Tasha Mahurin
Tasha@knoxfocus.com

Knox County Circuit Court Judge Harold Wimberly Jr. received the Bill Williams Service Award for outstanding achievement in the area of adoption services last week from the Department of Child Services for his commitment, dedication, and service to assisting the department in finding adoptive families for children in full guardianship of the state.

Judge Harold Wimberly, Jr. is a Knoxville native and has been a General Sessions or Circuit Court judge for the past 39 years. He graduated from West High School and attended the University of Tennessee and the University Tennessee College of Law. Wimberly went on to serve as a General Sessions judge from 74-'78'. He was later appointed by former Governor Ned McWherter to circuit court clerk and has been re-elected to that position four times.

During his tenure as a
Continue on page 2

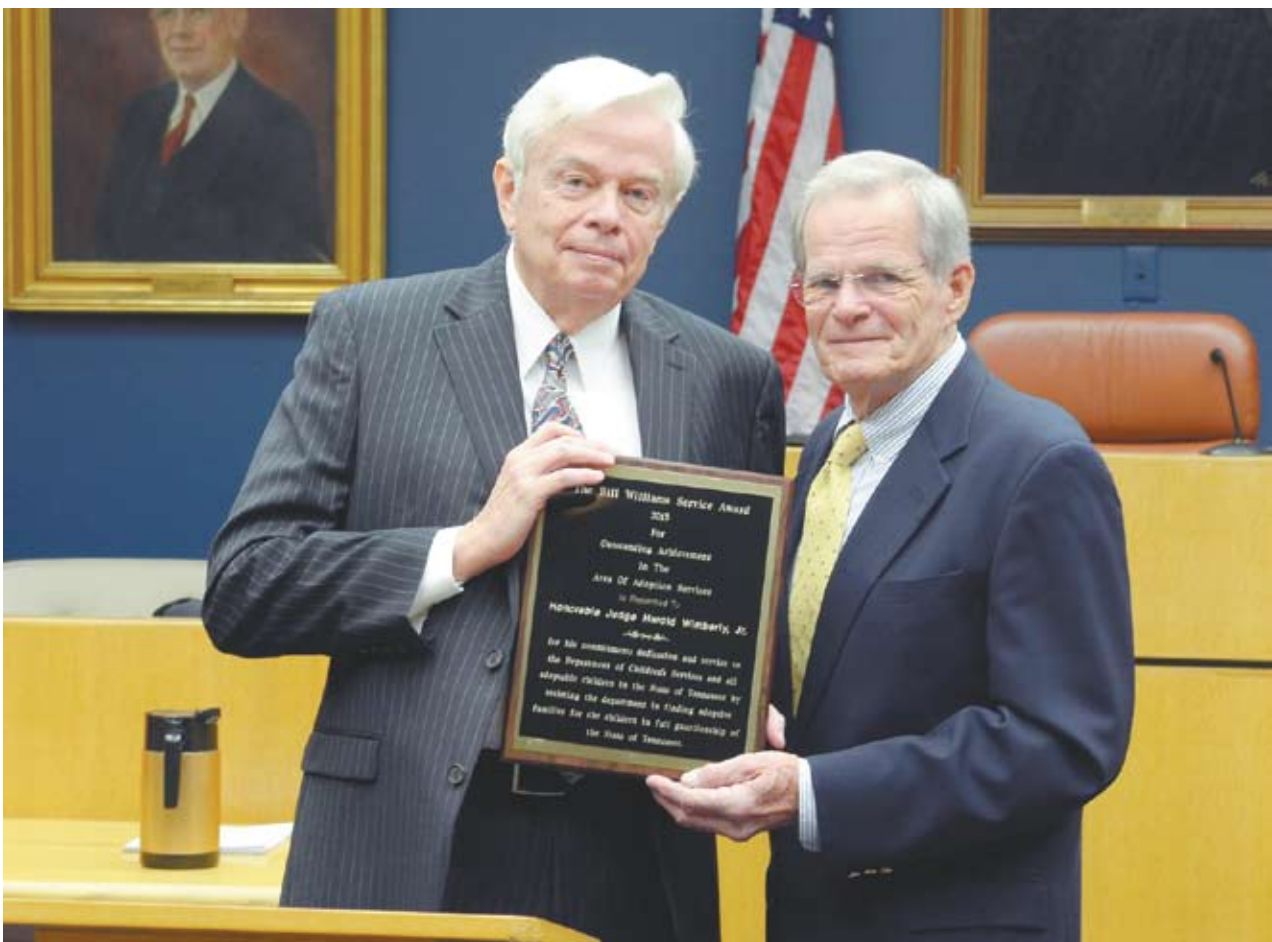


PHOTO BY JOHN GUSTIN.

Knox County Circuit Court Judge Harold Wimberly received the Bill Williams Service Award for outstanding achievement in the area of adoption services last week. Wimberly received the award for his commitment, dedication, and service to assisting the department in finding adoptive families for children in full guardianship of the state. The award is presented annually by the Department of Children's Services. The Honorable Harold Wimberly (left) is pictured with Bill Williams (right).

FOCUS Weekly Poll*

In your opinion, should the Affordable Care Act require companies to cover contraceptives for their employees with health insurance even if the use of contraceptives is against the employees' religious beliefs?

YES 32.72%

NO 67.28%

Survey conducted
November 26, 2013.

* Focus Weekly Polls are conducted by an independent, professional polling company.

Being Lincolns



PHOTO BY MIKE STEELY.

Tom and Sue Wright as Abe and Mary Lincoln appeared at Fort Dickerson recently, only one of the many public appearances the couple make locally and around the country.

By Mike Steely
steelym@knoxfocus.com

A suggestion from his grandson prompted Thomas Wright to become Abraham Lincoln.

Or at least take on the Lincoln character. And now the Oak Ridge man, who is a facility supervisor for an engineering and construction

company, portrays Mr. Lincoln at special events, in schools, and just about anywhere he's asked. His wife, Sue, thought that Mary Todd Lincoln should be represented also, and now she takes that part.

Seeing the two of them together at an event is memorable.

"My wife and I are both from the

area near the birthplace of Lincoln in Kentucky. We used to go to the annual Lincoln Day festival where they have a Lincoln Look-Alike contest and he (his grandson) would go with us. He assumed that I knew about Lincoln so we started getting ready to do what my grandson asked.

Continue on page 3

Parking Garage, Pensions, Billboards

By Mike Steely
Steelym@knoxfocus.com

The demolition of the Pryor Brown parking garage, built in the 1920s, to make way for a block-long street level parking lot was rejected by City Council last week.

Royal Properties was appealing a Metropolitan Planning Commission rejection. A local petition to save the multi-story garage and objections by Knox Heritage may save the structure. The old parking facility, located on the corner of West Church and Market, may be one of the oldest such buildings in the nation.

Arthur Seymour, Jr., and representatives of the owners, Royal Properties, told the council the building is "beyond repair," citing the age of the building, the concrete deterioration and a hole in the roof.

Kim Trent, executive director of Knox Heritage, said the garage is eligible for listing on the National Register of Historic Sites and developer David Dewhirst said that the garage could be restored and urged the council to reject the appeal.

Councilman Marshall Stair called for no motion after saying the garage's condition was simply about the "neglect" of keeping up repairs.

Councilman Dan Brown said he had visited the garage and wants to see it preserved.

The Pryor Brown parking garage was bought by the federal government years ago with the idea of demolishing it and building a federal courthouse. When another site became available it was sold to the present owners in 1995.

Stair said the multi-story structure fits well within the collection of historic buildings downtown, and offers more parking than a parking lot.

"This building defines that street. There's something unique about it," he said, adding that the demolition of the building and a block-long lot would be like "missing teeth in a beautiful smile."

Councilman Duane Grieve asked how much it would cost to restore the garage and called the condition of the building and the request to remove it "demolition by neglect."

Continue on page 2

What are you **WEIGHTING** for?

ONLY \$25 Enrollment!

Tennova
Health & Fitness Center

Tennova.com
859-7900



Merry Christmas
from
ROBBINS CLEANERS

688-2191 www.hallscleaners.net



Ohhh. Ahhh. Spa gift certificates.

Available for massages, facials and waxing.

Tennova
Health & Fitness Center

Tennova.com
859-7900



Focus on the Law Voter Identification Act

In 2008, the United States Supreme Court upheld a voter identification law passed in Indiana requiring voters at the polls to present either a United States-issued or an Indiana-issued form of photo identification to vote. The case was *Crawford v. Marion County Election Board*, 553 U.S. 181 (2008) where the plaintiff challenged the law's constitutionality as restriction on the right to vote. In a 6 to 3 decision, the Supreme Court recognized that there is "no question about the legitimacy or importance of the State's interest in counting only the votes of eligible voters." Indiana had experienced cases of in-person voter impersonation at polling places as well as voter registration rolls with a large number of names of persons



By Sharon Frankenberg,
Attorney at Law

who were either deceased or no longer lived in Indiana. The Court further found that the burden placed on eligible voters was not substantial as the ID cards are free and going to the Bureau of Motor Vehicles, gathering required documents and posing for a photograph is not a significant increase over the usual burdens of voting.

Currently 34 states have passed voter identification laws. Several state voter identification laws are being challenged in court. Opponents of the laws call them racist efforts to suppress the votes of minorities and low-income Americans. The American Civil Liberties Union, among others, is challenging the law in Wisconsin as impacting the elderly

and low-income voters disproportionately. The trial is taking place in federal court this month. In Texas, challenges to the State's Voter Identification law are working their way through the courts. Since 2002, the Texas Attorney General's Office has prosecuted 50 cases of voter fraud which is a tiny number when compared to over 13 million eligible voters in 2012.

In 2011 the Tennessee General Assembly passed a law requiring voters to present government-issued photographic identification at the polls. This new law was challenged after the City of Memphis Public Library began issuing photo identification cards to its patrons. While the law allowed the acceptance of photo identification cards that had been issued by an entity of the State of Tennessee, the library-issued photo identification cards were turned

away by election officials. The Tennessee Supreme Court heard the case and ruled unanimously to uphold the Act. In April of this year, the General Assembly amended the Voter Identification Act to specifically exclude cards issued by municipal libraries as valid identification. This amendment codifies the decision by the Tennessee Supreme Court and suggests that our Voter Identification Act will be enforced by the courts.

The State's interest in ensuring voter confidence in the electoral process as well as its compelling interest in preventing voter fraud presently outweigh the burden imposed on voters by having to prove their identity at the polls. We will see in the next few months if any of the currently pending cases change the status of voter identification laws at the national level.

Parking Garage, Pensions, Billboards

Continued from page 1

With no motion to approve or disapprove, the idea of demolition failed.

The council also voted to give the mayor permission to establish rules and regulations for the operation of mobile food trucks in the city. The pilot program would be tweaked as it runs but could give the vendors expanded sites to operate downtown.

The council also postponed action amending the employee pension system. Kathy Aslinger told them the changes are required to meet Internal Revenue requirements and would include changes in the actuary table to calculate retirement benefits for employees who add a beneficiary.

Stair said the change in the calculation

would increase the amount paid to retired employees a possible \$5 to \$7 million over the years. He asked if the change in calculation was required to meet the IRS regulations and Aslinger said, no, but would keep up with the actual cost and "correct the math."

Stair said he would not support that and, along with Councilman George Wallace, said the number of pages presented to the council in the proposal would not be reviewed for a decision at or before the



PHOTO BY DAN ANDREWS.

Councilman Finbarr Saunders at last week's City Council meeting.

meeting.

Councilman Finbarr Saunders, who initially introduced the motion to approve on first reading, pulled the motion off the table and Wallace moved to postpone until the members could review it.

The city council also postponed, until their Dec. 12 meeting, any discussion dealing with signs, billboards and advertising structures in the regarding height regulations.

FOCUS Weekly Poll

In your opinion, should the Affordable Care Act require companies to cover contraceptives for their employees with health insurance even if the use of contraceptives is against the employees' religious beliefs?

Yes 32.72%
No 67.28%



By Age	Yes	No	Total
30-49	20.69%	79.31%	29
50-65	33.33%	66.67%	144
65+	33.98%	66.02%	206
Total	32.72%(124)	67.28%(255)	379

By District

1	46.15%	53.85%	26
2	39.29%	60.71%	56
3	22.86%	77.14%	35
4	41.38%	58.62%	58
5	40.54%	59.46%	37
6	20.59%	79.41%	34
7	31.37%	68.63%	51
8	27.50%	72.50%	40
9	21.43%	78.57%	42
Total	32.72%(124)	67.28%(255)	379

By Gender

Unknown	21.43%	78.57%	14
Female	33.71%	66.29%	175
Male	32.63%	67.37%	190
Total	32.72%(124)	67.28%(255)	379

Survey conducted November 26, 2013.

Judge Wimberly receives prestigious honor

Cont. from page 1

circuit court judge, Wimberly became passionate about adoption. He has overseen 584 adoptions which led to 1,000 children being placed into homes. It is for his unwavering commitment to children that he was recognized with the Bill Williams Service Award.

"He's passionate about seeing children placed into loving, forever homes," Wimberly's long time

clerk, Judy Moore, told *The Focus*.

In his spare time, Wimberly loves to travel and has been an avid photographer for the past 20 years documenting his travels throughout the United States and Europe. He is married and has one son, who is also a lawyer.

The Focus congratulates him on a job well done in the service of local children.

Carol A. Akerman, DPM
Podiatrist-Foot Specialist
Medicine and Surgery of the Foot

2725 Asbury Rd.
Suite 102
Knoxville, TN 37914
865-329-3338
865-329 *FEET*

Powell Florist Gifts & Interiors
7325 Clinton Hwy | Powell, Tennessee 37849 | (865) 947-6105

THANK YOU
ALL for giving us
a great 2013!
Walta Patt

NEW! The Volunteer State Card

888.423.7831

Prescription Assistance Program

ACCEPTED AT:

- This **FREE** Reform Relief Prescription Drug Card is available to **EVERYONE**.
- This card is accepted at all major pharmacies nationwide.
- This card is pre-activated and can be used immediately.
- This card can be used to get discounts of up to 75% off all brand name and generic medications, with average savings around 30%.
- All prescriptions processed through the program are confidential.
- For those with insurance, the card can be used to guarantee the lowest price possible on prescription.
- The Reform Relief Program can be used by people with Health Savings Accounts (HSA's) High Deductible Plans, and Medicare Part D (on non-covered drugs).
- The Reform Relief Program has **LOWEST PRICE** logic guaranteeing that you get the lowest price on your prescriptions.

RxformRelief
reformrelief.com

Save up to 75% off prescription drugs This is NOT insurance

The Volunteer State Card

For pharmacy use:
RxUserID: 10 digit phone number (example: 555-555-5555)
RxGroup: PCHGR
RxBIN: 610268
RxPCN: PHXD
Cardholder Help: 888.532.3299
Pharmacist help: 800.577.6484
RxformRelief
reformrelief.com
This card is pre-activated for immediate savings at participating pharmacies!

(FOLD HERE)

Cardholder Instructions:
1. Present card to Pharmacist every time you pick up a prescription.
2. Use your savings card just as you would a primary insurance card.
3. Have insurance? Ask your Pharmacist to run both and use the one that will cost you the least out of pocket. 4. E-prescribe? Ask your MD to submit this card's BIN/PCN/Group information along with your prescription to your chain pharmacy of choice.
80,000 pharmacies nationwide, FREE for the whole family, savings up to 75%. For more information on savings questions regarding your Rxform Relief card, please contact us directly at www.reformrelief.com or 888-532-3299.

Pharmacy Instructions:
This savings card entitles the user to all prescription medication benefits associated with the BIN/PCN/Group codes on front (as per state and federal laws). If you need help processing the claim, please contact our Pharmacy Help Line at: 800-577-6484.

TheVolunteerStateCard.com

Serving All Of Knoxville County.

Proudly independently owned and operated.
Published by Fountain Printing and Publishing, Inc.

Deadline for ad design is Monday at 5 p.m.
Deadline for Classified ads is Thursday at noon.
Deadline for submissions is Thursday by noon.

Articles, announcements, photo attachments and cutlines may be submitted by e-mail to staff@knoxfocus.com.

Publisher Steve Hunley
Editor, Art Director Marianne Dedmon
editor@knoxfocus.com, design@knoxfocus.com

Office, Classifieds Rose King
staff@knoxfocus.com
Tasha Mahurin tasha@knoxfocus.com
Dan Andrews andrewsd@knoxfocus.com
Sales sales@knoxfocus.com
Pam Poe phpoe2000@yahoo.com
Bill Wright wrightb@knoxfocus.com
Diann Byrd byrdd@knoxfocus.com
Mike Steely steelym@knoxfocus.com

Articles designated as written by Focus Staff are the collaborative efforts of several staff members and are reviewed and approved by the editor and the publisher.
The Focus would like to thank all contributing writers. Submissions from our writers are gratis and are greatly appreciated. While articles are not guaranteed placement, we do strive to place as much as possible. Submissions for the paper are on a space available basis and are subject to publisher and editor approval. We want your news: that is what makes this paper truly a community newspaper.

SUBSCRIPTIONS AVAILABLE - \$74.50/YEAR
OPINIONS EXPRESSED IN THIS EDITION ARE THOSE OF THE AUTHORS AND NEITHER THESE NOR ANY MATERIAL PUBLISHED HEREIN REPRESENT ENDORSEMENT BY THE FOCUS.

Advertising: The Focus is not responsible for errors in an advertisement if not corrected by the first week after the ad appears. This newspaper is not responsible or liable whatsoever for any claim made by an ad or for any of the services, products or opportunities offered by our advertisers. We do not endorse or promote the purchase or sale of any product, service, company or individual that chooses to advertise in this newspaper and we reserve the right to refuse any or all advertising we deem inappropriate or unacceptable by our company standards. Political advertising must be pre-paid. The Focus does not accept ads that defame any candidate. All political ad content must be pre-approved prior to its run in the paper.

865-686-9970 www.knoxfocus.com



For additional information about the Music Concert Series or The Arts at Pellissippi State, call (865) 694-6400 or visit www.pstcc.edu/arts. To request accommodations for a disability, contact the executive director of Human Resources and Affirmative Action at (865) 694-6607 or humanresources@pstcc.edu.

7:00 p.m.
Gay Street



FOCUS MORE ON Seymour & South Knox

Outdoor Classroom unveiled at South-Doyle

Elected officials along with representatives from TVA, The Water Quality Forum, South Woodlawn Neighborhood Association, Legacy Parks and Perfect Ideas, LLC., gathered recently to hold a ribbon-cutting ceremony at South-Doyle Middle School's new outdoor classroom.

The hands-on learning environment includes a 90-seat amphitheater set into the hillside on the SDMS campus and a "labitat" ecology research area.



For almost 10 years, students at SDMS have participated in Knox County's "Adopt-A-Watershed" program and through that initiative have learned the value and necessity of having clean and accessible water in our communities.

The initiative began as collaboration between the South Woodlawn Neighborhood Association and South-Doyle Middle School, and became a reality when the school received a \$30,000 grant from The Dow Chemical Corporation to construct the facility along Baker Creek on the school's campus. The Dow Gives Community grant focuses on community land-use projects in the neighborhoods near Dow Knoxville.

Seussa-Palooza!

December 16, 6:00 p.m.
Seymour High School Auditorium
A night full of fun for the whole family presented by the Seymour High Forensics Team!
Dinner and a show!
Dinner is provided by Buddy's BBQ, and the SHS Drama Department will be performing plays based on your favorite Dr. Seuss books!

PRICES:
ADULTS - \$15
STUDENTS (11 & UP) - \$10
CHILDREN (5-10) - \$7
KIDS 4 AND UNDER ARE FREE!
Price includes dinner

For More Information call: (865) 577-7040 or Forensics Director: Danielle Smallwood at daniellesmallwood@sevier.org

Let there be heat

Over the weekend Amy dispatched me to purchase a quartz heater. Its purpose is to knock off the chill in our family room. At one time in life, I might have

objected because heaters smothered me and had me taking off layers of clothes. Things are different these days because I sit and shiver as my hands and feet turn to blocks of ice. It's not a state unfamiliar to me.

When we were small children, our house was heated with a coal-burning Warm Morning Heater. It was set in the living room on an asbestos mat. The efficiency of that stove left much to be desired. On especially cold mornings, a light coating of ice covered portions of the plaster walls and all of the windows.

The bedroom Jim and I shared was just as cold as the living room. We lay under a couple of quilts and bedspreads. When the time came to get up, we ran across the wood floors and came to abrupt stops in front of the stove. For a few minutes we'd turn ourselves from front to back in vain attempts to warm up. One side would be comfortable, but when we turned, it would again be painfully cold in no time. Jim and I retreated to our room where we grabbed clothes and shoes. In front of the heater we dressed for the day.

Breakfast during the



By Joe Rector
joerector@comcast.net

weekdays consisted of cream of wheat or oatmeal with toast. Mother's oven was an oversized appliance that could bake up to four pies at once. She'd

open its door and turn on the broiler so that the heat from it would warm the kitchen. We boys were thankful to arrive at school where the classrooms were comfortably warm.

Daddy hired some men at the mill to dig out a basement so that a coal furnace could be installed. It changed our lives for the better in some ways, but the thing wasn't the perfect heating source. The metal monster demanded food, and our older brother trod down the steps to serve coal into the stoker. Every few days he had to carry buckets of clinkers that Daddy had fished from the furnace.

The house was warmer than it had ever been, but it came with a price. The first time the furnace fired each year, it coughed smoke from every register. For the next couple of days the haze continued. At the same time, the fuel wasn't the cleanest. We woke up, made a bee-line to the bathroom, grabbed a handful of toilet paper, and blew the black crud from our heads. Sure, we were warmer, but the coal burner contributed to headaches, sinus infections, and upper

respiratory problems.

After Daddy died, Mother abandoned the furnace because she couldn't and knew we wouldn't keep the thing filled with coal. She had her brother Charles find good electric heaters for the rooms in the house. They blew warm air, but no area ever warmed up enough to be comfortable. We'd squawk when someone stood in front of the heater and blocked the flow.

Not until all of us left home did Mother have a heat pump installed. It didn't produce enough "hot" air so Mother purchased a monster wood burning stove that had us throwing open every window in the house the first time it was fired up on a cold winter's day.

Now, I'm like so many senior citizens who struggle with being just a little "chilly." That's where the new heater comes to the rescue. I have another one in my office, the other room where I spend hours at a time. However, when I go to bed, I want the room to be cool. Most nights, the window at the head of our bed is opened a little to let fresh, nippy air in. I don't so much mind that morning cold air because our house can be quickly heated so that we are comfortable. I worry about the day that comes when my feet and hands turn to permanent ice cubes.

Coupon Corner

SAM'S
Family Style Restaurant & Deli

4405 North Broadway
(Across from K-Mart)
Open 7 Days a Week!
688-4376



All Meals between 3pm & 7pm
on Tuesdays are \$5.00
(including drink)

1/4lb Burgers, Fries & Drink:
\$4.99

BRITTANY'S ALTERATIONS

6208 Chapman Hwy
Knoxville, TN 37920

865-382-1697

spencersewing@gmail.com

HOURS

Monday, Wednesday - Saturday
10-6

Closed on Sunday & Tuesday

10% OFF All
Alterations &
Consignment Items.
Exp. 12-31-13

Let the last holiday gift be...
For You!



Consolidate this year's holiday expenses with a low-cost, fixed-rate Holiday Recovery Loan.

Gather all your holiday bills into one easy payment!

Take advantage of these low rates:

• 3.99%^{Fixed APR*} - 24 mos.

• 4.99%^{Fixed APR*} - 36 mos.

• 6.99%^{Fixed APR*} - 48 mos.

Enrichment
federal credit union
Exceptional service. Extraordinary people.
8 Area Locations To Serve You!
865-482-0045 • 800-482-0049
enrichmentfcu.org

* APR - Annual Percentage Rate. This special offer is for new loans only. Proceeds cannot be used to pay off existing loan/credit card debts at Enrichment Federal Credit Union. Rates shown are based on performance based pricing's best rate. Checks will be made payable to creditor(s). Rates available through 02/28/2014. Some restrictions apply.



NPAC
NISWONGER
PERFORMING ARTS CENTER
Greeneville • Tennessee
www.NPACgreeneville.com
Box Office: 423.638.1679

Christmas Performances

DEBBY BOONE:
CHRISTMAS MEMORIES
Saturday • December 14
7:30 pm
\$30.00 / \$40.00

A CHRISTMAS CAROL
Thursday • December 19
7:30 pm
\$20.00 / \$30.00

TICKETS ON SALE NOW!
NPAC GIFT CARDS AVAILABLE IN ANY DENOMINATION.
PERFECT FOR HOLIDAY GIFTS OR SPECIAL OCCASIONS!

RAM brings medical help and more

By Mike Steely
steelym@knoxfocus.com

The name says it all. Remote Area Medical, headquartered here in Knoxville, serves the poor with medical, eye and dental needs across the United States and internationally. Last month's Red Carpet Event at the Tennessee Theater highlighted the efforts of the organization with a reception and a new film. Stan Brock, founder of the Remote Area Medical Volunteer Group (RAM) was present and attendees saw the award-winning film, plus heard the Tennessee Wind Symphony.

Brock could have gone

down in history as a wild-life television star for his work on the series "Wild Kingdom," or "Stan Brock's Expedition Danger" that ran for 7 years, or as an author of books or even as a star in movies like "Escape from Angola."

While living among Indians in South America Brock became in need of medical care and found that medical care was 26 days away. When he left Guyana he decided to find a means of delivering basic medical care to needy people. Initially the effort was aimed at Third World countries and then also focused on similar needs in the United States.

In 1985 he founded Remote Area Medical. Tennessee is the only state that has "Open Borders To Doctors" Brock opened the organizations headquarters in Knoxville. Since then RAM has grown to serve the needy citizens around the globe with basic medical care, eye care, and dental care. One day, at the Bristol Speedway, RAM served more than 2,000 people. The traveling clinic usually opens at 5:30 a.m. but people line up a day before or wait overnight.

There's no identification or payment asked of those in need. During the Haiti relief effort Brock and other RAM staff parachuted into

a village and brought medical care and supplies.

"You can close your eyes and put a pin in the map and go there. You'll find people there in the hundreds or thousands that need the service," Brock has said.

In 2014 RAM's schedule calls for visits to Houston, Texas, Madisonville, Tenn., Buena Vista, Va., Clay County, Tenn., Indio, Calif., East St. Louis, Miss., Wise, Va., San Juan, Texas, Oklahoma City, Okla., Grundy, Va., Newport, Tenn., and Greeneville, Tenn.

RAM is funded by donations and volunteers, including doctors, dentists, nurses, pilots, and veterinarians. You can find RAM

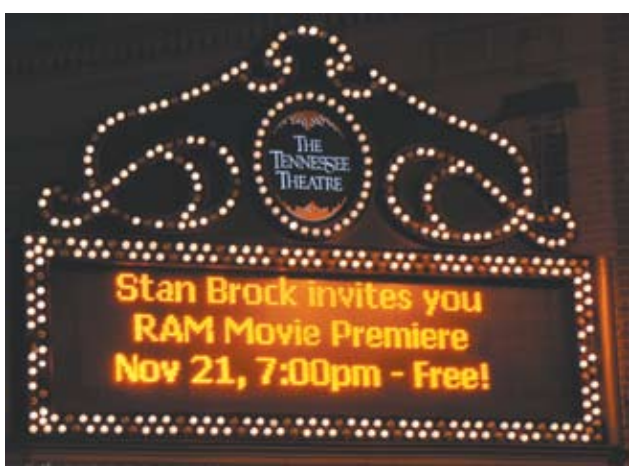


PHOTO BY DAN ANDREWS.

The Tennessee Theatre hosted the RAM red carpet event and screening on Thursday, November 21.

Congressman Duncan visits Fountain City Elementary



PHOTO BY DAN ANDREWS.

Fountain City Elementary teachers and students sing the National Anthem as Congressman Duncan presents the school with a flag that had flown over the state Capitol building in Nashville.

By Mike Steely
steelym@knoxfocus.com

"It was a really special time with the kids," said Tina Holt, Principal of Fountain City Elementary School of Congressman John Duncan's visit on Friday, November 22.

Congressman Duncan had dropped by Fountain City Elementary to speak to the students and teachers, telling them about the two national houses, the three branches of government, and what he does in Washington. He presented the elementary school with a flag that had been flown over the state Capitol. Also present were Knox County officials,

including Superintendent McIntyre, School Board member Deathridge, Commissioner Smith and Commissioner Grieve. Holt said that Angela Cook directed the pledge to the flag and singing of the national anthem, and that the Safety Patrol carried the flag.

"Our school is worth the attention," Holt said. She added that the event was timely enough to allow the kindergartners to leave on time, was not formal, and that Duncan not only spoke but asked students questions and got replies.

"He said that the children and their families were his boss," she said, "and shook hands with the

students." Hold also said that Duncan stayed for photographs with students and staff and handed out "Lucky Pennies" to the students. The coins had the inscription "Keep me and you'll have Good Luck," on one side and "John H. Duncan, Member of Congress" on the other, with a penny in the middle.

"It was a one-on-one," she said.

Congressman John Duncan, Jr., succeeded his father in office and has now served longer than his father did. Duncan is a former Knox County Criminal Court Judge and has served in Congress since 1988. He serves on several committees, including Homeland Security.

Big Brothers Big Sisters: Making an impact across East Tennessee

By Tasha Mahurin
Tasha@knoxfocus.com

"Working for UT athletics was my dream job, and I never thought I'd leave it," Doug Kose, told *The Focus*.

That was before he began serving on the board of directors for Big Brothers, Big Sisters of East Tennessee. Kose moved to Knoxville from Ohio in 2005 to accept a position within the University of Tennessee Athletic Department. During that time, he served on the board of Big Brothers Big Sisters and became passionate about the organization and its cause. When the position for CEO of the organization came available in 2012, Kose applied for it.

"Knowing that what you're doing is helping kids and really making a difference in their lives every day is amazing," he added. Kose, who accepted the position in January of this year, hopes to make a lasting impact on the organization and the children it serves.

As the nation's largest donor and volunteer

supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"). Most children served by Big Brothers Big Sisters live in single-parent and low-income families, or households where a parent is incarcerated.

The organization has nearly 400 agencies across the country. The East Tennessee agency serves youth ages 6-15 from Athens to the Tri-Cities area. Kose explained that they are currently working to expand their coverage in the Greenville area.

The service is free for both the "Big" and the "Little", therefore, the organization fundraises throughout the year. In December they will begin their "Double My Donation" campaign- which is a program in which individual contributions made during the month will be matched by corporate donors.

On January 4, truly committed sponsors of the organization have

Continue on page 2



KNOX RAIL SALVAGE

The Do-It Yourselfer's Friend

400 E. Jackson Avenue
(near Knoxville's Old City)

200 E. Magnolia Avenue
(2 blocks from our 400 E. Jackson Store, next to the Greyhound Station)

Mon - Fri 8 a.m. - 5:30 p.m.
Saturday 8 a.m. - noon
524-8000 Mike Frazier
www.knoxrailsalvage.com

Check out these prices while supplies last!

Christmas Cards	\$6.95 NOW \$2.95!
Christmas Wrapping Paper	49¢/roll
Christmas Ornaments	starting at 25¢
Wood Moldings.....	15¢/foot & up
6x6 White Vinyl Privacy Fence	\$19.95
2dngle Roseettes	\$1.49
Cross Ties.....	\$8.49.....
Wallpaper	Starting at 99¢
Carpet and No Wax Flooring	Starting at \$3.99/sq yd
Furniture Vanities	Starting at \$299
Regular Vanities with manmade marble top	Starting at \$79
Roofing Shingles dimensional 5 tab, unwrapped	\$49.95/square
2' X 8' Pressure Treated Lattice	99¢ While supplies last!

T-shirts Starting at \$1

In Bundles of 12.....\$7.49ea

Borders Starting at 69¢

Cont. from page 1

the opportunity to participate in the "Penguin Plunge." Participants will take pledges, much like a walk-a-thon. However, they won't be walking- they'll be running, and jumping... into the frigid waters of the Tennessee River.

If you aren't able to contribute financially, and aren't willing to dive into the river, you can still be involved- by becoming a mentor.

"We always need 'Bigs'," Kose explained. "We currently have about 50 children on our waiting list."

The process is involved and requires a background, driving record, and reference check and takes 6-8 weeks to complete. According to Kose, however, the experience is just as rewarding for the mentor as it is for the child.

"Many of our mentors say they feel that they have benefitted more from the program than their little brother or sister. It really changes the way you view the world," he said.

For more information on Big Brothers Big Sisters of East Tennessee visit www.tennesseebig.org or call their local office at (865)523-2179.

STRAWBERRY
FRUIT SQUEEZE
2 PK 7 OZ.
2\$1
FOR

OUR MISSION IS TO SERVE TELL US HOW
WE'RE DOING! info@myugo.com
Due to our unique purchasing opportunities, quantities may be limited. See Shop Early for the Best Bargains.
VISA MC A EBT GIFT CARDS AVAILABLE

UNITED
GROCERY
OUTLET

SOUTH KNOXVILLE 6021 Chapman Hwy
We now have Gluten Free, Sugar Free, and Organic Products. Items are limited and vary by store and available while quantities last.
PRICES GOOD DEC. 1 THRU DEC. 7, 2013

DIET COKE
24 PK - WHILE SUPPLIES LAST
\$4.00

100% SATISFACTION
We specialize in liquidations, closeouts & irregulars.
QUANTITY RIGHTS RESERVED.
Not all items available in all locations

BARGAINS FOR ANY BUDGET!

USDA INSPECTED MEAT

FRESH MEAT ITEMS NOT AVAILABLE IN ALL LOCATIONS - VISIT WWW.MYUGO.COM FOR THESE LOCATIONS

Whole, Boneless PORK LOINS  \$1.99 lb	28oz House Cut RIBS  \$6.99	4lb Bag PARTY WINGS  \$5.99	CHICKEN BREAST TENDERS  \$1.99 21 OZ.
---	---	---	--

FARM FRESH PRODUCE

FRESH EXPRESS GARDEN SALAD  \$1.00 12 OZ. BAG 15.8 OZ. HOMESTYLE RANCH DRESSING..... \$1.79	US #1 RED POTATOES  \$2.49 5 LB. BAG 30 OZ. MAYO..... \$1.00	CALIFORNIA NAVEL ORANGES  3\$1 FOR 16 OZ. MINI MARSHMALLOWS..... \$1.00	ANJOU PEARS  99¢ LB. 10 OZ. FROZEN BLUEBERRIES..... \$1.00
---	--	---	---

FROSTED TUMBLE WHEATS CEREAL  \$1.39 15.5 OZ. CINNAMON DONUTS - 2.7 OZ..... 3 FOR \$1.00	MAPLE BACON  \$2.99 16 OZ. HASHBROWN PATTIES - 3.5 LB..... \$1.99	MOZZARELLA STICKS  \$4.99 50 OZ. SPICY VEGETABLE JUICE - 46 OZ..... \$1.19
---	---	--

CORNER BEEF  \$2.49 12 OZ. FLAVORED RICE - 8 OZ..... 79¢	SPAGHETTI SAUCE  69¢ 16 OZ. ASSORTED PASTA - 16 OZ..... 79¢	FROZEN SALMON FILETS OR CRUSTED POLLOCK  \$3.99 2 LB. BAG ASSORTED SPICES - .18 OZ-6 OZ..... 79¢
---	---	--

UNLABELED DOG OR CAT FOOD  \$4.99 12 PK 12.5 OZ. CANS CAT LITTER - 20 LBS..... \$2.39	DRYER SHEETS  \$3.19 120 CT. CLEANER WITH BLEACH - 64 OZ..... \$1.00	DISPOSABLE DIAPERS  \$1.49 16 CT. BABY FOOD TODDLER SIZE - 6 OZ..... 2 FOR \$1.00 PEDIASURE - 4 PK..... \$2.89
---	--	--

HOLIDAY SHOPPING MADE EASY AT

UNITED
GROCERY
OUTLET

**GROcery
OUTLET**

Gifts for
Any Budget!

Gift Cards
Available
For Any
Amount



Fruit Baskets \$7
Starting at
Custom Food Boxes Made To Order!
Large Orders For Churches,
Schools, Food Banks Are Welcome.
See Store Managers For More Info.
36488025

Some members of the Big Brothers Big Sisters of East Tennessee enjoyed tailgating earlier this fall.

Tea & Treasures selected to host next SBC Cash Mob

**First 30 people to
receive free \$20 gift
card courtesy of ORNL
Federal Credit Union**

Thanksgiving typically marks the start of the holiday season. With this sentiment in mind, ORNL Federal Credit Union (FCU) has announced the next installment of its Small Business Counts Cash Mob program - Tea & Treasures at 4104 Martin Mill Pike in South Knoxville on Thursday, December 5 from 5:00 - 7:00 p.m.

This is the first Small Business Counts cash mob to take place in South Knoxville since the program launched in late July.

Opened six years ago, Tea & Treasures is a retail shop and hidden gem located in an old country home that was originally built in 1905. The shop is run by owner and cancer survivor Jenny Wolf and

resident artist Bobbye Edwards and features a variety of handmade and vintage items such as jewelry, handbags, pottery, crafts and ornaments from more than 40 local artists.

The store is typically only open on Fridays and Saturdays, but complimentary tea is always served.

The Small Business Counts Cash Mob program was created to recognize and show support for local merchants, like Tea & Treasures, in the 16 counties that ORNL FCU serves by encouraging people to shop locally at a given date and time. The program includes the promotion and support of two local businesses each month and will continue into 2014.

At the cash mob event, the first 30 people will receive a \$20 gift card to use on any merchandise within the store, courtesy of ORNL Federal Credit Union. Limit one per family or couple.

Other special discounts and offers will also be available.

For more information about the Small Business Counts program or to nominate a local merchant, visit www.SmallBusinessCounts.com. There is no requirement for

the business to be a member of ORNL Federal Credit Union to be selected for a cash mob. Details of future cash mobs will be made available approximately one week in advance of each event.

Christmas Craft Fair
December 7
9 am-3 pm
Inskip United Methodist Church
714 Cedar Lane 37912

**Now Open!**
Italian & Mediterranean Cuisine

Dine in | Take Out
Delivery
865-691-9100

**Knoxville
Flea Market**

The Region's Finest Flea Market for more than a Decade!

Knoxville Expo Center - 5441 Clinton Highway

★ **DECEMBER 6-7-8** ★

Fri. 3-7 • Sat. 10-7 • Sun. 10-4

FREE ADMISSION & PARKING!

Over 300 Booths! Quality Dealers from Several States!
Incredible Bargains on Everything New, Used, & In Between!

Vendor Booth Space Available: 10'x10' - \$110 / 15'x10' - \$165 / 20'x10' - \$220
Visit www.stewartpromotions.com or call 502-456-2244 for more info

ONE CHANGE CAN REDUCE YOUR
ENERGY CONSUMPTION BY UP TO 40%.



**A new high efficiency heating & cooling system
can be more affordable than you think with
NO MONEY DOWN & LOW MONTHLY PAYMENTS
through the TVA Energy Right Program.**



Are you interested in reducing your energy consumption by as much as 60%? Well, the most effective way to make that happen might come as some surprise to you. It has nothing to do with your car, or your light bulbs, or any household appliance that you might be thinking of ... getting a more energy efficient heating & cooling system is one of the best ways you can get significant energy savings. Trane introduces the XL20i heating and cooling system with a 12-year compressor warranty. It is, simply put, one of the most energy efficient, environmentally friendly heating and cooling systems available. Contact LB Chase Mechanical to learn more about how you can dramatically reduce your heating costs today.

Expect more from your independent Trane dealer.

**(865) 428-4824**

Part Seven: Tennessee's Old Gray Fox Albert Gore

Pages from
the Political
Past



By Ray Hill

rayhill865@gmail.com

Congressman Ross Bass had been elected to the United States Senate in 1964 to fill out the remainder of the late Senator Estes Kefauver's term of office. Senator Bass had to face the voters again in 1966 and the campaign would be a repeat of 1964, with Bass once again facing Governor Frank Clement in the Democratic primary and Republican Howard Baker in the general election.

Bass was upset in the primary by Governor Clement, who in turn lost to Howard Baker by about 100,000 votes. Although Baker had run a strong race in 1964, which had not been a good year for Republicans, his victory stunned many Democrats who could not bring themselves to believe a GOP candidate could win a statewide election in what had been a one party state for decades. Howard Baker was the first Republican to ever be elected to the United States Senate by popular vote.

The Republicans also managed to snag yet another Congressional seat with the victory of Dan Kuykendall in Memphis. Kuykendall had challenged Albert Gore in 1964 and had come within fifty thousand votes of winning. Kuykendall had run against Congressman George Grider, who had defeated the last remnant of the old Crump machine in 1964. Many of Congressman Davis's old supporters had lined up behind Dan Kuykendall and a rising Republican Party. While the Democrats still held a majority of the Congressional seats in Tennessee, the Republicans were making serious inroads in areas that had never before supported a GOP candidate.

Lyndon Johnson had been the first presidential candidate to carry Tennessee since Harry Truman, but Richard Nixon carried the Volunteer State in a three-way race with Vice President Hubert Humphrey and Alabama Governor George Wallace. Wallace had run especially well in West Tennessee, while Nixon was amassing huge majorities in traditionally Republican East Tennessee. Nixon carried Tennessee with just over 37% of the vote.

Perhaps even more shocking to Tennessee Democrats was a temporary loss of control of the state House of Representatives. The election of a Republican Speaker of the House, Bill Jenkins, was an historic event in Tennessee.

Albert Gore would again seek reelection in 1970 and he had been a consistent opponent of the Nixon administration. President Nixon had engaged in a strategy to maximize Republican strength in the South and intended to help candidates win in states that had largely been one party states since the Civil War.



FROM THE AUTHOR'S PERSONAL COLLECTION.

*Above, an autographed portrait of Albert Gore, Sr.
Right, Senator Albert Gore literally campaigning on the stump.*

Senator Albert Gore was targeted by the Nixon administration for defeat. Tennessee Republicans were energized and there were a host of serious candidates for the gubernatorial nomination. House Speaker Bill Jenkins, millionaire industrialist Maxey Jarman, and former Republican State Party Chairman Claude Robertson all made determined campaigns, as did a little known dentist from Memphis, Winfield Dunn.

There were two candidates facing off in the GOP senatorial primary as well; one was former movie star and country music artist Tex Ritter. The other was Congressman William E. "Bill" Brock, III of Chattanooga.

It was Tex Ritter who christened Albert Gore the "Old Gray Fox" of Tennessee politics. By 1970, Gore was the very essence of senatorial appearance, with a head of distinguished white hair. Ritter explained Gore was a shrewd politician, crafty and hard to pin down. It was readily apparent the Republicans were going fox hunting.

Tennessee Democrats were not deterred from fighting amongst themselves as they faced a serious challenge from the Republicans. There was a fierce primary contest for the gubernatorial election where John Jay Hooker was the favorite candidate. Hooker had run against Governor Buford Ellington four years before and run a very strong race. John Jay Hooker was considered more liberal than many Tennessee Democrats, with an urbane appearance and folksy manner. Buford Ellington was considered to be far more conservative than Hooker, with close ties to President Lyndon Johnson. Ellington had first been elected governor in 1958 as an avowed segregationist; his

successor had also been his predecessor in office, Frank Clement, thereby beginning the famous "leapfrog" government in Tennessee.

Senator Albert Gore was himself the target of many inside his own party. Many encouraged outgoing Governor Buford Ellington to run against Gore in the Democratic primary. Ellington was far more conservative than Gore and even the Nixon administration did not find the prospect of an Ellington candidacy unpleasant. In the end, Ellington chose not to run, but he did encourage the candidacy of his press secretary. Hudley Crockett, a former newsman, was running to the senator's right. Crockett's campaign for the Senate pressed Gore hard and he carried West Tennessee heavily.

Once the primaries were over, there were several surprises. Winfield Dunn emerged from the heated GOP gubernatorial contest as the Republican nominee. Dunn's opponents were relegated almost to favorite son status as each carried his home turf and little else. Speaker Bill Jenkins carried upper East Tennessee, while Claude Robertson carried the Second Congressional district surrounding Knoxville. Maxey Jarman did well in the Third Congressional district and much of Middle Tennessee, an area where there was a notable absence of Republicans.

Winfield Dunn proved to be the second choice of many Republicans and he did surprisingly well across the state, but carried his home territory of Shelby County, the most populous in the state, by an amazing margin of around 95%.

Congressman Bill Brock had beaten Tex Ritter easily, unlike Senator Gore who came out of his own primary battered and wounded.

Gore loathed Richard Nixon and the dislike between the two was quite mutual. Senator Gore also had little or no regard for Vice President Spiro Agnew, who at the time had become something of a political lightning rod. Agnew was adored by much of the right wing, while he was anathema to the left wing.

Gore and Agnew had traded insults publicly and Gore's opposition to the Nixon administration was taking its toll in Tennessee.

Senator Gore had opposed two of Nixon's appointees to the United States Supreme Court, Clement Haynsworth and Harold Carswell, both of whom had been Southerners. Gore was acutely aware of the political danger in rejecting the nominations and had initially been delighted when President Nixon had

nominated Harold Carswell. Senator Gore thought he would be able to support the nomination, which would have the effect of diminishing the charge he was traitor to his own South. Much to his dismay, Carswell proved to be unfit for the high court and he voted against confirming Carswell's nomination. Despite Harold Carswell's being a poor choice, Gore's opposition to his nomination made the senator's path to reelection all the more uncertain. Senator Gore himself later confessed he suspected his "political life" might very well be at stake in deciding the Carswell issue, he could not bring himself to support Harold Carswell.

Senator Albert Gore was also afflicted with several other problems that affected his political standing. Many perceived Gore as aloof and aristocratic, although Albert Gore was anything but an aristocrat, having come from a very humble background. For years Gore had disdained many of the things incumbents do to generate goodwill, a practice scrupulously

practiced by his predecessor Kenneth McKellar, as well as Estes Kefauver. McKellar was renowned for his prompt response to every letter received in his office and the numerous favors he performed for constituents daily. It had helped to make him Tennessee's longest serving senator and in 1970 there were many who remember Senator McKellar very well indeed.

Estes Kefauver had perhaps even gone farther than McKellar, noting the various anniversaries, birthdays, and other happy occasions celebrated by his constituents, all of whom received a note from the senator. When Senator Albert Gore suddenly started taking notice of such events, it drew not good will but suspicion and scorn as he had been in the Senate for almost eighteen years and found it to be beneath the dignity of his office.

Hudley Crockett had campaigned hard on the theme Senator Gore was out of touch with Tennessee, a theme naturally picked up by the Brock campaign. Gore enthusiastically picked up the "old gray fox" analogy bestowed upon him, claiming a gray fox was mighty difficult to catch.

The change in the way campaigns were being run

in a modern age proved to be a challenge for some of Tennessee's most popular Democrats. Governor Frank Clement, widely acknowledged as a powerful orator, had fared poorly on television. Likewise, Albert Gore was an able and accomplished stump speak-

er and his personality on the campaign trail seemed less remote and reserved. Still, Gore found it difficult to meet the challenges of modern campaigning.

There was no extensive entourage, which is a staple of campaigning to this day. Neither did Senator Gore have the benefit of the advance men who help shape a candidate's schedule for maximum benefit, attracting the local television news and encouraging supporters to attend various events. Gore would oftentimes arrive in a town or city without prior notice and simply visit from person to person. While it had been effective in the past, it was long outdated in 1970.

Congressman Brock ran a tough campaign, stressing he believed and shared the values of most Tennesseans. Of course the inference was Albert Gore did not share those same values.

It would be the theme of the fall campaign and Albert Gore's last race for the United States Senate.



Dogwood Family Dentistry
James D. Hazenfield, DDS
Same day appointments available
\$20 Look and See exam
We never charge for pain control
6502-B Chapman Hwy.
Knoxville, TN 37920
(next to The Rush) **609-9682**
NOW OFFERING EXTENDED HOURS

Fountain City Auction
4109 Central Ave Pike | Knoxville, TN 37912
604-3468
For all your
Auction
Needs

TAL #2204 TFL #5223
WE BUY ESTATES

A Birthday Celebration

the Mynatt Brothers' Dad Turns 80!

It was well underway when we arrived. With the hillside full of cars, it had the look and feel of a tailgating event—especially since the University of Tennessee was hosting the University



By Ralphine Major
ralphine3@yahoo.com

of Georgia. Some guests were coming outdoors to eat. Others were just inside where the tasty barbeque and all the side dishes filled the buffet table. The spread of food had the perfect backdrop — a collection of UT memorabilia in the corner. Early October was weather perfect for a college football

game. It was perfect for a party, too—a surprise birthday party! The party was in honor of Emerson Mynatt, a Halls resident and avid UT fan. He is also the father of "The Mynatt Brothers" that I wrote about earlier this year. The Mynatt Brothers came home to Halls to help with the celebration. For weeks, Emerson's wife, Cecil, and their four children—Carol, Butch, Randy, and Gina—had managed to keep the party plans a secret from the Navy veteran and retired postal employee. They got

help from a neighbor who took Emerson to visit another friend in a neighboring county on a crisp Saturday morning. While they were gone, Butch and Pam and their children came up from Georgia, and Randy flew in from Louisiana. The Louisiana grandchildren, Tyler and Caroline, could not make the trip; but Laura and Grant, the grandchildren who are University of Georgia graduates, were there sporting red bulldog shirts. It appeared somewhat of a house divided since Butch and Pam, as well as Randy, Gina, and Carol's daughter, April, are all UT grads.

A birthday party is not

complete without a cake. To celebrate Emerson's 80 years, there was a huge cake and ice cream for guests to enjoy. When I went back inside for a piece of cake, there were two more grandchildren on hand for the special day—Gina's children, Jessica and Blake. Even the great-grandchildren, Macy and little Cooper, were at the party to wish their great-granddad a happy birthday. They belong to the Mynatt's oldest granddaughter, April, and her husband. The day was a lot of fun spent with family and friends. The party was a huge success—but it would have been a more perfect day if the Big Orange had won!



Emerson and Cecil and their children managed to break away from their guests to get a rare and special family photo in front of their beautiful rosebushes. (Left to right): Gina, Randy, Emerson, Cecil, Butch, and Carol—by Ralphine Major.

Impromptu HOME & GARDEN




- Trapp Candles
- Sundials
- Christmas Decor & Ornaments
- Wind Chimes
- Statuaries & Fountains
- Wind Paddles
- Bird Baths
- Gifts & More!

5901 Chapman Hwy • 577-8428
Hours: Mon-Sat 9:00am - 5:00pm

Season's Greetings from THE ORIGINAL LOUIS DRIVE-IN Restaurant SINCE 1958



Louis' Gift Certificates Make Great Gifts!

Dining Room, Curb or Carry-out Service and Banquet Room

4661 Old Broadway
688-4121 • 687-9921

Come...let us treat you like royalty




WINDSOR GARDENS

- Locally Owned and Operated
- Three Apartment Sizes
- Three Levels of Care
- 24 hour Nursing Onsite
- Medication Management
- Activities Program

Windsor Gardens is an Assisted Living Community designed for seniors who need some level of assistance in order to experience an enriched & fulfilled life. Our community offers older adults personalized assistance & health care in a quality residential setting.

North Knoxville's Premier Assisted Living Community
(865) 688-4840 5611 CENTRAL AVE. PIKE
Conveniently located at Exit 108 (Merchants Rd) Off I-75
www.windsorgardensLLC.com

\$\$ Knowledge is worth a fortune \$\$

- Find out what your gold, silver or paper currency is worth - **FOR FREE**
- By appointment
- Without pressure to sell, I WILL NOT ASK TO BUY THE PRODUCT
- If you want to sell, then you can ask how much I will pay for the product, be it jewelry, coins or diamonds.

If you are a collector and are sick of hearing how bad your coins are, come see me!
I love coins!




Kit's Coins

7600 Oak Ridge Highway
www.kitscoins.com | 865-599-4915

Your biggest asset

Your home is your most valuable asset. It's the investment of a lifetime. Depending on your situation, your home equity can be a great way to help finance a major expenditure such as an education, home remodel, dream vacation, unforeseen emergency or even as a line of credit. Talk to us about a Home Equity Loan. It might be just what you need. We're an equal housing lender.




COMMERCIAL BANK

Member FDIC
When you grow we grow

Fountain City - Halls - Powell - West Knox - Maynardville - Luttrell
www.cbntn.com

A LOOK AHEAD, A GLANCE BACK Webb closing in on seventh state title

By Steve Williams

Webb School is favored to win a seventh state championship since the TSSAA playoff system began when it goes against St. George's Independent School Thursday afternoon in Cookeville.

According to the Sonny Moore Computer Power Ratings, Webb is expected to defeat the Gryphons of Collierville by nine points.

Kickoff time is set for 4 o'clock (EST) for the Blue Cross Bowl's Division II-A title game, which will be played at Tucker Stadium on the Tennessee Tech campus.

The Spartans' current total of six state titles since 1969 is more than any other high school in Knoxville has produced.

David Meske, in his 29th season as Webb's head coach, has guided the Spartans to five state championships and two runner-up finishes.

Webb gave Knoxville its first state crown in the playoff era in 1981 when Ron Gratz was head coach.

"Our strengths this season have been a strong defense, excellent play out of our offensive line and running backs that have the ability to score," said Meske Monday via e-mail. "We also have a great kicker in Robby Strachan. Our quarterback, Johnny Chun, has also made the plays that he has needed to make."

Todd Kelly Jr., a Mr. Football Finalist for the Tennessee Titans' Division II-A Back of the Year, which will be named today, carried the ball 16 times for 140 yards

Continue on page 6

2013 KNOX METRO YOUTH FOOTBALL LEAGUE CHAMPIONS



PHOTO BY JON GUSTIN

The little guys (above) play the game just like the big boys in the Knox Metro Youth Football League. See the end result inside today's sports section -- team photos of all 15 league champions, from Junior Hoppers to Senior Midgets, plus the championship game scores and more.

Powell overcomes slow start to down Lady Pats

By Ken Lay

For the first quarter of its game Tuesday afternoon the Powell High School girls basketball team was sleepwalking.

But when the Lady Panthers finally answered their wake-up call, they were able to defeat Jefferson County 52-42 in the first round of the U.S. Cellular Basketball Tournament at Central High School.

"I don't think we were ready to play [in the first quarter]," Powell coach Caitlin Hollifield said. "We want to come out and start games like we finish them and we've been preaching about that all year."

The Lady Panthers (3-0) may have beaten the Lady Patriots (2-2) easily but early on, it didn't look like Powell was going to beat anybody.

Jefferson County hammered the seemingly slumbering Lady Panthers early and opened a 12-3 lead before Powell finally shook off its lethargy and pulled to within 17-14 by first quarter's end.

The Lady Panthers would eventually take their

first lead, an 18-17 advantage, with 5 minutes, 19 seconds remaining in the second quarter by senior Shea Coker, who scored a game-high 24 points in the contest and had many of her points when the Lady Patriots were on runs and attempting to get back in the game.

"Shea always hits big shots for us and she did it again today," Hollifield said. "She's like a dagger."

"She scored points for us when we really needed them. She scored when they were getting momentum and trying to go on runs."

Coker wasn't the only star for the Lady Panthers on this night. Senior center Damaiya Moore was a dominant force in the paint. After a sluggish

Continue on page 4

PHOTO BY DAN ANDREWS.

Powell's Jill Gorman (12) attempts to shoot over a Jefferson County defender in the Lady Panthers' 52-42 win over the Lady Patriots Tuesday in the U.S. Cellular Basketball Tournament at Central High School.



CANTRELL'S HEAT & AIR, INC.

SALES • SERVICE • MAINTENANCE

5715 Old Tazewell Pike • 687-2520

Cantrell's Cares

- Free in-home estimates on new high efficiency systems!
- We service all brands!
- Financing available through TVA Energy Right program (Restrictions may apply)

Heating & Air Conditioning
Amana
American Standard
HEATING & AIR CONDITIONING

Family Business Serving You Since 1992

MEMBER
QUALITY CONTRACTOR NETWORK

energyright solutions TVA

Proud sponsor of

A Race to Raise Awareness for Human Trafficking Jan. 11, 2014

A+ BBB Rating

BBB MEMBER



Junior Hopper NFC: Bearden



Hopper AFC: Halls



Hopper NFC: Grace



Hopper NFC No. 2: Baby Roadrunners



Cutter AFC: Farragut

It's first and grin for Knox Metro Youth Champions

Six Catholic Senior Midgets win fifth straight championship

By Steve Williams

Winning a championship in the Knox Metro Youth Football League is a thrill. Can you imagine doing it five years in a row?

That's happened for six youngsters, who were members of this season's Catholic Senior Midget team, which rolled past Halls 51-22 in the local youth league's title game for 13 and 14 year old players.

For Morgan Ernst, Jack Sompayrac, Roland Ryan, Joe Fluker, James Davis and Tyler Hayes, it was their fifth championship season in a row on the Catholic team coached by Dickie Sompayrac. They started their title string as 9 year old players in the Cutter division, then celebrated championship seasons in the Minor Pee Wee, Pee Wee and Junior Midget divisions.

Coach Sompayrac's teams also compiled a 73-0 record over the past five seasons, counting league play and "bowl" games.

Another seven or eight players were on Sompayrac's team for four years but began playing this

season for Senior Midget teams that will feed their future high school programs. Senior Midget players mainly consist of middle schoolers.

"Seventeen of the 21 players I had on this year's team will probably come to Catholic High," said Sompayrac, who is principal at Catholic High School.

In the finals, Catholic led by only 16-14 with three minutes to go in the first half. A strip and fumble recovery led to another Irish touchdown. The determined Halls team scored on its first possession in the second half, but Catholic eventually pulled way.

Cam Whaley had a "big day," said Coach Sompayrac, rushing for 160 yards and three touchdowns. Quarterback Jack Sompayrac passed for 185 yards and three TDs.

Ernst, a linebacker, made 19 tackles to lead the defense.

"He's our man-child out there," said the coach. "He plays beyond his years."

Ernst is among a steady stream of good talent

headed for Coach Steve Matthews' Fighting Irish high school program.

The Catholic youth program's 10 year old team also took top honors in the Minor Pee Wee NFC division this season, beating Bearden 16-6 in the title game. Catholic's 12 year old team was runner-up in the Junior Midget AFC division.

In the Senior Midget semifinals, Catholic defeated Farragut 35-14 and Halls eliminated the Falcons 40-20.

TITLE TEAMS: Fifteen teams won championships this season in the Knox Metro Youth Football League, counting all seven age groups and divisions. There were a total of 126 teams, including approximately 2,000 players, from 20 commissions throughout Knoxville and Knox County.

BEATING ADVERSITY: On the way to winning the Minor Pee Wee XFL crown, Coach Sammy Vaughn's Falcons had to overcome

the loss of their starting quarterback in the semifinals and get past Central 12-6 in double overtime.

Ty Humphreys went out with a knee injury midway through the third quarter, pointed out Butch Ivester, the team's offensive coordinator. Backup QB Jay Riddell ended up scoring the winning touchdown on a bootleg on fourth-and-two.

The Falcons went on to blank Halls 6-0 in the championship game. It was the ninth shutout of the season for the Falcons, who were 10-0 in the league and 4-0 in bowl games.

TURNAROUND: Coach Todd Hazelwood called it "the story of the year." After having a won-loss record of 5-63 over the previous four seasons, Farragut's Junior Midget team knocked off Catholic 14-8 to capture the AFC title.

Farragut had lost to Catholic 6-0 in the regular season. Farragut also avenged a 25-0 loss to Central with an 8-6 semifinal win.

Continue on page 6



Cutter NFC: Gibbs



Minor Pee Wee XFL: Falcons



504 Carden Jennings Lane

865-675-3690

www.Hiwassee.com

Come by and see the beauty of our new Andersen E Series Display at one of East Tennessee's Best Window and Door Showrooms!

Andersen E Series has the protection of extruded aluminum exterior with the warmth of a wood interior.

Over 50 Exterior Colors Available with no additional cost

Professionals and homeowners are having great success using the Andersen E-Series in their building projects.

Hiwassee Window & Door is proud to offer quality products that give you great value. Building or Replacing, we have the product to meet your needs.



PHOTO BY JON GUSTIN

BUILDING 'BLOCKS' OF SUCCESS. It starts with coaches busy at work (above) in the Knoxville Metro Youth Football League and ends with teams celebrating championships.

Renew your **55+ Program** and keep the low rate of \$75 for the 2014 year. Sign up before January 1, 2014 and receive a free round!

Now 55+ Program.

Senior discount on anyone 55 years old or

- \$55 now through 12/31/13
- \$20 anytime M-F includes cart
- \$25 on weekends and holidays after 1:00 p.m. includes cart.

Call 687-4797 for more information or visit www.threeridges.com

Bam Bam and Bubba help lead Falcons defense in title win

By Steve Williams

On the youngest end of the Knox Metro Youth Football League, the Junior Hopper AFC division for 7-year-old players, the Falcons stopped Halls 26-0 in this season's finals at John Tarleton Park.

"Defense," said veteran youth coach Ricky Jones when asked what he thought was the key to the victory. "We didn't give up many first downs (only two).

"Our offense started out slow. But they spread their defense out wide, and we were able to hit some gaps and make some long runs on them."

Zion Stinson made a key block on a Halls defensive back as Demarcus Allen scored on a 10-yard run late in the first quarter – the only touchdown of the first half.

Brandon Winton raced 47 yards in the third quarter to extend the lead to 12-0.

A 64-yard breakaway by Allen on the first play of the fourth quarter was big. Allen got to the outside and was gone.

Bubba Faulkner intercepted a Halls pass



Junior Hopper AFC: Falcons

and returned it for a TD with 1:44 left. Stinson tacked on a 2-point conversion run to complete the scoring.

Jalen Hill, Bam Bam King and Steven Soles made stickout hits on defense for the Falcons.

King made a textbook tackle when the Red Devils' Gavin Harrop came his way on a reverse at the start of the second quarter. Bam Bam "stayed home" at his end post and dropped the Halls runner for no gain.

Halls got some key defensive stops from Riley Earle and Kamen Shown. Shown also ran hard against the tough Falcons defense. Michael Harrop had a 9-yard gain out of Halls' overload-right "beef" formation midway through the final quarter.

With the victory,

the Falcons finished undefeated in the league.

Halls coaches kept the mood upbeat and positive as the Red Devils came together for a post-game meeting, with parents looking on.

"Did you have fun tonight," asked Scott Tidwell, the team's defensive coordinator.

"Yeah," players responded.

"That's what it's all about," said Tidwell.

Offensive coordinator Tommy Heath then took his turn to address the squad.

"Your coach called some bonehead plays," he said.

"You still gave it everything you had. That's what counts. I don't care what the scoreboard says."

KNOX METRO YOUTH FOOTBALL LEAGUE 2013 Championship Games Scores

Junior Hopper (7 Year Old)
AFC: Falcons 26, Halls 0
NFC: Bearden 38, Karns 6

Hopper (8 Year Old)
AFC: Halls 30, Carter 28
NFC: Grace 28, Hardin Valley 8
NFC No. 2: Baby Roadrunners 18, Grace 6

Cutter (9 Year Old)
AFC: Farragut 26, Central 20
NFC: Gibbs 8, CAK 0

Minor Pee Wee (10 Year Old)
XFL: Falcons 6, Halls 0
AFC: CAK 8, Carter 0
NFC: Catholic 16, Bearden 6

Pee Wee (11 Year Old)
AFC: Central 54, Halls 0
NFC: West 18, South-Doyle 0

Junior Midget (12 Year Old)
AFC: Farragut 14, Catholic 8
NFC: Carter 28, Falcons 6

Senior Midget (13-14 Year Old)
Catholic 51, Halls 22

Jake Bishop was head coach of the Red Devils, who finished the season with a 7-3 record.



Senior Midget: Catholic



Junior Midget NFC: Carter



Junior Midget AFC: Farragut



Pee Wee NFC: West



Pee Wee AFC: Central



Minor Pee Wee AFC: CAK



Minor Pee Wee NFC: Catholic

The Absence of Patience

By Alex Norman

On November 11th, Tennessee's men's basketball team opened the season with a road game against Xavier. A late Vols rally fell a bit short in a hostile environment, with the Musketeers hanging on for a 67-63 victory.

The next day on local sports talk radio, the large majority of callers talked about the future of head coach Cuonzo Martin. Some wanted him fired... others wanted former head coach Bruce Pearl brought back after his NCAA "show cause" penalty expires next summer.

Remember, the Vols were 0-1. They had played one game. On the road. Against a perennial NCAA tournament team.

This, of course, begs the question...

What is wrong with these people?

Maybe you are one of them, maybe you aren't, but the idea of wanting a coach fired after the first game of the season is asinine.

By my count the Vols will play a minimum of 32 games this season. So following the Xavier contest, Tennessee's schedule was 3.1% complete.

I realize that Tennessee hasn't been to the NCAA tournament since 2011, but they came

very close in 2012 and 2013, probably a win shy of the field of 68 each time. And I think people forget the roster was gutted following Bruce Pearl's firing, with seniors Brian Williams, Melvin Goins, Steven Pearl, Josh Bone and John Fields departing, as well as freshman Tobias Harris and junior Scotty Hopson choosing to turn pro.

But Bruce Pearl spoiled the Tennessee fan base with an exciting brand of basketball, and six straight NCAA tournament appearances. Before Pearl showed up, Tennessee had only been there 13 times in program history.

However the bigger issue is probably the fact that many fans have no patience anymore. We live in an immediate gratification society, and that translates to the world of sports. We want wins, and we don't want to wait for them.

The University of Tennessee's athletic department (and departments across the country) has learned that the days have passed when you could just open the doors to your football stadium and basketball arena and have all the seats filled. This is most important in football and men's basketball, since these are the two sports that register a profit. The Lady

Vols basketball program traditionally breaks even in that regard.

Football and basketball drive the economic engine of an athletic department, and most often, when a team is losing, the cash flow slows...

Sometimes though, the most critical fans... the ones that stop buying the popcorn and making the donations, do have a point. Many Vols football fans were vocal and calling for then head coach Derek Dooley's firing after an embarrassing 10-7 loss to Kentucky at the end of the 2011 season. It was the first time Tennessee lost to the Wildcats in more than a quarter century. Dooley had lost the team, and players such as quarterback Tyler Bray and receiver Da'Rick Rogers reportedly told teammates that they didn't want to play in a lower-tier bowl game.

Instead, Dooley was given a third season... which turned into another disaster. Wasting a collection of offensive talent at the skill positions, many of which would find their way onto NFL rosters, the Vols finished with a third straight losing season. Athlonsports.com recently had Dooley at the top of a rather dubious list... "College Football's All-

Time Worst Coaches at Great Programs."

Dooley was the exception when regarding pulling the trigger on a dismissal.

But he's not the rule.

So depending on how this Vols basketball season turns out, the folks wanting a change at the top might get even more vocal. If the Vols fail to advance to the NCAA tournament, the pressure on Tennessee athletic director Dave Hart to make a change will be high. Can't we at least get to the middle of December before everyone starts in with the "Bill Self has land in Union County" or "I saw Tom Izzo at McGhee-Tyson Airport" comments?

That would be the basketball equivalent of Jon Gruden rumors... right?

Take a deep breath people... Please?

BUY A DRINK

SAVE 3¢ PER GALLON

Pilot

(Up to \$1, when you buy a fountain drink, ICEE, Gourmet coffee or Delicious cappuccino)

Jeff Francis chose coaching over reporting football

Jeff Francis resigned as sideline reporter for the Vol Network in 2007 to spend more time with his family. Much of that time has been coaching his sons' football teams.



By Steve Williams

This season was Francis' ninth coaching youth football and it was highlighted by his West team of 11 year old players winning a championship in the Knox Metro Youth Football League.

My guess is that title win was just as exhilarating for Jeff as the time he led Tennessee to a Liberty Bowl win over Minnesota in 1986 and was named the game's MVP as the Vols' sophomore quarterback.

Drew Francis, Jeff's youngest of three sons, was a linebacker, tight end

and tackle on the West team, which defeated South-Doyle 18-0 in the Pee Wee NFC finals.

"He might be the first one in our family to play football with his hand on the ground," said dad.

Francis' oldest son, Christian, didn't start playing youth football until around middle school age and was a three-year starter at quarterback for West High School. He's now a biology major at UT.

Middle son Ryan also played QB and in the secondary at West and is a freshman safety for Virginia Military Institute this fall.

Daughter Keeghan, however, is the toughest of all.

Cont. on page 6

TERMITES?

Call Southeast

TERMITE AND PEST CONTROL

BBB RATED A+

Since 1971

925-3700



PHOTO BY DAN ANDREWS.

Farragut's Madison Maples drives to the basket in the Lady Admirals' 54-14 win over South-Doyle last Monday night in the Admiral Thanksgiving Tournament. Maples scored 15 points for Farragut.

Admirals out-net Cherokees

By Ken Lay

For two years Kristen Freeman has awaited her chance to make an impact on the Farragut High School girls basketball program.

That long wait came to an end on Monday, Nov. 25 as Freeman scored 12 points and helped the Lady Admirals nab a 54-14 victory over South-Doyle in the opening round of the first annual Admiral Thanksgiving Tournament at the Lynn E. Sexton Gymnasium.

"I've waited my turn," Freeman said. "We've had some great girls here over the last two years and we've had two great teams.

"I've enjoyed watching them and learning from them. I'm excited to get a chance and prove myself and to play with some great girls."

Farragut (4-0) kept its perfect record intact despite some early shooting woes. The Lady Cherokees actually had 4-3 lead early before the Lady Admirals scored the last eight points of the opening quarter to open an 11-4 advantage.

While Farragut's offense really got rolling in the second stanza, its defense remained stingy. The Lady Admirals didn't allow The Lady Cherokees (2-3) to score

in the second quarter.

Farragut used a 22-0 run in the second quarter to open a 33-4 advantage by halftime.

Three Lady Admirals scored in double figures. Madison Maples finished with a game-high 15 points. Freeman had 12 and Madyson added 11.

Farragut also got a second-quarter lift from guard Anna Woodford, who scored the first eight points of the period and gave the Lady Admirals a 19-4 lead with 6:05 remaining before halftime.

Farragut went on to open a 49-8 lead by the end of the third quarter and the final frame was played with a running clock.

While Farragut boasted a balanced offensive attack Maples said that the Lady Admirals' defense was the difference.

"Our No. 1 goal was to come out and play with defensive intensity," she said. "We wanted to hold them to 35 points and we did that.

"We held them to 14."

Only two players scored on this night for the Lady Cherokees (2-3).

Karen Donahew led South-Doyle with eight points and Chattin Atchley scored six, including four in the first quarter.

Teamwork nets sixth win for Spartans

By Ken Lay

Webb School of Knoxville boys basketball coach Ricky Norris said his team plays its best when it shares the basketball.

The Spartans did just that in a 74-58 victory over Kingsport Dobyns-Bennett Tuesday night in the first round of the U.S. Cellular Basketball Tournament at Central High School.

"Our willingness to share the basketball is the key to our success and we've done that well to this point," Norris said after his squad used a big second half to rout the Indians.

"Our key to success tonight was the play of our post players and their willingness to battle inside.

"They [the Indians] had me concerned because of their size."

Dobyns-Bennett was much bigger than the Spartans but on this night, it didn't seem to matter.

Webb (6-0) and the Indians were embroiled in a see-saw affair early. The Spartans led 19-18 after the first quarter and held a 33-32 advantage at the half before blowing things open in the third stanza.

The Indians scored the first three points of the frame before Webb closed the quarter with a 23-9 surge to open a 56-44 lead when Justin Jenkins hit a field goal as time expired in the frame.

The Spartans boasted a balanced

attack. Austin Cox scored a game-high 26 points. Jenkins added 25 and Dean Miniard finished with 12.

Webb is off to a perfect start despite missing a few players who are still playing football. The Spartans will play for a second consecutive Division II-A State Football Championship Thursday night in Cookeville.

On the hardwood, Norris isn't about to throw away any of his team's six wins but he considers them a bit of icing on the cake.

"It may sound silly but right now, the wins aren't the biggest thing for us," Norris said. "It's great to get those wins.

"But right now, we're playing to get better later in the season."

The Spartans are certainly on their way to a successful season thanks to teamwork and a potent offense. A stingy defense certainly doesn't hurt matters either.

On Tuesday night, the Spartans held the Indians bigger post players in check. Reserve center Paul Gadson, a 6-foot-3 wide body, scored just eight points.

Junior John Fulkerson, a 6-7 forward, scored 18 points in the contest. But he was the only Dobyns-Bennett player to score in double figures.

Tournament play continued through Saturday but results were unavailable at press time.

Panthers can't shake 'funk' in loss to Tennessee High

By Ken Lay

Powell High School boys basketball coach Mike Ogan has seen just about everything in his long career with the Panthers and Tuesday night he saw his team start strong, fade and then put together a ferocious fourth quarter that nearly netted a victory.

But Powell came up short and dropped a 58-54 decision to Tennessee High in the opening round of the U.S. Cellular Basketball Tournament at Central High School.

"If you're around this game long enough, you'll see teams go through a

funk as I call it," Ogan said. "We started strong and then we went into a funk.

"The post play broke down. The guard play broke down and the defense broke down and we just kept digging that hole."

Early on Powell (1-2) and the Vikings were involved in a back-and-fourth battle with Tennessee clinging to a narrow 14-12 edge at the end of the first quarter.

The Panthers faded in the second quarter. Meanwhile, Tennessee senior guard Adam Mitchell heated up and

Continue on page 6

Powell overcomes slow start to down Lady Pats

Cont. from page 1

start, Moore rebounded to control the boards and score 15 points. Her late bucket in the first quarter pulled Powell within 14-12. She also had a basket early in the third stanza gave the Lady Panthers a 33-24 lead with 6:43 left.

That basket all but clinched things for the Lady Panthers.

"Damaiya was big for us tonight," Hollifield said. "She's long and she always plays good defense down low.

"She did a great job for us on the boards and she played good post defense. Our defense is why we won this game. Our defense was extremely strong. Our guards pressured the ball well."

Junior Brooke Taylor led the Lady Patriots, who lost their second consecutive game Tuesday, with 20 points.

Hines sparks comeback for Lady Falcons in tourney

By Ken Lay

An early-season perfect record stayed intact for the Fulton High School but the Lady Falcons' latest win didn't come easily.

Fulton (2-0) erased a big fourth-quarter deficit en route to its 64-53 victory over Livingston Academy Tuesday night in the opening round of the U.S. Cellular Basketball Tournament at Central High School.

Fulton was hot early and had a 17-9 lead before the Lady Wildcats stormed back and outscored the Lady Falcons 20-5 in the second stanza. The surge helped Livingston Academy open a 29-21 lead by halftime.

"We got outscraped there right before halftime," Fulton coach John Fisher said. "I told them in the locker room that we were going to have to respond.

"We were playing in our second game and in our first game in more than a week and it all comes down to how you respond in games and I'm proud of the girls for the way they responded."

The Lady Falcons continued to struggle in the third quarter. Fulton fell behind 37-23 early in

the second half before rallying to pull to within 41-33 by the end of the frame.

The Lady Wildcats had a 44-41 lead before Fulton freshman guard Quay Hines went on a tear. She hit consecutive shots including a 3-pointer that helped Fulton regain a 46-44 lead with 6 minutes, 23 seconds remaining in the game.

Livingston Academy recaptured the lead on a 3-pointer by center Marlee Sells, who had a game-high 20 points and converted three long-range jumpers, Hines answered with a shot to give the Lady Falcons a 48-47 lead with six minutes remaining.

The Lady Wildcats would then knot things at 48 on a foul shot by junior Kailey Winningham a short time later.

Hines then scored four more points down the stretch to help Fulton go ahead for good. She scored 11 of her 13 points in the fourth quarter.

"You wouldn't know that she's a freshman," Fisher said.

Another freshman, KeKe McKinney also had a stellar night for the Lady Falcons. She scored

14 points.

"Those girls are big-time players," Fisher added.

Fulton also received big contributions from a pair of seniors. Forward/center Tyanna Castle matched McKinney's 14 points and guard Brittani

Whiteside finished with 12.

Winningham had 10 points for the Lady Wildcats, who buried four 3-pointers in the contest.

Tournament play continued through Saturday but results were not available at press time.



Pat Summitt Plaza unveiled



On Friday, November 22, the Pat Summitt Plaza was dedicated to UT's legendary Lady Vols coach. The Plaza, located on campus at the corner of Lake Loudoun Boulevard and Phillip Fulmer Way, boasts a nine-foot tall statue of Summitt, her career statistics and a sign replicating her signature. *Ground-level photos by Ginny Byrd; Aerial photo by Bruce McCamish /Bruce McCamish Photography.*

Benusches signs with Martin Methodist College



PHOTO BY DAN ANDREWS.

Central pitcher Michael Benusches (center, seated) signs to play baseball with Martin Methodist College. Pictured with Michael are his mother Chris, his father Matt and his Central High teammates.

By Ken Lay

Central High School pitcher Michael Benusches came a step closer to realizing his dream of playing college baseball recently when he signed a National Letter of Intent to play at Martin Methodist College in Pulaski, Tennessee.

"I just want to play college baseball," Benusches said. "I wanted to stay close enough to home where my family could see me play."

"I also wanted to stay close enough to home so I could come and visit my family on the weekends. That was really big because I wanted to stay within a four-hour radius [of Knoxville]."

At Martin Methodist, Benusches will play for coach Jonathan Byrd, who is the brother of new Bobcats' coach Matt Byrd.

Matt was hired at Central late last summer to replace Brian Lovett, who resigned midway through the 2013

season.

Benusches said that playing for Jonathan Byrd wasn't a determining factor but noted that Byrd's staff welcomed him with open arms.

"The coaching staff [at Martin Methodist] made me feel welcomed and the atmosphere at the school is what brought me there," Benusches, a right-handed pitcher, said.

With the recruiting process behind him, Benusches has some unfinished business on the diamond for the Bobcats.

Central has a storied baseball tradition but the Bobcats have fallen on lean times recently. Benusches wants to do his part to restore the Bobcats to their past baseball glory.

"I just want to play and put Central back on the map," said Benusches, who will pursue a marketing career at Martin Methodist.

Cherokees outlast Farragut to nab first win 70-69

By Ken Lay

South-Doyle High School's boys basketball team picked up its first victory of the season on Monday, Nov. 25.

The Cherokees had to come from behind late but a free throw from Joc Bruce with 16.5 seconds remaining in the game sealed a 70-69 victory over host Farragut in the opening round of the first annual Admiral Thanksgiving Tournament at the Lynn E. Sexton Gymnasium.

"It feels great to get this win but we still have a lot to work on," Cherokees' coach David Scott said. "I thought our kids played well tonight and they came out here and beat a good Farragut team."

South-Doyle (1-4) and the Admirals were embroiled in a shootout early and the Cherokees managed to open a 22-21 lead by the end of the first quarter.

In the second quarter, however, South-Doyle

outscored the Admirals (2-2) 15-9 in the frame to open a 37-30 advantage by halftime. Entering the season, Farragut coach Chris Cool was wondering which players would provide the offensive sparks for his squad which opened the 2013-14 season with consecutive wins over Anderson County and Gibbs before losing back-to-back contests to McMinn County and the Cherokees.

The Admirals, however, didn't suffer from a lack of offense on this night. Farragut had three players score in double figures. Senior Brian Park scored 19 points while Cameron Turner and Billy Williams finished with 16 points each.

The defense, however, left Cool disappointed.

"We're not used to giving up 37 points in a half," Cool said. "We've just got to have a hunger."

"We played better in

the second half but right now, we're going through this process again where we're taking bumps and bruises."

The Admirals were in the same situation in each of the last two seasons and Cool was hoping not to repeat those performance this year with a roster of juniors and seniors who all went through those miseries.

"I thought going into the season that leadership was going to be one of our strengths but right now, it's a weakness for us."

The Admirals came out hot after the break, scoring the first six points of the third quarter. Farragut pulled to within 37-36 on a bucket by Williams with 6 minutes, 25 seconds remaining in the stanza.

After a timeout, South-Doyle responded by closing the quarter with a modest 19-13 run and pushed its lead to 56-49 going into the fourth quarter.



PHOTO BY DAN ANDREWS

Players from Farragut and South-Doyle battle for a rebound after Brian Park of the Admirals shoots a free throw. The Cherokees prevailed 70-69 for their first win of the season early last week.

In the final stanza, the Admirals rallied to take a 69-67 lead on a shot by Williams with 1:30 to go. Williams' basket would be Farragut's last points of the contest.

Keandre Edkins tied the game at 69 with a basket before Bruce had a steal, was fouled and converted

the final free throw with 16.5 seconds remaining. The Admirals' Matt Odom missed a potential game-winner at the final buzzer.

South-Doyle had a balanced attack on this night. The Cherokees buried 11 long-range jumpers and had two players in double figures. Bruce scored 16

points and Edkins added 10. The Cherokees got nine points from Brody Rollins, eight from Jaques Goines, seven from Shoan Lebauer and six from Cody Cummings.

Tournament play continued through Saturday but results were unavailable at press time.

Six Catholic Senior Midgets win fifth straight championship

Cont. from page 2

Hazelwood became the team's head coach last year. "We had some kids come back to the team when they started seeing our improvement," he said.

"This team earned everything they got this year. They kept believing. I'm very proud of them." In its last six games, Farragut gave up only 16 points.

Jeff Francis chose coaching over reporting football

Continued from page 3

"If I could make my boys as tough as her, they'd really be good football players," said dad. "You can quote me, too"

Keeghan earned all-state honors in soccer this fall as a junior at West. She'll have a chance to set the school's career scoring record next season.

George Ewart has been Francis' longtime assistant coach and still coaches even though his son, Alec, a good friend of Ryan's, has grown out of the youth program.

One football season, about six or seven years ago, Francis coached two teams in the Cutter division (9 year old players).

"That pretty much wore us out," said Francis.

"We had 40 some kids come out to play that season. That was too many for one team, so we split them up into A and B teams. We would practice together, but each team had its own schedule of games."

Francis came to UT from Park Ridge, Ill., and was a three-year starter for Coach Johnny Majors. He guided the Vols to a 10-2-1 record and a Peach Bowl win over Indiana as a junior in 1987.

Francis passed for 5,867 career yards, which still ranks sixth on Tennessee's all-time list, and 31 touchdown passes.

He was drafted by the Los Angeles Raiders in the 1989 draft and played briefly with the Cleveland Browns (1990-92).

Francis was the Vol Network's sideline reporter for eight seasons (1999-2006). When he stepped down from that position, he didn't leave football. Instead, he got closer to it. My guess is, his sons are glad he did, plus many other boys who have gotten to learn the game from a former Vol great.

Webb closing in on seventh state title

Cont. from page 1

and three touchdowns in Webb's 28-15 semifinal win over previously unbeaten Evangelical Christian School on Nov. 22.

"Todd Kelly is a wonderful young man who has a 4.0 grade point average at Webb," noted Meske. "He represents Webb in every area very well."

Strachan added 105 yards rushing and one TD on 20 attempts, while Matthew Melton had 79 yards on 12 carries.

Webb's Brant Mitchell, a junior linebacker, is a defensive standout and Mr. Football Finalist, who is in the running for Tennessee Titans' Division II-A Lineman of the Year.

Both Kelly, a senior, and Mitchell are UT commitments.

Webb has captured three of the past four Division II-A state titles, coming out on top in 2009, 2010 and 2012. St. George's took the title in 2011, after

losing to Webb 42-7 in the 2010 finals.

The Spartans also captured state titles in 1996 and 2006.

"St. George's has a winning tradition, and they have an excellent running back and a quarterback that can make plays running the ball and throwing down field," added Meske.

The Gryphons (9-3) have won eight in a row since losing to ECS 34-14 on Sept. 13. Their two playoff wins came against Friendship Christian (42-14) and Donelson Christian Academy (35-28).

Webb beat Friendship Christian 36-7 and won at DCA 38-15 in the regular season. The Spartans have nine straight wins since opening the season with back-to-back losses to Maryville and Baylor.

COMPUTER LIKES: According to Sonny Moore's Computer Power Ratings,

West was favored by 10 points over Cleveland in last week's Class 5A semifinals, Fulton by 36 over Catholic in Class 4A and Grace Christian Academy by 11 over eight-time state champion Trousdale County in Class 2A.

The Knoxville Focus went to press before these games were played due to an early deadline for the Thanksgiving holiday.

TITLE GAMES: The West vs. Cleveland winner plays the Clarksville Northeast vs. Henry County winner in the Class 5A championship game Friday night at 8 (EST).

The Class 2A finals, Saturday at noon, will match the winner of Grace Christian vs. Trousdale County against the winner of Trinity Christian vs. Adamsville.

The Fulton vs. Catholic winner goes against the Trezevant vs. Giles County winner Saturday at 4 in the

Class 4A finals.

MONSTER MASH: Grace Christian can give its opponents two different looks on offense.

"Unlike most, we're a true Wing T team, but yet we're a spread team," said Grace Coach Randy McKeamey, after the Rams' quarterfinal win over Oneida. "It depends on what the defense is doing. If they're taking some stuff away and we can't run it on them, then we're going to throw it. So, it's pretty good. What we call a double-headed monster."

FLYING HIGH: Fulton has moved up to No. 2 in the state, counting all classifications, in Sonny Moore's latest computer ratings. The Falcons (153.91) trail only new No. 1 Maryville (156.25).

West is No. 9, Webb No. 23 and Grace Christian No. 41 in the ratings, which can be seen online.

Panthers can't shake 'funk' in loss to Tennessee High

Cont. from page 4

scored 10 points in the frame and helped the Vikings open a 32-25 lead by halftime.

Mitchell scored six more points in the third stanza to help the Vikings extend their lead to 49-36 heading into the fourth quarter.

The Panthers finally came back to life in the final eight minutes thanks to a stellar performance by

sophomore guard Charlie Richards, who scored all 12 of his points after the break and had six points in the fourth period and pulled to within 56-54 with a basket with 39.4 seconds to go in the game.

"We came back in the fourth quarter and gave ourselves a chance to save face," Ogan said. "We have a lot of young players out there and I'm really proud

of Charlie Richards.

"He's a little sophomore and he'll get after you."

Powell struggled in the second and third quarters. The Panthers couldn't find an answer for Mitchell, who finished with 21 points to lead all scorers.

Mitchell, who sealed the game with a free throw with 12.4 seconds to play, got plenty of help from Chase Branscomb, who scored

17 points and Caleb Easterling, who finished with 10.

Guard Dallas Fields led the Panthers with 16 points. He had a pair of 3-pointers during Powell's fourth-quarter comeback bid.

The Panthers put up a valiant effort late but when the dust had settled, it was too little too late.



CERTIFICATE ACCOUNTS to make your spirits bright!

Good Rates ■ Low Minimums ■ Easy Terms

10 MONTH CERTIFICATE

.55% APY

\$2,500 minimum

42 MONTH CERTIFICATE

1.30% APY

\$500 minimum

BUMP UP* CERTIFICATE

24 MONTHS

.80% APY

\$5,000 minimum

*A BUMP UP CERTIFICATE allows you to request one rate bump (to current 24-month certificate rate) during certificate term!

(865) 544-5400

(800) 467-5427

tvacreditunion.com

NOT A MEMBER? Not a problem! You can open a Certificate Account without being a Credit Union member, but we would love for you to **JOIN US!** This obligation is not a deposit, share, or special account in the Credit Union and is not insured by the state credit union share insurance corporation or the National Credit Union Administration.

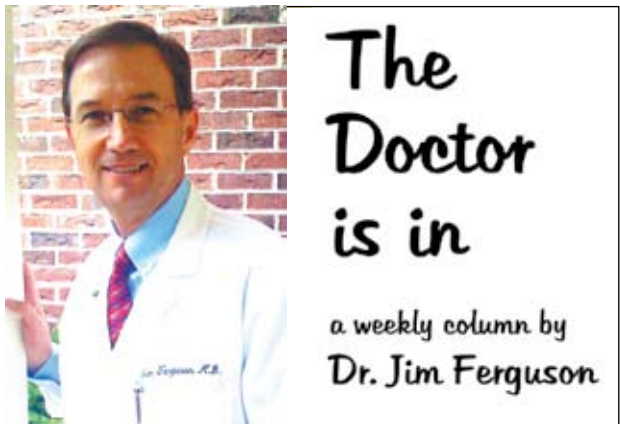
KNOXVILLE



More rates and terms available. APY=Annual Percentage Yield. Rates are accurate as of 11/21/2013. BUMP UP Certificate is not applicable to an IRA certificate. Early withdrawal penalties may apply. **Ask for details.**



**SAFE SOLID SECURE
and right here in
East Tennessee**



Penance

I hope that Thomas Paine will not be offended as I paraphrase his immortal words, “These are the times that try men’s [waistbands].” The Thanksgiving cornucopia is past, but the Holiday Season has just begun and the pounds must be addressed if we are to button our slacks and zip our dress.

My patient came in and declared, “Doc, I’m on the ‘Paleo Diet’.” Fortunately, my Medical-ese saved me from appearing totally flummoxed. When you go to medical school you learn a new language, the language of science derived from Latin and Greek root words. In addition to text books I purchased Stedman’s Medical Dictionary which was about

three inches thick. At first I looked up a lot of words as I studied, but as time went by fewer and fewer words stumped me. I actually looked up a word last summer and noticed the dust on the cover of my old dictionary. I said, “Paleo means old, so I guess you’re on a caveman’s diet.”

I was right. His “caveman” diet was based on what our hunter-gatherer ancestors were believed to have eaten. Their diet was meat, berries, nuts, whole grains and some plant vegetables. Our processed flour and sugar weren’t yet invented and salt was scarce. I can understand the logic of this diet, but there is little science to support it. Had I been argumentative I might

have pointed out the life expectancy was twenty-five years at the end of the last ice age (about 12,000 years ago), and a man five foot tall was a giant.

There are many reasons humans now live longer and grow taller than in the past. These include clean water, antibiotics, vaccinations, but also safe and better food. In fact, the food and drug regulatory agency (FDA) began in 1906 after Upton Sinclair published his sensational novel The Jungle, depicting the deplorable conditions in Chicago’s meat industry.

It is true we have more processed food in our diet and often we leap to the conclusion that altering food from its natural state is bad. By definition a food that is frozen, refrigerated, dehydrated or prepared aseptically is processed. Pasteurized milk is therefore processed to kill bacterial contaminants. It is true that refined white flour, instead of whole grains, is often added to pasta and sodium is frequently used as a preservative and for flavor in canned goods. Obviously, Fruit Loops is not on the Paleo Diet.

Patients often ask me about diets, and I say it’s

less about what you eat and more about how much you consume. All diets work if they provide fewer calories than required by the patient’s body, and result in weight loss and health benefits which justify the effort. Every year the US News and World Report reviews and ranks the numerous diets available. Also, Healthline.com offers a useful guide of the various options. The highest rated diet for cardiovascular health is the TLC (Therapeutic Lifestyle Changes Diet) developed by the NIH to lower the bad (LDL) cholesterol by restricting saturated fats. Also, the DASH diet receives high marks by lowering salt consumption and improving blood pressure control.

Every year the Weight Watchers program and Jenny Craig diet plans score very high marks through portion control, education and motivation. Diets like the Glycemic Index, South Beach and Nutri System focus on limiting sugar, and emphasize lean protein choices and lower caloric intake. Some believe that Americans can adopt the Mediterranean Diet of southern Italy, Greece and Crete and have the same improved outcomes. This diet emphasizing vegetables, fruit, olive oil, fish and poultry is sensible, especially if washed down with the advised red wine! However, the ancestry of southern Europe is different than the southern US. Perhaps it’s the moonshine instead of the wine.

Other diets include the high protein and low carb Atkins diet, the low fat and low carb Scarsdale, the low fat and vegetarian Dean Ornish, and many others including the goofy New Beverly Hills diet and the Grapefruit diet. My personal favorite for ridiculous is The Skinny Bitch Diet. The latter is essentially a vegan diet without dairy, caffeine, sugar or alcohol. I can see how this diet gets its name. The French have a philosophy that you are what you eat. All these diets say you are what you don’t eat.

I remain fascinated by medicine and the wonders of The Creation. Basic science research arguably seems foolish at times, but sometimes it connects the dots. How did our hunter gatherer ancestors survive before the earth warmed, allowing farming and animal husbandry to provide us a more reliable food supply? In the paleolithic era a kill

of a large animal might provide food for a few days. A survival advantage would occur if those precious calories could be assimilated, stored and then carefully doled out during lean periods. The thrifty gene hypothesis holds that the insulin molecule evolved to give that survival edge.

A recent discovery adds to our knowledge of our ancestor’s gluttony-starvation cycle. The intestinal Paneth cell has been described as “the most beautiful cell of the human body” because of its appearance under the microscopic lens. However, research suggests that the Paneth cell’s beauty may also come from the explanation why cycles of fasting in our modern age seem to promote even more weight gain when dieting is discontinued. It appears that calorie restriction causes the Paneth cell to prime the intestinal cells for refeeding. When this occurs a burst of cellular growth results and the intestine is quickly transformed to greater absorptive efficiency.

As Spock would say, “Fascinating!”

Do you have a question for Dr. Ferguson?
Please e-mail him at fergusonj@knoxfocus.com.

Tennessee Valley Fair Raises \$6,050 for The Love Kitchen

The Tennessee Valley Fair, along with Food City, Wade Shows Inc., WBIR Channel 10 and the Knoxville News Sentinel presented the Love Kitchen with a \$6,050 donation Wednesday, November 20.

Funds were raised during Love Kitchen Day on Sunday, September 8, which was held during the 94th annual Tennessee Valley Fair, September 6-15. One dollar from each ride wristband sold was designated to benefit the Love Kitchen. In addition, proceeds from country star Chase Rice’s concert contributed to the donation.

According to Helen, “these gift cards will make us work harder. This means we can feed more people. Our service continues to grow.”

The Love Kitchen



PHOTO BY DAN ANDREWS.

Scott Suchomski, CFE, Tennessee Valley Fair, presented Helen Ashe and Ellen Turner of the Love Kitchen with a donation of \$6,050 in gift cards the week before Thanksgiving.

provides meals, clothing and emergency services to homebound, homeless and unemployed individuals and families in the Knoxville area. Working together with other local agencies, the Love Kitchen provides these services in the hopes of promoting self-sufficiency in our community.

Health care systems around the world examined in Library program this week

One of the arguments for the Affordable Care Act, also known as Obamacare, has been how much better and cheaper healthcare is in other developed countries. Author T.R. Reid, with passport in hand, decided to find out. He shares what he learned in “The Healing of America: A Global Quest for Better, Cheaper, and Fairer Health Care.” Join Jerry Burgess, President and CEO of Community Health Alliance, for a discussion of Reid’s findings in Knox County Public Library’s Books Sandwiched In, Wednesday, December 4, 12:00 p.m. in the East Tennessee History Center auditorium, at 601 South Gay Street.

“I think the book gives a clear overview of how health systems work in other countries,” Burgess said. “There are lessons from other countries as we think about reforming the US Health System.”

In “The Healing of America: A Global Quest for Better, Cheaper, and Fairer Health Care,” T. R. Reid visits industrialized democracies around the world--France, Britain, Germany, Japan, and beyond--to provide an insightful tour of working, affordable universal health care systems.

Continue on page 2

Jerry Burgess, President and CEO of Community Health Alliance to discuss “The Healing of America” by T.R. Reid

You don't have much time left to cash in on your healthcare benefits.



By this time, you've probably hit your out-of-pocket deductible for the year. So why put off an expensive medical procedure, test or elective surgery that could cost you little or even nothing?

Call your doctor to maximize your health care benefits. To find a physician, call 1-855-TENNOVA (836-6682) or go to Tennova.com and click on "Physicians."



Tennova.com
1-855-836-6682

Health care systems around the world examined in Library program

Continued from page 1

"The book demonstrates that health care is a difficult issue for any modern society, and the best solutions are a combination of government and the private sector," Burgess said.

As CEO of Community Health Alliance, Burgess is directing Tennessee's only health insurance co-op. He has more than 30 years of experience in the health care industry, including executive positions with three health care systems in Tennessee and Ohio: St. Mary's Health System of Knoxville, Methodist

Health Systems of Memphis and Christ Hospital of Cincinnati. Burgess founded two non-profit organizations whose purpose is to improve the value of health care for employers and their communities. He holds a Master's of Business Administration and three undergraduate degrees.

The public is invited to join the conversation. Bring your favorite sandwich or pick up something from a downtown restaurant. Copies of the books are available at the Library if you'd like to read one before the program.



City Councilman Marshall Stair discussed wealth equality in a review of "What Then Must We Do" by Gar Apperovitz in last month's Books Sandwiched In at the Knox County Public Library. Photo by Dan Andrews.

Faith

Finding Rest

This past week someone made a comment to me about my life. They said they were not sure how I could fit everything in since my life was so "full." I like to think that it is full of love and joy, and it is. But looking at the demands of full-time ministry, a parent to seven children ranging in age from 18 to almost 4, coaching my kids basketball teams, and being involved in community outreach – yes, "full" would be a good way to describe it. There are days I wonder how I will "get it all done" and still find some time to rest in the Lord.

God sometimes has a way to make us rest. I have heard numerous times a church member tell me the following in similar words, "Getting sick was the best thing that happened to me. It caused me to realize what was truly important in life - my relationship with God, my family, and the people He has put in my life." It's not about success, money, or personal happiness. It is other's oriented.

It is important to



By Mark Brackney, Minister of the Arlington Church of Christ

remember that we are not God, and times of weakness, sickness, and struggle remind us of our need and dependence upon God. It is in God alone that we can find true rest for our weary souls and bodies. Jonah had to be totally crippled for three days and three nights to remember that his rest could come only from God. Jesus even alluded to the story of Jonah when He stated, "For as Jonah was three days and three nights in the belly of the whale, so will the Son of man be three days and three nights in the heart of the earth" (Matthew 12:40).

When Jesus went into the tomb of Joseph of Arimathea, for the followers of Jesus, it was the end of hope. Their lives came to a crashing halt. Yet Jesus "in the belly of the fish" (the tomb) is where we learn much from and about God. For three days all was quiet. For three days the disciples huddled together in stillness and reflection. For three days life came to a virtual halt. But that time

of rest was critical to wait and trust upon the Lord.

Some may wonder why it takes a "visit to the belly of the fish" type of experience to get us to rest in God. Why don't we just practice formulaic spiritual disciplines? Because spirituality is not a mood you can create and the disciplines in and of themselves can't bring peace to your troubled souls. Worship and spiritual disciplines is not some cafeteria where we pick and choose according to our likes and dislikes. This is the result of the consumer mentality in our culture. What we really need is not some ritual or tradition to draw us near to God. We need to be reduced to nothing where we are completely at the mercy of God in order for Him to shape His will in our lives. Just ask Jonah about his time in the belly of the fish or Jesus in Joseph's tomb. Death turns to resurrection, new life. Jonah came out a changed man, ready to obey the voice of the Lord. Jesus came out conquering death and giving hope to all who will believe. Let your moment "in the belly of the fish" shape God's will for your life.

HALLS CHRISTIAN CHURCH

Corner of Hill Road and Fort Sumter Road
922-4210 • www.hallschristian.net

Sunday School - 9:45 a.m. • Morning Worship - 10:45 a.m.
Evening Worship - 6:30 p.m.

Wednesday Bible Study - 6:30 p.m.

Where Christ is Making a Difference in Our Lives and in Our Community



New Cemetery Savings Opportunity

New Gray Cemetery

is pleased to announce a great benefit to Knoxville-area families.

Effective April 1, 2013, we will grant a savings of up to

\$1,000 OFF INTERMENT FEES

when funeral services are provided by one of our affiliated funeral homes:

Berry Funeral Home • Weaver Funeral Home
McCarty – Evergreen Funeral Home

This is a limited time offer, so please call for more information.

NEW GRAY CEMETERY

2724 Western Avenue | Knoxville, TN 37921 | 865-521-0045

www.newgray-cemetery.com



Church Happenings

Revival Christian Church

A city wide day of repentance prayer will be hosted by Revival Christian Church on Sunday, December 8, 2013 from 3:30 p.m. to 5 p.m. at Bearden Middle School, located at 1000 Francis Road in Knoxville. Spiritual leaders from various denominations will be present. Music will be provided by Ronnie Brabson and Anointed Praise.

Wallace Memorial Baptist Church

Wallace Memorial Baptist Church, 701 Merchant Drive, in Knoxville will be presenting Celebrate Christmas 2013 – The 40th Anniversary of The Living Christmas Tree on Dec. 14 and 15 at 3:00 p.m. and 6:00 p.m. each day. Tickets are FREE and may be requested online at www.wmbc.net or picked up in person at the church office during business hours. WMBC's first

Living Christmas Tree was in 1973. It is the oldest and the longest running Living Christmas Tree Presentation in East Tennessee.

Seymour United Methodist Church

Children's Christmas Program on Sun., 12/8 at 6:30 p.m.; Youth Ugly Sweater Christmas Party on Sun., 12/15 at 5:30

p.m.; Caroling (open to everyone) on Wed., 12/18 at 6:30 p.m.; Christmas Cantata on Sun., 12/22 at both worship services (see times above) and two candlelight Christmas Eve Communion worship services on Tues., 12/24 at 7 and 11 p.m.

Wednesday evening, Dec. 4th, there will be a "Family Advent Crafts Night" beginning at 6 p.m.

We invite you to visit our new church

Heritage Baptist Church

"Come...with us, and we will do thee good."
Numbers 10:29

Now meeting at the Clarion Inn behind Red Lobster on Merchants Rd.

An Independent, Bible-centered Church

- Balanced in Emphasis
- Expository in Preaching
- Traditional & Conservative Music

Services: 10:30am, 4:30pm
Dr. Bob Dalton, Pastor
Cell (865)556-4159
robertdaltonministries@gmail.com

Come worship with us New Beverly Baptist Church

3320 New Beverly Church Rd.
Knoxville, TN 37918
Rev. Eddie Sawyer, Pastor
www.newbeverly.org
856-546-0001

Sunday School 10 a.m.
Sunday Morning Worship 11:00 a.m.
Sunday Evening Worship 6:00 p.m.
Wednesday Evening Prayer 7:00 p.m.
Wednesday Evening Youth 7:00 p.m.
Bus Ministry -
For transportation call 546-0001.

WALLACE MEMORIAL BAPTIST CHURCH PRESENTS



THE *Living Christmas Tree*
1973 - 2013
40TH ANNIVERSARY

701 MERCHANT DRIVE • KNOXVILLE, TN 37912

40 Years
SHARING THE GOOD NEWS

CELEBRATE Christmas

SATURDAY, DECEMBER 14
3:00 P.M. & 6:00 P.M.

SUNDAY, DECEMBER 15
3:00 P.M. & 6:00 P.M.

FOR FREE TICKET INFORMATION: 865-688-4343 • WWW.WMBC.NET



Little goodies from
Lillian's
BEAN POT

GOLD SMITH'S
Buy & Sell
Gold, Silver & Coins
Unique Jewelry, Pay In Cash!
• Layaway Available • Jewelry Repair
FREE EVALUATIONS
7811 Oak Ridge Hwy, Suite #3
(Across from Sonic)
865-227-0369 865-803-8021

Christine Brooks
Residential Sales Representative
DT 425 Knoxville, TN

ADT
ADT Security Services
2400 Cherahala Blvd
Knoxville, Tn 37932
Cell: 616 862 7704
Fax: 865 769 3526
dbrooks@adtcom
Lic: 1690

Sweet Potato Biscuits

2 3/4 Cups self-rising flour
1/2 tsp cinnamon
1/2 tsp nutmeg
3/4 cup chopped nuts
3/4 cup sugar
2 cups mashed, cooked sweet potatoes (with-
out butter or milk)
1/2 cup butter
1 tsp vanilla

In a large mixing bowl, combine flour, cin-
namon, nutmeg and nuts. In another bowl,
combine sweet potatoes, sugar, butter and
vanilla. Add to flour mixture and mix well. Turn
out and knead three or four times. Roll to 1/2
inch thickness and cut with a 2 1/2 inch bis-
cuit cutter. Place on a lightly greased baking
pan. Rework dough and cut until all has been
used. Bake at 425° for about 12 to 15 minutes
or until brown.

CLASSIFIEDS

NEIGHBORHOOD SALES

**Knoxville Christmas
Fair December 14**
10am - 7pm. Chilhowee
Park Jacob's Building.
50+ vendors, photos with
Santa, Little Ponderosa
Petting Zoo, TN Mountain
Wrestling 8pm. Donation
Center for new, unwrapped
toys for Christmas With the
Kids and Salvation Army.
Free admission/ parking.

EMPLOYMENT

DRIVERS WANTED IN
KNOXVILLE, TN
DELIVER 50-90 STOPS/
DAY, PACKAGE DELIVERY,
PERMANENT ROUTES RUNNING
3 DAYS/WK FOR NEW
CONTRACT. MUST OWN OR BE
WILLING TO PURCHASE LARGE
VAN OR BOX TRUCK THAT CAN
HAUL 100-200 PACKAGES.
EMAIL RESUMES OR INQUIRIES
TO OTDKENTUCKY@AOL.COM
OR CALL 859-621-9331.

FOR SALE

Poinsettias
Available Friday, 11/29
Locally Grown at
Babelay Greenhouses
5820 Babelay Road
1 Mile North Of New Harvest Center
Mon-Sat 9-5.

PUBLIC NOTICE

PUBLIC NOTICE:

**PUBLIC NOTICE: PUBLIC
NOTICE: Knoxville Regional
Transportation Planning
Organization - Technical
Committee Meeting,
December 10, 2013.**

The Knoxville Regional
Transportation Planning
Organization (TPO) Technical
Committee will meet on Tuesday,
December 10, at 9 a.m. in the
Small Assembly Room

of the City/County Building, 400
Main Street, Knoxville, TN. Topics
to be considered: Proposed
Amendments to the FY 2014-2017
Transportation Improvement
Program (FTA Section 5307 and
5339 Projects), Consideration of
Multimodal Grant Projects to be
Submitted to TDOT, Review of
Congestion Mitigation Air Quality
Program and Projects,
Presentation on a Maryville to
Townsend Greenway Concept; and
other business.

If you would like a complete
agenda, please contact MPC at
215-2500 or see the TPO web site
at www.knoxtrans.org. If you
need assistance or accommodation
for a disability, please contact
MPC at 215-2500 and we will be
glad to work with you in obliging
any reasonable request.

REAL ESTATE FOR RENT

**SOUTH KNOXVILLE /
UT / DOWNTOWN**
2 BRAPTS. \$475 PLUS
\$200 OFF 1ST MO'S RENT
IF QUALIFIED
865-573-1000

FOUNTAIN CITY N. KNOXVILLE
1 & 2 BDRM APARTMENTS,
FROM \$375.+ WWW.
KNOXAPARTMENTS.NET
CALL TENANT'S CHOICESM
(865) 637-9118

WE FINANCE **Clayton Motor Co.** **BUY HERE PAY HERE**
4500 CLINTON HIGHWAY • KNOXVILLE, TN • (865) 686-7760
We Finance Good Cars for Discerning People, Regardless of Your Credit Situation, To Fit Your Budget!

SEVERAL MORE TO CHOOSE FROM! CALL NOW!

'06 CHEVY IMPALA #2794P1 **\$999 DOWN** **\$85/WEEK**

'03 LINCOLN NAVIGATOR #2793P1 **\$999 DOWN** **\$85/WEEK**

'08 TOYOTA YARIS #2808P1 **\$999 DOWN** **\$85/WEEK**

'00 HONDA CR-V #2799P1 **\$700 DOWN** **\$70/WEEK**

'07 FORD FOCUS #2732P1 **\$700 DOWN** **\$70/WEEK**

'08 CHEVY COBALT #2770P1 **\$700 DOWN** **\$70/WEEK**

Clayton Motor Co.
4500 CLINTON HIGHWAY • KNOXVILLE, TN • (865) 686-7760 • CLAYTONMOTORCOMPANY.COM

2011 Lincoln MKZ R1463
Loaded, Leather, Moonroof, Low Miles, Must go **\$19,996**

2013 Ford Escape R1459
SE 2.0 Ecoboost, AWD, Below book value! **\$22,476**

2013 Ford Taurus R1441 Loaded, Limited
Certified Pre-Owned, 100K mile warranty! **\$25,996**

2013 Lincoln MKS R1475
Only 5K Miles!!!! Xtra Clean, Wholesale price **\$31,500**

Price includes \$399 dock fee. Plus tax, tag and title. WAC. Dealer retains all rebates.
Restrictions may apply. See Dealer for details. Prices good through next week.

RAY VARNER 
Call Dan or Ray for all your New or Used Car & Truck needs.
2026 N Charles G Seviars Blvd • Clinton, TN
865.457.0704
www.rayvarnerford.com

SERVICE DIRECTORY

ALTERATIONS

JOANNE'S ALTERATIONS
PANTS HEMMING \$5,
SPECIALIZING IN JEANS CALL
JOANNE 579-2254

CARE TAKERS

CNA AVAILABLE TO WORK
WITH ELDERLY IN HOME OR
FACILITY 865-382-4443

CERAMIC TILE INSTALLATION

CERAMIC TILE INSTALLATION
FLOORS, WALLS, REPAIRS
33 YEARS EXPERIENCE
JOHN 938-3328

CHILD CARE

**Partners for Children
Childcare Center**
now enrolling ages 1 - 5 years
Scholarships may be available
714 Cedar Lane 689-9516

**MARCIA'S
LEARNING CENTER**
1411 Exeter Ave, Knoxville
(865) 673-8223
Day Shift 7:30 am - 4:30 pm
Night Shift 4:30 pm - 12:30 am

CLEANING

Kimberclean:
You can have a clean
house for less than
you think! 719-4357

ELECTRICIAN

RETIRED ELECTRICIAN
AVAILABLE FOR SERVICE
CALLS & SMALL JOBS.
WAYNE 455-6217

EXCAVATING

BOBCAT/BACKHOE /SMALL
DUMP TRUCK. SMALL JOB
SPECIALIST CELL 660-9645 OR
688-4803

GUTTER CLEANING

GUTTER CLEANING,
INSTALLATION OF 5 INCH AND
REPAIR OF FASCIA BOARD
936-5907

HANDYMEN

FREE ESTIMATES PAINTING
ELECTRICAL PLUMBING
237-6993

HANDYMAN FOR HIRE-
PAINTING, DRYWALL REPAIR,
CARPENTRY, PRESSURE
WASHING, GUTTERS CLEANED,
HAULING MOST HOUSEHOLD
REPAIRS BOB 255-5033;
242-6699

HOME REPAIR / MAINTENANCE

**ROB GORDON
& SONS**
Remodeling • Renovations
Repairs • Construction
Licensed and Insured
Family owned & operated since 1979
Pressure cleaning • Carpentry
Painting • Drywall • Flooring
Doors and Windows
Kitchen and Bath Remodeling
Honey-Do Lists
Contractor Punch Lists
Home Inspection Repair Lists
References Available
www.myfatherstouch.net
(865) 693-2441
A beautiful home is a worthy investment.

LAWNCARE

CEDAR RIDGE LAWN &
LANDSCAPE OWNER/
OPERATOR SEAN RAKES 776-
8838 CEDARRIDGELAWN@
YAHOO.COM

E&M Complete Lawncare
Mow • Mulch • Landscape • Aerate
Fertilize • Debris/Small Tree Removal
Pressure Washing • Gutter Cleaning
Now accepting
Credit/Debit Cards
Free Estimates
Licensed & Insured
Commercial & Residential **556-7853**

FIREFIGHTER LAWN SERVICE
FALL LEAF CLEAN UPS /
GUTTERS CLEANED
865-809-0938

METAL WORKS

*Ghost Riders
Metal Works*
Mobile Welding,
Fabrication & Repair.
Wrought Iron Fencing.
We Also Have Licensed Electrical
& Plumbing Services.
American Owned & Operated.
www.ghostridersmetalworks.com
865-705-0742

PAINTING

Randy The Painter
32 yrs. Experience
Lic. & Ins. Paint Contractor
Pressure washing and
mildew removal
FREE ESTIMATES
Voted #1 Painter 2012 by
City View Magazine
522-3222 or 455-5022

PILGRIM PAINTING
20 YRS WORKING NON-STOP IN
THE KNOXVILLE AREA
REPAINT SPECIALIST
PRESSURE WASHING
FAST, NEAT, HONEST &
DEPENDABLE SERVICE
LICENSED & INSURED
RESIDENTIAL & COMMERCIAL:
INTERIOR & EXTERIOR PAINTING
SHEET ROCK, CARPENTRY REPAIR
291-8434
<http://pilgrimpainting.net>

PLUMBING

Paul's Plumbing
All types of Plumbing
Free Estimates
Sr. Citizen discount
Serving Knoxville
& Seymour
(865)286-5167
or
(865)773-5163

ROOFING

**Exterior
HOME SOLUTIONS, LLC**
ROOFING
RE-ROOFS • REPAIRS • METAL
24 Hour Service
Will work with your insurance company
Insured, licensed & bonded
Locally owned & operated
524-5888
exteriorhomesolutions.com
Member BBB since 2000
FREE ESTIMATES!
**PREFERRED
CONTRACTOR**

SELF STORAGE

STORE YOUR STUFF
SELF STORAGE 39.99/MO
4 LOCATIONS 24HR ACCESS
970-4639 TNSTG.COM

STUMP REMOVAL

**HARD TIMES
SERVICES**
STUMP GRINDING
On-Site Repair Work
Dump Truck • Hi-Lift
Backhoe • Portable Welding
Bush Hogging / Yard Box Work
579-1656 • 360-4510

Blank's Tree Work

• All Types of Tree Care &
Stump Removal
• Fully Insured • Free Estimates
Serving all of Knox County
and surrounding counties
(865)924-7536
Will beat all written estimates
with comparable credentials

SWIM LESSONS

SWIM LESSONS: YOUTH &
ADULT SWIM CLASSES. NEW
CLASSES BEGIN EACH MONTH.
CALL THE JUMP START
PROGRAM AT ASSOCIATED
THERAPEUTICS FOR MORE
INFORMATION. 687-4537

FOUNTAIN CITY AUCTION

presents

Country & Primitive Auction

Friday, December 6, 2013 | 6:00 p.m.

We are selling loads of Country and Primitive furniture from Ohio and Indiana. Partial listing to include: pie safes, step back cupboards, jelly cabinets, wash stands, 12-foot long country store cabinet, oak tables and chairs, hutches, glassware, old baskets, marbles, advertisement items, arrow heads, blue decorated crocks, dough bowls, old toys, dolls and more. Over 400 lots to be sold. We will adding more pictures to our auctionzip webpage as items continue to flood our doors.

It's going to be a great sale so plan on attending now.

We buy and sell full, or partial estates. Contact Greg at (865) 604-3468 for all your auction needs.

You can bring in your items to us, or we can haul them for you.

www.fountaincityauction.com

Tal #2204 tfl #5223



4109 Central Avenue Pike, Knoxville TN 37912

Call Greg at (865) 604-3468 for all of your auction needs.

We buy and sell full or partial estates. 10% Buyer's Premium.