

Joint Ed Committee gets update of school system plans

By Mike Steely
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When the new Joint Education Committee met last month Commissioner Larsen Jay asked for an update on plans by the school system. When the new committee met Wednesday evening Superintendent Bob Thomas provided just that. The presentation also included Knox County Finance Director Chris Caldwell and Jon Rysewyk, chief academic officer for the school system.

The AJ Building and relocating the School Administration

Caldwell gave an update on the status of the proposed sale of the Andrew Johnson Building. For the past few years the county has been trying to sell the historic Gay Street structure which houses the school administration offices. A \$6 million agreement has been pending with BNA Associates but is currently on hold until a new location for the school offices is located. More recently the county

mayor and school superintendent have been considering one of the TVA Towers and there's been discussion about using part of Knoxville Center Mall, formerly known as East Towne Mall.

The finance director said discussion on a location has been delayed for several months and has again been pulled from the county commissions December agenda. He spoke of the options to relocate the school offices and added, "Everything will get to a point of sale and it will be brought before the commission."

Commissioner Evelyn Gill said that any relocation should be based on an assessment of school needs and asked about consolidating other school departments into whatever location is found.

Caldwell said the county is taking a "multi-purpose approach" in selecting a location and added that the school's maintenance office could relocate with the administration offices. He added that when a site is officially selected some

joint sessions with the county and school system will be held.

School District Priorities

Thomas and Rysewyk used videos and spoke of an overview of what the school system hopes to do over the next few years. The three-point plan, Knox Leads, Knox Advances and Knox Supports, has a goal of having 75% readability for third graders. Rysewyk said that about 35% of Knox County students live in poverty. He said the system wants to partner with church daycares, the Boys & Girls Club, and other organizations to prepare children for school.

"We want to build a pipeline to kindergarten," he said, adding that that's a different approach than in the past. He added that 90% of high schoolers are graduating now but questioned if they are ready.

Rysewyk said that the dream is to have both an advanced academic program and a career-ready pathway for students.

Thomas said the system wants a partnership with

the community.

"We don't need to compete," he said of the other local organizations who house children before or after school. "How do we sit at the table? Where do they want us to plug in?"

Thomas also said that Knox County is losing teachers to the adjoining counties because of the pay scale. He described adjoining jurisdictions as "cherry picking our teachers." Getting the community behind the school system could help in asking for more funding for teacher's pay.

"Our goal is to get this draft to the board in December for approval in January," he said.

Asked about a focus on middle schools Rysewyk said those schools "could be a forgotten land" and suggested moving some high school programs and instructors to middle schools.

Jay said the Joint Committee's December meeting will be about "Budget 101" and feature a presentation about the state's BEP funding.

Tennessee Burial Laws

(or the Lack Thereof)

My father-in-law and I were chatting recently about where someone he knew was planning on being buried and I commented that I had heard that someone I knew had just been buried on some property their family owned wrapped in some old blankets. I think the thought process was that it was a more environmentally friendly way to handle burial as opposed to putting a casket with all of its materials and contents in to the ground.

My father-in-law could not believe that something like that could be legal, and I was not sure about all of the facts that had been conveyed to me, so I decided to do some research on what Tennessee law says about burials and the requirements that exist regarding it. Well, there really are not any Tennessee laws that speak to burial requirements.

So let's answer some questions.

If you are buried, do you have to be buried in a casket? No, there is no Tennessee law that requires that you be buried in a casket, which is a good thing, because those things can be really, really expensive, sometimes as much as \$20,000.00.

If you do decide to get a casket, do you have to buy it through the funeral home you're using? No, you can buy a casket online, or even build one.

Do you have to be buried at a cemetery? No, you do

not, you can be buried on private property, however, you may want to check with county or city codes where you live to see if there are any permits required for such or they require that you note a "burial ground" with the register of deeds.

Are there any restrictions on where you can scatter ashes? In some instances, yes, but practically, no. If you are dead set on scattering ashes somewhere, I do not know that anyone is going to be able to stop you before the scattering is completed, however, federal law "officially" requires that you get permission before you scatter ashes on federal land and the Clean Water Act states that you have to be at least three nautical miles from shore if you are desiring to scatter at sea. There are no Tennessee laws that address where ashes can be scattered. You may want to check local codes about this as well, but I would guess there are not many cities or counties that have drafted codes that address this (if any).

Jedidiah McKeenan is an attorney practicing in Knox County and surrounding counties. He works in many areas, including criminal, divorce, custody, personal injury, landlord-tenant, civil litigation and estate planning. Visit attorney-knoxville.com for more information about this legal issue and other legal issues.



By Jedidiah McKeenan
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Volunteer Ministry Center Opens Annual Holiday Store

Program Utilizes Community Service Projects

Volunteer Ministry Center opened the doors to its Annual Holiday Store last week.

Located at 511 N. Broadway, the store is a unique program where individuals can earn gift items for their loved ones with points accrued through community service. This year marks the 22nd anniversary of the store and VMC is expecting an even greater turnout than the

previous year's 186 participants who completed community service hours at different locations in order to shop for 563 recipients. Each year individuals are paired with community service projects where they can earn points based on the number of hours performed. These points can then be used to "purchase" gift items from the VMC Holiday Store that participants may not have been able to purchase otherwise due to financial restrictions.

New gift items and cash donations are always appreciated and may be dropped off at VMC during

normal office hours. Items most in need include children's toys and craft sets, baby clothes and toys, sports balls, cosmetic/perfume sets, and small tool kits. For more information, please contact Zan Schriver at (865) 524-3926 x222 or visit the website at www.vmcinc.org/the-holiday-store.

The mission of VMC is to facilitate permanent supportive housing for those who are homeless and to provide services to prevent homelessness. To help VMC fulfill its mission, individuals may donate at the link on the website, www.vmcinc.org.



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Publisher's Position

President George Bush – An American Life



By Steve Hunley,
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The passing of former President George Herbert Walker Bush reminds me of what a uniquely American life he led. Part of what has rightly been called “the greatest generation” by author David Halberstam, George Bush grew up in a privileged family - - - his father Prescott was a wealthy businessman who later served two terms in the United States Senate from Connecticut. Bush served his country during World War II and was the last President of the United States who served in the

most violent global conflict of our times. At eighteen years old, George Bush was one the youngest naval pilots to fight in World War II. Like so many of his generation, George Bush was a genuine military hero. While flying a mission over the Bonin Islands, Japanese flak caused his Gruman bomber to catch fire and the young pilot was able to keep the plane airborne to reach open water. Two of the crewmen died after bailing out with Bush, who was rescued by a submarine. George Bush was awarded the Distinguished Flying Cross as well as three other Air Medals. Bush left his Connecticut home to move to Texas with his wife Barbara and made his own fortune in the oil business. Barbara and George Bush experienced personal tragedy in the loss of their four year-old daughter to leukemia. One testament to George Bush's character is from his own family, as he was truly adored by his children

and grandchildren. Another is from those who knew the former president well. A thoughtful, kind and generous man, George Bush, like the man he served for eight years as vice president, Ronald Reagan, was known for his innumerable hand-written notes to friends, associates and many whom he did not know personally. George Bush was a pioneer for a budding Republican party in Texas, running for the U. S. Senate in 1964, the year Texan Lyndon Johnson won a landslide victory. Bush was elected to Congress from Houston and served two terms before losing another Senate race in 1970. George Bush served the American people in several capacities; CIA Director and Ambassador to the United Nations. Bush served as Ambassador to China under President Gerald Ford before later being appointed as Director of the CIA. Running for the Republican nomination for

president in 1980, Bush was selected by eventual nominee Ronald Reagan to run with him against Jimmy Carter and Walter Mondale. George Bush was the epitome of a vice president, capable and loyal to his chief. Many thought Bush was elected to serve Ronald Reagan's third term and his presidency was largely driven by foreign policy issues. Although a modest man, George Bush was a tough competitor and capable of running hard campaigns. Yet Bush never took himself too seriously, once inviting comedian Dana Carvey to poke fun at him. Never as articulate as his predecessor, Ronald Reagan, it was easy to forget George Bush was an honors graduate of Yale University. Unlike most politicians, the subject George Bush found the most difficult to express in spoken words always involved himself. Bush knew his own limitations, writing in his diary, “Some wanted me to deliver fireside chats to explain

things, as Franklin D. Roosevelt had done. I am not good at that.” George Bush lost his bid for a second term in 1992 and once again, he set the example for the role of former presidents. Living in Texas with his beloved wife Barbara, George Bush was a model of decorum in statesmanship. Gracious to his successor, Bill Clinton, George Bush saw his son and namesake elected president in 2000 as well as another son, Jeb, elected governor of Florida. Bush also lived to see his grandson, George P. Bush, elected to statewide office in his adopted home state of Texas. George Bush came from a generation which did not get to enjoy the traditional benefits of being young; the depths of the Great Depression and the advent of World War II cut that short. While barely out of adolescence, George Bush was flying bomber missions in the Pacific theatre of the war. Again, like so many of

this generation, he married the girl of his dreams. Barbara Bush remembered, “I thought he was the most beautiful creature I had ever laid eyes on. I couldn't even breathe when he was in the room.” Mrs. Bush said, “I married the first man I ever kissed.” With wealth, came responsibility; George Bush never forgot his father's admonition to “put something back in, do something, help others.” George Bush lived that adage for the length and breadth of his long life. It was not surprising that George Bush died so closely following the loss of his wife, nor was it surprising he lived his life so well. As with so many of that greatest generation, George Bush was both an inspiration and example in living such a uniquely American life. George Bush's entire life is a summary of why America is still the greatest nation on earth.

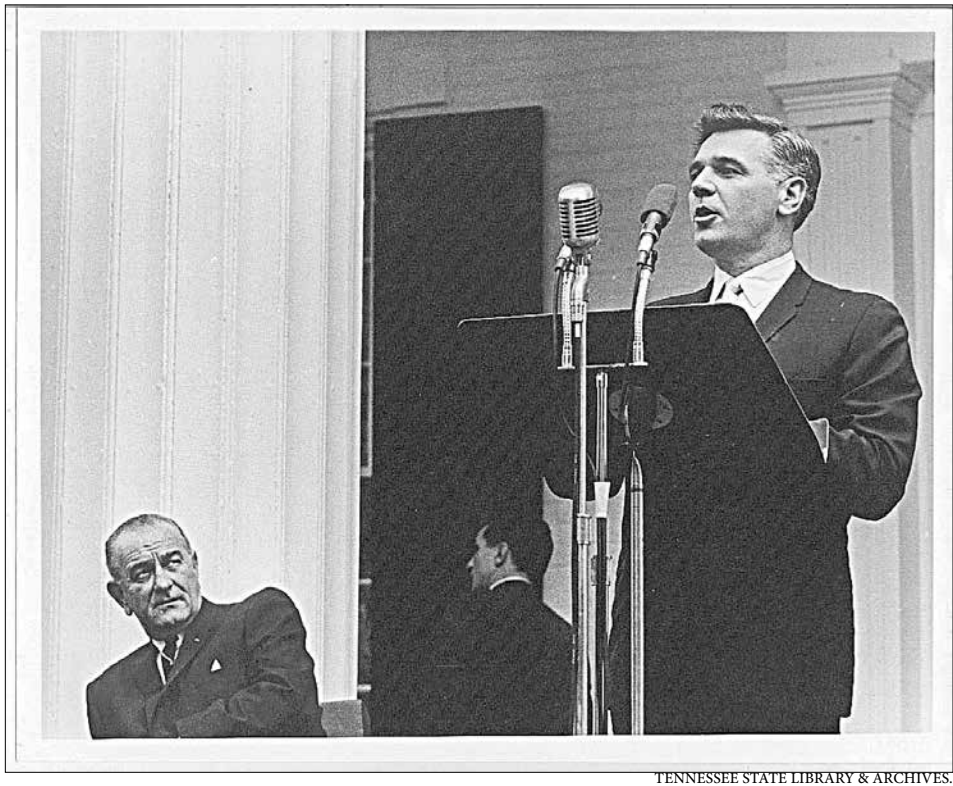
Remembering Richard ‘Dick’ Fulton

By Ray Hill

The passing of Richard “Dick” Fulton on November 28 at age 91 seemed to escape the notice of many Tennesseans, yet his life ought to be remembered by folks. The growth and success of Nashville is largely due to the vision and leadership of Dick Fulton. Twice a candidate for governor of Tennessee, Dick Fulton spent fourteen years in Congress and twelve as mayor of Nashville. With a profile that could have allowed him to play a President of the United States in the movies, Richard Fulton dominated the political landscape in Davidson County for decades. Dick Fulton was born in Nashville in 1927 and attended the University of Tennessee. He returned to Nashville to help his brother run a local market. Dick Fulton's emergence in politics was improbable. Fulton campaigned hard for his brother Lyle, who was running for the Tennessee State Senate. Lyle Fulton won a seat in the Tennessee State Senate, but died suddenly after being stricken with liver cancer. Dick Fulton became the candidate to replace his brother despite the fact he was only twenty-nine years old. Fulton was not old enough to serve in the State Senate and the Senate voted to deny him his seat. Fulton ran again in 1956 and was elected. Fulton also experienced his first political disappointment when he ran for Congress in that same year against incumbent Congressman Percy Priest. Priest, a former reporter for the Nashville Tennessean had originally been elected to Congress in 1940 as an Independent, quite a feat in a solidly Democratic city. Priest unseated one-term congressman Joseph Byrns, Jr., son of the late Speaker of the House. Percy Priest was wildly popular inside his Congressional district and Dick Fulton lost badly. Fulton was popular inside his own district and was reelected to the State Senate in 1958.

Dick Fulton ran for Congress again in 1962, facing incumbent J. Carleton Loser, who had won election to the U. S. House of Representatives following Percy Priest's death in October of 1956. Loser had been the District Attorney for Davidson County and seemed to have a long career in Congress ahead of him. Evidently, Congressman Loser had not entrenched himself inside his district and Fulton's challenge seemed to fall short of victory. Loser was declared the winner, but following an intense investigation by the Tennessean, it was readily apparent the Davidson County Election Commission was corrupt and the vote-count fraudulent. An attorney who was a childhood friend and supporter of Fulton's, George Barrett, sued and had the election voided, causing a re-run of the congressional primary. Dick Fulton won the election handily and remained in Congress for the next fourteen years. As a member of Congress, Dick Fulton was a progressive. Fulton was one of two Tennessee congressmen who voted for the Civil Rights Act of 1964; neither of Tennessee's U.S. senators, Albert Gore and Herbert Walters, voted to support Lyndon Johnson's Civil Rights Act of 1964. Congressman Ross Bass of Pulaski was the only Congressional Democrat from a rural area to support the Civil Rights Act of 1964, while Fulton joined a handful of other Southern Democrats from big cities to support the bill; Charles Weltner of Atlanta, Claude Pepper of Miami, and four representatives from the president's home state of Texas gave their votes in support of the Civil Rights Act of 1964. Bass won the late Senator Estes Kefauver's seat later in 1964, barely edging past young Howard Baker. Fulton's vote for the Civil Rights Act of 1964 was not only progressive in outlook, but evidently Dick Fulton's own thinking had changed

over the years. While running against Congressman Percy Priest, Fulton had criticized his opponent for not having signed the “Southern Manifesto”, which had been signed by 101 Southern senators and congressmen, outlining their opposition to integration, which included our schools. Neither Senators Kefauver or Gore signed the Southern Manifesto. While in Congress, Dick Fulton was easily the most liberal member of Tennessee's Congressional delegation. Former governor Phil Bredesen, a former mayor of Nashville as well, recalled, “But it was his action as a Congressman - - - being one of the few from the South voting for the Civil Rights Act - - - that I admired most.” “The character and courage he showed was an inspiration to others for the rest of his life,” Bredesen said. In 1975, the long-time mayor of Nashville, Beverly Briley retired and Congressman Richard Fulton was elected with more than 69% of the vote. Resigning his seat in Congress, Fulton served three terms as mayor of Nashville and while socially progressive, Dick Fulton was noted for being pro-business. Dick Fulton sought the Democratic nomination for governor in 1978 facing two formidable challengers: Jake Butcher and Bob Clement, then a member of Tennessee's Public Service Commission. Butcher won the primary with Fulton running a distant third, but the East Tennessee banker lost the general election to Lamar Alexander. Fulton tried again in 1986 and faced two other candidates in the Democratic primary: Ned McWherter and Jane Eskind. Fulton could not overcome McWherter's popularity, especially in rural Tennessee, nor Eskind's money. Yet again Fulton ran a distant third, never able to spread his appeal as a big-city Democrat inside his own party. Richard Fulton retired from office in 1987 and



Congressman Dick Fulton at the Hermitage, home of President Andrew Johnson, with President Lyndon Johnson, 1964.

returned to private life until 1999 when he surprised many by announcing he was running for mayor again. Fulton faced Bill Purcell, an able and shrewd young man who served as the state House Majority Leader. Purcell won the first primary easily, while Fulton won only 22% of the vote, barely winning more

votes than City Councilman Jay West. Although he made it into the run-off, Fulton declared he would not campaign in the general election and threw his support to Purcell. Former Mayor Purcell acknowledged Dick Fulton's importance to Nashville, saying, “He was among the bravest and

most beloved public servants in our history and he always be. He loved public service, but he loved Nashville most of all.” Nobody who has ever served in public service could ask for a finer epitaph.



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Council to consider sidewalk study, bridge repairs, rezoning requests

By Mike Steely
steelym@knoxfocus.com

With several sidewalk projects already underway or completed within Knoxville, the city council may vote Tuesday to hire Gresham Smith and Partners to do a citywide sidewalk study. The department of engineering is requesting a \$225,605 agreement. The regular city council meeting starts at 6 p.m. Tuesday evening in the main assembly room of the

City-County Building.

The council may also vote on a four-party railroad agreement between CSX, the state, the city and the county to replace a bridge on Topside Road west of Alcoa Highway. The bridge spans the CSX tracks and the agreement calls for the city to maintain the bridge after the project is completed.

The department of engineering is also asking the council to authorize Mayor Madeline

Rogero to obtain permission for a proposed mooring cell on the Tennessee River next to property owned by the city. It is to be located along the shore at 2109 Island Home Avenue at lJams Nature Center.

The mayor may also be authorized to accept a one-year agreement with Appalachia High Intensity Drug Trafficking Area Finance Commission to be used with Knoxville Police Officers as part of a multi-agency

task force.

Also on the agenda is a time limit for considering and notification for updates to the zoning ordinances and maps within the city in a request from the Metropolitan Planning Commission. The MPC is also asking for the closure of an alley between two street corners and the approval of several rezoning requests along South Central Street, Asheville Highway, State Street, and Chapman Highway.

On the city consent agenda is a request for \$200 from city funds to go to Second Harvest Food Bank of East Tennessee for the Food for Kids program. Councilman Mark Campen is asking for the donation.


The mayor is appointing Victoria Raschke to the neighborhood advisory committee and appointing Nicholas St. Sauveur to the city tree board. Nick Bridgman is being reappointed to the tree board.



The New Market Presbyterian Church was founded in 1826 and the current building was completed in 1893 and is on the National Registry of Historic Places.

Visiting Jefferson Co.

A Day Away



By Mike Steely

state's second oldest city, sports a historic courthouse and jail, and several older houses and a tavern. The town was protected by a long floodwall during the creation of Douglas Lake.

Jefferson City, the home of Carson-Newman College, seems to be the hub of the county and is closer to Morristown than Knoxville. Strawberry Plains sits on the Tennessee River and has an active public library, a very old cemetery, a high school and was the site of an attempted bridge burning during the Civil War.

New Market is also a tiny town along the Andrew Johnson Highway and can boast the childhood home of Frances Hodgson Burnett, author of "The Secret Garden."

Talbott is near the Hamblen County line and has an elementary school. The community was named for John Talbott, the founder, who also built a church there.

White Pine developed along the route and was at first called "Dandridge Crossing." Located on the eastern tip of the county on the French Broad River White Pine was incorporated first in 1870 and again in 1893 after a devastating fire destroyed the downtown.

If you're not familiar with Baneberry it is a small resort town on Douglas Lake with about 500 residents and has an 18-hole golf course, a pro-shop, pool, tennis courts, a tavern and restaurant and a small motel. The community was incorporated as a city in 1986. There's a historic Presbyterian church there as well.

You can get additional information about Jefferson County online at www.jeffersoncountyttn.com or calling the chamber there at (865) 398-9642. A day's drive with the family can tell you and them so much about our surrounding area.

Now that we're into the colder months of our East Tennessee year a car trip around our area can get a family out and about from being isolated in our homes. A day's venture into the counties that surround us can be interesting and informative.

Our neighbor to the east, Jefferson County, offers many sites and locations that you might want to visit. The county was named for Thomas Jefferson, then secretary of state, and began in 1792 as Caswell County. It was part of the lost State of Franklin, an effort prior to statehood to withdraw from North Carolina.

In 1792 Tennessee was then the Southwest Territory and that federal territory pulled land from Green and Hawkins counties to form Jefferson County. Sevier County was later formed from Jefferson County.

When the state was formed in 1796 the state took part of Southeast Jefferson to form Cocke County and then, in 1870 part of Jefferson was taken to form part of Hamblen County.

The towns within Jefferson include Jefferson City, New Market, Strawberry Plains, Talbott, White Pine, Dandridge and Baneberry. The county is between two rivers and their lakes: the Holston River with Cherokee Lake and the French Broad River with Douglas Lake.

Dandridge is the county seat and this little town, which claims to be the

Decision on payment of attorney fees postponed

By Mike Steely
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Instead of producing a decision on if three attorneys will collect fees for representing retiring sheriff department deputies a chancery court hearing Wednesday became a "scheduling conference" about the issue.

Attorneys for the deputies and one widow and new attorneys for the county agreed that neither side was ready for a ruling. Judge John Weaver quizzed both sides and asked when they will be ready.

Attorney Al Holifield, representing some of the deputies, told Judge Weaver that he realized the county's new attorneys are not ready and asked for a hearing on December 14. Attorney Jay Mader, of Arnett, Draper and

Hagood, represented the county and said that they were new to the case and needed to prepare.

Mader asked for a January or February hearing date. He said that the attorneys for the retiring employees have submitted nothing to the court yet to justify payment of fees. Holifield said his side was preparing a 20- to 25-page brief.

Judge Weaver asked Holifield if they would also submit an "itemized statement" to justify the \$160,000 in fees now being proposed. Weaver told the attorneys for the deputies to submit what normal rates are and to show the names of the attorneys, amount requested, the dates the fees were charged, a list of expenses, the dates those expenses occurred and a

total amount.

Mader asked for the later hearing dates as "a matter of fairness" and Judge Weaver asked if a January 11 date would work. The attorneys for the county said they would check with the county to see if that date will work.

The attorneys seeking payment for their client's fees were given until December 7 to file the expenses and fees and the county attorneys given until January 2 to reply. If either side wants to call witnesses they have until January 7 to submit a list to the court. That hearing may determine what, if any, fees are due the attorneys.

It would probably not determine which county department pays those fees, be it the law department, the county commission, or the

pension board.

The overriding question through months of hearings before Judge Weaver is the possible violation by the pension board of the county charter by including unused vacation day pay in the retirees' monthly retirement checks.

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George Bove talks with Knoxville Focus reporter Mike Steely. Very active in community events and organizations Bove has a different philosophy about life and happiness.

Getting to know GEORGE BOVE

By Mike Steely
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He's one of those people you'll see at almost every event or benefit and I've never seen him without a smile on his face.

George Bove is the business development manager for BESCO on Central Ave where he develops new markets and participates in community relations. You may know him better as a Master Mason, Shriner, community volunteer or as president of the North Knoxville Business and Professional Association.

His enthusiasm is contagious and he and his wife, Janet (also known as Sparky because George is an electrician by trade) often volunteer together for United Way and Salvation Army events.

The Knoxville Focus sat down with George Bove for about an hour recently so you, our readers, can get to know the man beyond his public life. He's the author of two published books. One of the books is the children's book, "the little orange t," which is very popular and is stocked at local book stores and the University of Tennessee.

Tell us a little about your neighborhood involvement.

My neighborhood involvement comes from having a heart for charity. True success is never measured in dollars or titles but from how much we help others, period. There's nothing that can convince me otherwise. Getting involved is the right thing to do and working at BESCO allows me to do just that, helping others. The folk we serve are the very people we go to church with, people we see in the grocery store or at the gas pump. These are our friends and neighbors.

I got involved with the Masonic Order, Cherokee Lodge, and with Kerbel Shrine as a total life member to help seal my commitment to serve.

In community involvement my amazing wife participates too, she jumps right in and loves it. This past weekend Janet and I served hot chocolate at the Salvation Army booth during the downtown tree lighting.

How did you end up in Knoxville?

In 1988 I was blessed to move here from the small town of Troy, New York. That's 30 years now. I had no kids and no other family members in the state until I married my wife. No other family members in a state that touches the great state of Tennessee. So, Knoxville became my family. I will be buried here in East Tennessee, this is my home. I have also been blessed with a good trade in the electrical industry and have always made a good living.

Do you think that Knox County and Knoxville will ever form a metro-type government?

There are so many new faces here and I think some folk see things as heavy duplicity in some of our government services. I say without hesitation that the individual services are still good, even to the point of excellent. We have an amazing police chief and an amazing sheriff. When you look at a comparison city our size or a county our size we really have the numbers down on crime, and you feel safe.

What is your main interest or hobby in your private life?

I came up as a musician and play in a worship band in my church. If I am doing anything, it is playing a six string or bass guitar. I still have

my first guitar. My dad bought it for me when I was eight years old and gave it to me for Christmas. It's a Les Paul but not a Gibson Les Paul, it's a Hondo. Dad, a truck driver with five kids, couldn't afford a Gibson. I played all over Knoxville way back when. I helped Kevin Nicely at the old Mercury Theatre, now the Preservation Pub, and a place in the Old City called Neptune's.

How did you become involved in the community?

Once I became a leader in the union (International Brotherhood of Electrical Workers and the American Federation of Labor and Congress of Industrial Organization), I became more involved in the community in a positive way. That's when the politics came in. Politically, I am a solid moderate, liberal on some things and conservative on other things.

What do you see as your main accomplishments in life?

When I realized that patience and charity are the most important things in life. Some time ago, I decided to rename my feet, one was patience and the other charity. No more need for fancy words. Now, I can walk as a Christian and not have to say a single syllable if every step is a step of patience and charity.

When someone meets you for the first time or starts to get to know you, what do you think they think about you?

They think, George is having a good time! I'm not an optimist or a pessimist; I'm what I like to call a "Joyfullist." It doesn't matter to me if the cup is half empty or half full, I'm just glad I have a cup. Joy, when shared, people react in kind, don't

Continue on page 2

'Toy Tech' event provides adapted toys for children with disabilities

Spark, formerly the East Tennessee Technology Access Center, will host their annual Toy Tech holiday party to distribute adapted toys to children with disabilities on Thursday, December 6, 2018 from 5:30 to 7:30 p.m. at the Knoxville Museum of Art. This year's event, which includes food, music, and family pictures with Santa, will serve families from across East Tennessee.

The electronic toy donations were collected throughout the year and adapted by the Knox Makers, a local maker

cooperative, and other Spark volunteers. Special switches wired in to the toys allow children who cannot use their hands to operate the toys to make them sing, dance, and light up.

"Specially adapted toys are often very expensive, and there are limited options on the market," said Spark Creative Director Tracy Homer. "Through Toy Tech, we can adapt popular toys and toys that really interest kids."

Spark has provided adapted toys for children in East Tennessee for more than 20 years.

Emerald Youth Foundation to participate in Child and Adult Care Food Program

Emerald Youth Foundation is participating in the United States Department of Agriculture's Child and Adult Care Food Program (CACFP) through Sept. 30, 2019.

CACFP provides snacks after school, at no additional charge, to young people who participate in Emerald Youth's programs at the following locations: Emerald Avenue United Methodist Church, Second United Methodist Church, Mount Zion Baptist Church,

Restoration House of East Tennessee, North Knoxville Baptist Church, Laurel Church of Christ and Woodlawn Christian Church. Additional locations include programs in Lonsdale at 1014 Heiskell Avenue, Oakwood-Lincoln Park at 1718 North Central Street and Mechanicsville at 601 College Street.

Additional information about CACFP is available through the Tennessee Department of Human Services at (615) 313-4749.

DreamBikes holding downtown Christmas Bike Drive

Join DreamBikes and Ignition Church in downtown Knoxville, 211 W 5th Ave NW, Knoxville, TN 37917, on December 23rd for a Christmas experience of music, worship, community and fun from 4:30 - 6:30 p.m. There will be holiday activities for adult and children. Help support DreamBikes by bringing and donating a new or used bike to contribute

to their mission of creating jobs for underserved teens in the community.

DreamBikes is a 501(c)3, non-profit bike shop located at 309 N. Central St. just outside of the Old City whose mission is to provide hands-on, paid job training to underrepresented teens in the area, as well as providing fully refurbished bicycles to the community at low cost.

Holiday Open House



Where: East Tennessee History Center
When: Saturday, December 8, 2018
11:00am to 3:00pm

Free & open to the public

Enjoy the holiday spirit with cookies, warm apple cider, craft demonstrations, children's activities and ornament making, free museum admission, shopping discounts, door prizes, & view museum and centuries-old hand-carved Christmas Creche.

The event is sponsored by Home Federal Bank of East Tennessee.



Museum of East Tennessee History

601 S. Gay St., Knoxville 37902

865-215-8824

eastTNhistory.org



Rosie's World

A sweet man

Hershey, Pennsylvania was not far from my

hometown of Lancaster. I drove through it many times, but I will always regret that I did not stop and tour the chocolate factory or other famous abodes associated with this sweet man.

Milton Snavelly Hershey

was born on September 13, 1857, in the small town of Derry, Pennsylvania, the only surviving child of his parents. His sister passed away when she was only four years old. His family were members of the Mennonite community. He

did not have much schooling after the fourth grade. His mother did not encourage him to pursue books.

The memories of what it was like to have been a poor boy stayed with him throughout his life.

At the age of fourteen, he was apprenticed to a confectioner in Lancaster.

A few years later he opened his first confectionery in Philadelphia. He failed in numerous business ventures but caramels gave him his first million, and chocolate gave him his real

fortune. He became fascinated with a German chocolate-making machine and bought it. He installed it in Lancaster where he began producing his own chocolate. The Hershey kiss was his own idea.

His search for the perfect site lead him back to Derry township. He was convinced that it had everything he needed for a factory: a plentiful water supply, fresh milk and industrious workers. He built houses, parks and schools. When he and his wife realized they couldn't have children, they founded a school for orphaned boys.

Although he became a

success without the benefit of an education, he insisted the boys in his school have a sound education.

When he passed away in 1945 from pneumonia, he was worth 10 billion dollars. I can imagine him looking with wonder at his Hershey kisses dancing on TV in their red, green and silver costumes. Christmas is not the same without Hershey kisses.

Thought for the day: What great thing would you attempt if you knew you could not fail? Robert Schuller

Send comments to rosemerrie@att.net. Thank you.

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Sweet Onions 2 Lb. Bag **\$1.79**

Organic Diced Tomatoes 28 Oz. **\$1.00**

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Teriyaki Flame Grilled Chicken Breast 10.5 Oz. **\$1.99**

15-Inch Cheese Pizza 43 Oz. **\$3.99**

Fully-Cooked Chicken Breast Strips or Nuggets 5 Lb. **\$7.99**

Chocolate Caramel Coated Vanilla Ice Cream Bars 3 Pk., 3 Oz. **\$1.39**

Wheels & Cheese 7.5 Oz. **\$1.00**

Queso Blanco Cheese Loaf 32 oz. **\$4.99** (COMPARED TO \$7.98)

Filet Mignon Bacon Dog Food 13.2 Oz. **40¢**

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Beloved Country Doctor, part 5 Healing Hands

Most people knew him as "the doctor." But outside of work, Dr.



By **Ralphine Major**
ralphine3@yahoo.com

"I always remember Dad working hard to be a good father, so I have more home-type stories than doctor stories," she said. "I do remember that he would come home from the office and take us one at a time on calls with him to give us bonding time, I guess. He would never let us come in though. I remember sitting in one of those big Plymouth cars playing with the steering wheel while waiting."

Already, this writer has learned much about the long-time doctor of the Corryton Community. The stories shared by the Simmons children give readers a chance to reflect on the man who was called "Doctor." Sylvia shares more personal memories of her father.

"Dad had very distinctive hands. They were large, but able to sew the finest stitches," she said. "He listened carefully to patients, and people often



Always in dress clothes ready for work or to make a house call, picture of Dr. A. D. Simmons and two-year-old daughter Sylvia, courtesy of the Simmons family.

told me about his bedside manner. Someone once said to me that he would put one hand under and one hand on top of theirs and listen to them, and they would feel they had been healed." Sylvia gives insight to the doctor's life outside of medicine. The gentle hands that healed were used for other work, as well. She continues. "He also did not mind getting his hands dirty planting the biggest garden around. Mom finally asked him to cut back. He did. But what she did not know was that he just did not go as far out into the field, but slipped around the corner of the well house where she could not see! And when I was very little, I was very surprised to find when Santa visited our church and handed out treats that Santa's hands looked exactly like Dad's hands!"

GEORGE BOVE

Continued from page 1

they?

What do you like the most about your position at BESCO?

What I like about BESCO is it's family. No matter what happens here they celebrate the wins and anything that could be considered a loss is just an ability to grow. It is so cool. There are no pure losses, just opportunities to learn and develop. I love it, they invest in their people. It's so amazing. You're not a cog or a number, you're a person. Majority of the leadership has served an electrical construction apprenticeship and worked out in the

field.

What's your favorite meal or place to eat?

My favorite place to eat is at my wife's table. She cooks all the time and when she is not, she's watching those cooking shows. My favorite meal that my wife fixes is what we call the "crab bomb." She fries Maryland crab meat with butter.

How do you want to be remembered?

As one of the best guys I ever met. A man who truly had a life well lived. I want a large room full of people crying so hard because to me that means I really, really affected them.

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Tennessee Governors & the Path to the US Senate

Part Ten

Pages from the Past



By Ray Hill
rayhill865@gmail.com

Malcolm Rice Patterson enjoyed a meteoric rise in Tennessee politics until the consequences of his own actions ended his career. Redheaded, thin, with angular features, Malcolm Patterson was known throughout Tennessee as a dynamic and gifted speaker. There were those of his admirers who thought Patterson was one of the greatest orators of his time. Patterson had been named Hamilton Rice Patterson when he was born, but his father, Josiah, changed his name to “Malcolm” when the boy was still very young, yet he would be known as “Ham” to friend and foe alike until the end of his life. Patterson earned a reputation for political courage and speaking his mind early in his political career and earned the nickname of “gamecock” for his pluck among his fellow Democrats.

The trajectory of his career in Tennessee politics followed that of his greatest political rival, Edward Ward Carmack. Carmack, by profession a newspaperman, was also redheaded, volatile and deadly when using either his tongue or his editorial pen. It was E.W. Carmack who ended the congressional career of Patterson’s father, Josiah, when he unseated Colonel Patterson in the 1896 election. Even after winning the election, few thought Carmack would be seated by the Republican majority, but with the help of a young lawyer named Kenneth D. McKellar, and making the speech of his life, Edward W. Carmack won the vote to be seated as a Member of Congress. When Carmack was elected United States senator for Tennessee by the legislature in 1900, Malcolm R. Patterson campaigned for and won Carmack’s House seat. Congressman Patterson was reelected in 1902 and became a candidate for governor in 1906.

Governor James B. Frazier had been reelected in 1904, along with seventy-eight year-old U. S. senator William B. Bate. Within days of having taken the oath of office for a fourth time, Senator Bate was dead from pneumonia. A host of Tennessee’s ablest politicians wanted Bate’s seat in the United States Senate, including two prominent former governors: Robert Love Taylor and Benton McMillin. Evidently, Governor James Beriah Frazier also wanted to the Senate seat and the legislature quickly elected him to serve essentially a full term to succeed William B. Bate. “Our Bob” Taylor loudly denounced the haste with which Frazier

was elected to the Senate and charged three men with attempting to control Tennessee’s Democratic Party. According to Taylor, Senator E. W. Carmack, James B. Frazier and John I. Cox were the conspirators who had helped to deny him a seat in the U. S. Senate. Cox had been Speaker of the State Senate and when Frazier resigned the governorship, Cox became Acting Governor. Bob Taylor was hardly the only Democrat in Tennessee who was outraged by what many voters perceived as questionable political bargain. Many believed Frazier had been elected to the Senate to unfairly give John I. Cox the governorship. Congressman Malcolm Patterson took advantage of the situation by announcing his own candidacy for the governorship. Patterson challenged Governor Cox for the Democratic nomination in 1906; Patterson’s task was especially difficult as at that time, the nomination was not decided by popular election, but rather through a state convention. Patterson and Cox waged a fierce battle for delegates to the convention and when the congressman finally won the support of the Davidson County delegation, he received the nomination. That was the first crack in the foundation of Tennessee’s Democratic Party and throughout the tenure of Malcolm Patterson as governor, it would eventually grow to a deep divide. Oddly, that same year the Tennessee General Assembly had agreed to be bound by the results of a special primary election for the United States Senate. The victor of the special primary would be elected by the legislature. Former governor Robert Love Taylor campaigned against incumbent Senator Edward Ward Carmack. Carmack was swimming against the political tide as well as Taylor’s immense personal popularity. Taylor, usually “the Apostle of Sunshine,” departed from his customary repertoire of wit, songs, and anecdotes to turn his wrath against Senator Carmack, whipping his opponent caustically at every opportunity. Carmack gave as good as he got, but was defeated by a decisive margin in the popular vote by Taylor.

The legislature, still feeling the displeasure of Tennessee’s electorate, duly elected Robert L. Taylor to the U. S. Senate. Governor John I. Cox, bitter at having narrowly lost the Democratic nomination, refused to support Malcolm Patterson in the general election. Patterson won,



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Governor Malcolm Rice Patterson of Tennessee, official portrait.

but the chasm inside Tennessee’s Democratic Party was growing ever wider.

Carmack challenged Patterson for the Democratic nomination for governor in 1908 and the campaign quickly became both hard fought and deeply personal. Carmack claimed Patterson had built an effective machine inside Tennessee and his campaign buttons featured a picture of the candidate along with a slogan of “Shall the People or the Machine Rule?” The main issue between the two candidates was that of prohibition. Edward W. Carmack was the champion of the “dry” forces, while Governor Patterson was the spokesman for the “wets”, or at the very least local option. The contest between Malcolm Patterson and E. W. Carmack at the state convention tore asunder friendships or long-standing, ruptured families, and sowed additional strife inside Tennessee’s Democratic Party. The Nashville Tennessean tried to dismiss the bitterness by acknowledging Patterson’s nomination, claiming the party was united against the Republicans in the fall election, while admitting there were a few “soreheads and discontented Democrats” in the state. After a raucous convention, the Carmack supporters realized Patterson had the votes and moved to nominate the governor by acclamation.

Malcolm R. Patterson won the general election while Edward W. Carmack returned to his profession as editor of Luke Lea’s Tennessean. Carmack evened some scores by editorially roasting some of his political opponents, chiefly Colonel Duncan B. Cooper, publisher of the rival Nashville American. Not surprisingly, Colonel Cooper quickly tired of being bathed in the editorial acid of Carmack’s pen. The Colonel sent Carmack a warning to stop, which the editor ignored.

It was not long before all parties were traveling about Nashville armed. In November of 1908 Edward W. Carmack happened upon Duncan B. Cooper, who was accompanied by his son, Robin. Evidently all of them were carrying pistols and Carmack drew his and fired. Shots were exchanged, but Robin Cooper was apparently a much better marksman, hitting the editor at least three times. One of the wounds was minor, but two hit Carmack in the heart and the head, killing him. E. W. Carmack fell dead into the gutter of a Nashville street.

The death of Edward W. Carmack ignited outrage throughout Tennessee and that flame quickly turned to fury when Governor Malcolm R. Patterson pardoned Duncan Cooper almost immediately after the latter’s conviction.

Patterson used an ingenious argument to explain his pardon of Colonel Cooper. Patterson pointed out Robin Cooper had been acquitted by a court for E. W. Carmack’s murder, but the governor insisted he had read every sentence of the Duncan Cooper trial proceedings and had concluded it was Robin who had fired the shots that had killed the former senator. Furthermore, had Duncan Cooper killed Carmack, it would have been in self-defense. To defuse the argument the governor had pardoned a warm personal friend, Patterson said why should he do less for a friend than he would an enemy under the circumstances?

Edward Ward Carmack’s killing split Tennessee’s Democratic Party wide open and the breach would not soon heal. Patterson charged ahead, intent upon winning a third two-year term as governor. The governor had enough influence to win the nomination at the state convention once again, but his opponents kept up a steady drumbeat of opposition throughout the state, especially the

Tennessean. Referring to Patterson as the “pardon extraordinaire,” the Tennessean charged the governor with being power mad and “bossism.” Denouncing “aristocratic thuggery and gutter scoundrelism,” the Tennessean played Patterson, saying his administration thrived “in criminally besotted politics” as well as “murdering men it could not cajole, hooting the law, outraging decency, corrupting the courts of justice, defying the mandates of juries, browbeating supreme judges...” It was all a part of the “evil oligarchy in which Malcolm Patterson and his crew have degraded the state of Tennessee,” causing Tennesseans to wallow “in the mire of disgust and reprobation.”

When a majority of Tennessee’s Supreme Court justices formed an Independent ticket to seek reelection, Governor Patterson promptly fielded his own slate of candidates. The August primary saw the Independent ticket win by about 45,000 votes, indicating the governor was likely in trouble. The Republicans, sensing blood in the water, nominated an able candidate in Ben W. Hooper. Patterson had released a statement saying his “friends had expressed a strong wish that I should again be a candidate, and I would gladly escape the bitterness and the foul assaults which assail me.” Patterson confessed he “owed a great deal to those who assisted me when I struggled for the office against what seemed overwhelming odds” and claimed “I have deeply felt the injustice which has been done to me and through me to my friends and to the democratic party.” Patterson flatly said he was “unwilling also to retire under present conditions” and stated nothing could influence him to change his mind. Realizing he was in trouble, Patterson offered to “waive my title to the nomination” and “restore

it to the people” by entering “any kind of a primary, to be held in any way the opposition may elect...” The governor boldly said he was willing “to meet any competitor in such a primary on the stump in joint discussion and answer every charge which has been made against me.” Governor Patterson said his “only condition” was “that the successful nominee be supported in the November election by all who participate in the primary.” Patterson was quick to claim, “I am representing not my personal ambitions, but the party that has honored me, and with it I will go to victory or defeat.”

By September of 1910, even Malcolm Patterson could see the handwriting on the wall. Patterson released a public letter withdrawing as a candidate for governor. The governor said he was withdrawing his candidacy in the interest of harmony and in the hope the Democratic ticket would be successful in November. Tennessee Democrats, realizing the combination of Independent Democrats and Republicans posed a serious threat to electing another governor, begged Senator Robert L. Taylor to run for a fourth term as chief executive of the Volunteer State. Taylor, who had tried to get to Washington for years, was extremely reluctant to accept the gubernatorial nomination, but eventually yielded to pressure from his party. Even Bob Taylor was not enough to stem the tide of the “fusionist” movement. Taylor lost to Republican Ben W. Hooper in the general election, a rejection that broke “Our Bob’s” heart and stunned virtually everyone.

Democrats blamed Malcolm Patterson for the defeat. Patterson had originally been elected governor as a reformer, but had instead built up a strong organization personally loyal to himself. The Tennessean ran a banner on its editorial page daily through the fall election, quoting Malcolm Patterson as saying, “I’d would rather vote for a straight Republican than a crooked Democrat.” The Tennessean added its own quote: “So would we.” With the election of Ben W. Hooper, Luke Lea’s Tennessean gave full credit for the defeat to Malcolm Patterson. “The Democrats of Tennessee, by their election of the Republican Hooper, have redeemed the pledge they made when Republicanism joined with them to crush the indecency and the violence of Patterson and Pattersonism.” “Any other course would have been dishonor,” the Tennessean intoned.

Malcolm Patterson was consigned to the hellish exile of practicing law in his home city of Memphis, but the former governor waited for the moment to make a political comeback and vindicate himself before the voters of Tennessee.

Paw prints and hair

Amy, Dallas, and I sat down the other night to watch the first episode in a Netflix series about dogs. Of course, grand-dog Harvey and our pooch Sadie watched with us. Every bark led to their ears perking up and their heads looking around the room in search of a fellow canine. The show was about service dogs, and Dallas and I could only take one episode at a time. Our emotions seemed to have gotten the best of



By Joe Rector
joerector@comcast.net

us. Most people know that there's something special about dogs. A puppy makes even the grumpiest person smile; I should know because my family tells me I am that obnoxious person. The majority of folks have more positive views of those little four-legged creatures than they do of the two-legged variety. Dog lovers delight in snuggling with a pup, and nothing quite matches the softness of a little dog's fur. We dog owners know the value of a mutt. The truth is that all dogs are service dogs. They keep many of us sane when our worlds are spinning out of control. A short session of having dogs sit by our sides eases the tensions and stress that build as we go about our jobs and relationships. When those times that we lose someone close come, dogs are sometimes the only living creatures that allow us to grieve unchecked until we recover. A child never finds a

better friend than a dog. It is always glad to see her, and playing for hours on end never grows boring. A dog's energy also can outlast a parent's. A nap is much easier to survive when a stinky, shaggy dog is curled up in the crook of a tiny body. No dog ever resisted the chance to lick a "boo-boo" until it felt better. That dog becomes the best security guard. Any attempts to hurt a small person will result immediately in the sinking of teeth into a culprit's arm or leg. We older folks love our dogs as well. Just sitting

on the couch and watching television is satisfying, as long as the dog is there. We swore we'd never have a dog in the bed with us, but somehow, they wormed themselves from the floor to the foot of the bed to a place between couples, and the hounds always stretch out their legs so that they become the worst of all bed hogs. What is saddest of all, we tend to lose those animals that we love every bit as much as another human. Their lives are so short, and when they die, we grieve as much as we might do if a family member passed. Years of memories flood back to us the same way they do with our children or our spouses. The loss of a dog leaves us not quite knowing what to do. Our daily routines are interrupted and seem empty. The pain subsides, and then we go out and do the whole thing over with a new pet. My wife says that dogs are God's gift to us to make our lives better. I agree, even if they dirty the house with paw prints and hair. I hope heaven is full of dogs.

Tennessee Historical Commission Accepting Applications for Merit Awards

The Tennessee Historical Commission is now accepting nominations for its Certificate of Merit Awards to honor individuals or groups that work to preserve Tennessee's heritage. The deadline for submissions is December 31, 2018. "For over forty years, our awards program has offered an opportunity to give thanks and recognition to those working to revitalize Tennessee's historic places. The Merit Awards program also highlights people and organizations for the work they do in the areas of publication, commemoration, and education regarding our state's unique history and heritage," said Patrick McIntyre, executive director of the Tennessee Historical Commission. The Tennessee Historical Commission Awards program began in 1975. Certificates of Merit are presented annually to individuals, groups, agencies or organizations that have made significant contributions to the study and preservation of Tennessee's heritage during the 12 months prior to the application deadline. Award recipients will be honored at an awards ceremony in May, 2019. Applications may also be requested by calling Angela Miller at the Commission's offices at 615-532-1550, by writing to 2941 Lebanon Pike, Nashville, TN 37214, or by contacting Angela Miller via e-mail at Angela.Miller@tn.gov. The Tennessee Historical Commission will celebrate the 100th Anniversary of its establishment in 2019. The agency serves as the State Historic Preservation Office. The office is located at 2941 Lebanon Pike in Nashville. For more information about the Tennessee Historical Commission, please call 615) 532-1550 or visit their website at www.tnhistoricalcommission.org.



Pictured are from left to right, gallery members, Marilyn Turner, Terri Swaggerty, Brenda Mills, Elaine Fronzcek, Kay Alexander and Lynnda Tennpenny work on ornaments.

Community School of the Arts raising funds with holiday crafts

Each year, several members of the Art Market Gallery get together and create Christmas ornaments to be sold to benefit the Community School of the Arts. The school offers exposure to fine arts education and provides mentoring and guidance to East Tennessee's young people. The Art Market Gallery is a cooperative of artists from the region. Both the school and the gallery are located in downtown Knoxville. The handmade ornaments will be on sale at the gallery from now till Jan 4th at 422 S. Gay Street. Gallery hours are Tues.-Thurs. and Sat., 11 a.m. - 6 p.m., Friday, 11 a.m. - 9 p.m., and Sunday 12 - 6 p.m.



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Bobcats claw out 14-9 win for first state championship

By Steve Williams

They saved the best for last. Knoxville Central and Henry County even had Tennessee Tech's Tucker Stadium all to their self Sunday afternoon for the TSSAA Class 5A state football championship game after it had been postponed by a long lightning delay Saturday night.

Both teams put on a good show, but the Bobcats were a little better.

The boys from Fountain City overcame some early miscues to take the lead and refused to give it up down the stretch as they captured Central High's first state championship since the TSSAA playoffs began in 1969.

With Henry County knocking on the door at the Central 20-yard line in the game's final minute, defensive specialist Xavier Washington cut down running back Joseph Travis for a four-yard loss on third-and-one and junior line-backer Tyler Bost deflected Henry County's desperation fourth down pass to wrap up Central's 14-9 victory at Cookeville.

The title came just two years after the Bobcats finished runners-up to Memphis East at Overall Field. This historic season also included a third straight trip to the semifinals under Coach Bryson Rosser.

Central also had been a state runner-up to Memphis East in 1999.

"I was part of that team in 2016 that came up short against Memphis East, so coming back to the same place and winning the state championship really means a lot," said senior Ja'kobi Troutman in the post-game celebration.

The Bobcats' offensive left tackle and noseman also is looking forward to "finally hanging up a gold ball with those two silver ones for the first time."

Central put together a 13-game win streak after



PHOTO BY JOHN VALENTINE

Deonte Middleton and members of the Central High football team receive best wishes from fans at a spirited sendoff from the school in Fountain City Saturday afternoon. The Bobcats were to play in the TSSAA Class 5A state championship game Saturday night at Tennessee Tech in Cookeville, but the game was postponed until Sunday afternoon due to inclement weather.

losing its opening two games. The tough Henry County team also finished 13-2. The Patriots from Paris in West Tennessee had won state titles in 2011 and 2013.

"That was the most physical team we've played all season, but you know what, we always step it up," added Troutman. "No matter the situation, no matter the opposing team, we're always going to step it up and try to dig out the win."

Central was fortunate in the opening quarter to trail by only three points. Missed tackles by the Bobcats were offset by penalties committed by the Patriots. Good fortune was on Central's side, too.

On the game's opening possession, Samari Rack caught a pass from Will Parrish and broke a tackle for a 21-yard gain and first down at the Bobcats' 34-yard line. On the ensuing play, however, the

Henry County center's low snap got by quarterback Parrish for a 13-yard loss.

That was the first of the Cats' nine lives to be used in the opening half.

Central went three and out on its first possession as Jason Merritts was stuffed for a two-yard loss and Daunte Holliday was swarmed for an eight-yard loss after taking a third down pass from Dakota Fawver. The Bobcats' punt went only 15 yards, as a steady wind was a factor throughout the game.

With excellent field position, Henry County's Ethan Thompson snagged a pass in the flat, broke a tackle and raced 15 yards for a touchdown, but a block in the back nullified the score. That was the second of the Cats' lives lost.

The Patriots, however, were still in the red zone and it took a hard hit by Holliday on the back line of the end zone to break up a touchdown catch.

The Patriots settled for a 30-yard field goal by Darrius Stephens and a 3-0 lead with 5:05 on the first quarter clock.

Henry County recovered the ensuing kickoff, but the brisk wind had blown the ball off the tee before the kick, nullifying the play, another break for Central.

Fawver scrambled to escape a Henry County rush and hit Holliday with 39-yard touchdown to put Central on the scoreboard with 1:20 to go in the second quarter. Jarred Swislosky gave the Bobcats a 7-3 lead.

Washington, who carried the ball on offense only three times in the game, scored on a 10-yard run behind the left side of the line to increase Central's lead to 14-3 in the third quarter.

A 12-yard TD run by Jaylon Foster sliced the Bobcats' lead to 14-9 at the 10-minute mark of the fourth quarter. Deonte

Middleton stopped Foster's two-point conversion run.

GAME MVP: Central sophomore linebacker Kalib Fortner was named the game's Most Valuable Player. He had eight total tackles, including two sacks and three tackles for loss.

MOTHER NATURE: The game was delayed an hour prior to Saturday night's kickoff due to lightning in the area. Continued lightning and a forecast for more delays forced the rescheduling of the game.

The Central team returned home Saturday night and made the trip back to Cookeville Sunday morning.

The Henry County team spent the night in Cookeville.

PREGAME SONGS: With the sun shining brightly the day after Saturday night's stormy weather,



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Pep talk, Jessie propels Gladiators past Karns 67-41

By Ken Lay

Joel Sampsel had to give a little halftime pep talk to the Gresham Middle School boys basketball team Thursday night. He got the result he wanted as the Gladiators responded. "I gave a halftime speech and it worked," Sampsel said after the Gladiators used a big third quarter to rout Karns 67-41 before a packed house in Fountain City.

Gresham fell behind 6-0 early against the Beavers, who proved to be a formidable foe over the first 12 minutes of the game. The Gladiators guards endured some shooting woes and Gresham also struggled from the free throw line in the first half. The Gladiators made just 4-of-21 shots from the charity stripe in the first half.

Gresham, however, was able to open a slim 29-26 lead by halftime thanks to the post presence of Jeremiah Thompson, DeAngelo Smith, Silas Knuckles and DyKeise Perez.

Thompson scored 16 of his game-high 22 points before halftime. Knuckles, Smith and Perez combined to score 11 more points over the first 12 minutes.

Those players stayed hot after halftime and Gresham (8-2) got a huge lift from Carson Jessie after the break. The guard, who made just two early free

throws, scored 17 points after halftime.

Gresham used a 21-5 third-quarter run to put the game out of reach. Jessie had 12 points in the third stanza.

Karns coach Tyler Hill said that Jessie's scoring outburst in the second half was the difference in the game after the Beavers fell to 3-6 this season.

"He got hot in the second half," Hill said of Jessie. "We knew coming in that he was going to shoot it but he couldn't hit anything in the first half.

"He hit just about everything in the second half, even when we got a hand in his face. We had a good first half and then we had a bad third quarter.

Knuckles finished with 10 points and six rebounds and Thompson had a double-double as he grabbed 13 rebounds.

"Jeremiah Thompson was big for us," Sampsel said. "He had a double-double."

Gresham scored the first six points of the third stanza and took a 35-26 when Thompson made an inside shot with 4 minutes, 32 seconds left in the frame.

Jaylen Roberts scored 15 points to lead the Beavers, who trailed 14-13 after the first quarter. Dante Strickland added eight points and Zeus Sanders finished with six.

Bruins run past Northwest to remain unbeaten

By Ken Lay

A sizzling start helped the Bearden Middle School boys basketball team keep its perfect record intact Tuesday night.

The Bruins, who were locked in a first-place tie with Vine after Tuesday night's action, cruised to a 54-35 Knox County Middle School Basketball Conference victory over Northwest in front of a spirited crowd at Bearden Middle School.

Bearden scored the first 11 points of the contest before surrendering three long-range jumpers to the Rangers. By the end of the opening frame, however, the Bruins (8-0) had a 15-9 advantage and from there, the game's outcome wasn't really in doubt as Bearden opened a 35-14 advantage by halftime.

Bruins coach Ben Zorio, who has built one of Knox County's most successful and consistent programs at Bearden, said he has been pleasantly surprised by his team's fast start.

"We have three returners back from last year's team and only one of them saw insignificant playing time," Zorio said. "So I'm really proud of these guys for what they've done considering our lack of experience."

Bearden has won 21 consecutive KCMSBC regular-season games dating back to last season but the coach said that his team has yet to play some of its toughest competition.

"We've got a tough schedule of games coming up and so we can't stay where we're at right now," Zorio said.

"That sounds like coach speak, but we have to keep getting better and better and better."

Bearden has used a stifling defense and a balanced and potent offense to achieve its success out of the gate this season and that tried and true formula worked like a charm for the Bruins against the Rangers (1-7) on this night.

"We've played pretty good defense this year," Zorio said. "And at various times, different guys are stepping up and scoring for us.

The Bruins surrendered 28 points through three quarters. They had a 20-point lead heading into the fourth quarter before they got a little sloppy over the final six minutes.

Zorio's hoping this team can learn from a mistake-filled second half.

"We got a little sloppy in the second half and I told the guys that we can use that as something to learn from," Zorio said.

Northwest turned up its defensive pressure after halftime and that led to some of Bearden's miscues.

"They pressed us and that rattled us a little bit, but I think we might've handled it better if we had seen it earlier," Zorio said.

The Bruins made six 3-pointers against the Rangers.

Ely Nuchols scored a game-high 22 points and point guard Drew Brillhart added 17. Blue Cain had six and Jones Conner finished with five.

DeSean Bishop had 18 points to pace the Rangers.

A Catholic comeback



PHOTO BY KELLY KEARSE

Knoxville Catholic sophomore point guard Sam Sompayrac drives for a shot early in the second half against Grace Christian Academy in basketball action Thursday, Nov. 29. The host Irishmen had a big comeback win, 71-65, to improve to 4-1 in the young season.

Big second half lifts Lady Bruins past Northwest

By Ken Lay

Bearden Middle School's girls basketball team played a lackluster first half in its game against Northwest Tuesday and that forced coach Clark Bowling to issue his squad a halftime challenge.

The Lady Bruins responded by hitting the boards and stiffening their defense and the result was a 22-13 victory over Northwest at Bearden Middle School.

Points were at a premium throughout the contest as both Bearden (4-4) and the Lady Rangers (0-8) struggled to knock down shots. But it was Northwest that won the rebounding battle and that didn't sit well with Bowling.

"They came in here and they played with a lot of heart and effort," Bowling said of the Lady Rangers. "They were killing us on the boards. We were just getting outplayed in the first half.

"We missed layups and we missed free throws."

Northwest had a slim 9-8 edge at halftime before Bowling's pep talk.

"I challenged our girls at halftime and they responded," Bowling said. "They played better defense after halftime."

Bearden's defense allowed just four points after the break and kept the Lady Rangers off the scoreboard in the third stanza.

"I was really proud of our effort in the second half," Bowling said. "My point guard [Breasia Spradling] did a good job running the team.

"She did a good job getting our kids get in the right spot and that was really a big difference in the game.

Spradling scored eight points to lead the Lady Bruins and Imani Hardin added six.

Northwest played well early before struggling over the final 12

minutes of the game.

Bearden held a 15-9 advantage heading into the final frame but the Lady Rangers pulled to within 18-13 midway through the fourth quarter when Aarianah Willis made a bucket. But those were the last points for Northwest.

The Lady Rangers' Angel Hartsell led all scorers with nine points. She had seven before halftime.

Northwest coach Ashley Cutshall said that her team has struggled after halftime all season.

"Our girls always come out excited and they play well early," she said. "With my girls, we need to work on our second-half game.

"I need my girls to trust themselves and believe in their teammates. I'm hoping that I can get the girls to stick with me and trust each other. If they do that, we might be able to get our first win."

Karns 'regains composure' to run past Lady Gladiators

By Ken Lay

During the first quarter of Thursday afternoon's game, Karns Middle School girls basketball coach Paige Ewing watched Gresham play her team evenly in a crucial Knox County Middle School Basketball Conference tilt.

But things didn't stay close long and the Lady Beavers ran past the Lady Gladiators 42-16 before a boisterous house in Fountain City.

Karns (8-1) and Gresham (6-4) were locked in a 9-9 at the end of the opening quarter and the Gladiators took a 10-9 lead when Maiya Moore made an early free throw in the second frame.

But the Lady Beavers kept Gresham at bay for the rest of the quarter and scored the final eight points of the opening

frame to take a 17-10 lead into the locker room at halftime.

"Gresham had us rattled," Ewing said. "They're a good team and they play with a lot of heart.

"They're well-coached and they really had us rattled but we were able to regain our composure and we came back and played well after we regained our composure."

The Karns defense was especially stingy after the first quarter. The Lady Gladiators scored just seven points over the final 18 minutes. Gresham had just one player, Allie Gregory, find her way into the scorebook after halftime. She scored six of her eight points after the break.

The Lady Beavers had no trouble scoring in the second half as they used an 18-4 third-quarter run to put the contest out of



PHOTO BY KEN LAY

Northwest Middle School point guard Angel Hartsell brings the ball upcourt in the Lady Rangers' game at Bearden Tuesday. Hartsell led all scorers with nine points but the Lady Bruins outlasted the Lady Rangers 22-13.

reach. Karns held a 35-14 lead heading into the final frame.

The visitors boasted a balanced attack once their defense kicked into high gear and resulted in multiple transition

baskets.

Jadea Taylor led the Lady Beavers with 12 points. Sammy Taylor added 11 while Hannah Bruce and Rylee Roberts finished with six points each.

HIGH SCHOOL SPORTS NOTEBOOK

CCS freshman is national news maker in volleyball

By Steve Williams

Annabelle Sulish made a mark on the national scene in her freshman volleyball season at Concord Christian School.

The 5-foot-10 outside hitter led the nation's entire freshmen class in kills in 2018, according to Max Preps.

Sulish totaled 584 kills as she guided the Lady Lions to a runner-up finish in the TSSAA Division II-A state tournament.

"This is a big deal for Annabelle," said CCS Head Coach Carmen Hochevar. "It couldn't happen to a greater kid. It's not surprising because she is such a natural yet hard working athlete. Annabelle is such a coachable and humble player. We are blessed she landed on our team."

Concord Athletic Director Bruce Johnson stated: "Annabelle Sulish is a powerful force and walks like a Lion. Not only as a weapon in volleyball but in her drive and her competitive spirit. "She brings to CCS that mental, physical and spiritual toughness so necessary to be a great athlete. To lead the nation in kills as a freshman is incredible and we are so blessed to have her at CCS."

COLLISION COURSE: An early look at boys basketball on the local scene finds three teams still undefeated as of games played through Nov. 29.

Still sporting spotless records are Austin-East and West at 4-0 and Fulton at 3-0.

One of those is sure to bite the dust this coming Saturday (Dec. 8) when Fulton hosts the Roadrunners, but which one?

The matchup of city rivals will start at noon with a junior varsity game, followed by the girls' varsity contest at 1:30 and the



Concord Christian's Annabelle Sulish makes a shot at the net in a season which saw her total more kills than any other freshman in the nation, according to Max Preps.

boys' varsity game at 3.

Meanwhile, Bearden, which is expected to battle for Class AAA state honors again this season, remains unbeaten against Tennessee teams but lost two games in Mississippi the weekend after Thanksgiving.

Playing in the Lighthouse Classic in Corinth, Miss., the Bulldogs lost to Mountain Brook, Ala., 65-63 and Center Hill, Miss., 62-49, leaving them with a 5-2 record.

Local boys teams with only one loss include Knoxville Catholic 4-1, Central 4-1, Powell 4-1 and CAK 3-1.

MR. FOOTBALL: Deshawn Page of Fulton was honored as the 2018 Tennessee Titans Mr. Football Award Winner for Division I, Class 5A on Nov. 25.

The 6-2, 215-pound senior was a two-way standout for the Region 3-5A champion Falcons, playing

linebacker and running back.

High school head coaches and members of the media nominated the finalists. A committee of statewide sports writers selected winners based on performance in the regular season. Academics and character were also taken into consideration.

TOYOTA ALL-STAR: Nine Knoxville players will be on the East squad in the 12th annual Toyota East vs. West All-Star Classic Friday (Dec. 7) at Austin Peay State University in Clarksville.

The local standouts are athlete Ton'Quez Ball of South-Doyle, running back Isaiah Gibbs of Farragut, wide receivers Jaden Gibbs of Farragut and Demetrien Johnson of Central, safeties Xavier Washington of Central and Alec Boruff of Webb, inside linebackers Chris Stevenson of Austin-East and Deshawn Page of Fulton and defensive end

Caleb Kuhn of Farragut.

Central's Bryson Rosser will be the East head coach. Nick Craney of Central will coach linebackers and A-E's Jeff Phillips will direct the defensive line.

DANDY DANCERS: Local high school dance teams combined for four state championships and two second-place awards in this year's TSSAA Cheer/Dance Championships in Murfreesboro.

Farragut's dancers led

the way by taking top honors in the Small Varsity Jazz and Pom competition Nov. 17 at MTSU's Murphy Center. It was Farragut's fourth straight title in the Pom division.

Bearden won the Large Varsity Jazz division for the sixth year in a row.

Knoxville Catholic's dancers prevailed in the Medium Varsity High Kick division.

Halls was second in the Small Varsity High Kick and Seymour was runner-up in the Medium Varsity Pom

division.

PREPS OF THE PAST: Ten years ago, on Dec. 5, 2008: Blake Jenkins, a 6-7 senior guard for Bearden's unbeaten basketball team, topped the 1,000-point plateau in his prep career with a dunk.

The fourth-quarter slam gave him 1,001 points as the Bulldogs used a balanced attack to roll past Heritage 89-45 at Bearden and raise their record to 7-0. Jenkins finished the night with 14 points.

Optimist Club recognizes Justin Mize



Justin Mize, son of Jeff and Cindy Mize, has been awarded the Service to Humanity Award from the Optimist Club of Knoxville at their annual Youth Appreciation Luncheon. Justin was All District in baseball, in Central High School National Honor Society, Student Government, marching band, and was elected "Kindest" in his senior class. Justin enjoys missions through Central Baptist Church of Fountain City, has helped to promote and raise funds for the new hitting facility at Central High School, and gives a helping hand wherever he can. He plans to attend Carson University next fall.

Come to the UT Arboretum for a pre-holiday hike on December 15

The UT Arboretum Society's monthly Third Saturday Hike for December will be held December 15 at the UT Arboretum at 9:00 a.m. This is a great time to enjoy the cool almost-winter air and get some exercise before the holidays.

Learn about the UT Arboretum's trails on this short trail hike (1 to 1.5 hours). Hikes will be varied in intensity level, and the route may be changed due to weather conditions or leader's choice. This hike will be led by a volunteer familiar with the UT Arboretum and the trail system.

Meet at the UT Arboretum Visitors Center, 901 S. Illinois Avenue in Oak Ridge at 9:00 a.m. Please wear clothes appropriate to the weather and boots or good shoes for outdoor walking. We aim for these hikes to be suitable for all, but the difficulty level of the hike is dependent on individual fitness. Be sure to bring a water bottle to stay hydrated at you hike.

This is a free program offered by the University of Tennessee Arboretum Society and no registration is required.

To learn more about this hike or the UT Arboretum Society, go to www.utarboretumsociety.org. For more

information on the program, call 865-483-7277.

Celebrating 53 years in 2018, this program is one of many lectures and activities that will be offered

this year by the UT Arboretum Society. The program is cosponsored by the UT Forest Resources AgResearch and Education Center.

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FIFTY SEASONS OF TSSAA FOOTBALL PLAYOFFS

Halls' 1986 title run started with 'almost a miracle'

Halls High's football team won the state championship in 1986, but it's still hard to believe the Red Devils survived their first round game and advanced.

Saying Coach Larry Kerr's team got a scare on that Nov. 7 night 32 years ago in Halls is putting it mildly.

The Red Devils were 10-0. The Mountaineers from Heritage had been 1-4 early in the season but were riding a six-game win streak coming into the Class AAA playoff opener.

Already leading by one point with just a little



By Steve Williams

over two minutes remaining in the game, Heritage quarterback Clint Boling's 9-yard keeper set up a fourth-and-one situation at Halls' 6-yard line. One

more yard and a first down would all but spell doom for the Red Devils, who were out of timeouts.

With a crowd of 6,000 looking on, Halls' defense stopped the fourth-down play for no gain.

Still, the Red Devils, who had lost five fumbles on a slick and muddy field, had to get in field goal range.

The scoreboard read: 2:02. Heritage 7, Halls 6.

Making the challenge even more difficult was the fact that the Red Devils had been a power running team throughout the season, with Jason Julian following the blocking of Randy Hall, one of the nation's top offensive linemen, being their bread and butter.

Quarterback Chip Ward, nevertheless, led the drive. Billy Marsh made a brilliant over-the-shoulder catch at the 13 to set up Julian's game-winning 29-yard field goal with 0:18 on the clock.

"I couldn't look," Coach Kerr would say after it was over. "I've coached 13 years and I've never had a comeback like that before ... that's almost a miracle."

Julian's 1-yard run had given Halls a 6-0 lead in the second quarter, but the snap was high on the PAT. A 7-yard run by Boling plus his extra point kick had staked Heritage to its 7-6 lead.

"I was scared to death," added Kerr. "That was a heart attack game."

Halls' second-round game, a 17-0 win over King-sport Dobyns-Bennett, was played at the Mini-Dome in Johnson City in front of 9,000.

The Red Devils would play their quarterfinal game at Neyland Stadium. Many expected the contest to be the Andy Kelly Show, with the future UT quarterback leading Rhea County, but it

ended up being the Jason Julian Show as the Red Devil standout accounted for all of his team's points in the 19-9 victory. An estimated 20,000 fans were on hand.

The following week's semifinal game against Jefferson County also would be played at Neyland Stadium, on a Saturday night, Nov. 29, and there was speculation that a state attendance record for a TSSAA playoff game might be set. A game ticket was \$4.

There was a weather concern earlier in the week, but the showdown did attract an estimated 28,000 spectators, which bettered the state record attendance

of 26,300 set at the 1982 Class AAA title game between Lincoln County and Gallatin at the Clinic Bowl in Nashville.

Halls notched a 10-0 win over Coach Craig Kisabeth's Patriots, but after the game Julian said he didn't remember his 5-yard touchdown run or PAT kick in the second quarter as he had been knocked out.

The Red Devils wrapped up their 15-0 championship season with a 17-15 win over Germantown on Dec. 3 in the Clinic Bowl at Vanderbilt's Dudley Field.

The celebration that followed had to be special, since it was one that came so close to never happening.



Knoxville Falcons' 14U Varsity Champions

(The Focus inadvertently left out their team photo in its feature on the Knox Metro Youth Football League champions in its Nov. 26 issue and apologizes for that omission.)

Vols upend Eastern Kentucky

By Alex Norman

There was no hangover for Tennessee's men's basketball team.

Five days after losing an overtime contest to second-ranked Kansas in Brooklyn, the sixth-ranked Vols pounded Eastern Kentucky 95-67 in front of 15,036 fans at Thompson-Boling Arena on Wednesday, November 28.

The big story on this night was the insertion of sophomore wing Yves Pons into the starting lineup for the first time in his collegiate career. Pons replaced the struggling Jordan Bowden and made the most of the opportunity, with ten points and five rebounds in 22 minutes of action.

"Defensively, I just think the more he plays the better he's going to get," said Tennessee head coach Rick Barnes. "I think he's going to get so much better on the offensive end, but he's doing the things that we wanted him to do to start the game with his defense and rebounding... "He's a glue kind of guy. Some guys are out there trying to score. You need some guys like that, but you can't have everyone like that. That is what I like about Yves. He

turns down some shots and puts it back inside. We're really working with him, getting him to score inside like Admiral (Schofield) and Grant (Williams). With his athletic ability, he should be able to do that. He should be able to play quicker, and we need him to do that."

"I thought about it, and I wasn't nervous really," Pons said about his first start. "I talked to my dad and he just told me to play my game and do what I do."

The Frenchman's energy, high-flying dunks and blocks have made him a fan favorite in limited periods of action during his Tennessee career. In fact, he had only scored a total of 17 points in 24 games as a freshman last season. But against Eastern Kentucky (3-4) he played with confidence and even started the contest with a three pointer.

"Yves, he makes some amazing plays," said Tennessee guard Jordan Bone, who was one of four Vols that scored into double digits with 14 points. "With his length, athleticism and command on defense, I feel like he is one of the best defenders in the conference, if not the country.

His lateral movement is amazing, and he knows out to anticipate plays. Yves has done an amazing job for us. We are going to keep instilling confidence in him so he can continue to take those steps day by day."

Tennessee (5-1) wasn't expected to get much of a battle from the Colonels. A 21-3 run by the Vols midway through the first half put the game out of reach early. The lead never shrunk below 13 points.

For the second time this season, the Vols two best players cracked the 20 point plateau. Forward Grant Williams had a team high 21 points and 11 rebounds. Admiral Schofield scored 20 points and collected 7 rebounds. As a team, the Vols had a season high 50 rebounds.

At press time the Vols game against Texas A&M-Corpus Christi had yet to be played (Sunday, December 2). Next week is a huge one for the Vols. On Sunday, December 9, Tennessee faces top-ranked Gonzaga in Phoenix. Then on Saturday, December 15, the Vols resume their in-state rivalry with a game at Memphis.

Gift Idea For An Angler: Beginning Fly Tying Course

The Clinch River Chapter of Trout Unlimited is again offering its Beginning Fly Tying course. This popular class fills up fast—and it's a great Christmas gift.

Guided one-on-one by experienced instructors, students will tie more than 50 flies as they learn nine different trout fly patterns that are effective in area tailwaters and in the mountains. Techniques learned will enable participants to tie many other fly patterns as well.

The course is limited to a maximum of 12 students. Six classes are scheduled for Saturday mornings, 9 to noon, from Jan. 19 through Feb. 23, at St. Francis Episcopal Church, 158 W. Norris Road, Norris.

Cost is \$125 including an illustrated manual, all materials and, for newcomers, a free one-year membership to Trout Unlimited. Tools will be loaned free of charge to students who don't have their own. Class proceeds benefit the Clinch River Chapter's conservation and youth education projects.

For more information or to sign up, contact David Harrell, tleo2008@live.com or (865) 803-4541.

Clinch River Chapter TU works to preserve and protect the Clinch River tailwater and its watershed through conservation projects and through education of children and adults in aquatic natural resources. For more information, visit <https://crctu.org>.

Catholic's Renfree will run for national honors in San Diego



Jake Renfree runs out front in the Foot Locker South Regional Cross Country meet Nov. 24 in Charlotte. The Knoxville Catholic standout will compete in a field of 40 in the National meet Saturday in San Diego.

By Steve Williams

Jake Renfree has earned another run at a national title.

The Knoxville Catholic High senior and reigning TSSAA state champion placed seventh in the Foot Locker South Regional cross country meet on Nov. 24 to qualify for the National Championships Saturday (Dec. 8) in San Diego.

Renfree, who was a surprise fifth place finisher in the Nationals last season, posted a time of 15 minutes, 10.5 seconds – a little less than six seconds

behind the winner, Cruz Gomez of Donna, Tex., who finished the 5,000-meter course in 15:04.8.

The race was held at McAlpine Greenway Park in Charlotte. The course was wet and muddy and the temperature 37 degrees.

"Jake was out with the lead pack," said Catholic Coach Sean O'Neil, recalling the race last week. "The conditions were pretty rough. Muddy and cold. He didn't want to risk an injury and was satisfied with qualifying for the nationals."

O'Neil believes Renfree,

a Notre Dame signee, has a legitimate shot at winning the national meet and said no one is head and shoulder above the rest.

"I think it will be a tight pack," said O'Neil.

The top 10 boys and the top 10 girls in the South region's seeded races qualified to compete against runners from the Northeast, Midwest and West Regional meets in the 40th annual Foot Locker national meet.

Gabriel Tardy, a junior runner for the Knoxville Ambassadors, placed 53rd

in the boys' field of 140 at the South region with a time of 16:05.

London Culbreath of McKinney, Tex., a junior, claimed the girls' South title in 17:12.9.

Freshman Jenna Hutchins of Johnson City Science Hill placed ninth, earning her a berth in the Nationals.

Webb School senior Niki Narayani placed 16th with a time of 17:48 and Catholic junior Eleanor Mancini came in 66th in the field of 140 with a time of 18:53.



CAREACTER STAR ATHLETES OF THE WEEK (Week of Semifinal Playoff Games)

Catholic: Bryce Nicely.

Central: Malik Robinson.

UT: Trey Smith

(Week of Missouri game)

(Week of Championship Playoff Games)

Central: Brandon Ridner.

UT: Alontae Taylor

(Week of Vanderbilt game)



The Doctor is in

a weekly column by
Dr. Jim Ferguson

Spiritual Health

Sometimes I think I've figured things out, at least some things. However, certainty is an elusive, relative and transient thing. As soon as you think you might have it, it slips through your fingers like clutching a handful of beach sand. The harder you grasp the more it slips through your fingers.

When I was accepted to medical school, I thought I was pretty sharp, but I soon learned how little I understood. Then, by the end of my internal medicine residency, I again thought I had figured things out, until my first patients in private practice demonstrated to me how little I knew.

Various stages of my life have been pentacles of understanding, soon replaced by humbling revelations that my knowledge or abilities were incomplete or insufficient. I've

finally made peace with this. In one of the greatest essays in Western thought, the Apostle Paul - no shabby philosopher - wrote, "We see in a mirror dimly and we know in part" (1 Corinthians 13). In other words, our understanding will always be incomplete. I've come to accept this wise perspective.

Since the Age of Reason and the Enlightenment, man has demanded objective proof through observation and scientific testing. And when carried to its logical conclusion, if you can't measure something or explain it in an equation, it doesn't exist. This is called materialism. I see this as hubris (arrogant pride) which The Proverbist says "goeth before a fall" (16:18).

I'm restudying the works of C. S. Lewis, Christian apologist and one of the great intellects of the

20th century. His book, "The Abolition of Man" is a tough read if you don't like philosophical discourse or cringe at the thought of apologetics. However, several perspectives of the book are worth sharing, but first let me ask you a question: Where does virtue come from?

Simply defined, virtue is right attitude or thought. The ancients identified several concepts which they felt were "right." These are common sense, courage, justice and moderation. These came to be known as the Cardinal Virtues. Do you agree that these notions represent basic virtues? The Greeks and Romans thought civilizations could be built on these precepts. However, in 1 Corinthians 13, Paul would later add faith, hope and love to the mix. I see these Theological Virtues as modifiers of the Cardinal Virtues.

What is noteworthy is that these notions of right (virtues) are transcultural and apparently timeless. Let's look at the notion of justice as a simple example. If someone breaks into line in front of you, most would view this as unjust. However, if you discount the notion of justice as a standard of behavior, how could you cry foul?

Lewis logically argues for such a standard of

virtue and right. A yardstick with standard inches is necessary to measure a door frame. If there is no standard of measurement or absolute right there can be no wrong, only relative right as in the situational ethics of "Les Miserables." Lewis argues that good and bad are only derived when compared to an absolute standard of right. He goes on to say that, if a civilization debunks such values and doesn't teach them to each generation, man will devolve. We are now witnessing the devolution.

Recently, a friend thanked me for a copy of my book, "Well...What Did the Doctor Say?" (Easier to read than Lewis and a great stocking stuffer which is available at Amazon.com and Barnes&Noble.com!) My friend lives in another town and can't get The Focus in a newspaper format. Though we are friends, she observed that she now feels she "knows" me, having read my stories. Good writing comes from the heart, and though you may disagree with my thoughts, the prose is often better than the local fishwrapper fare.

I'm philosophically and spiritually trinitarian. I believe four choices are too many and two is not enough in most situations. I've told Becky that if we

are ever on the Newlywed Game - it will never happen for obvious reasons - and the question is how many, she should say I'll answer "3."

Since The Focus is published only once a week, I am rarely contemporaneous with news of the day. This Advent Season, I decided to start early, throwing caution to the wind and sharing with you personal reflections which hopefully will be perceived more as gifts than hubris.

My writing "career" began seventeen years ago with spiritual journaling. Until that time, my only writing had been for school assignments and term papers. I have found that writing helps me focus and connect with the Spirit. I have never heard voices or had insightful dreams like Jesus' father, Joseph. Perhaps my journal entries are spiritual daytime dreams. Hopefully, these musings and prayers connect my spirit with The Spirit which resides in that non anatomical space of my soul. I have found that during such times of reflection, concepts and insights have arisen that I can't otherwise explain. Scriptural wisdom says to seek and you will find. I do and sometimes I see clearly - at least for a time.

As I meditate and write I become calmer and

thankful of blessings which exceed my challenges. Admittedly, there are times when trust is a more relevant verb than thanks. Being trinitarian I have three As of thanks. I am thankful each morning that I awaken alive and able to reboot the computer that sits atop my shoulders. Furthermore, I am aware of the Way and in awe of the majesty and mystery of the Creation.

At this Christmas Season I'm also thankful for a faith that doesn't require proof. If there was absolute proof there would be no place for faith. And I'm especially thankful for family and friends (3Fs). Lastly, I'm thankful for love and laughter and ever afters (a rhyming threesome).

So, this doctor's recommendation at Advent is not the medical trinity of more exercise, lose weight and stop smoking. Of course these are laudable admonitions for physical health. But instead, I want to challenge you to spiritual health with a journey inward to the soul's interface with the Spirit aided by spiritual journaling. A friend once challenged me to try it; it made all the difference for this pilgrim.

You may email Dr. Ferguson at fergusonj@knoxfocus.com

Make it through the holiday season with sobriety intact

Cornerstone of Recovery offers list of measures to help those new to recovery

For recovering addicts and alcoholics, the holidays can be stressful occasions.

Although relapse isn't a requirement, it does occur. According to figures from the National Institute on Drug Abuse, between 40 and 60 percent of those who have what's medically defined as a substance use disorder will relapse at some point. While there's no scientific data that indicates relapse rates increase during the holidays, studies have shown that alcohol consumption does go up during this time of year: A 2015 report by Alcohol Monitoring Systems, which monitored the alcohol use of more than 450,000 DUI offenders, showed that

drinking violations increased by an average of 33 percent between Thanksgiving and New Year's Day compared to the rest of the year.

Addiction doesn't necessarily kick into overdrive during the holiday season — those afflicted are just as consumed by the obsession and compulsion to use and drink on April 23 as they are around Dec. 25 — but treatment encourages those new to recovery to beware of certain triggers. The presence of alcohol at holiday gatherings can be one such trigger, but according to Bill Lee, assistant program manager and interventionist at Cornerstone of Recovery, members of a recovering individual's support system

can help that individual avoid relapse by making a few minor holiday adjustments.

What about alcohol?

"The big question I get asked by family members, and it's not limited to the holidays, is, 'Should we get rid of all the liquor? Should we not invite the addict to the party if there's going to be drinking?'" Lee says. "I don't think you need to do that."

One of the oft-repeated mantras in recovery circles is that addicts and alcoholics aren't responsible for their diseases, but they are responsible for their recovery. In other words, the presence of alcohol isn't going to make newly sober addicts and alcoholics lose control. The key, Lee says, is communication.

"I just think families need to be aware and give addicts the opportunity to talk about what

they need to talk about, and support them in that process," he says.

Giving recovering family members a heads up can help those individuals avoid discomfort, Lee adds. It's up to them to set healthy boundaries to protect their sobriety, but a foundation laid in treatment has given them tools to ask for what they need.

"Check with the addict or the alcoholic," he says. "Ask them: 'Do we need to get rid of alcohol?' Include them in that decision."

A guilt-free holiday

One of the most critical tools in the recovery arsenal is for those in recovery to recognize the need for self-care, and to follow through on those commitments. By developing relationships with other recovering addicts and alcoholics in support groups, those new to recovery

have an outlet outside of immediate family in which to discuss their fears and frustrations.

Family commitments during the holidays, however, can often interfere. They need not and should not, Lee says.

"If an addict needs to be at meetings during the holidays, support them," he says. "Support them going to meetings and getting away to their support groups."

Despite the emphasis on faith and family during the holiday season, nothing should be more important — to the recovering addicts and alcoholics, or to their loved ones — than sustained recovery from addiction and alcoholism.

"When they say they need to go to a meeting, be supportive and encourage them," Lee says. "Don't guilt them into staying home and visiting with Aunt Susie."

Continue on page 3

KNOXVILLE

MorningPointe

Assisted Living & Memory Care

Opening Soon!

Family Focused

Around-the-Clock Care

Support Groups

9649 Westland Drive

Knoxville, TN 37922

(865) 223-6422



FORECLOSURE NOTICES

NOTICE OF TRUSTEE’S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust Note dated 11/02/2007, and the Deed of Trust of even date securing the same, recorded 02/27/2008, in Instrument No. 200802270063938, in Office of the Register of Deeds for Knox County, Tennessee, executed by Amy R. Wisham, conveying certain property therein described to Mary Ruth Tackett, State Director of Davidson County as Trustee for USDA Rural Development, as nominee for Rural Housing Service, U.S. Department of Agriculture, its successors and assigns; and the undersigned, THE SAYER LAW GROUP, P.C., having been appointed Successor Trustee by Mary Ruth Tackett, State Director of Davidson County, as trustee for Rural Housing Service, U.S. Department of Agriculture.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable; and that an agent of THE SAYER LAW GROUP, P.C., as Successor Trustee, by its virtue of the power, duty, and authority vested in and imposed upon said Successor Trustee, by Mary Ruth Tackett, State Director of Davidson County, as trustee for Rural Housing Service, U.S. Department of Agriculture, will, on **12/12/2018 at or about 10:00 AM**, at the Knox County Courthouse, Knoxville, Tennessee, offer for sale certain property hereinafter described to the highest bidder FOR certified funds paid at the conclusion of the sale, or credit bid from a bank or other lending entity pre-approved by the successor trustee. The sale is free from all exemptions, which are expressly waived in the Deed of Trust, and said property being real estate situated in Knox County, Tennessee, and being more particularly described as follows:

SITUATED in the Sixth (6th) Civil District of Knox County, Tennessee, without the corporate limits of the City of Knoxville, Tennessee, being known and designated as Lot 23, Ponderosa Hills Subdivision, Unit Five, as shown on the map of the same of record in Plat Cabinet K, Slide 7-C, in the Register’s Office for Knox County, Tennessee, said property being bounded and described as shown on map of aforesaid document to which map reference is made for a more particular description.

ALSO KNOWN AS: 8109 Paradise Drive, Powell, TN 37849
056C A 01703

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property:

AMY R. WISHAM
UNKNOWN SPOUSE OF AMY R. WISHAM
PERSONS IN POSSESSION

The sale held pursuant to this Notice may be rescinded at the Successor Trustee’s option at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above.

DATED October 29, 2018

THE SAYER LAW GROUP, P.C.
Successor Trustee

NOTICE OF SUBSTITUTE TRUSTEE’S SALE

WHEREAS, default has occurred in the performance of the covenants, terms, and conditions of a Deed of Trust dated January 21, 2016, executed by Brinda A. Woods, a single woman, to J. Phillip Jones, Trustee, for U.S. Bank National Association, its successors and assigns, and appearing of record on January 25, 2016, in the Register’s Office of Knox County, Tennessee, at Instrument Number 201601250043303.

WHEREAS, U.S. BANK NATIONAL ASSOCIATION, the party entitled to enforce said security interest, having appointed Clear Recon LLC, the undersigned, as Substitute Trustee by instrument filed or being filed for record in the Register’s Office of Knox County, Tennessee, with all of the rights, powers, and privileges of the original Trustee named in said Deed of Trust.

NOW, THEREFORE, notice is hereby given that the entire indebtedness has been declared due and payable as provided in said Deed of Trust, and that the undersigned, Clear Recon LLC, as Substitute Trustee or his duly appointed agent, by virtue of the power, duty, and authority vested and imposed upon said Substitute Trustee will, on **December 20, 2018, at 10:00 AM**, local time, at the North Side Entrance of the City County Building, located in Knoxville, Tennessee, proceed to sell at public outcry to the highest and best bidder for cash or certified funds ONLY, paid at the conclusion of the sale, the following described property situated in Knox County, to wit:

The land referred to herein below is situated in the County of Knox, State of Tennessee, and is described as follows:

Situated in the Sixth Civil District of Knox County, Tennessee, without the corporate limits of any municipality and being more particularly described as follows:

Being designated as Lot 19, on the Final Plat of LEXI LANDING SUBDIVISION, Phase 1, as shown on the plat of same of record in Instrument No. 200311060051276, in the Register’s Office for Knox County, Tennessee, to which plat specific reference is hereby made for a more particular description of said lot.

Being the same property conveyed to Brinda A. Woods, by Deed from Stacey A. Unruh-Kemp, dated 1/21/2016, recorded on 1/25/16, in Instrument No. 201601250043302 in the Register’s Office for Knox County, Tennessee.

Tax Parcel Identification Number: 66F-C-19 Commonly known as **4936 Lexi Landing Dr, Powell, TN 37849**

The street address and parcel number(s) of the above described property are believed to be correct; however, such references are not a part of the legal description of the property sold herein, and in the event of any discrepancy, the legal description herein shall control.

Current Owner(s) of Property: Brinda A. Woods

Other Interested Parties:

This sale is subject to tenant(s)/occupant(s)

rights in possession.

This sale is subject to all matters shown on any applicable recorded plat; any unpaid taxes; any restrictive covenants, easements, or setback lines that may be applicable; any statutory rights of redemption of any governmental agency, state or federal; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. In addition, the following parties may claim an interest in the above-referenced property: Brinda A. Woods.

If the United States or the State of Tennessee have any liens or claimed lien(s) on the Property, and are named herein as interested parties, timely notice has been given to the applicable governmental entity, and the sale will be subject to any applicable rights of redemption held by the entity as required by 26 U.S.C. § 7425 and/or Tennessee Code § 67-1-1433.

All right and equity of redemption, statutory and otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good; however, the undersigned will sell and convey only as Substitute Trustee.

The transfer shall be AS IS, WHERE IS, AND WITH ALL FAULTS, and without warranties of any kind, express or implied, as to the condition of the Property and the improvements located thereon, including merchantability or fitness for particular purpose. Trustee shall make no covenant of seisin or warranty of title, express or implied, and will sell and convey the subject real property by Substitute Trustee’s Deed only.

The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above.

This property is being sold with the express reservation that the sale is subject to confirmation by the lender or trustee. This sale may be rescinded by the Substitute Trustee at any time.

THIS OFFICE IS ACTING AS A DEBT COLLECTOR AND IS ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Newspaper: The Knoxville Focus
Publication Dates: 11/19/2018, 11/26/2018, 12/3/2018

PLEASE PUBLISH ALL SUBSTITUTE TRUSTEE INFORMATION ABOVE

Charge to:
Aldridge Pite, LLP
3575 Piedmont Road, N.E.
Suite 500
Atlanta, GA 30305

COURT NOTICES

NON-RESIDENT NOTICE

TO: RUSSELL LAWS, CLYDE MICHAEL MILLER, KARA MILLER, AND KEELA KOONTZ

IN RE: GLEN RAY LAWS v. ANGIE PAINTER

NO. 196148-1

IN THE CHANCERY COURT FOR KNOX COUNTY, TENNESSEE

This cause came before the Court upon the Plaintiff’s motion for service of process by publication. The Defendants RUSSELL LAWS, CLYDE MICHAEL MILLER, KARA MILLER, AND KEELA KOONTZ, are non-resident of the State of Tennessee, or whose whereabouts cannot be ascertained upon diligent search and inquiry, so that the ordinary process of law cannot be served upon RUSSELL LAWS, CLYDE MICHAEL MILLER, KARA MILLER, AND KEELA KOONTZ, it is ordered that said defendant file an answer with the Clerk and Master of the Chancery Court at Knoxville, Tennessee and with T. MICHAEL CRAIG-GRUBBS, an Attorney whose address is, 1810 Alor Avenue Knoxville, TN 37921, within thirty (30) days of the last date of publication or a judgment by default will be taken against you and the cause will be set for hearing Ex-Parte as to you before Chancellor John F. Weaver at the Knox County Chancery Court, Division I, 400 Main Street, Knoxville, Tennessee 37902. This notice will be published in The Knoxville Focus Newspaper for four (4) consecutive weeks.

This 8th day of November, 2018.

Clerk and Master
ATTY:MEGHAN A. BODIE
SMITH, LEHBERGER AND BODIE
CANNON-SINGLEATARY 118220-H

10265 Kingston Pike, Suite C
Knoxville, TN 37922
(865) 539-3515
(865) 539-0705 (fax)
www.bodielawoffice.com
meghanklinglaw@gmail.com

11/12, 11/19, 11/26, 12/3/18

CIVIL SUMMONS

KNOX COUNTY GENERAL SESSIONS, FIFTH SESSIONS COURT

Civil Summons No. 114281H
AMICA Mutual Insurance, Plaintiff
v.
SARAH A. BICKES, Defendant

Hearing Date: December 17, 2018 at 9:00 AM.

Hearing location: 300 Main Street, Room 331, Knoxville, TN

In this cause, it appearing to the satisfaction of the Court from the allegations of the Civil Summons, which is sworn to, that the whereabouts of the Defendant, SARAH A. BICKES, are unknown so that ordinary process of law cannot be served; it is, therefore, ordered that publication be made in The Knoxville Focus, a newspaper published in Knox County, Tennessee, for four (4) consecutive weeks, commanding an appearance by the Defendant on December 17, 2018 at the Knox County General Sessions Court, located at 300 Main Street, Room 331,

Knoxville, Tennessee. If you fail to do so, judgment by default will be taken against you for the relief demanded in the Civil Summons.

CIVIL SUMMONS

KNOX COUNTY GENERAL SESSIONS, FIFTH SESSIONS COURT

Civil Summons No. 118220-H
Kendall Cannon, Plaintiff
v.
Sam H. Singletary, Defendant

Hearing Date: January 16, 2019 at 9:00 AM.

Hearing location: 300 Main Street, Room 331, Knoxville, TN

In this cause, it appearing to the satisfaction of the Court from the allegations of the Civil Summons, which is sworn to, that the whereabouts of the Defendant, Sam H. Singletary, are unknown so that ordinary process of law cannot be served; it is, therefore, ordered that publication be made in The Knoxville Focus, a newspaper published in Knox County, Tennessee, for four (4) consecutive weeks, commanding an appearance by the Defendant on January 16, 2019 at the Knox County General Sessions Court, located at 300 Main Street, Room 331, Knoxville, Tennessee. If you fail to do so, judgment by default will be taken against you for the relief demanded in the Civil Summons.

NON-RESIDENT NOTICE

TO: CAROLYN S. BARNETT

IN RE: THE WESTLANDS ASSOCIATION INC v. CAROLYN S. BARNETT

NO. 195107-1

IN THE CHANCERY COURT FOR KNOX COUNTY, TENNESSEE

In this Cause, it appearing from the Complaint filed, which is sworn to, that the defendant CAROLYN S. BARNETT, non-residents of the State of Tennessee, or whose whereabouts cannot be ascertained upon diligent search and inquiry, so that the ordinary process of law cannot be served upon CAROLYN S. BARNETT, it is ordered that said defendant, CAROLYN S. BARNETT, file an answer with the Clerk and Master of the Chancery Court at Knoxville, Tennessee and with Kevin C. Stevens, an Attorney whose address is, 550 Main Street, Suite 400, Knoxville, TN 37902, within thirty (30) days of the last date of publication or a judgment by default will be taken against you and the cause will be set for hearing Ex-Parte as to you before Chancellor John F. Weaver in the Knox County Chancery Court, Division I, at 400 W. Main Street, Knoxville, Tennessee 37902. This notice will be published in The Knoxville Focus Newspaper for four (4) consecutive weeks.

This 8th day of November, 2018.

Clerk and Master

NON-RESIDENT NOTICE

To: THE KNOXVILLE FOCUS

ROCHELLE ALENA HELMS -Vs- KORAB (NMN) KRASNIQI

Docket # 142601

IN THE FOURTH CIRCUIT COURT OF KNOX COUNTY, TENNESSEE

In this cause, it appearing from the Complaint filed, which is sworn to, that the defendant KORAB (NMN) KRASNIQI is a non-resident of the State of Tennessee, or whose whereabouts cannot be ascertained upon diligent search and inquiry, so that the ordinary process of law cannot be served upon KORAB (NMN) KRASNIQI.

IT IS ORDERED that said defendant file an answer to an action of COMPLAINT FOR DIVORCE filed by ROCHELLE ALENA HELMS, Plaintiff herein, with the Fourth Circuit Court in Knoxville, Tennessee, and with MICHAEL L. DEBUSK, Plaintiff’s Attorney whose address is 5344 N. BROADWAY, SUITE 101 KNOXVILLE, TN 37918, within thirty (30) days of the last date of publication, and if you do not answer or otherwise respond, a Default Judgment may be entered against you on the thirtieth (30th) day after the fourth (4th) publication. This notice will be published in The Knoxville Focus for four (4) consecutive weeks.

This the 27TH day of NOVEMBER, 2018.

Mike Hammond
Clerk

Deputy Clerk

NOTICE OF ACCOUNTING AND SETTLEMENT

IN THE CHANCERY COURT FOR KNOX COUNTY, PROBATE DIVISION

TO: Unknown heir of the estate of Michael David White, Sr.

IN RE: Estate of: Michael David White, Sr.
Docket Number: 79599-2

In this cause, it appearing that an accounting/settlement has been filed by the personal representative, which is sworn to, and it further appearing that the following beneficiaries and unknown heirs are non-residents of the State of Tennessee or whose whereabouts cannot be ascertained upon diligent search and inquiry, to wit: unknown heir, pursuant to TCA § 30-2-603 this notice is published to advise the above beneficiaries and all interested parties that the Clerk and Master will take the account of the personal representative on the 13th day of March, 2019 in the Probate Courtroom, Room 352 City County Building, 400 Main Street, Knoxville, TN 37902. The settlement may be continued from time to time as provided by TCA § 30-2-605.

This 28th day of November, 2018.

Martha Hutchens
Personal Representative

NOTICE TO CREDITORS

ESTATE OF DOROTHY ROBBINS BOUNDS
DOCKET NUMBER 81083-1

Notice is hereby given that on the 27 day of NOVEMBER 2018, letters testamentary in respect of the Estate of DOROTHY ROBBINS BOUNDS who died Sep 14, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death

This the 27 day of NOVEMBER, 2018.

ESTATE OF DOROTHY ROBBINS BOUNDS PERSONAL REPRESENTATIVE(S) SYLVIA PHELPS; EXECUTRIX 6904 CRESTHILL DRIVE KNOXVILLE, TN. 37919

12/3 & 12/10/18

CIVIL SUMMONS

KNOX COUNTY GENERAL SESSIONS, FIFTH SESSIONS COURT

Civil Summons No. 107433H
Republic Franklin Insurance Company, Plaintiff
v.
CHRISTINA A. MALONE, Defendant

Hearing Date: December 17, 2018 at 9:00 AM.

Hearing location: 300 Main Street, Room 331, Knoxville, TN

In this cause, it appearing to the satisfaction of the Court from the allegations of the Civil Summons, which is sworn to, that the whereabouts of the Defendant, CHRISTINA A. MALONE, are unknown so that ordinary process of law cannot be served; it is, therefore, ordered that publication be made in The Knoxville Focus, a newspaper published in Knox County, Tennessee, for four (4) consecutive weeks, commanding an appearance by the Defendant on December 17, 2018 at the Knox County General Sessions Court, located at 300 Main Street, Room 331, Knoxville, Tennessee. If you fail to do so, judgment by default will be taken against you for the relief demanded in the Civil Summons.

DORA LEE CONCHO*

11/12, 11/19, 11/26, 12/3/18

NOTICE TO CREDITORS

ESTATE OF JOHN ROBERT MCALLISTER
DOCKET NUMBER 80973-2

Notice is hereby given that on the 26 day of NOVEMBER 2018, letters administration in respect of the Estate of JOHN ROBERT MCALLISTER who died Mar 14, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred.

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death.

This the 26 day of NOVEMBER, 2018.

ESTATE OF JOHN ROBERT MCALLISTER PERSONAL REPRESENTATIVE(S) SHARON A MCALLISTER; ADMINISTRATRIX 2208 KEITH AVENUE KNOXVILLE, TN. 37921

12/3 & 12/10/18

NOTICE TO CREDITORS

ESTATE OF RICHARD WILLIAM PHELPS, JR.
DOCKET NUMBER 81082-3

Notice is hereby given that on the 20 day of NOVEMBER 2018, letters testamentary in respect of the Estate of RICHARD WILLIAM PHELPS, JR. who died May 24, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death

This the 20 day of NOVEMBER, 2018.

ESTATE OF RICHARD WILLIAM PHELPS, JR. PERSONAL REPRESENTATIVE(S) SYLVIA B PHELPS; EXECUTRIX 6904 CRESTHILL DRIVE KNOXVILLE, TN. 37919

NOTICE TO CREDITORS

ESTATE OF KAREN ANNE SYKES
SEAL DOCKET NUMBER 81085-3

Notice is hereby given that on the 21 day of NOVEMBER 2018, letters administration in respect of the Estate of KAREN ANNE SYKES SEAL who died Oct 26, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred.

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death

This the 21 day of NOVEMBER, 2018.

ESTATE OF KAREN ANNE SYKES SEAL PERSONAL REPRESENTATIVE(S) JEREMY SEAL; ADMINISTRATOR 12920 BOYD STATION ROAD KNOXVILLE, TN. 37922

H STEPHEN GILLMAN ATTORNEY AT LAW P.O. BOX 870 KNOXVILLE, TN. 37901

12/3 & 12/10/18

NOTICE TO CREDITORS

ESTATE OF THOMAS ALVA STANAWITZ
DOCKET NUMBER 81072-2

Notice is hereby given that on the 16 day of NOVEMBER 2018, letters testamentary in respect of the Estate of THOMAS ALVA STANAWITZ who died Sep 15, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death

This the 16 day of NOVEMBER, 2018.

ESTATE OF THOMAS ALVA STANAWITZ PERSONAL REPRESENTATIVE(S) DENNA WATSON LYONS; EXECUTRIX 413 ELKMONT ROAD KNOXVILLE, TN. 37922

LAUREN E SMITH ATTORNEY AT LAW 110 COGDILL ROAD KNOXVILLE, TN. 37922

12/3 & 12/10/18

NOTICE TO CREDITORS

ESTATE OF SUE FEIMSTER TULL
DOCKET NUMBER 81005-1

Notice is hereby given that on the 27 day of NOVEMBER 2018, letters testamentary in respect of the Estate of SUE FEIMSTER TULL who died Jun 27, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1) (A) Four (4) months from the date of the first date of the publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of first publication as described in (1)(A); or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death.

This the 27 day of NOVEMBER, 2018

ESTATE OF SUE FEIMSTER TOLL PERSONAL REPRESENTATIVE(S) VICKI T ELEAZER; EXECUTRIX 10705 SALLINGS ROAD KNOXVILLE, TN. 37922

H STEPHEN GILLMAN ATTORNEY AT LAW P.O. BOX 870 KNOXVILLE, TN. 37901

12/3 & 12/10/18

NOTICE TO CREDITORS

ESTATE OF TWILA MAE YOAKLEY
DOCKET NUMBER 81047-1

Notice is hereby given that on the 27 day of NOVEMBER 2018, letters testamentary in respect of the Estate of TWILA MAE YOAKLEY who died Apr 18, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against the estate are required to file the same with the Clerk and Master of the above named court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1) (A) Four (4) months from the date of the first date of the publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of the first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death.

This the 27 day of NOVEMBER, 2018

ESTATE OF TWILA MAE YOAKLEY PERSONAL REPRESENTATIVE(S) DOUGLAS A YOAKLEY; EXECUTOR 2005 PARTBRIDGE RUN LANE KNOXVILLE, TN. 37919

NOTICE TO CREDITORS

ESTATE OF GRACE V INMAN
DOCKET NUMBER 81063-2

Notice is hereby given that on the 15 day of NOVEMBER 2018, letters testamentary in respect of the Estate of GRACE V INMAN who died Oct 17, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death

This the 15 day of NOVEMBER, 2018.

ESTATE OF GRACE V INMAN PERSONAL REPRESENTATIVE(S) KAREN M BISHOP; EXECUTRIX 8747 BALL CAMP PIKE KNOXVILLE, TN. 37931

11/26 & 12/3/18

NOTICE TO CREDITORS

ESTATE OF EARL W FORTNER
DOCKET NUMBER 81060-2

Notice is hereby given that on the 14 day of NOVEMBER 2018, letters testamentary in respect of the Estate of EARL W FORTNER who died Aug 7, 2018, were issued the undersigned by the Clerk and Master of the Chancery Court of Knox County, Tennessee.

All persons, resident and non-resident, having claims, matured or unmatured, against his or her estate are required to file the same with the Clerk and Master of the above named Court on or before the earlier of the dates prescribed in (1) or (2) otherwise their claims will be forever barred:

(1)(A) Four (4) months from the date of the first publication of this notice if the creditor received an actual copy of this notice to creditors at least sixty (60) days before the date that is four (4) months from the date of this first publication; or

(B) Sixty (60) days from the date the creditor received an actual copy of the notice to creditors if the creditor received the copy of the notice less than sixty (60) days prior to the date that is four (4) months from the date of first publication as described in (1)(A); or

(2) Twelve (12) months from the decedent’s date of death

This the 14 day of NOVEMBER, 2018.

ESTATE OF EARL W FORTNER PERSONAL REPRESENTATIVE(S) SHIRLEY J FORTNER; CO-EXECUTOR 7124 RUGGLES FERRY PIKE KNOXVILLE, TN. 37924

BRYON W FORTNER; CO-EXECUTOR 1255 HEMLOCK DRIVE GATLINBURG, TN. 37738

C DAN SCOTT ATTORNEY AT LAW P.O. BOX 547 SEYMOUR, TN. 37865

MISC. NOTICES

LEGAL SECTION 94

Knox County will receive bids for the following items & services:

Bid 2759, HVAC Air Filters, due 1/3/19; RFI 2767, Defined Services for Nonprofit Agencies, due 1/17/19;

Bid 2768, Mowing and General Grounds Maintenance, due 1/8/19

For additional information call 865-215-5777, stop by the Procurement Division, 1000 North Central St., Suite 100, Knoxville, TN 37917, or visit our website: www.knoxcounty.org/procurement. To bid on Knox County surplus items, go to www.govdeals.com.

ANNOUNCEMENTS

DAR Meeting

The Samuel Frazier Chapter, Daughters of the American Revolution will meet on Saturday, December 15, 2018 at 10:30 a.m. For more information on the location and membership please call Martha Kroll at (865) 603-4655.

FCBPA Christmas luncheon

A special Christmas Networking meeting will be held Wednesday, December 12, beginning at 11:45 a.m. The special location for the luncheon is the Offices of Priority Financial Solutions located at 4874 Harvest Mill Way, Knoxville, TN 37918 (next to Chop House).

Event Agenda: This is a gathering of both members and guests alike to celebrate the year in a casual and festive manner. You will have the opportunity to network while enjoying lunch. FCBPA will introduce the 2019 board members and also be giving the annual Claude C. Myers Award to a very deserving member of the community.

There will be door prizes and a silent auction with the funds being used to supply needs in our schools. Additional funds raised from the event help support the community events FCBPA provides throughout the year.

Fountain City Library Events

Dec. 4 at 5:30 p.m., Songwriters Christmas

Concert

Dec. 14 at 10:15 a.m., Santa Visits the Library! December 15 from noon to 1 p.m.- Make a Book Page Ornament! Birds or snowflakes for adults; Snowmen or Christmas trees for children. All instructions and supplies provided.

Gentry Griffey Christmas Candlelight Service

Gentry Griffey Funeral Chapel & Crematory is pleased to present its 2018 Christmas Candlelight Service for families who have lost a loved one during this year. The event will be on Thursday, December 13 at six o'clock in the evening. There will be a memorial service followed by lighting candles in the memory of loved ones. Refreshments will be served. Anyone who wishes to attend is invited, whether or not the family used Gentry Griffey's services. Guests should RSVP with the number of family members by Monday, December 3 by calling at (865) 689-4481.

Introduction to Local Government Workshop

The Office of Neighborhoods will present an "Introduction to Local Government" workshop on Tuesday, Dec. 11, from 5:30 p.m. to 6:30 p.m.

This workshop will focus on City departments and offices that interact the most with the public,

including Public Service, 3-1-1, Inspections and more. There will also be information on City Council, the Metropolitan Planning Commission (MPC) and County Commission.

Contact Hannah Freeman at hfreeman@knoxvilletn.gov or call 215-3456 to register. She will then give you the location.

Are you in need of a disability accommodation to attend this meeting? Contact the City's ADA Coordinator: Stephanie Cook at scook@knoxvilletn.gov or 215-2034. For an English interpreter, contact: Title VI Coordinator Tatia M. Harris 215-2831.

Ivan Racheff House holding annual Greens Tea, Open House

The Ivan Racheff House and Gardens, headquarters of the Tennessee Federation of Garden Clubs, will have its annual Greens Tea and Open House on Friday, December 7 from noon to 3:00 p.m. This year's Tennessee Country Christmas will feature for purchase wreaths, holiday centerpieces and tabletop designs, amaryllis, paper whites and baked goods. Admission and the elegant tea are complimentary. Located at 1943 Tennessee Avenue in Knoxville, the historic home and gardens can be reached by following the TDOT detour signs from either east or west on Western Avenue

to Tennessee Avenue.

Merry & Bright Christmas Open House at Blount Mansion

Come celebrate a historic holiday with the Blount Mansion family! From 5:00-8:00 p.m. on Friday night, Dec. 7, 2018, this circa-1796 historic house is open to the community free of charge. Enjoy authentic decorations created by the Knoxville Garden Club, traditional holiday treats, and musical selections by members of the Knoxville Choral Society. There will even be wassail and candied nuts roasted over the fire in the open-hearth kitchen! This popular annual event is a Christmas gift to the community. Many people enjoy attending the annual open house before watching the downtown Christmas parade, which begins nearby at 7:00 p.m.

The Blount Mansion National Historic Landmark is located at 200 W. Hill Ave., Knoxville.

Merry Memories at Marble Springs

Embrace Christmas past and make memories to last on December 9 from 2-5:00 p.m. at Marble Springs. The historic site is offering an afternoon of music and holiday festivities reminiscent of our pioneer past. The trading post will be open for everyone to shop for gifts. Admission is \$3 for ages 12 and up; \$1 for children 11 and under.

For more information visit www.marblesprings.net, email info@marblesprings.net, or call (865)573-5508/(865)712-9076.

Upcoming events at the Historic Ramsey House

Annual Wreath Making Workshop, Saturday, Dec. 8 from 12:30 p.m. - 3:00 p.m. at Historic Ramsey House, 2614 Thorngrove Pike, Knoxville. Celebrate Christmas in an old-fashioned way at this wonderful annual workshop. Our very special Wreath Maker, Julia, and her wreath helpers provide all the fixings as well as holiday treats. All supplies are included along with the instruction. Enjoy holiday treats, good times and go home with a newly learned skill and a beautiful natural wreath for your front door. All you need is a pair of garden gloves, small garden clippers and friends or family. It is a great way to start a holiday tradition. Class fee \$35 Reservations required. Purchase tickets at www.ramseyhouse.org or call (865) 546-0745.

Holiday Candlelight Tour, Sunday, Dec. 9 from 6:00 p.m. - 8:00 p.m. at Historic Ramsey House. A beautiful candlelit 1797 home with natural decorations, holiday music, holiday treats and Santa for the kids. There is laughter, joy and a great holiday spirit. This is a free event open to the

public. A chance to see a wonderful historic treasure dressed in its finest.

A Gift for Mom and Dad, Saturday, Dec. 15 from 10:00 a.m. - 1:00 p.m. at Historic Ramsey House. Do you need some time to get that last minute shopping done without the kids? And what about the kids? Do they need a gift for Mom and Dad? Bring them to Historic Ramsey House on Dec. 15th to spend 3 hours making hand-crafted gifts, playing vintage games and other fun activities. Each child will need to bring a bagged lunch. Ramsey House will provide juice or water and a cookie for snack. Please let us know of any dietary restrictions ahead of time. All supplies are included along with gift wrapping. Ages 6-12 years. Class fee \$15 Purchase tickets at www.ramseyhouse.org or call (865) 546-0745.

Christmas Tales

Comfort and Joy! Smoky Mountain Storytellers perform Christmas Tales on Saturday, Dec. 1, 6-7:30 at Vienna Coffee House, 212 College Ave, Maryville, TN. Entertainers: Kathleen Mavournin, Fred Goddard, Janice Brooks-Headrick. Donations gratefully accepted. Coffee and Desserts available. Free Parking. www.smokymountainstorytellers.org Facebook: Smoky Mountain Storytellers Association.

Make it through the holiday season with sobriety intact

Cont. from page 1

Year-round support is critical

The holidays may seem particularly perilous to those fresh out of drug and alcohol treatment, and with good reason: Away from the safety net of the treatment environment, life on life's terms can be stressful to navigate without the balm of alcohol and drugs. But that's true for all times of the year, Lee points out; not just the Christmas season.

"Look at it this way: The holidays arrive, and everyone wants to go down and volunteer to serve meals at the homeless shelter or wherever, and when they do, the organizers often tell them, 'We've got plenty of volunteers during the holidays; come back throughout the year, when we need you the most!'" Lee says.

Yes, the holidays are perceived as a risky time for those to whom relapse can be detrimental or even deadly, and various issues uncovered in the treatment process, from guilt and shame to anger and disapproval from loved ones, may very well rear their heads.

Family members can make a difference, but their support shouldn't end on Jan. 2, he adds.

"I would hope that folks would use the holidays as a way to continue to look at the rest of the year, because addicts and alcoholics are at as much risk every day of the year as they are during the holidays. Yes, family pressures increase the risk somewhat, but it's important to pay attention to the support that

families offer throughout the year."

Relapse isn't failure

If a relapse does take place, it's not the end of the world, nor does it mean that treatment didn't work. Relapse rates for addiction are roughly the same as they are for other chronic and progressive diseases such as hypertension and asthma, the relapse rates of which range between 50 and 70 percent for both, according to government statistics. The primary cause of relapse for all of these illnesses is when patients stop following prescribed medical treatment.

For recovering addicts and alcoholics, that means going to meetings, staying in touch with others in recovery and participating in aftercare at the facilities where they got clean.



"Treatment of chronic diseases involves changing deeply rooted behaviors, and relapse doesn't mean treatment has failed," according to the National Institute on Drug Abuse. "When a person recovering from an addiction relapses, it indicates that the person needs to speak with their doctor to resume treatment, modify it, or try another treatment."

Cornerstone of Recovery offers a Recovery Renewal Program designed specifically for those patients, but the tools provided can give those who leave the facility everything they need to stay clean and sober — during the holidays, and throughout the rest of the year as well. For additional information, visit www.cornerstoneofrecovery.com.



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TO A SENIOR COULD BE
THE PICK-ME-UP
YOU NEED.**

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By Mark Brackney,
Minister of the
Arlington Church
of Christ

Christmas did not begin in the New Testament with the birth of Christ. We actually get its first glimpse back in the Garden of Eden. God told Adam and Eve they could eat anything in the garden and then added: “but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die” (Gen 2:17). At this point, there were not ten commandments; there was only one. But as history will show, we don’t like to be told what to do. We want our way. This is

where God’s story introduced us to Satan: “Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, ‘Did God really say, ‘You must not eat from any tree in the garden?’” (Gen. 3:1).

Satan uses three tactics to convince Adam and Eve to disobey. First, Satan questions God – “did God really say.” Second, he denies God – “you won’t die.” Third, he reverses what God says – “you won’t die, but your eyes will be opened and you will be like God.” Adam and Eve both ate of the fruit from the tree and everything changed in the world: “Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves”

(Gen. 3:7).

They hadn’t realized they were naked up until now because they were living in complete innocence. They now experienced the feelings of guilt and shame for the first time. Their first reaction to sin was that they wanted to hide themselves (Gen. 3:8). We have all tried to hide from God. We know God knows it, but we try to hide it. Sin distances us from God. Sin also strains our relationships. God asked Adam and Eve: “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?” The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it” (Gen. 3:11-12). Adam blames Eve and then he blames God. Both Adam and Eve were equally guilty, but this starts a legacy of strained relationships. Relationships become damaged due to sin. Sin also brought physical and natural suffering. Childbirth was now painful (Gen. 3:16) and work that was designed to be fulfilling and refreshing will now be painful and frustrating (Gen. 3:17-18). Also, the world now begins to decay. Due to sin, we live in a fallen world. Yet in the midst of the curse, we are given a glimmer of hope.

God has a curse for Satan (Gen. 3:15). There will be a descendant of Adam and Eve someday who will deal a fatal blow to Satan. Satan will bruise Jesus’ heel on the cross of Calvary, but make no mistake, Jesus will crush the head of Satan when he rises from the dead. Gen. 3:15 is the first declaration of the gospel. In the midst of sin in the garden, we get a glimpse of the Christmas story. She [Mary] will give birth to a son, and you are to give him the

name Jesus, because he will save his people from their sins” (Matthew 1:20-21). There is symbolic foreshadowing next when God kills the first animal and covers Adam and Eve with its skin (Gen. 3:21). God is saying: man can’t pay for his own sin. Only God can do this. “...without the shedding of blood there is no forgiveness of sins” (Hebrews 9:22). Jesus will one day restore our brokenness. One day Satan will be crushed for good and the power of sin will be over.

“For unto you is born this day in the city of David a Savior which is Christ the Lord.”—Luke 2:11

Merry Christmas to all
from my house to yours.

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