



FREE
 2014
 100% FREE
 100% FREE
 100% FREE

Volume 10, Number 10, October 10, 2013. Published by The Knoxville Focus, Inc., Knoxville, TN.

Hardin Valley, other area soccer teams assist Cookeville's cleanup effort

Over 100 soccer players from Hardin Valley, Cookeville, and other area teams participated in a cleanup effort at the Cookeville landfill site on Saturday, Oct. 5. The players, along with coaches and staff, spent the day picking up trash and debris scattered across the site. The effort was organized by the Cookeville Area Chamber of Commerce and the Cookeville Area Soccer Association. The players were divided into teams and given assignments to clean up different areas of the site. The cleanup was a success, with over 100 bags of trash collected and the site left in better condition than when the players arrived.



Members of the Hardin Valley soccer team help with a cleanup effort at the Cookeville landfill site on Saturday, Oct. 5.

The cleanup effort was a great success, with over 100 bags of trash collected and the site left in better condition than when the players arrived. The players were divided into teams and given assignments to clean up different areas of the site. The cleanup was a success, with over 100 bags of trash collected and the site left in better condition than when the players arrived.

The cleanup effort was a great success, with over 100 bags of trash collected and the site left in better condition than when the players arrived. The players were divided into teams and given assignments to clean up different areas of the site. The cleanup was a success, with over 100 bags of trash collected and the site left in better condition than when the players arrived.

The cleanup effort was a great success, with over 100 bags of trash collected and the site left in better condition than when the players arrived. The players were divided into teams and given assignments to clean up different areas of the site. The cleanup was a success, with over 100 bags of trash collected and the site left in better condition than when the players arrived.

Commission workshop cancelled, agenda moved to next meeting

The commission workshop scheduled for Oct. 10 has been cancelled. The agenda for the next meeting will be discussed at a future date. The commission is currently reviewing various proposals and will hold a public hearing on Oct. 20. The next meeting is scheduled for Oct. 27. The commission will continue to work on the various proposals and will provide updates to the public as they become available.

Master Sergeant Roddy Edmonds to be honored

Master Sergeant Roddy Edmonds is being honored for his exceptional service and leadership. He has served in various capacities and has demonstrated a strong commitment to his duties. His dedication and hard work have been instrumental in the success of his unit. He is being recognized for his contributions and is being honored as a Master Sergeant.



Master Sergeant Roddy Edmonds is being honored for his exceptional service and leadership. He has served in various capacities and has demonstrated a strong commitment to his duties. His dedication and hard work have been instrumental in the success of his unit. He is being recognized for his contributions and is being honored as a Master Sergeant.

Help Keep Illness from Spreading

Take action now to help prevent the spread of respiratory viruses.



Respiratory viruses are a common cause of illness and can spread easily. To help prevent the spread of these viruses, it is important to take certain precautions.

Some of the ways to help prevent the spread of respiratory viruses include:

- Cover your nose and mouth when you cough or sneeze.
- Avoid touching your face.
- Stay away from people who are sick.
- Wash your hands often with soap and water.
- Use tissues when you cough or sneeze.
- Stay home if you are sick.
- Get vaccinated when appropriate.

Kings County Health Department Hotline

For more information, call the Kings County Health Department Hotline at 703-441-1111. The hotline is available 24 hours a day, 7 days a week. You can also visit our website at www.kingscountyhealth.org for more information.

Home
 100% FREE
 100% FREE



Executive Client Services
 100% FREE
 100% FREE

For more information, call the Kings County Health Department Hotline at 703-441-1111. The hotline is available 24 hours a day, 7 days a week. You can also visit our website at www.kingscountyhealth.org for more information.